

EAST COAST ENDURO ASSOCIATION



NEW RIDER INFORMATION





On behalf of the East Coast Enduro Association, Inc. (ECEA) and its clubs we welcome you to our family and our great events!

The ECEA is the largest promoter of off-road motorcycling in the United States in terms of membership, participants, and number of events. We offer something for all abilities and ages; from non-competitive trail rides to the rough and tumble bar banging action of our Hare Scrambles.

There are typically over 30 events on the ECEA schedule sponsored by our 19 clubs and are held in the Mid-Atlantic States from late February to late November. These events include our family fun days, our non-competitive dual sport trail rides, and our competitive championship series comprised of our enduro series and our Hare Scramble series events. We offer the broadest choice of formats, terrain, and challenge available in the United States. Whether you are a beginning rider or an experienced racer, we are proud to present the highest quality, most exciting world of off-road motorcycle riding that you will find. And at the season's end, we invite you to join us at our annual awards banquet where we honor our champions and share good times with our riding peers.

We also invite you to look into joining one of our clubs to further enhance your enjoyment of the sport and to help promote and protect the future of off-road motorcycling. At each club you will find people from all walks of life and background who share a common bond; a love of the outdoors and two wheeled fun. You will make new friends and discover new opportunities to enjoy your hobby to the fullest extent. You can find a listing of our ECEA clubs on our web site - www.ecea.org.

Thanks again for joining the ECEA.

We'll see you on the podium!

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OFF-ROAD 101: COME RIDE WITH US!

Motorcycle riders come in all shapes and sizes, and fortunately there are bikes and events to suit all of us. You name the terrain or conditions and without a doubt, there will be a motorcycle fit for the task and a rider ready for the challenge. The East Coast Enduro Association (ECEA) offers something great for everyone from four years old to eighty years young!

Family Fun Days

Our family fun days sprouted from our Youth Hare Scrambles Series. They are more of an informal “get together” with some riding than an emphasis on riding clinics. They provide a chance for our riders and families to have a relaxing day socializing, playing, and enjoying the camaraderie that we rarely have time for at our competitive events. It is also a great opportunity for new folks to get to know us and learn about the ECEA and our events. Activities usually include fun and games; barbecue and food; meet and greets from some of our riding heroes (stars like Andrew DeLong, Jesse Groemm, Jerod Stoner, and Wally Palmer); riding school and tips; and, fun play riding. There are no requirements to enjoy any of our Family Fun Days - just come ready for a great day with great people!

Dual Sport Trail Ride

A Dual Sport trail ride is a noncompetitive motorcycle ride giving us all the chance to do what we love - ride with our friends! The courses are generally 80 to 120 miles long and consist of a mix of single track trail, two track dirt roads, fire cuts, and public roads. Some events are single day and some are two days. The two day events usually host entertainment in the evening. The sponsoring clubs layout the route so that beginning riders can easily negotiate the terrain and have a fun day in the saddle. For the heartier souls, the courses split to “hero sections” providing a greater challenge featuring enduro-style terrain on single track trail. A routesheet is provided to all entrants showing mileage, terrain descriptions, direction of the course, and turns. The courses are also marked with directional arrows, wrong way indicators, and caution or danger signs where necessary. A lunch stop for refueling your bike and body is usually provided with your entry fee. If the lunch stop is away from the start area, the sponsoring club will either provide a gas truck to transport your fuel or host the break at a location where you can purchase fuel. It is not a race, so you can spend the day riding at your own pace with your friends. The clubs usually request that you leave the start area by a certain time in the morning, so they can ensure all participants have returned at the end of the day. Most Dual Sport rides require a licensed rider along with a registered and insured motorcycle, as they usually include some sections of public road. It is best to contact the sponsoring club for specific requirements.

Entry fees are usually \$40-\$50 per day and may include food at the lunch break. A Dual Sport ride provides an awesome value for the money. Where else can you find prepared, marked trail, have your fuel transported, eat a delicious lunch, and ride your dirt bike all day?

