

The Individual, Society, and Life's Meaning

The main focus in our lives should really be ourselves, and not in a selfish way but in a way where we understand ourselves enough to understand others, love ourselves enough to love others, set boundaries for ourselves enough to respect others, listen to ourselves our needs, care for ourselves so we could do that for others. There are many different ways you could be true to yourself and it could benefit you and your life in many ways. There are moments though when you need to stop and reflect on our lives, like when making a big decision, thinking about the ways it would or have affected you and how it could change or when you're going through a hard time. Stop and think back at how much you have accomplished and how much you're truly capable of. We are all here for many purposes, could be small, could be big. We all serve a purpose on here, we all changed the world in someway, for example our lives and us just being us has made an impact on people around us even if it doesn't feel like it, we all have made positive impacts on the people around us even if the end it doesn't feel like it. We are all here to learn many lessons of life and things don't all happen the way they do at times, things may seem complicated to understand and hard to take in and for that we shouldn't blame ourselves. Life is all about learning and experiencing, it could both be a blessing and a curse to experience life but that doesn't mean that there is no purpose for you, you have one.

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