

# Enrique Alonso-Perez

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[ORCID](#) | [Google Scholar](#) | [ResearchGate](#) | [Personal website](#)

## Research interests

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Social Determinants of Health Inequalities, Quantitative Intersectionality, Healthy Aging, Biosocial Mechanisms, Sociogenomics, Social Epidemiology of Sleep

## Education

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<b>Ph.D. Candidate</b> , Charité – Universitätsmedizin Berlin Institute of Medical Sociology and Rehabilitation Science Working thesis title: <i>Intersectionality in social determinants of health: How is family diversity related to health inequalities?</i> Supervisors: Prof. Dr. Paul Gellert and Prof. Dr. Jan Paul Heisig	09/2022 - Present
<b>M.Sc. Health Economics, Policy and Law</b> , Erasmus Universiteit Rotterdam Erasmus School of Health Policy & Management Specialisation in Quantitative Methods and Health Technology Assessment	08/2016 - 07/2017
<b>Study abroad programme</b> , University of Toronto Dalla Lana School of Public Health B.Sc. Epidemiology minor	01/2016 - 05/2016
<b>B.Sc. Economics</b> , Universitat Pompeu Fabra (Barcelona) Faculty of Economics Specialisation in Quantitative Methods and Public Economics	09/2012 - 07/2016

## Relevant work experience

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<b>Research Assistant</b> , Charité – Universitätsmedizin Berlin Early Career Scientist at the Einstein Center Population Diversity (ECPD)	01/2024 - Present
<b>Research Assistant</b> , Charité – Universitätsmedizin Berlin Co-coordinator of the application for an Einstein Center Population Diversity (ECPD)	05/2021 - 12/2023
<b>Research Assistant</b> , Universitat Pompeu Fabra (Barcelona) Center of Health Economics Research (CRES)	06/2020 - 04/2021
<b>Visiting Health Economics Researcher</b> , Zorginstituut Nederland (Amsterdam)	10/2018 - 11/2018
<b>Health Economics Researcher</b> , Catalan Health Service (Barcelona) Department of Pharmaceutical Use, Ministry of Health	10/2017 - 04/2020

## Teaching experience

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Charité – Universitätsmedizin Berlin	07/2022 - Present
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- *Global Health: Health systems and financing* (Undergraduate): SoSe 2022, 2023, 2024
- *Introduction to Scientific Work* (Undergraduate): SoSe 2023, 2024; WiSe 2023, 2024
- *Questionnaire design* (Undergraduate): SoSe 2024, WiSe 2024

## Research visits

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University of Oxford, Nuffield College

10/2024 - 11/2024

Leverhulme Centre for Demographic Science, Department of Population Health (OxPop)

Host: Prof. Dr. Melinda Mills

## Publications and working papers

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### Peer Reviewed Publications

