

Enrique Alonso-Perez

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[ORCID](#) | [Google Scholar](#) | [ResearchGate](#) | [Personal website](#)

Research interests

Social Determinants of Health Inequalities, Quantitative Intersectionality, Healthy Aging, Biosocial Mechanisms, Sociogenomics, Social Epidemiology of Sleep

Education

Ph.D. Candidate , Charité – Universitätsmedizin Berlin Institute of Medical Sociology and Rehabilitation Science Working thesis title: <i>Intersecting family and social determinants of health inequalities in European aging populations: A quantitative intersectionality approach</i> Supervisors: Prof. Dr. Paul Gellert and Prof. Dr. Jan Paul Heisig	09/2022 - Present
M.Sc. Health Economics, Policy and Law , Erasmus Universiteit Rotterdam Erasmus School of Health Policy & Management Specialisation in Quantitative Methods and Health Technology Assessment	08/2016 - 07/2017
Study abroad programme , University of Toronto B.Sc. Epidemiology minor	01/2016 - 05/2016
B.Sc. Economics , Universitat Pompeu Fabra (Barcelona) Faculty of Economics	09/2012 - 07/2016

Relevant work experience

Research Assistant , Charité – Universitätsmedizin Berlin Early Career Scientist at the Einstein Center Population Diversity (ECPD)	01/2024 - Present
Research Assistant , Charité – Universitätsmedizin Berlin Co-coordinator of the application for an Einstein Center Population Diversity (ECPD)	05/2021 - 12/2023
Research Assistant , Universitat Pompeu Fabra (Barcelona) Center of Health Economics Research (CRES)	06/2020 - 04/2021
Health Economics Researcher , Catalan Health Service (Barcelona) Department of Pharmaceutical Use, Ministry of Health	10/2017 - 04/2020

Teaching experience

Charité – Universitätsmedizin Berlin 07/2022 - Present

- *Global Health: Health systems and financing* (Undergraduate): SoSe 2022, 2023, 2024
- *Introduction to Scientific Work* (Undergraduate): SoSe 2023, 2024, 2025; WiSe 2023, 2024, 2025
- *Questionnaire design* (Undergraduate): SoSe 2024, 2025, WiSe 2024, 2025
- *Globalization and health* (Undergraduate): WiSe 2025

Research visits

University of Oxford, Nuffield College

10/2024 - 11/2024

6 weeks at the Leverhulme Centre for Demographic Science, Department of Population Health (OxPop)

Host: Prof. Dr. Melinda Mills

Publications and working papers

(17) **Alonso-Perez, E.**, O'Sullivan, J. L., Schnitzer, S., Schmitz, A., Brandt, M., Gellert, P. (2026). When to care? A MAIHDA analysis of intersectional inequalities in the age of caregiving onset using European longitudinal data. *Ageing & Society*.

(16) **Alonso-Perez, E.**, Heisig, J.P., Correll, C., Steinhagen-Thiessen, E., Fuellen, G., Rudolf, H., O'Sullivan, J.L., Gellert, P. (2025). Is there a compression of morbidity and does it vary across social strata? A comparison of two waves 15 years apart across older European adults. *Archives of Gerontology and Geriatrics*, 106118. <https://doi.org/10.1016/j.archger.2025.106118>

(15) Wagner, L., Molina, S., **Alonso-Perez, E.**, Kreyenfeld, M. (2025). What difference does it make? Parental relationship quality and child wellbeing in step- and nuclear families. *Genus*, 81, 34. <https://doi.org/10.1186/s41118-025-00269-w>

(14) Molina, S., **Alonso-Perez, E.**, Kreyenfeld, M. (2025). Divorce and Mental Health: Is Late Divorce Particularly Harmful for Women with Low Earnings?. *Social Indicators Research*. <https://doi.org/10.1007/s11205-025-03721-8>

(13) **Alonso-Perez, E.**, Ding, X., Richter, D., Gellert, P., O'Sullivan, J.L. (2025). Intersectional sleep disparities: multiple social intersections and perceived neighborhood deprivation are associated with sleep disturbance in Europe. *European Journal of Public Health*, 35(5), 821-827. <https://doi.org/10.1093/eurpub/ckaf130>

