

Answer the questions based on the text correctly.



My name is Ali. I am ten years old. My mother always cooks healthy foods for me and my family. There is always vegetables in every meal. I like carrot very much. We usually eat rice, but sometimes we eat bread or some kinds of roots like cassava and sweet potato. For the side dish, we usually eat fish, poultry, or meat. I love fish very much. Those healthy foods are very nutritious. That is why they are good for our body.

Every morning, we do exercise together for about ten minutes. Every Sunday, we do exercise outside. We take a walk not too far from home for about thirty minutes. I love walking outside with my family. Doing exercise routinely is a good habit and can keep our body healthy.

Questions:

1. What vegetable does Ali like?

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2. What do Ali and his family eat when they do not eat rice?

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3. What kinds of food that Ali and his family eat for the side dish?

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4. What side dish does Ali like?

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5. Does doing exercise routinely keep our body healthy?

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