# 2022 EAMI GIM Conference, Denmark: The Power of Music – moving towards the core of GIM

### Wednesday, 21 Sept – PRE-CONFERENCE: GIM and Trauma Healing

	On-Site	Online
8.00-9.00	Breakfast	
9.15-10.45	Auditorium Workshop	Online-room 2 + Kupeen Workshop (9.00-13.00)
	GIM in the treatment of trauma survivors – theoretical perspectives and clinical practice Steen Theis Lund, Catharina Messel & Bolette D. Beck	Music Breathing – an adaptation of GIM for traumatic stress disorders with autonomic dysregulation  Dag Körlin
	Moderator: Julie Exner	Moderator: Inge Nygaard Petersen
10.45-11.15	Coffee break	
11.15-12.00	Auditorium + Online-room 1  Workshop continued	
	Music choice for trauma treatment Steen Theis Lund, Catharina Messel & Bolette D. Beck  Moderator: Julie Exner	
12.30-13.30	Lunch	
13.30-17.00	Auditorium + Online-room 1 Workshop  Preventing burnout, compassion fatigue and secondary traumatic stress in mentally demanding jobs Rikke Høgsted	
	Moderator: Charlotte Dammeyer	
17.00-18.00	Registration	

18.00-19.00	Dinner	
19.00-19:45	Room M1 + Online-room 1 Opening Ceremony	
20:00-21:00	Auditorium + Online-room 1  Concert	
	Gangspil Traditional Danish music	

# Thursday, 22 Sept – DAY 1

On-Site			Online
8.00-9.00	Kupeen Breakfast meeting for EAMI trainers		
9.00-10.00	Auditorium + Online-room 1  Keynote  Is music a hidden therapist in psychedelic t  Dea Siggaard Stenbæk	:herapy?	
	Moderator: Lisa Summer		
10.15 -11.00	Auditorium + Online-room 1 Paper	Room T1 + Online-room 2 Paper	
	Survey on Inter-rater validity of the Taxonomy of Music in therapeutic Music and Imagery work – preliminary results Lars Rye Bertelsen & Brian Bemman Moderator: Sofie Nuchhave	The power of music and imagery in the process of change Petra Jerling Moderator: Steen Theis Lund	
11.00-11.30	Coffee break		
11.30-12.15	Auditorium + Online-room 1 <mark>Paper</mark>	Room T1 (no streaming) Workshop	Online-room 3 + Kupeen [R] Workshop
	Music listening and Imagery (MI) for training mentalization- capacity of dementia caregivers Julie Krøier & Hanne Mette Ridder  Moderator: Sofie Buchhave	Working with MI-methods in clinical context  – A Mindfulness based approach of music centered listening in psychiatric or psychosomatic groups  Christina Herold	Music Imagery Relaxation technique (MIR)® Maria Montserrat Gimeno  Moderator: Catharina Messel
12.15-13.00	Kupeen + Online-room 3 [R] <mark>Paper</mark>	Moderator: Steen Theis Lund	

	Feeling alive: Changes in mentalized affectivity through music in GIM Ruth Liesert  Moderator: Sofie Buchhave		
13.00-14.00	Lunch		
14.00-15.30	Auditorium <i>(no streaming)</i> Workshop	Room T1 (no streaming) Workshop	Online-room 3 + Kupeen [R] Workshop
	Revisiting and revising: 'Music as cotherapist: A taxonomy of music in therapeutic music and imagery work' Margareta Wärja, Charlotte Dammeyer, Katarina Mårtensson-Blom & Lars Ole Bonde  Moderator: Hanne Mette Ridder	Desolation and hope – a new GIM program Jasenka Horvat  Moderator: Helle Mumm	Addressing the complexities of intertwined physical and psychological health in the GIM process Annie Heiderscheit & Alison Short  Moderator: Julie Exner
15.30-16.00	Coffee break		
16.00-17.30	Auditorium + Online-room 1 Panel	Room T1 (no streaming) Workshop	Online-room 3 + Kupeen Workshop
	The music in Music and Imagery psychotherapy: Applying the Summer Continuum Model in clinical practice Carine Ries, Helen Wallace & Motoko Hayata  Moderator: Hanne Mette Ridder	Kundalini: A goddess in the therapy room Carola Maack Moderator: Astrid F. Jakobsen	A new music program: String quartet music for grief, loss, and life transitions Joyu Lee Moderator: Julie Exner
18.00-19.00	Dinner		
19.00-20:00 20.15-21.15	Auditorium <b>EAMI Member's Meeting</b> Auditorium + Online-room 1		Online-room: See Zoom link from the EAMI Board EAMI Member's Meeting
	Concert		

## **Danish Saxophone Quartet**

Classical music

# Friday, 23 Sept – DAY 2

On-Site		Online	
8.00-9.00	Breakfast		
9.00-10.00	Auditorium + Online-room 1 [R]  Keynote  Dislocation, displacement and re-connection  Denise Grocke	n: GIM during the Covid-19 pandemic	
	Moderator: Ilan Sanfi		
10.15-11.00	Auditorium + Online-room 1 <mark>Paper</mark>	Room T1 + Online-room 2 Paper	Online-room 3 + Kupeen [R] Paper
	Music imagery for stress management and self-care in hospital staff Catharina Messel & Ilan Sanfi Moderator: Julie Krøier	What can GIM therapists learn from hypnotherapists about directive and suggestive interventions? Charlotte Lindvang, Hanne Mette Ridder & Anne Godal  Moderator: Ulla Setterberg	Listening to the inner world – GIM with adults with cerebral palsy Friederun Anna Böhmig  Moderator: Bolette D. Beck
11.00-11.30	Coffee break		
11.30-12.15	Auditorium + Online-room 1 <mark>Paper</mark>	Room T1 + Online-room 2 Paper	Online-room 3 + Kupeen [R] Paper
	Music Imagery (MI) as a resource in an interdisciplinary team in specialist health care for children Gunn-Karoline Fugle & Torben Moe Moderator: Julie Krøier	Accessing Self through Music and Imagery Christine Routier  Moderator: Ulla Setterberg	Preparing to 'Catch the tiger by its tail': Using Music Breathing, an adaptation of the Bonny Method Guided Imagery and Music, to improve emotional self-regulation in an inpatient eating disorders unit Joyu Lee  Moderator: Bolette D. Beck

