

# Enrique Alonso-Perez

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[ORCID](#) | [Google Scholar](#) | [ResearchGate](#) | [Personal website](#)

## Research interests

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Social Determinants of Health Inequalities, Quantitative Intersectionality, Healthy Aging, Biosocial Mechanisms, Sociogenomics, Social Epidemiology of Sleep

## Education

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<b>Ph.D. Candidate</b> , Charité – Universitätsmedizin Berlin Institute of Medical Sociology and Rehabilitation Science Working thesis title: <i>Intersecting family and social determinants of health inequalities in European aging populations: A quantitative intersectionality approach</i> Supervisors: Prof. Dr. Paul Gellert and Prof. Dr. Jan Paul Heisig	09/2022 - Present
<b>M.Sc. Health Economics, Policy and Law</b> , Erasmus Universiteit Rotterdam Erasmus School of Health Policy & Management Specialisation in Quantitative Methods and Health Technology Assessment	08/2016 - 07/2017
<b>Study abroad programme</b> , University of Toronto Dalla Lana School of Public Health B.Sc. Epidemiology minor	01/2016 - 05/2016
<b>B.Sc. Economics</b> , Universitat Pompeu Fabra (Barcelona) Faculty of Economics Specialisation in Quantitative Methods and Public Economics	09/2012 - 07/2016

## Relevant work experience

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<b>Research Assistant</b> , Charité – Universitätsmedizin Berlin Early Career Scientist at the Einstein Center Population Diversity (ECPD)	01/2024 - Present
<b>Research Assistant</b> , Charité – Universitätsmedizin Berlin Co-coordinator of the application for an Einstein Center Population Diversity (ECPD)	05/2021 - 12/2023
<b>Research Assistant</b> , Universitat Pompeu Fabra (Barcelona) Center of Health Economics Research (CRES)	06/2020 - 04/2021
<b>Health Economics Researcher</b> , Catalan Health Service (Barcelona) Department of Pharmaceutical Use, Ministry of Health	10/2017 - 04/2020

## Teaching experience

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Charité – Universitätsmedizin Berlin	07/2022 - Present
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- *Global Health: Health systems and financing* (Undergraduate): SoSe 2022, 2023, 2024
- *Introduction to Scientific Work* (Undergraduate): SoSe 2023, 2024, 2025; WiSe 2023, 2024

- *Questionnaire design* (Undergraduate): SoSe 2024, 2025, WiSe 2024

## Research visits

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University of Oxford, Nuffield College

10/2024 - 11/2024

6 weeks at the Leverhulme Centre for Demographic Science, Department of Population Health (OxPop)

Host: Prof. Dr. Melinda Mills

## Publications and working papers

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### Peer Reviewed Publications

