

Interest Rates and Equity Valuations

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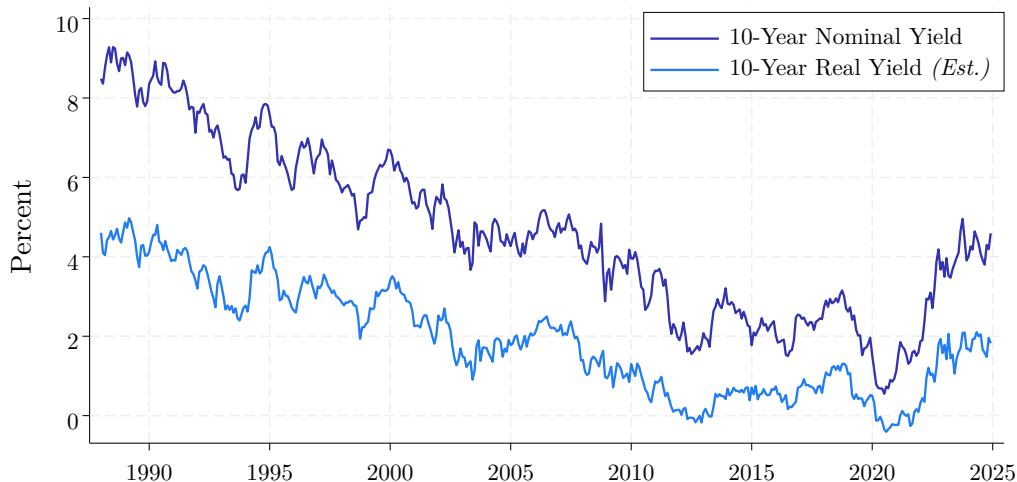
EBEN LAZARUS
UC Berkeley Haas

NBER SI Asset Pricing

JULY 2025

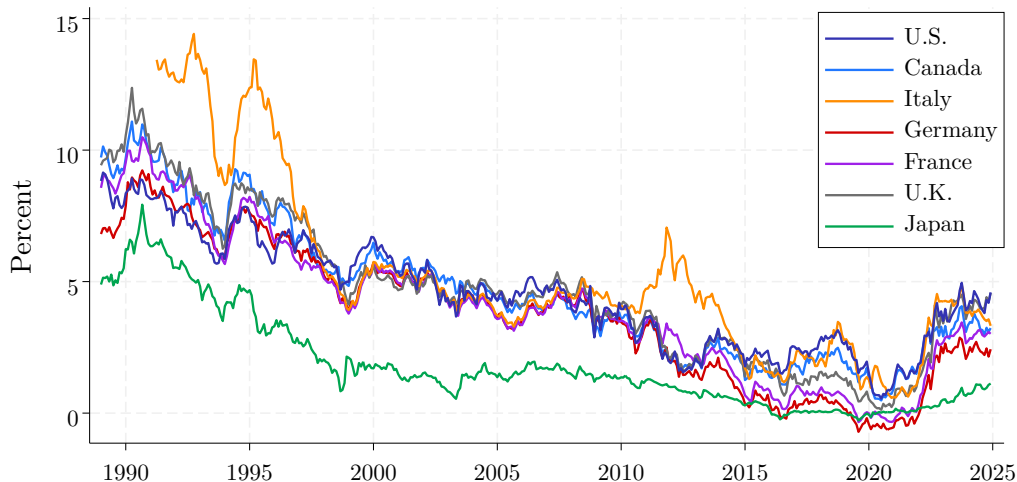
Well-Known Trends: Declining Interest Rates...

U.S. Interest Rates



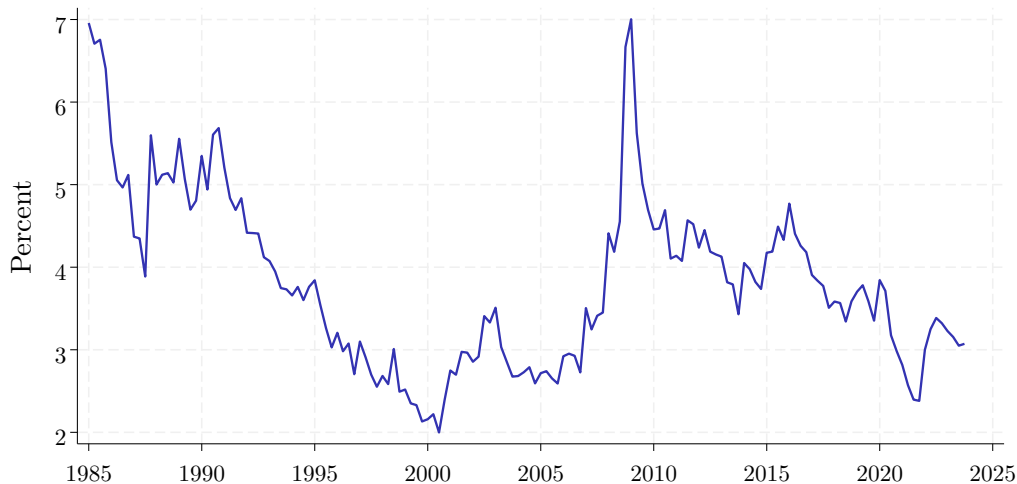
Well-Known Trends: Declining Interest Rates...

Global Interest Rates: G7 Countries



...and Increasing Domestic Stock Valuations

U.S. Value-Weighted Equity Earnings Yield (E/P)

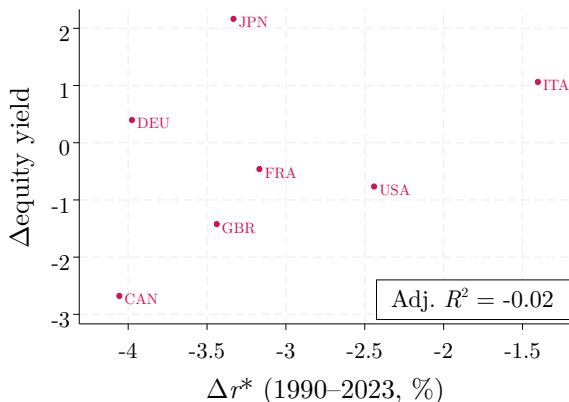


How Do Interest Rates Affect Equities?

