

### Goals for the 4th quarter

Setting goals is one thing and making sure you accomplish them is another. I believe that goals are good for me because it helps me keep track of what I need to be doing, also having a goal in mind can help me set or make a list on the things I need to be doing so I can achieve it, with that I feel like it can benefit me and make my life easier if I have something set to look forward to.

To be more specific, my first goal is to get all my assignments done this quarter. I know that if I get all my assignments done it will benefit me by getting good grades, if I do this I wouldn't have to worry about all the assignments that need to be done or that are missing. For example, math. I've struggled to do my work in math last quarter because half of the time I don't understand it, so in order to change that I will keep track of all my math assignments and get them done by the due date and also ask for help when needed so I don't stay behind on my math work. I will also try to not procrastinate and focus on getting my assignments completed. For instance, when it comes to my Spanish work I forget to turn it in or push it to the last minute to finish it. I want to improve that by trying to push myself into finishing my work before the due date and not a day before. To finish this off, getting my assignments done is my first goal for the 4th quarter.

Another goal is to use my time wisely. If I use my time wisely instead of wasting it on meaningless things like being on my phone, I feel like I would get a bunch of time to myself instead of worrying about getting my chores done and doing them properly due to the amount of time I have. For example, I will be able to get all my chores done in time and still have plenty of time for myself by doing the things I love. To achieve this I will try to manage my time by not using my phone much and try to focus on doing the tasks that I need to do instead. An example is, I spend so much time on my phone that I don't realize how much time I've been wasting till I've noticed how much time passes when I'm on it. Which is why this is my second goal for this 4th quarter.

Lastly, my last goal is, I will try to create as much art that I can. I feel like this will help me because when I create or draw it helps me calm down and reduce my anxiety. Everytime I feel anxious or overwhelmed I try to draw and it helps. For instance, there have been times when I've been feeling very overwhelmed and I can't stop thinking about the problems around me that I turn to art in order to help me feel more calmer and it has worked for me. I also enjoy doing it and I would like to see improvement in my drawings by doing it at least everyday. To do this I will try to have time for myself so I could focus on creating or drawing each day. So, this is why it's my last goal that I've set for myself in my 4th quarter.

To wrap this up, I do believe that goals are good to have and set so you could improve as a person and your life as well which is why I set these three goals for myself this quarter so they can help me finish off this school year strong and make my personal life easier as well not just in school.