(12) Ramos, V. J., Kreyenfeld, M., **Alonso-Perez, E.**, Gellert, P., Heisig, J. P., O'Sullivan, J. L. (2025). Future Caregiving Responsibilities, Employment Uncertainties, and Expected Childbearing Behavior: Survey Experimental Evidence from Germany. *Population Research and Policy Review*, 44, 48. <https://doi.org/10.1007/s11113-025-09969-9>

(11) Pilz González, L., **Alonso-Perez, E.**, Lehnchen, J., Deptolla, Z., Heumann, E., Tezcan-Güntekin, H., Heinrichs, K., Stock, C. (2025). Mental Health and the Intersection of Perceived Discrimination and Social Inequalities Among Students in Germany – a Quantitative Intersectional Study. *International Journal of Public Health*, 69:1607826. <https://doi.org/10.3389/ijph.2024.1607826>

(10) O'Sullivan, J. L., **Alonso-Perez, E.**, Färber, F., Fuellen, G., Rudolf, H., Heisig, J. P., Kreyenfeld, M., Gellert, P. (2024). An Intersectional Perspective on Onset of Type 2 Diabetes in Adults aged 50 and older in Europe: A Multilevel Analysis of Individual Heterogeneity and Discriminatory Accuracy. *Diabetology & Metabolic Syndrome*, 16, 291. <https://doi.org/10.1186/s13098-024-01533-3>

(9) Mümken, S., **Alonso-Perez, E.**, Haeger, C., O'Sullivan, J. L., Xue, Q. L., Herrmann, W., Lech, S., Gellert, P. (2024). Prevention of frailty in relation with social out-of-home activities in older adults: Results from the Survey of Health, Ageing and Retirement in Europe. *European Journal of Ageing*, 21(1), 35. <https://doi.org/10.1007/s10433-024-00829-7>

(8) Lech, S., Köppe, M., Berger, M., **Alonso-Perez, E.**, Gellert, P., Buspavanich, P., Herrmann, W. (2024). Depressive symptoms among individuals identifying as asexual: a cross-sectional study. *Scientific Reports*, 14(1), 16120. <https://doi.org/10.1038/s41598-024-66900-6>

(7) Gellert, P., **Alonso-Perez, E.** (2024). Psychological and Biological Pathways to Aging: The Role(s) of the Behavioral and Social Sciences in Geroscience. *Zeitschrift für Gerontologie und Geriatrie*. <https://doi.org/10.1007/s00391-024-02324-1>

- (6) Alonso-Perez, E., Heisig, J. P., Kreyenfeld, M., Gellert, P., O'Sullivan, J. L. (2024). Intersectional inequalities in the transition to grandparenthood and cognitive functioning: A longitudinal Multilevel Analysis of Individual Heterogeneity and Discriminatory Accuracy (MAIHDA). *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences* <https://doi.org/10.1093/geronb/gbae088>
- (5) Färber, F., Alonso-Perez, E., Heidemann, C., C., Du, Y., Stadler, G., Gellert, P., O'Sullivan, J. L. (2024). Intersectional Analysis of Social Disparities in type 2 Diabetes Risk among Adults in Germany: Results from a Nationwide Population-Based Survey. *BMC Public Health*, 24(1), 1-12. <https://doi.org/10.1186/s12889-024-17903-5>
- (4) Alonso-Perez, E., Gellert, P., Kreyenfeld, M., O'Sullivan, J. (2022). Family Structure and Family Climate in Relation to Health and Socioeconomic Status for Older Adults: A Longitudinal Moderated Mediation Analysis. *International Journal of Environmental Research and Public Health*, 19(18), 11840. <https://doi.org/10.3390/ijerph191811840>
- (3) Guarga, L., Gasol, M., Reyes, A., Roig, M., Alonso-Perez, E., Clopés, A., Delgadillo, J. (2022). Implementing Risk-Sharing Arrangements for Innovative Medicines: The Experience in Catalonia (Spain). *Value in Health*, Volume 25, no. 5: 803-809. <https://doi.org/10.1016/j.jval.2021.10.010>
- (2) Alonso-Perez, E., Forné, C., Soro, M., Valls, M., Manganelli, A., Valdivielso, J. (2021). Health care costs in patients with and without secondary hyperparathyroidism in Spain. *Advances in Therapy*, 38(10), 5333-5344. <https://doi.org/10.1007/s12325-021-01895-4>
- (1) Reyes-Travé, A., Guarga-Solé, L., Roig-Izquierdo, M., Alonso-Perez, E., Clopés-Estela, A., Delgadillo-Duarte, J. (2021). Characterization of the pharmaceutical risk-sharing arrangement process in Catalonia. *PharmacoEconomics*, 39(9), pp.973-982. <https://doi.org/10.1007/s40273-021-01046-1>

