

# SUCCESS+

## PODCAST RECOMMENDATIONS GUIDE

Money

Business

Future of Work

Personal Development

Professional Development

Health & Wellness

Lifestyle

Relationships

Entertainment



## Money



### Planet Money

by NPR

Understand complex economic concepts in simple terms.



### How To Money

with Joel Larsgaard and Matt Altmix

Get practical tips for managing your finances effectively.

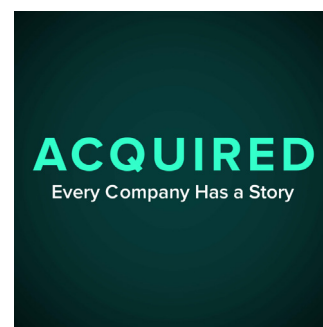
## Business



### Business Wars

by Wondery

Discover the strategies and tactics behind epic company battles.



### Acquired

with Ben Gilbert and David Rosenthal

Delve into the stories behind the biggest tech initial public offerings (IPOs) and acquisitions.



### Money Rehab

with Nicole Lapin

Overcome financial struggles and create a sustainable financial plan.



### Afford Anything

with Paula Pant

Improve your financial situation, from budgeting and saving to investing and debt.



### How I Built This

with Guy Raz

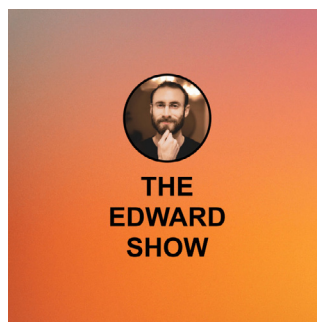
Get inspired by the journeys of some of the world's most well-known entrepreneurs.



### My First Million

with Sam Parr and Shaan Puri

Learn how to build and scale a million-dollar business.



### The Edward Show

by Edward Sturm

Gain insights into business, technology, and leadership.



### Marketing School

with Neil Patel and Eric Siu

Implement daily marketing tips to grow your business.

## Future of Work



### AI and the Future of Work

with Dan Turchin

Understand how AI will impact your workplace and prepare for the future.



### The AI Daily Brief

with Nathaniel Whittemore

Stay informed about the latest AI news and trends.



### Your Undivided Attention

with Tristan Harris, Aza Raskin, and Daniel Barcay

Improve your productivity and focus by minimizing distractions.



### Managing the Future of Work

presented by the Harvard Business School

Get expert insights on the future of work and how to prepare for it.

## Personal Development



### How to Be a Better Human

with Chris Duffy

Get inspired by thought-provoking talks on personal growth.



### 7 Good Minutes

with Clyde Lee Dennis

Implement actionable advice for personal improvement.



### 10% Happier

with Dan Harris

Learn mindfulness techniques to reduce stress and improve well-being.



### The Peter Attia Drive

by Dr. Peter Attia

Discover strategies to help optimize your performance and achieve your goals.



### Help Me Be Me

with Sarah May Bates

Prioritize your mental health and self-care for a fulfilling life.

## Professional Development



### The 1% Bookshelf

*presented by  
CEO's Library*

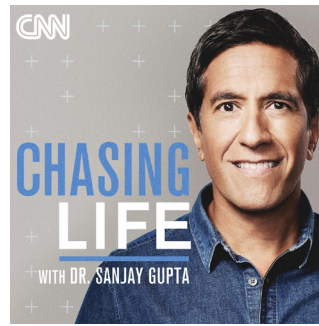
Develop your leadership skills and business strategy.



### Think Fast, Talk Smart

*by Matt Abrahams*

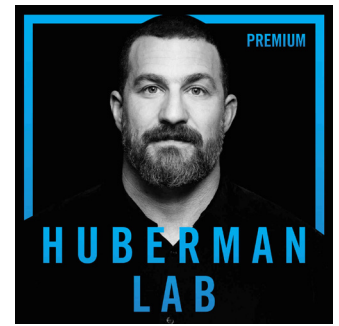
Improve your communication, persuasion, and critical thinking skills.



### Chasing Life

*with Dr. Sanjay Gupta*

Gain insights into health, medicine, and human connection.



### Huberman Lab

*with Dr. Andrew Huberman*

Discover how the brain's connection with the organs control perceptions, behaviors, and health.



