



# Gym

Conversation > Intermediate 4



## Exercise 1 – Vocabulary

<b>gym</b>	A building or room that has exercise equipment and is used for sports.
[noun]	<i>Ex: I go to the <b>gym</b> regularly.</i>

<b>trainer</b>	A person who prepares people or animals for an activity or sport.
[noun]	<i>Ex: My gym <b>trainer</b> always helps me to stay fit.</i>

<b>elevator</b>	A machine that carries people up or down between different levels of a building; a lift.
[noun]	<i>Ex: Take the <b>elevator</b> to the top floor.</i>

<b>escalator</b>	Moving stairs that take people from one floor of a building to another.
[noun]	<i>Ex: We took the <b>escalator</b> up to the top floor.</i>

<b>manager</b>	Someone who is in charge of a business or part of a business.
[noun]	<i>Ex: Everybody in the office likes the new <b>manager</b>.</i>



## Exercise 2 – Dialogue

*Choose one character and read the dialogue aloud with your tutor.*

Daria: Excuse me. Where is the gym located in this mall?

Manager: The gym is on the third floor. You can take the elevator or the escalator.

Daria: When does it open, and when does it close?

Manager: It's open seven days a week during the mall's working hours.

Daria: Do they have personal trainers?

Manager: I'm sorry, but they don't have personal trainers.

Daria: I see. Anyway, I can go to the gym later, thank you for your help.

Manager: You're welcome, have a nice day.



## Exercise 3 – Fill in the Blanks

*Choose the correct answers from the answer pool below and fill in the blanks.*

### Answer Pool

gym  
elevator  
trainer  
escalator  
manager

1. It's faster to use the \_\_\_\_\_ than the stairs.
2. She's a new \_\_\_\_\_ at the gym. She helps people stay fit.
3. Most malls have \_\_\_\_\_ for the customers' convenience.
4. I lift weights at the \_\_\_\_\_ three times a week.
5. The \_\_\_\_\_ in our office gets upset if an employee is late.



## Exercise 4 – Role Play

*Take turns with your tutor and act out the scene described below.*

**Scene:** You just met your friend Lisa at the mall, talk about going to the gym. The teacher can be Lisa.



## Exercise 5 – Discussion

*Discuss the following questions with your tutor.*

1. Do you usually go to the gym?
2. If so, how often do you go there?
3. Do you think it's necessary to go to the gym? Why?
4. Do you exercise regularly? How often?
5. Why is exercise important for the body?