Submitted & Under Review

Alonso-Perez, E., O'Sullivan, J.L, Fuellen, G., Gellert, P., Rudolf, H. Phenotypic age acceleration through a lens of intersectional inequalities in the German national cohort (NAKO). (PREPRINT). <https://doi.org/10.1101/2025.02.26.25322953>

Pilz González, L., Wenig, V., Lehnchen, J., Alonso-Perez, E., Burian, J., Deptolla, Z., Heinrichs, K., Stock, C. Discrimination, loneliness, and academic achievement among university students in Germany: Results from the cross-sectional StudiBiFra study.

Work in progress

Alonso-Perez, E., Schmauk, S., Kreyenfeld, M., Gellert, P. Diverse family types and biomarkers of cardiovascular aging. (Preliminary analyses)

Alonso-Perez, E., Bertogg, A., Gellert, P. The effect of becoming a family caregiver on cognitive functioning: a matched longitudinal difference-in-differences analysis in Europe. (First draft available upon request)

Alonso-Perez, E., Bister, L., Peroz, F., Heisig, J., Correll, C. Family as a social determinant of multimorbidity: an umbrella review of systematic reviews. (Preliminary analyses)

Bister, L., Alonso-Perez, E., Peroz, F., Correll, C., Heisig, J. Intergenerational Family Structure and Older Adults' Multimorbidity in Europe. (Finalisation of first draft)

Güneyli, A., Alonso-Perez, E., Fasang, E. Sandwiched caregivers: How do parents of young children divide care when additional informal care needs arise? Evidence from Germany. (First draft available upon request)

Academic conference presentations

- 2025 Deutsche Gesellschaft für Gerontologie und Geriatrie (Jena, GER), European Public Health Conference (Helsinki, FIN), Understanding Cognitive Ageing Workshop (Louvain-la-Neuve, BEL)

2024 Leibniz Research Association Workshop on Resilient Ageing (Mainz, GER)

2023 Conference of the European Health Psychology Society (EHPS) (Bremen, GER), Workshop Family Diversity in Ageing Societies (Berlin, GER), SHARE International Users Conference (Berlin, GER)

2021 European Health Economics Association - EuHEA PhD conference (online), Spanish Health Economics Association Conference (online)

2018 Spanish Health Economics Association Conference (Las Palmas de Gran Canaria, SPA), SIDIAP Workshop on real-world data for pharmacoepidemiology (Barcelona, SPA)

Grants

Berlin University Alliance (BUA) Flexible Funds from the Oxford-Berlin Partnership 10/2024 - 11/2024
Visit to Prof. Dr. Melinda Mills in University of Oxford (**EUR 2,550**)

Professional activities

Peer Review: Social Science & Medicine, Journal of Epidemiology and Community Health, Alzheimer's & Dementia, BJPsych Open, Nature Communications Medicine, Value in Health, PharmacoEconomics, PlosOne, BMC Public Health, Scientific Reports

Memberships: European Society for Health and Medical Sociology (ESHMS), German Society for Gerontology and Geriatrics (DGGS), European Public Health Association (EUPHA)

Skills

Statistical software: Stata (proficient), SPSS (proficient), R (basic)

Datasets: Survey of Health, Ageing and Retirement in Europe (SHARE), National Cohort Germany (NAKO), German Socio-economic panel (SOEP), Health and Retirement Study (HRS), English Longitudinal Study of Ageing (ELSA)

Languages: Spanish (native), Catalan (native), English (fluent), German (good command – B1), Dutch (basic – A1)

Berlin, January 2026