

# EBENEZER NEWSLETTER

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**“Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you.” 1 Peter 5:6**

Greetings to you all in the precious name of our Lord and Savior Jesus Christ.

By the Grace of God, we are in the third month of this New Year. March 2nd, we will be beginning our 50-Day Great Lent (Valiya Nombu). Since the early church, Lent was a time of preparation for those who had converted to/were in the Christian faith.

This involved rigorous time of fasting, praying, meditation, and study of the word of God. This would enable believers to have a smooth transition into the Christian faith, and to be prepared to face the everyday situations of the world.

This is an important part of our spiritual life, tradition, and discipline, as it invites us to

## Sunday Service

**Malayalam Holy Communion**

March 2nd - 10:00 am

**English Holy Communion**

March 9th - 10:00 am

**Malayalam Holy Communion**

March 16th - 10:00 am

**English Holy Communion**

March 23rd - 10:00 am

**Malayalam Holy Communion**

March 30th - 10:00 am

reflection, repentance, and renewal. Fasting is biblical. Fasts enabled the people of God to be closer with God in more deep and profound ways. We see various examples of fasting in the Old and New Testaments. I pray that this year's Lenten season may be a time of transformation, and a time that brings us into the salvation experience through Jesus Christ our Lord.

Our Diocesan Sunday is scheduled for Sunday, March 02, 2025. As per the arrangements of the pulpit exchange, the Rev. Jobin John (Vicar, Bethany MTC, NY) will be visiting our parish during that weekend. Kindly uphold the mission and ministry of our Diocese in your prayers.

Our parish will have an executive Committee retreat on Sunday March 9 th , 2025 after the Holy Communion.

Not only the executive committee members, but anyone interested are welcome to join the retreat.

Our Yuvajana Sakhyam will be arranging a food fest also on the same day. I request your prayers and wholehearted support to make these events a blessing. This year's World Day of Prayer is on March 07th. Let us intensify our prayers, and remember the people Who are suffering all around the world, in our prayers.

May the power that of the cross and resurrected Christ be an inspiration for us as we move forward in our spiritual journey.

Wishing you all a blessed Lenten season.

Above all, let us pray for the sanctification and renewal of our faith community. May the grace, mercy, and blessings of our Triune God, be with you all.

Love and blessings, now and always.

*Yours in Christ,  
Rev. George Abraham  
Vicar*

## “Fasts enabled the people of God to be closer with God in more deep and profound ways.”

I give thanks to God for the unique flavor of our shared ministry together.



## This Month Events

[Click for more...](#)



### 50-Day Great Lent Prayer

Sunday, March 2, 2025  
Time: 7:00 pm (Daily)  
Location: [Zoom Link](#)



### Diocesan Sunday & Pulpit Exchange

Sunday, March 2nd, 2025  
Time: 10:00 am  
Location: Church



### Executive Committee Retreat

Sunday, March 9th, 2025  
Time: After Church Service  
Location: Church

## Youth Chaplain's Corner

Beloved family,

As we step into the Great Fast, we are invited to embrace a season of reconciliation, renewal, and profound reflection. The commencement of Great Lent is marked by the liturgy of Shubkono—a sacred gathering where we set aside our burdens and open our hearts to divine peace. In this holy service, our prayers call us to quiet our egos, cleanse our souls, and deepen the bonds within our community.

Drawing on the harmonious teachings of Scripture and the wisdom of our early Church Fathers, we find that genuine renewal begins with the transformation of the heart. As the psalmist pleads, “Create in me a clean heart, O God, and renew a steadfast spirit within me” (Psalm 51:10), so also St. John Chrysostom reminds us that “Fasting is the medicine of the soul.”

Together, these voices guide us away from mere outward practices, inviting us into a deeper journey of introspection and humility—one that reshapes our inner lives and reinforces our relationships with others.

**“Create in me a clean heart, O God, and renew a steadfast spirit within me”**

Reimagining the story of the wedding at Cana, we encounter a narrative of transformation and abundance. Just as water is miraculously transformed into wine, our humble acts of kindness and reconciliation have the power to elevate the ordinary into the extraordinary.

Each gesture of humility ignites hope and nurtures a more compassionate community.

May this Lent be a time of sincere reflection, soulful rejuvenation, and steadfast unity—a journey where our renewed spirits light the path to a kinder, more loving world.

