



# Idioms 1

Vocabulary > Advanced 7



## Exercise 1 – Vocabulary

<b>have ants in one's pants</b>	To be unable to sit still due to feeling impatient, anxious, or restless.
[phrase]	<i>Ex: Sally <b>had ants in her pants</b> because it was her first appearance on TV.</i>

<b>behind closed doors</b>	In secret or in private; away from the public.
[phrase]	<i>Ex: The restart of nuclear reactors will be negotiated <b>behind closed doors</b>.</i>

<b>deliver the goods</b>	To do or provide what is expected.
[phrase]	<i>Ex: The team's new player failed to <b>deliver the goods</b>.</i>

<b>go the extra mile</b>	To put more effort into something than is typically expected.
[phrase]	<i>Ex: He is always ready to <b>go the extra mile</b> to make sure the job is done well.</i>

<b>in two minds</b>	Unable to make a decision about something.
[phrase]	<i>Ex: She was <b>in two minds</b> about going abroad.</i>



## Exercise 2 – Reading

*Read the text aloud with your tutor.*

### A Friend in Need

Lisa has **ants in her pants** because she needs to deliver a presentation about her project. She's been preparing it for such a long time and she feels anxious. The board will discuss her project **behind closed doors** and will give her the results in two weeks. Because of her anxiety, she's **in two minds** whether she should go or not. Her friend Peter gave her support by saying that she would be able to **deliver the goods**. His calming voice gave Lisa the assurance she needed and he also promised to go with her. Lisa thanked him for the support and for being willing to **go the extra mile** by accompanying her to the interview.



## Exercise 3 – Fill in the Blanks

*Fill in the blanks with the correct idioms.*

1. Non-authorized personnel are not allowed inside. This meeting will take place \_\_\_\_\_.
2. He is still inexperienced, so I don't think he can \_\_\_\_\_.
3. I had \_\_\_\_\_ before I met the president.
4. Don't worry! If you study hard, you'll definitely be able to \_\_\_\_\_.
5. Megan is better than James. She is always ready to \_\_\_\_\_, unlike him.
6. The decision about the new principal was made \_\_\_\_\_.
7. Sheila \_\_\_\_\_ to buy a special gift for her father's birthday last month.
8. If you're \_\_\_\_\_, don't go to the party.



## Exercise 4 – Sentence Construction

*Create sentences using the following idioms.*

**Example:** have ants in one's pants → The young man has ants in his pants because of the interview.

### Content:

1. have ants in one's pants
2. behind closed doors
3. deliver the goods
4. go the extra mile
5. in two minds