

# The Cyclicalities of Risk and Risk Premia\*

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## Abstract

We study the cyclicalities of the market risk premium and variance. Although both increase in recessions, we find that the risk premium is less countercyclical than conditional variance, implying that the ratio of risk premium to variance is weakly procyclical, unlike the Sharpe ratio. We document this fact in a broad global equity sample, employing multiple approaches to portfolio formation around recession onsets, and we corroborate the evidence using option markets. We show that the ratio of risk premium to variance pins down the conditional beta in a regression of the stochastic discount factor on the market return, and its cyclicalities help explain key features of the equity term structure. A stylized model reconciles the procyclicalities of the price per unit of variance risk with the term structure of Sharpe ratios on dividend claims.

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# 1. Introduction

We show that the ratio of the market risk premium to variance is weakly procyclical, in contrast to the well-known countercyclicality of the Sharpe ratio ([Campbell and Cochrane, 1999](#); [Lustig and Verdelhan, 2012](#)). Although variance and volatility are mechanically linked, dividing average returns by variance rather than volatility changes the cyclical pattern of risk pricing. Across multiple specifications, the ratio of risk premium to variance — which we term the price per unit of variance risk — does not increase in downturns and often rises in expansions. This suggests that common views of countercyclical risk compensation depend on the precise definition of risk, and we show that it also helps explain the maturity structure of risk premia.

There are multiple possible notions of the price of risk. Why focus on the ratio of conditional risk premium to variance? We start with a clear theoretical foundation of the ratio, which we call  $\gamma_t$ : it equals the conditional beta in a regression of the stochastic discount factor (SDF) on the market return. High values of  $\gamma_t$  therefore indicate that market investors face greater SDF exposure per unit of market risk. Put differently, a  $\pm 1\%$  market return translates into higher SDF variation when  $\gamma_t$  is high. We later use this insight to connect the cyclicity of  $\gamma_t$  to the equity term structure.

We then take the theory to the data. Because  $\gamma_t$  is not directly observable, we construct three distinct measures: (1) a realized measure from daily returns within each month, (2) an expected measure following [Kelly and Pruitt \(2013\)](#) that relies on the cross-section of valuation ratios, and (3) an option-implied measure from index options. Despite their different foundations, the three measures exhibit similar time-series behavior, with pairwise correlations between 0.27 and 0.42.

We next examine the time-series properties of  $\gamma_t$ . We compare the price per unit of risk earned in normal times (NBER non-recessions) to that earned when entering during recessions. Because NBER recession dates are determined ex post and often coincide with the onset of financial turbulence, we also consider a perfect-foresight investor who buys the market exactly at its trough and holds for twelve months. As expected, this perfect-foresight investor earns significantly higher Sharpe ratios than in normal times,

consistent with conventional wisdom of its countercyclicality.

In contrast, the price per unit of variance risk does not increase in recessions. In the full U.S. sample starting in 1926, it is statistically indistinguishable across investors entering in recessions versus normal times. In the post-1964 and post-1996 samples, where we can compute expected and option-implied measures of  $\gamma_t$ , the perfect-foresight investor earns significantly lower price per unit of variance risk than in normal times. We confirm these findings in a global sample of 20 equity markets using OECD recession dates. Similarly, investors without foresight who enter one, six, or twelve months into recessions also earn significantly lower  $\gamma_t$ . This pattern holds despite the strong unconditional correlation between  $\gamma_t$  and the Sharpe ratio. The distinction is that Sharpe ratios robustly increase in bad times, while the price per unit of variance risk does not (and decreases significantly in many specifications). As a result, the Sharpe ratio is both statistically and economically more countercyclical than  $\gamma_t$ .

To further strengthen our main empirical results, we investigate how  $\gamma_t$  varies with macroeconomic variables that are typically tied to the state of the economy. We find that  $\gamma_t$  is procyclical. It is high when recession probabilities are low, financial conditions are loose, and the economy is expanding with rising inflation. Higher values of  $\gamma_t$  also forecast stronger future consumption and industrial production growth, and contemporaneously coincide with low dividend-price ratios, i.e., when valuations are high. These patterns hold across a global sample and for all measures of  $\gamma_t$ . By contrast, the Sharpe ratio shows much weaker relations with these macroeconomic variables.

Having established that  $\gamma_t$  is weakly procyclical in the data, we turn to its implications for the equity term structure. We present a stylized model, building on [Lettau and Wachter \(2007\)](#), linking the cyclicity of the price per unit of variance risk to the term structure of risk-adjusted returns for dividend claims of different maturities. In the model, return volatility has three components: constant fundamental (dividend) volatility, constant volatility in the price of fundamental risk, and non-fundamental volatility that increases in bad times (with a high price of fundamental risk). Increases in the price of fundamental risk therefore increase market variance more than expected returns, producing a procyclical  $\gamma_t$ . However, this mechanism is never strong enough to overturn the countercyclicality of

the Sharpe ratio. Moreover, because long-maturity claims load more heavily on unpriced shocks to discount rates, their volatility rises without a corresponding increase in expected return, generating a downward-sloping term structure of Sharpe ratios.<sup>1</sup>

The model links our evidence on the cyclicalities of the price per unit of variance risk to the dividend term structure. It delivers two key implications through the same channel of non-fundamental return risk: (i) a lower SDF beta on the market in bad times—our central empirical fact—and (ii) a downward-sloping Sharpe ratio term structure for dividend claims. At the same time, it preserves the standard countercyclical Sharpe ratio. We conduct simulations of a calibrated version of the model, and we find that it produces not just qualitatively but also quantitatively reasonable results close to our main empirical estimates.

**Related literature.** Our empirical results on the cyclicalities of the price per unit of variance risk relate most closely to the recent strand of literature that investigates the relationship between the market excess return or state prices and market variance.<sup>2</sup> Indeed, [Moreira and Muir \(2017\)](#) show that an investor can earn high Sharpe ratios by moving into the market when volatility decreases, suggesting that the price of risk is inversely related to volatility. Also, using option prices written on the market, [Schreindorfer and Sichert \(2023\)](#) show that the stochastic discount factor projected onto the market return is flatter at times when market volatility is high. Our results are consistent with the findings in this previous literature, but we extend the literature in several important dimensions. First, we do not only focus on market variance as a measure of the state of the economy. Instead, we investigate how the price per unit of market variance risk varies with the business cycle using a broad set of indicators that are often linked to economic activity, including recession indicators, valuation ratios, and growth in industrial production and consumption. We also extend the results to an international setting covering 20 stock markets around the

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<sup>1</sup>While our baseline model assumes, for analytical simplicity, that shocks to the price of fundamental risk are themselves unpriced, this can be weakened: given unpriced non-fundamental risk, Sharpe ratios can still decrease in maturity even if fundamental discount-rate risk is priced. This illustrates how non-fundamental shocks help match the term structure under reasonably weak assumptions.

<sup>2</sup>While our focus is primarily on the price per unit of variance risk, we reconfirm the countercyclical patterns in the Sharpe ratio discussed in [Campbell and Cochrane \(1999\)](#) and [Lustig and Verdelhan \(2012\)](#).

world, showing that the procyclicality of the price per unit of variance risk is a global phenomenon. Lastly, while the focus of the previous papers are on the ability of the leading asset pricing models to match their stylized facts, we focus on bridging the gap between the literature that investigates time variation in the price of risk with the equity term structure literature.

Our analysis of the term structure of option portfolio returns at different horizons is related to results in [Bliss and Panigirtzoglou \(2004\)](#), who conduct a similar analysis but with stronger parametric testing assumptions. More generally, our option results on both the computation of the time varying  $\gamma_t$  and the unconditional option portfolio term structure relate to a longstanding literature that attempts to extract an implied market risk aversion from option prices; see, for example, [Ait-Sahalia and Lo \(2000\)](#), [Jackwerth \(2000\)](#), and [Rosenberg and Engle \(2002\)](#). Specifically, when computing  $\gamma_t$  from option prices, we extend the previous literature by combining the methodology of [Bliss and Panigirtzoglou \(2004\)](#) with a set of linear constraints from [Jensen, Lando, and Pedersen \(2019\)](#), which allows us to obtain a  $\gamma_t$  that is time varying.

Finally, our theoretical model builds directly on that of [Lettau and Wachter \(2007\)](#), and it also connects to findings on the cyclicity of the equity term structure as reported in [Gormsen \(2021\)](#). We discuss these connections further after presenting our model results in Section 5.

The paper proceeds as follows. Section 2 motivates our analysis of the price per unit of variance risk. In Section 3, we discuss how we compute the price per unit of variance risk empirically, while Section 4 presents our main empirical results and contrasts them with results for the Sharpe ratio. In Section 5, we provide our model linking the procyclicality of the price per unit of variance risk to the slope of the equity term structure. Section 6 concludes. Additional details of our measurement approach, as well as further discussions and results on implications for the equity term structure, can be found in the [Appendix](#).

## 2. Theory

In this section, we theoretically motivate our subsequent analysis of the ratio

$$\gamma_t \equiv \frac{\mu_t}{\sigma_t^2} = \frac{\mathbb{E}_t[R_{m,t+1} - R_{f,t+1}]}{\text{Var}_t(R_{m,t+1})}, \quad (1)$$

where  $R_{m,t+1}$  is the gross return on the market and  $R_{f,t+1}$  is the gross risk-free rate. This ratio is equivalent to  $\gamma_t = SR_t/\sigma_t$ , where  $SR_t \equiv \mu_t/\sigma_t$  is the conditional Sharpe ratio.

Assuming the absence of arbitrage, there exists a strictly positive one-period stochastic discount factor (SDF)  $M_{t+1}$  such that  $\mathbb{E}_t[M_{t+1}R_{t+1}] = 1$  for any gross return  $R_{t+1}$ . As is standard, one can use the definition of the conditional covariance to write this as

$$\mathbb{E}_t[R_{t+1} - R_{f,t+1}] = -R_{f,t+1}\text{Cov}_t(M_{t+1}, R_{t+1}). \quad (2)$$

It is common to rewrite (2) to obtain a single-beta representation for expected returns:  $\mathbb{E}_t[R_{t+1} - R_{f,t+1}] = \beta_{R \rightarrow M,t} \lambda_{M,t}$ , where  $\beta_{R \rightarrow M,t} \equiv \frac{\text{Cov}_t(M_{t+1}, R_{t+1})}{\text{Var}_t(M_{t+1})}$  is the slope in a regression of return  $R_{t+1}$  onto the SDF, and  $\lambda_{M,t} \equiv -R_{f,t+1}\text{Var}_t(M_{t+1})$ . According to this representation, assets differ only in their quantity of SDF risk  $\beta_{R \rightarrow M,t}$ , and there is a single SDF factor risk premium  $\lambda_{M,t}$  that is often referred to as the *price of risk* (e.g., [Cochrane, 2005](#); [Campbell, 2018](#)) for all assets.<sup>3</sup> While the common risk premium feature is appealing, this is of course not the only available representation for expected returns, nor the only possible notion for the price of risk. We take a different — effectively converse — route.

In particular, we rewrite (2) as

$$\mathbb{E}_t[R_{t+1} - R_{f,t+1}] = -R_{f,t+1} \beta_{M \rightarrow R,t} \sigma_t^2, \quad (3)$$

where  $\beta_{M \rightarrow R,t} \equiv \frac{\text{Cov}_t(M_{t+1}, R_{t+1})}{\text{Var}_t(R_{t+1})}$  and  $\sigma_t^2 \equiv \text{Var}_t(R_{t+1})$ . In this representation, the intuitive labels separating price from quantity of risk are effectively reversed: one can think of  $\sigma_t^2$  as the quantity of asset-specific risk, and the SDF's exposure to this asset,  $\beta_{M \rightarrow R,t}$ , is the price

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<sup>3</sup>Other notions of the price of risk also exist in other contexts. In continuous-time models with a single Brownian shock, for example, the *market price of risk* often refers to the Sharpe ratio for an asset exposed to that shock.

per unit of asset-specific risk.

Specializing (3) to the case of the market return and rearranging, we see that  $\gamma_t$  — the ratio of market risk premium to variance — pins down the loading in a regression of the SDF onto the market. We summarize this in the following result.<sup>4</sup>

**Result 1.** *The ratio of the risk premium  $\mu_t$  to variance  $\sigma_t^2$  satisfies*

$$\gamma_t = -R_{f,t+1}\beta_{M \rightarrow R,t},$$

$$\text{where } \beta_{M \rightarrow R,t} \equiv \frac{\text{Cov}_t(M_{t+1}, R_{m,t+1})}{\sigma_t^2}.$$

The cyclical behavior of  $\gamma_t = \mu_t/\sigma_t^2$  therefore speaks to the cyclical exposure of the SDF to the market. So while we are not the first to study the behavior of  $\gamma_t$  — among recent literature, we follow (and extend) [Moreira and Muir \(2017\)](#) most closely in doing so — the characterization in terms of  $\beta_{M \rightarrow R,t}$  is novel, and we show below that it allows us to tie the behavior of  $\gamma_t$  to the equity term structure. The result tells us that increases in  $\gamma_t$  must mean that someone holding the market is exposed to greater SDF risk for every unit of market risk. That is, a  $\pm 1\%$  market return exposes the investor to greater SDF variation when  $\beta_{M \rightarrow R,t}$  is higher, and the ratio  $\gamma_t$  will be higher at these times as a result, as illustrated in Figure 1.

One can also relate  $\beta_{M \rightarrow R,t}$  and  $\gamma_t$  to more classical notions of the price of risk, following the discussion around equation (3). If the market is mean–variance efficient (as, e.g., in the CAPM), then for an arbitrary asset,<sup>5</sup>

$$\mathbb{E}_t[R_{t+1} - R_{f,t+1}] = \gamma_t \text{Cov}_t(R_{t+1}, R_{m,t+1}).$$

[Fama \(1968\)](#) refers to  $\gamma_t$  as the “market price per unit of risk” as a result of the above relationship. Alternatively, if returns are log-normal and the SDF is proportional to  $R_{m,t+1}^{-\tilde{\gamma}_t}$  — as would be the case, for example, with a representative agent with relative risk

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<sup>4</sup>Note that we slightly abuse notation in continuing to refer to this loading as  $\beta_{M \rightarrow R,t}$ , as above, even when specializing to the market return.

<sup>5</sup>To see this, note that mean–variance efficiency implies that  $M_{t+1} = a - bR_{m,t+1}$  ([Cochrane, 2005](#)), so  $\beta_{M \rightarrow R,t} = -b$ . And from (2),  $\mathbb{E}_t[R_{t+1} - R_{f,t+1}] = -R_{f,t+1}\text{Cov}_t(M_{t+1}, R_{t+1}) = bR_{f,t+1}\text{Cov}_t(R_{t+1}, R_{m,t+1}) = \gamma_t \text{Cov}_t(R_{t+1}, R_{m,t+1})$ .

aversion  $\tilde{\gamma}_t$  facing i.i.d. consumption growth — then in fact  $\gamma_t \approx \tilde{\gamma}_t$ .<sup>6</sup> Friend and Blume (1975), among others, refer to  $\gamma_t$  as the market price of risk as a result of a version of this observation; others who refer to relative risk aversion as synonymous with the price of risk are effectively doing the same.