Tempting line of reasoning:

interest rates $\searrow \Rightarrow$ discount rates $\searrow \Rightarrow$ equity prices \nearrow

...but empirically, interest rates and equity valuations are often disconnected:

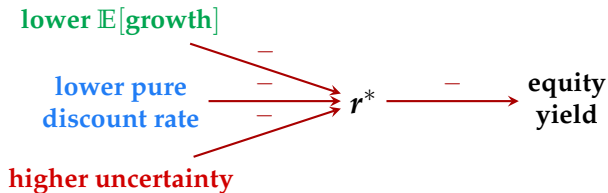


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Stock–yield disconnect arises because interest rates are endogenous:

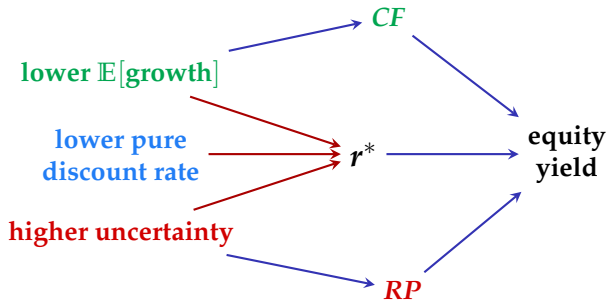


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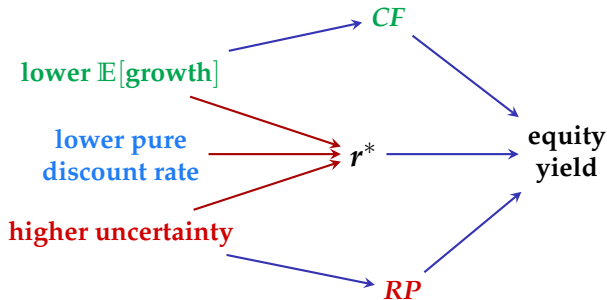
Bonds and stocks move 1-for-1 only under (ii). Weaker/neg. comovement for (i) & (iii).

How Do Interest Rates Affect Equities?

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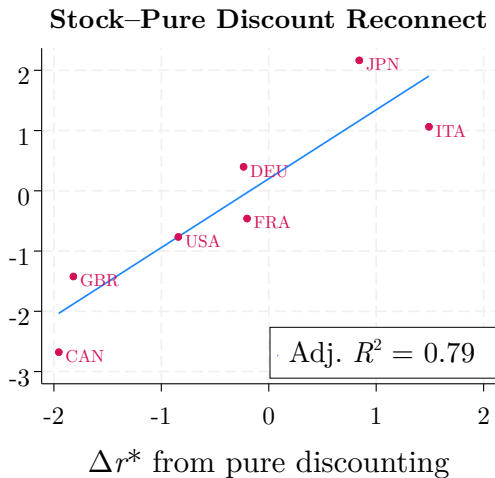
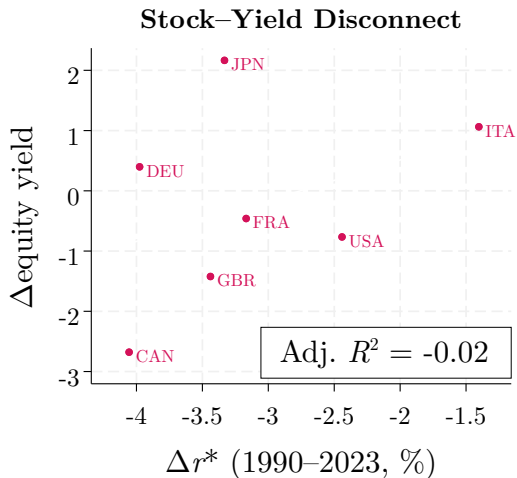
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Stock–yield disconnect arises because interest rates are endogenous:



Our goal: Decompose Δr^* to estimate pass-through & importance of each component to equity.

Main Results: Long-Term Decomposition



Implications for a Range of Literature

1. The impact of falling rates on wealth accumulation & ineq. [Catherine et al. 2023, Greenwald et al. 2023]
 - ▶ In U.S., only 35% of the decline in interest rates has passed through to stock prices
 - ▶ Assuming full pass-through overstates impact
2. Duration-matched equity premia [van Binsbergen 2024; Andrews & Gonçalves 2020]
 - ▶ Sizable equity premium relative to pure discount-rate claim (more precise meas. of ex ante RP)
3. Duration in the cross-section of stock returns [Gormsen & Lazarus 2023, Moskowitz & Maloney 2021]
 - ▶ Pure discount-rate exposure reveals substantial cross-sectional differences in duration
4. In paper: Unpacking monetary policy shocks, effects of changing profit shares, and more

Roadmap

1. Introduction
2. Theoretical Decomposition
3. Empirical Implementation
4. Additional Implications
5. Final Notes

Decomposition for Interest-Rate Changes

- **Goal:** Decomposition of changes in trend long-term real rate r^*
- **Stochastic discount factor** $M_{t+1} \implies$ gross risk-free rate $R_{t+1}^f = 1/\mathbb{E}_t[M_{t+1}]$. Logs:

$$r_{t+1}^f = -\mathbb{E}_t[m_{t+1}] - \underbrace{L_t(M_{t+1})}_{\substack{\text{SDF entropy} \\ \log \mathbb{E}_t[M_{t+1}] - \mathbb{E}_t[m_{t+1}]}}$$

