

# Workshop & Training on Integration of Pre- and Perinatal Experiences

## A Workshop for Professionals



*Charisse Basquin*



*Klaus Kaepbel*

**Intention:** Based on the Castellino model of “Womb Surround” Personal Process Workshops, you will use your own self-awareness to pave the way to the theoretical foundations of pre- and perinatal work. This allows personal physical, emotional and cognitive experiences to be placed in a larger context and incorporated into the work with babies, children and adults.

**Who can participate?** Professionals who work with children, families and adults in the pre- and perinatal area and who already have basic knowledge of pre- and perinatal psychology.

**Project:** Charisse and Klaus will co-facilitate a group of five participants. Each participant will have a session. The following day we will debrief the session and add theoretical connections building on the content of the session experience.

### Time schedule

Day 1:	10.00 - 13.00	- Orientation to the workshop - Guiding principles for working with groups, families and individuals- Introducing each other- Orientation on the structure of a session
	13.00 - 15.00	- Lunch break
	from 15.00	- Session 1
Day 2:	09.00 - 09.45	- Integration of the previous day's session
	09.45 - 10.00	- Break
	10.00 - 12.00	- Theoretical aspects in connection with the session
	12.00 - 14.00	- Lunch break
	from 14.00	- Session 2
Day 3	same as Day 2	- with Session 3
Day 4	same as Day 2	- with Session 4
Day 5	same as Day 2	- with Session 5
Day 6	09.00 - 09.45	- Integration of session 5

09.45 - 10.00	- Break
10.00 - 12.00	- Theoretical aspects in connection with the session
12.00 - 13.00	- Closing

The theoretical may can be shorter and the lunch break may take place earlier.

Total: approx. 40 hours

You will have the option to purchase a video copy (USB stick) of your session that includes your debrief. You will also have the option to purchase the debriefs of the other participants.

**Date:** 20-25 May 2025

**Place:** Anstruther, Scotland KY10 3AA

**What does the workshop cost?** £850

#### **Cancellation policy**

*-Cancellation up to six weeks before the workshop: Refund of the seminar fee minus £75 processing costs.*

*-Cancellation less than six weeks before the workshop: Refund of the seminar fee minus £100 processing costs, provided the free place can be filled.*

*-Refund of £100 if the free place cannot be filled.*

#### **Documents:**

- Application form – Go to Charisse’s website, **earlyimprints.co.uk**. Click under the contacts tab to download the application. Please send the application to Charisse at **earlyimprintsuk@gmail.com**
- Questionnaire on your own pregnancy and birth history will be sent to you after registration. Please note that acceptance into the workshop is determined after Charisse and Klaus receive your questionnaire.
- For further explanation a Castellino model of a birth process workshop go to **earlyimprints.co.uk** and look under the workshop tab.

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