- (13) **Alonso-Perez, E.**, Ding, X., Richter, D., Gellert, P., O'Sullivan, J.L. (2025). Intersectional sleep disparities: multiple social intersections and perceived neighborhood deprivation are associated with sleep disturbance in Europe. *European Journal of Public Health*, ckaf130. <https://doi.org/10.1093/eurpub/ckaf130>
- (12) Ramos, V. J., Kreyenfeld, M., **Alonso-Perez, E.**, Gellert, P., Heisig, J. P., O'Sullivan, J. L. (2025). Fertility Intentions Under Future Caregiving and Employment Uncertainties: Experimental Evidence from Germany. *Population Research and Policy Review*. (accepted)
- (11) Pilz González, L., **Alonso-Perez, E.**, Lehnchen, J., Deptolla, Z., Heumann, E., Tezcan-Güntekin, H., Heinrichs, K., Stock, C. (2025). Mental Health and the Intersection of Perceived Discrimination and Social Inequalities Among Students in Germany – a Quantitative Intersectional Study. *International Journal of Public Health*, 69:1607826. <https://doi.org/10.3389/ijph.2024.1607826>
- (10) O'Sullivan, J. L., **Alonso-Perez, E.**, Färber, F., Fuellen, G., Rudolf, H., Heisig, J. P., Kreyenfeld, M., Gellert, P. (2024). An Intersectional Perspective on Onset of Type 2 Diabetes in Adults aged 50 and older in Europe: A Multilevel Analysis of Individual Heterogeneity and Discriminatory Accuracy. *Diabetology & Metabolic Syndrome*, 16, 291. <https://doi.org/10.1186/s13098-024-01533-3>
- (9) Mümken, S., **Alonso-Perez, E.**, Haeger, C., O'Sullivan, J. L., Xue, Q. L., Herrmann, W., Lech, S., Gellert, P. (2024). Prevention of frailty in relation with social out-of-home activities in older adults: Results from the Survey of Health, Ageing and Retirement in Europe. *European Journal of Ageing*, 21(1), 35. <https://doi.org/10.1007/s10433-024-00829-7>
- (8) Lech, S., Köppe, M., Berger, M., **Alonso-Perez, E.**, Gellert, P., Buspavanich, P., Herrmann, W. (2024). Depressive symptoms among individuals identifying as asexual: a cross-sectional study. *Scientific Reports*, 14(1), 16120. <https://doi.org/10.1038/s41598-024-66900-6>
- (7) Gellert, P., **Alonso-Perez, E.** (2024). Psychological and Biological Pathways to Aging: The Role(s) of the Behavioral and Social Sciences in Geroscience. *Zeitschrift für Gerontologie und Geriatrie*. <https://doi.org/10.1007/s00391-024-02324-1>
- (6) **Alonso-Perez, E.**, Heisig, J. P., Kreyenfeld, M., Gellert, P., O'Sullivan, J. L. (2024). Intersectional inequalities in the transition to grandparenthood and cognitive functioning: A longitudinal Multilevel Analysis of Individual Heterogeneity and Discriminatory Accuracy (MAIHDA). *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences* <https://doi.org/10.1093/geronb/gbae088>
- (5) Färber, F., **Alonso-Perez, E.**, Heidemann, C., C., Du, Y., Stadler, G., Gellert, P., O'Sullivan, J. L. (2024). Intersectional Analysis of Social Disparities in type 2 Diabetes Risk among Adults in Germany: Results from a Nationwide Population-Based Survey. *BMC Public Health*, 24(1), 1-12. <https://doi.org/10.1186/s12889-024-17903-5>
- (4) **Alonso-Perez, E.**, Gellert, P., Kreyenfeld, M., O'Sullivan, J. (2022). Family Structure and Family Climate in Relation to Health and Socioeconomic Status for Older Adults: A Longitudinal Moderated Mediation Analysis.

*International Journal of Environmental Research and Public Health*, 19(18), 11840. <https://doi.org/10.3390/ijerph191811840>

(3) Guarga, L., Gasol, M., Reyes, A., Roig, M., **Alonso-Perez, E.**, Clopés, A., Delgadillo, J. (2022). Implementing Risk-Sharing Arrangements for Innovative Medicines: The Experience in Catalonia (Spain). *Value in Health*, Volume 25, no. 5: 803-809. <https://doi.org/10.1016/j.jval.2021.10.010>

(2) **Alonso-Perez, E.**, Forné, C., Soro, M., Valls, M., Manganelli, A., Valdivielso, J. (2021). Health care costs in patients with and without secondary hyperparathyroidism in Spain. *Advances in Therapy*, 38(10), 5333-5344. <https://doi.org/10.1007/s12325-021-01895-4>

(1) Reyes-Travé, A., Guarga-Solé, L., Roig-Izquierdo, M., **Alonso-Perez, E.**, Clopés-Estela, A., Delgadillo-Duarte, J. (2021). Characterization of the pharmaceutical risk-sharing arrangement process in Catalonia. *PharmacoEconomics*, 39(9), pp.973-982. <https://doi.org/10.1007/s40273-021-01046-1>

