

SUCCESS+

PODCAST RECOMMENDATIONS GUIDE



Money



Planet Money

by NPR

Understand complex economic concepts in simple terms.



How To Money

with Joel Larsgaard
and Matt Altmix

Get practical tips for managing your finances effectively.

Business



Business Wars

by Wondery

Discover the strategies and tactics behind epic company battles.



Acquired

with Ben Gilbert and David Rosenthal

Delve into the stories behind the biggest tech initial public offerings (IPOs) and acquisitions.



Money Rehab

with Nicole Lapin

Overcome financial struggles and create a sustainable financial plan.



Afford Anything

with Paula Pant

Improve your financial situation, from budgeting and saving to investing and debt.



How I Built This

with Guy Raz

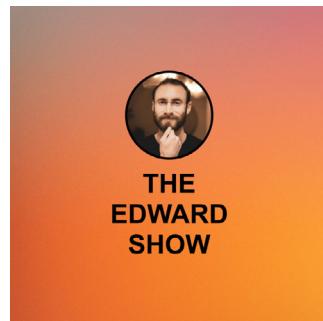
Get inspired by the journeys of some of the world's most well-known entrepreneurs.



My First Million

with Sam Parr and Shaan Puri

Learn how to build and scale a million-dollar business.



The Edward Show

by Edward Sturm

Gain insights into business, technology, and leadership.

Marketing School

Digital Marketing and Online Marketing Tips



Marketing School

with Neil Patel and Eric Siu

Implement daily marketing tips to grow your business.

Future of Work



AI and the Future of Work

with Dan Turchin

Understand how AI will impact your workplace and prepare for the future.



The AI Daily Brief

with Nathaniel Whittemore

Stay informed about the latest AI news and trends.

Personal Development



How to Be a Better Human

with Chris Duffy

Get inspired by thought-provoking talks on personal growth.



7 Good Minutes

with Clyde Lee Dennis

Implement actionable advice for personal improvement.



Your Undivided Attention

with Tristan Harris, Aza Raskin, and Daniel Barclay

Improve your productivity and focus by minimizing distractions.



Managing the Future of Work

presented by the Harvard Business School

Get expert insights on the future of work and how to prepare for it.



10% Happier

with Dan Harris

Learn mindfulness techniques to reduce stress and improve well-being.



The Peter Attia Drive

by Dr. Peter Attia

Discover strategies to help optimize your performance and achieve your goals.



Help Me Be Me

with Sarah May Bates

Prioritize your mental health and self-care for a fulfilling life.

Professional Development



The 1% Bookshelf

presented by
CEO's Library

Develop your leadership
skills and business strategy.



Think Fast, Talk Smart

by Matt Abrahams

Improve your communication,
persuasion, and critical
thinking skills.

Health & Wellness



Chasing Life

with Dr. Sanjay Gupta

Gain insights into health,
medicine, and human
connection.



Huberman Lab

with Dr. Andrew Huberman

Discover how the brain's
connection with the organs
control perceptions, behaviors,
and health.



Creative Pep Talk

with Andy J. Pizza

Get practical advice for
creatives and entrepreneurs.



The Anxious Achiever

with Morra Aarons-Mele

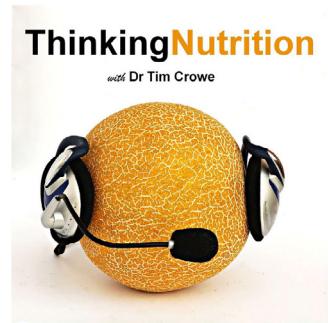
Overcome anxiety and
depression in the workplace
and thrive.



The Genius Life

with Max Lugavere

Optimize your health and
performance through
evidence-based strategies.



Thinking Nutrition

with Dr. Tim Crowe

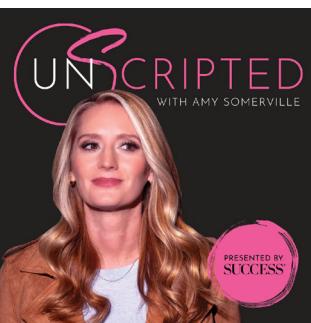
Make informed choices about
nutrition and healthy living.



The Vergecast

presented by Vox Media

Stay informed about the
latest technology, culture,
and scientific news.



Unscripted

with Amy Somerville

Learn from candid
conversations, providing real-
world solutions that connect
personal development with
practical application.

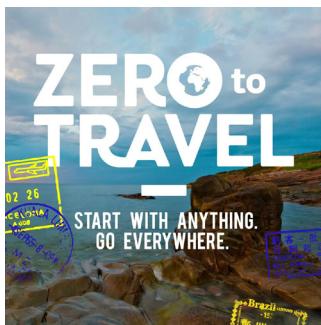


The Liz Moody Podcast

Various guests

Transform your life through
nutrition, wellness, and more
to help you live your happiest,
healthiest life.

Lifestyle



Zero to Travel

with Jason Moore

Plan and execute the travel adventures of your dreams.



Life Kit

by NPR

From sleep and savings to family dynamics and decluttering, get practical advice for various aspects of life.



Code Switch

by NPR

Explore race, culture, and identity in today's world.



Naked Beauty

with Brooke DeVard

Learn how personal perspectives on self-care and beauty can tie into your daily experiences.



Re:Thinking

with Adam Grant

Learn about psychology, leadership, and innovation, and how they intersect to shape the way we work and live.

Relationships



Modern Love

by The New York Times

Get inspired by personal stories about love, loss, and human connection.



Hidden Brain

with Shankar Vedantam

Understand the hidden forces shaping your relationships and life.

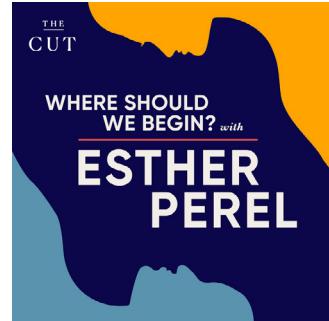


Love. Life.

WITH
MATTHEW HUSSEY

with Matthew Hussey

Navigate dating, relationships, and self-love with practical advice.



Where Should We Begin?

with Esther Perel

Gain insight on connection through real therapy sessions, from breakups and open relationships to workplace conflicts and fractures in the family.



We Can Do Hard Things

with Glennon Doyle and Audacy

Build resilience, perseverance, and overcome challenges in your relationships.

Entertainment



Blocks

with Neal Brennan

Boost your creativity and problem-solving skills.



The Colin and Samir Show

with Colin Rosenblum and Samir Chaudry

Get enlightened on topics ranging from pop culture and social media trends to behind-the-scenes stories from the creator economy.



The Puzzler

with A.J. Jacobs

Keep your mind sharp with puzzles and riddles.



SmartLess

with Jason Bateman, Sean Hayes, & Will Arnett

Candid conversations, unexpected twists, and laughter as three comedians delve into the lives of celebrities and comedians.



Myths and Legends

with Jason and Carissa Weiser

Explore fascinating myths, legends, and folklore that have historically shaped cultures.



Fresh Air from WHYY

by NPR

Enjoy insightful interviews with authors, musicians, and guests on topics ranging from politics and current events to literature, music, and film.

