In case of loss, please return to:

Stephen Ferm

As a reward: $

# Dream

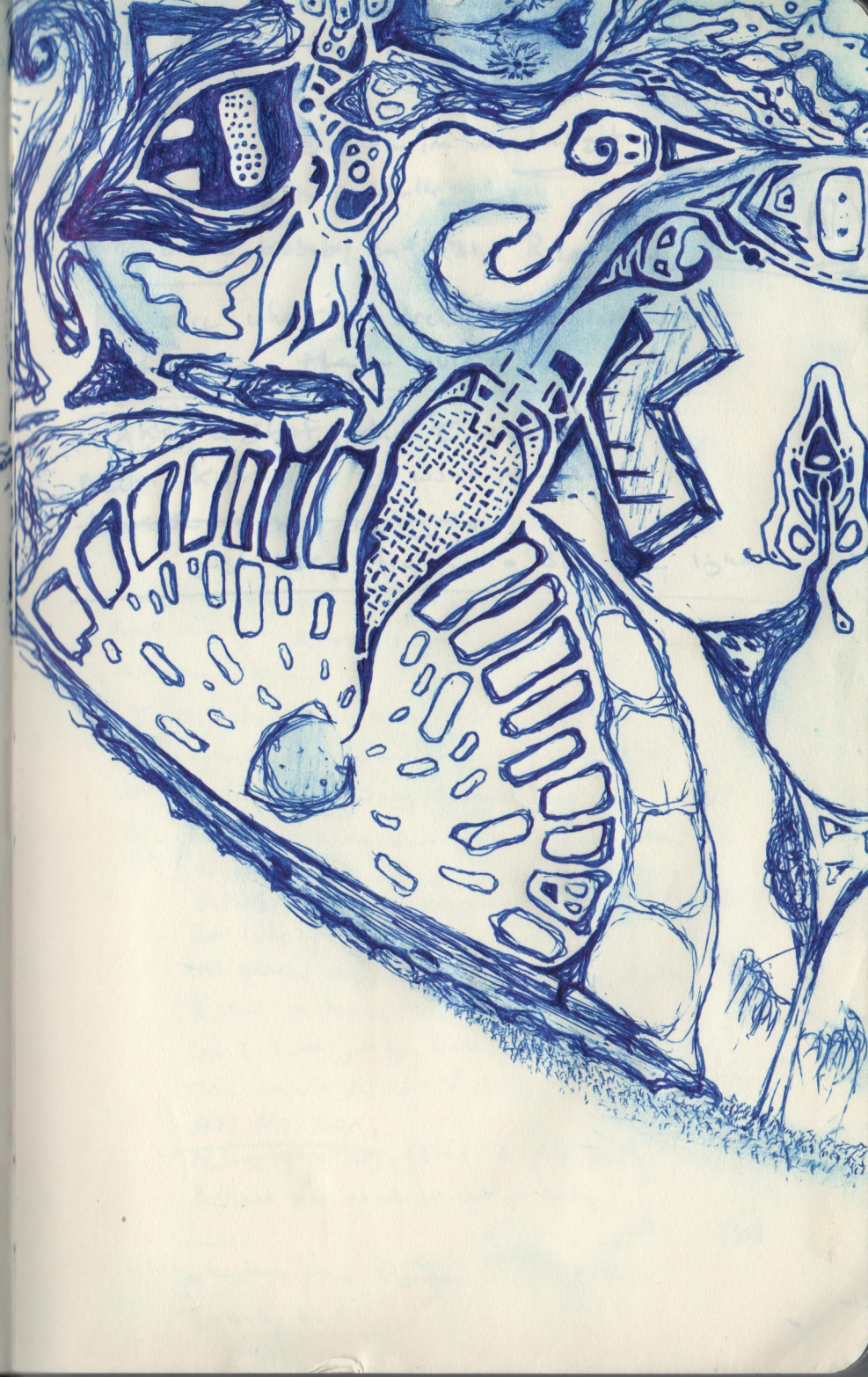
The Night before.
For the First time in a while im writing.
Fragile glass & various art pieces line the room.
Though I Feel Comfortable there.
anything could break at anytime.
In one corner flames & hair.
No one tells the lights to turn on

The next day I wake up feeling somuch better
Than I was be for
The racing thoughts of death & denise have been evacuated from my mind
and in its place is a toddler, shocked face, exploring
The world for the very first time.
In no race to wake up I make Coffee
and sit out on the porch.

I probably spend more time lying down thinking about doing a task then it would take me to do the task.

The night starts midday with a sip of a drink.
haven't even put pants on.
Trying not to think to hard.

Narration



5/3-5/4

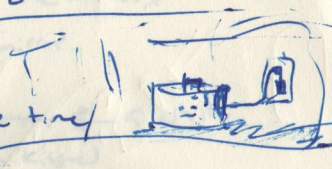
It's starting to feel like nothings going to last forever.

So what just sitting here.

Trying to write because im not feeling it

maybe ill go for a walk,

but I should probably eat first, Rice time



Not sure what my dreams were last night

but im sure they're juicy

Take a shot, did I miss?

never know & I wont remember

~~because I'm trying to~~

just keep trying to see the light

# ONLY Lights

* Caught

~~Oh I'm sorry I didn't see you in the mirror~~

one day I saw a man standing in a mirror.
his eyes were ~~white~~ pale white.
but ever changing, like spheres of ~~white~~ & white,
~~I through his~~ mist, luminescent, sun kissed.
Though his appearance looked like mine
~~I could tell he was another guy~~
~~wasn't by the test of time.~~
and his hands and feet moved in unison w/ mine
I could tell he ~~was another guy~~
had a different mind.

"~~let me tell you about a different time~~"
and as he spoke I could tell he was from a
different time.

"This story of mine will go untold"
The life of a farmer from days of old.
~~west~~ cultivating, watching ~~things~~ plants grow.
harvesting, so my family can eat more,
so peaceful ~~I wouldn't ask for more~~
satisfied ~~not much more I could ask for~~
But lately I've been so restless
no peace, my farm was torn up, distressed
I had to leave,
Can I take you somewhere you have to see?
This modern day world from the perspective of my
just lay down,
~~release your body~~, relax & just breath
follow me as we go out of body.

---

"looking down from above.
Literally but

I really hate the idea of talking about
sex, money and drugs in a rap,
Not saying im above it all, but it's not ~~me~~
what I want to talk about at all,
Seems like a waste of time ~~to be~~
because every one has one.
not trying to be above it at all,
I'd just rather talk about something more pressing
~~think of~~ Or sit in silence until our conversation evolves
I see you taking out your phone
don't bother trying to hide it.
you act like nothing is wrong but it's just me & you
at a table eating dinner for two
can you please just enjoy the
there is no play or or game
I'm not trying to get mad at her,
It's just that your twitter account doesn't get hungry
and taking pictures ~~doesn't Feel bad.~~
of food doesn't Feel bad.

Then relax.
Just enjoy your day by day.
I know it's hard but life's no easy game.

## Dreams

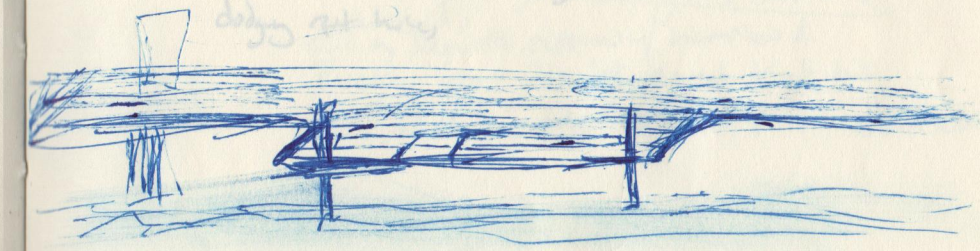
I was back in [illegible] for a bit BUT I just [illegible] & [illegible] people, who I could [illegible] [illegible] [illegible]. But [illegible] there was this sweet Dipe person, like a [illegible] [illegible] by red flags [illegible] [illegible] [illegible] [illegible] [illegible]. I'm pretty sure it was [illegible] [illegible]

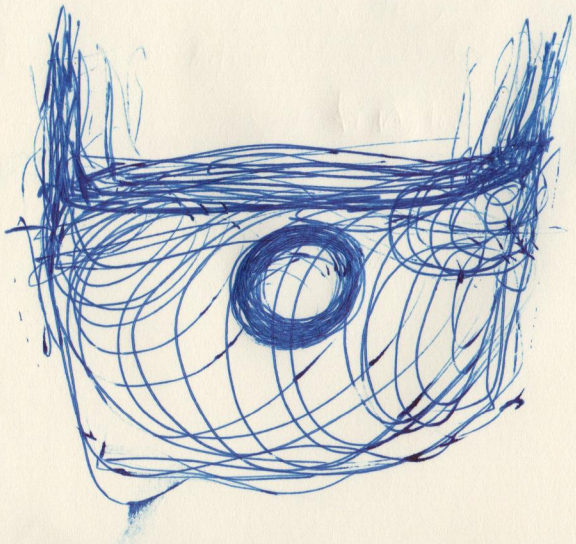
Then! I fell back asleep & the dreams just got weirder & weirder. I was at school but not RIT though, I was calling it RIT. There was this huge glass window & a storm ~~[illegible]~~ a SEA just out side the window. The waves were getting bigger & bigger. As the storm grew & grew. They started hitting the windows. It was beautiful, yet...
at the same time terrifying.
Then through the sea a giant submarine came crashing through the windows, carried by the storm.
Petrified I stand there.
Moments away from being squished.
I start to sprint I run like crazy from this inevitable doom,
As fast as my legs can take me
it leads into the school, there are screens everywhere.
The whole place is in Tijuana.
I start to walk around, The storm passes
People have the holes [illegible].
Is this really what the world has become.
Storms that bring barricade filled submarines from the brink of death out to the world...
The earth is mad.

## Woah

ain't it funny how the ~~brain~~ world works
think you're on top ~~of the world~~
Then it ~~all~~ falls apart
never really had a chance.
it was all ~~doomed~~ corrupted
From the start.
well I guess that makes sense.
all the signs were there [illegible] just ran right by
To ~~worried about~~ focused on the finish line.
Sitting there wishing it was back to the Start.
Just one more chance,
NOPE
It's real life,
no turn back,
but your not alone,
~~They are~~
The music country is with you
just try & see past the lies,
As they try to ~~[illegible]~~ trick you with focus groups & your distracted by school,
Just realize what you're ~~trying~~ to do.
and just redefine your thoughts as they come to you.

Dream last night I was back in Japan.
Okiyama/Ashura sensei were taking me to the airport to depart.
but on the way there we stopped at this place.
Now I'm not sure if it was real or not but
the main point is that there were 3 stories
all with the same people/animals however,
depending on the configuration they portrayed
different lives. and people could come up & pass
with the one they related to the most





I hit the road,
my eyes flush w/ energy,
have an extra large tumblr tea coffee,
There's no way I can fall asleep.
the times,
taking me to a different reality.

Just me & the open road.

I let the highway hipnosis take over
Cruise ~~[illegible]~~ control, its only been an ~~hour~~ go 4 more to go.
Traffic ahead?
who know.
didn't check, ~~just like the work way~~
bt im on the road no regrets.
dodging pot holes,

Maybe I should give up on my dream & get a job
work the 9/5 like a before long.
I'll be -
on the couch in the morning w/ my coffee
feet up
TV ON
Trying to forget the past gone wrong.
but in hindsight,
I'll have a wife & a kid,
& a wife'd life to live
~~It'll be different but I'll get by~~
~~working on projects anything new ways to live.~~
and ~~TV, no gotten so good I can't stop~~
~~watching it,~~
all my Regrets replaced w/ memories &
Fuck that doesn't sound that bad.
well truth be told it's still the life I can have

It's been a while since ive played anyscans
loading screens for days,
I hope my laptop can handle this.
else I'll live in shame.

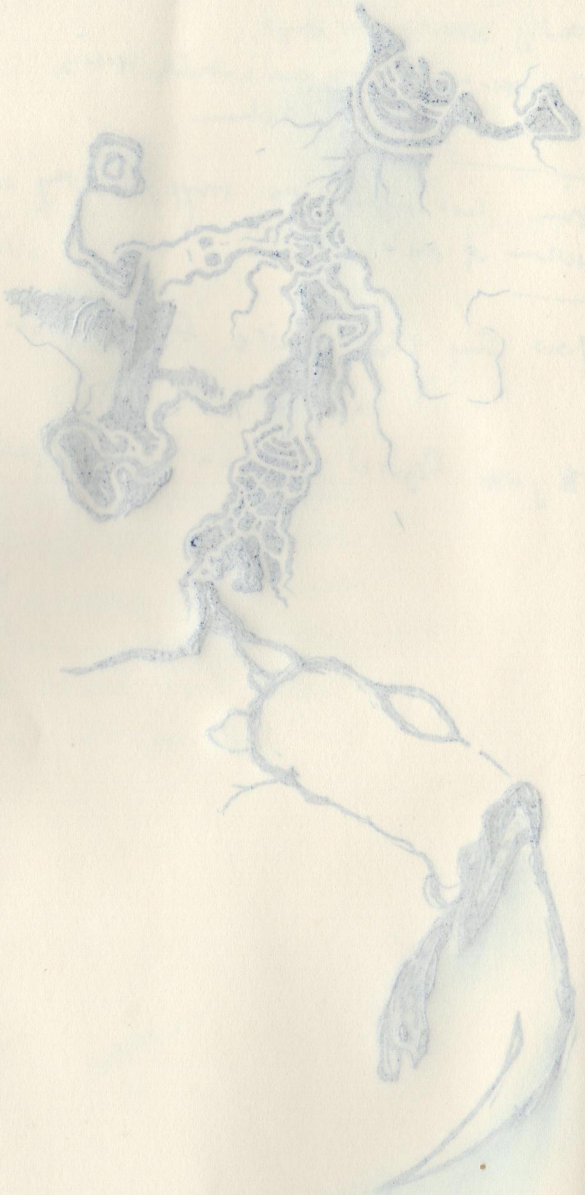
---

Dream last night was trippy mostly cuz I kept getting
woken up at 6.

---

You say that you're fine just sitting outside
in the rain

I just figured I'd join in the pain.



Just a joke.

~~Never really get~~

Have you heard the joke about the fire at [illegible]

[illegible] treats.

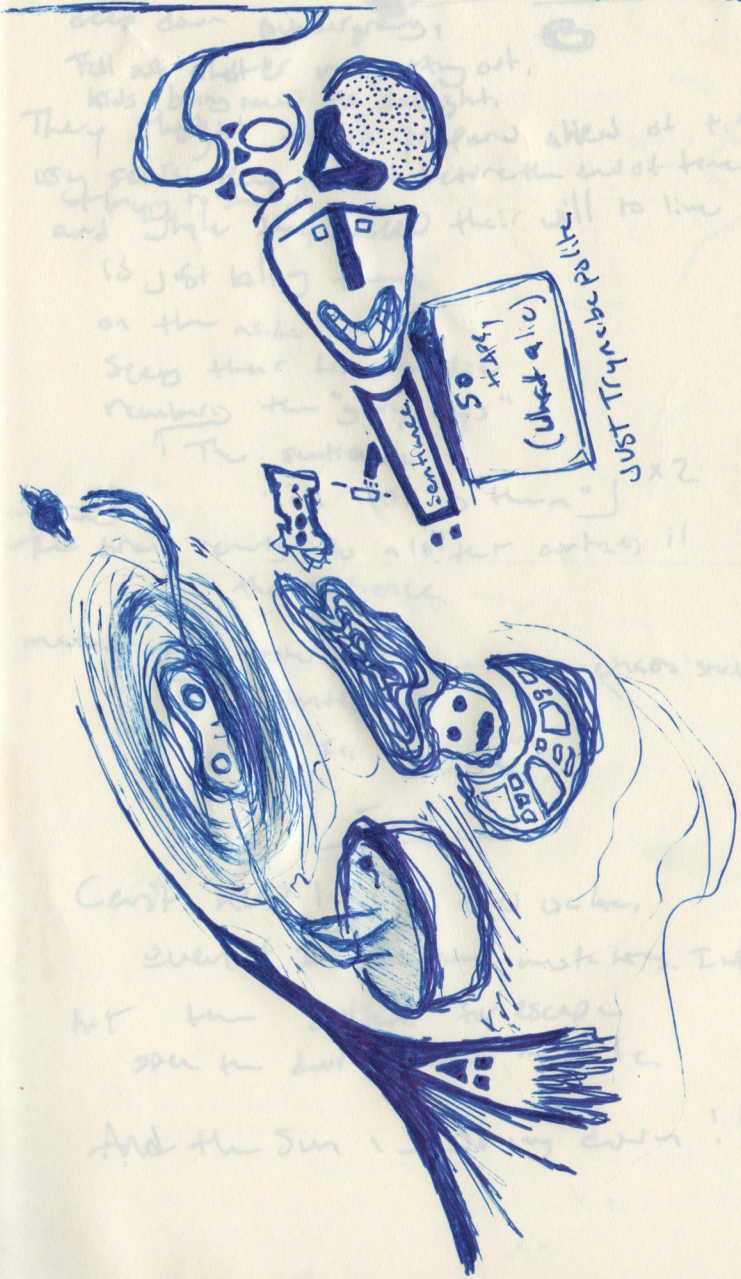
Just a joke.

