

Criterion B - Record of Tasks (excerpt)

Task | Date | Description | Time (h) | Outcome | Criterion

T1	05 Feb	Interview client, capture workflow pains and list success criteria draft	1.0	Transcript + emailed copy	A
T2	06 Feb	Analyze gear constraints, build exercise dataset template	1.5	Populated 'data/exercises.json' A	B
T3	07 Feb	Design class diagram + storage approach, review with client	1.0	Approved design overview	B
T4	08 Feb	Implement dataclasses and datastore helpers with JSON read/write	2.0	Working persistence layer	C
T5	09 Feb	Implement generator functions ('_filter_exercises', '_pick_best', '_format_exercise')	3.0	Algorithmic logic	C
T6	10 Feb	Build CLI menu + profile prompts + plan printing	2.0	End-to-end demo via terminal	C
T7	11 Feb	Test edge cases, verify JSON persistence, tweak scoring weights	1.5	Updated GOAL_REPS +	C
T8	12 Feb	Install script on client's Chromebook, walk through workflow, gather sign-off	1.0	Client training complete	C
T9	13 Feb	Collect final feedback + recommendations, draft evaluation	1.0	Evaluation + appendix summaries	C

Future entries will capture any maintenance beyond the IA submission.