- **Consumption-based benchmark:** CRRA γ , discount factor $\beta_t = e^{-\rho_t}$, log growth $g_{t+1} = c_{t+1} - c_t$

$$r_{t+1}^f = \underbrace{\rho_t}_{\text{time preference}} + \underbrace{\gamma \mathbb{E}_t[g_{t+1}]}_{\text{expected growth}} - \underbrace{L_t(M_{t+1})}_{\text{uncertainty/prec. savings}} \\ = \frac{\gamma^2}{2} \sigma^2 \text{ if lognormal}$$

Decomposition for Interest-Rate Changes

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- ▶ **Consumption-based benchmark:** CRRA γ , discount factor $\beta_t = e^{-\rho_t}$, log growth $g_{t+1} = c_{t+1} - c_t$

$$\begin{aligned} r_{t+1}^f &= \rho_t + \gamma \mathbb{E}_t[g_{t+1}] - L_t(M_{t+1}) \\ r^* &= \rho^* + \gamma g^* - L_M^* \end{aligned}$$

- ▶ **Interpretation:** Δr^* reflects changes in (i) time preference (pure discounting), (ii) growth, or (iii) risk
- ▶ **Less restrictive:** Additive decomposition for log SDF [Hansen 2012] \implies **general analogue holds**

$$r_{t+1}^f = \underbrace{\rho_t}_{\text{predetermined trend}} + \underbrace{\mathbb{E}_t[f(X_{t+1}) - f(X_t)]}_{\text{diff. for Markov } X} - \underbrace{L_t(M_{t+1})}_{\text{uncertainty/prec. savings}}$$

Implications for Equity Prices

- ▶ **Equity:** Levered claim to consumption, $d_t = \lambda c_t$ [robustness: $d_t \not\propto c_t$], risk prem. $rp_t \equiv \mathbb{E}_t[r_{t+1}^{\text{mkt}}] - r_{t+1}^f$
- ▶ **Steady state for equity dividend yield** $ey^* \equiv \log(1 + (D/P)^*)$:

$$ey^* = r^* + \underbrace{rp^*}_{L_M^* - L_{MR}^*} - \lambda g^*$$

- ▶ Holds to 1st order $\forall t$ if ey_t is (i) random walk or (ii) stationary [using Campbell-Shiller sums]
- ▶ $\frac{\partial ey^*}{\partial r^*}$ has no structural interpretation; **instead, want ∂ey^* for each of the three terms in r^***

Real Rates and Equity Valuations

Result 1

Real rate:

$$r^* = \rho^* + \gamma g^* - L_M^*$$

Equity yield:

$$\begin{aligned} ey^* &= r^* + rp^* - \lambda g^* \\ &= \rho^* + (\gamma - \lambda)g^* + (rp^* - L_M^*) \end{aligned}$$

Implications:

- ▶ Only change in pure discount rate ρ^* generates 1-for-1 comovement in r^* and equity yields ey^*
- ▶ For **growth** and **risk** shocks, offsetting components give weaker or negative passthrough (“impure” discount rate shocks)

Implications for Equity Duration

- ▶ **Equity duration \mathcal{D} :** Defined as the value-weighted time to maturity of expected cash flows
- ▶ Often referred to as relevant for measuring interest-rate sensitivity of equity. . .but care is needed
- ▶ **Real rate:** $r^* = \rho^* + \gamma g^* - L_M^*$

Result 2 (*Three Interest-Rate Sensitivities*)

Duration is equal to the interest-rate sensitivity of stock prices w.r.t. pure discount-rate shocks, but not w.r.t. growth shocks or risk shocks:

$$(i) \quad -\frac{\partial \log P}{\partial \rho^*} = \mathcal{D}, \quad (ii) \quad -\frac{\partial \log P}{\partial (\gamma g^*)} < \mathcal{D}, \quad (iii) \quad -\frac{\partial \log P}{\partial (-L_M^*)} < \mathcal{D},$$

with exact expressions provided in the paper.

Only a change in r^* induced by ρ^* moves equities in line with duration.

Roadmap

1. Introduction

2. Theoretical Decomposition

3. Empirical Implementation

Measurement

Secular Trends

Higher-Frequency Changes & Forecasting

4. Additional Implications

5. Final Notes

Measurement Strategy

For each date & country, want to decompose trend real rate into components:

$$r^* = \underbrace{\rho^*}_{\text{pure disc.}} + \underbrace{\gamma g^*}_{\text{growth}} - \underbrace{L_M^*}_{\text{risk}}$$

We'll measure r^* , g^* , and L_M^* directly from surveys & options data, then back out ρ^* .

Measurement Strategy

For each date & country, want to decompose trend real rate into components:

$$r^* = \underbrace{\rho^*}_{\text{pure disc.}} + \underbrace{\gamma g^*}_{\text{growth}} - \underbrace{L_M^*}_{\text{risk}}$$

- ▶ **Survey data:** Consensus Economics long-term forecasts [1990–2023, 2-4x/yr, 20-30 forecasters per country]
 - ▶ r^* : 5-year-ahead forecast of 10-year bond yield – forecast of inflation
 - ▶ g^* : 5-year-ahead forecast of real output growth
 - ▶ **Key features:**
 - (i) Long-hor. *forward* forecasts remove cyclical variation that affects short-hor. forecasts
 - (ii) Data available in panel of countries
 - (iii) Lower volatility and predictable mean-reversion than, e.g., SPF or IBES data
- ▶ **Options data:** Global panel of index options from OptionMetrics
 - ▶ L_M^* : proxy using VIX^2 ($L_M^* \propto VIX^2$ under set of assumptions)
 - ▶ Calculate 6-month VIX^2 using option prices

