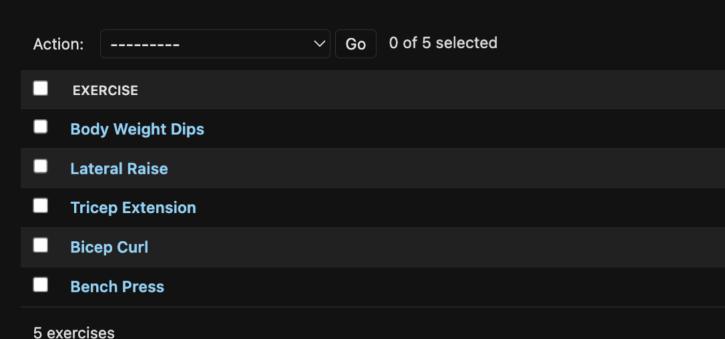
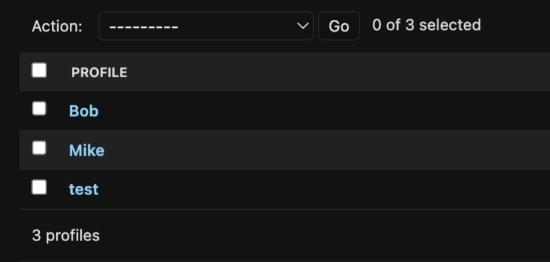
## Select exercise to change



## Select profile to change



## Select workout entry to change

3 workout entrys



2

3

**Lateral Raise** Bob's workout on 2025-04-02

**Bicep Curl** Mike's workout on 2025-04-18

test's workout on 2025-04-18

**Bench Press** 

## Select workout session to change