~~Never really get to know~~,

Have you heard the one about the fire at the circus?

it was in tents.

TRAPPED BETWEEN THE GNT
WISH I KNEW WHERE WAS GOING TO LAND



Will we ever go back to that time?
When ~~the~~ earth could truly fight back
& our species could live overnight.
or do we have to rush technology
& no matter what comes our way at least one person will survive
deep down underground,
Full out shelter no getting out.
kids being born, no sunlight.
They thought they'd prepare ahead of time
using seeds they gathered before the end of time.
trying to stay alive
and while they succeed their will to live
is just killing them.
on the inside
Seeing their friends die
remembering the "glory days"
The sentience
"its killing them" x2
~~Them~~
the brain reacts to all that contracts it
this sentience
makes us unable to live when chaos starts to rule
This sentience
"Its killing us"

Fuck

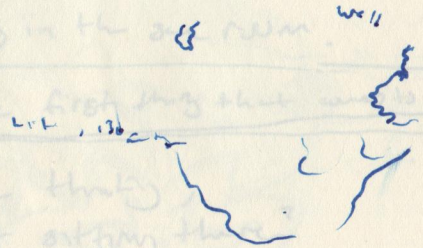
Can't keep living in this order,
even if I make some mistakes. I will finding my out.
hit the button for escape
open the door accept my fate.

And the sun is shining down!!

meditation

we going to take forever

– about volume and time.



In a day it take my
water to leave, you be the in-
water, around,
maybe take out.

Just say,

sitting on a couch just thinking
weirdness throwing me off.
Last night spent drinking.
Really need routines to keep me on track.
Make my head outside just thinking
about the conversations we don't have
sitting in the same room.

So I say the first thing that comes to mind

What are people thinking,
just sitting there?
is that her resting face
or just something stinking in the air.

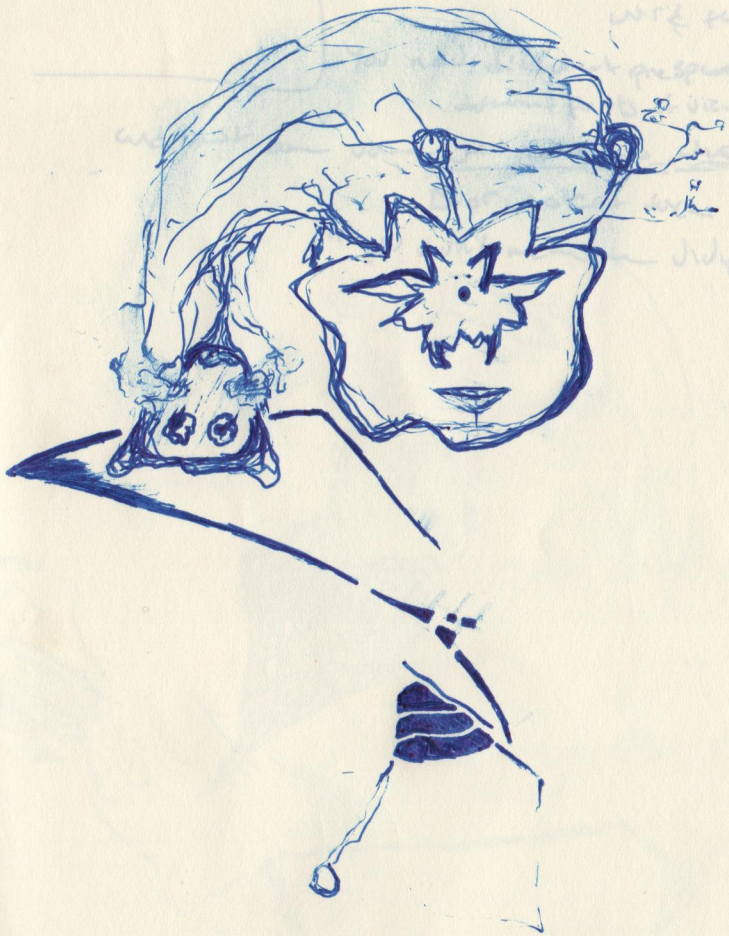
all ~~things~~ pondering different thoughts
but in the same place.
JUST wish we could all ~~link up~~ emmt our brain waves.
link up to a hub our streams of concioucness
form a lake.
all flowing together
It wouldn't be all the time, of course
just when you wanted like a switch
link up our streams of concioucness
become a river ~~to~~ a lake
all flowing together same time, same place.

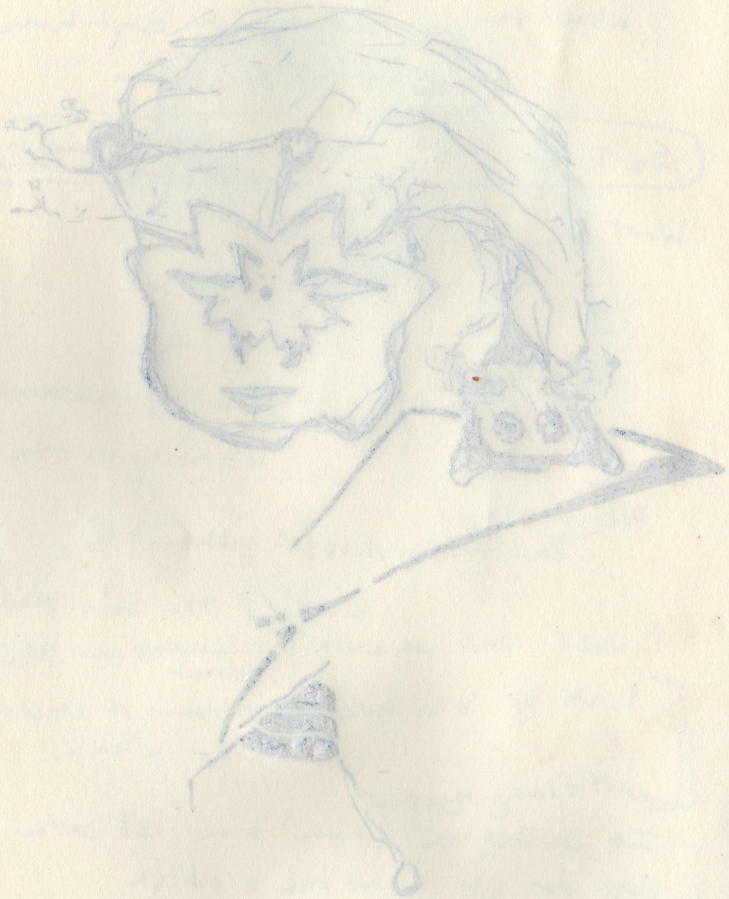
Flick a switch, and it's like a waking dream state,
your mind takes complete control, starts to think at
a faster rate. Not only that, but others listening into.
So try & keep your mind away from the bad thoughts.

Please leave me alone, I just want to rest.

didn't even proofread,

just pressed send.





SILE

Silently, I sit
with a pen & paper
mulling our thoughts

if you just sit there all day
ear tied up to an antenna
you're gonna regress
get less & less.
& ~~just regret~~. & start to
believe every
word that they say).

You need different prespectives
different points of view.

and not some voice just telling you what to do.

Dr. robert sugar
"you didn't mean me did you"

Basement

do
so
son
Sun
Tun
Tan
STan
STay

~~CAN~~
~~Can~~

Fuck
what do I care
about
wish
could
just stop
be

Really
Stop & Realize
That in hope
No Vacancies
Just me & my soul
only wish is to roam
Experiences they make you whole

---

well stuck tour
Takes Flight tmr.
sh I wasn't stuck in bed.
well not stuck but I'm home
and nothing really seems real
back home.
e to my dog secrets I spill.
home.
out in steam & red.

do
so
son
Sun
Tun
Tan
STan
STay

~~Reality~~

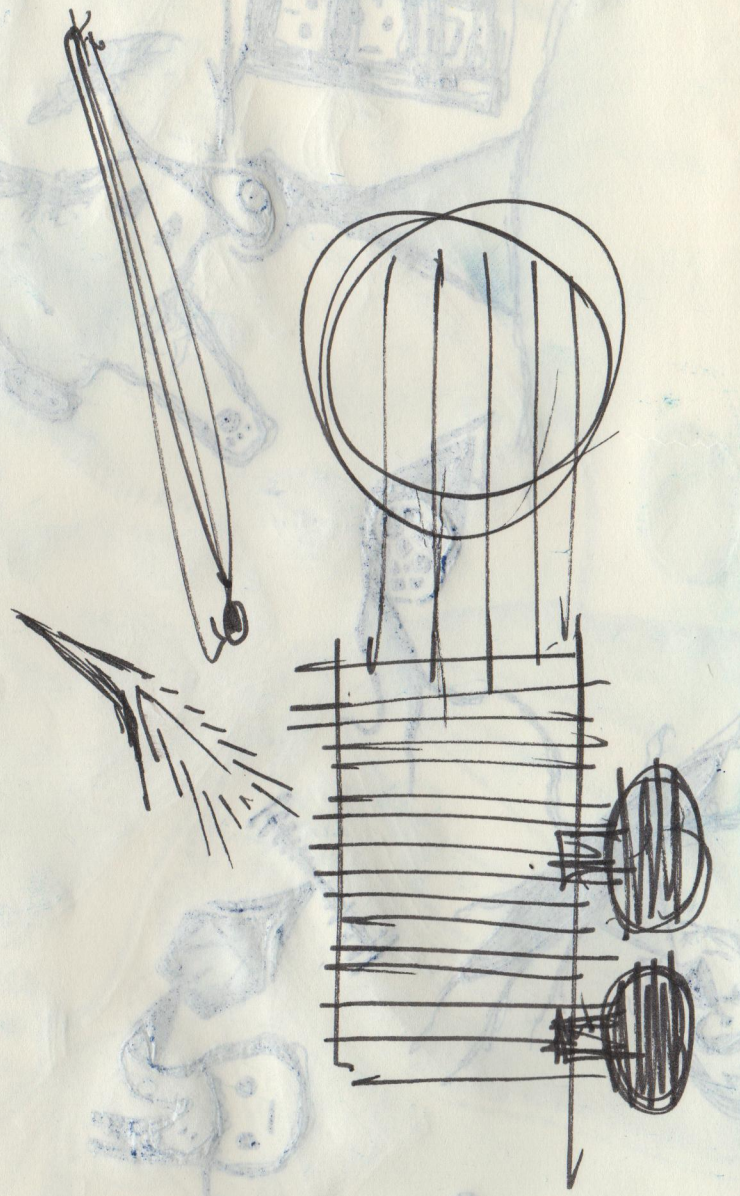
- Stop & Realize

That in hope
no vacancies
just me & my soul
only wish is to roam
Experiences they make you whole

---

well slumbers tour
Takes Flight tmr.
Wish I wasn't stuck in bed.
well not stuck but I'm hom
and nothing really seems real
back home.
where to my dy secrets I so
back home.
where I feel like a kid Again,
I know it's all mental but in steek & dew

carelessness



my bag was 19kg a modest weight

Life feels like a dream
which is wierd cuz I hadn't slept much lately
To worried late at night
I'll miss a chance or opportunity.
That'll only come once,
Then its gone,
and who will even tell you what's on or not.
no god whispering secrets in my head.
I may think I can see the future
sometimes, but it always turns out
wrong, but then,
There are friends & fam who
try and lead you down the right ...
Path, but with all of them so caught
up in their own lives, They can't be
bothered saying every decision you make.
Coffee, Iced or warm,
Well, its in the 70s out so I'm
and ill wash cups if I get cold
Warm ill use my own,
but I've got a speech later this afternoon
and if I burn my tongue,
I'll be at the front of the class.
pointing at graphs, giving my opinion
my fact,
and when my mouth starts to fill with saliva
everyone starts to laugh.

Life wouldn't feel like a dream anymore.

I snap back,
Still in line time repeats
"hi there could you fill er up??
Columbian blend,
I'll use my own cup!"

"do you want any room with that?"
"no thanks I'm feeling tough!"

I take a sip and burn my tongue
I knew I would I do it everyday.
but once a routine becomes a routine
It's tough to break the whole thing.
but when at times I would just ~~[illegible]~~.
Thinks. ~~too much~~
Toomuch
have a mind Freakout
about which drink I want in
my cup. Wait.
FUCK.

Static
Fills my ears
The world can't think.

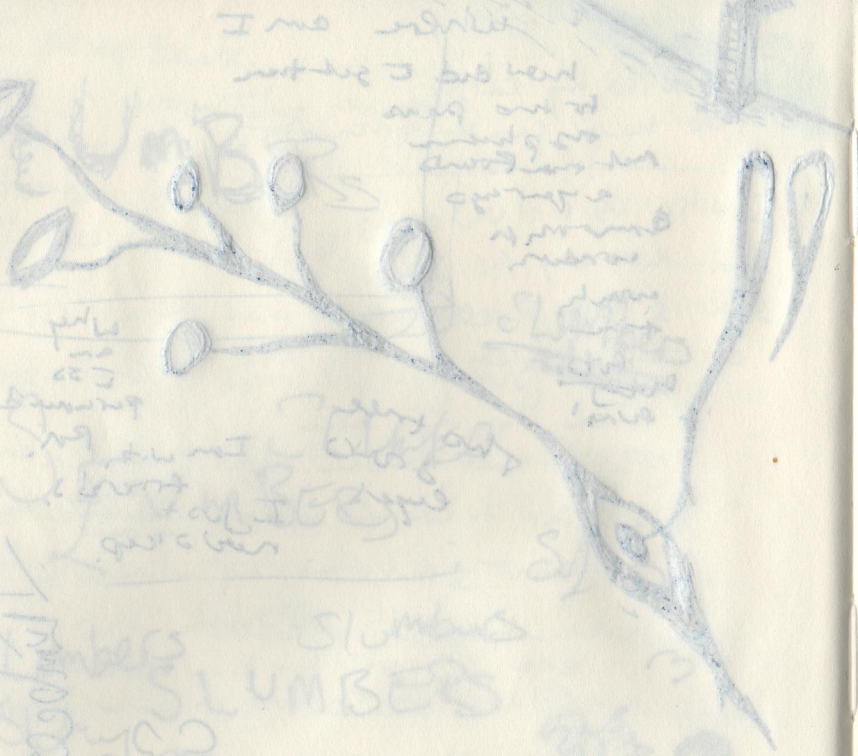
---

I wake up & it was raining
been that way for 3 days,
sigh & take a deep breath in
start to feel heavy,
Those hazy days seem,
To all have the same beginning middle & end,
"getting far to crowded up here ~~inside~~ far too long."
Some thy that crosses my mind
as I walk outside.
and I must have been dreaming
as I saw something out the corner of my eye.