Measurement Strategy

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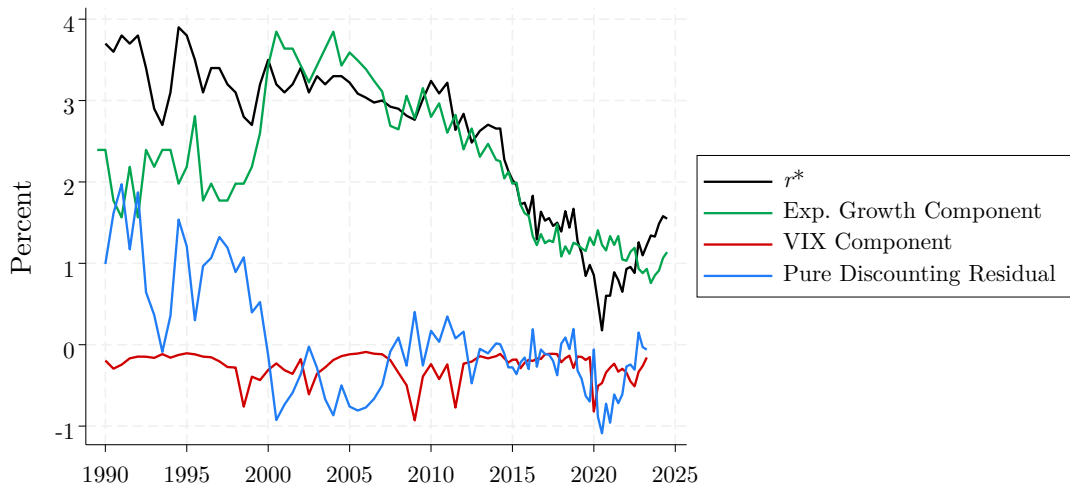
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 - ▶ g^* : 5-year-ahead forecast of real output growth
- ▶ **Options data:** Global panel of index options from OptionMetrics
 - ▶ L_M^* : proxy using 6-month VIX², calculated from option prices
- ▶ ρ^* : Back out as residual from panel regression (quarter t , country j):

$$r_{t,j}^* = \gamma g_{t,j}^* + \beta_j \text{VIX}_{t,j}^2 + \underbrace{\text{Constant} + \text{FE}_j + \varepsilon_{t,j}}_{\rho_{t,j}^*}$$

$$[\hat{\gamma} = 2.1^{***}, \overline{\hat{\beta}_j} = -4.0^{**}, \text{Within } R^2 = 0.61]$$

