# 2022 EAMI GIM Conference, Denmark: The Power of Music – moving towards the core of GIM

### Wednesday, 21 Sept – PRE-CONFERENCE: GIM and Trauma Healing

	On-Site	Online	
8.00-9.00			
9.15-10.45	Auditorium Workshop	Online-room 2 + Kupeen Workshop (9.00-13.00)	
	GIM in the treatment of trauma survivors – theoretical perspectives and clinical practice Steen Lund, Catharina Messel & Bolette Beck	Music Breathing – an adaptation of GIM for traumatic stress disorders with autonomic dysregulation  Dag Körlin	
	Moderator: Julie Exner	Moderator: Inge Nygaard Petersen	
10.45-11.15	Coffee break		
11.15-12.00	Auditorium + Online-room 1 Paper  Music, trauma, MI, and GIM: Developing and challenging existing perspectives Martin Lawes  Moderator: Bolette Beck		
12.30-13.30	Lunch		
13.30-17.00	Auditorium + Online-room 1 Workshop  Preventing burnout, compassion fatigue and secondary traumatic stress in mentally demanding jobs Rikke Høgsted	Live streaming	
	Moderator: Charlotte Dammeyer		
17.00-18.00	Registration		

18.00-19.00	Dinner	
19.00-19:45	Auditorium + Online-room 1	Live streaming
	Opening Ceremony	
20:00-21:00	Auditorium + Online-room 1	Live streaming
	Concert	
	Gangspil	
	Traditional Danish music	

# Thursday, 22 Sept – DAY 1

On-Site			Online
8.00-9.00	Kupeen  Breakfast meeting for EAMI trainers		
9.00-10.00	Keynote		Live streaming
	Is music a hidden therapist in psychedelic therapy?  Dea Siggaard Stenbæk		
10.15 -12.15	Moderator: Lisa Summer Auditorium + Online-room 1 Paper	Room T7-T8 + Online-room 2 Paper	
	Survey on Inter-rater validity of the Taxonomy of Music in therapeutic Music and Imagery work – preliminary results Lars Rye Bertelsen & Brian Bemman Moderator: Gunn Karoline Fugle	The power of music and imagery in the process of change Petra Jerling Moderator: Steen Lund Meyer	
11.00-11.30	Coffee break		
11.30-12.15	Auditorium + Online-room 1 Paper	Room T7-T8 (no streaming) Workshop	Kupeen + Online-room 3 Workshop
	Music listening and Imagery (MI) for training mentalization- capacity of dementia caregivers Julie Krøier & Hanne Mette Ridder Moderator: Sofie Buchhave	Working with MI-methods in clinical context  – A Mindfulness based approach of music centered listening in psychiatric or psychosomatic groups  Christina Herold	Music Imagery Relaxation technique (MIR)® Maria Montserrat Gimeno  Moderator: Catharina Messel
12.15-13.00	Room: ? <mark>Paper</mark>	Moderator: Steen Theis Lund	

	Feeling alive: Changes in mentalized affectivity through music in GIM Ruth Liesert Moderator: Sofie Buchhave		
13.00-14.00	Lunch		
14.00-15.30	Auditorium <i>(no streaming)</i> Workshop	Room S1-S2 (no streaming) Workshop	Online-room 3 + Kupeen Workshop
	Revisiting and revising: 'Music as cotherapist: A taxonomy of music in therapeutic music and imagery work' Margareta Wärja, Charlotte Dammeyer, Katarina Mårtensson-Blom & Lars Ole Bonde  Moderator: Hanne Mette Ridder	Desolation and hope – a new GIM program Jasenka Horvat  Moderator: Bolette Beck	Addressing the complexities of intertwined physical and psychological health in the GIM process Annie Heiderscheit & Alison Short  Moderator: Julie Exner
15.30-16.00	Coffee break		
16.00-17.30	Auditorium + Online-room 1 Panel	Room T7-T8 (no streaming) Workshop	Room: ? Workshop
	The music in Music and Imagery psychotherapy: Applying the Summer Continuum Model in clinical practice Carine Ries, Helen Wallace, & Motoko Hayata  Moderator: Hanne Mette Ridder	Kundalini: A goddess in the therapy room Carola Maack Moderator: Bolette Beck	A new music program: String quartet music for grief, loss, and life transitions Joyu Lee Moderator: Julie Exner
18.00-19.00	Dinner		
19.00-20:00 20.15-21.15	Auditorium  EAMI Member's Meeting (hybrid)  Room: ?		Room: ? <b>EAMI Member's Meeting</b> (hybrid)  Live streaming
	Concert		

## **Danish Saxophone Quartet**

Classical music

# Friday, 23 Sept – DAY 2

		On-Site	Online
8.00-9.00	Breakfast		
9.00-10.00	Auditorium + Online-room 1  Keynote  Dislocation, displacement and re-connection: GIM during the Covid-19 pandemic  Denise Grocke  Moderator: Ilan Sanfi		
10.15-11.00	Auditorium + Online-room 1 Paper  Music imagery for stress management and self-care in hospital staff Catharina Messel & Ilan Sanfi  Moderator: Julie Krøier	Room T7-T8 + Online-room 2 Paper  What can GIM therapists learn from hypnotherapists about directive and suggestive interventions? Charlotte Lindvang, Hanne Mette Ridder & Anne Godal  Moderator: Ulla Setterberg	Online-room 3 + Kupeen Paper  Listening to the inner world – GIM with adults with cerebral palsy Friederun Anna Böhmig  Moderator: Bolette Beck
11.00-11.30	Coffee break		
11.30-12.15	Room: ? Paper  Music Imagery (MI) as a resource in an interdisciplinary team in specialist health	Room T7-T8 + Online-room 2 Paper  Accessing Self through Music and Imagery Christine Routier	Online-room 3 + Kupeen Paper  Preparing to 'Catch the tiger by its tail': Using Music Breathing, an adaptation of the Bonny Method Guided
	care for children Gunn-Karoline Fugle & Torben Moe Moderator: Julie Krøier	Moderator: Ulla Setterberg	Imagery and Music, to improve emotional self-regulation in an inpatient eating disorders unit Joyu Lee  Moderator: Bolette Beck

