



Idioms 13

Vocabulary > Advanced 7



Exercise 1 – Vocabulary

bite the bullet	To accept and endure a painful or unpleasant situation.
[phrase]	<i>Ex: He will have to bite the bullet and live with it.</i>

hear through the grapevine	To hear rumors about something.
[phrase]	<i>Ex: I heard through the grapevine that he was fired yesterday!</i>

add insult to injury	To make a bad situation worse.
[phrase]	<i>Ex: To fire him now would only add insult to injury.</i>

sick and tired	To be annoyed or bored because of doing something (usually unpleasant).
[phrase]	<i>Ex: I am sick and tired of listening to you complain.</i>

plain as day	Very obvious/clear.
[phrase]	<i>Ex: It is plain as day that he's the one who stole her purse.</i>



Exercise 2 – Reading

Read the text aloud with your tutor.

A Family Feud

I **heard through the grapevine** that Sarah got into a big fight with her family. It's **plain as day** that she has never been close to her parents anyway. However, she has always had a good relationship with her older brother. This time, I was shocked to hear that he didn't support her when she got fired from her job. To **add insult to injury**, he actually told her that it was her fault. Sarah was just **sick and tired** of his comments. No wonder she argued with him, the last thing that she needed was someone pointing the finger at her. To make things worse, her parents sided with him, making it harder for Sarah. I guess that she will have to **bite the bullet** and carry on.



Exercise 3 – Fill in the Blanks

Fill in the blanks with the correct idioms.

1. You shouldn't believe everything you _____.
2. _____ and admit that you broke the window.
3. It's _____ that they are dating! Did they really think no one knew?
4. First, the pipe burst and then, to _____, the electricity went off!
5. She just _____ and continued with the business on her own.
6. I'm _____ of airplanes. I wish I didn't have to travel so much for work.
7. I got soaked in the rain and then, to _____, I fell into a puddle.
8. The fact that Megan hates Sam is _____.



Exercise 4 – Sentence Construction

Create sentences using the following idioms.

Example: bite the bullet → She doesn't like doctors, however, she'll just have to bite the bullet and go for a checkup.

Content:

1. bite the bullet
2. hear through the grapevine
3. add insult to injury
4. sick and tired
5. plain as day