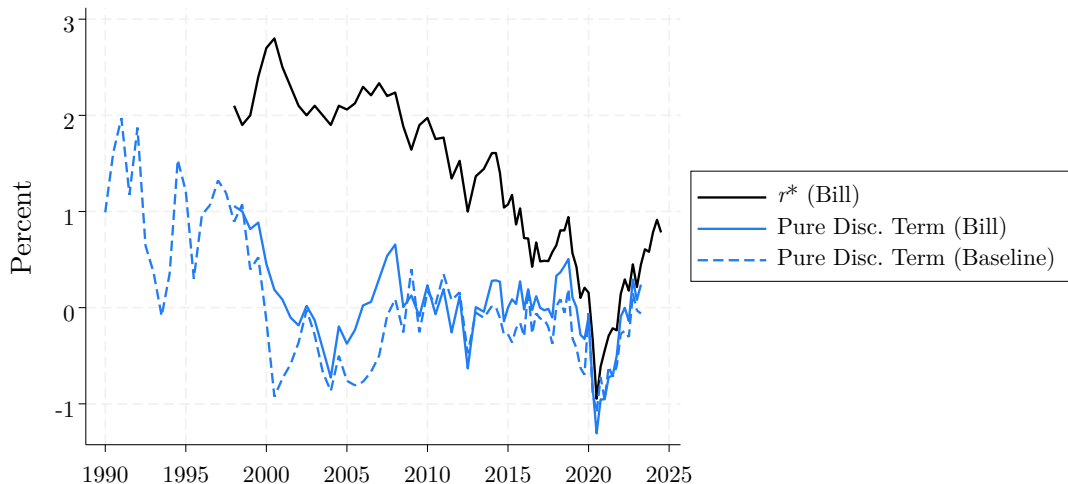
Time-Series Decomposition Results

U.S. Estimation Results: Decomposition of r^*



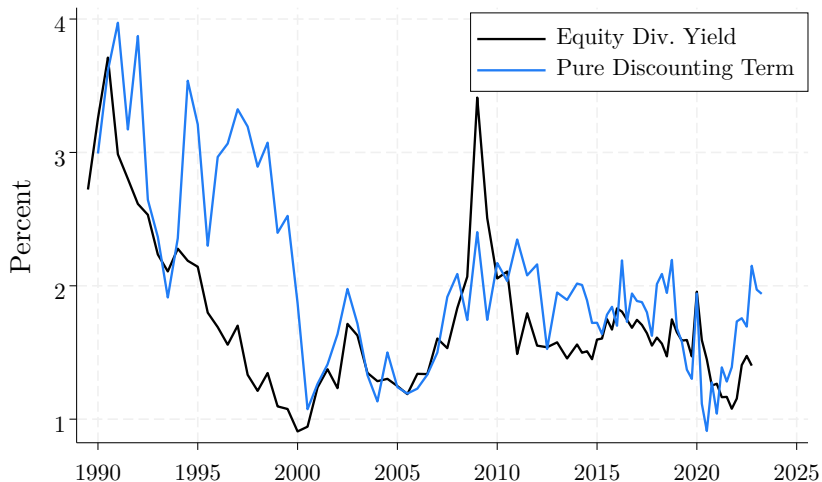
Time-Series Decomposition Results

U.S. Estimation Results: Alternative Version Using Short-Rate Forecast

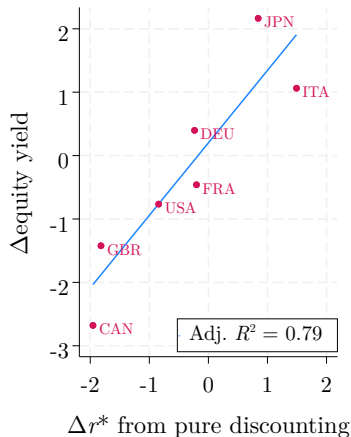


Time-Series Decomposition Results

U.S. Estimation Results: Valuations and the Pure Discounting Term



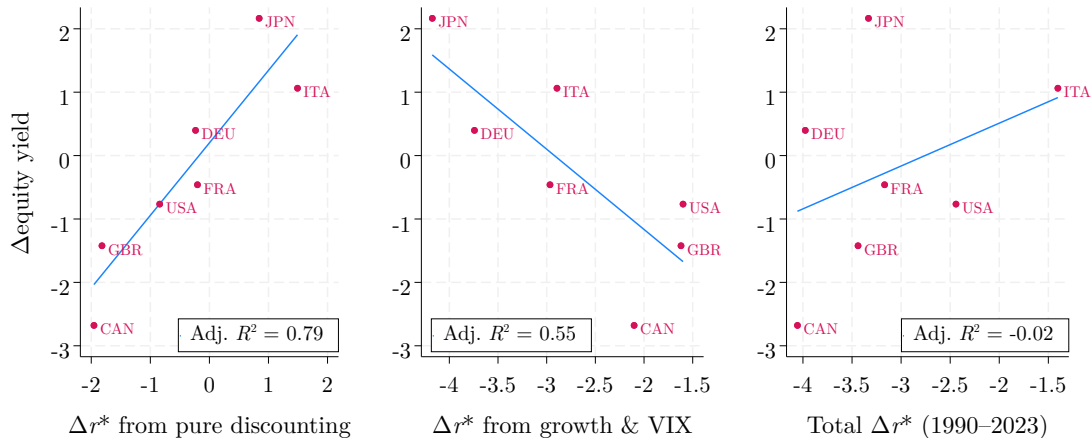
Main Results: Full-Sample Decomposition



Strikingly good fit!

- ▶ As theory predicts, valuations move 1:1 with $\Delta \hat{p}^*$
 - ▶ **Further:** Intercept of 0, corr. near 1 (*recall ey^* not used to get \hat{p}^* !*)
- ⇒ to understand long-run valuations, $\Delta \hat{p}^*$ is nearly sufficient
- ▶ Natural Q: What drives pure discount-rate changes?
 - ▶ Time pref. shocks: **unlikely**
 - ▶ More later, but important question going forward

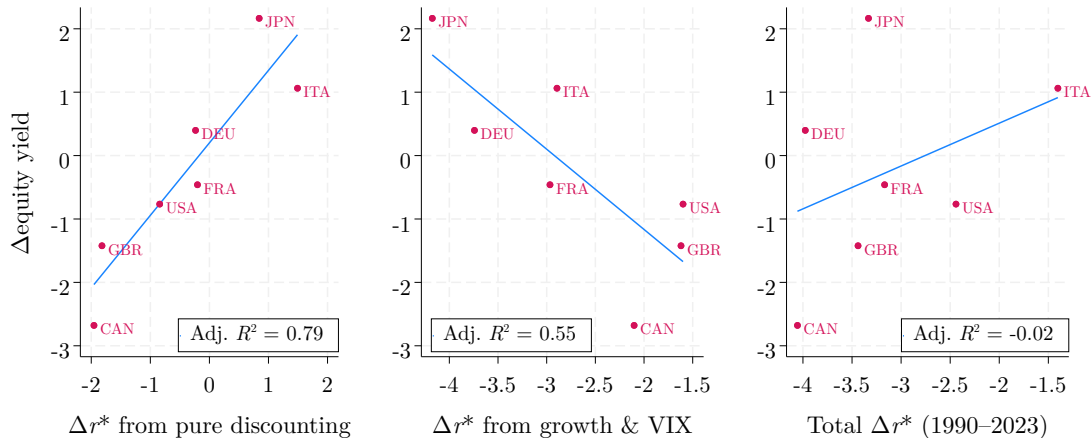
Main Results: Full-Sample Decomposition



Equity moves negatively with remaining predicted yield (“impure” discounting)

⇒ overall weak relationship. **Yield changes do not in general transmit to risky assets.**

Main Results: Full-Sample Decomposition



Equity moves negatively with other terms \implies yield changes do not in general transmit to equity.

U.S.: Transmission of Δr^* to equity has only been $\Delta \rho^* / \Delta r^* = \frac{-0.9}{-2.5} \approx 35\%$.

Rate Sensitivities and Equity Duration

Regressions for Three-Year Stock Returns

	(1)	(2)	(3)	(4)
	U.S.	U.S.	All	All
$\Delta 10y$ yield	4.19 (3.51)		-3.39 (2.20)	
Δ pure discount ($\widehat{\Delta\rho_t^*}$)		-19.1** (7.64)		-9.61** (3.26)
Δ exp. growth		-1.49 (14.0)		16.9* (8.82)
$\Delta VIX^2 \times 100$		-3.08** (1.33)		-5.44*** (0.90)
Country FEs	✗	✗	✓	✓
Obs.	74	74	781	781
R^2	0.04	0.20	0.05	0.27
Within R^2	—	—	0.02	0.24

All changes contemporaneous. SE: (1)-(2) block bootstrap, (3)-(4) clustered by j & t .

► Weak yield exposure *except* for ρ^* shocks, exactly in line with theory

► **Duration:** $-\frac{\partial \log P}{\partial \rho^*} \approx 19y$ for U.S.

[lower bound given meas. uncertainty in $\widehat{\Delta\rho_t^*}$]

⇒ Measurement also works at higher freq.

► In paper: ρ^* strongly predicts **future** ret.