12.15-14.00	Lunch break		
	Kupeen (12.45-13.45) Try GIM music in an Allton Music Decliner		
	Facilitator: Karola Hartmann		
14.00-15.30	Auditorium + Online-room 1	Room S1-S2	Online-room 3 + Kupeen
	Workshop (on-site and online)	Workshop (no streaming)	Workshop
	When you listen deeply to music you are	Tristan and Isolde: A merging of body and	Music and archetypes – A resonance
	listening deeply to yourself	soul; resonances for GIM	Dikla Kerem & Evangelia Papanikolau
	Lisa Summer	Margareta Wärja & Leslie Bunt	
			Moderator: Julie Krøier
	Moderator: Katarina Blom	Moderator: Inge Nygaard Petersen	
15.30-16.00	Coffee break		
16.00-17.30	Auditorium (no streaming) Workshop	Room T7-T8 (no streaming) Workshop	Room: ? Panel
	Living light – Evaluation of a new program	Our relationship to music. Experiences of	A decade of development: Expanding the Continuum
	Ian Leslie & Svein Fuglestad	client-chosen music in MI and GIM sessions	model of GIM
	Ğ	Maya Story	Sally McKnight Harrison, Mary-Carla MacDonald, Carol
	Moderator: Katarina Blom	,	Merle-Fishman, Erin Montgomery, Christine Routier &
		Moderator: Inge Nygaard Petersen	Suzannah Scott-Moncrieff
		0 ,0	
			Moderator: Julie Krøjer
18.00-19.00	Dinner		
19.30-	Room: ?	A walk in the nature park or Bridge walking	Room: ?
	EAMI General Assembly (hybrid)		EAMI General Assembly (hybrid)
		Booking at <u>www.bridgewalking.dk</u>	

# Saturday, 24 Sept – DAY 3

	C	On-Site	Online
8.00-9.00	Breakfast		
9.00-10.00	Auditorium + Online-room 1  Keynote  Together in Music: Phenomenological Explorations of Musical Absorption  Simon Høffding  Moderator: Lars Ole Bonde		
10.15 -11.00	Auditorium + Online-room 1	Room T7-T8 + Online-room 2	Online-room 3 + Kupeen
	Paper	Paper	Paper
	Music and consciousness: A spiritual compass for GIM students in advanced training Ulla Johanna Setterberg	Attachment pattern changes in traumatized refugees Steen Theis Lund Moderator: Leslie Bunt	GIM during active cancer treatment: A model for clinical practice Evangelia Papanikolau  Moderator: Inge Nygaard Petersen
44 00 44 00	Moderator: ?		
11.00-11.30	Coffee break		
11.30-12.15	Auditorium + Online-room 1 <mark>Paper</mark>	Room T7-T8 + Online-room 2 Paper	Room: ? Paper
	The power of music to forge insights in individual GIM sessions  Carolyn Arnason	Change of oxytocin after trauma-focused Music and Imagery with refugees Bolette Daniels Beck	Hybrid practices: Music and imagery in fertility/IVF treatment Alison Short
	Moderator: ?	Moderator: Leslie Bunt	Moderator: Inge Nygaard Petersen
12.15-14.00	Lunch break		
	Kupeen (12.45-13.45)		

	Try GIM music in an Allton Music Decliner	
	Facilitator: Karola Hartmann	
14.30-17.30	Meet at the parking lot at 14.00	
	Excursion	
	New GIM therapist's ceremony	
19.00-	Room S1-S2	
	Dinner and celebration	

# Sunday, 25 Sept – DAY 4

On-Site			Online	
8.00-9.00	Breakfast			
9.15-10.45	Paper (10.00-10.45)  The morphological method of 'Description and reconstruction' as a way to reach the imaginative potential		Online-room 2 + Room T1 Workshop	Online-room 3 + Kupeen Workshop
			Music as mirror: Musical strata as gateway to deepened listening Diane Maris	Introduction and group travel to a new GIM music programme: Passio (2019) Martin Lawes
	Madarator: Carola Maask		Moderator: ?	Moderator: Charlotte Dammeyer
10.45-11.00	Moderator: Carola Maack Coffee break			
11.00-12.30	Auditorium (no streaming) Workshop  Analysis of a piece of music with the help of "Description and Reconnection" to comprehend the imaginative potential of music Ruth Liesert	Room T1 + Online-room 2 Workshop  A new GIM program: Intimate Voices Katharina Lindblad  Moderator: Hugo Jensen	Online-room 3 + Kupeen Workshop  'Into the forest I go, to clear my mind and find my soul': Guided Imagery and Singing for emotional release, social and spiritual connection Karen de Kock	
12 20 12 00	Moderator: Carola Maack			
12.30-13.00	13.00 Auditorium + Online-room 1 Closing ceremony		Live streaming	
13.00-14.00	Lunch and goodbye			