We return to these characterizations of  $\gamma_t$  — both the characterization in terms of the SDF loading on the market in Result 1, and the characterization as effective market risk aversion — after presenting our empirical results, which we turn to now.

### 3. Inferring the conditional price per unit of variance risk

Before going into details about our empirical results, we start by describing how we compute the price of market variance risk,  $\gamma_t$  from equation (1). Since  $\gamma_t$  is not directly observable, we consider three fundamentally different approaches to infer  $\gamma_t$ .

#### Realized conditional price per unit of variance risk — $\gamma_t^{\text{realized}}$

Our first measure of the price per unit of variance risk is an ex-post measure that relies on realized within month daily returns. Let  $\tilde{R}_s = R_s - R_s^f$  be the excess return on date  $s$ . We compute the realized conditional price per unit of variance risk in month  $t$  as

$$\gamma_t^{\text{realized}} = \frac{\sum_{s=1}^{N_t} \tilde{R}_s}{\frac{N_t}{N_t-1} \sum_{s=1}^{N_t} [\tilde{R}_s - (\sum_{s=1}^{N_t} \tilde{R}_s)]^2} \quad (4)$$

where  $N_t$  denotes the number of trading days in month  $t$ .<sup>7</sup>

#### Expected conditional price per unit of variance risk — $\gamma_t^{\text{expected}}$

Our second approach of computing the price per unit of variance risk relies on ex ante

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<sup>6</sup>Given  $M_{t+1} \propto R_{m,t+1}^{-\tilde{\gamma}_t}$ , we have  $\tilde{\gamma}_t = -\text{Cov}_t(\log M_{t+1}, \log R_{m,t+1}) / \sigma_t^2$ , where  $\sigma_t^2$  is now the variance of log returns. Thus  $\tilde{\gamma}_t \sigma_t^2 = -\text{Cov}_t(\log M_{t+1}, \log R_{m,t+1})$ , which by the pricing equation (and under log-normality) is  $\log \mathbb{E}_t[R_{m,t+1}] - \log R_{f,t+1} \approx \mathbb{E}_t[R_{m,t+1} - R_{f,t+1}]$ . We note that  $\tilde{\gamma}_t$  in  $M_{t+1} \propto R_{m,t+1}^{-\tilde{\gamma}_t}$  can also be viewed as a reduced-form variable corresponding to the as-if relative risk aversion over market returns as of time  $t$  (i.e., this representation is more general than the power-utility case). Another way to see this is to use the standard myopic portfolio choice rule,  $w_m = \frac{\mathbb{E}_t[R_{m,t+1} - R_{f,t+1}]}{\tilde{\gamma}_t \sigma_t^2}$ , where  $w_m$  is the share of wealth invested in the market. Setting  $w_m = 1$  in equilibrium, we again obtain  $\tilde{\gamma}_t = \gamma_t$ .

<sup>7</sup>We thank Theis Ingerslev Jensen for sharing daily excess returns on international stock market indexes.



predicted values for the conditional market risk premium and its variance. We compute the conditional market risk premium using the methodology in [Kelly and Pruitt \(2013\)](#). Under the two assumptions: (i) the expected log return and log growth rates are linear in a set of latent factors, and (ii) these factors evolve according to a first-order vector autoregression, [Kelly and Pruitt \(2013\)](#) show how to infer the conditional market risk premium from the cross-section of valuation ratios. The main reason why we choose this estimator as our ex ante predictor of the market risk premium is that the estimator does well in predicting market returns both in- and out-of-sample. [Kelly and Pruitt \(2013\)](#) find that they can predict the one-month market risk premium on the U.S. market portfolio with an  $R^2$  of 2.38 in-sample and an  $R^2$  of 0.93 out-of-sample. A minor benefit is that the method is build around valuation ratios and the predicted expected returns are therefore likely to fluctuate with the business cycle as we would expect.

Consistent with previous literature that consider time-variation in market variance (see e.g. [Campbell et al. \(2018\)](#)), we compute conditional expected market variance assuming that the variance follows a first-order autoregressive process. We compute the predicted variance via the relationship

$$\tilde{\text{Var}}_t(R_{m,t+1}) = \theta_0 + \theta_1 \text{Var}_{t-1}(R_{m,t}) \quad (5)$$

where

$$\text{Var}_{t-1}(R_{m,t}) = \frac{N_t}{N_t - 1} \sum_{s=1}^{N_t} [\tilde{R}_s - (\sum_{s=1}^{N_t} \tilde{R}_s)]^2 \quad (6)$$

is the realized variance in month  $t$ . We infer the values of the parameters  $\theta_0$  and  $\theta_1$  in equation (5) from a linear regression of realized variance on its one period lagged value.

Combining the predictions from [Kelly and Pruitt \(2013\)](#) about the conditional market risk-premium with the AR(1) variance prediction, we compute  $\gamma_t^{\text{expected}}$  as in equation (1).

### **Option implied conditional price per unit of variance risk — $\gamma_t^{\text{option}}$**

As the third and final approach for computing the price per unit of variance risk, we look

to option markets.<sup>8</sup> The premise for this approach is that the projection of the stochastic discount factor onto the market return,  $M_{t+1}|R_{m,t+1} = \delta_t R_{m,t+1}^{\gamma_t}$ , prices the market and derivatives written on the market. This premise is common in previous option literature, see e.g. [Bliss and Panigirtzoglou \(2004\)](#). Under this premise, we can relate the state price density ( $\pi_{m,t+1}(x)$ ) of market returns to the physical probability density ( $p_{m,t+1}(x)$ ) and a risk adjustment in the following way:

$$\pi_{m,t+1}(x) = p_{m,t+1}(x) \delta_t x^{-\gamma_t} \quad (7)$$

Using insights from [Breedon and Litzenberger \(1978\)](#), we can use option prices to back out risk-neutral densities, say  $f_t^*(R_{m,t+1}) = \pi_{m,t+1}(x) R_t^f$ . These densities reflect the time  $t$  real-time risk-adjusted probabilities over the potential future market outcomes.

Now, from Equation (7), we can write the stock market's physical probability distribution function, say  $F_{m,t}(x)$ , as

$$F_{m,t+1}(x) = \int_{-\infty}^x p_{m,t+1}(y) dy = \int_{-\infty}^x \frac{\pi_{m,t+1}(y) y^{-\gamma_t}}{\delta_t} dy \quad (8)$$

If we knew the true values of the parameters  $\delta_t$  and  $\gamma_t$  then we could directly infer the stock market probability distribution from the observable state price density. However, the true values of the parameters are not directly observable and we therefore have to come up with a way to infer them. To achieve this task and infer the true values of  $\delta_t$  and  $\gamma_t$ , we follow [Bliss and Panigirtzoglou \(2004\)](#) and use the so-called Berkowitz test, cf. [Berkowitz \(2001\)](#). The idea behind the Berkowitz test is that, for the true values of  $\delta_t$  and  $\gamma_t$ , the distribution of  $u_{t+1} = F_{m,t}(R_{m,t+1})$  is uniform and the distribution  $y_{t+1} = \Phi^{-1}(u_{t+1})$  is standard normal. Therefore, to conduct the Berkowitz test, we estimate the coefficients in the regression model:

$$y_{t+1} = a + \beta y_t + \epsilon_{t+1}, \quad \epsilon_{t+1} \sim N(0, \sigma^2) \quad (9)$$

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<sup>8</sup>The empirical methodology in this section was first reported in Chapter 3 of [Jensen \(2018\)](#), which this paper now supersedes.

and perform a likelihood ratio test of the joint hypothesis that  $a = \beta = 0$  and  $\sigma^2 = 1$ .<sup>9</sup> It is worth noticing that, even though there might be momentum effects in returns, then we will still want  $b = 0$  because the true distribution should take these momentum effects into account. The Berkowitz likelihood ratio test for non-overlapping returns is:

$$LR = -2(LL(0, 0, 1) - LL(a, \beta, \sigma^2)) \sim \chi_3^2 \quad (10)$$

where  $LL(a, \beta, \sigma^2)$  is the log likelihood of Equation (9). The likelihood ratio test statistic,  $LR$ , is chi-square distributed with three degrees of freedom.

To find the values of  $\delta_t$  and  $\gamma_t$ , we minimize the Berkowitz test statistic in Equation (10) under the constraint that, for all dates  $t$ , the equation  $\int_{-\infty}^{\infty} \frac{\pi_t(y)y^{-\gamma_{m,t}}}{\delta_{m,t}} dy = 1$  must hold. This constraint ensures that the resulting physical return distributions integrate to one at all points in time. Written in mathematical terms, the optimization problem is:

$$\min_{\delta_t} -2 \left( LL(0, 0, 1) - LL(a, \beta, \sigma^2) \right) \quad (11)$$

$$s.t. \quad \gamma_t \text{ solves } \int_{-\infty}^{\infty} \frac{\pi_t(y)y^{-\gamma_t}}{\delta_t} dy = 1, \quad \text{for all } t \quad (12)$$

For a given value of  $\delta_t$ , the constraints provide enough equations to solve for the time-varying  $\gamma_t$ . Specifically, for a given level of  $\delta_t$ , at any point in time, we only have to solve for  $\gamma_t$ . If  $\gamma_t$  was linear in the constraint, then solving for the parameter would be straightforward. However,  $\gamma_t$  enters non-linearly in the constraint and we need to address this non-linearity. The generalized recovery methodology of [Jensen, Lando, and Pedersen \(2019\)](#) provides us with the argument we need. If we assume that there is a solution to the constraint for one given  $\gamma_t$ , then that solution is almost surely unique. Practically, this means that there will be at most one solution to the constraint equation.<sup>10</sup>

To optimize over the parameter,  $\delta_t$ , we need to make an assumption on its functional

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<sup>9</sup>We use non-overlapping monthly horizon distributions and returns. The hypothesis that  $b = 0$  is therefore natural. For the case with overlapping returns see e.g. [Bliss and Panigirtzoglou \(2004\)](#) for a thorough discussion of the test.

<sup>10</sup>Our methodology is closely related to the methodology used in [Bliss and Panigirtzoglou \(2004\)](#). In short, the difference in the two methodologies is that, they optimize over a constant level of stock market  $\gamma$  whereas we optimize over the stock market time preference parameter  $\delta_t$  and allow  $\gamma_t$  to be time-varying through the constraints in Equation (11).

form. We allow  $\delta_t$  to be time varying through the time variation in the gross risk-free rate. Specifically, we assume that  $\delta_t = \frac{1}{R_t^f} + c$  where  $R_t^f$  is the time  $t$  gross risk-free rate and  $c$  is a time-invariant parameter. This functional form of  $\delta_{m,t}$  is conveniently simple while nesting the risk-neutral distribution as a solution if  $c = 0$ . To minimize Equation (11), we search over a grid of values for  $c$  and pick the  $c$  which provides the lowest Berkowitz test statistic. Importantly, for each value of  $c$ , the constraints ensure that we can infer a time varying level of  $\gamma_t$ . For different values of  $c$ , the  $\gamma_t$  time series will differ and consequently also the physical distributions, which gives us the variation in the Berkowitz test statistics that we need for our optimization.

We set  $\gamma_t^{\text{option}}$  to be the optimized  $\gamma_t$  from the optimization problem in 11. That is,  $\gamma_t^{\text{option}}$  takes the values that best reconciles the ex ante observable option prices with the ex post realized returns.

**The Sharpe ratios.** We compute the Sharpe ratios by multiplying the estimated price per unit of variance risks by the conditional volatility. For the realized Sharpe ratio, we multiply  $\gamma_t^{\text{realized}}$  with the within month standard deviation of returns. For the expected Sharpe ratio, we multiply  $\gamma_t^{\text{expected}}$  with the expected volatility from the AR(1) model. Lastly, for the option Sharpe ratio, we multiply  $\gamma_t^{\text{option}}$  with the option implied volatility computed from equation (7) using  $\gamma_t^{\text{option}}$  as the exponent.

**Pairwise correlations.** Figure 2 shows the estimated Sharpe ratio in panel (a) and prices per unit of variance risk in panel (b) for the US stock market. As reported in Table 1, the estimates for the prices of risks are highly correlated with correlations ranging from 0.27 to 0.42. In the table, we also report correlations for  $\gamma_t^{\text{PCA}}$  and  $SR_t^{\text{PCA}}$ . These are the first principal components for the price per unit of variance risk measures and the Sharpe ratio measures respectively. The first principal components capture a large part of the variation in the three measures with individual correlations to the measures ranging from 0.41 to 0.80. These principal components suggests that there is a strong similarity in the variation in the measures.

## 4. Cyclicalities of risk prices

In this section, we investigate how  $\gamma_t$  varies over the business cycle. We start by investigating how risk prices change during recessions. Thereafter, we investigate if risk prices are different in and out of recession periods. Lastly, we investigate how the risk prices vary with macroeconomic variables that are typically tied to economic activity. In the following, we devote a subsection to each analysis.

### 4.1. Do risk prices increase from the onset of a recession to the end of the recession?

Figure 3 highlights the contrasting behavior of the Sharpe ratio and the price per unit of variance risk during recessions, using option-implied measures from the U.S. stock market. Both series are standardized for comparability and are positively correlated overall, with a correlation of 0.54. Yet their cyclical behavior is clearly different. In every NBER recession in the sample, the Sharpe ratio rises more than the variance risk price, and in the COVID recession the two even move in opposite directions. During the financial crisis, for example, the Sharpe ratio increased by almost two standard deviations—an annualized rise of 0.34—while the variance risk price rose only modestly. These recession dynamics reveal that the Sharpe ratio increases significantly, both statistically and economically, whereas the price per unit of variance risk does not. The figure thus provides direct visual evidence of the weaker cyclicalities of variance risk pricing relative to the Sharpe ratio.

Table 2 confirms that the Sharpe ratio rises in recessions. Across our three measures, the Sharpe ratio increases from recession onset to recession end by 0.58 to 1.28, corresponding to an annualized gain of 0.10 to 0.22. The realized and expected measures yield statistically significant differences, consistent with their larger number of observations. For the option-implied measure, the  $t$ -statistic is 2.80, just below the 10% critical value given only three recessions. Using the first principal component of all three measures, we again find a statistically significant increase despite the limited sample. These results strengthen the conjecture that the Sharpe ratio is robustly countercyclical.

Columns 3 and 4 of Table 2 report the results for the price per unit of variance risk. Unlike the Sharpe ratio, this measure shows no systematic increase in recessions: the difference is mildly positive in two specifications and negative for the option-implied measure. Only the realized measure is statistically significant. Overall, the evidence indicates that the price per unit of variance risk does not rise from recession onset to recession end.

Columns 5 and 6 compare the standardized changes in the Sharpe ratio and the price per unit of variance risk. The difference is positive in all four specifications and statistically significant in three. These results highlight the distinct cyclical behavior of the two risk prices: the Sharpe ratio is countercyclical, rising reliably in recessions, while the price per unit of variance risk is essentially acyclical, showing only mild changes from recession onset to recession end.