Robustness to Alternative Measurement Approaches

Results are robust under a range of approaches:

- 1. Alternatives to Consensus survey data:** Using SPF to measure g^* & r^* in U.S.
 - ▶ Same secular change in pure discounting term ($\Delta \hat{\rho}^* \sim -1\%$ in the U.S.)
 - ▶ Somewhat weaker fit in time series, consistent with less precise measurement
- 2. Alternatives to VIX² for uncertainty:** Estimating uncertainty via GARCH or using uncertainty index
 - ▶ Uncertainty matters mostly for higher-frequency variation
 - ▶ No impact on main results; slightly higher estimated market duration
- 3. Accounting for time-varying profit shares:**
 - ▶ Easy to generalize to allow for changing profit shares & output growth \npropto dividend growth
 - ▶ We see expected profit growth in U.S. Consensus data, or can use IBES LTG; neither affects results

Robustness: Alternative data, time-varying profit shares

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Cross-Sectional Portfolios

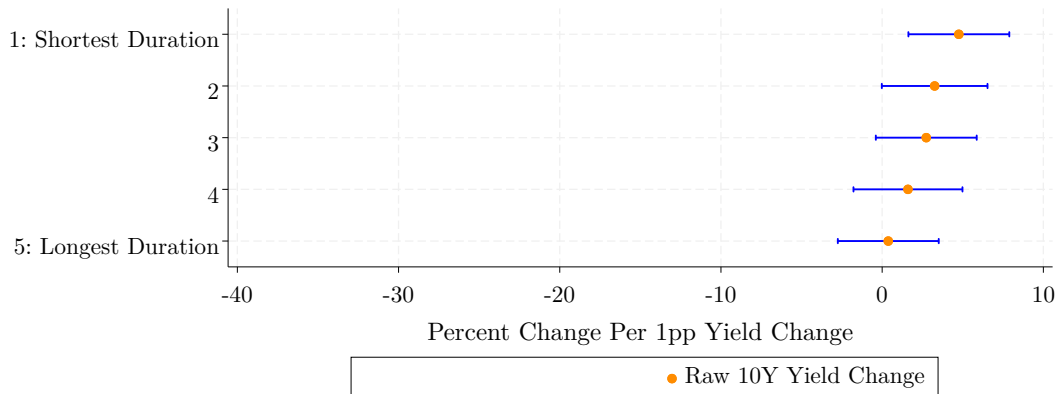
A Significant Duration-Matched Equity Premium

5. Final Notes

Cross-Sectional Evidence: Duration-Sorted Portfolios

Portfolio Exposures to **Unadjusted Yield Changes**

[U.S. duration-sorted portfolios via Gormsen & Lazarus 2023, based on predicted LTG]

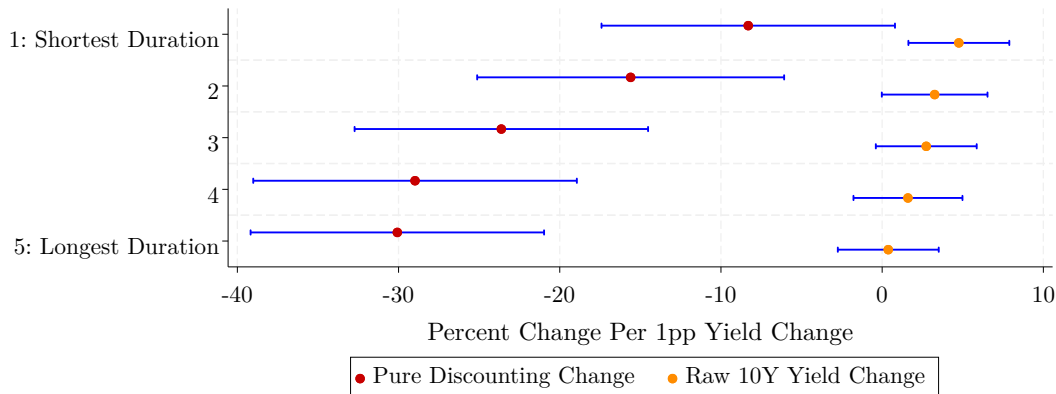


- ▶ Long-duration portfolios are not substantially more exposed to raw interest-rate changes...

Cross-Sectional Evidence: Duration-Sorted Portfolios

Portfolio Exposures to Pure Discount Rates and Yields

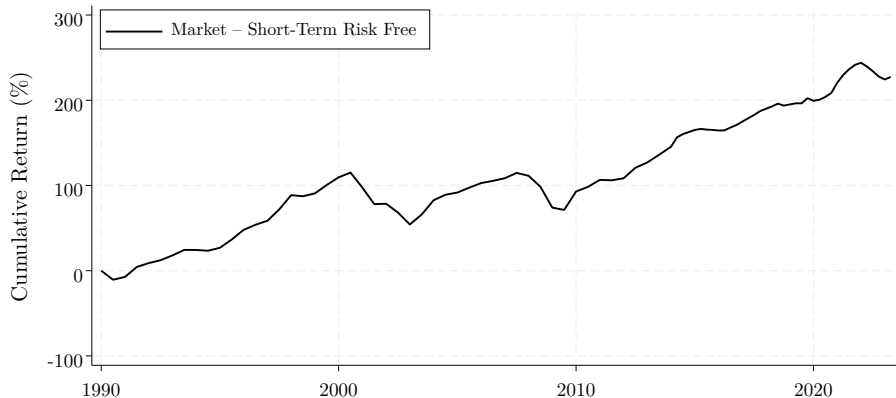
[U.S. duration-sorted portfolios via Gormsen & Lazarus 2023, based on predicted LTG]



- ▶ Long-duration portfolios are not substantially more exposed to raw interest-rate changes...
- ▶ ...but they're substantially more exposed to ρ^* shocks, implying large duration spread

