**Unit 27**

go out 나가다.

brought(bring 과거형) 가져왔다.

fruit 과일

workout, exercise 운동하다.

maintain 유지하다.

lake 호수

regularly 정기적으로, 자주, 규칙적으로

powder 가루

breakfast 아침식사.

nutrient 영양소

invite 초대하다. 요청하다. 불러들이다.

variety 여러가지, 갖가지, 다양성

flavor 풍미, 맛, 멋, 운치, 멋을 더하다.

dietary 식이요법, 규정식

I'm not going out for lunch today. 오늘 점심 먹으러 나가지 않을 거예요.

I brought some fruit. 과일을 조금 가져왔어요.

Is that all? 그걸로 돼요?

It's nice that you think so. 그렇게 생각하신다니 기분은 좋군요.

**S + don't(doesn't) need to + V ~는 ~할 필요가 없습니다.**

= I don't need to go home now.

= She doesn't need to go to work tomorrow.

= We don't need to do homework.

= You don't need to call me tonight.

**I want to lose weight. 체중을 줄이고 싶어요.**

= I want to go on a diet.

= I need to cut down my weight.

**You don't need to lose weight. 체중을 줄일 필요가 없을 것 같은데요.**

= I don't think you need to lose weight.

= I think you're in good shape.

Person A invite Person B to go to lunch.

Few weeks ago, I went to have lunch near my company.

My company goives free lunch.

The powder has variety of flavor.

If I go to hosptial, They will check my body.