

	Cincinnati Fire Department Fire Training Supplement DRILL BOOK	SECTION #7 RAT Skills & Evolutions
Date: January 2006	TOPIC TITLE:	Total # of Pages: 1
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TOPIC #6: ONE FIRE FIGHTER SPIN

- The heaviest part of the victim is the torso, with the body weight, SCBA, and fire clothes even the strongest firefighter may not be able to lift them.
 1. This maneuver is used to change direction of a drag or to turn a firefighter in a tight space.
- Start with victim on the ground on his back.
- The rescuer should be standing next to the victim at their side.
- Using one arm, scoop under both legs bringing them up to a 90-degree angle to the victim torso.
 1. This will half the overall length of the victim.
- The rescuer bends over and grabs the victims' collar acquiring a good grip.
- Draw the victim toward you as you back around in a circle.
- **Command to Start is: ready / ready / go.**

