



Woodland Ways Northern Forests

- Scottish Year Long Course

To give you the most out of our instructors, this course is predominantly operated on a self-catering basis. Time will be allocated for meals, but it is recommended that these are quick to prepare and eat so you have the maximum amount of time to spend on course activities. Certain modules are catered for and will be advised in advance. We would suggest you do not make expensive purchases until after your 1st weekend where our instructors are happy to offer advice.

Kit List – essential items

Tools

- Fixed blade knife (please speak to us for recommendations before purchasing)
- Folding pruning saw
- Axe or hatchet
- Fire steel

Sleeping

- Tent/Basha/Bivi-bag/Hammock
- Sleeping Bag
- Roll Mat

Clothing

- Walking Boots (leather 3 or 4 season is recommended)
- Socks (and spares)
- Base Layers (merino wool is preferable)
- Mid Layers (wool or cotton is preferable)
- Waterproof Outer (Ventile or waxed cotton is recommended)
- Hat (Sun protection for summer/ warmth for winter)
- Gloves (2 pairs: 1 for warmth and a leather pair to handle hot pans etc.)

N.B. Neutral colours especially browns and greens and not rustling clothing will allow you to see more wildlife.

Eating & Drinking

- Cooking pot/Mess tin
- Cooking stove
- Cutlery
- Bowl/Plate
- Mug
- Water bottle
- Gerry Can or minimum 10L water container (This will be used for your personal drinking/washing water, however water for hot drinks etc will be provided.)

Miscellaneous

- Toiletries
- Personal Medication
- Head Torch (ideally with red light or filter)
- Spare Batteries
- First Aid Kit
- Sharpening stone
- Brew Kit
- Food & Snacks (if not provided)
- Rucksack
- Day Sack
- Waterproof Notepad and pen/pencil

Optional considerations – not essential to the course

Tools

- Bow or Bucksaw
- Splitting Axe
- Carving Knives
- Crook Knives
- Specialist Tools for primitive crafts

Clothing

- Wellington Boots
- Gaiters

Eating & Drinking

- Kettle/Kelly Kettle
- Hydration System
- Thermos Flask

Miscellaneous

- Binoculars
- Dry Bags

Woodland Ways will provide all other equipment and materials. Should you have any queries on this list or anything else about the course then please do not hesitate to contact us on 01234 351006 or info@woodland-ways.co.uk

**Please double you have everything on the kit list before
you arrive as leaving the site will not be possible unless in an emergency.
Due to the nature of the course we do not carry spares.**