



Days and Activities

Conversation > Beginner 1



Exercise 1 – Warm up

DAYS OF THE WEEK		
7 days		
WEEKDAYS 5 days	Monday	Mon.
	Tuesday	Tue.
	Wednesday	Wed.
	Thursday	Thu.
	Friday	Fri.
WEEKEND 2 days	Saturday	Sat.
	Sunday	Sun.

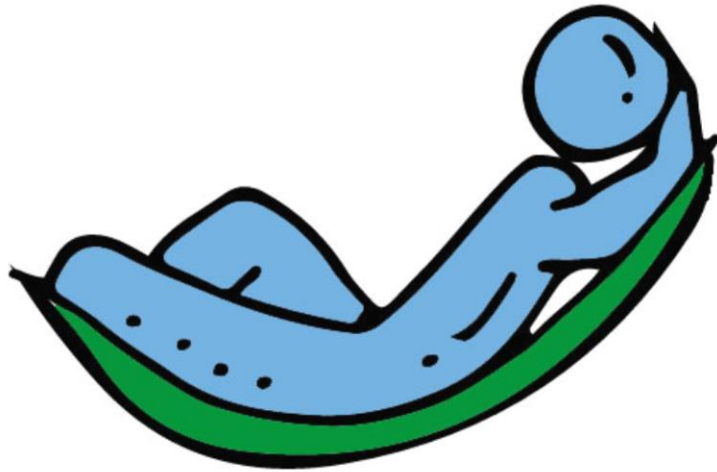
There are 7 days in a week.

There are 5 weekdays (Monday-Friday).

There are 2 weekend days (Saturday and Sunday).

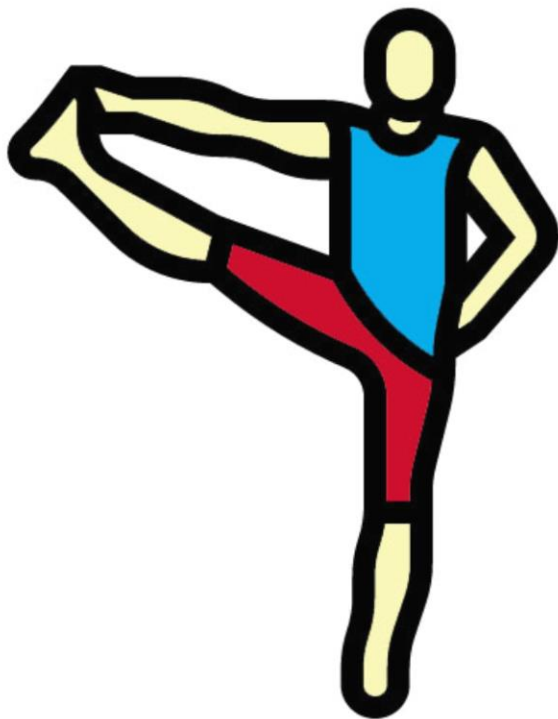


Exercise 2 – Learning



Relax

I relax on weekends.



Exercise

I exercise four times in a week.



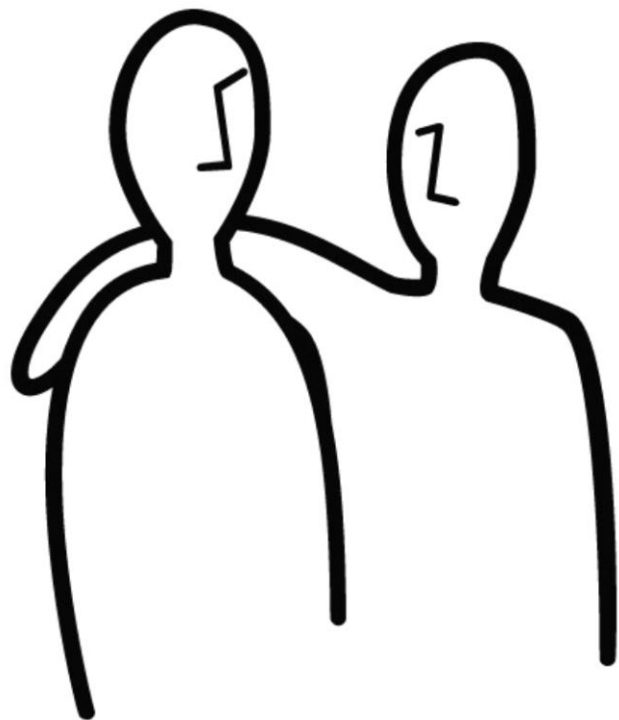
Play sports

I play sports on weekdays.



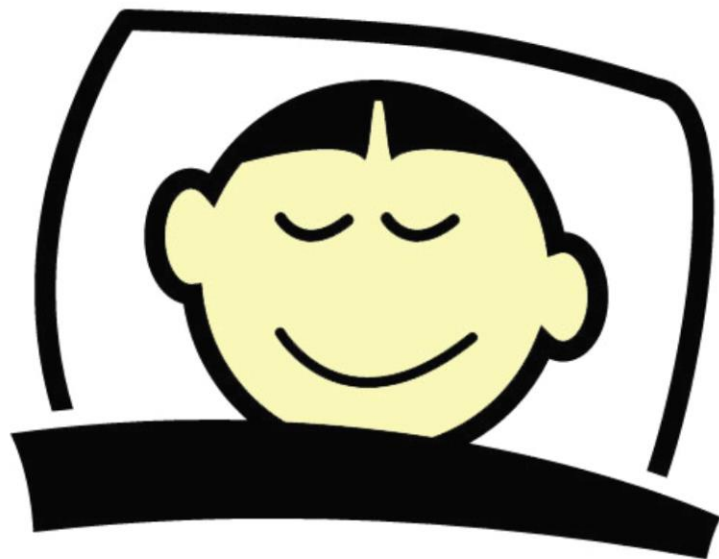
Go shopping

I go shopping on Mondays.



See friends

I see friends on Fridays.



Sleep

I sleep every day.



Exercise 3 – Dialogue

Choose one character and read the dialogue aloud with your tutor.

Peter: Hey, Megan. What do you do on Monday?

Megan: I see friends on Monday. What about you?

Peter: I go shopping with my sister. What do you do on the weekend?

Megan: On Saturday I relax and play sports and on Sunday I sleep all day.

Peter: Oh, very good. Do you exercise?

Megan: Yes, I exercise two times in a week, on Tuesday and Thursday.

Peter: Good, I exercise on weekdays too.

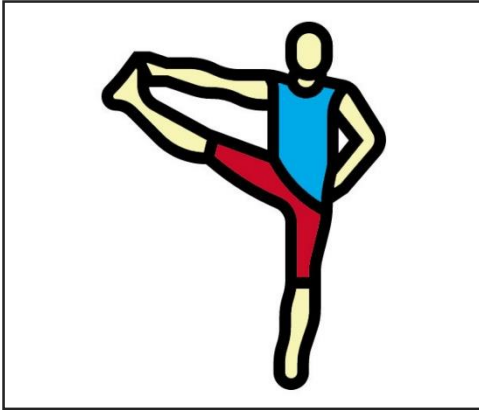
Megan: Great! See you later.



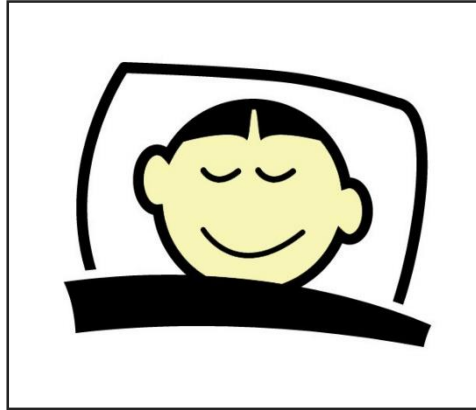
Exercise 4 – Matching

Match the pictures with the correct answers.

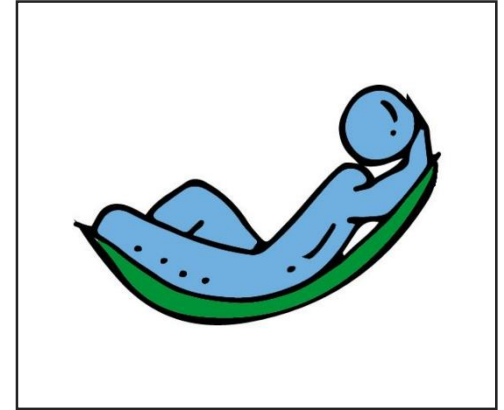
1.



2.



3.



a) sleep

b) exercise

c) relax

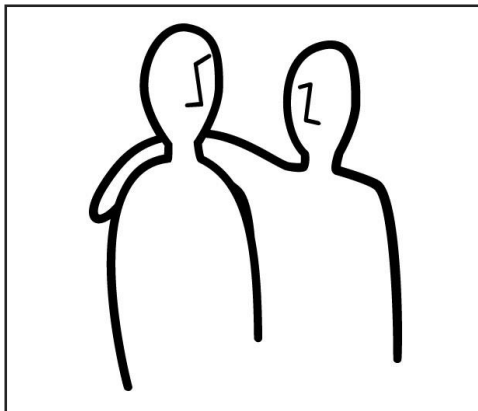


4.



d) play sports

5.



e) go shopping

6.



f) see friends



Exercise 5 – Fill in the Blanks

Choose the correct answers from the answer pool below and fill in the blanks.

Answer Pool

weekend

play

on

go

When

friends

every

1. _____ do you work?
2. I work _____ weekdays, what about you?
3. I don't work. I relax _____ day.
4. Do you _____ sports with your _____?
5. Yes, we do that on the _____.
6. Good! I _____ shopping on Sundays.



Exercise 6 – Multiple Choice

Choose the correct answers to complete the sentences.

1. There are _____ weekdays.

- a) seven
- b) five

2. There are seven _____ in a week.

- a) weekends
- b) days

3. I go to _____ every day.

- a) sports
- b) sleep

4. I go shopping on _____.

- a) Friesday
- b) Friday



5. I work on _____.

- a) Wednesday
- b) Wensday

6. I _____ five times in a week.

- a) exercise
- b) shopping

7. I relax two times in _____ week.

- a) a
- b) an

8. What do you _____ on Thursday?

- a) does
- b) do



Exercise 7 – Ordering

Put the words into the correct order.

Example: I every day sleep. → I sleep every day.

Content:

1. go shopping you When do?
2. play sports Monday I on.
3. Saturday relax and I on Sunday.
4. on Monday don't I sleep.
5. do on What you do Thursday?
6. What like do you day?
7. on Wednesday I don't friends see.
8. you Do on exercise Saturday?