

Relationships

SUCCESS+

# OUR HOLIDAY TRADITIONS:

*A Modern Family Memory Book*





*“Winter is the time for comfort,  
for good food and warmth, for  
the touch of a friendly hand  
and for a talk beside the fire:  
it is the time for home.”*

EDITH SITWELL

# Section 1:

## HONORING FAMILY TRADITIONS



### Reflect on Traditions Passed Down

What are some holiday traditions passed down from your parents or grandparents?

Which traditions have been the most meaningful, and why?

How do these customs connect you to your family's history, culture, or heritage?

# Section 1:

## HONORING FAMILY TRADITIONS



### Blending Family Trees

If you're combining traditions from multiple family backgrounds, take note of the most important ones. What do you want to carry forward?

Brainstorm ways to incorporate elements of both families, like alternating holiday celebrations or creating a meal that combines both traditions!



## CREATING NEW TRADITIONS



## Traditions Timeline

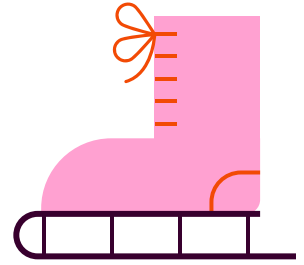
A horizontal line with dots at both ends, representing a number line.

# Section 3:

## MEMORY KEEPER

### Capture the Magic

Use this section to capture the moments that made your holiday special. Add photos, write notes, or jot down a funny story from the season.



What was the most memorable part of the holidays for your family this year?

Describe a tradition that brought you the most joy:

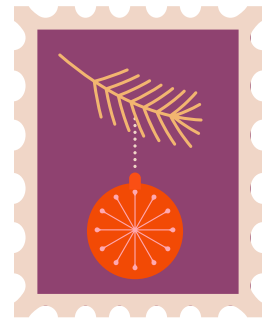
What was something surprising or unexpected that happened?

# Section 3:

## MEMORY KEEPER

### Our Family's Holiday Album

Insert photos, holiday cards, or mementos from this season. This section will become a keepsake you can look back on in the years to come.



# Section 4:

## LOOKING AHEAD



### Tradition Evolution

As your family grows and changes, so will your traditions. Use this space to brainstorm ideas for next year's holiday season.

Is there a tradition you'd like to try or reimagine?

### Intentions for Next Year

*Reflect on what you're grateful for this holiday season, and set some intentions for how you'd like to approach the next one.*

One thing we're grateful for:

One new tradition we'd like to start next year:





*“May your walls know  
joy, may every room hold  
laughter, and every window  
open to great possibility.”*

MARY ANNE RADMACHER