Enduro

An enduro is a race against a clock testing the rider's ability to negotiate technical terrain and maintain a predetermined time schedule. If you have ever seen an off-road car rally, the format is very similar.

Most enduro courses are a single loop between 60 and 100 miles long, and, in general, are more challenging and physically demanding than a Dual Sport. The route consists of a series of test sections which may include a mix of technical single track trail, grass track, or other natural obstacles. Usually there are checkpoints at the beginning ("check-in") and at the end ("check-out") of each technical section where the rider's time is recorded. The competitors attempt to maintain the predetermined schedule and arrive at the checkpoints on time. Every minute a rider is late to the checkpoint counts as a point – every minute early is another story! The rider with the fewest number of points accumulated through all test sections for the day is the winner. Arrival time is recorded to the second at some checkpoints in order to break ties if the riders' accumulated points for the day are even.

The test sections are connected by easier transfer sections composed of any mix of roads, dirt roads, power lines, or two track trails where the predetermined time schedule is easily maintained. Like a Dual Sport, the rider is provided a routsheet and the course is clearly marked with directional arrows, wrong way indicators, and caution markers. There are also refueling locations either back at the start area or in a remote location, in which case the sponsoring club will provide a gas truck. Normally remote gas stops are accessible by pit crews.

Riders traverse the course in groups of four or five, dictated by the sponsoring club, starting at one minute intervals. Of course, speed and ability lead to separation in the test sections, but the riders regroup for the transfer to the next "test". You may choose to ride with your buddies on the same row (or "minute") by entering the enduro together.

There are two types of enduros – "timekeeping" and "non-timekeeping" (National Format or Restart). In the timekeeping format the riders must maintain the predetermined time schedule throughout the day, even on transfer sections, as they can be penalized for being both early and late to a checking station. In order to be competitive in a timekeeping enduro the rider will need to be equipped with timekeeping equipment which could be as simple and inexpensive as a watch and odometer or as costly as an enduro computer. In the non-timekeeping format the riders may arrive early at the check-in to a test section with no penalty. The check personnel will ensure they start the test at the proper time and the penalty points will only be accumulated for lateness at the check-out. The ECEA Enduro Series features both timekeeping and non-timekeeping events.

Requirements for enduros may also vary depending on the event and constraints of the sponsoring club. Some enduros are "closed course" and are open to unregistered bikes. Other events, which utilize public roads or property, may require registered and insured vehicles and a motorcycle driver's license.

Entry fees are usually \$45-\$50 and you will also need to apply for an ECEA member number which is available at no charge at each event. Specific information regarding event format and requirements is available from the sponsoring clubs' or the ECEA's website, www.ecea.org.

A great feature of the ECEA's Championship Enduro Series is the diversity of the entrants. There is a class for every ability, from C level (beginner) to AA level (pro), for just about every age (16 to 70+), and a wide variety of motorcycle types (two strokes or four strokes). All clubs award their top finishers with trophies, plaques, and/or merchandise. At every event you will find serious racers, but just as many casual riders out to enjoy a day in the saddle with their friends.

Enduro riding has an etiquette however. If a faster rider catches you, make room for them to pass, then you can both continue to enjoy your day of riding at your comfortable speed and desired level of competition. You decide how you treat the event: as a hotly contested race against the clock where every second counts, or as a fun day riding with and laughing with your buddies.

Junior Enduro – New For 2016!

The ECEA is proud to offer a new form of youth-oriented off-road competition while returning to its roots as an enduro organization. The ECEA will host a five event series with each taking place on the Saturday before the adult enduro on Sunday.

