

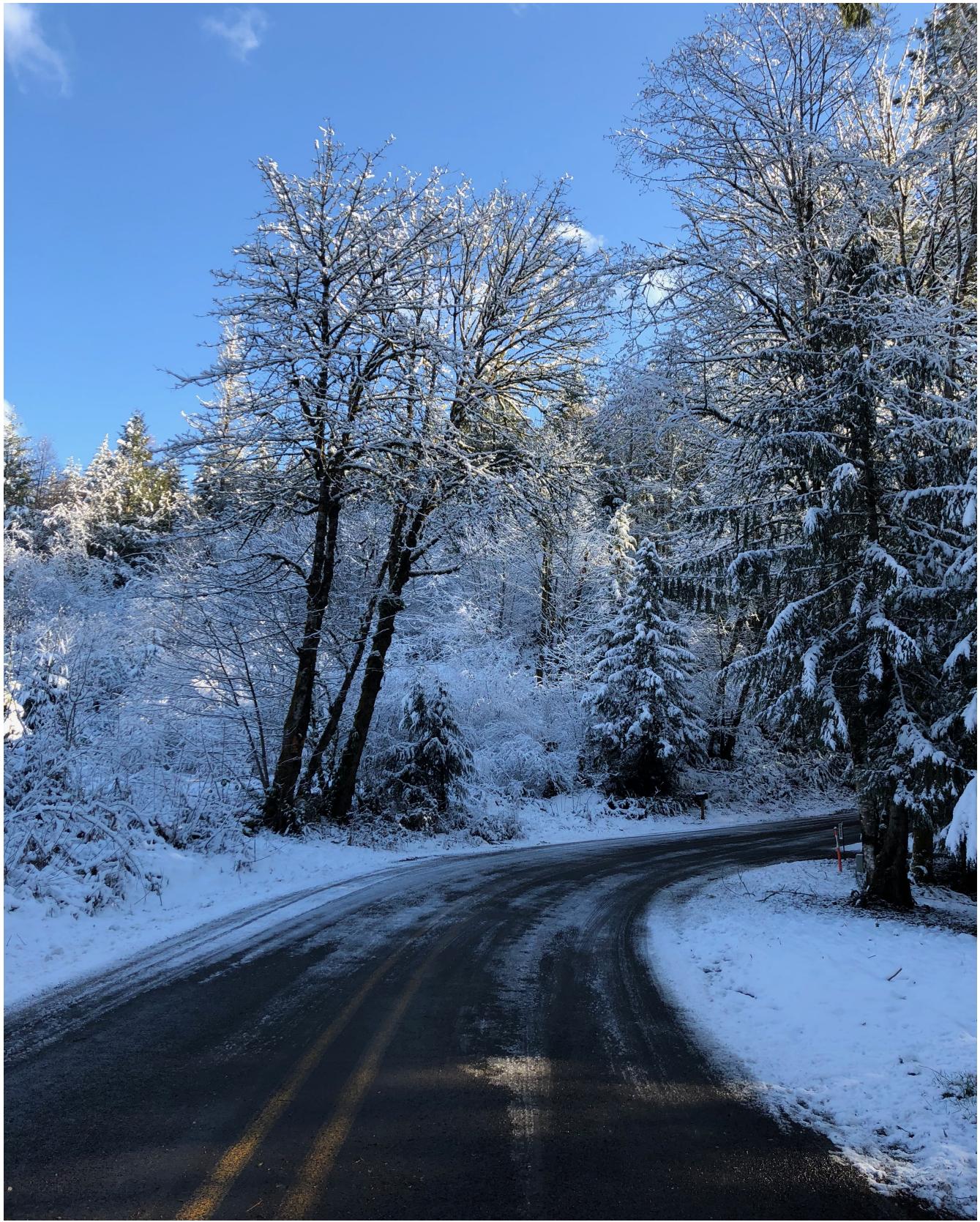
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If you do what you love, you won't want to stop. Every day you will be up to do that work! Perhaps even early!





My buddy Rocky. Always so happy to see me when I visit mom and dad.



Yes I stopped to take a picture. Icy road driving conditions coming up.



A nice drive through Colton's snowy winter weather, the new Subaru Forester with stock tires proves to be very reliable for snow and textured icy road conditions.



You would think it was hot or something with all that blue sky.



Drink your greens for health if you find it hard or time consuming to eat them.

**IMPORTANT:** Sugar competes with vitamins like Vitamin C, avoid sugar with all health drinks/foods when you want the healthy benefits.



Yes blend these, 1 whole lemon, 1 whole orange, some kale and garlic. All equal body cleansing boost. The Kale is important to activate both Phase 1 and Phase 2 enzymes in the liver to safely take toxins away. The garlic will chelate toxic metals from your body and liver.

**It is TART, so use some stevia sweetener. NO SUGAR!**

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