

# SUCCESS+

## DAILY ROUTINE PLANNER

Make the Most of Your Day



**Daily Top 3 Goals:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Hours Slept: \_\_\_\_\_ Notes: \_\_\_\_\_

**Plan Out Your Schedule Hour-By-Hour**

6 A.M.

7 A.M.

8 A.M.

9 A.M.

10 A.M.

11 A.M.

12 P.M.

1 P.M.

2 P.M.

3 P.M.

4 P.M.

5 P.M.

6 P.M.

7 P.M.

8 P.M.

9 P.M.

DATE: \_\_\_\_\_

DAY OF THE WEEK:  
\_\_\_\_\_

**Evening Reflection Prompts:**

What went well today?

What could be improved?

**Gratitude Prompts:**

What made you smile today?

Who are you grateful for?

**Habit Tracker:**

Habit 1 \_\_\_\_\_



Money In: \_\_\_\_\_

Habit 2 \_\_\_\_\_



Money Out: \_\_\_\_\_

Steps Walked: \_\_\_\_\_

\_\_\_\_\_ Daily check-in: **You are enough.**

Write the SUCCESS® daily motivational mantra text here: