

Criterion B - Record of Tasks (excerpt)

Task | Date | Description | Time (h) | Outcome | Criterion

T1 | 05 Feb | Interview client, capture workflow pains and list success criteria draft | 1.0 | Transcript + emailed c
T2 | 06 Feb | Analyze gear constraints, build exercise dataset template | 1.5 | Populated 'data/exercises.json' | A
T3 | 07 Feb | Design class diagram + storage approach, review with client | 1.0 | Approved design overview | B
T4 | 08 Feb | Implement dataclasses and datastore helpers with JSON read/write | 2.0 | Working persistence lay
T5 | 09 Feb | Implement generator functions ('_filter_exercises', '_pick_best', '_format_exercise') | 3.0 | Algorith
T6 | 10 Feb | Build CLI menu + profile prompts + plan printing | 2.0 | End-to-end demo via terminal | C
T7 | 11 Feb | Test edge cases, verify JSON persistence, tweak scoring weights | 1.5 | Updated GOAL_REPS +
T8 | 12 Feb | Install script on client's Chromebook, walk through workflow, gather sign-off | 1.0 | Client training o
T9 | 13 Feb | Collect final feedback + recommendations, draft evaluation | 1.0 | Evaluation + appendix summarie

Future entries will capture any maintenance beyond the IA submission.