



Vegetarianism

Conversation > Intermediate 6



Exercise 1 – Vocabulary

survive	To continue to live.
[verb]	<i>Ex: Fortunately, everyone in the family survived the fire.</i>

nutrient	A substance that people, animals and plants need in order to live and grow.
[noun]	<i>Ex: We get so many nutrients from nuts.</i>

based on	To use particular ideas or facts to make a decision, do a calculation, or develop an idea.
[phrase]	<i>Ex: The doctor's decision was based on the test results.</i>

research	Careful study that is done to discover new information about something.
[noun]	<i>Ex: I have to do some research.</i>



encounter	To experience something unpleasant or difficult.
[verb]	<i>Ex: The soldiers encountered hostile fire.</i>

(be) up for	To be willing to do something.
[phrase]	<i>Ex: We're going to the cinema. Are you up for it?</i>

for a change	Instead of what you usually do or what usually happens.
[phrase]	<i>Ex: Let's do Chinese food tonight for a change.</i>



Exercise 2 – Dialogue

Choose one character and read the dialogue aloud with your tutor.

Nate: Do you want to share a pizza, Dave?

Dave: Sure, but just to let you know, I am a vegetarian.

Nate: A vegetarian? Wow! How many years have you been a vegetarian?

Dave: For about two years, Nate.

Nate: What is your choice based on?

Dave: Well, I truly believe that we can survive without killing other creatures.



Nate: I get it, but doctors say it is difficult to get some important nutrients if you don't eat meat, fish or eggs.

Dave: I disagree. You can get many nutrients from nuts and soybeans.

Nate: Interesting. I should do some more research, just in case I ever encounter this discussion again.

Dave: So how about that pizza? Are you still up for it?

Nate: Sure. I'd be happy to eat vegetarian pizza for a change.

Dave: Okay, I'll order one right now.



Exercise 3 – Fill in the Blanks

Choose the correct answers from the answer pool below and fill in the blanks.

Answer Pool

encounter
for a change
up for
based on
research
nutrients
survives

1. I hope we don't _____ any bad weather during our flight.
2. Are you _____ a glass of beer?
3. This movie is _____ a true story.
4. It is good to eat some salad _____.
5. A healthy diet should provide all your essential _____.
6. Our company spends a lot of money on scientific _____.
7. Even when there is a crisis, our company _____.



Exercise 4 – Role Play

Take turns with your tutor and act out the scene described below.

Scene: You are a vegetarian, and your friend Sara likes to eat meat. Explain why you decided to become a vegetarian to your friend. The teacher can be Sara.



Exercise 5 – Discussion

Discuss the following questions with your tutor.

1. What are your food preferences? Why?
2. What is your opinion about vegetarians?
3. Is it okay to eat meat in front of a vegetarian?
4. Do you think it is possible to maintain good health being a vegetarian?
5. What are the main reasons why people decide to become vegetarians?