



Bushcraft Year Course Kit List

Although this course is designed to show you exactly what you do not need, initially you will need to be equipped with the usual items to make life comfortable in the woods, our aim is to guide you through the process of replacing every piece of equipment on this list with natural alternatives or doing away with it entirely replacing toxic plastics and heavy metal items with weightless and indestructible knowledge.

Clothing - Multiple thin layers of drab/ neutral colour clothing

Waterproof jacket & trousers

Full finger gloves

Woolly hat/sun hat

3 Season Walking Boots

Sleeping System – Tent, Bivi and/or Tarp

3 or 4 Season Sleeping bag

Roll matt/insulation matt

Drinking water bottle/ Camelback - A minimum 1 litre water bottle, this can be an empty squash bottle.

Knife, fork, spoon, bowl & mug - These should be of a sturdy construction e.g. metal or plastic.

Cleaning equipment- Household sponge/ biodegradable soap. In line with our environmental policy we would ask you not to bring soap that will have a detrimental effect on the environment.

Torch & spare batteries - A head torch is ideal, as it will leave your hands free to practice your bushcraft, but a head torch is not essential, any form of torch will suffice.

Personal hygiene kit

Toothpaste, toothbrush, anti-bacterial wipes, and toilet paper.

Pocket notebook & pencil with eraser

Personal first aid kit - This should include plasters, anti-bacterial wipes, insect repellent, UV protection, and a small bandage.

Personal Medication

Snacks

Tea/Coffee

Rucksack Please bring all of your kit contained in one rucksack, for guidance a 70-80 litre rucksack should suffice

If you have purchased any extra kit that you wish to try out then please do feel free to bring this with you to try out. In the interests of safety we would respectfully request you to consult with one of our instructors prior to use in order for us to assess the suitability of such items (e.g. knives, fire lighting equipment etc).

Please double check you have everything on the kit list before you leave home as due to the nature of the course we do not carry spares.

Woodland Ways will provide all other equipment, food and materials.

Should you have any queries on this list or anything else about the course then please do not hesitate to contact us on 01234 351006 or info@woodland-ways.co.uk

Jason Ingamells

Chief Instructor