SLUMBERS

SLUMBERS

SLUMBERS



This weekend ~~the~~
Ascention day
Time to pray?
maybe ill crash and ill get there today.

---

Just Jump.
you'll be ready
a long fall.
I'll be ready,
instructor calls
are you ready?
1... 2...
(PUSH) oops. (wasn't ready)

---

When I first bought by ticket
I had no idea whether you all would
me to come or not.
But I was over seas at the time
feeling lonely a lot and you three
kept me going & made me laugh
along the way. tonight,
been getting into these personal
blackouts lately so sorry if I've
been a little distant and stuff.
drug help.
distractions help.
being squished together, tonight,
on a bus,
did not help.
I hope you guys did want to hang
but honestly I'm not sure.
I think so though
either way. (at this point)
I'm exhausted, & would go any where
for a short
I've been doing stuff
before this for a long so I can
neighbor. So I don't know what
else. Anything else
~~Steve~~ Steve

Adam → Lion

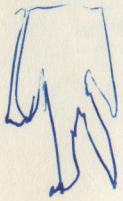
That's what we did today
It took so long. Fuck, but I
finally did.
met Theo & Bronwyn
told my story
almost got my passport
then we had to wait
There was possibly hiding
I hate that
OK driving. My father did that
here then but,
maybe I made a mistake.

Walking to Ulrich's @ border.
watch, couldn't
feel like that
walk helper.
& listen
friends helped
to rest

honestly
thought to
& had
just let go of
Theo & B better.
Now on this bus
can't sleep
I feel comfortable
Brighter.

Lucy is here
(That's new)

Just let me sit down for a second.
The winds whisper in my ear
& I listen.
Reminds me of the home I've been
missing.



The silence went on for miles
or so it seemed
but now through the dark
~~that's~~ there only lights on the horizon

Try to escape

I looked outside this morning & it was raining

but not a cloud in the sky so maybe

It's just one of those days (dazed)

~~It's just one of those days~~ upshow by

~~when no matter who comes up to me~~

people trying to talk to me ~~[illegible]~~

They all ~~sat~~ sound like they're saying the same thing

Like,

Charlie brown's parents, ~~rumbly~~ ~~then,~~ grumbling.

~~my Tummy starts, grumbly.~~ Then my Tummy starts,

~~and my stomach actually hurt soon.~~ grumbling

haven't eaten anything, Now I've got to piss

& now I'm stuck on a plane for

3 hrs.

Only a complementary bag of

to clear the chatter,

Fuk, Head

Still out in the rain

Smile fades as I walk on stage

feel it going through all the pain

~~That day today.~~

~~day by~~ day.

~~I've got to stop being my worst enemy~~

Try to escape the rain.

Well here we are again
Sitting.

And then we moved,
Not a sound at first,
Low to calm our fear,
Then we found,
The spacetoaster,
Open,
Stamina Required.

Time to sleep.
Met stranger before them,
German guy,
Maybe he was lonely
I feel bad,
Should have talked longer

~~Reality~~

Waking up.

Don't know why but I guess I a pick

Does just enough.

A man sits down to watch the world end, Ends up watching his world end

@ a Coffee shop

low blinds shitty playing.

Could stay there all day.

found weed on the ground.

~~ground~~ Seems doing me well

I guess that is what they should be doing. Smoking other than this

maybe not.

Just got Rick rolled

EDIT: I GAVE IN

Stopped giving creatures eyes, Can we really see anything?

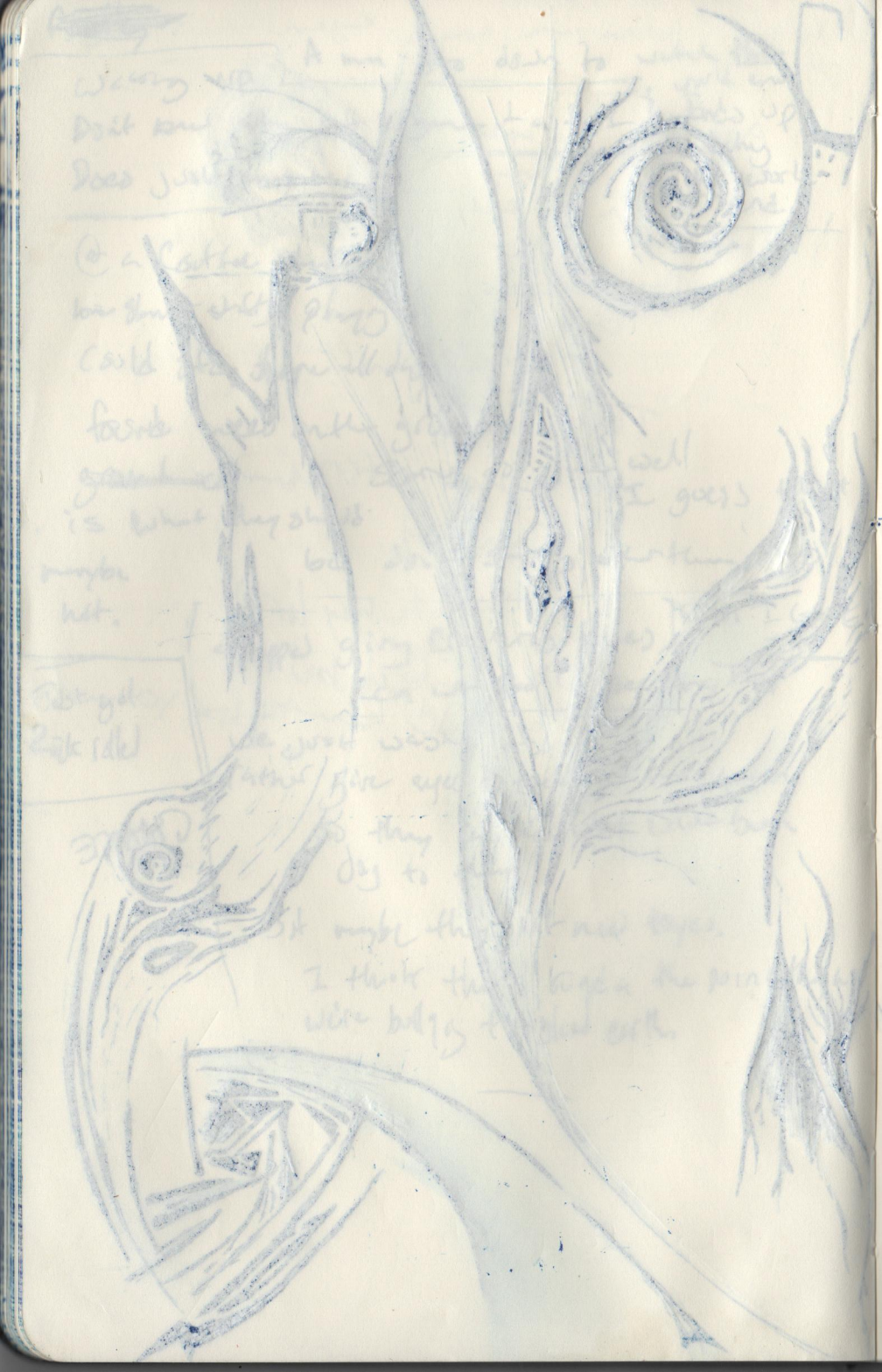
we just washed it.

rather give eyes to trees & land & sun

so they can see what we've been doing to them.

but maybe they don't need eyes.

I think that's kind of the point they were building the blind earth.



Wow what a night
that!
Can't believe it.

Met people from
Germany – his brother talking
about family biz.

---

Steve

two people I met were on my
coach.
guy w/ glasses was a thinker.

Probably ignored
Dreamer sits us down in a corner
guy approaching in the
middle of hallway there
used to be a lake
but they filled it in
guy looks like 80's wrestler

Lets call it a day?

Thing 2 of 1

YEAH!!!!

So they did thing but
that only.

but probably
will fall.

on sunday eve
on sunday & then
some sunday

P.S.

Something I constantly
what I say / don't say when meeting
very first. And I think experience
at those meeting I end up
starting / talking to. other times I'm
depending just depends
on the people just sit by
there

either way those I meet at
family reunion.

Usually its late.
then I just connect
there.
but I think we put it out
first USUALLY
I just use TV but
I've had a bit tiredness
and don't feel like we
to leave

always I think I'd be down
at it.

Never waste the
buzz.

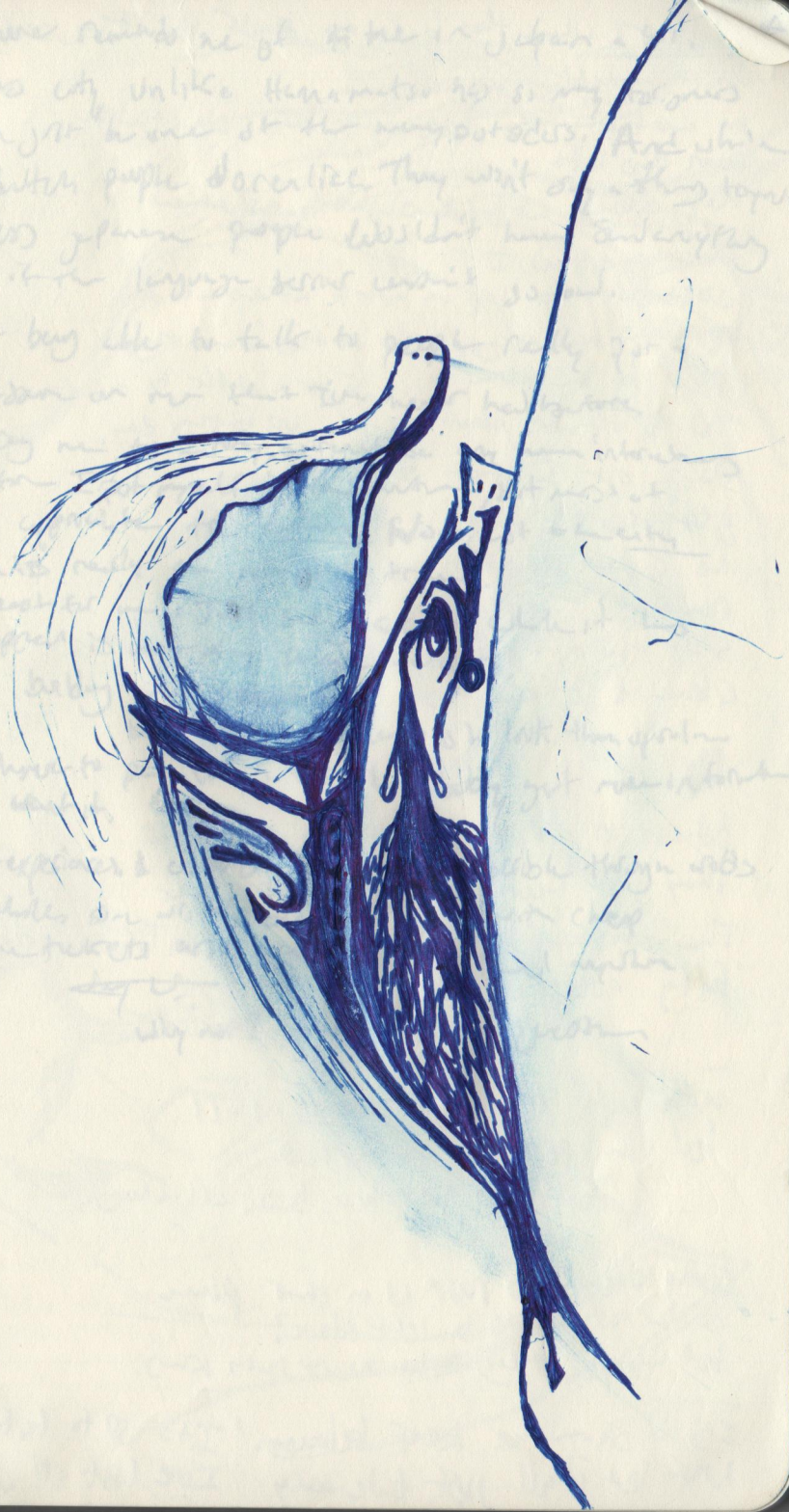
Other wise why else are you drinking
you don't get drunk to talk to people
you've bitched at before sober anything

Rogue mid) the wing on

↓

mid Shrimbers

Trip (last play) over yet



Being here reminds me of ~~it~~ time in Japan a bit.
But this city unlike Hamamatsu has so many foreigners
you can just be one of the many outsiders. And while
the dutch people do realize. They won't say anything to you.
I guess japanese people ~~was~~ didn't have sensitivity
either, if the language barrier wasn't so bad.

Not being able to talk to people really got a
pressure on me that I've never had before.
forcing me to study, overanalize any human interaction
before I put myself in the situation, but most of
all appreciate the <u>culture</u>. ~~Not~~ Not just a <u>city</u>
which is really fun come to travel.
at least for me, Just seeing a city while it has
it appeal is more of a passive activity.
building are beautiful
but honestly you can just look them up online
not have to pay for a tour & probably get more information
if you want it.

but experiences & culture is harder to describe through words
and books, some writers, do a great job with cheap
plane tickets and the ability to travel anywhere
~~day~~
why not? the heart the question

And that's when this leads me back to the cafe
white table
me notebook the table right from atop the page
seven days left.
feeling alone, alone & slightly ashamed.
Been so drained I
just want to lay in a park asleep all day.
heads been racing, tired of the same thing.
need to be alone so I go for a walk to a cafe.
sit & think about my life up to this day.
As I sit I start to doodle
glimpses of blood
as a pen touches my finger tips
reminiscs
about the times I've felt the same as this.
Alone & afraid head in an abyss.

But what if Avanny has been wrong,
They just seem to come right back
The constant flux between feeling alone & depress
fully asleep
Then feeling back on tour

with people staring, can't think at all.
feel like people are in my head.
but it's just been him all along.

everyone in this room is on that phone.
do they just want to be left alone?
but they're connected online so who really knows.

It's a storm we keep believing. | It's up to fate
Just let it all just fade away | I've lost all control

6/28/17

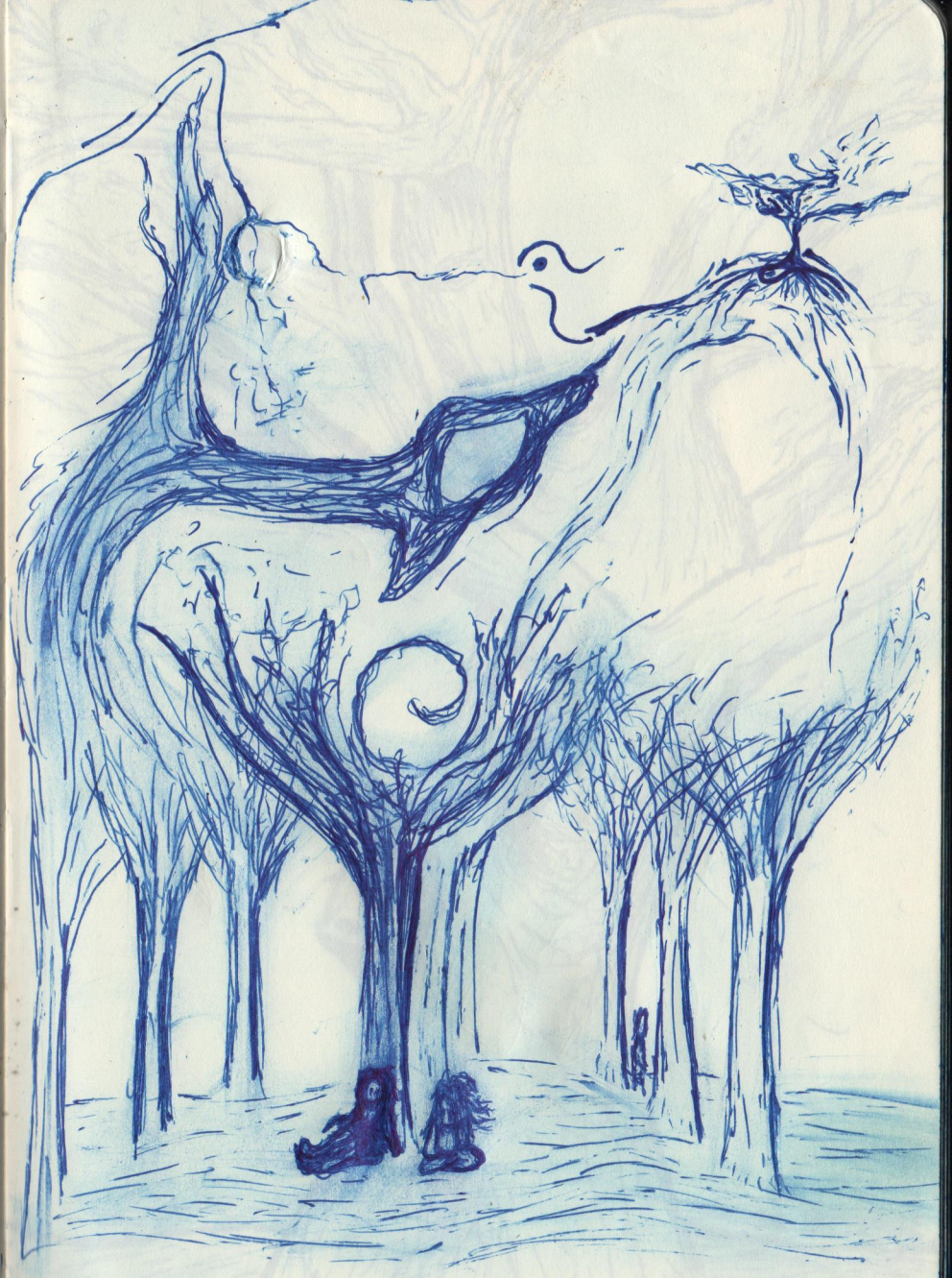
Suddenly
I Feel so Alone,
Though surrounded by Friends,
my subconcious paranoia that has been
Manifesting gets the best,
of me
Though I see
It's all in my head
The worst case scenario plays over & over again.
Forcing me to just sit & shut up.
I wonder when these nights will end.
is it really all just in my head?
I need to take a breath.
get up & go outside.
Friends are inside smoke a cigarette
im just trying to hang to forget

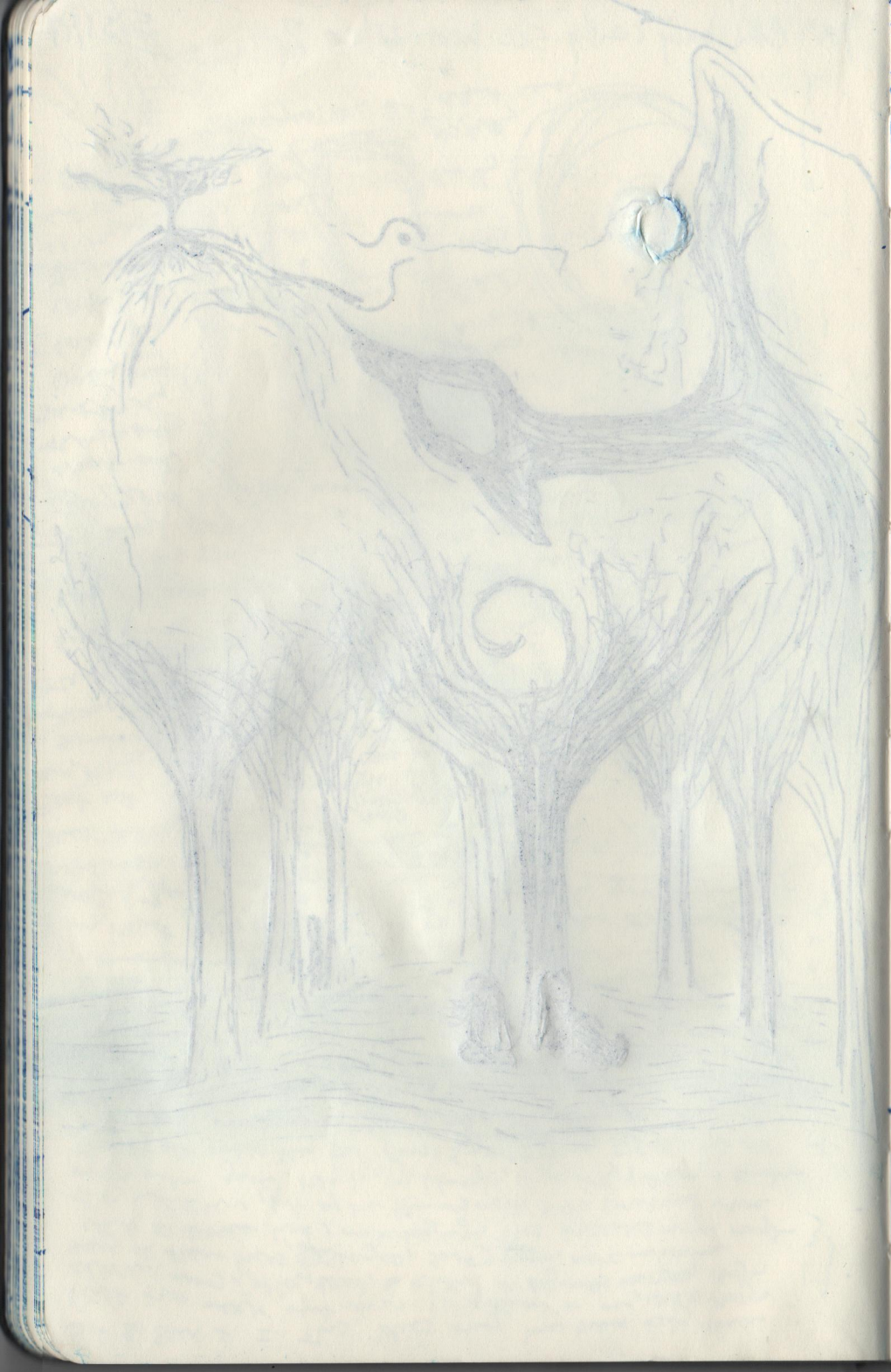
Really wish I could
Retrace my steps
TO.. yesterday

5/31/17

You can only really see him when Patients

Suddenly I Feel so Alone
Though surrounded by friends my
Subconcious paranoia that has been
been manifesting over the course
years comes
to light. when that shit happens
And though I realize its all
in my head the worst case
scenario plays out over & over
again, forcing me to sit & shut up.
I wish these nights be gone
but they don't end. I'm just
trying to hang to forget
as I realize that its all in
my head for a third & fourth
time. It starts to become
burdon more than anything
anything, makes you want
to just be left alone.
I'm tired of being tired
Long nights & days to sit & shut up.
Trying to sleep & hide the pain
Tired of being tired & no matter how I try I can't get out of
the same rut & goes from depressing feeling to
depressing feeling & one day decides I just quit & go yourself
& make it stop. I'm like, you're a liar, contaminating you to have
people's lives





Vondel Park, Amsterdam, 1/6/17

Sitting here & I'm drinking myself happy
don't know why I can't get there on my own.
The faces through the trees stare at me laughing.
really wish that I was all alone.

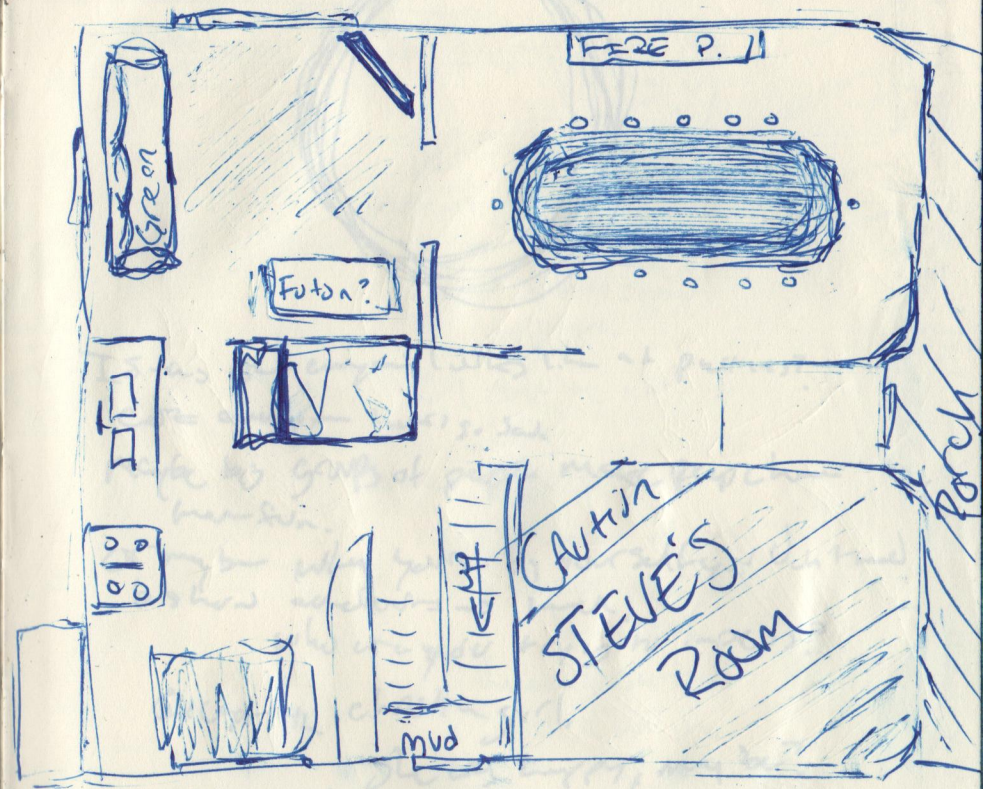
---

let me sit here waiting on a message from beyond the sky.
no notoriety just me & my mind.
I will be here, until the end of time.
no need to leave,
or breath,
just the sound
The breeze until the end of time.

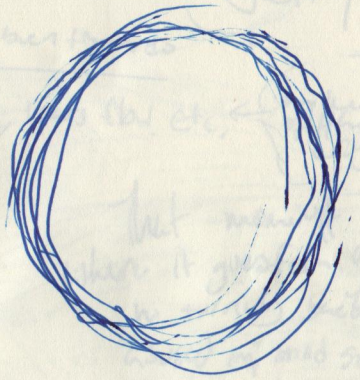
---

Sirens
a white dress
a life ends
new chapters begin and yet in each corner nothing static.
no living minds can just work on automatic.
machines were made to be manipulated
but we stay sentient though.

# Main Floor



"I speak orange I speak blue, I speak your [illegible]"



Is this what everyone looks like at parties?
cuz everyone looks so sad.
Maybe big groups of people make people have
have fun.
Or maybe when you're by yourself you don't need
to show emotions as much.
who are you trying to impress?
Except the chasing girl.
She was happy, maybe?
She wasn't going through
the hard yet.
When people are dancing it's hard to feel anxiety.
Cuz I want a dog

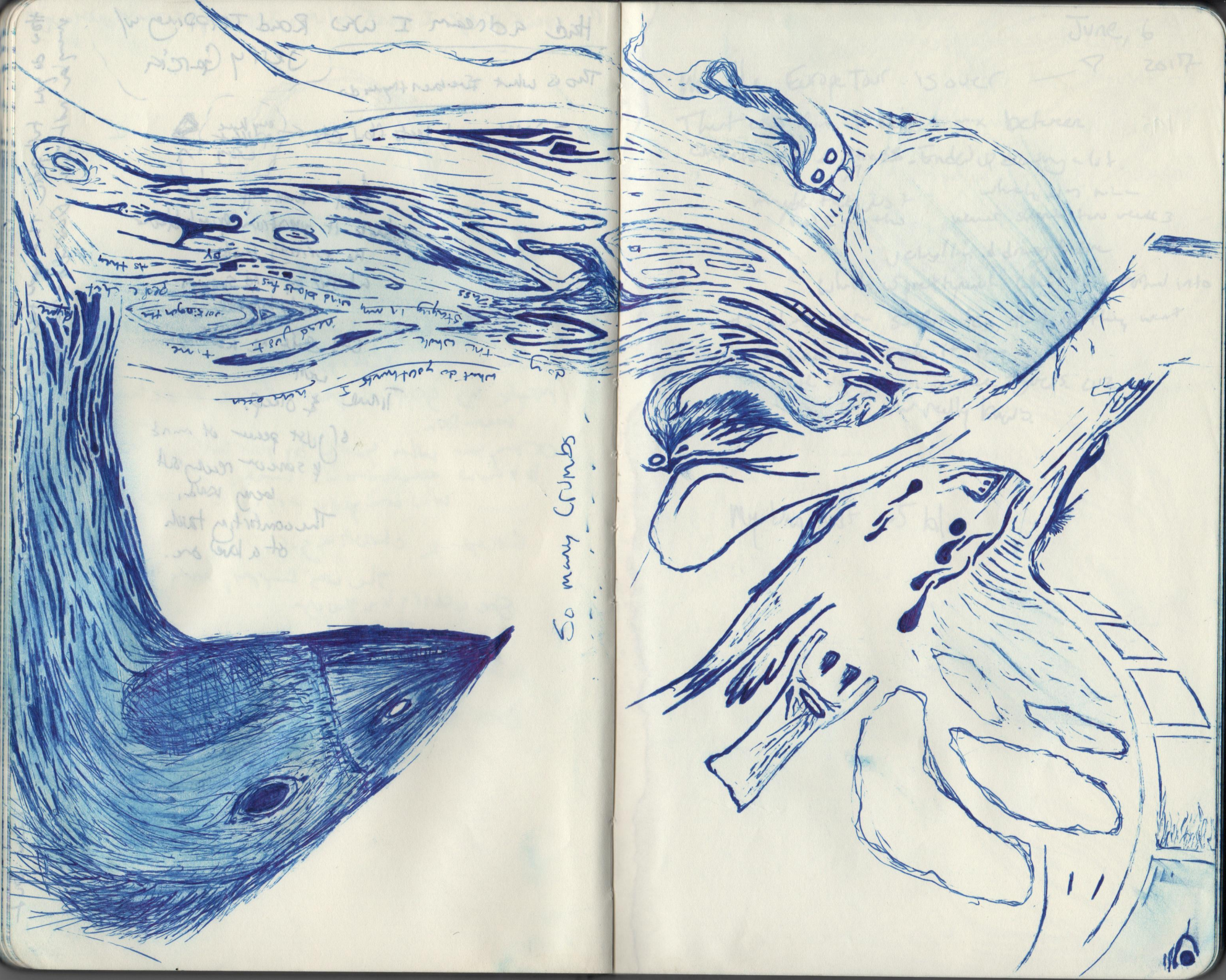
Had a dream I was Road Tripping w/ Jerry Garcia

This is what I've been trying to do

- Sound good, looks fab! etc. ← anywhere, anything, anyway

That moment
where it goes from gray to black
no turning back,
abused my mind so much
until time.
Or stole my mind,
vom
Time & sleep.
or just peace of mind
& someone really sick
being kind.
The comforting touch
of a loved one.

How do you tell people that you feel like shit even though you know it's all in your head but maybe not I'm paranoid & off


So many crumbs

June, 6
2017

Well the Europe Tour is over

That was fun, kind of a mix between complete bliss & stress. Ended up drinking a lot.

maybe the best
how I am tho.

which was nice
never spent two weeks
chillin & drinking before
which is pretty much what they turned into

the shows were so fun too, they say they want people to dance but Idk if they do.
we will see in practice Figures. cuz who really knows.

My bag lost .5 kilo

Yet I knew it was just a dream
no thought just flow
Thoughts just a flowing stream.
Seamless, Powerful, Wild, when trapped in
tight spaces,
Yet when given room to breath
Can branch out for miles.

Old age, my fear of it
Yet fear without it,
How do we know what's coming.
No sense in thinking many long anyway
make any changes & get out
as people try to understand
What you're trying to say

Locked away
own
shadow inside myself

Fasten your seatbelts

Please

getting

Grey.

Coming in fast.

Landed.

Its going to be a bumby ride, decent, lovely & dreadfully

If my ears stop working I would not be surprised

an altered state, shuts the world out. ears still hurt.

Seeing opposite, but who really knows. Seat belt strap fastened.

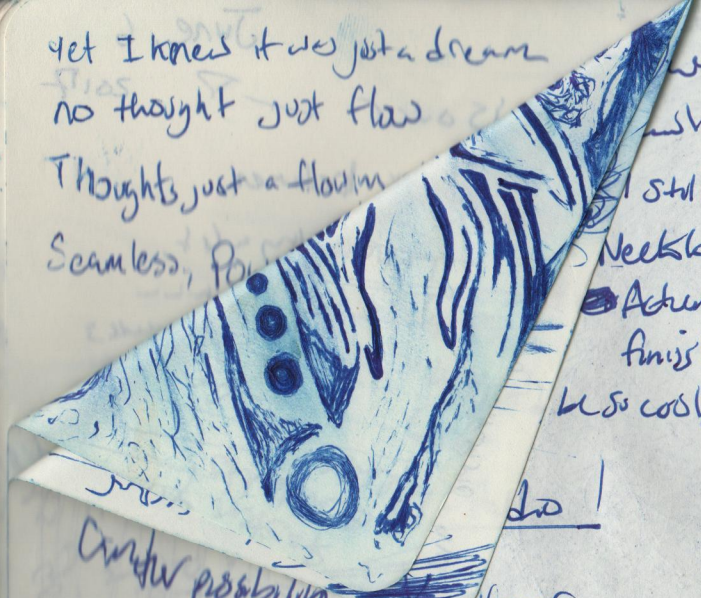
feel like am in a vacuum tube.

now charged ears too.

& all I can do just have put my head back in my window seat myself.

A baby says "Ohhhh" as we turn a corner. Claudio still telegraphs the view out the window.

yet I knew it was just a dream
no thought just flow
Thoughts just a flowing
Seamless, Po



[illegible] years ago
would speak up more.
I still make many.
Neckless.
Actually
finish an Album
be so cool,
[illegible] do!
Another possibility [illegible] Dinner.

---

Where the fuck am I,
waking up like this.
Is this heaven, is this Hell, is this bliss?
~~I must have missed something along the way.~~
~~I feel well rested,~~
~~I remember being on a plane.~~
I don't even remember what happened.
but now in ~~on the ground~~ in the grass.
in my bed
face getting sun kissed.
by the morning sun, I'd just begun
~~it's not this dream~~ getting this ~~[illegible]~~ started.
Are you ready to handle this.

I was in Rochester one day,
emotional wreck,
and now im back in Jersey ~~with~~ this.
Well, all sense of logic disappear.
guess my people post a lot these days.
the social media,
feeds my

---

OD has been only alien thought with this
I had been making this number in
Time to bottom out.
adjusting to the new environment this
wasn't I thought.
but,
I see now.
That his state
was lost, ~~sleeping, scheming.~~
scaring, sleeping, creeping, the behaviors

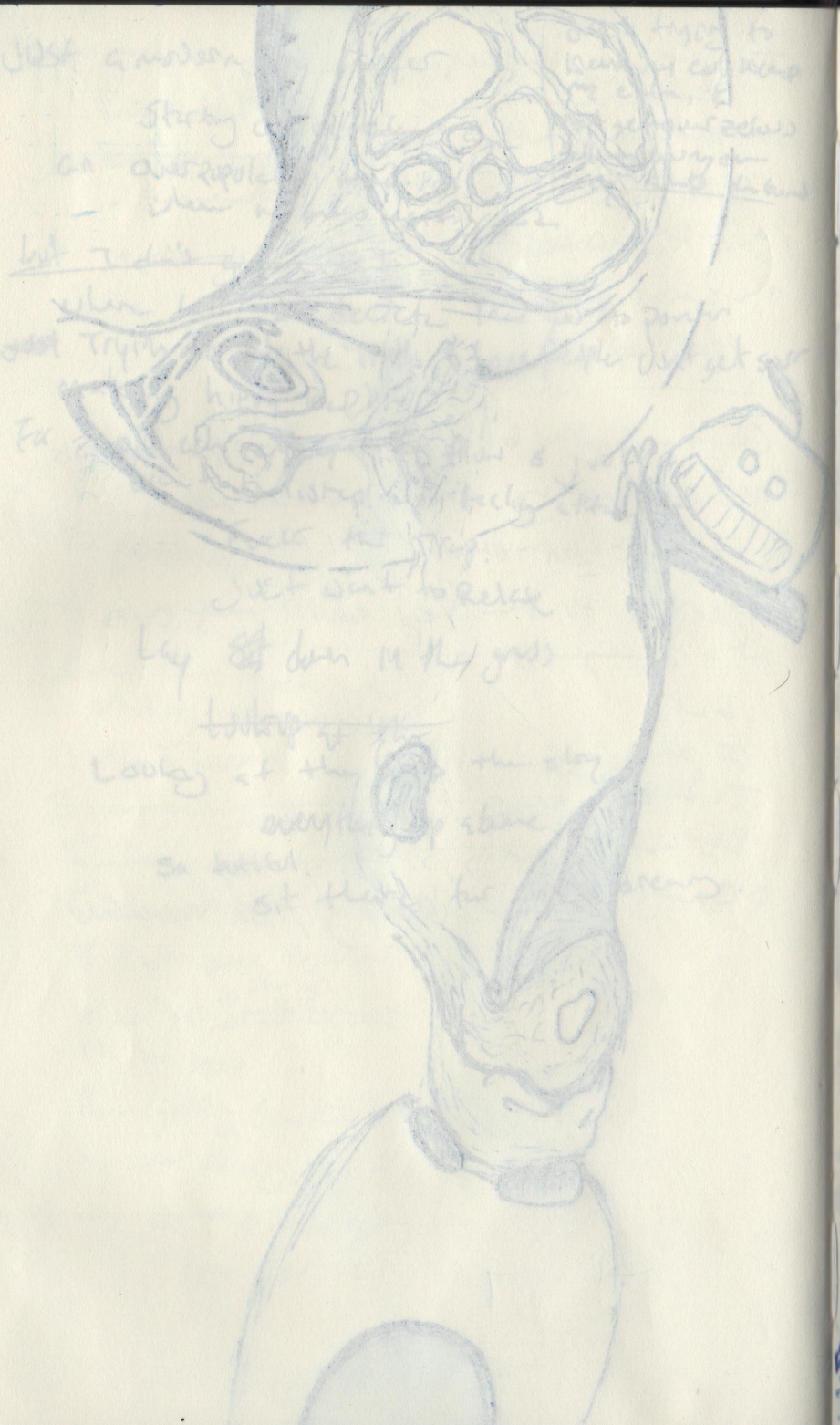
Just a modern day Rapper

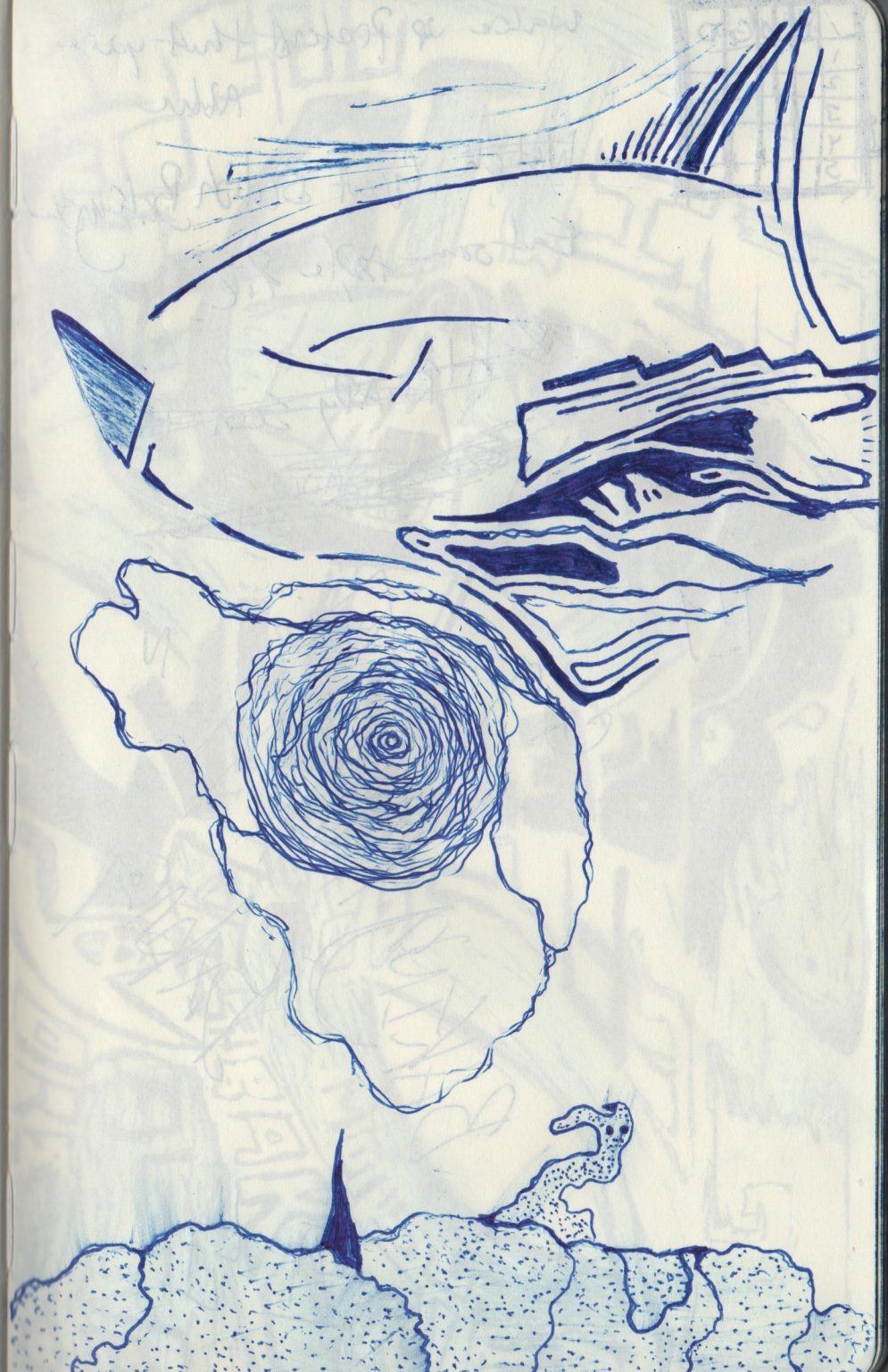
Starting out in todays age
an overpopulated medium
where no ones getting fed.

Just trying to
Keep my cool, keep
my calm, &
not get over zealous
telling everyone
my shots the bomb

~~but I don't give a shit~~

when lies & deceits lead you to power
~~Just~~ Trying to spit the Truth & hope people don't get sour
Making hippy Rap
For people who enjoy the flow & just
want to listen w/o feeling attacked.
Fuck the Trap.
Just want to Relax
Lay ~~sit~~ down in the grass
~~looking at the~~
Looking at the birds the sky &
everything up above.
So beautiful.
Sit there for hours dreaming.





| | Bio | Gro |
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| 1 | | |
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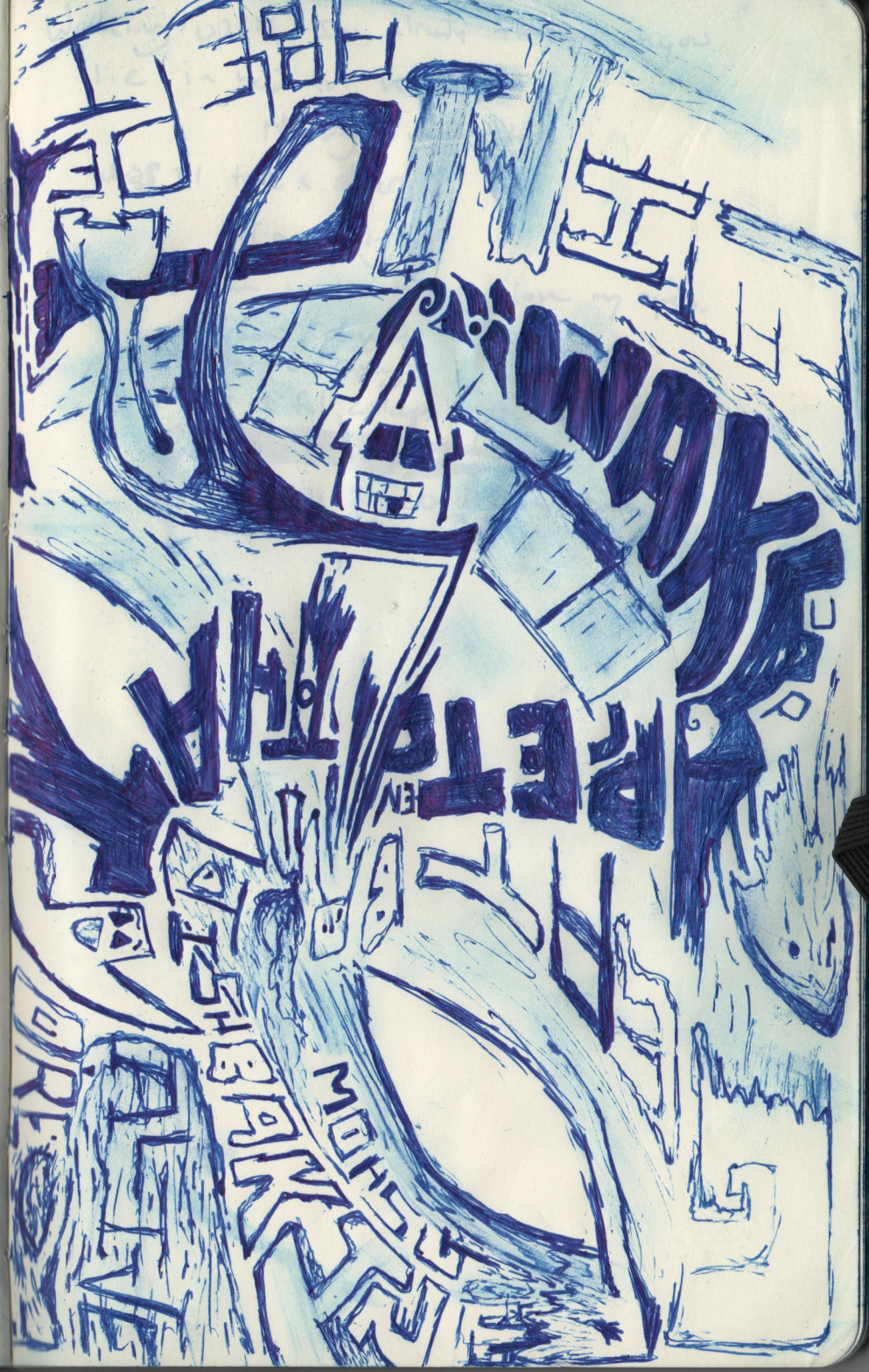
Wake up Pretend that you're Abbie

Watch Great British Bakingdom

Eat some Apple Pie.