## **4.2. Are risk prices highest in recessions?**

Recessions are typically determined ex post and are defined by a significant decline in economic activity. During such periods, we often observe large declines in industrial production, employment, and gross domestic product. In many recessions, we also observe initial large declines in the stock market. This is particularly the case if the recession was driven or initiated by financial activity as in the Great Financial Crisis of 2007-2009.

Directly comparing the price of risk for an investor who invests in normal times, non-recession periods, to the price of risk for an investor who invests during the "full" recessions therefore suffers from an ex post bias in the sense that recessions are ex post determined by the decline in economic activity. However, following the ideas of [Lustig and Verdelhan \(2012\)](#), we can ask how the price of risk in normal times relate to the price of risk in recessions where the investor enters the market at specific points during the recessions. To this end, we start from the following narrative. Suppose an investor wants to enter the market in a recession. If the investor could choose that point in time ex post of the recession, when would the investor enter the market? The natural answer is, the investor would choose to enter the market when the market has reached its low point in the recession. This investor is our starting point. We say that this investor has "perfect

foresight” in that she can pinpoint when the market is at its low in recessions. This investor enters the market at its low and holds the market for twelve consecutive months thereafter.

Table 3 reports the results for the Sharpe ratio for the investor with perfect foresight during NBER recessions and for the investor who invests in normal times, which for this table is NBER non-recession months. We compute the statistic for three different samples: (i) the full sample going back to 1926, (ii) a post 1964 sample, and (iii) a post 1996 sample. We compute the unconditional Sharpe ratio for the investor with perfect foresight in recessions by bundling the monthly excess returns over all the recessions, the twelve months after the low in each recession, and computing the unconditional expected excess return and unconditional volatility using these monthly returns. The first part of the table reports the results for the unconditional Sharpe ratio and our results support evidence from [Lustig and Verdelhan \(2012\)](#) that, at least in some specifications, the Sharpe ratio is higher in recessions than in normal times. We find that this is true in all three samples and the difference is statistically significant in the two longest samples. Standard errors are bootstrapped using 10,000 samples.

The second part of Table 3 reports the average realized conditional monthly Sharpe ratio for the investors. We compute the conditional Sharpe ratios using within month daily excess returns to infer the conditional expected excess return and the conditional volatility. The average conditional Sharpe ratio is higher for the investor with perfect foresight and the difference is statistically significant in the two longest sample. The third and fourth part of the table report results for the conditional expected Sharpe ratio and the conditional option implied Sharpe ratio. The expected Sharpe ratio has on average lower Sharpe ratios for the perfect foresight investor but the option implied measure is positive and statistically significant at the 10% level. Overall, the results presented in Table 3 support the notion that the Sharpe ratio is countercyclical.

Next, we turn to the price per unit of variance risk. These results are reported in Table 4. The first part of the table reports the result for the unconditional price per unit of variance risk. Similarly to how we compute the unconditional Sharpe ratio, we bundle returns for the perfect foresight investor who invests after the market low in each recession and holds the market for twelve months thereafter. We then compute the unconditional price

per unit of variance risk as the ratio of the average excess returns over the variance of these returns. In the longer samples, we find that the difference is positive and statistically significant, meaning that in these samples we find that the price per unit of variance risk is unconditionally higher than in normal times.

Turning to the conditional prices per unit of variance risk, we find similar results for the long sample and for the realized measure. Here the coefficient is positive and statistically significant at the 10% level. In all other conditional specifications, for realized, expected, and option implied measures and various sample lengths, we find that the point coefficient is negative and it is statistically significant in three of the five specifications. These results suggest that conditional price per unit of variance is lower in recessions than in normal times. Overall, our results on the price per unit of variance risk for the perfect foresight investor suggests that it is likely procyclical or in some specifications only weakly countercyclical or acyclical.

However, most investors do not have perfect foresight and might not move into the market at its exact low in recessions. A more realistic and implementable strategy is to enter the market a certain number of months into each recession, similarly to the real time method of [Lustig and Verdelhan \(2012\)](#). Since the more realistically implementable investment strategies do not necessarily enter the market at its low, it is likely that they will underperform the investor with perfect foresight and therefore have lower risk prices. Next, we investigate if this statement holds true by comparing how different implementable strategies perform relative to the normal times investor.

Table 5 reports the differences in the Sharpe ratio for the investor without perfect foresight that enters the market six months into each recession and holds the market for twelve months thereafter to the Sharpe ratio for the normal times investor. We find that the Sharpe ratio is highest for the normal times investor in six of our nine specifications and it is statistically significantly negative in two of these tests. These results suggest that for the more realistic trading strategy where the investor enters the market six months into each recession, the Sharpe ratio that the investor earns is largely indistinguishable for what is earned in normal times, if anything it is likely to be lower than what the normal times investor earns. These results remain if we consider other timings like one or twelve



months into each recession instead of six months.

When looking at Table 6, that reports the results for the price per unit of variance risk, we find that this risk price is negative in eight of the nine specifications and it is statistically significant in five of these. These are all the specifications for the conditional price per unit of variance risk in the modern sample starting in 1964. Our results for the price per unit of variance risk show that the investor who invests in normal times earn significantly higher risk prices than the investor who enters six months into each recession. As for the Sharpe ratio, these results remain for other timing windows for the investor who enters in recessions.

The previous tables report the results for our US sample. Next, we broaden to an international setting where we have recession data from the OECD database. Merging this data with our return data, we end up with a sample of 20 stock market indexes around the world, including the OECD sample for the US.

Table 7 reports the pooled sample differences in the monthly prices of risk during normal times, which for this table is OECD non-recession months, and the recession period trading strategies from Tables 3 to 6, using OECD recession indicators. The first row reports the results for the investor who has perfect foresight in recessions. The results in the first columns show that if we can perfectly pinpoint the low in recessions around the world, then we can earn higher Sharpe ratios in recessions than out of recessions, consistent with previous results in Campbell and Cochrane (1999) and Lustig and Verdelhan (2012). The second and third column confirms the results of Table 6, that the investor with perfect foresight in recessions earn a price per unit of variance risk that is similar to that of the normal times investor. The remaining rows confirm that realistically implementable trading strategies have lower risk prices in recessions.

To sum up, Tables 3 through 7 provide the following insights. Investors who can perfectly time the market in recessions, that is, invest at its low, can earn Sharpe ratios that are higher than those earned in normal times. However, the price per unit of variance risk earned by the investor with perfect foresight is at best equal to what is earned in normal times. This last finding, which is novel to this paper, holds for both conditional and unconditional measures of price per unit of variance risk, is robust to different definitions

of recessions (NBER and OECD indicators), and holds for a pooled international sample. Importantly, we also find that realistic trading strategies that enter the market in recession periods earn lower price per unit of variance risk than what is earned in normal times while the results for the Sharpe ratio are largely indistinguishable for realistic trading strategies in recessions and the normal times investor.

Next, we investigate how the conditional risk prices vary with macroeconomic variables that capture the state of the economy.

### 4.3. Do risk prices move with the business cycle?

In this section, we further study the cyclical fluctuations risk prices by linking their fluctuations to variables that capture the state of the financial sector and the overall macro economy. As in the previous section, we first focus on our US sample and thereafter extend the results to a broader international setting.

We start by considering the relation between risk prices and Chicago Fed financial and macroeconomic indicators. The NFCI is the national financial condition indicator, which is comprised of several subcategories built to capture risk, credit conditions, and financial and non-financial leverage. High values of the variables are historically associated with tighter-than-average conditions in financial markets, i.e., bad times. The first five rows of Table 8 report the results of regressions on the form:

$$\text{Price of risk}_t = \alpha + \beta \times \text{Financial Risk Indicator}_t + \epsilon_t \quad (13)$$

The results for the Sharpe ratio, which are shown in the first three columns of Table 8, we find that the realized and expected measures are generally negatively related to the financial indicators while the option measure is positively related to most indicators but the positive coefficients are not statistically significant. The last three columns of the table reports the results for the price per unit of variance risk. Here, we find that all measures are generally negatively related to the financial risk indicators and ten of the fifteen specifications are statistically significant. These results suggest that the price per unit of variance risk moves strongly procyclically with these risk indicators while the

Sharpe ratio moves only mildly with the risk indicators.

To extend the recession results from the previous tables, in row six of Table 8, we also report results of the relationship between risk prices and the recessions probability of [Chauvet and Piger \(2008\)](#). We find that, when the probability of a recession is high then the price per unit of variance risk is low, lending further evidence of its procyclicality. Results are generally weaker for the Sharpe ratio.

In row seven, we extend the results to the Chicago Fed National Activity Index, CFNAI, which is an index build to capture overall economic activity and inflationary pressure. A high value of the CFNAI is generally associated with good economic conditions with high consumption growth, low unemployment, and high industrial production. We find that price per unit of variance risk is positively related to CFNAI and the effect is statistically significant in two of the three measures of the price per unit of variance risk. For the Sharpe ratio, we find no clear relationship between any measure and the CFNAI.

Next, we turn to consumption growth. Due to the fact that in the US we have monthly data and in our international sample we have quarterly observations, we divide our analysis into two parts, a US part and an international part. We obtain data on US consumption from the St. Louis Fed database on monthly personal consumption expenditures of non-durable and service goods. We deflate consumption with the CPI. The last column of Table 8 reports the results when regressing the risk prices onto the future eight month consumption growth. Both for the Sharpe ratio and the price per unit of variance risk, we find only mild positive relationships between the measures and consumption growth for the realized and expected measures while the option measures have negative but insignificant coefficients..

In Table 9, we move to an international setting where in the first part, we report the results of a pooled panel regression of the risk prices onto the subsequent eight quarter consumption growth ( $s = 4$  or  $s = 8$ ):

$$\text{Risk price}^i = \alpha_i + \beta \times \text{consumption growth}_{q+1,q+s}^i + \epsilon_{q+1,q+s}^i \quad (14)$$

where  $i$  represent the different countries and  $\text{Risk price}^i$  is the average of the monthly

measures within quarter  $q$ . We cluster standard errors by country and quarter and include country fixed effects. We use Final Consumption Expenditure, Real, Unadjusted, Domestic Currency from the IMF database as our proxy for aggregate consumption. The first row reports the results when we pool the raw data and the second row reports results where we standardize both risk prices and consumption growth within each country before pooling the data. In all panel regression specification, we find that the price per unit of variance risk is positively related to future consumption growth and the slope coefficients are statistically significant for the realized measure. For the Sharpe ratio, we find similar results.

We next study how the risk prices vary with valuation ratios, which are standard measures of the state of the economy in previous asset pricing literature (see e.g. [Campbell and Cochrane \(1999\)](#) and [Gormsen and Jensen \(2024\)](#)). We measure valuation ratios through country-level dividend-price ratios and book-to-market ratios. In the second part of Table 9, we report the results of panel regressions on the form:

$$\text{Risk price}^i = \alpha_i + \beta \times \text{valuation ratio}_t^i + \epsilon_t^i \quad (15)$$

where we regress the risk prices onto the contemporaneous valuation ratio. We include country fixed effects and cluster standard errors by country and time. The first row for the dividend-price section reports the panel regression results when we pool the raw data for all countries. The second row reports the results where we standardize (mean zero and variance one) both the risk prices and the valuation ratio within each country before pooling. We find that the price per unit of variance risk is negatively related to the contemporaneous level of the dividend-price ratio, suggesting that investors can earn higher price per unit of variance risk in good times when market prices are high. For the Sharpe ratio, we find similar results, but they are mildly weaker for the expected measures.

Finally, we also consider how the risk prices vary with the growth in industrial production. The third part of Table 9 reports panel regressions on the form:

$$\text{Risk price}^i = \alpha_i + \beta \times \text{Industrial production}_{t+1,t+s}^i + \epsilon_t^i \quad (16)$$

where  $s = 8$  are months. The first row of the industrial production part of the table reports results using the raw data and the second row reports the results when we standardize the data input within country before pooling the data. Our data on industrial production is from the OECD database. We find that the price per unit of variance risk is positively related to future growth in industrial production in all our regression specifications and the slopes are all statistically significant. The coefficients are also positive for the Sharpe ratio but less statistically significant for the expected measure. In these panel regressions, we again add country fixed effects and cluster standard errors by country and time. These results show that the risk prices are high in good times when economic activity as measured by the growth in industrial production is high.

## 5. Implications for the equity term structure

Next, we reconcile our empirical findings on the cyclicity of the price per unit of variance risk with stylized facts about the standard equity term structure. We consider a model building off of that of [Lettau and Wachter \(2007\)](#), but with a new assumption that there are “non-fundamental” shocks to dividend claims. These non-fundamental shocks increase in importance in bad times, when the fundamental price of risk is high. We will see that this model will produce a countercyclical Sharpe ratio, as is standard. But it will also feature a *lower* price per unit of variance risk in bad times, and thus a procyclical price of this risk. Finally, the greater exposure of long-horizon claims to unpriced discount-rate shocks will produce a downward-sloping term structure of Sharpe ratios, consistent with the [Lettau and Wachter \(2007\)](#) model and with empirical estimates ([van Binsbergen and Koijen, 2017](#); [Cejnek and Randl, 2020](#); [Golez and Jackwerth, 2024](#)).<sup>11</sup>

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<sup>11</sup>In the main version of the model, we assume that shocks to the fundamental price of risk are unpriced, for analytical convenience. But if, in addition, we included a small price of risk on discount-rate shocks, one could reconcile this model with the countercyclical term premium as in [Gormsen \(2021\)](#). We plan to do so in a full quantitative version of the model.

## 5.1. Model setup

The aggregate dividend is denoted by  $D_t$ , and let  $d_t = \log D_t$ . We assume that log dividend growth follows

$$\Delta d_{t+1} = g - \frac{1}{2}x_t^2\sigma_z^2 + \sigma_d\varepsilon_{d,t+1} + x_t\sigma_z\varepsilon_{z,t+1}, \quad (17)$$

where  $\varepsilon_{d,t+1}$  and  $\varepsilon_{z,t+1}$  are standard normal and independent of each other and over time. Relative to the specification in [Lettau and Wachter \(2007\)](#), we include an additional shock  $x_t\sigma_z\varepsilon_{z,t+1}$ , whose volatility is time-varying and increasing in  $x_t$ . This  $x_t$  variable will also, for parsimony, represent the price of risk.<sup>12</sup> The shock  $\varepsilon_{d,t+1}$  will be priced (i.e., it will enter the SDF), while the shock with time-varying volatility will not be. This should be thought of as a stripped-down way to model the idea that returns on dividend strips (and the market) include additional “non-fundamental” volatility in bad times, reverse-engineered here by including an unpriced shock in dividend growth that becomes more important in bad times.

As above, the price of risk is driven by a single state variable  $x_t$ , which follows

$$x_{t+1} = (1 - \phi_x)\bar{x} + \phi_x x_t + \sigma_x \varepsilon_{x,t+1}, \quad (18)$$

where  $\varepsilon_{x,t+1}$  is i.i.d. standard normal and independent of  $\varepsilon_{d,t+1}$  and  $\varepsilon_{z,t+1}$  and where  $\bar{x} > 0$ ,  $\phi_x \in (0, 1)$ .

