	Cincinnati Fire Department Fire Training Supplement DRILL BOOK	SECTION #7 RAT Skills & Evolutions
Date: January 2006	TOPIC TITLE:	Total # of Pages: 3
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**TOPIC #13: CONFINED SPACE - ONE FIRE FIGHTER RESCUE -
DENVER DRILL**

This drill uses one man, with the victim head toward the window:

- Rescuer:
 1. Climb through window and over the downed firefighter to the bottom or leg end.
 2. His first responsibility is to roll the victim on his back.
 3. Reset PASS, check for air by cracking face piece seal.
 4. Call mayday giving location, removal plan, and victim name.
 5. Rescuer must now place the victim in a seated position; this can be accomplished by pulling the victims' arms till the victim is up and in a seated position.


- Moving victim to window:
 1. Rescuer straddles the victim.
 2. Grab the top of the SCBA straps near the mask bracket.
 3. Lift and scoot the victim until his back and tank are against the wall.



- Preparing to lift:



1. Bend over and grab victims' legs at the knee.
2. Pull up till legs are bent all the way in.
3. Pin one foot with rescuers' foot. (it doesn't matter which foot)
4. Place the rescuers other foot in the victims' crotch.
5. Bend over and tighten the victims' harness straps.
6. Grab the victims' SCBA straps at the top near the mask bracket.

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- The lift:



1. Rock back using the rescuers' weight to help pull the victim off the floor.
2. The victim will pivot on the pinned foot.
3. As the victim reaches the top of the lift, step in with your non-pining foot and drive the victim back to the windowsill.
4. Keep the rescuers leg between the victims' legs as you move them toward the window. If the victim doesn't make it all the way to the sill the rescuers knee will stop the victim from falling all the

way to the ground.

- A second rescuer is now needed from the outside, at the windowsill, R 2 should hold the victim while R 1 preps for the final move.
 1. R 2 holds victim.
 2. R 1 bends down into the wheelbarrow position to lift the victims' legs
 3. The command is given, R 1 and R 2 move together to complete the move.
 4. R 1 lifts the victims' legs and R 2 pulls the victim onto the ladder.

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CONFINED SPACE - ONE MAN RESCUE - DENVER DRILL

Victim with feet toward window:

- Rescuer 1:
 1. Climb through window and over the downed firefighter stopping at the chest area.
 2. R 1 should assess the victims' size to see if he will be able to perform the one-man rescue. (Know your limitations!)
 3. While straddling the victim roll him on his back.
 4. Reset PASS, check for air by cracking face piece seal.
 5. Call mayday giving location, removal plan, and victim name.
- Removing the victims' SCBA:
 1. R 1 should move to the victim head area.
 2. Working from the high side.
 3. Loosen the SCBA strap, grab the victims' arm and slide under the harness placing the victims' hand over his heart.
 4. Reach down and unbuckle the waist strap.
 5. Next, loosen the low side SCBA strap.
 6. Roll the victim onto the SCBA bottle.
 7. Slide the victims' arm under the harness strap and place over his heart.
- Taking the victim off air:
 1. At this point the victim has had all the SCBA straps removed and is ready to be taken off air.
 2. Undo the MMR and remove it from the victim.
 3. Sit the victim up and remove the SCBA from around the victim discarding it out of the way.
- The lift:
 1. Scoot up to the back of the victim.
 2. Place R 1s arms under the armpits, around the victim grabbing his forearms and pulling tight.
 3. R 1 should move to a squatting position.
 4. Then lift the victim to the window leaning them over the windowsill.
- Rescuer 2 on the outside:
 1. When R 1 places the victim over the sill, R 2 holds the victim and prepares to take the victim from the inside rescuer.
 2. R 1 drops down and grabs the victim by the knees lifting and feeding the victim out the window to R 2 on the outside.