

Enrique Alonso-Perez

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[ORCID](#) | [Google Scholar](#) | [ResearchGate](#) | [Personal website](#)

Research interests

Social Determinants of Health Inequalities, Quantitative Intersectionality, Healthy Aging, Biosocial Mechanisms, Sociogenomics, Social Epidemiology of Sleep

Education

Ph.D. Candidate , Charité – Universitätsmedizin Berlin Institute of Medical Sociology and Rehabilitation Science Working thesis title: <i>Intersecting family and social determinants of health inequalities in European aging populations: A quantitative intersectionality approach</i> Supervisors: Prof. Dr. Paul Gellert and Prof. Dr. Jan Paul Heisig	09/2022 - Present
M.Sc. Health Economics, Policy and Law , Erasmus Universiteit Rotterdam Erasmus School of Health Policy & Management Specialisation in Quantitative Methods and Health Technology Assessment	08/2016 - 07/2017
Study abroad programme , University of Toronto B.Sc. Epidemiology minor	01/2016 - 05/2016
B.Sc. Economics , Universitat Pompeu Fabra (Barcelona) Faculty of Economics	09/2012 - 07/2016

Relevant work experience

Research Assistant , Charité – Universitätsmedizin Berlin Early Career Scientist at the Einstein Center Population Diversity (ECPD)	01/2024 - Present
Research Assistant , Charité – Universitätsmedizin Berlin Co-coordinator of the application for an Einstein Center Population Diversity (ECPD)	05/2021 - 12/2023
Research Assistant , Universitat Pompeu Fabra (Barcelona) Center of Health Economics Research (CRES)	06/2020 - 04/2021
Health Economics Researcher , Catalan Health Service (Barcelona) Department of Pharmaceutical Use, Ministry of Health	10/2017 - 04/2020

Teaching experience

Charité – Universitätsmedizin Berlin	07/2022 - Present
<ul style="list-style-type: none">• <i>Global Health: Health systems and financing</i> (Undergraduate): SoSe 2022, 2023, 2024• <i>Introduction to Scientific Work</i> (Undergraduate): SoSe 2023, 2024, 2025; WiSe 2023, 2024, 2025• <i>Questionnaire design</i> (Undergraduate): SoSe 2024, 2025, WiSe 2024, 2025• <i>Globalization and health</i> (Undergraduate): WiSe 2025	

Research visits

University of Oxford, Nuffield College

10/2024 - 11/2024

6 weeks at the Leverhulme Centre for Demographic Science, Department of Population Health (OxPop)

Host: Prof. Dr. Melinda Mills

Publications and working papers

(17) **Alonso-Perez, E.**, O'Sullivan, J. L., Schnitzer, S., Schmitz, A., Brandt, M., Gellert, P. (2026). When to care? A MAIHDA analysis of intersectional inequalities in the age of caregiving onset using European longitudinal data. *Ageing & Society*.

(16) **Alonso-Perez, E.**, Heisig, J.P., Correll, C., Steinhagen-Thiessen, E., Fuellen, G., Rudolf, H., O'Sullivan, J.L., Gellert, P. (2025). Is there a compression of morbidity and does it vary across social strata? A comparison of two waves 15 years apart across older European adults. *Archives of Gerontology and Geriatrics*, 106118. <https://doi.org/10.1016/j.archger.2025.106118>

(15) Wagner, L., Molina, S., **Alonso-Perez, E.**, Kreyenfeld, M. (2025). What difference does it make? Parental relationship quality and child wellbeing in step- and nuclear families. *Genus*, 81, 34. <https://doi.org/10.1186/s41118-025-00269-w>

(14) Molina, S., **Alonso-Perez, E.**, Kreyenfeld, M. (2025). Divorce and Mental Health: Is Late Divorce Particularly Harmful for Women with Low Earnings?. *Social Indicators Research*. <https://doi.org/10.1007/s11205-025-03721-8>

(13) **Alonso-Perez, E.**, Ding, X., Richter, D., Gellert, P., O'Sullivan, J.L. (2025). Intersectional sleep disparities: multiple social intersections and perceived neighborhood deprivation are associated with sleep disturbance in Europe. *European Journal of Public Health*, 35(5), 821-827. <https://doi.org/10.1093/eurpub/ckaf130>