The log stochastic discount factor  $m_{t+1} = \log M_{t+1}$  is directly specified as

$$m_{t+1} = -r^f - \frac{1}{2}x_t^2 - x_t\varepsilon_{d,t+1}, \quad (19)$$

where  $r^f$  is the constant log risk-free rate. Intuitively, investors dislike exposure to “fundamental” dividend-growth shocks  $\varepsilon_{d,t+1}$ , and the degree to which they dislike this exposure is governed by risk aversion (the conditional price of risk)  $x_t$ . All other risks are unpriced

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<sup>12</sup>As an additional twist relative to [Lettau and Wachter \(2007\)](#), we also rule out time variation in the conditional mean of (exponentiated) dividend growth. Including such time variation would allow for a downward-sloping term structure of expected returns (rather than a constant term structure of expected returns but downward-sloping Sharpe ratios and CAPM alphas, as ours will feature). Since this is relatively unimportant for our analysis, we simplify by omitting such time variation.

directly. All the main results would carry through in more realistic cases in which fundamental discount-rate shocks (i.e., shocks to  $x_t$ ) are priced (with a smaller price on this risk than on fundamental risk); we omit this for now for analytical clarity.

## 5.2. Solution and implications

We now solve explicitly for the prices and returns of zero-coupon equity (i.e.,  $n$ -maturity dividend claims).<sup>13</sup> The price of the  $n$ -maturity claim at time  $t$  is  $P_{n,t}$ , and let  $p_{n,t} = \log P_{n,t}$ . One-period returns are  $R_{n,t+1} = P_{n-1,t+1}/P_{n,t}$ . Since  $\mathbb{E}_t[M_{t+1}R_{n,t+1}] = 1$ , we have the following recursive relation for prices:

$$P_{n,t} = \mathbb{E}_t[M_{t+1}P_{n-1,t+1}], \quad (20)$$

with boundary condition  $P_{0,t} = D_t$  given that the dividend is paid out at maturity.

Guess a log-linear solution for the price-dividend ratio:

$$\frac{P_{n,t}}{D_t} = \exp(A_n + B_{x,n}x_t). \quad (21)$$

Under this conjecture, the price-dividend ratio is

$$\frac{P_{n,t}}{D_t} = \mathbb{E}_t \left[ M_{t+1} \frac{D_{t+1}}{D_t} \exp(A_{n-1} + B_{x,n-1}x_{t+1}) \right]. \quad (22)$$

Using the assumed conditional log-normality in (17)–(18), we can match coefficients of (21) and (22) to obtain

$$A_n = A_{n-1} - r^f + g + B_{x,n-1}(1 - \phi_x)\bar{x} + \frac{1}{2}\sigma_d^2 + \frac{1}{2}B_{x,n-1}^2\sigma_x^2, \quad (23)$$

$$B_{x,n} = B_{x,n-1}\phi_x - \sigma_d = -\frac{1 - \phi_x^n}{1 - \phi_x}\sigma_d, \quad (24)$$

with boundaries  $A_0 = B_{x,0} = 0$ . This verifies the conjecture. Note that  $B_{x,n} < 0$  for all  $n$ , so that the price-dividend ratio decreases (times are bad) when the price of risk increases.

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<sup>13</sup>The price and return for aggregate equity then follows straightforwardly from the zero-coupon solutions, but in order to examine intuition, we maintain focus on the zero-coupon claims.

The log return on the strip of maturity  $n$  is then

$$\begin{aligned} r_{n,t+1} &= \log\left(\frac{P_{n-1,t+1}}{D_{t+1}} \frac{D_t}{P_{n,t}} \frac{D_{t+1}}{D_t}\right) \\ &= g - \frac{1}{2}x_t^2\sigma_z^2 + \sigma_d\varepsilon_{d,t+1} + x_t\sigma_z\varepsilon_{z,t+1} + A_{n-1} + B_{x,n-1}x_{t+1} - A_n - B_{x,n}x_t. \end{aligned} \quad (25)$$

The conditional variance of this log return follows as

$$\sigma_{n,t}^2 = \text{Var}_t(r_{n,t+1}) = \sigma_d^2 + \sigma_z^2 x_t^2 + |B_{x,n-1}|^2 \sigma_x^2. \quad (26)$$

The excess expected return, meanwhile, is

$$\mathbb{E}_t[r_{n,t+1} - r^f] + \frac{1}{2}\sigma_{n,t}^2 = -\text{Cov}_t(r_{n,t+1}, m_{t+1}) = \sigma_d x_t, \quad (27)$$

so the term structure of expected returns is flat.

Putting (26) and (27) together, the Sharpe ratio is

$$\text{SR}_{n,t} \equiv \frac{\mathbb{E}_t[r_{n,t+1} - r^f] + \frac{1}{2}\sigma_{n,t}^2}{\sigma_{n,t}} = \frac{\sigma_d x_t}{\sqrt{\sigma_d^2 + \sigma_z^2 x_t^2 + B_{x,n-1}^2 \sigma_x^2}}. \quad (28)$$

Note first that this is decreasing in maturity  $n$ , so we obtain a downward-sloping term structure of Sharpe ratios. This holds because longer-maturity claims are more exposed to discount-rate risk. In addition, the Sharpe ratio is countercyclical:

$$\frac{\partial \text{SR}_{n,t}}{\partial x_t} \propto \left(\sigma_d^2 + B_{x,n-1}^2 \sigma_x^2\right) > 0. \quad (29)$$

The countercyclical price of risk passes through to generate a countercyclical Sharpe ratio, as is standard.

But the ratio of expected returns to *variance*, meanwhile, is

$$\gamma_{n,t} \equiv \frac{\mathbb{E}_t[r_{n,t+1} - r^f] + \frac{1}{2}\sigma_{n,t}^2}{\sigma_{n,t}^2} = \frac{\sigma_d x_t}{\sigma_d^2 + \sigma_z^2 x_t^2 + |B_{x,n-1}|^2 \sigma_x^2}, \quad (30)$$



which varies with  $x_t$  according to

$$\frac{\partial \gamma_{n,t}}{\partial x_t} \propto \left( \sigma_d^2 - \sigma_z^2 x_t^2 + B_{x,n-1}^2 \sigma_x^2 \right). \quad (31)$$

This value can be either positive or negative, and it will be negative if and only if

$$\sigma_z |x_t| > \sigma_d \sqrt{1 + \sigma_x^2 \left( \frac{1 - \phi_x^{n-1}}{1 - \phi_x} \right)^2}. \quad (32)$$

So for  $x_t$  large enough, we obtain a *procyclical* price per unit of variance risk: further positive shocks to  $x_t$  increase non-fundamental return volatility enough to offset the increase in expected returns. We will maintain the assumption that the steady-state value  $\bar{x}$  is large enough to ensure such procyclicality around steady state; we show later that this assumption is consistent with reasonable calibrations of the model. And in part of the state space, there will be a countercyclical  $\gamma_{n,t}$  (in good times, when  $x_t$  is small), as we observe in the time-series data. But in bad enough times, non-fundamental return volatility is large enough to make the price per unit of variance risk decrease given further increases in  $x_t$ .

Intuitively, expected returns go up with the price of risk, but the importance of non-fundamental risk for returns also increases. While return volatility increases, the beta of the SDF onto the market decreases during these times because of the rise in non-fundamental return risk. In other words, return volatility has three components: fundamental dividend volatility (which is constant,  $\sigma_d$ ), fundamental discount-rate volatility (also constant,  $\sigma_x$ ), and non-fundamental volatility (which increases in  $x_t$ ). An increase in  $x_t$  therefore increases “pure” market risk that is not fully connected to fundamentals, increasing market variance without passing through one-for-one to expected returns. While this is sufficient to generate a procyclical  $\gamma_{n,t}$  that decreases in  $x_t$  (at least for large  $x_t$ ), this non-fundamental volatility effect is not strong enough to obtain a procyclical Sharpe ratio. Further, the greater exposure of long-maturity claims to discount-rate risk means that their volatility increases without changing their expected return, generating a downward-sloping Sharpe ratio of dividend claims.

As a result, this stylized model shows how our findings about the cyclicity of  $\gamma_{n,t}$

connect to facts about the dividend term structure. We obtain *both* (i) a lower beta of the SDF onto the market in bad times (our main stylized fact), and (ii) a downward-sloping Sharpe ratio of dividend claims by maturity, both through the same channel (non-fundamental return risk). Meanwhile, our setting maintains the usual countercyclical Sharpe ratio.

With respect to the *cyclical* of the term structure, speaking to the countercyclical documented by Gormsen (2021) could be achieved by assuming, similar to Gormsen, that the discount-rate shock  $\varepsilon_{x,t+1}$  also enters into the SDF, with a small average price of risk for this shock but an increase in the quantity of this risk in bad times.

### 5.3. Illustrative quantification and simulations

The previous subsection shows the model’s qualitative consistency with the paper’s main results. We now examine whether the model as specified is *quantitatively* consistent with the empirical estimates, using a set of calibrated model simulations. We calibrate the model using prior literature’s estimates when possible. For the new parameters in our model related to non-fundamental risk, we choose parameters to generate a reasonable standard deviation and Sharpe ratio of long-horizon dividend claims.<sup>14</sup>

Parameter values are shown in Panel A of Table 10. We choose  $\phi_x$ ,  $g$ ,  $r^f$ ,  $\sigma_d$ , and  $\sigma_x$  following Gormsen (2021), and parameters are also close in value to those in Lettau and Wachter (2007). We choose  $\bar{x}$  to generate a constant 7% risk premium on each maturity’s dividend claim (and the market as a whole), which is close to the value in Lettau and Wachter (2007).<sup>15</sup> Finally, we select  $\sigma_z$  to generate a long-horizon dividend-strip Sharpe ratio of 0.35.

Simulation results are presented in Panel B of Table 10. The first sub-panel shows that unconditional average returns, standard deviations, and Sharpe ratios are reasonable for all maturities’ claims, and the price per unit of variance risk  $\gamma_{n,t}$  is on average quantitatively close to the average expected  $\gamma_t$  and the average option-implied  $\gamma_t$  from previous sections. Sharpe ratios are also downward-sloping by maturity, consistent with the data and the

<sup>14</sup>In future iterations, we plan to conduct formal statistical estimation of model parameters via maximum likelihood.

<sup>15</sup>We choose a very slightly higher value so that the condition in (32) is satisfied in steady state, which requires  $\bar{x} \geq 0.65$  given other parameters, though this is relatively unimportant.

analytical results in the previous subsection.

The next two sub-panels show results for the cyclicity of the Sharpe ratio and the price per unit of variance risk. “Very bad times” can be thought of as similar to the recessions in our sample, which account for roughly 10% of the data, but we also show results split by above and below the steady-state value of the state variable  $x_t$ . As in the data, the second sub-panel shows that the Sharpe ratio is countercyclical: it increases for each maturity in bad vs. good times, and particularly so in deep “recessions.” Note as well that the term structure of the Sharpe ratios are countercyclical: in bad times, long-maturity Sharpe ratios are close to short-maturity Sharpe ratios, while the downward slope in maturity is steeper in good times. This mirrors the finding in [Gormsen \(2021\)](#) that the slope of the term structure of risk premia is countercyclical. Our simpler setting — with constant expected dividend growth and no price associated with price-of-risk shocks — does not generate any term structure or cyclicity in risk premia themselves, but the patterns for risk-adjusted returns mirror [Gormsen’s](#) results at a conceptual level.<sup>16</sup>

The price per unit of variance risk, meanwhile, is procyclical: as shown in the last sub-panel,  $\gamma_{n,t}$  is meaningfully lower in bad times than in good times (particularly in very bad times). And the spread between very bad times and good times is quantitatively similar to the spread observed in the data for conditional expected  $\gamma_t$  and the conditional option-implied  $\gamma_t$ . As a result, we conclude that *all* the key features documented empirically are matched reasonably well quantitatively by our model, which also produces a term structure of risk-adjusted returns consistent with known facts about the dividend claims term structure.

## Additional results

In [Appendix B](#), we consider additional implications of our empirical results for the behavior of the equity term structure. First, we investigate hold-to-maturity returns in a simplified model in which market variance and the price per unit of variance risk are correlated. We find that such a model — which provides an alternative formal framework

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<sup>16</sup>Including these additional time-varying features would be straightforward and would not change the model’s conclusions.

for thinking about term structure dynamics (and particularly equity yields) — is also consistent with both the term structure and our empirical facts. Next, we consider an alternative option-based empirical exercise that in effect provides an out-of-sample validation of our empirical estimates. In particular, we show that our results have implications for the *unconditional* returns on particular equity index option portfolios at different horizons. This unconditional feature allows for measurement without needing to take a stand on the precise timing of portfolio formation during or after recessions. In the options data, we find empirical results consistent with the predictions implied by a procyclical price per unit of variance risk, providing further evidence in favor of this result. Again see the [Appendix](#) for details.

## 6. Conclusion

We show that there is a reverse cyclical in two seemingly similar risk prices, the price per unit of volatility risk (the market's Sharpe ratio) and the price per unit of variance risk. In a global sample covering 20 stock markets around the world, we show that the Sharpe ratio is countercyclical, consistent with conventional wisdom, but the price per unit of variance risk is procyclical. This implies that every unit of return variance matters less for investors in bad times than in good times, as we show formally. We provide a theoretical link between the cyclical in the price per unit of variance risk and the equity term structure and provide empirical evidence in favor of the theory.

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Figure 1: **The stochastic discount factor and market returns.** Using simulated data, this figure visualizes how  $\gamma_t$  relates market realizations to stochastic discount factor realizations. Due to the procyclicality of  $\gamma_t$ , the slope is steeper in good times (red) than in bad times (blue). This means that, similar size movements in the market exposes the investor to greater stochastic discount factor risk in good times than in bad times.