12.15-14.00	Lunch break		
	Kupeen (12.45-13.45) Try GIM music in an Allton Music Decliner		
	Facilitator: Karola Hartmann		
14.00-15.30	Auditorium + Online-room 1 [R]	Room T1	Online-room 3 + Kupeen
	Workshop (on-site and online)	Workshop (no streaming)	Workshop
	When you listen deeply to music you are	Tristan and Isolde: A merging of body and	Music and archetypes – A resonance
	listening deeply to yourself	soul; resonances for GIM	Dikla Kerem & Evangelia Papanikolau
	Lisa Summer	Margareta Wärja & Leslie Bunt	Dinia Nerem & Evangena i apaninona
		a. gar ota 11 a. ja ot 2001.0 2 a. to	Moderator: Julie Krøier
	Moderator: Katarina Blom	Moderator: Inge Nygaard Petersen	
15.30-16.00	Coffee break	0 ,0	
16.00-17.30	Auditorium <i>(no streaming)</i> Workshop	Room T1 (no streaming) Workshop	Room: TBA Panel
	Living light – Evaluation of a new program	Our relationship to music. Experiences of	A decade of development: Expanding the Continuum
	lan Leslie & Svein Fuglestad	client-chosen music in MI and GIM sessions	model of GIM
	Tan Lesine & Sveni i agrestad	Maya Story	Sally McKnight Harrison, Mary-Carla MacDonald, Carol
	Moderator: Katarina Blom	,,	Merle-Fishman, Erin Montgomery, Christine Routier &
		Moderator: Inge Nygaard Petersen	Suzannah Scott-Moncrieff
		<b>G</b> , <b>G</b>	
			Moderator: Julie Krøjer
18.00-19.00	Dinner		
19.30-	Room: TBA	A walk in the nature park or Bridge walking	Online-room: See Zoom link from the EAMI Board
	EAMI General Assembly (hybrid)		EAMI General Assembly (hybrid)
		Booking at <u>www.bridgewalking.dk</u>	

# Saturday, 24 Sept – DAY 3

On-Site		Online	
8.00-9.00	Breakfast		
9.00-10.00	Auditorium + Online-room 1 [R]  Keynote  Together in Music: Phenomenological Explorations of Musical Absorption  Simon Høffding  Moderator: Lars Ole Bonde		
10.15 -11.00	Auditorium + Online-room 1	Room T1 + Online-room 2	Online-room 3 + Kupeen
	Paper	Paper	Paper
	Music and consciousness: A spiritual compass for GIM students in advanced training Ulla Johanna Setterberg	Attachment pattern changes in traumatized refugees Steen Theis Lund	GIM during active cancer treatment: A model for clinical practice Evangelia Papanikolau
	Madaratari Suaja Fuglastad	Moderator: Leslie Bunt	Moderator: Inge Nygaard Petersen
11.00-11.30	Moderator: Svein Fuglestad Coffee break		
11.30-12.15	Auditorium + Online-room 1 Paper	Room T1 + Online-room 2 [R] Paper	Room: TBA Paper
	The power of music to forge insights in individual GIM sessions  Carolyn Arnason	Change of oxytocin after trauma-focused Music and Imagery with refugees Bolette D. Beck	Hybrid practices: Music and imagery in fertility/IVF treatment Alison Short
	Moderator: ?	Moderator: Leslie Bunt	Moderator: Inge Nygaard Petersen
12.15-14.00	Lunch break		<b>J</b> , <b>J</b>
	Kupeen (12.45-13.45)		

	Try GIM music in an Allton Music Decliner	
	Facilitator: Karola Hartmann	
14.00-17.30	Meet at the parking lot at 14.00!	
	Excursion	
	New GIM therapist's ceremony	
	New Givi therapist's teremony	
19.00-	Room S1-S2	
	Dinner and celebration	

# Sunday, 25 Sept – DAY 4

On-Site			Online
8.00-9.00	Breakfast		
9.15-10.45			Online-room 2 + Kupeen Workshop
	imaginative potential of music		Music as mirror: Musical strata as gateway to deepened listening Diane Maris
10.45-11.00	Moderator: Carola Maack		Moderator: Bolette D. Beck
11.00-12.30	Coffee break	Doom T1 (no stronging)	
11.00-12.30	Auditorium (no streaming) Workshop	Room T1 (no streaming) Workshop	
	Analysis of a piece of music with the help of "Description and	A new GIM program: Intimate Voices Katharina Lindblad	
	Reconnection" to comprehend the	Moderator: Hugo Jensen	
	imaginative potential of music		
	Ruth Liesert		
12 20 12 00	Moderator: Carola Maack		
12.30-13.00	Auditorium + Online-room 1 Closing ceremony		
13.00-14.00	Lunch and goodbye		