



Courage

Conversation > Intermediate 6



Exercise 1 – Vocabulary

courage	The ability to do things one is frightened of.
[noun]	<i>Ex: Being a bullfighter requires a lot of courage.</i>

hurt	To cause or experience pain.
[verb]	<i>Ex: What my boyfriend said really hurt me.</i>

continue	To keep doing something after a break.
[verb]	<i>Ex: They continued their conversation after lunch.</i>

bruise	A bluish-purple spot on the body caused by an injury.
[noun]	<i>Ex: I have a bruise on my knee.</i>



bandage	A piece of cloth tied around a part of the body that has been injured.
[noun]	<i>Ex: He put a bandage on his cut.</i>

similar	Almost, but not exactly, the same.
[adjective]	<i>Ex: She looks very similar to her mother.</i>

stumble	To hit your foot on something or step badly and almost fall.
[verb]	<i>Ex: He stumbled down the stairs.</i>



Exercise 2 – Dialogue

Choose one character and read the dialogue aloud with your tutor.

Mom: Okay, it's time to get some sleep. Go to bed, Bella!

Bella: Alright, mom. I just have one question; what is courage?

Mom: Courage is when you stumble in front of people, and instead of acting hurt; you stand up and continue.

Bella: Woah! Can I make an example, mom? Please!

Mom: Of course, make sure it's good!



Bella: Okay! Is it like when I fell and got a bruise, and you put a bandage on and I still continued to play?

Mom: Hmm... It is similar, Bella.

Bella: Can you explain further? I don't seem to understand very well.

Mom: Hmm... It's about doing something, even if you find it scary or difficult.

Bella: Oh! I understand now! Thanks, mom. Good night!



Exercise 3 – Fill in the Blanks

Choose the correct answers from the answer pool below and fill in the blanks.

Answer Pool

hurts
continue
courage
stumble
bandage
similar
bruise

1. I still have a _____ on my arm where the ball hit me.
2. Nervousness causes many people to _____ when giving speeches.
3. The training class will _____ tomorrow.
4. I don't have the _____ to ask her out on a date.
5. These buildings are _____ to each other.
6. My right foot _____.
7. The _____ stopped the flow of blood.



Exercise 4 – Role Play

Take turns with your tutor and act out the scene described below.

Scene: You recently saw a superhero movie. Tell your friend Dave about the movie and how courageous the superheroes were. The teacher can be Dave.



Exercise 5 – Discussion

Discuss the following questions with your tutor.

1. Do you consider yourself brave? Why or why not?
2. How do you deal with failure?
3. What are the advantages and disadvantages of being courageous?
4. What is the most courageous thing you have done?
5. Have you ever been hurt trying to help someone else?