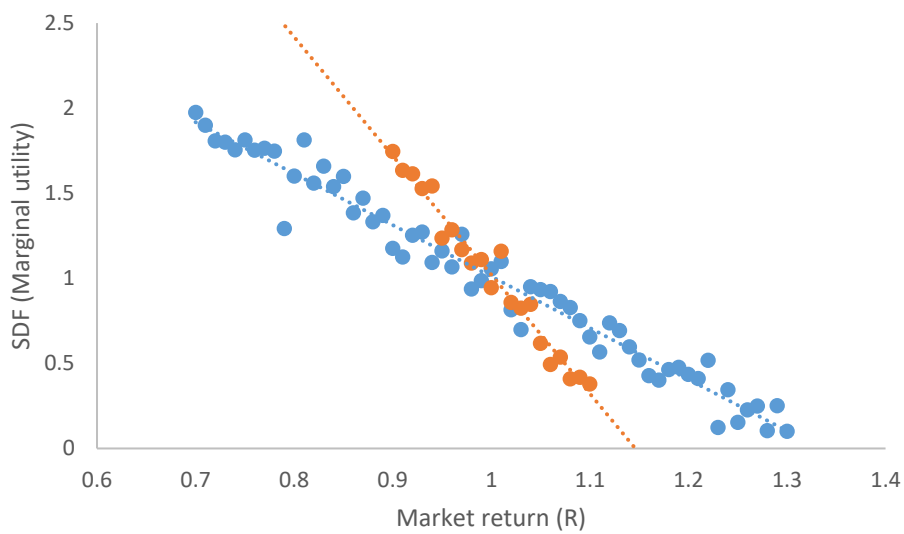
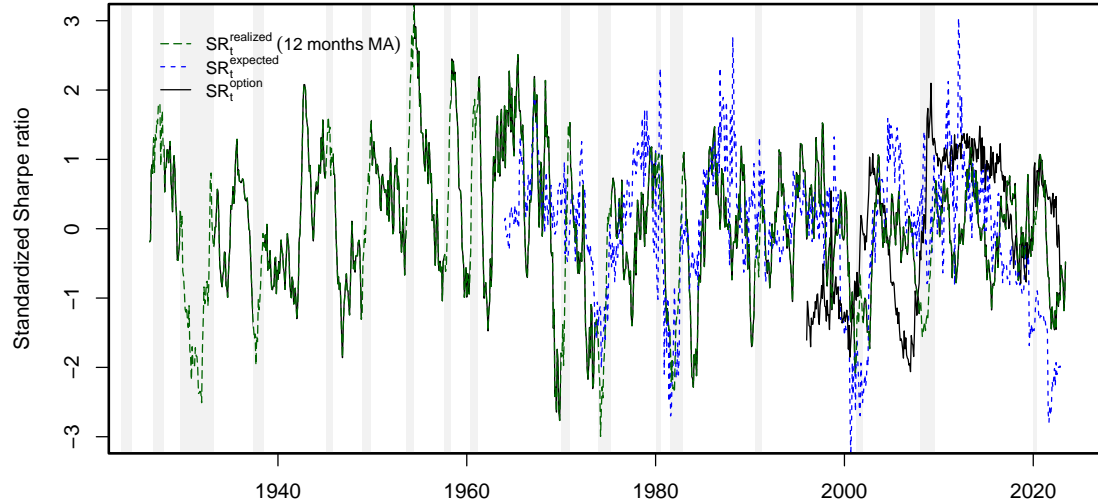
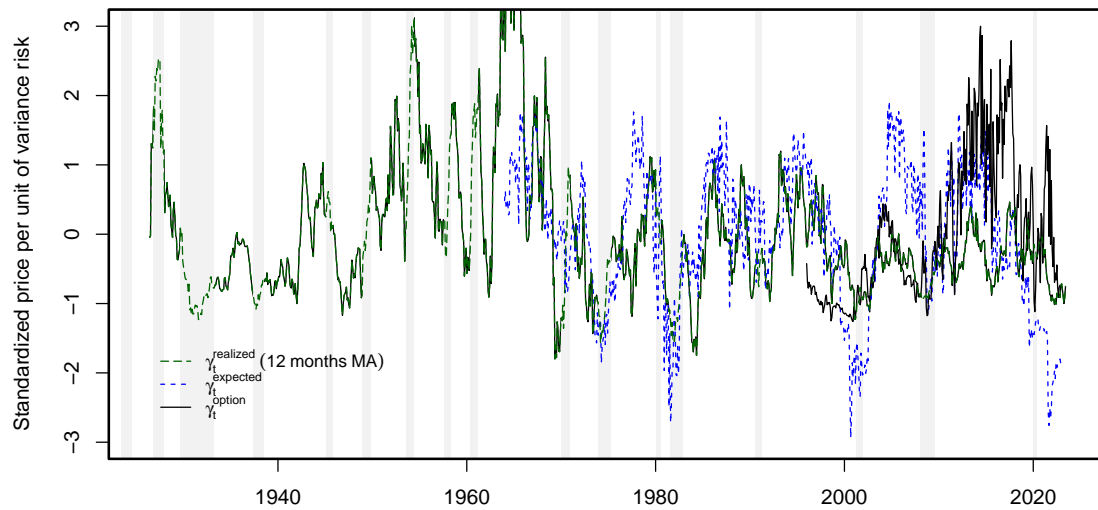




Figure 2: **Time variation in risk prices.** Subfigure (a) shows the Sharpe ratio of the S&P 500 index. Subfigure (b) shows the price per unit of variance risk. The grey shaded areas are NBER recession periods. We standardize the measures to make them easily comparable in the figure. Shaded area is NBER recession periods.



(a) Sharpe ratio



(b) Price per unit of variance risk

Figure 3: **Prices of risk.** This figure shows the option implied price per unit of variance risk and the option implied Sharpe ratio for the S&P 500 index. The measures are standardized to make them easily comparable in the figure. Shaded areas are NBER recession periods.

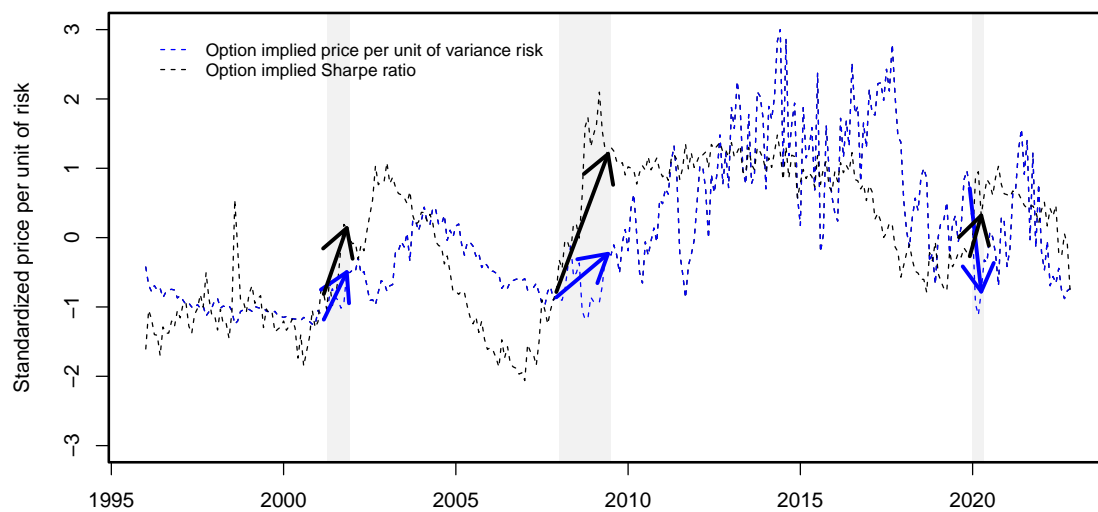


Table 1: **Pairwise correlations of risk prices.**

This table reports the pairwise correlations of the price per unit of variance risk ( $\gamma_t$ ) and the Sharpe ratio ( $SR_t$ ) for the S&P 500 index. We compute four measures for each of the risk prices: (i) a 12-months moving average of the monthly realized measure  $\gamma_t^{\text{realized}}$ , using daily returns to compute conditional expected excess returns and volatilities, (ii)  $\gamma_t^{\text{expected}}$ , as an expected measure using [Kelly and Pruitt \(2013\)](#) for expected excess returns and an AR(1) process for the variance, (iii)  $\gamma_t^{\text{option}}$ , an option implied measure estimated from options written on the S&P 500 index, and (iv)  $\gamma_t^{\text{PCA}}$ , the first principal component of the three previous measures.

	$\gamma_t^{\text{expected}}$	$\gamma_t^{\text{option}}$	$\gamma_t^{\text{PCA}}$	$SR_t^{\text{realized}}$	$SR_t^{\text{expected}}$	$SR_t^{\text{option}}$	$SR_t^{\text{PCA}}$
$\gamma_t^{\text{realized}}$	0.42	0.29	0.46	0.84	0.30	-0.09	0.28
$\gamma_t^{\text{expected}}$		0.27	0.66	0.43	0.91	-0.03	0.66
$\gamma_t^{\text{option}}$			0.78	0.28	0.22	0.54	0.51
$\gamma_t^{\text{PCA}}$				0.42	0.59	0.25	0.77
$SR_t^{\text{realized}}$					0.39	0.08	0.41
$SR_t^{\text{expected}}$						0.13	0.80
$SR_t^{\text{option}}$							0.54

Table 2: **Pre-recession to end-of-recession changes in prices of risk.**

This table reports the average changes in the risk prices of the S&P 500 index from the month before the onset of a recession to the end of the last month in the recession. We standardize the risk measures to make them comparable. A coefficient of 1 should be interpreted as a one unconditional standard deviation increase in the risk price. The annualized standard deviation of the Sharpe ratio is about 0.17 in both the expected and option implied samples. The average annualized Sharpe ratio is about 0.48 for both the expected and option implied samples. Statistical significance at the 10% level is shown in bold.

	Realized	Expected	Option	PCA
$\Delta$ Sharpe ratio ( $\Delta SR_t$ )	<b>1.28</b>	<b>0.58</b>	1.18	<b>1.28</b>
$t$ -stat	4.44	2.46	2.80	3.19
$\Delta$ Price per unit of variance risk ( $\Delta \gamma_t$ )	<b>0.77</b>	0.09	-0.06	0.04
$t$ -stat	2.98	0.51	-0.08	0.05
$\Delta SR_t - \Delta \gamma_t$	<b>0.51</b>	<b>0.49</b>	1.24	<b>1.24</b>
$t$ -stat	3.23	3.27	2.35	3.55
No. recessions	16	8	3	3

**Table 3: Cyclicalities in the Sharpe Ratio of market returns — With perfect foresight in recessions.**

This table compares the Sharpe ratio for the US stock market in normal times (NBER non-recession months) to the months in recessions **after** the stock market reached its low during the recession. Specifically, we compare the prices of risk for an investor who only invests in good times to that of an investor who has perfect foresight during recessions in the sense that she can pinpoint when the market has reached its low. This investor buys the market at its low and holds the market for twelve months. We compute unconditional measures by bundling monthly returns based on each trading strategy and compute within bundle expected excess returns and variance. The "Difference" rows report the difference between recession periods and normal times. Statistical significance at the 10% level is shown in bold. *t*-statistics are corrected for heteroscedasticity and autocorrelation using Newey West standard errors.

	Full sample	Post 1964 sample	Post 1996 sample
<i>Unconditional Sharpe Ratio</i>			
In recessions (after stock market low)	0.51	0.59	0.49
In normal times	0.17	0.15	0.20
Difference (recession - normal)	<b>0.34</b>	<b>0.44</b>	0.29
Standard error	0.10	0.16	0.27
<i>Conditional realized Sharpe Ratio</i>			
In recessions (after stock market low)	3.39	2.62	1.85
In normal times	1.61	1.49	1.42
Difference (recession - normal)	<b>1.78</b>	<b>1.13</b>	0.43
<i>t</i> -stat	4.45	2.19	0.52
<i>Conditional expected Sharpe Ratio</i>			
In recessions (after stock market low)		0.36	0.20
In normal times		0.53	0.46
Difference (recession - normal)		<b>-0.17</b>	-0.26
<i>t</i> -stat		-1.69	-1.15
<i>Conditional option implied Sharpe Ratio</i>			
In recessions (after stock market low)			0.55
In normal times			0.45
Difference (recession - normal)			<b>0.10</b>
<i>t</i> -stat			1.91
<i>Summary statistics</i>			
No. recession periods	16	8	3
No. recession months after market low	192	96	36
No. normal times months	865	556	277

**Table 4: Cyclicalities in the price per unit of variance risk — With perfect foresight in recessions.**

This table compares the price per unit of variance risk for the US stock market in normal times (NBER non-recession months) to the months in recessions **after** the stock market reached its low during the recession. Specifically, we compare the prices of risk for an investor who only invests in good times to that of an investor who has perfect foresight during recessions in the sense that she can pinpoint when the market has reached its low. This investors buys the market at its low and holds the market for twelve months. We compute unconditional measures by bundling monthly returns based on each trading strategy and compute within bundle expected excess returns and variance. The "Difference" rows report the difference between recession periods and normal times. Statistical significance at the 10% level is shown in bold. *t*-statistics are corrected for heteroscedasticity and autocorrelation using Newey West standard errors.

	Full sample	Post 1964 sample	Post 1996 sample
<i>Unconditional price per unit of variance risk</i>			
In recessions (after stock market low)	7.69	10.77	7.55
In normal times	3.62	3.27	4.12
Difference (recession - normal)	<b>4.07</b>	7.50	3.44
Standard error	2.44	3.76	5.95
<i>Conditional realized price per unit of variance risk</i>			
In recessions (after stock market low)	40.40	21.53	11.20
In normal times	26.04	23.32	15.98
Difference (recession - normal)	<b>14.36</b>	-1.79	-4.78
<i>t</i> -stat	1.75	-0.31	-0.96
<i>Conditional expected price per unit of variance risk</i>			
In recessions (after stock market low)		1.59	0.72
In normal times		3.35	2.95
Difference (recession - normal)		<b>-1.77</b>	<b>-2.23</b>
<i>t</i> -stat		-3.65	-2.46
<i>Conditional option implied price per unit of variance risk</i>			
In recessions (after stock market low)			2.54
In normal times			3.20
Difference (recession - normal)			<b>-0.65</b>
<i>t</i> -stat			-2.06
<i>Summary statistics</i>			
No. recession periods	16	8	3
No. recession months after market low	192	96	36
No. normal times months	865	556	277

Table 5: **Cyclicality in the Sharpe Ratio of market returns — Without perfect foresight in recessions.**

This table compares the Sharpe ratio for the US stock market in normal times (NBER non-recession months) to what is earned in recessions for an investor who buys the market six months into each recession and holds the market for twelve months thereafter. We focus exclusively on recessions where the sixth month after the onset of a recession is still a recession month. We compute unconditional measures by bundling monthly returns based on each trading strategy and compute within bundle expected excess returns and variance. The "Difference" rows report the difference between recession periods and normal times. Statistical significance at the 10% level is shown in bold. *t*-statistics are corrected for heteroscedasticity and autocorrelation using Newey West standard errors.

	Full sample	Post 1964 sample	Post 1996 sample
<i>Unconditional Sharpe Ratio</i>			
In recessions (after stock market low)	0.23	0.12	−0.16
In normal times	0.18	0.18	0.24
Difference (recession - normal)	0.04	−0.06	−0.39
Standard error	0.11	0.16	0.32
<i>Conditional realized Sharpe Ratio</i>			
In recessions (after stock market low)	2.40	1.13	−0.09
In normal times	1.63	1.55	1.51
Difference (recession - normal)	0.77	−0.42	−1.60
<i>t</i> -stat	1.31	−0.64	−1.90
<i>Conditional expected Sharpe Ratio</i>			
In recessions (after stock market low)		0.27	0.17
In normal times		0.53	0.45
Difference (recession - normal)		−0.25	−0.28
<i>t</i> -stat		−2.79	−1.48
<i>Conditional option implied Sharpe Ratio</i>			
In recessions (after stock market low)			0.55
In normal times			0.46
Difference (recession - normal)			0.09
<i>t</i> -stat			1.13
<i>Summary statistics</i>			
No. recession periods	16	8	3
No. recession months after market low	180	84	24
No. normal times months	877	578	296

**Table 6: Cyclicity in the price per unit of variance risk — Without perfect foresight in recessions.**

This table compares the price per unit of variance risk for the US stock market in normal times (NBER non-recession months) to what is earned in recessions for an investor who buys the market six months into each recession and holds the market for twelve months thereafter. We focus exclusively on recessions where the sixth month after the onset of a recession is still a recession month. We compute unconditional measures by bundling monthly returns based on each trading strategy and compute within bundle expected excess returns and variance. The "Difference" rows report the difference between recession periods and normal times. Statistical significance at the 10% level is shown in bold. *t*-statistics are corrected for heteroscedasticity and autocorrelation using Newey West standard errors.

