


# What is the messenger RNA?

Our body is made of trillion of cells, and each cell performs thousands of tasks per minute. One of those tasks is to **produce proteins**.

**Proteins are essential components of our cells:** they help organizing the internal cellular structure, cleaning up the waste produced by the cell, receiving and sending signals from and to other cells and much more...

**The human cell produces the proteins it needs by executing the instructions stored in the DNA**

The **DNA** is a double helix structure  that contains all the instructions necessary to produce everything in our body, including the proteins our cells need.

Since the **DNA** is so important, it's essential to keep it "safe" inside the **nucleus of the cell**. But the protein production takes place in the **cytoplasm** (the portion of the cell that surrounds the nucleus).

**The instructions stored in the DNA inside the nucleus reach the cytoplasm, where they are needed to produce the proteins, via a messenger molecule called messenger RNA.**

The **messenger RNA** makes a copy of the instructions in the DNA and then carries it outside of the nucleus, into the **cytoplasm**, where those instructions can be converted into proteins. Once in the cytoplasm, the **messenger RNA** does not return into the nucleus.

The instructions carried by the **messenger RNA** are not always the same, but they vary based on what the cell needs at any given time.

**Messenger RNA** is one of the many molecules naturally produced our cells.