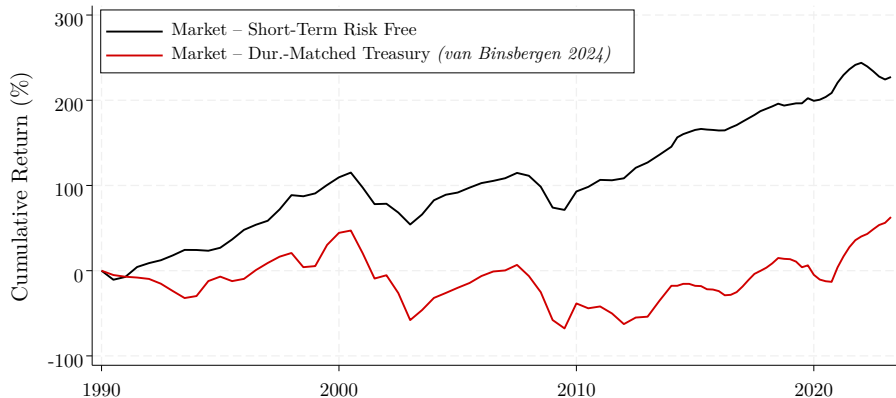
A Significant Duration-Matched Equity Premium

Cumulative Excess Returns for the U.S. Market



A Significant Duration-Matched Equity Premium

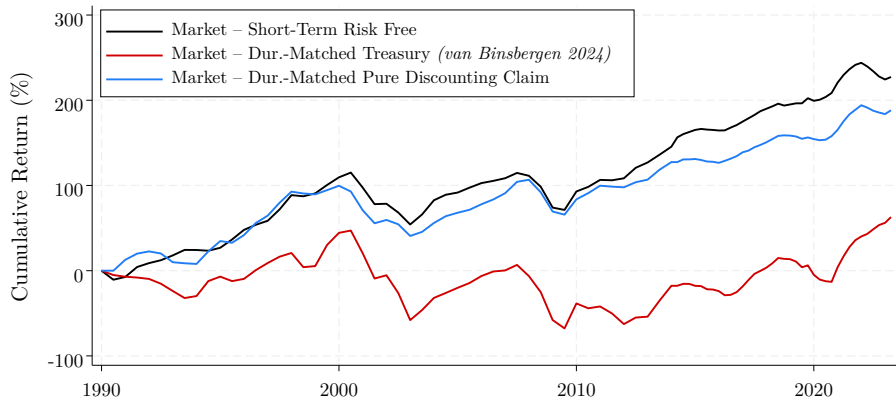
Cumulative Excess Returns for the U.S. Market



- ▶ Long-term nominal bonds have had high returns → low apparent duration-matched premium
- ▶ But long-term bonds differentially exposed to growth & risk, so we consider new counterfactual
- ▶ Construct **maturity-matched** ($\mathcal{D} = 19y$) **pure discounting claim** that appreciates when $\rho^* \searrow$

A Significant Duration-Matched Equity Premium

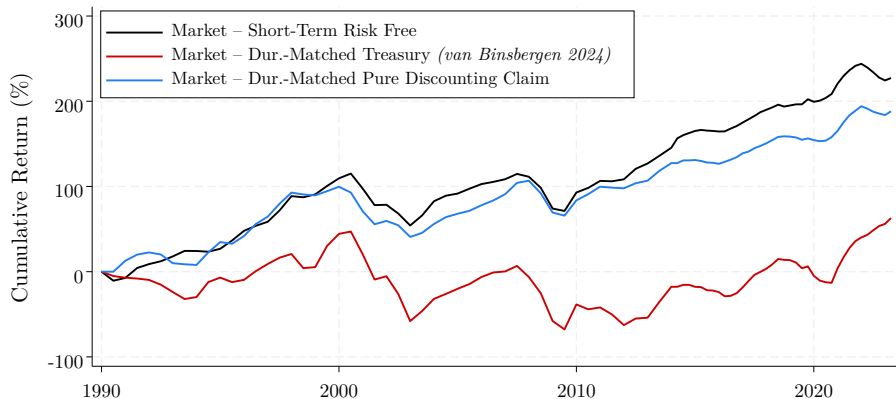
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- ▶ Construct **maturity-matched** ($\mathcal{D} = 19\text{y}$) **pure discounting claim** that appreciates when $\rho^* \searrow$
- ▶ Market has **6.1%** ann. excess return relative to this claim: cleaner measure of ex ante premium

A Significant Duration-Matched Equity Premium

Cumulative Excess Returns for the U.S. Market



Additional empirical implications:

Rates & the declining value premium

Unpacking monetary policy shocks

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Final Notes

New framework & measurement tools to decompose changes in rates into underlying drivers.

Two interpretations:

1. Glass half empty: Rate changes matter less for stocks than one might think.

- ▶ Rate changes transmit only partly to stocks (*U.S.*: 35%); assuming full transmission may be misleading

2. Glass half full: Transmission is quite strong, once you isolate the right component.

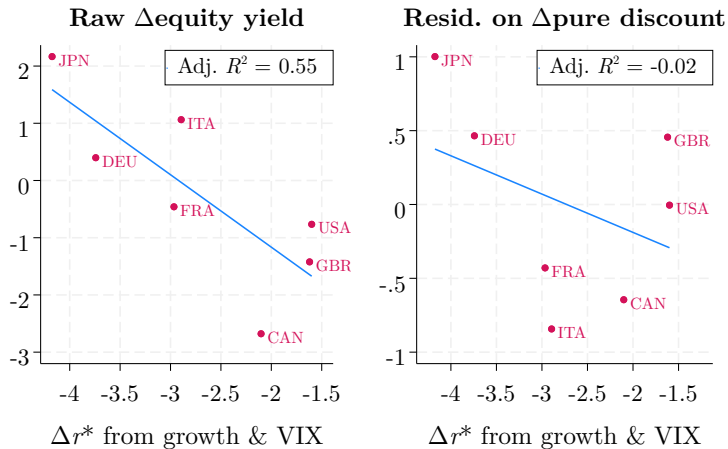
- ▶ Δ pure discounting component of rates $\overset{\sim}{\rightleftharpoons} \Delta$ valuations
- ▶ Understanding drivers of ρ^* goes a long way to understanding secular valuation changes

Natural next question: What explains ρ^* changes?