	Full sample	Post 1964 sample	Post 1996 sample
<i>Unconditional price per unit of variance risk</i>			
In recessions (after stock market low)	3.63	1.82	−1.83
In normal times	3.73	3.74	4.90
Difference (recession - normal)	−0.09	−1.92	−6.72
Standard error	2.33	3.35	6.63
<i>Conditional realized price per unit of variance risk</i>			
In recessions (after stock market low)	33.81	10.99	1.03
In normal times	25.68	23.33	16.14
Difference (recession - normal)	8.14	−12.34	−15.12
<i>t</i> -stat	0.87	−1.70	−3.62
<i>Conditional expected price per unit of variance risk</i>			
In recessions (after stock market low)		1.24	0.68
In normal times		3.29	2.83
Difference (recession - normal)		−2.05	−2.16
<i>t</i> -stat		−4.29	−2.61
<i>Conditional option implied price per unit of variance risk</i>			
In recessions (after stock market low)			2.03
In normal times			3.18
Difference (recession - normal)			−1.15
<i>t</i> -stat			−3.54
<i>Summary statistics</i>			
No. recession periods	16	8	3
No. recession months after market low	180	84	24
No. normal times months	865	556	277



Table 7: **Cyclicality in the price of risk - Pooled international evidence.**

For 20 stock market indexes, this table reports the results of pooled panel regressions of the differences in the conditional monthly price per unit of variance risk during normal times (OECD non-recession months) to that of an investor who invests for twelve months during recessions, starting either: (i) **after** the stock market reached its low during the recession, (ii) one month into each recession, (iii) six months into each recession, or (iv) twelve months into each recession. We report differences as recession – normal times, a positive value means that the price of risk is higher in recessions. We first compute conditional prices of risk within each month and thereafter investigate the average conditional prices of risk in normal times versus in recessions. We compute the price per unit of variance risk in two ways: (i) a realized measure  $\gamma_t^{\text{realized}}$ , using daily returns to compute conditional expected excess returns and volatilities and (ii)  $\gamma_t^{\text{expected}}$ , as an expected measure using [Kelly and Pruitt \(2013\)](#) for expected excess returns and an AR(1) process for the variance. Statistical significance at the 5% level is shown in bold. We include stock index fixed effects and cluster standard errors by index and date.

	Sharpe ratio	$\gamma_t^{\text{realized}}$	$\gamma_t^{\text{expected}}$
Market low in recession	<b>0.17</b>	0.99	–0.41
<i>t</i> -stat	2.48	0.65	–1.26
One month into recession	– <b>0.33</b>	– <b>7.45</b>	– <b>1.05</b>
<i>t</i> -stat	–5.04	–5.07	–3.53
Six months into recession	– <b>0.29</b>	– <b>6.80</b>	– <b>1.15</b>
<i>t</i> -stat	–4.64	–5.14	–3.96
Twelve months into recession	– <b>0.15</b>	– <b>3.61</b>	– <b>0.91</b>
<i>t</i> -stat	–2.35	–2.45	–3.21

Table 8: **Consumption growth, financial and macroeconomic conditions, and the price of risk.**

This table reports the results of regressions:

$$\text{Price of risk}_t = \alpha + \beta \times \text{Indicator}_t + \epsilon_t \quad (33)$$

$t$ -statistics are corrected for heteroscedasticity and autocorrelation using Newey West standard errors. Data on financial risk indicator is at the monthly horizon and obtained from the Chicago fed database. NFCI is the national financial condition indicator. According to the Chicago fed, "Risk" captures volatility and funding risk in the financial sector. Credit captures credit conditions and leverage consists of debt and equity measures. High values of the variables are historically associated with tighter-than-average conditions in financial markets, i.e., bad times. CFNAI is the Chicago Fed National Activity Index, build to capture movements in economic expansions and contractions as well as periods of increasing and decreasing inflationary pressure. A low value of this variable is typically associated with economic contractions. The "Rec. prob." variable is the recessions probability of [Chauvet and Piger \(2008\)](#). Consumption is the St. Louis Fed monthly growth in personal consumption expenditures of non-durable and service goods, deflated with the CPI. Statistical significance at the 10% level is shown in bold.

Indicator	Sharpe ratio			Price per unit of variance risk		
	$SR_t^{\text{realized}}$	$SR_t^{\text{expected}}$	$SR_t^{\text{option}}$	$\gamma_t^{\text{realized}}$	$\gamma_t^{\text{expected}}$	$\gamma_t^{\text{option}}$
NFCI	<b>-0.16</b>	<b>-0.02</b>	0.02	<b>-5.47</b>	<b>-0.65</b>	<b>-0.88</b>
$t$ -stat	-2.86	-2.32	1.56	-3.02	-4.03	-2.30
Risk	<b>-0.16</b>	<b>-0.02</b>	0.02	<b>-5.43</b>	<b>-0.60</b>	<b>-0.96</b>
$t$ -stat	-2.98	-1.82	1.44	-2.98	-3.42	-2.67
Credit	-0.01	-0.02	0.02	-1.49	<b>-0.49</b>	<b>-1.11</b>
$t$ -stat	-0.16	-1.62	1.05	-0.62	-2.08	-2.28
Leverage	<b>-0.17</b>	-0.01	0.01	<b>-6.21</b>	-0.34	-0.17
$t$ -stat	-3.05	-0.65	1.04	-3.36	-0.97	-0.35
Non-fin. leverage	<b>-0.08</b>	0.01	<b>-0.02</b>	-1.78	0.18	<b>-0.67</b>
$t$ -stat	-1.82	0.58	-2.29	-1.04	0.70	-4.03
Recession prob.	<b>-0.46</b>	<b>-0.07</b>	0.03	<b>-22.71</b>	<b>-2.18</b>	<b>-1.50</b>
$t$ -stat	-1.98	-1.89	1.10	-3.49	-2.96	-3.65
CFNAI	0.04	<b>0.01</b>	-0.00	3.24	<b>0.28</b>	<b>0.10</b>
$t$ -stat	0.82	1.65	-0.91	1.52	1.73	1.72
Consumption	<b>5.24</b>	0.26	-0.02	352.12	8.41	-7.23
$t$ -stat	1.90	0.64	-0.11	1.56	0.97	-1.35

Table 9: **Further international evidence for macro variables.**

This table reports the results of panel regressions on the form:

$$\text{Risk price}_t^i = \alpha + \beta \times \text{macro variable}_{t+1,t+s}^i + \epsilon_q \quad (34)$$

where  $i$  denotes indexes for the up to 20 international stock market indexes in our sample and macro variable $_{t+1,t+s}^i$  is either the: (i) eight quarters growth in consumption, (ii) the contemporaneous value of the market dividend-to-price ratio, or (iii) eight months growth in industrial production.  $t$ -statistics are corrected for heteroscedasticity and autocorrelation using Newey West standard errors. Statistical significance at the 10% level is shown in bold. 'Standardized' rows report results where we standardize both the risk price and the macro variable within each country before we pool the data for the regression. 'Raw' rows report results where we pool data without standardizing.

	Sharpe ratio		Price per unit of variance risk	
	$SR_t^{\text{realized}}$	$SR_t^{\text{expected}}$	$\gamma_t^{\text{realized}}$	$\gamma_t^{\text{expected}}$
<i>Consumption growth</i>				
Raw	<b>0.14</b>	-0.10	<b>73.43</b>	3.35
$t$ -stat	3.61	-0.23	3.29	0.48
Standardized	<b>0.17</b>	0.01	<b>0.14</b>	0.05
$t$ -stat	4.66	0.14	3.61	0.47
<i>Dividend-price ratio</i>				
Raw	<b>-4.46</b>	-0.34	<b>-99.20</b>	<b>-11.28</b>
$t$ -stat	-2.35	-0.55	-2.07	-1.72
Standardized	<b>-0.09</b>	0.03	<b>-0.08</b>	-0.04
$t$ -stat	-3.84	0.58	-3.12	-0.81
<i>Industrial production</i>				
Raw	<b>3.47</b>	0.22	<b>58.50</b>	<b>5.10</b>
$t$ -stat	4.67	1.33	3.62	1.83
Standardized	<b>0.15</b>	0.07	<b>0.10</b>	<b>0.08</b>
$t$ -stat	4.43	1.36	3.62	1.78

Table 10: **Equity term structure model parameters and simulation results.**

All parameters and simulation results are in annual terms. Results are based on 10,000 simulations of 200 years of the model described in [Section 5](#). For each simulation period, expected excess returns and volatilities are calculated using the model solutions and the current  $x_t$ , and these are used to compute ex ante Sharpe ratios and  $\gamma_t$ . Results report averages across simulations for each statistic.

**Panel A: Calibrated Parameter Values**

Parameter	$\bar{x}$	$\phi_x$	$g$	$r^f$	$\sigma_d$	$\sigma_z$	$\sigma_x$
Value	0.70	0.85	0.03	0.02	0.10	0.20	0.125

**Panel B: Simulation Results**

*Unconditional averages*

Maturity $n$ (years)	Excess Return	$\sigma_{n,t}$	Sharpe	$\gamma_{n,t}$
1	0.07	0.17	0.39	2.26
2	0.07	0.18	0.39	2.24
10	0.07	0.19	0.37	1.96
30	0.07	0.19	0.35	1.81

*Sharpe ratio: Cyclical results*

Maturity $n$ (years)	Very bad times ( $x_t$ top decile)	Bad times ( $x_t > \bar{x}$ )	Good times ( $x_t < \bar{x}$ )
1	0.45	0.43	0.35
2	0.45	0.43	0.35
10	0.44	0.41	0.32
30	0.43	0.40	0.30

*$\gamma_{n,t}$ : Cyclical results*

Maturity $n$ (years)	Very bad times ( $x_t$ top decile)	Bad times ( $x_t > \bar{x}$ )	Good times ( $x_t < \bar{x}$ )
1	1.90	2.14	2.37
2	1.89	2.14	2.36
10	1.77	1.94	1.98
30	1.69	1.83	1.79

# Appendix

## A. Details for Section 3

### A.1. Inferring risk-neutral distributions from options

We compute risk-neutral distributions using a spline approach as suggested in [Figlewski \(2018\)](#). On each last trading day of the month, we compute the spline that best fits the observed volatility surface under the two conditions that: (i) the left part of the surface is monotonically decreasing (options with moneyness less than 1) and (ii) the resulting risk-neutral distribution is non-negative. Given a fitted spline, we compute the risk-neutral distribution as the second derivative of the resulting Black-Scholes prices. When we have option data with exactly one month maturity, we simply compute the distribution at this horizon. When we do not have such horizons, we compute distributions for the closest days (from above and below) for which there is data. We then linearly interpolate the distributions for these horizons to obtain a monthly horizon distribution.

There are of course many other ways in which we can compute risk-neutral distributions. For example, we can use a parametric approach like in [Bates \(2000\)](#), the “fast-and-stable” method of [Jackwerth \(2004\)](#), or a number of alternative ways to essentially just smooth implied volatilities to obtain a smooth continuous price function that we can numerically differentiate. Since the [Berkowitz \(2001\)](#) test relies heavily on the first and second moments of the recovered risk-neutral distributions, which are almost identical using either of these methods, we are confident that alternative methods will yield similar cyclicalities in option implied prices of market variance risk when using the approach described in Section 3.

## B. Additional implications for the equity term structure

In this section, we provide additional results on the implications that a cyclical price per unit of variance has for the behavior of the equity term structure. More specifically, we consider two separate notions of the term structure of equity claims. We start by investigating the unconditional holding period risk premiums in a CAPM-type model where market variance and the price per unit of variance risk correlate. Next, we show that our results have direct implications for the returns on equity index option portfolios at different horizons, which we provide preliminary evidence for in the data.

### B.1. Holding period risk premiums in a CAPM-type model

This subsection serves the purpose of showing that even in a simple CAPM-type model it is natural to connect the cyclicality in  $\gamma_t$ , the price per unit of variance risk, to the unconditional equity term structure. In this subsection, we specifically look at term structure of *holding period* risk premiums, which is not the same as the term structure of one-period returns to dividend claims that are often discussed in the literature (e.g. [van Binsbergen, Brandt, and Koijen \(2012\)](#)). We turn to the returns on dividend claims later in the section.

We start from the common, [Cochrane \(2005\)](#), notation of the CAPM stochastic discount factor:

$$M_{t,t+1} = A_{t,t+1} - B_{t,t+1}R_{t,t+1} \tag{35}$$

where  $R_{t,t+1}$  is the gross market return,  $A_{t,t+1} = 1/R_{t,t+1}^f + B_{t,t+1}\mathbb{E}_t[R_{t,t+1}]$ ,  $B_{t,t+1} = \frac{\mathbb{E}_t[R_{t,t+1} - R_{t,t+1}^f]}{\sigma_{t,t+1}^2} / R_{t,t+1}^f = \gamma_{t,t+1}/R_{t,t+1}^f$ , and  $R_{t,t+1}^f$  is the one period gross risk-free rate. Note that the "slope" parameter,  $B_{t,t+1}$ , is directly related to the price per unit of variance risk (not the Sharpe ratio).

Given the stochastic discount factor in (35), we can write the conditional expected excess market return in the usual way:

$$\mathbb{E}_t[R_{t,t+1} - R_{t,t+1}^f] = -R_{t,t+1}^f \text{cov}_t(R_{t,t+1}, M_{t,t+1}) \quad (36)$$

$$= \gamma_{t,t+1} \sigma_{t,t+1}^2 \quad (37)$$

In a similar fashion, we assume that there is a representation of the two period market risk premium as:

$$\mathbb{E}_t[R_{t,t+2} - R_{t,t+2}^f] = \gamma_{t,t+2} \sigma_{t,t+2}^2 \quad (38)$$

Here,  $\gamma_{t,t+2}$  is the time  $t$  price per unit of variance risk over the period until time  $t + 2$ .

We now write the unconditional market risk premium at different horizons as:

$$\mathbb{E}[R_{t,t+1} - R_{t,t+1}^f] = \mathbb{E}[\gamma_{t,t+1}] \mathbb{E}[\sigma_{t,t+1}^2] + \text{Cov}[\gamma_{t,t+1}, \sigma_{t,t+1}^2] \quad (39)$$

$$\mathbb{E}[R_{t,t+2} - R_{t,t+2}^f] = \mathbb{E}[\gamma_{t,t+2}] \mathbb{E}[\sigma_{t,t+2}^2] + \text{Cov}[\gamma_{t,t+2}, \sigma_{t,t+2}^2] \quad (40)$$

At first glance, it seems natural that the covariance between the price per unit of variance risk and the market variance is important for the unconditional term structure of equity returns.