May the spirit of the Great Fast draw us closer to one another and to Christ. As we journey together, let us remember that our humble gestures—acts of compassion, service, and prayer—are the channels through which Christ’s love flows into the world. Wishing you all a blessed and meaningful Lenten season filled with renewal, reflection, and a profound sense of community.

*In Christ’s love,  
Jason Varghese Achen*



## Youth Fellowship HouseKeeping

### NERYF Fifth Sunday Combined Holy Qurbana

We invite you to join us at 10:00 am on March 30, 2025, at St. James Mar Thoma Church (253 Ehrhardt Rd, Pearl River, NY 10965) for our NERYF Fifth Sunday Combined Holy Qurbana. Ms. Esther Mathew, a member of Salem Mar Thoma Church, NY, will share the message. Let us make this a special time of worship, fellowship, and networking. We encourage everyone to carpool and make this event a blessing for all involved. Parents, please remember to arrange carpools and send your youngsters to this wonderful gathering. More details will follow soon.

### Combined Youth Fellowship Bible Study

On Wednesday, March 12 and 26, 2024, at 7:00 pm, we will be meeting at the Youth Chaplain’s Parsonage for a night of spiritual growth, connection, and meaningful discussion. All are invited, and we would love for you to join us as we dive into God’s Word together. Please mark your calendars and don’t miss out on this enriching opportunity to learn and share in fellowship.

### Monthly Parish Youth Fellowship Meetings

Our regular Parish Youth Fellowship Meetings continue to be wonderful occasions for us to deepen our faith and friendships. If you need further information about dates, times, or activities, please reach out to your Parish Youth Fellowship Secretary, who will have all the details. Let us make the most of these gatherings and encourage one another to grow in faith and unity.

### College Visits – Let’s Fellowship in Christ!

Students, we have an exciting opportunity for you to connect and support each other on campus. Your Youth Chaplain looks forward to visiting colleges for fellowship, prayer, and encouragement. Whether you need a break from studies or a boost in your spiritual walk, we are here for you. Please keep an eye on the NERYF Instagram for exact dates and details regarding these visits. Remember the reassuring words of Matthew 18:20: “For where two or three gather in my name, there am I with them.”

# This Month's Lectionary

## March 2nd

Beginning of the Great Lent:  
Jesus who transforms  
everything

1st Lesson: Deut 30:1-10

2nd Lesson: Rev 21:1-8

Epistle: Rom 12:1-3

Gospel: John 2:1-11

### Bible Reading Assigned To:

Mr. Abraham Jacob & Family

## March 9th

Jesus Christ who holds  
together the neglected (Second  
Sunday of the Lent)

1st Lesson: Jer 33:6-11

2nd Lesson: Phlm 1:8-21

Epistle: Jam 4:7-10

Gospel: Mark 1:40-45

### Bible Reading Assigned To:

Rev. George Abraham & Family

## March 16th

Jesus Christ who gives healing  
and redemption from sin  
(Third Sunday of the Lent)

1st Lesson: 2Kgs 5:1-14

2nd Lesson: Acts 16:16-18

Epistle: Rom 5:6-11

Gospel: Mark 2:1-12

### Bible Reading Assigned To:

Mr. Anil Abraham & Family

## March 23rd

Jesus Christ who makes  
redemption possible for  
everyone (Fourth Sunday of  
the Lent)

1st Lesson: Hos 2:14-23

2nd Lesson: Acts 5:12-16

Epistle: 1Cor 1:18-25

Gospel: Matt 15:21-28

### Bible Reading Assigned To:

Mr. Alexei Isac & Family

## March 30th

Jesus Christ who grants the  
fullness of humanity (Fifth  
Sunday of the Lent)

1st Lesson: Isa 66:12-15

2nd Lesson: Rom 3:23-31

Epistle: 1Pet 1:18-25

Gospel: Luke 13:10-17

### Bible Reading Assigned To:

Mr. Ashok Benjamin Jacob &  
Family

*First Sunday of April is assigned to: Mr. C.S. Chacko & Family, lectionary to follow in April Newsletter.*

# This Month's Parish Programs



## 50-Day Great Lent Prayer

As we enter the sacred season of Great Lent, we warmly invite you to join us for 50 days of prayer, fasting, and spiritual renewal. This sacred time offers an opportunity to draw closer to God, seek His grace, and prepare our hearts for the joy of the Resurrection.