### Creative Pep Talk

*with Andy J. Pizza*

Get practical advice for creatives and entrepreneurs.



### The Anxious Achiever

*with Morra Aarons-Mele*

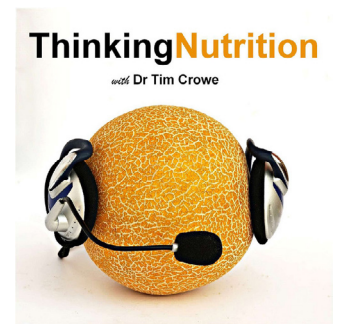
Overcome anxiety and depression in the workplace and thrive.



### The Genius Life

*with Max Lugavere*

Optimize your health and performance through evidence-based strategies.



### Thinking Nutrition

*with Dr. Tim Crowe*

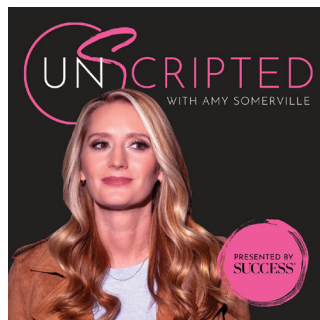
Make informed choices about nutrition and healthy living.



### The Vergecast

*presented by Vox Media*

Stay informed about the latest technology, culture, and scientific news.



### Unscripted

*with Amy Somerville*

Learn from candid conversations, providing real-world solutions that connect personal development with practical application.



### The Liz Moody Podcast

*Various guests*

Transform your life through nutrition, wellness, and more to help you live your happiest, healthiest life.

## Lifestyle



### Zero to Travel

with Jason Moore

Plan and execute the travel adventures of your dreams.



### Life Kit

by NPR

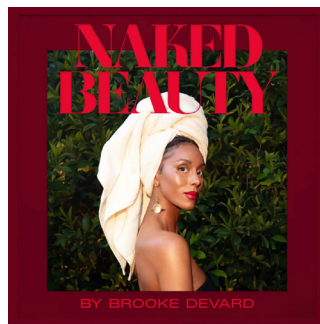
From sleep and savings to family dynamics and decluttering, get practical advice for various aspects of life.



### Code Switch

by NPR

Explore race, culture, and identity in today's world.



### Naked Beauty

with Brooke DeVard

Learn how personal perspectives on self-care and beauty can tie into your daily experiences.



### Re:Thinking

with Adam Grant

Learn about psychology, leadership, and innovation, and how they intersect to shape the way we work and live.

## Relationships



### Modern Love

by The New York Times

Get inspired by personal stories about love, loss, and human connection.



### Hidden Brain

with Shankar Vedantam

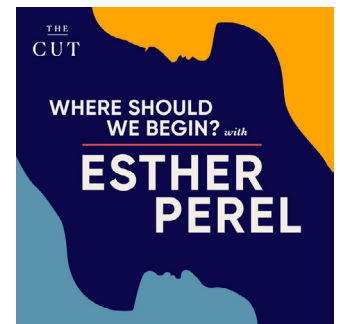
Understand the hidden forces shaping your relationships and life.



### Love Life

with Matthew Hussey

Navigate dating, relationships, and self-love with practical advice.



### Where Should We Begin?

with Esther Perel

Gain insight on connection through real therapy sessions, from breakups and open relationships to workplace conflicts and fractures in the family.



### We Can Do Hard Things

with Glennon Doyle and Audacy

Build resilience, perseverance, and overcome challenges in your relationships.

## Entertainment



### Blocks

with Neal Brennan

Boost your creativity and problem-solving skills.



### The Colin and Samir Show

with Colin Rosenblum and Samir Chaudry

Get enlightened on topics ranging from pop culture and social media trends to behind-the-scenes stories from the creator economy.



### The Puzzler

with A.J. Jacobs

Keep your mind sharp with puzzles and riddles.



### SmartLess

with Jason Bateman, Sean Hayes, & Will Arnett

Candid conversations, unexpected twists, and laughter as three comedians delve into the lives of celebrities and comedians.



### Myths and Legends

with Jason and Carissa Weiser

Explore fascinating myths, legends, and folklore that have historically shaped cultures.



### Fresh Air from WHYY

by NPR

Enjoy insightful interviews with authors, musicians, and guests on topics ranging from politics and current events to literature, music, and film.