Now, to make progress, we impose structure on  $\sigma_t^2$  and  $\gamma_{t,t+1}$ :

$$\sigma_{t,t+1}^2 = a + \rho \sigma_{t-1,t}^2 + \epsilon_{t,t+1} \quad (41)$$

$$\gamma_{t,t+1} = \gamma + \theta \gamma_{t-1,t} + b \sigma_{t,t+1}^2 + \nabla_{t,t+1} \quad (42)$$

Variance is an AR(1) and the price of risk is an AR(1) augmented with a component that makes variance and the price of risk correlated ( $b \sigma_{t,t+1}^2$ ). If  $b < 0$  then they are negatively correlated since all shocks ( $\nabla_{t,t+1}$  and  $\epsilon_{t,t+1}$ ) are independent (with each other and over time).

Using equation (42) iteratively and assuming that both the market variance and the price per unit of variance risk are stationary, we arrive at an expression for the one period unconditional risk premium as:<sup>17</sup>

$$\mathbb{E}[R_{t,t+1} - R_{t,t+1}^f] = \mathbb{E}[\gamma_{t,t+1}] \mathbb{E}[\sigma_{t,t+1}^2] + \frac{b}{1 - \theta \rho} \text{Var}(\sigma_{t,t+1}^2) \quad (43)$$

Turning to the two period unconditional risk premium, we assume that returns are uncorrelated over time such that the two period variance is the sum of one period variances:

$$\sigma_{t,t+2}^2 = \sigma_{t,t+1}^2 + \sigma_{t+1,t+2}^2 \quad (44)$$

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<sup>17</sup>The unconditional covariance becomes an infinite sum:  $\text{Cov}[\gamma_{t,t+1}, \sigma_{t,t+1}^2] = b \text{Var}(\sigma_{t,t+1}^2) \sum_{n=0}^{\infty} (\theta \rho)^n = \frac{b}{1 - \theta \rho} \text{Var}(\sigma_{t,t+1}^2)$  when  $|\theta| < 1$   $|\rho| < 1$ .

We next set  $\gamma_{t,t+2}$  to be the predicted value one period ahead:

$$\gamma_{t,t+2} \equiv \mathbb{E}_t[\gamma_{t+1,t+2}] = \gamma + \theta\gamma_{t,t+1} + b\mathbb{E}_t[\sigma_{t+1,t+2}^2] \quad (45)$$

$$= \gamma + \theta\gamma_{t,t+1} + b[a + \rho\sigma_{t,t+1}^2] \quad (46)$$

This choice implies that the unconditional term structure of the price per unit of variance risk is flat, similar to that of the unconditional variance.

Inserting (44) and (46) into the covariance in equation (40), we arrive at an expression for the "annualized" (divided by 2) two period risk premium as:

$$\mathbb{E}[R_{t,t+2} - R_{t,t+2}^f]/2 = \mathbb{E}[\gamma_{t,t+1}]E[\sigma_{t,t+1}^2] + b(1 + \rho) \left[ \rho + \frac{\theta}{1 - \theta\rho} \right] \text{Var}(\sigma_{t,t+1}^2)/2 \quad (47)$$

since  $\gamma_{t,t+2} \equiv \mathbb{E}_t[\gamma_{t+1,t+2}]$  and the unconditional expectation is  $\mathbb{E}[\gamma_{t+1,t+2}] = \mathbb{E}[\gamma_{t,t+1}]$ . We furthermore have that  $\mathbb{E}[\sigma_{t,t+2}^2] = \mathbb{E}[\sigma_{t,t+1}^2 + \sigma_{t+1,t+2}^2] = 2\mathbb{E}[\sigma_{t,t+1}^2]$ . With this expression, we can write the difference in the "annualized" holding period risk premium as:

$$\mathbb{E}[R_{t,t+2} - R_{t,t+2}^f]/2 - \mathbb{E}[R_{t,t+1} - R_{t,t+1}^f] = b(1 + \rho) \left[ \rho + \frac{\theta}{1 - \theta\rho} \right] \text{Var}(\sigma_{t,t+1}^2)/2 - \frac{b}{1 - \theta\rho} \text{Var}(\sigma_{t,t+1}^2) \quad (48)$$

This equality leads us to Result 2:

**Result 2** (Cyclicity in  $\gamma_{t,t+1}$  and the slope of the term structure). *The equity term structure is:*

(i) *downward sloping if:*

$$b \left[ (1 + \rho)[\rho + \theta(1 - \rho^2)] - 2 \right] < 0 \quad (49)$$

(ii) *upward sloping if:*

$$b \left[ (1 + \rho)[\rho + \theta(1 - \rho^2)] - 2 \right] > 0 \quad (50)$$

(iii) *flat if:*

$$b \left[ (1 + \rho)[\rho + \theta(1 - \rho^2)] - 2 \right] = 0 \quad (51)$$

*The proof is in the body of the text above.*

Result 2 highlights that the time varying relationship between market variance and the price per unit of this variance risk is important for the term structure of holding period returns. In the data, we find that  $b < 0$ , that is,  $\text{cov}(\gamma_{t,t+1}, \sigma_{t,t+1}^2) < 0$ . So for the term structure to be downward sloping, for example, we need  $(1 + \rho)[\rho + \theta(1 - \rho^2)] > 2$ . This inequality holds if  $\theta$  and  $\rho$  are "large". For example, if  $\theta = 0.90$ , and  $\rho = 0.75$ . Loosely speaking, the inequality in equation (49) holds when  $\rho\theta > 0.7$ . Looking at the persistence in the data, we find that  $\theta = 0.91$  (using the expected price per unit of variance risk measure described in Section 3) and  $\rho = 0.61$ . The persistence in the variance largely depends on the sample, when including large spikes like in the financial crisis of 2008-2009 and the Covid-19 period, the persistence tends to be lower and the  $R^2$  of a simple regression of variance onto its lagged value tends to go down relative to what we find when excluding these extremes. A more realistic specification of the variance process that features jumps or non-linear terms, like a leverage effect, should be able to capture these extreme periods. However, this added complexity is outside the scope of our analysis.

Overall, Result 2 is important because it highlight that, even in a simple CAPM-type model with little structure on market variance the price per unit of this variance risk, we can clearly connect the cyclicity in

the one period risk price to how risk is priced at different horizons.

## B.2. Option-implied risk prices by horizon

Next, we turn to option markets and show that the term structure of returns to particularly interesting option portfolios is directly related to the cyclical in the price per unit of variance risk. We start by going through our theoretical setting and we present empirical evidence thereafter.

### Theory

To simplify exposition, we consider an economy in which returns and the SDF are conditionally jointly log-normal, with

$$r_{m,t+1} \equiv \log R_{m,t+1} = \mu_{R,t} + \sigma_{\varepsilon,t} \varepsilon_{t+1} - \frac{1}{2} \sigma_{\varepsilon,t}^2, \quad (52)$$

$$m_{t+1} \equiv \log M_{t+1} = -r_{f,t} - \gamma_t r_{m,t+1} + \sigma_{\eta,t} \eta_{t+1} - \left[ \frac{1}{2} (\sigma_{\eta,t}^2 + \gamma_t (1 + \gamma_t) \sigma_{\varepsilon,t}^2) - \gamma_t \mu_{R,t} \right], \quad (53)$$

where  $\varepsilon_{t+1}$  and  $\eta_{t+1}$  are standard normal and independent (both over time and with respect to each other). The last terms in both lines are Jensen's inequality corrections to ensure that  $\log \mathbb{E}_t[R_{m,t+1}] = \mu_{R,t}$  and  $\log \mathbb{E}_t[M_{t+1}] = -r_{f,t}$ . Writing the unexpected part of  $m_{t+1}$  as a linear combination of a projection onto the market and an orthogonal term is without loss of generality in this setting. Define  $\sigma_t^2 = \text{Var}_t(r_{m,t+1})$ . Since  $\mu_{R,t} - r_{f,t} = -\text{Cov}_t(m_{t+1}, r_{m,t+1})$ , it follows that  $(\mu_{R,t} - r_{f,t}) / \sigma_t^2 = \gamma_t$ . This motivates our use of  $\gamma_t$  to refer to the loading of the log SDF onto the market.

We now consider options. No arbitrage implies the existence of a risk-neutral density  $f_t^*(R_{m,t+1})$  such that

$$f_t^*(R_{m,t+1}) = R_{f,t} \mathbb{E}_t[M_{t+1} | R_{m,t+1}] f_t(R_{m,t+1}), \quad (54)$$

where  $f_t(R_{m,t+1})$  is the objective physical density. As observed by [Schreindorfer and Sichert \(2023\)](#),  $f_t^*(R_{m,t+1}) / R_{f,t}$  can be thought of as the price of the Arrow-Debreu security that pays 1 if the return  $R_{m,t+1}$  is realized and 0 otherwise, while  $f_t(R_{m,t+1})$  can be thought of as its expected payoff.<sup>18</sup> This implies that the log expected return of the Arrow-Debreu security is  $-\log \mathbb{E}_t[M_{t+1} | R_{m,t+1}]$ . Using the characterization in (52)–(53) and the assumption of log-normality, this implies that the log expected excess return is equal to

$$-\log \mathbb{E}_t[M_{t+1} | R_{m,t+1}] - r_{f,t} = \gamma_t r_{m,t+1} - \gamma_t \left( \mu_{R,t} - \frac{1}{2} \sigma_{\varepsilon,t}^2 \right). \quad (55)$$

Now consider a strategy that goes short one unit of the AD security for return state  $R_{m,t+1} = \omega_1$ , and long one unit of the AD security for state  $R_{m,t+1} = \omega_2$ , where  $\omega_2 > \omega_1$ . This strategy can be thought of as a conditional binary bet: it involves a payoff of 1 if  $R_{m,t+1} = \omega_2$ , a payoff of -1 if  $R_{m,t+1} = \omega_1$ , and 0 otherwise.

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<sup>18</sup>This is loose only insofar as these are continuous densities. To formalize this fully, one can either consider a discretized version of the state space (as we will do in the empirical analysis) or define the Arrow-Debreu (AD) payoff to be a Dirac delta function.



Denote the return on this strategy by  $R_{\omega,t+1}$ . Using (55), the log expected return on the strategy is

$$\begin{aligned}\log \mathbb{E}_t[R_{\omega,t+1}] &= \log \mathbb{E}_t[M_{t+1}|R_{m,t+1} = \omega_1] - \log \mathbb{E}_t[M_{t+1}|R_{m,t+1} = \omega_2] \\ &= \gamma_t(\omega_2 - \omega_1).\end{aligned}\tag{56}$$

Intuitively,  $\gamma_t$  is the market price per unit of variance risk. This strategy fixes the quantity of risk: it pays off either 1 or -1, and importantly, it holds fixed the return outcomes  $\omega_1$  and  $\omega_2$ . For example, if  $\omega_1 = 0\%$  and  $\omega_2 = 2\%$ , the bet is always over a 2-percentage-point range over the index value as of  $t + 1$  regardless of what the value of  $\sigma_t^2$  is. The expected return therefore depends only on the price of risk  $\gamma_t$ .

Equation (56) characterizes the one-period (or short-horizon) log expected return on the above option strategy. We now consider the two-period (long-horizon) return on this strategy, in order to characterize the term structure of expected returns. To maintain notation, continue to set the option expiration date to  $T = t + 1$ , but now step back to period  $t - 1$ , two periods from expiration. The strategy's log expected return as of tomorrow (date  $t$ ) will, as in (56), be higher given a positive shock to  $\gamma_t$ . If  $\text{Cov}_{t-1}(\gamma_t, M_t) < 0$  — that is, if the price per unit of risk is higher in good times, as we found empirical evidence for in the previous section — then this implies that the return on the strategy from  $t - 1$  to  $t$  will be positive in bad times.<sup>19</sup> The strategy thus provides a hedge against shocks to  $M_t$ , implying that its two-period expected return should be lower than its one-period expected return.<sup>20</sup> This implies a downward-sloping term structure of risk prices for option portfolios that fix the quantity of risk in the sense described above. We now turn to index options data for suggestive empirical evidence along these lines.

## Evidence<sup>21</sup>

We now seek to estimate returns on the fixed-quantity-of-risk strategy  $\mathbb{E}_t[R_{\omega,T}]$ , varying the horizon  $T - t$ . Our test of interest is whether this average return decreases in the horizon  $T - t$ , which (following the discussion above) would provide indirect ex ante evidence that  $\gamma_t$  is higher in good times.

As in the first line of (56), estimating  $\mathbb{E}_t[R_{\omega,t+1}]$  is equivalent to estimating the ratio  $\frac{\mathbb{E}_t[M_T|R_{m,T}=\omega_1]}{\mathbb{E}_t[M_T|R_{m,T}=\omega_2]}$ . This ratio of SDF realizations across return states, holding fixed the difference in returns, can be estimated using risk-neutral probabilities  $f_t^*(\omega) \equiv f_t^*(R_{m,0 \rightarrow T} = \omega)$  obtained from index option prices. In particular, we use the same Breeden and Litzenberger (1978)–based approach as described in Section 3 to back out a discretized distribution  $f_t^*(\omega)$  across possible returns  $\omega$  realized over the life of the option. We then translate these into a set of conditional probabilities over binary outcomes — in particular, the probability that the index return

<sup>19</sup>Note that the unexpected return on the strategy from  $t - 1$  to  $t$  depends on not just the expected return from  $t$  to  $t + 1$ , but also on  $\log f_t(\omega_2) - \log f_t(\omega_1)$ : the unexpected log return, from (54), depends on  $\log f_t^*(\omega_2) - \log f_t^*(\omega_1) = \log \mathbb{E}_t[M_{t+1}|R_{m,t+1} = \omega_2] - \log \mathbb{E}_t[M_{t+1}|R_{m,t+1} = \omega_1] + \log f_t(\omega_2) - \log f_t(\omega_1)$ . One concern might be that  $\log f_t(\omega_2) - \log f_t(\omega_1)$  decreases in bad times enough to in fact make the strategy have a negative unexpected return in these times. But as shown in a later subsection (Appendix B.3), one can guarantee that  $\log f_t(\omega_2) - \log f_t(\omega_1)$  increases in bad times (thereby guaranteeing that the unexpected return is higher in these times) by focusing on sufficiently high return states  $\omega_1$  and  $\omega_2$ . (And more generally, the change in  $\log f_t(\omega_2) - \log f_t(\omega_1)$  is likely to be quite small in practice.) So this is not, in our view, a first-order concern.

<sup>20</sup>A full formal analysis of the two-period expected return would require fully specifying the dynamics of all the state variables  $\gamma_t$ ,  $\sigma_t^2$ , and so on.