- (11) Pilz González, L., **Alonso-Perez, E.**, Lehnchen, J., Deptolla, Z., Heumann, E., Tezcan-Güntekin, H., Heinrichs, K., Stock, C. (2025). Mental Health and the Intersection of Perceived Discrimination and Social Inequalities Among Students in Germany – a Quantitative Intersectional Study. *International Journal of Public Health*, 69:1607826. <https://doi.org/10.3389/ijph.2024.1607826>
- (10) O'Sullivan, J. L., **Alonso-Perez, E.**, Färber, F., Fuellen, G., Rudolf, H., Heisig, J. P., Kreyenfeld, M., Gellert, P. (2024). An Intersectional Perspective on Onset of Type 2 Diabetes in Adults aged 50 and older in Europe: A Multilevel Analysis of Individual Heterogeneity and Discriminatory Accuracy. *Diabetology & Metabolic Syndrome*, 16, 291. <https://doi.org/10.1186/s13098-024-01533-3>
- (9) Mümken, S., **Alonso-Perez, E.**, Haeger, C., O'Sullivan, J. L., Xue, Q. L., Herrmann, W., Lech, S., Gellert, P. (2024). Prevention of frailty in relation with social out-of-home activities in older adults: Results from the Survey of Health, Ageing and Retirement in Europe. *European Journal of Ageing*, 21(1), 35. <https://doi.org/10.1007/s10433-024-00829-7>
- (8) Lech, S., Köppe, M., Berger, M., **Alonso-Perez, E.**, Gellert, P., Buspavanich, P., Herrmann, W. (2024). Depressive symptoms among individuals identifying as asexual: a cross-sectional study. *Scientific Reports*, 14(1), 16120. <https://doi.org/10.1038/s41598-024-66900-6>
- (7) Gellert, P., **Alonso-Perez, E.** (2024). Psychological and Biological Pathways to Aging: The Role(s) of the Behavioral and Social Sciences in Geroscience. *Zeitschrift für Gerontologie und Geriatrie*. <https://doi.org/10.1007/s00391-024-02324-1>
- (6) **Alonso-Perez, E.**, Heisig, J. P., Kreyenfeld, M., Gellert, P., O'Sullivan, J. L. (2024). Intersectional inequalities in the transition to grandparenthood and cognitive functioning: A longitudinal Multilevel Analysis of Individual Heterogeneity and Discriminatory Accuracy (MAIHDA). *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences* <https://doi.org/10.1093/geronb/gbae088>
- (5) Färber, F., **Alonso-Perez, E.**, Heidemann, C., C., Du, Y., Stadler, G., Gellert, P., O'Sullivan, J. L. (2024). Intersectional Analysis of Social Disparities in type 2 Diabetes Risk among Adults in Germany: Results from a Nationwide Population-Based Survey. *BMC Public Health*, 24(1), 1-12. <https://doi.org/10.1186/s12889-024-17903-5>
- (4) **Alonso-Perez, E.**, Gellert, P., Kreyenfeld, M., O'Sullivan, J. (2022). Family Structure and Family Climate in Relation to Health and Socioeconomic Status for Older Adults: A Longitudinal Moderated Mediation Analysis. *International Journal of Environmental Research and Public Health*, 19(18), 11840. <https://doi.org/10.3390/ijerph191811840>
- (3) Guarga, L., Gasol, M., Reyes, A., Roig, M., **Alonso-Perez, E.**, Clopés, A., Delgadillo, J. (2022). Implementing Risk-Sharing Arrangements for Innovative Medicines: The Experience in Catalonia (Spain). *Value in Health*, Volume 25, no. 5: 803-809. <https://doi.org/10.1016/j.jval.2021.10.010>

(2) **Alonso-Perez, E.**, Forné, C., Soro, M., Valls, M., Manganelli, A., Valdivielso, J. (2021). Health care costs in patients with and without secondary hyperparathyroidism in Spain. *Advances in Therapy*, 38(10), 5333-5344. <https://doi.org/10.1007/s12325-021-01895-4>

(1) Reyes-Travé, A., Guarga-Solé, L., Roig-Izquierdo, M., **Alonso-Perez, E.**, Clopés-Estela, A., Delgadillo-Duarte, J. (2021). Characterization of the pharmaceutical risk-sharing arrangement process in Catalonia. *PharmacoEconomics*, 39(9), pp.973-982. <https://doi.org/10.1007/s40273-021-01046-1>

#### Submitted & Under Review

**Alonso-Perez, E.**, Ding, X., Richter, D., Gellert, P., O'Sullivan, J.L., Intersectional sleep disparities: multiple social intersections and perceived neighborhood deprivation are associated with sleep disturbance in Europe.

Wagner, L., Molina, S., **Alonso-Perez, E.**, Kreyenfeld, M. What Differences Does it Make? Parental Relationship Quality and Child Wellbeing in Step- and Nuclear Families. (PREPRINT). <https://osf.io/tzdvw>

**Alonso-Perez, E.**, O'Sullivan, J. L., Schnitzer, S., Schmitz, A., Brandt, M., Gellert, P. (2024). Who cares first? A MAIHDA analysis of intersectional inequalities in the age of caregiving onset using European longitudinal data. (PREPRINT). <https://doi.org/10.21203/rs.3.rs-4718876/v1>

Molina, S., **Alonso-Perez, E.**, Kreyenfeld, M. Divorce and Mental Health: Analysis at the Intersection of Age, Gender and Income.

Ramos, V. J., Kreyenfeld, M., **Alonso-Perez, E.**, Gellert, P., Heisig, J. P., O'Sullivan, J. L. Fertility Intentions Under Future Caregiving and Employment Uncertainties: Experimental Evidence from Germany.

#### Non-Peer Reviewed Publications

**Alonso-Perez, E.**, Gellert, P., O'Sullivan, J., Liebig, S., Kreyenfeld, M., McEvoy, O., Ramos, V. et al. (2021). Cognitive Pretest of a Factorial Survey Experiment on Future Narratives and Family Care. Hertie School Repository. <https://doi.org/10.48462/opus4-4174>

**Alonso-Perez, E.**, Pastor, M., Gasol, M., Roig, M., Guarga, L., Delgadillo, J. (2018). "Economic evaluations and budget impact analyses of innovative medicines according to the Catalan Health Service standards: a qualitative assessment. *Value in Health*, Volume 21, Supplement 3, S174. <https://doi.org/10.1016/j.jval.2018.09.1037>

#### Work in progress

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Gellert, P., **Alonso-Perez, E.**, Heisig, J.P., Correll, C, Steinhagen-Thiessen, E., Fuellen, G., Rudolf, H., O'Sullivan, J.L. Is there a compression of morbidity and does it vary across social strata? A comparison of two waves 15 years apart across older European adults (*In preparation for submission*)

**Alonso-Perez, E.**, Fuellen, G., Gellert, P., O'Sullivan, J.L, Rudolf, H. Intersectional inequalities in biological age clocks: a MAIHDA analysis using biomarkers of ageing from the NAKO study in Germany (*First draft finished*)

**Alonso-Perez, E.**, Gellert, P. Diverse family types and biomarkers of cardiovascular aging: data from the national cohort in Germany (NAKO) (*Preliminary analyses*)

#### Academic conference presentations

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2024 Leibniz Research Association Workshop on Resilient Ageing (Mainz)

2023 Conference of the European Health Psychology Society -EHPS- (Bremen), Workshop Family Diversity in Ageing Societies (Berlin), SHARE International Users Conference (Berlin)

- 2021 European Health Economics Association - EuHEA PhD conference (online), Spanish Health Economics Association Conference (online)
- 2018 Spanish Health Economics Association Conference (Las Palmas de Gran Canaria), Workshop on real-world data for pharmacoepidemiology (Barcelona)

## Grants

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Berlin University Alliance (BUA) Flexible Funds from the Oxford-Berlin Partnership 10/2024 - 11/2024  
Visit to Prof. Dr. Melinda Mills in University of Oxford (**EUR 2,550**)

## Professional activities

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Peer Review: Value in Health (2x), PharmacoEconomics(1x), PlosOne (1x), BMC Public Health (1x), Scientific Reports (1x)

Memberships: European Society for Health and Medical Sociology (ESHMS), Spanish Health Economics Association (AES), German Society for Gerontology and Geriatrics (DGGG)

## Skills

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Statistical software: Stata (proficient), SPSS (proficient), R (beginner)

Datasets: Survey of Health, Ageing and Retirement in Europe (SHARE), National Cohort Germany (NAKO), German Socio-economic panel (SOEP), Health and Retirement Study (HRS), English Longitudinal Study of Ageing (ELSA)

Languages: Spanish (native), Catalan (native), English (fluent), German (good command – B1), Dutch (basic – A1)

Berlin, January 2025