Axiom 1. priority, win, championship, dose it contribute to my success? if so, how?

Postulate 1. paying attention to breath and music is the way to calm down

Postulate 2. goal, roadmap, milestone, step

Rules Of Inference 1. fear

Rules Of Inference 2. $seek \ support \ system \ to \ learn \ when \ facing \ the \ new, \ the \ unknown$