#### Submitted & Under Review

**Alonso-Perez, E.**, O'Sullivan, J.L., Fuellen, G., Gellert, P., Rudolf, H. Phenotypic age acceleration through a lens of intersectional inequalities in the German national cohort (NAKO). (*PREPRINT*). <https://doi.org/10.1101/2025.02.26.25322953>

**Alonso-Perez, E.**, O'Sullivan, J. L., Schnitzer, S., Schmitz, A., Brandt, M., Gellert, P. (2024). Who cares first? A MAIHDA analysis of intersectional inequalities in the age of caregiving onset using European longitudinal data. (*PREPRINT*). <https://doi.org/10.21203/rs.3.rs-4718876/v1>

**Alonso-Perez, E.**, Heisig, J.P., Correll, C., Steinhagen-Thiessen, E., Fuellen, G., Rudolf, H., O'Sullivan, J.L., Gellert, P. Is there a compression of morbidity and does it vary across social strata? A comparison of two waves 15 years apart across older European adults.

Wagner, L., Molina, S., **Alonso-Perez, E.**, Kreyenfeld, M. What Differences Does it Make? Parental Relationship Quality and Child Wellbeing in Step- and Nuclear Families. (*PREPRINT*). <https://osf.io/tzdvw>

Molina, S., **Alonso-Perez, E.**, Kreyenfeld, M. Divorce and Mental Health: Analysis at the Intersection of Age, Gender and Income. (R&R)

#### Work in progress

**Alonso-Perez, E.**, Gellert, P. Diverse family types and biomarkers of cardiovascular aging: data from the national cohort in Germany (NAKO). (*Preliminary analyses*)

**Alonso-Perez, E.**, Fasang, A., Gellert, P. Trajectories of family caregiving in Europe: a sequence analysis application. (*Preliminary analyses*)

**Alonso-Perez, E.**, Bertogg, A., Gellert, P. The effect of becoming a family caregiver on cognitive functioning: a matched longitudinal difference-in-differences analysis in Europe. (*First draft available upon request*)

#### Academic conference presentations

2025 Deutsche Gesellschaft für Gerontologie und Geriatrie (DGGG) (Jena, GER), European Public Health Association (Helsinki, FIN), Understanding Cognitive Ageing (Louvain-la-Neuve, BEL)

2024 Leibniz Research Association Workshop on Resilient Ageing (Mainz, GER)

2023 Conference of the European Health Psychology Society (EHPS) (Bremen, GER), Workshop Family Diversity in Ageing Societies (Berlin, GER), SHARE International Users Conference (Berlin, GER)

- 2021 European Health Economics Association - EuHEA PhD conference (online), Spanish Health Economics Association Conference (online)
- 2018 Spanish Health Economics Association Conference (Las Palmas de Gran Canaria, SPA), Workshop on real-world data for pharmacoepidemiology (Barcelona, SPA)

## Grants

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Berlin University Alliance (BUA) Flexible Funds from the Oxford-Berlin Partnership 10/2024 - 11/2024  
Visit to Prof. Dr. Melinda Mills in University of Oxford (**EUR 2,550**)

## Professional activities

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Peer Review: Value in Health, PharmacoEconomics, PlosOne, BMC Public Health, Scientific Reports, BMJ Journal of Epidemiology and Community Health

Memberships: European Society for Health and Medical Sociology (ESHMS), Spanish Health Economics Association (AES), German Society for Gerontology and Geriatrics (DGGG)

## Skills

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Statistical software: Stata (proficient), SPSS (proficient), R (beginner)

Datasets: Survey of Health, Ageing and Retirement in Europe (SHARE), National Cohort Germany (NAKO), German Socio-economic panel (SOEP), Health and Retirement Study (HRS), English Longitudinal Study of Ageing (ELSA)

Languages: Spanish (native), Catalan (native), English (fluent), German (good command – B1), Dutch (basic – A1)

Berlin, June 2025