~~Already seen this~~

~~Bio Show 3 times~~

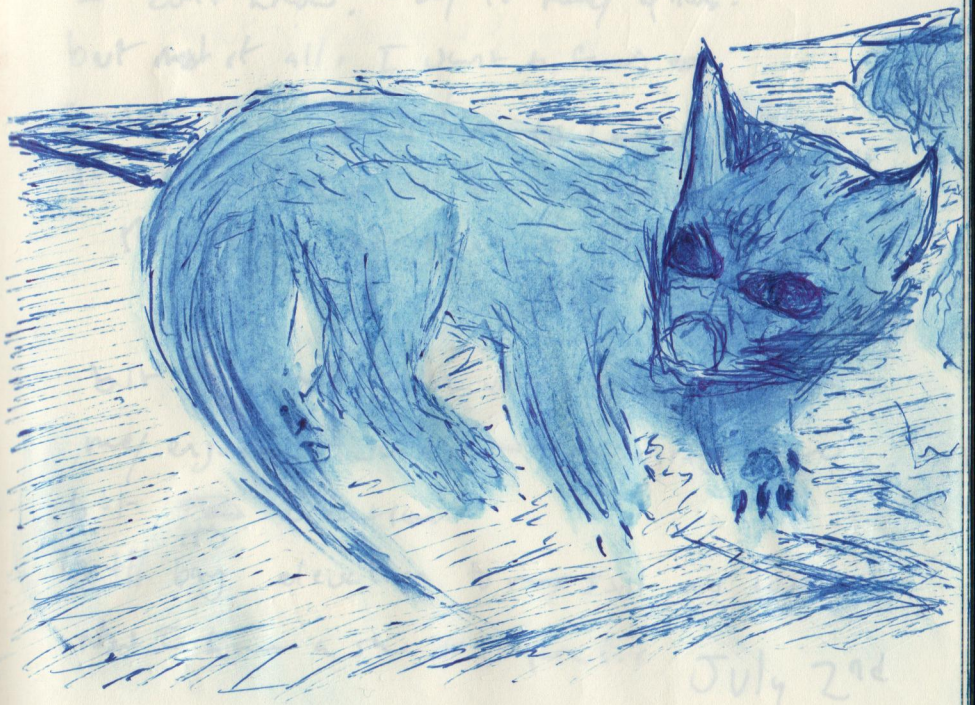


Waking up & I'm already thinking of you
lie in bed for hours.
Nothing I wanna do.
guess I'll take a shower,
I'm smelling sour.
I sit down in the tub & close my eyes.
drains clogged,
waters rising.
if I fall asleep maybe I'll drown & die
[redacted]
If I do I guess its my time

6/11/17

Miss this kitty

"down with Todd"



6/11/17

Slumber's coming to a close
last shows tomorrow,
last show w/o claire. :(
but thats the way the wind blows.
I know we'll stay friends & I'll land on my
feet again,
now though?
I don't know. way to many options.
but most of all, I want to focus
cannot fall A victim to Laziness,
The summer heat will be beating down
Making me not want to leave my
until past noon

but I have to wake up now. and realize
my enjoyment won't come from sitting around
but ~~the~~ (it's) creation
That'll bring elevation to my soul no doubt.
Now I have a show to prepare for July 2nd
keep in touch
w/ niki before he tours.

(Not 3)

Why do I keep on trying
each & every single day,
make the same dame mistakes
in my mind

My mind keeps on wondering.
Forgetting every word I say.
~~We until all~~
it all just fading away
with time.

(Nigt 3)

Why do I keep on trying
each & every single day,
make the same dumb mistakes
in my mind

My mind keeps on wondering.
Forgetting everything I say.
~~We will all~~
it all just fading away
with time.

This year I was in Japan

I met this old Japanese man at a bar.

Fly Away
Cat (so)

---

I've been waiting for moments
Biding my Time.

37.

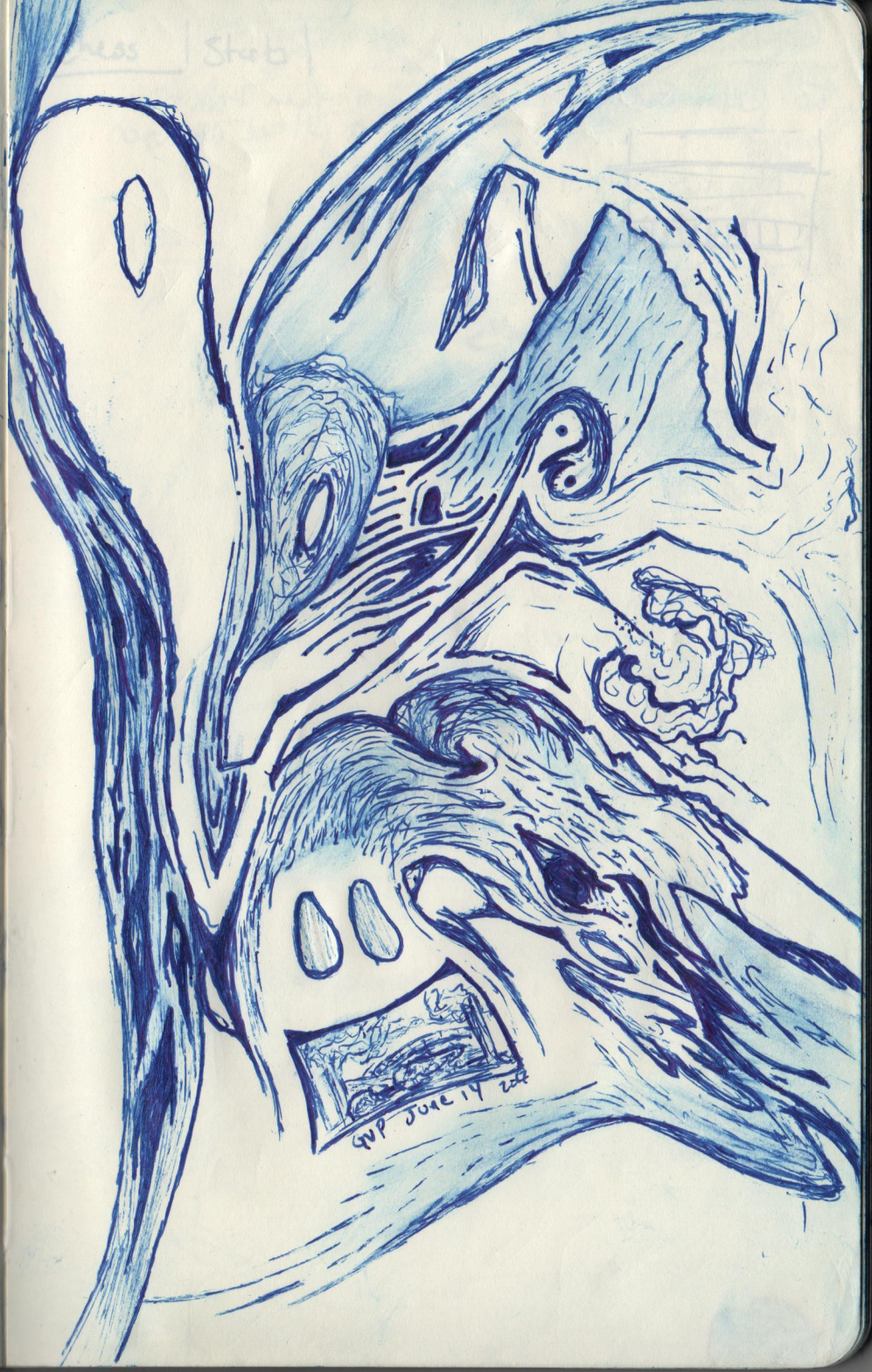
No need to worry or hurry now
I've got Time
But my mind just keeps on worrying
overtime.
No stopping no hurrying

3 Fish Meet. Casualty occurs

Simmer down
No worries now

And I know
You've been feeling down but,

Course I'm upset
but I had my doubts
was looking for a way out anyhow



Chess | Stab |

Goals (Album)

To Calm Everyone down. & then talk from a place stronger

"Thats what they call me"

---

* Scream Songs"

Work calm [illegible] were not going to get anywhere with

by just screaming our lungs out.

~~better off just going back~~

I knew thats what they're doing but "oh well"

You've got to cry

hey yeah my love

Cry I'm here to stay.

Maybe I should just give up on my dreams & set sys.
~~Its what this school has taught me so far~~
am I just wasting my time,
Living this life,
Postponing to myself that I'll make it for
The tracks are just starting to light up.
~~I~~ both options & I'm blessed because
Love them with all my heart.
So what have I got to loose trying to put shit
out so I don't have to choose my path
"Why Cant I just make one god damn
decision without ourtying my crystal."

It's what
my life has been like
really hate the
fact I can't choose
my own destiny

dont want to
be behind a wheel
would rather live my life in a
waiting room, ~~filled with~~
So ~~that's~~ what im going to do.

This whole life
on tracks analogy is
bs anyways.

who knows where we will be in a year
or ~~the~~ even ten days
So much shit can happen
in this past election
Cold war esq. hate
~~Just~~ pulled out of the paris treaty
mother earth will fight back if we don't
behave

Show planning

Set list

No Umbrella (maybe)

Only Lights (How?)

Monday morning → sentence.

So Far Away ← Acoustic

Press Flow
- Through screen
- Ratings,
- Mind Array

Dream was crazy was,
about airplane crashing
high fived a whole

Intro → only lights. ← get people dancing. ✓

Monday morning → Loop up/down beat.

Sentence

~~The Nerve~~ Escape

✓ No umbrella.

Only lights.

Monday morning

Sentence

Escape (Needs work) Fireworks

No Umbrella

# Routines

The End? TO Infinity

THE Future & the past, we tend to forget
What a Broad Word But we keep in our mind
That only grows with Time So much Time
wondering spent
where it went
But At THIS Moment
THIS very Moment

You know where you are now
And with SOME thought you know what
will happen in the next few hours plan it
Crawling in to bed WELL
Sleeping Post shower
A Knock on the door.

You weren't expecting anyone
Thats funny.
You let it go
Showers already running.

Shower Thoughts
IF I Asked WHAT you would eat For Dinner
In a weeks Time

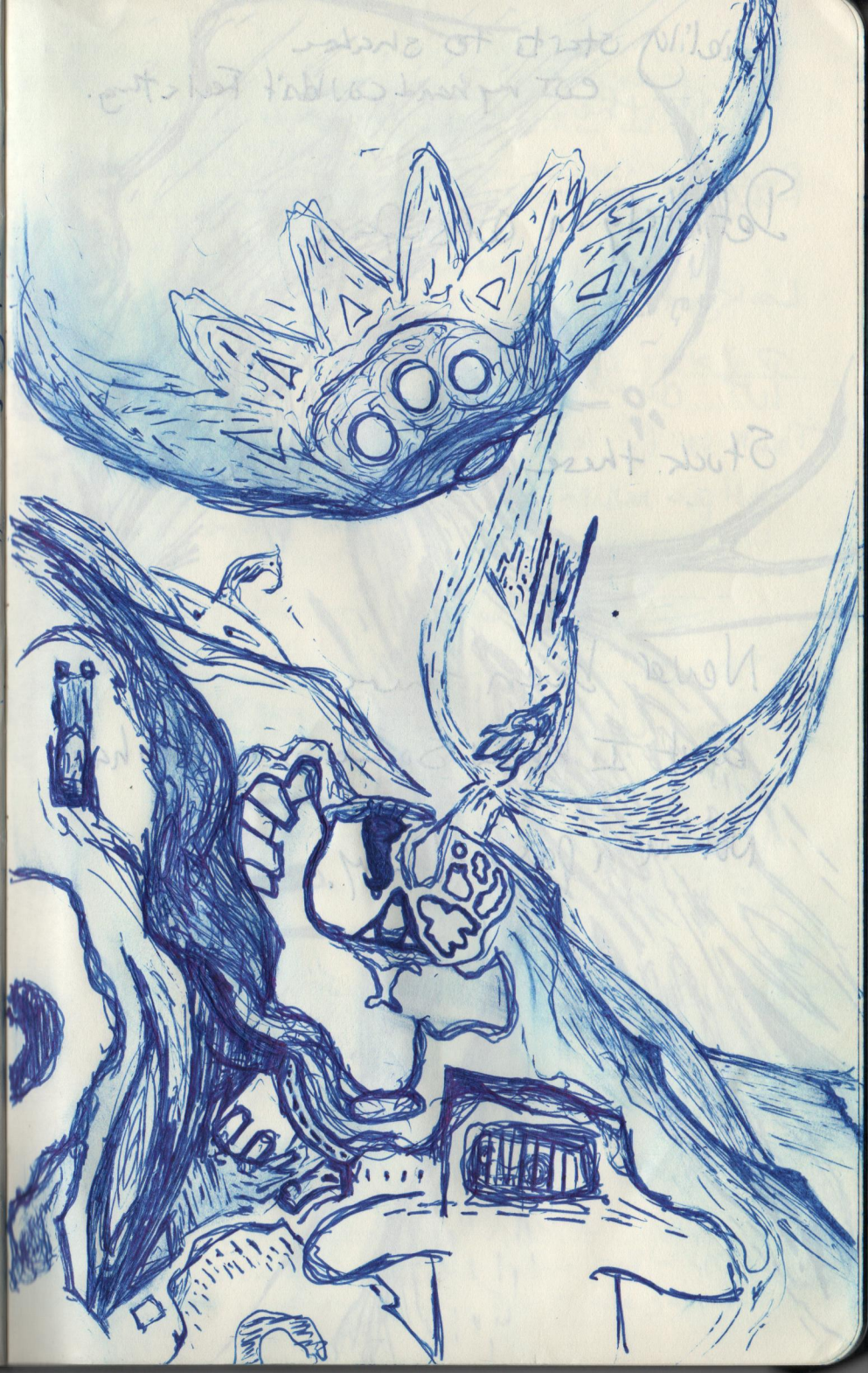
# No Umbrella

I woke up This morning & it was raining,
but not a cloud on the sky so maybe
it's just one of those days
feeling dazed, unphased by The
People trying to Talk to me all sound like
Theyre saying the same thing.
Like charlie Brown's Parents, mumbling,
Then my Tummy starts, its grumbling.
haven't eaten a thing all day.
& now I've got to perform,
need still out in the rain.

my smile fades as I walk by
my it's going through all
keep The pain

No Peace, Just greed,
No Sleep, I Need,
To calm down & catch my breath.
The rain has cleared but in its place pouring sweat.
what have I ever ~~been doing~~ Today? Just watch, TV. &
The Time so away. didn't even get ~~changed~~.
Who the Fuck am I anyway
Just going to speak my mind & hope someone hearing.

I guess breathing has got to work out just fine
It's what we leave here before the end of our lives.



Ceiling starts to shake
cut my hand couldn't feel a thing.

Definitely in outer space

Stuck there can't get back

Never been there
but I know someone who has.
Not in a personal way.

You sit there & you grab your phone.

~~Reaching out to anyone to just know~~

~~You not alone~~

Looking through your contacts end up texting everyone you know.

~~Put down my phone whatever~~

"Thank you for leaving me down thy Hell long ago"

but see now I'm gone everyone you were meant to save

~~My~~ Self

Getting closer to the end

but what if it all sounds threshit,

All the people who just want to light down

I'm not doing it for them.

No One Really knows what goes on.

Sing along if you want to don't be shy.

Engage together if you try.

Live

INTRO

About 6 Months ago I was IN Japan.

The Past 6 Months feels like a dream

Floating around the world taking notes of what I've seen

Lying in bed w/ my head on a pillow

Listening to a podcast about all the "5 YSK"

I hear a bump on the wall

but shrug it off

Probably just the neighbors being loud

Walls are thin enough.

But in my dreams he came to me.

The mirage of a man that used to be.

— What's his name I don't know but's just call him ~~other~~ Steve

he said "Take a look @ ALL of this we've done

don't even have to be a scary ghost

can just spit truths & you'll run.

let me show you the world

What it looks like from up above.

But who am I to talk

Haven't really struggled much

just spent 6 months traveling the world

& the last 2 in my parents trying to convince people

no to say that it wasn't tough. But I did get to choose it

THIS world that went on for miles
or so it seems but now through the ~~dark~~
There are only lights on the horizon
where it all just falls apart.