Per our ECEA FastKIDZ Junior Enduro Series Committee: "This has been a long-time vision of ours. The goal of this series is to introduce youth to another exciting competitive form of off-road riding while giving families a full weekend of riding on Saturday and Sunday; furthermore, we will simultaneously cater to new trail riders with abbreviated courses, as well as offering the more experienced riders a challenging experience with approximately 90 minutes of competitive riding within a 2 hour format. In order to accommodate everyone, we will adjust the riding mileage and/or times by age and bike class. We will be using the same classes as the ECEA FastKIDZ Hare Scrambles Series. We have simplified the timekeeping so any child or adult can easily grasp it with no prior enduro knowledge. Simply put, with the 'junior enduro hybrid timekeeping', all the rider needs to do is complete the course in the allotted amount of time, which will be generous and allow for breaks. Furthermore, once the rider leaves the starting line, the rider can enter course sections at any time with any rider they prefer. Various sections of the course will have a 'check-in' and 'check-out'. The time it takes to complete the mileage between the check-in and check-out is how they will be scored. We will strive to offer a low-pressure trail environment with the thrill of competition for those who want it. If the weather should turn unfavorable, the club will adjust allotted time and/or required mileage. Be a part of history in the making!"

Hare Scrambles

For those who prefer the thrill of head-to-head competition, the ECEA's Championship Hare Scrambles Series offers the highest quality, most diverse events in the United States. From the sugar sand of South Jersey to the Maryland and Delaware loam to the mountains of Pennsylvania- we've got the variety of conditions to hone your skills and challenge your talent and classes for all ages - from PeeWee (age four) to Golden Masters (age 70+) - and abilities - from C level (beginner) to AA level (pro). PeeWee, Junior, and Youth events occur on Saturdays, while the adults compete on Sundays.

A Hare Scrambles is a mass start event where riders complete as many laps as they can over the duration of the event. The courses are generally natural terrain and less technical, more open, and faster than an enduro. The competitor completing the most laps with the lowest elapsed time is the winner.

Riders start in rows staged with those in their competitive class usually departing at one minute intervals. The length of the course and duration of the event varies based on age and ability. PeeWee and Junior courses are usually one to two miles long structured for close supervision by parents and sponsoring club personnel. These events are usually 45 minutes long. Youth courses (up to age 16) vary in length from three to six miles and run for 60 minutes. The adult Morning Event (C riders, Specialty classes) lasts for 90 minutes and the courses are

usually five to eight miles long. A recently added "Sportsman Class" to the Morning Event has evolved into a big hit. The Sportsman's Class pays no awards or points and is purely for the enjoyment of riding motorcycles and bragging rights. The Main Event, featuring our B, A, and AA/Pro riders, runs for two hours with courses usually six to twelve miles long. All classes, peewee, junior, youth, and adult, with the exception of Sportsman, award their top finishers with trophies, plaques, and merchandise. A and AA level riders may receive cash awards.

There are no motorcycle registration or insurance requirements to compete in a Hare Scramble event. An ECEA Hare Scramble number is necessary and can be obtained from the ECEA's website (www.ecea.org) or at any event. The rider may choose between an annual rider number fee or a one day trial. Event entry fees are \$25-\$45 depending on the hosting club.

COME JOIN US!

Series points are accumulated and tracked in each of the ECEA Championship Series - Enduro and Hare Scrambles Series - for all competitors. Our champions, young and old, are recognized and rewarded at our annual banquet which takes place at the completion of each season. The awards banquet has evolved into a "must attend" happening featuring tens of thousands of dollars in awards and merchandise, vendor displays, and world class bench racing.

All ECEA competitive events are sanctioned by the American Motorcyclist Association (AMA), so membership is required and can be obtained directly online from the AMA, the ECEA, or at any ECEA event. The AMA offers annual memberships or a one day trial at a reduced price. The ECEA hosts approximately six AMA "National Events" every season.

The ECEA takes tremendous pride in and places great emphasis on our youth programs whose participants have gone on to become top level national and international competitors. We have been privileged to have many of these champions return to their roots to encourage our new young guns and teach riding schools at our events. The Association and its clubs strive to promote challenging and fun events in a family atmosphere while nurturing strong competition and sportsmanship. We believe that the lessons learned in a healthy sporting environment contribute to building character and strong values.

So come on out and check out the ECEA and our great events. We've got something for everyone!





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