<sup>21</sup>The empirical results described here were originally reported in Lazarus (2022), which this paper now supersedes.

from 0 to  $T$  will be  $\omega_1$  conditional on it being either  $\omega_1$  or  $\omega_2$ . To estimate  $\frac{\mathbb{E}_t[M_T | R_{m,T} = \omega_1]}{\mathbb{E}_t[M_T | R_{m,T} = \omega_2]}$ , we then use the fact that

$$\frac{\pi_t^*}{1 - \pi_t^*} = \phi_{t,T} \frac{\pi_t}{1 - \pi_t}, \quad (57)$$

where  $\pi_t^* \equiv f_t^*(R_{m,0 \rightarrow T} = \omega_1 | R_{m,0 \rightarrow T} \in \{\omega_1, \omega_2\})$ ,

$\pi_t \equiv f_t(R_{m,0 \rightarrow T} = \omega_1 | R_{m,0 \rightarrow T} \in \{\omega_1, \omega_2\})$ ,

$$\phi_{t,T} \equiv \frac{\mathbb{E}_t[M_T | R_{m,T} = \omega_1]}{\mathbb{E}_t[M_T | R_{m,T} = \omega_2]}.$$

While we can measure  $\pi_t^*$  from index options data directly, we must estimate  $\pi_t$  across horizons by using the fact that it must be an unbiased forecast of the terminal outcome  $\mathbb{1}(R_{m,0 \rightarrow T} = \omega_1 | R_{m,0 \rightarrow T} \in \{\omega_1, \omega_2\})$  by definition. That is, we are effectively estimating the price of risk embedded in the  $\pi_t^*$  values across horizon such that the implied  $\pi_t$  values have zero average forecast error for the terminal index outcome. We provide formal details of this approach in the appendix (see [Appendix B.4](#)).

For implementation, we use S&P 500 index options data from the OptionMetrics database for the period 1996–2018. This yields data for 5,537 trading dates and 991 expiration dates. We drop any options with bid prices of zero (or less than zero), with Black-Scholes implied volatility of greater than 100 percent, or with greater than 12 weeks to maturity (given the relative lack of observations and statistical power beyond this maturity), and calculate each option's end-of-day price as the midpoint between its bid and ask prices.

For each observed expiration date  $T$  and associated initial option trading date 0, we define the relevant (sub)set of possible terminal index returns as

$$\Omega = R_{0,T}^f \exp\left(\{[-0.10, -0.08), [-0.08, -0.06), \dots, [0.06, 0.08), [0.08, 0.10)\}\right).$$

In words, state  $\omega_1$  is said to be realized when the gross index-price appreciation, in excess of the risk-free rate  $R_{0,T}^f$ , is between  $\exp(-0.1)$  and  $\exp(-0.08)$ , or equivalently when the log excess return is between -10% and -8%, and analogously for  $\omega_2$ , and so on. We exclude all terminal states more than 10% out of the money (where moneyness is relative to a zero excess return) in either direction. Note that the states are equally spaced, and all binary bets (e.g.,  $\omega_2$  vs.  $\omega_3$ , or  $\omega_5$  vs.  $\omega_6$ ) have the same fixed 2-percentage point range of return outcomes within a given option contract, as required by construction. For a given option contract (i.e., a given set of option prices observed from 0 to  $T$ ), we consider only  $(\omega_i, \omega_{i+1})$  pairs for which the realized index return was either  $\omega_i$  or  $\omega_{i+1}$ . (Without this conditioning, the conditional physical probabilities would be undefined.) This leaves 549 observations (tuples  $(t, T, i)$ ) at the one-day horizon, which declines monotonically to 222 observations at the 60-day horizon (equivalently, the 12-week horizon), which motivates our focus on 1- to 12-week horizons.

We present the option-implied prices of risk by horizon  $\kappa = T - t$  in [Figure A1](#). As the graph shows, the estimated price of risk is significantly downward-sloping as one increases the horizon  $\kappa$ . In other words, one needs a lower price of risk to rationalize the returns on fixed-quantity-of-risk bets at longer horizons. Equivalently, these bets have lower expected returns at longer horizons. As discussed at the end of the previous subsection, this implies that  $\text{Cov}_{t-1}(\gamma_t, M_t) < 0$ , so that the price per unit of risk is higher given good shocks. This is required in order for the strategy to provide a hedge against shocks to  $M_t$  and have lower expected returns at longer horizons.

These results are, in effect, an out-of-sample test in support of the procyclicality of  $\gamma_t$  established

earlier in the paper. As discussed theoretically above, the option-implied term structure considered here is downward-sloping if and only if  $\gamma_t$  is procyclical ex ante. The fact that we indeed find a downward-sloping term structure therefore provides further support to the preceding results based on ex post returns on the market.

That said, due to the relatively short horizon necessitated by our data sample and cleaning, the evidence obtained from this estimation is at most suggestive: there is a downward-sloping term structure of implied expected returns on the above option strategy over a matter of weeks, implying that  $\gamma_t$  is procyclical at least at a weekly to monthly data frequency. Whether this speaks to slightly lower frequencies of data aggregation remains an interesting question for future work.

### B.3. Further Details for Section B.2

This section continues the discussion in [footnote 19](#) on sufficient conditions to guarantee that the unexpected return on the fixed-quantity-of-risk strategy is higher in bad times. As in that footnote, the unexpected log return on the strategy from  $t - 1$  to  $t$  depends on  $\log f_t^*(\omega_2) - \log f_t^*(\omega_1) = \log \mathbb{E}_t[M_{t+1}|R_{m,t+1} = \omega_2] - \log \mathbb{E}_t[M_{t+1}|R_{m,t+1} = \omega_1] + \log f_t(\omega_2) - \log f_t(\omega_1)$  (using (54)). The log-normal density assumption gives that

$$\begin{aligned} & \log f_t(\omega_2) - \log f_t(\omega_1) \\ &= -\log(\omega_2) + \log(\omega_1) - \frac{\left(\log(\omega_2) - \mu_{R,t} + \frac{1}{2}\sigma_t^2\right)^2 - \left(\log(\omega_1) - \mu_{R,t} + \frac{1}{2}\sigma_t^2\right)^2}{2\sigma_t^2}. \end{aligned}$$

This decreases in  $\mu_{R,t}$  and it may either increase or decrease in  $\sigma_t^2$ , so one concern (as raised in the footnote) might be that  $\log f_t(\omega_2) - \log f_t(\omega_1)$  decreases in bad times enough to in fact make the strategy have a negative unexpected return in these times. But since  $\gamma_t$  decreases in bad times, we must have that  $d\gamma_t \propto d\mu_t - \gamma_t d(\sigma_t^2) < 0$  in these times, or  $d\mu_t/d(\sigma_t^2) < \gamma_t$ . So in order for  $\log f_t(\omega_2) - \log f_t(\omega_1)$  to increase in bad times so that the unexpected return is guaranteed to be positive, one can see (after some algebra) that it is sufficient to have

$$\frac{\log(\omega_1) + \log(\omega_2)}{2} \frac{1}{\sigma_t^2} > \gamma_t - d\mu_t/d(\sigma_t^2) > 0.$$

One can always find large enough return states to guarantee that this is the case, meaning that the unexpected return will always be higher in bad times as long as we're focusing on sufficiently high  $\omega_1$  and  $\omega_2$ .

### B.4. Details on implementation

We begin with equation (57). We are interested in how the price of risk  $\phi_{t,T}$  changes on average with the horizon  $T - t$ , for multiple possible return state pairs  $(\omega_1, \omega_2)$ . We therefore assume that for arbitrary pairs of return states  $(\omega_1, \omega_2)$  and  $(\omega_3, \omega_4)$ , if  $\omega_2/\omega_1 = \omega_4/\omega_3$ , then the associated  $\phi$  values are equivalent (i.e.,  $\phi_{t,T,\omega_1,\omega_2} = \phi_{t,T,\omega_3,\omega_4}$ ). This is in effect an assumption of scale independence (as would hold under, e.g., CRRA preferences), since we will use a set of equally spaced return states for empirical implementation. Second, we assume that  $\phi_{t,T} = \phi_{T-t}$ , so that the SDF ratio depends only on the horizon  $T - t$ . Both assumptions are in effect for the purposes of notational simplification so that we may pool estimates across return-state pairs and expiration dates below.

To derive moment conditions for estimation, we begin by rearranging (57) as

$$\pi_t = \frac{\pi_t^*}{\pi_t^* + \phi_{T-t}(1 - \pi_t^*)}. \quad (58)$$

This equation says how the risk-neutral probability and  $\phi_{T-t}$  together pin down the (unobserved) physical probability, which by definition must be unbiased:  $\pi_t = \mathbb{E}_t[\mathbb{1}\{R_{m,0 \rightarrow T} = \omega_1\} \mid R_{m,0 \rightarrow T} \in \{\omega_1, \omega_2\}]$ . Using this unbiasedness property,

$$\mathbb{E}_t \left[ \mathbb{1}\{R_{m,0 \rightarrow T} = \omega_1\} - \frac{\pi_t^*}{\pi_t^* + \phi_{T-t}(1 - \pi_t^*)} \mid R_{m,0 \rightarrow T} \in \{\omega_1, \omega_2\} \right] = 0. \quad (59)$$

Note that the random variable  $\mathbb{1}\{R_{m,0 \rightarrow T} = \omega_1\}$  is observable as of date  $T$ , as it simply indexes whether the terminal index return is equal to  $\omega_1$ . Thus every value in (59) is in principle observable aside from  $\pi_{T-t}$ , so applying the law of iterated expectations to this equation yields a nonlinear moment condition for  $\phi_{T-t}$  that can be estimated using the generalized method of moments (GMM).

One possible concern with such estimation is the likelihood of price measurement error affecting the measured risk-neutral probabilities in (59) given, for example, market microstructure noise. The GMM framework here, however, allows us to account for this noise without needing to estimate its magnitude separately. To discuss this estimation, we first generalize the notation slightly, and allow for arbitrary return states indexed by  $j$ ,  $(\omega_j, \omega_{j+1})$ . We then assume that the observed conditional risk-neutral belief  $\hat{\pi}_{t,j}^*$  is measured with additive error with respect to the true value  $\pi_{t,j}^*$  used in (59):

$$\hat{\pi}_{t,j}^* = \pi_{t,j}^* + \epsilon_{t,j}, \quad (60)$$

where  $\mathbb{E}[\epsilon_{t+k,j} \pi_{t+k',j}^* \mid R_{m,0 \rightarrow T} \in \{\omega_j, \omega_{j+1}\}] = 0$  for all  $k, k'$ , and  $\epsilon_{t,j}$  follows an MA( $q$ ) for some value  $q$ . Using this and then Taylor expanding the observed analogue for the second ter in (59), we obtain

$$\frac{\hat{\pi}_{t,j}^*}{\hat{\pi}_{t,j}^* + \phi_{T-t}(1 - \hat{\pi}_{t,j}^*)} = \frac{\pi_{t,j}^*}{\pi_{t,j}^* + \phi_{T-t}(1 - \pi_{t,j}^*)} + \epsilon_{t,j} + \underbrace{\mathcal{O}((\epsilon_{t,j} + (\phi_{T-t} - 1))^2)}_{\text{higher-order terms}} \quad (61)$$

as  $\epsilon_{t,j} \rightarrow 0$  and  $\phi_{T-t} \rightarrow 1$ ,<sup>22</sup> where the latter limit  $\phi_{T-t} = 1$  corresponds to the case of risk-neutrality as seen in (57).

Thus equation (59) can be re-expressed up to higher-order terms as

$$\mathbb{E}_t \left[ \mathbb{1}\{R_{m,0 \rightarrow T} = \omega_1\} - \frac{\hat{\pi}_{t,j}^*}{\hat{\pi}_{t,j}^* + \phi_{T-t}(1 - \hat{\pi}_{t,j}^*)} \mid R_{m,0 \rightarrow T} \in \{\omega_j, \omega_{j+1}\} \right] = -\epsilon_{t,j}. \quad (62)$$

The risk-neutral probabilities used on the left side of this equation are now the observable values (inclusive of noise, unlike the ideal values used in (57)). Since  $\epsilon_{t,j}$  is assumed to follow an MA( $q$ ) as discussed above, we can then form a set of unconditional moments by instrumenting using lagged values of  $\hat{\pi}_{t,j}^*$  for any lags greater than  $q$ .

<sup>22</sup>More formally, one may write the remainder term as  $\mathcal{O}((\|\epsilon_{t,j}\| + (\phi_{T-t} - 1))^2)$  as  $\|\epsilon_{t,j}\| \rightarrow 0$  and  $\phi_{T-t} \rightarrow 1$ , where  $\|\epsilon_{t,j}\|$  indexes the bounds on  $\epsilon_{t,j}$ .

That is, defining the  $N$ -dimensional instrument vector

$$Z_{t,j} \equiv \begin{pmatrix} \hat{\pi}_{t-q-1,j}^* \\ \vdots \\ \hat{\pi}_{t-\bar{q},j}^* \end{pmatrix} \quad (63)$$

for some  $\bar{q} > q$ , we can then obtain the time-unconditional orthogonality condition

$$\mathbb{E} \left[ \left( \mathbb{1}\{R_{m,0 \rightarrow T} = \omega_j\} - \frac{\hat{\pi}_{t,j}^*}{\hat{\pi}_{t,j}^* + \phi_{T-t}(1 - \hat{\pi}_{t,j}^*)} \mathbb{1}\{R_{m,0 \rightarrow T} \in \{\omega_j, \omega_{j+1}\}\} \right) Z_{t,j} \right] = 0. \quad (64)$$

This unconditional moment restriction is now amenable to empirical estimation over many expiration dates  $T$ , horizons  $T - t$ , and state pairs  $j$ . One can set the sample version of (64) to zero over all pairs  $t = \tau_1, T = \tau_2$  such that  $\tau_2 - \tau_1 = \kappa$ , in order to identify  $\phi_\kappa$ . One can then stack the moment condition for values of  $\kappa = 1, 2, \dots$ , to obtain horizon-dependent risk-price estimates.

For empirical estimation, we define the set of return states (and, by implication, return-state pairs)  $\Omega$  as discussed in the main text. (A given return state is realized if the excess log return is in a given 2-ppt range.) We use the S&P index options data set (and associated data filters) described in the main text, and we estimate risk-neutral densities as described in the appendix of [Lazarus \(2022\)](#) (see [Section 3](#) for an intuitive discussion of such risk-neutral estimation). We restrict  $\phi_{T-t}$  to be fixed by weeks to expiration, so  $\phi_1$  is, e.g., the one-week-horizon estimated risk price. Finally, we use the five-day-lagged observed risk-neutral probability  $\hat{\pi}_{t-5,j}^*$  as an instrument in the moment equation for  $\hat{\pi}_{t,j}^*$ ; following the discussion above, this is equivalent to assuming an MA(4) measurement-noise process and setting  $\bar{q} = q + 1 = 5$ .

Estimation for the  $\phi_\kappa$  values shown in [Figure A1](#) is then conducted with two-step GMM. The first-stage weight matrix is  $Z'Z/\mathcal{T}$ , where  $Z$  is the data matrix for the instruments and  $\mathcal{T}$  is the number of observations. The second-stage weight matrix is then clustered by blocks of 8 time-adjacent observations. The figure presents the resulting estimates, which are downward-sloping by horizon; see the main text for additional discussion.

Figure A1: **Estimates of Risk Prices by Horizon.** This figure shows the option-implied price of risk by horizon. Point estimates are constructed using two-step GMM, using the five-day-lagged observation as an instrument as described in [Appendix B.4](#), on the sample counterparts of the moment conditions described in the appendix in order to minimize forecast error. The price of risk parameter is constrained to be equal for all days within a given weekly horizon to expiration. Error bars show 95% confidence intervals, constructed using procedure in [Appendix B.4](#).

