





### Pre event

### We will cap entry numbers to 500 until restrictions are lifted.



## Mandatory kit requirements for all runners

- ✓ Hand sanitiser (this will also be available at the venue and outposts).
- Facemasks within venue (to be put on once they cross the line again to minimise spread at venue).



If you have had any of the below symptoms within the last 14 days, or feel unwell, please DO NOT attend the event:

- X High temperature
- X New or continuous cough
- X Loss or change in taste and/or smell



#### REGISTRATION PROCESS

Online tickets close at the normal time on the Tuesday/ Wednesday pre race. Registration on event day will follow our standard process (alphabetically organised race numbers) but will be setup slightly differently to allow for social distancing.

Runners will be asked to collect the race number 30mins before the start time they have chosen.



# **Event day**

## **Event day**



- Registration tables spaced 2m apart.
- Barriers used to form 5 queues (1 queue for each table).
- Floor markings to indicate where people can stand in each que max 5 people queuing at one time.



#### START TIME SLOTS

Each distance has a set start time. There will be a rolling start with 10 seconds between each runner.

#### **Original Series**

Long	09:00 - 09:30am
Middle	09:35 - 10:05am
Short	10:10 - 10:40am

#### **X-Series & Frontier Series**

Ultra	09:00 - 09:30am
Long	09:35 - 10:05am
Middle & Short	10:10 - 10:40am

#### **Dark Series**

Long	16:30 - 17:00pm
Middle	17:05 - 17:35pm
Short	17:40 - 18:15pm



### On course





#### MARSHALLS

Marshalls will be positioned on all gates in high traffic areas to control runner flow and minimise runners touching the gates.



#### SIGNAGE

Additional signage will be used on course to ensure runners are mindful of other trail users and vice versa.



#### NOTICE SIGNS

Pre event, signs will be placed on some sections of the route to make people aware that an event is taking place that weekend. Race notice signs, including a race route map, will also be put up in local car parks near to the race route.

### On course



Setup so that runners must keep moving, with a limited number of runners allowed through at once. 2 lanes separated by tape with tables on each side. A staff member at the entrance to the outpost will manage the flow to allow only 2 runners through at a time. This staff member has a pump with hand sanitiser to squeeze onto runner's hands before they go in.

- Only food available on Long / Ultra outposts. Pre made portions of fruit in individual servings handed to runner if they request it. All food kept out of reach from runners.
- Coke, water and PH available at all outpost. But runners need to bring their cup. No cup no drink, cup filled by member of staff (cup held by runner, jug poured by staff).
- Bins placed at 50M & 100M down the route.
- Gels could be issued to long route runners at start line.

Runners not using the outpost will be able to freely pass through on the other side of the track.





### Venue



#### START / FINISH

Finish line will be set up in a separate location to allow runners from the shorter routes, to finish without affecting those that are yet to start.

Giveaways and medals to be handed to runners by gloved event helper. Beer will not be opened. Gloves / mask to be changed every 30 mins.



#### TOILETS

All runners are advised to sanitise their hands before and after using the toilets.

Toilets to be spread out in one location or spread out in multiple locations, with markers on floor to help keep social distancing whilst queuing.



#### VENUE FOOD

Hot food will be take away only.

Tea and coffee to be served in take away cups only.

All food must be shielded from runners (Perspex cover over food).



#### GENERAL

- ✓ Hand sanitiser placed at various points throughout the venue.
- ✓ Signage to reinforce the social distancing measures placed around the venue and out on course.

### Venue



#### STAFFING

- All staffing to be provided with hand sanitiser, gloves and masks.
- All gates/stiles on routes to be manned where possible to minimise 'runner Pinch points'.
- Staff can be issued online maps and briefing to minimise time at venues.



### SPECTATORS

Barriers T'd to mark 2 meters. Runners will be advised that their contact number will be used to support Track and Trace, and as such they are responsible for all spectators who attend the event with them.



SIGNS

Signs to reinforce social distancing used throughout venue.



TERREX



TERREX



# Thank you

WWW.MAVERICK-RACE.COM

START