(12) Ramos, V. J., Kreyenfeld, M., **Alonso-Perez, E.**, Gellert, P., Heisig, J. P., O'Sullivan, J. L. (2025). Future Caregiving Responsibilities, Employment Uncertainties, and Expected Childbearing Behavior: Survey Experimental Evidence from Germany. *Population Research and Policy Review*, 44, 48. <https://doi.org/10.1007/s11113-025-09969-9>

(11) Pilz González, L., **Alonso-Perez, E.**, Lehnchen, J., Deptolla, Z., Heumann, E., Tezcan-Güntekin, H., Heinrichs, K., Stock, C. (2025). Mental Health and the Intersection of Perceived Discrimination and Social Inequalities Among Students in Germany – a Quantitative Intersectional Study. *International Journal of Public Health*, 69:1607826. <https://doi.org/10.3389/ijph.2024.1607826>

(10) O'Sullivan, J. L., **Alonso-Perez, E.**, Färber, F., Fuellen, G., Rudolf, H., Heisig, J. P., Kreyenfeld, M., Gellert, P. (2024). An Intersectional Perspective on Onset of Type 2 Diabetes in Adults aged 50 and older in Europe: A Multilevel Analysis of Individual Heterogeneity and Discriminatory Accuracy. *Diabetology & Metabolic Syndrome*, 16, 291. <https://doi.org/10.1186/s13098-024-01533-3>

(9) Mümken, S., **Alonso-Perez, E.**, Haeger, C., O'Sullivan, J. L., Xue, Q. L., Herrmann, W., Lech, S., Gellert, P. (2024). Prevention of frailty in relation with social out-of-home activities in older adults: Results from the Survey of Health, Ageing and Retirement in Europe. *European Journal of Ageing*, 21(1), 35. <https://doi.org/10.1007/s10433-024-00829-7>

(8) Lech, S., Köppe, M., Berger, M., **Alonso-Perez, E.**, Gellert, P., Buspavanich, P., Herrmann, W. (2024). Depressive symptoms among individuals identifying as asexual: a cross-sectional study. *Scientific Reports*, 14(1), 16120. <https://doi.org/10.1038/s41598-024-66900-6>

(7) Gellert, P., **Alonso-Perez, E.** (2024). Psychological and Biological Pathways to Aging: The Role(s) of the Behavioral and Social Sciences in Geroscience. *Zeitschrift für Gerontologie und Geriatrie*. <https://doi.org/10.1007/s00391-024-02324-1>

- (6) **Alonso-Perez, E.**, Heisig, J. P., Kreyenfeld, M., Gellert, P., O'Sullivan, J. L. (2024). Intersectional inequalities in the transition to grandparenthood and cognitive functioning: A longitudinal Multilevel Analysis of Individual Heterogeneity and Discriminatory Accuracy (MAIHDA). *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences* <https://doi.org/10.1093/geronb/gbae088>
- (5) Färber, F., **Alonso-Perez, E.**, Heidemann, C., C., Du, Y., Stadler, G., Gellert, P., O'Sullivan, J. L. (2024). Intersectional Analysis of Social Disparities in type 2 Diabetes Risk among Adults in Germany: Results from a Nationwide Population-Based Survey. *BMC Public Health*, 24(1), 1-12. <https://doi.org/10.1186/s12889-024-17903-5>
- (4) **Alonso-Perez, E.**, Gellert, P., Kreyenfeld, M., O'Sullivan, J. (2022). Family Structure and Family Climate in Relation to Health and Socioeconomic Status for Older Adults: A Longitudinal Moderated Mediation Analysis. *International Journal of Environmental Research and Public Health*, 19(18), 11840. <https://doi.org/10.3390/ijerph191811840>
- (3) Guarga, L., Gasol, M., Reyes, A., Roig, M., **Alonso-Perez, E.**, Clopés, A., Delgadillo, J. (2022). Implementing Risk-Sharing Arrangements for Innovative Medicines: The Experience in Catalonia (Spain). *Value in Health*, Volume 25, no. 5: 803-809. <https://doi.org/10.1016/j.jval.2021.10.010>
- (2) **Alonso-Perez, E.**, Forné, C., Soro, M., Valls, M., Manganelli, A., Valdivielso, J. (2021). Health care costs in patients with and without secondary hyperparathyroidism in Spain. *Advances in Therapy*, 38(10), 5333-5344. <https://doi.org/10.1007/s12325-021-01895-4>
- (1) Reyes-Travé, A., Guarga-Solé, L., Roig-Izquierdo, M., **Alonso-Perez, E.**, Clopés-Estela, A., Delgadillo-Duarte, J. (2021). Characterization of the pharmaceutical risk-sharing arrangement process in Catalonia. *PharmacoEconomics*, 39(9), pp.973-982. <https://doi.org/10.1007/s40273-021-01046-1>