Starting: Sunday, March 2, 2025 @ 7:00 pm (Daily)

[Zoom Link](#)

Dial: 1 646-876-9923

Meeting ID: 812 4392 8868; Passcode:406406



## Diocesan Sunday & Pulpit Exchange

*Rev. Jobin John, Vicar of Bethany Mar Thoma Church, New York will be visiting our parish.*

Date: Sunday, March 2nd, 2025

Time: 10:00 am



## Junior Choir Begins

Date: Sunday, March 9th, 2025

Time: During Service



## Yuvajana Sakyham Food Fest

Date: Sunday, March 9th, 2025

Time: After Church Service



## Executive Committee Retreat

*All Committee Members and Auditors must attend, all others interested are welcome!*

Date: Sunday, March 9th, 2025

Time: After Church Service

# Organization Announcements

*Ebenezer MTC Announcements Only*

## Choir

### **Exciting News: Junior Choir Begins**

*We are excited to announce the launch of our Junior Choir, beginning Sunday, March 9th.*

*Please join us in lifting up these talented young voices in prayer and support as they share their gift of song during the service!*

## Yuvajana Sakhyam

### **Food Fest**

*Ebenezer Yuvajana Sakhyam is organizing a Food fest on March 9th 2025 soon after the Holy Qurbana. Combo dishes and snacks are available during the fest. More details regarding the menu will be posted soon in the WhatsApp groups. Kindly come and support the event.*

## Sunday School

None

## Sevika Sanghom

None

## Edavaka Mission

None

## Youth

None

# Other Announcements

*Ebenezer MTC Announcements Only*

### **Family Night**

*This years Family Night will be held on Saturday, April 12th, 2025, at 4:00 PM.*

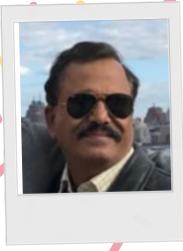
*Details regarding how to sign up for performances and how to notify the organizers of the number of attendees from each family will be shared soon.*

*Further information will be provided in the coming weeks, everyone is encouraged to mark their calendars for Saturday, April 12th, 2025, at 4:00 PM. For any questions, please reach out to the Family Night conveners, Rahul Joseph or Feby Varghese.*

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# HAPPY BIRTHDAY

“The LORD bless you and keep you; the LORD make his face shine on you and be gracious to you; the LORD turn his face toward you and give you peace.” Numbers 6: 24-26



**March 3rd** Thomas George

**March 10th** Thomas K.Mathew

**March 18th** John C Mathai

**March 21st** Aarav Samuel

**March 8th** Renoj K Varughese

**March 10th** Prarthana George

**March 18th** Roshan Samuel

**March 23rd** Emima George

**March 8th** Pearl Varghese

**March 10th** Jephin Jose

**March 19th** Sneha Thomas





"Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart" Proverbs 3:3-4

# **None**



# Executive Committee Info.

Position	Name	Phone Number	Email Address
<b>President</b>	Rev. George Abraham	516-754-6110	georgekallooppara@gmail.com
<b>Vice President</b>	Susan Kurian	914-417-8503	susankurian18@yahoo.com
<b>Secretary</b>	Sneha Thomas	203-927-1572	snehathomas95@gmail.com
<b>Trustee</b>	Alexei Issac	603-320-6767	ialexei@gmail.com
<b>Accountant</b>	Vipin Kovoort	914-420-3669	vipin.kovoort@gmail.com
<b>Lay Leader (Malayalam)</b>	Eapen Joseph	914-310-4892	eapenancy@gmail.com
<b>Lay Leader (English)</b>	Jerry Chacko	908-395-8491	jerry.c.john@gmail.com
<b>Sevika Sangham Secretary (REP)</b>	Reena Mathew (NY)	914-9246482	mathewreena95@gmail.com
<b>Edavaka Mission Secretary (REP)</b>	C.S. Chacko	914-473-3664	chackocs@gmail.com
<b>Yuvajana Sakhyam Secretary (REP)</b>	Tony Mathew	203-767-2280	tony.thomasmathews@gmail.com
<b>Youth Secretary (REP)</b>	Rahul Joseph	914-772-0401	rahuljoseph246@gmail.com
<b>Choir Leader</b>	Feby Varghese	914-815-1555	feby8o@gmail.com
<b>Sunday School Superintendent</b>	Reena Mathew (CT)	203-722-3196	jacobreena@gmail.com
<b>Mandalam Representative</b>	Thomas K Mathew	914-924-6094	thomaskkmathew@gmail.com
<b>Diocese Representative</b>	Jose Cherian	914-740-7987	josekutty1956@yahoo.com