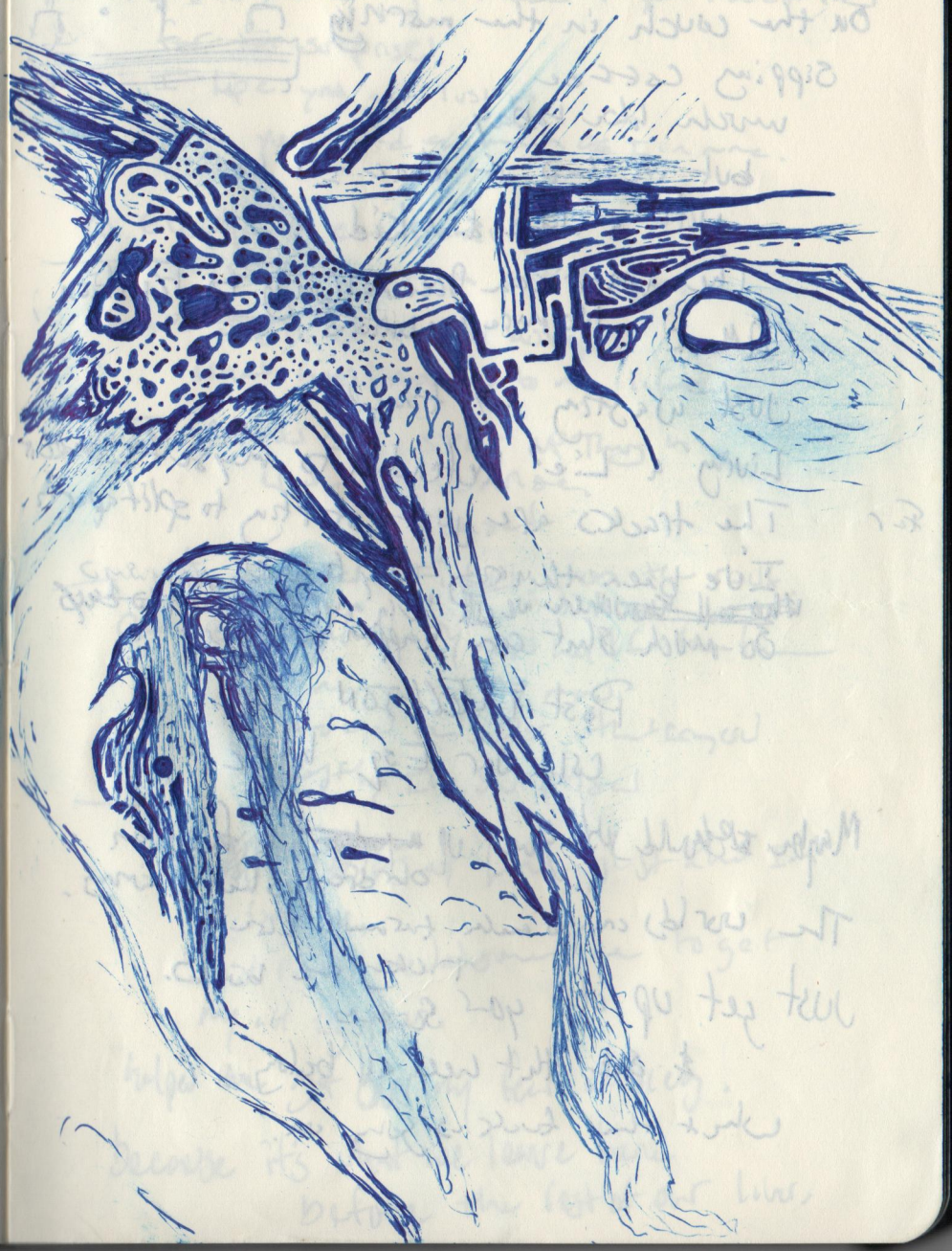
This world where we can be
born where we are
& Never change.
These useless lives that
we live in shame.
because there is no turning back
with a scale this large
exponential,
no regret till
It all begins to fall apart,
& it might take 10 years or
20 life times.
but we might see the entrance of
Hell at Hand.

Fear for that long Summer
10 years in just enough pain
To stay alive but with you
we dead.

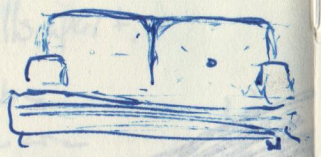
No chance
To change back
The Tides,
We might try to but the moon is ~~[illegible]~~
~~[illegible]~~, NOT going to listen to us.
It'll just survive & keep turning around the earth
& nobody really cares

Looking down from above!

The worlds FALLING APART.



Maybe I should just give up my dream
& get a job
Work that 9 to 5 life
before long
I'll be
On the couch in the morning



Sipping coffee
much like today
but instead of alone I'll be
with a wife & a kid
The American Dream (Coming to Fruition)
No More Ambitions
AM I
Just wasting my time?
Living a Lie? Pretending to myself I'm
For The tracks are just starting to split apart
I've been thinking way to hard. Anyway
~~who will~~ ~~where~~ we will be in 2 years or ~~can't~~ ~~to~~ ~~days~~
So much shit can happen in this
Post ELECTION
Cold War Esq. haze

Maybe ~~I~~ should just give up ~~[illegible]~~ & focus on
our dreams so that's why.
The world's on so much turmoil like a
ticking time bomb.
Just get up off your Screens
& see that we all belong.
What the fuck is going on.

WAKE UP PRETEND THAT You're Alive
Great british baking show eating apple pie
I cant even control my own flow
all depends on my mind.
This shit is coming to a close if you noticed this
far im surprised.
I hope you got lost in
your mind as much as I in mine.

Do Elephants eat peanuts
or is that just a stereo type
6 AM STILL cant fall asleep.
What has happened to my life
I Guess I'll STAY UP Thru
Watch the sunrise
Sunset
A Fiddler Fiddling on the roof.
Cant even control my mind half the time
Note mistake my mind.
If you make it this far thank you
Naughty I'm surprised

To ~~All~~ My Folks at home just know I'm
doing fine,
Just really needed some time to get
my act together.
helped me get over my fear of living.
because it's what we leave here
before the rest of our lives.

ONLY Lights

Start: MAKE SURE piano is on dual w/ gob

Loop to make piano beat.

CHANGE BACK TO PIANO MODE BEFORE PLAYING the BASS

END w/ gob synth on tom

→ BASS GROOVE w/ PEDAL

"FUCK YOU" THEN DRUMS

maybe horns on piano

---

Sentence BASS PEDAL [A7] Auto WAH

Piano on Drums

16th Groove to start.

Chorus w/ Piano

verse: maybe some bass A2 [B1]

Loop A2 playing groovy

Cut loop with

"just need to escape & fly away"

PIANO w/ AIR RIDER RIFF

---

Waiting around

Only Lights

Escape / Yesterday

Sentence → air rider.

Happy bass jam →

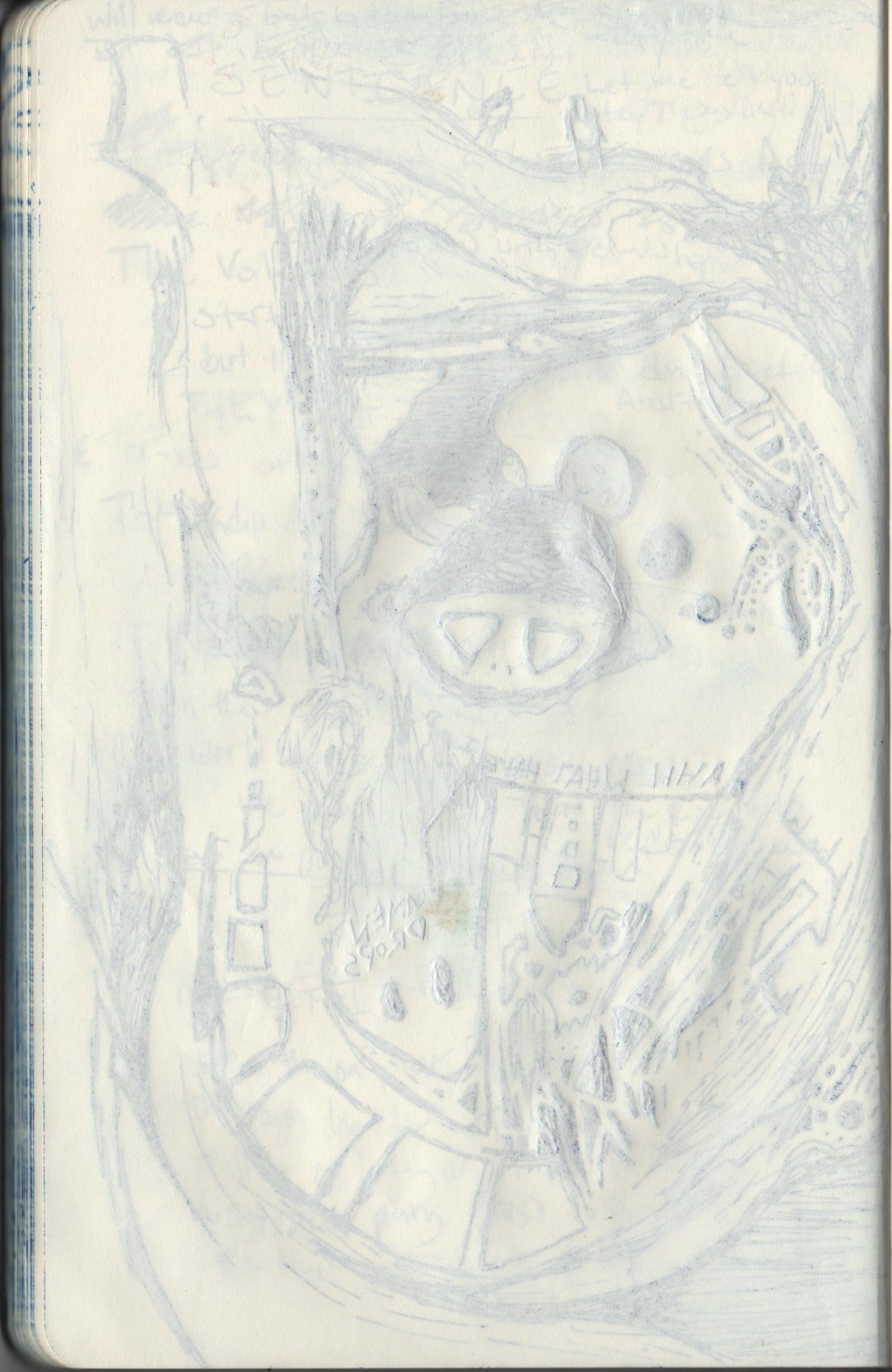
Monday Morning

No Umbrella

Will never go back to that time when
It all happened. Story time
SENTIENCE Let me tell you a story I was once told

It Happened Around a hundred years Ago

~~The Volcanoes started Erupt~~
ALL started with yellowstone
The Volcanoes
started to explode
but the warheads underground dont forget About those..
THEY WENT OFF
& clouds of reactive dust rose,
The radio ACTIVE DUST DEFEATED INTO flying
~~Bye Bye~~ the west coast WAS THE FIRST to go
No Hope ~~AND~~ AND THE CANADA NO HOPE
Then the clouds just grew & grew,
The world was shocked. We all knew
We were doomed, THEN The Rise started
People fighting over
Then we dug & dig. deep down Food.
~~FALL~~ OUT. Those who were
~~No GETTI~~ Prepared when it time
~~Were~~ the only ones to ~~survive~~ HELP
They digg deep down They thought they would pass
Fall out No getting out. a need of FLINT.
Very seeds plenty trees to ~~Bracelets~~ survival
~~But their~~ will to live to stop by killing them.



I see a CAT ON my STEPS.
She can tell that I'm feeling depressed.
Not one to Ignore Fate so I sit there a while.
Pet her ~~[illegible]~~ For so I crack a smile.
Then she set.
I Follow, what else am I doing today.
Any ways. No Friends feeling so alone
But she found me
~~Slowly now, No need for speed.~~
Place Is feeling more like home
She bounded.
over a Fence. ~~And I did too.~~
Then looked back into my eyes
~~At Right I was tence.~~ I Climb right over
~~but I Hopped over thing I'd be free.~~
As Hoping I dont Have to hike
what IF It's someone home
Just a Forigner don't want to get
Thrown out.
quiet we're sneaky now,
forsaken Fortress first time around.
A loud noise rings In my ears. just some rats
but She sprints away Inter Putting the track out
I sit down & bury my head again
~~Slowly~~ realize where I am
So FAR AWAY.

FUCK YOU

Dilly is here 7/3/17

& I ACTUALLY Played a show

These last 3 weeks have been a test of strength.

but I met it with ease I think

every one got re-baptised and then got it all again on sunday

What a Fun weekend.

Honestly tho

I Feel so good about the material I have made these past 3 weeks which is sweet! But I shouldn't get lazy if I want to actually make this work I need to either get shows. OR get a job & just

Album Idea is only mix. mix. nicely

Album art. maybe look like a binder? or moleskin book or a doodle.

2/3 days are written "ish"

2/4 nights work

Actually not sure.

- Home
- Sentience

PAYS on later page

~~[illegible]~~

TALK TO RAMON & EJAZZ when you get
back or test them out I guess that works
Hip/Hop group?
Making Rash decisions becomes a lot easier
in group setting.
Though the solo stuff would be fun
& all mine
& I've just begun to tell how it'll turn
out when I'm done.
Sounds good? I think so.
or hope at least I should say.
but who knows what will happen
even the near future seems so far away.
Can't control the words I write or
what I say.
Just guess it or the music
wanting to be released.
Is this a curse or blessing IDK
I guess we'll see.

Book 2 Under way.
No more delays
get back to ROC soon
& hope that I have enough motivation
to finish. They shows what I'll do
make an album I know I will
but how soon, and was good?
motivation motivation
only time will tell.

I WAKE It's gonna be a good day.
doing ok get up and go outside.
It's summer the days are getting hotter
In mountain my Alma mater
start looking for some water
~~call~~ give the dads a holler
"Lets go to buttermilk & get high"!
I CANT keep in touch w/ anyone
I Dont Even know what's up.
I CANT believe that this is coming out.
I gotta wake up
I can hear it
in my dreams
foresight of the future so it seems.

Listen be transcribed w/ Sob

No magic or shortcuts The future's I can predict it
spells In life anything unless sight.

HELP

close your eyes
and let your ears let you see &
be your guide

To memories of a simpler time
When everything felt alright
where we were ignorant
but with it came this bliss
I wouldnt want to forget everything
but its nice to reminisce
Those summer sandlot days
riding bikes & playing games,
untill the sun goes down
Dinner time.
Then I realize it'll never be like that again
unless I'm living vicariously through my kid.

THEN I JUST

# PLANNING MY LIFE

USE IN conjunction w/ CALENDER. THX

7/7/17

# I GUESS, POST NEAR DEATH

STEP 1: GET COFFEE

## DAY 1

Monday Morning → ? [Drive Ideas / Stoic, Change]

maybe play off of "WHAT the Fuck is going on"
get a grave song in the opener.
write lyrics.

## DAY 2

morning drive journey continued. [Use it as a building blocks]
Then home & jam off it into different ideas
& lyrics begin at this time
journey sort of like jukebox throughout
music up beat day. ending calming. for a good dream.

## DAY 3

No Umbrella. [Changed thought]

maybe flow the intro from Sentience?
also begging days the rap verse to the build up w/ Riccardo
maybe funkier bass if it works but
keep it calm!

redo bass solo & last verse
maybe driving caller.

Hope no one sees this as a cry for help
I'm just speaking my mind
I'm gonna be fine.

Brought back so many
memories of what's been
deep in my mind for so long.

---

is it really still the morning of you don't sleep?
guess as the sun is still in the east

clock ticks.
is it still the morning?
didn't sleep much last night
Nightmares were haunting. Vacuum at home.
Miss
striving to reach that life
That my parents have
miss those days sometimes
is that bad?
I don't think so.

Just way home
reminded me

We're here for A Reason
Right where we ARE
We've got to stand together & keep ourselves
strong.

---

AND I DON'T EVEN KNOW what's going on.
Will ~~we~~ just sit there lifeless.
Not knowing where we.

Will the EARTH JUST SIT There
Life Less or more ~~rise~~ LIFE RISE
From The Dust?

---

Saw you across the room
we locked eyes.
Tell myself I won't let any more exes ruin my
~~smile~~ smile & pretend that everything's alright. nights
Wish we talked a while ago,
back day one of those nights.
Timing never felt right
or maybe I'm to scared of commitment.
To put myself out there? are you the one I'm going to fall
for the rest of my life
Try to slow down my mind
& Pretend that we're both just kids
nothing to lose. Laced up shoes. Running outside
To have secrets to do.