Submitted & Under Review

Alonso-Perez, E., O'Sullivan, J.L., Fuellen, G., Gellert, P., Rudolf, H. Phenotypic age acceleration through a lens of intersectional inequalities in the German national cohort (NAKO). (PREPRINT). <https://doi.org/10.1101/2025.02.26.25322953>

Pilz González, L., Wenig, V., Lehnchen, J., **Alonso-Perez, E.**, Burian, J., Deptolla, Z., Heinrichs, K., Stock, C. Discrimination, loneliness, and academic achievement among university students in Germany: Results from the cross-sectional StudiBiFra study.

Work in progress

Alonso-Perez, E., Schmauk, S., Kreyenfeld, M., Gellert, P. Diverse family types and biomarkers of cardiovascular aging. (Preliminary analyses)

Alonso-Perez, E., Bertogg, A., Gellert, P. The effect of becoming a family caregiver on cognitive functioning: a matched longitudinal difference-in-differences analysis in Europe. (First draft available upon request)

Alonso-Perez, E., Bister, L., Peroz, F., Heisig, J., Correll, C. Family as a social determinant of multimorbidity: an umbrella review of systematic reviews. (Preliminary analyses)

Bister, L., **Alonso-Perez, E.**, Peroz, F., Correll, C., Heisig, J. Intergenerational Family Structure and Older Adults' Multimorbidity in Europe. (Finalisation of first draft)

Güneyli, A., **Alonso-Perez, E.**, Fasang, E. Sandwiched caregivers: How do parents of young children divide care when additional informal care needs arise? Evidence from Germany. (First draft available upon request)

Academic conference presentations

- 2025 Deutsche Gesellschaft für Gerontologie und Geriatrie (Jena, GER), European Public Health Conference (Helsinki, FIN), Understanding Cognitive Ageing Workshop (Louvain-la-Neuve, BEL)
- 2024 Leibniz Research Association Workshop on Resilient Ageing (Mainz, GER)
- 2023 Conference of the European Health Psychology Society (EHPS) (Bremen, GER), Workshop Family Diversity in Ageing Societies (Berlin, GER), SHARE International Users Conference (Berlin, GER)
- 2021 European Health Economics Association - EuHEA PhD conference (online), Spanish Health Economics Association Conference (online)
- 2018 Spanish Health Economics Association Conference (Las Palmas de Gran Canaria, SPA), SIDIAP Workshop on real-world data for pharmacoepidemiology (Barcelona, SPA)

Grants

Berlin University Alliance (BUA) Flexible Funds from the Oxford-Berlin Partnership 10/2024 - 11/2024
Visit to Prof. Dr. Melinda Mills in University of Oxford (**EUR 2,550**)

Professional activities

Peer Review: Social Science & Medicine, Journal of Epidemiology and Community Health, Alzheimer's & Dementia, BJPsych Open, Nature Communications Medicine, Value in Health, PharmacoEconomics, PlosOne, BMC Public Health, Scientific Reports

Memberships: European Society for Health and Medical Sociology (ESHMS), German Society for Gerontology and Geriatrics (DGGG), European Public Health Association (EUPHA)

Skills

Statistical software: Stata (proficient), SPSS (proficient), R (basic)

Datasets: Survey of Health, Ageing and Retirement in Europe (SHARE), National Cohort Germany (NAKO), German Socio-economic panel (SOEP), Health and Retirement Study (HRS), English Longitudinal Study of Ageing (ELSA)

Languages: Spanish (native), Catalan (native), English (fluent), German (good command – B1), Dutch (basic – A1)

Berlin, January 2026