



# Sleeping at Work

Conversation > Advanced 7



## Exercise 1 – Vocabulary

<b>go viral</b>	Spread quickly or widely.
[phrase]	<i>Ex: Her dancing cat video <b>went viral</b> on Facebook.</i>

<b>decline</b>	To refuse.
[verb]	<i>Ex: A spokesman for Trump's campaign <b>declined</b> to comment on the issue.</i>

<b>offense</b>	A violation of a moral or social code.
[noun]	<i>Ex: He was convicted of a serious <b>offense</b>.</i>

<b>suspension</b>	A temporary removal of position or privileges.
[noun]	<i>Ex: The player missed the 2016 season due to a drug-related <b>suspension</b>.</i>



<b>forthright</b>	Frank; direct; to the point; honest.
[adjective]	<i>Ex: He was <b>forthright</b> in discussing his feelings for her.</i>

<b>remorseful</b>	Feeling or expressing pain or sorrow for sins or offenses.
[adjective]	<i>Ex: He said his client was deeply <b>remorseful</b> and regretted his actions.</i>

<b>tolerate</b>	To allow the existence, presence, or practice of something or somebody undesirable.
[verb]	<i>Ex: She could not <b>tolerate</b> the shame of losing.</i>



## Exercise 2 – Dialogue

*Choose one character and read the dialogue aloud with your tutor.*

Nathan: Hey, Laura! Don't sleep, wake up!

Laura: Leave me alone, I was just taking a nap.

Nathan: You know sleeping on the job is an offense. You're lucky I woke you up.

Laura: Oh, yeah! Thanks a bunch, Nathan.

Nathan: If someone put a video of you sleep-talking online it would definitely go viral.

Laura: If someone did that, they would get a suspension.



Nathan: No way. If you get in trouble with the boss all you have to do is pretend to be remorseful.

Laura: I don't know if he's going to tolerate that little trick much longer.

Nathan: If I could manipulate the boss, I doubt he would keep declining my application to take a holiday.

Laura: You shouldn't be so forthright about how you manipulate the boss.

Nathan: Maybe you're right. Here, have a cup of coffee, Laura.

Laura: Thanks, Nathan. I'll get back to work now.



## Exercise 3 – Fill in the Blanks

*Choose the correct answers from the answer pool below and fill in the blanks.*

### Answer Pool

went viral

tolerate

offense

forthright

suspension

remorseful

declined

1. The union is protesting about the \_\_\_\_\_ of a restaurant worker.
2. His video \_\_\_\_\_! Even my mother saw it.
3. Driving over the speed limit is considered a minor \_\_\_\_\_.
4. He will become \_\_\_\_\_ once he realizes the problem.
5. Most dogs can \_\_\_\_\_ cold temperatures for a short amount of time.
6. His \_\_\_\_\_ manner can be mistaken for rudeness.
7. The politician \_\_\_\_\_ to answer any of the journalist's questions.



## Exercise 4 – Role Play

*Take turns with your tutor and act out the scene described below.*

**Scene:** You just saw your friend Kate sleeping on the job. Wake her up and talk to her. The teacher can be Kate.



## Exercise 5 – Discussion

*Discuss the following questions with your tutor.*

1. Do you ever feel tired or sleepy while working? What do you do when this happens?
2. Do you think that companies should provide short nap times for their employees? Why or why not?
3. What are you like when you don't get enough sleep?
4. What do you think about people who are fond of sleeping at work?
5. How can not getting enough sleep influence one's health?