I just gotta Hide.

Think of a story where will we go?
Followed by a dotted line that leads from our home.
I phone — — — to where we are
cross hitchy — — — —
our way up a mountain so steep.
but it takes a long.

---

Slowly up
Trying be a hero answer the call,
Know enough
Now That I want fall victim to their Curse.

Must be in outer space Way up,
Beyond.
Looking at all you people on earth
But NOT ABOVE

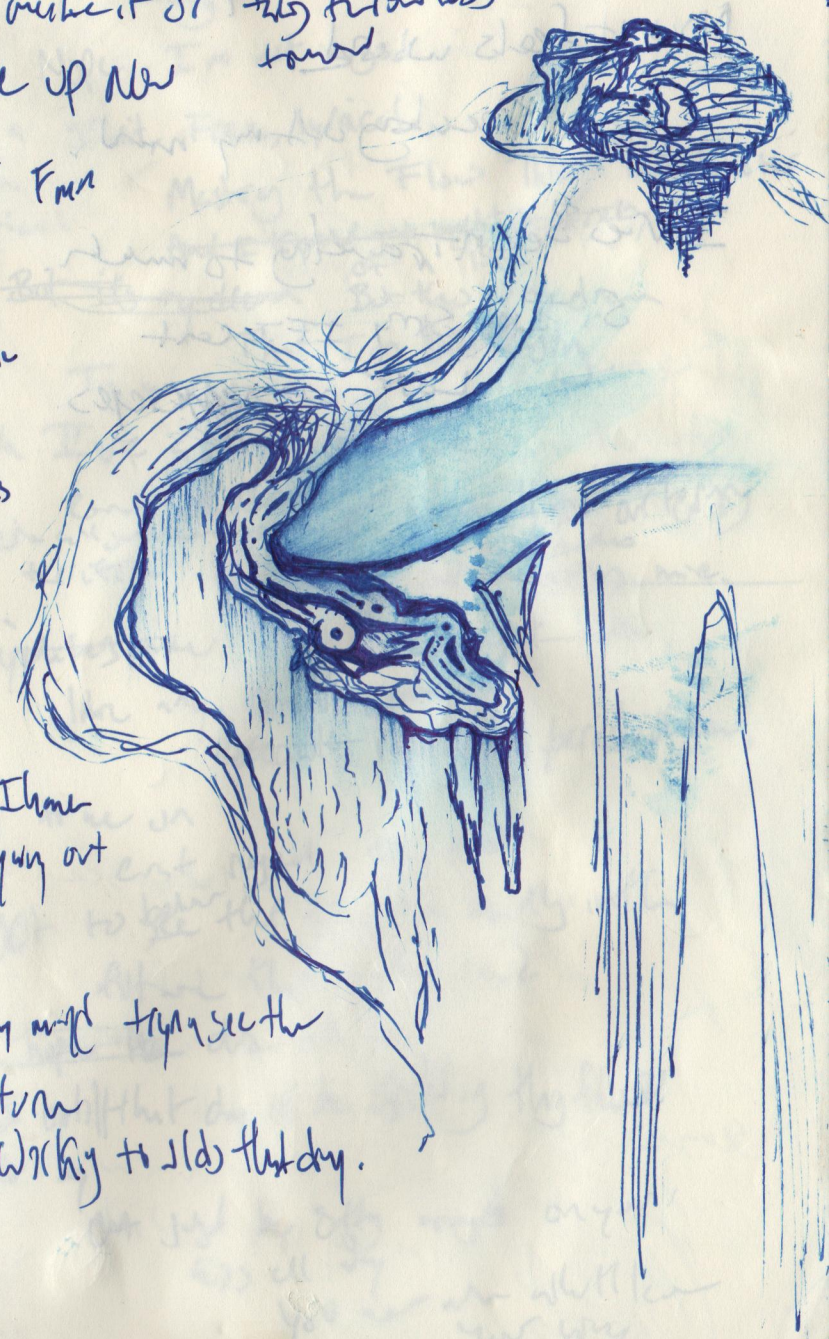
Nope
a spirit
Free lyrical. Mastering the Flow through thy
disaster I knew it might be tricky
but it's my Dream in the mix
So you better just stick with me.
~~dont get lost long the~~ gonna be just Fine
dont get lost long

dont get lost long there been crying b s behind
The birds will eat them up there will be no trail to find

— — — — — — — — — — — —

Got to make it or
Give up Now

Tip toe
Taking the
Time to
~~not~~ peep
Their tracks
The fear



Will I have
to ~~[illegible]~~ way out

In my mind trying see the
Future
Working to slide that day.

Haven't had to talk to anyone
all Day
Now it feels weird,
just Speaking out my mind,
I've Been traveling to much.
So I'm Sorry IF I cant
Look at ~~[illegible]~~ eyes.

Must be in outer Space,
Way up Beyond ~~[illegible]~~ all you people on earth.
Looking like a bunch of peons
Nope, I'm not a god
I'm a Spirit, Free, lyrical,
here on Sabbatical
Mastering the Flow Through the disaster
~~And I know it might be tiring~~
~~But it's my dream~~ of a life But this is my dream
That I'm ~~[illegible]~~ ty
To you mad.
Yeah I've got to survive.
cant ~~[illegible]~~
we're all just on to do terrified
We've all got our terrors
~~might make~~ nightmares
~~Might make~~ ~~[illegible]~~ me.
~~[illegible]~~ ~~you've~~ ~~I've~~ got me.
like any form of commitment
~~especially~~ involving big periods of time
Got to move on
cant repeat the past
Got to ~~see~~ believe that there's sanity with
After that night (out)
~~hope the~~ does not for.
So until that day I'll be spitting the flow
to say
~~out~~ just be safety angel on your
as I call you
You know we will meet
your way

its about [illegible] future
hi

if you ever need music
Come this
to the
Reminicence the past

Basements Flooded again.
Still waiting with the same blunder
been ~~[illegible]~~

Time feels like its looping
but im not hungry for apples
feeling trapped till
my mind opens up & I ~~[illegible]~~ see
The Evidence
Beautiful Enlightenment, Life is
more than just a 20 year lesson

Seems all, when I say it out loud
but getting to caught up in the world or age
they are why to stay [illegible].

I Dont CARE IF ANYONES DONE IT BEFORE
I'm just spittin game so I can spit
some more

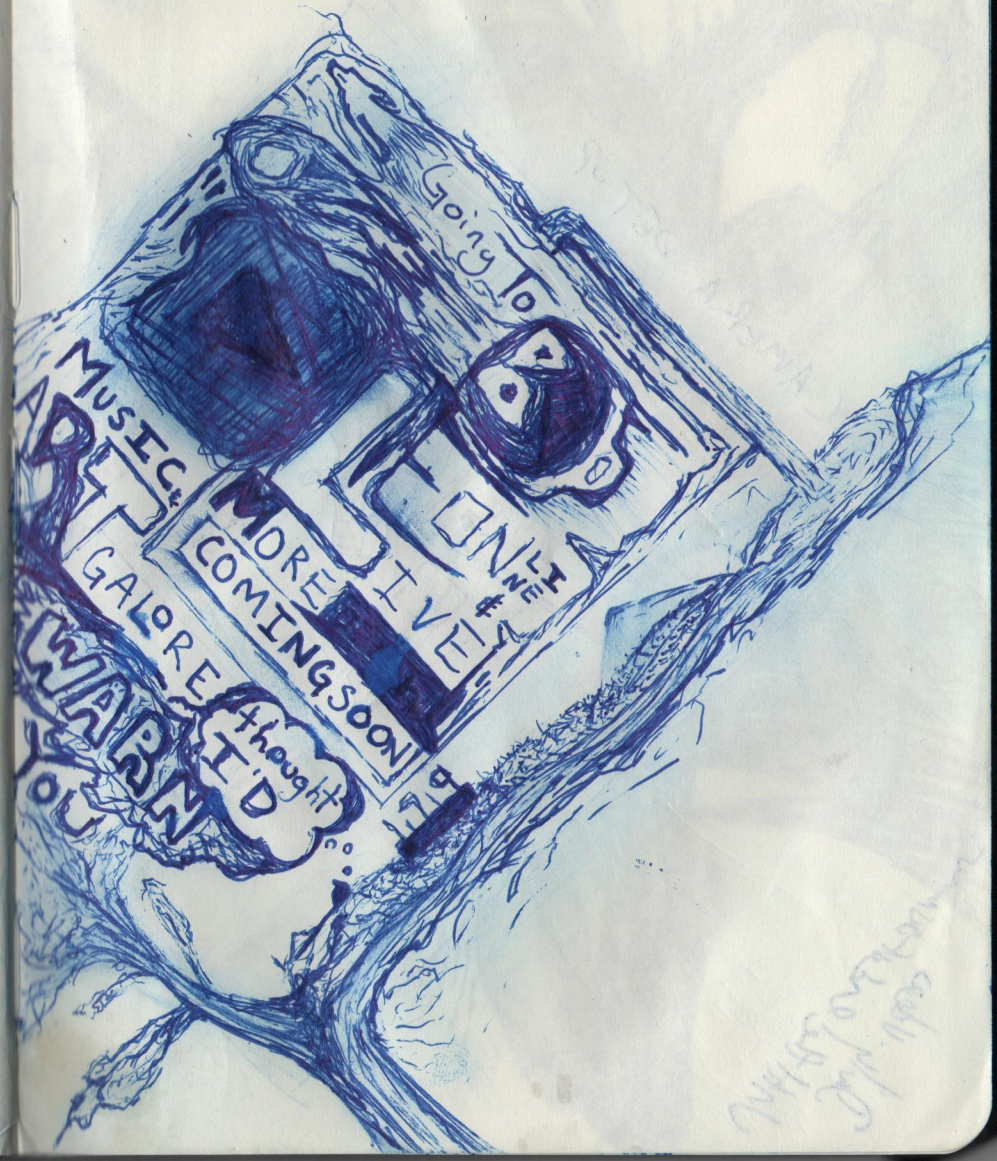
MAKE YOUR EYES ROLL ALL OVER
The FLOOR

Saying "How he do that"
magician w/ the flow.

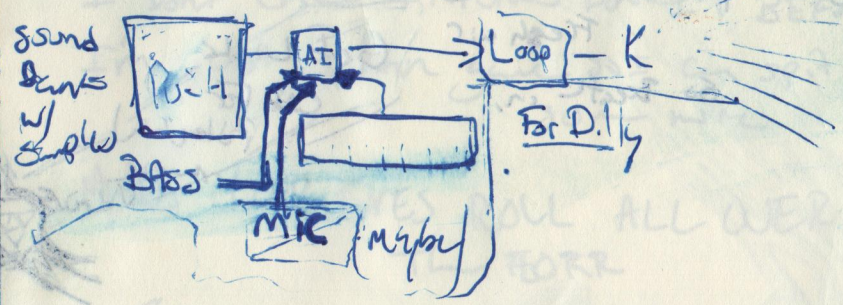
Bacon on the Grill whey
Aroma ~~Smell~~ I Adore
going to eat it cuz I don't be hungry
anymore.

Just Trying be refreshing like a breath of
Fresh air
So Breath in.

Get Links
CAR For
Potential
more
Views

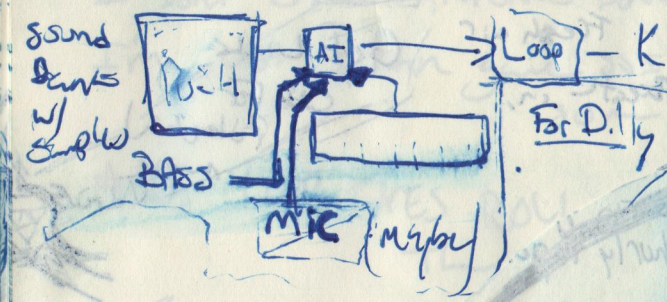


Push IDEA For Live shows



Daily video
Unlikely Entertainment

Push IDEA For Live shows



Daily video
Unintelligible Soundscapes

Willow Wood

The Basement Cafe

The Basement Cafe!

New TAKES

Dreams

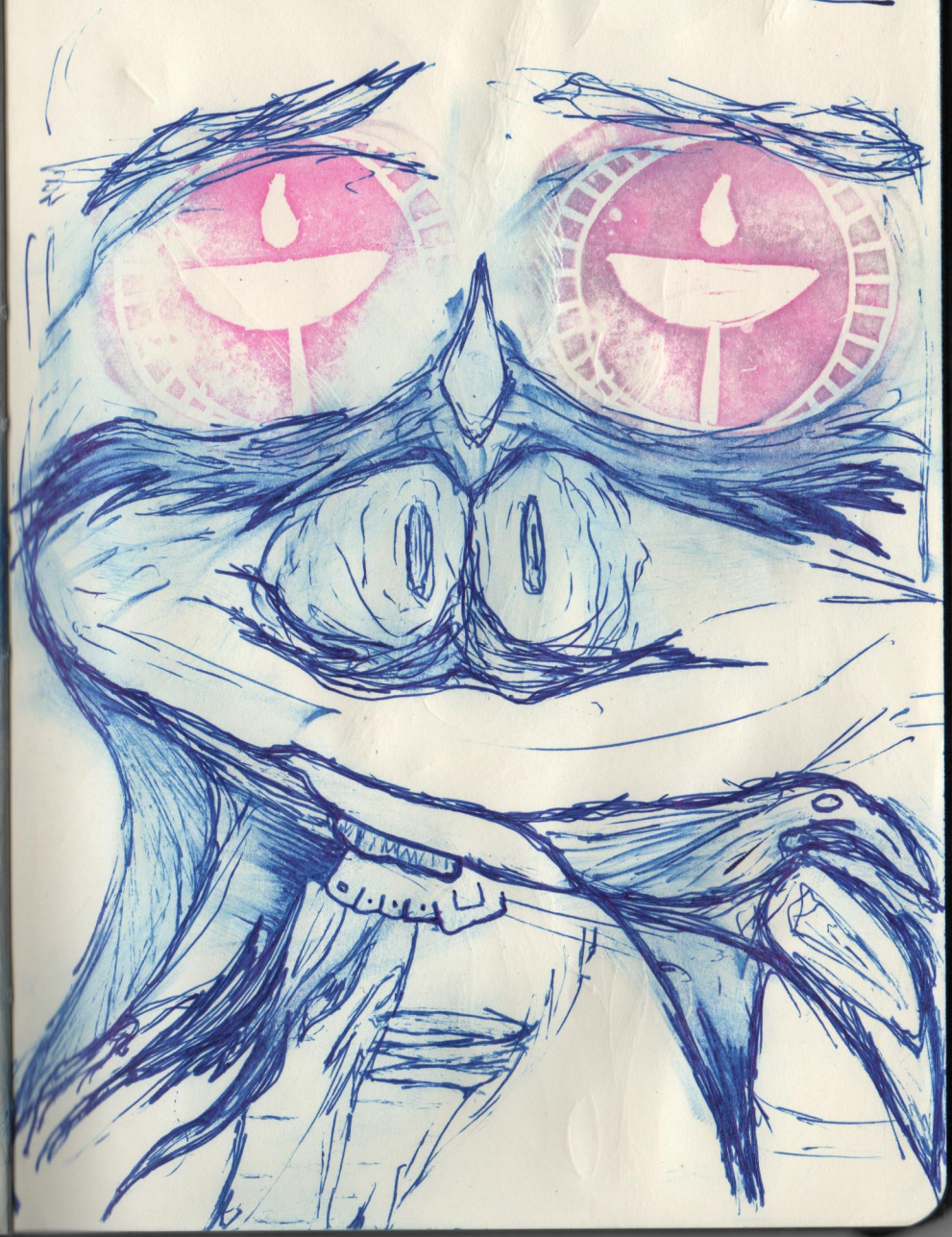
THE Internet:
The place we all Live

Scarcity

Escape

Days

Rotiens

when

Ryan Phil LiAM SHAY IN ON A WALL