- ▶ **In paper:** Net capital flows, MP shocks as drivers of $\Delta\rho^*$ (in theory & data), but worth exploring more

Appendix

Interpreting the Growth & VIX Contributions

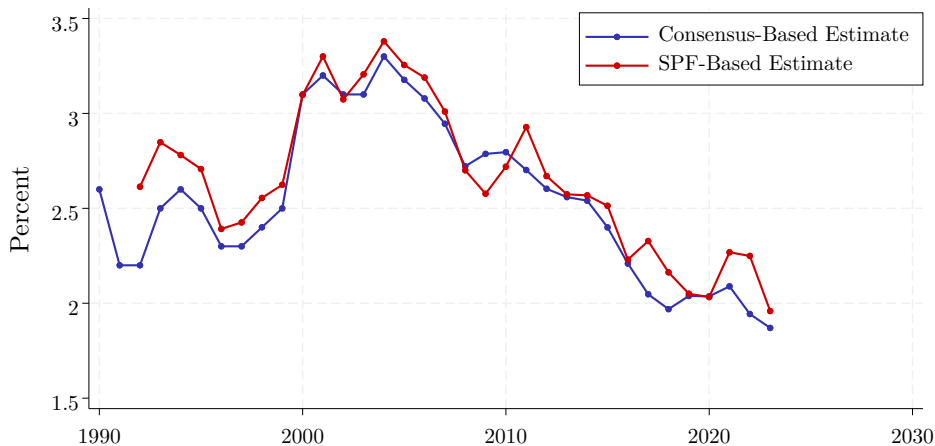


Left: Raw best-fit line does not pass through origin.

Right: $\Delta\rho_{t,j}^*$ accounts for most of the variation.

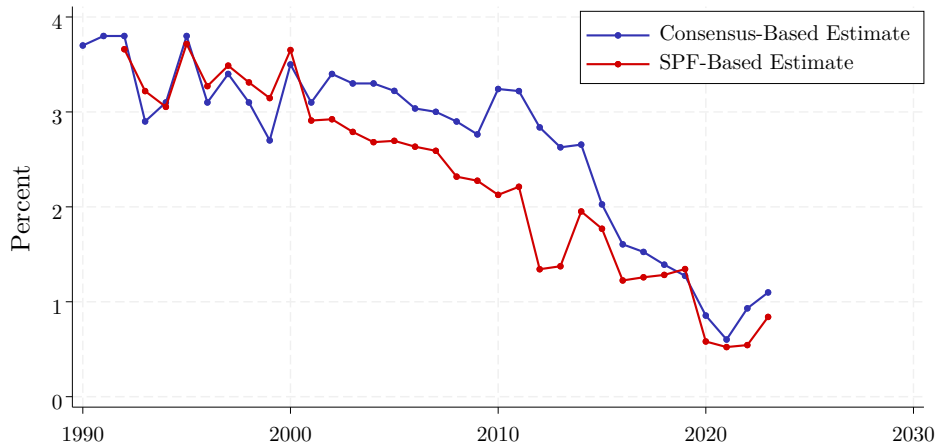
Robustness: SPF Survey Data

Consensus vs. SPF: U.S. Long-Term Growth Expectations



Robustness: SPF Survey Data

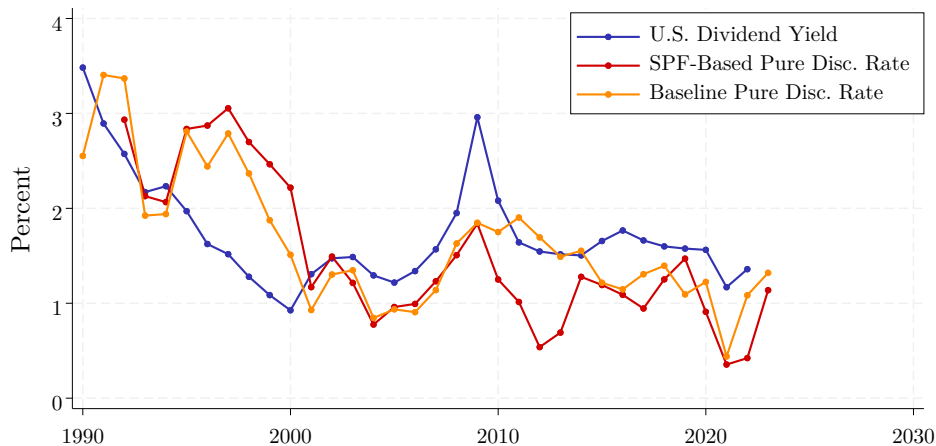
Consensus vs. SPF: U.S. r^* Estimates



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Robustness: SPF Survey Data

Consensus vs. SPF: Pure Discounting Estimates and Equity Yields



Robustness: Time-Varying Profit Shares in Theory

- ▶ Greenwald, Lettau, Ludvigson (2025): 40% of equity returns since '89 attributable to rising profit share
- ▶ How does this affect our analysis?
- ▶ **Real rate:** Same decomposition applies: $r^* = \rho^* + \gamma g^* - L_M^*$, where g^* is output growth
- ▶ **Equity:** Rising profit share π can increase equity **prices & earnings** without affecting equity **yields**
 - ▶ Holds if $\Delta\pi$ is unanticipated level shock with no change in expected div. growth g_d^*
 - ▶ GGL25 estimate that this describes U.S. data (π is mean-reverting)

Robustness: Time-Varying Profit Shares in Theory

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- ▶ **More generally:** Decoupling expected **output growth** g^* & **div. growth** g_d^* (i.e., $\text{Corr} < 1$) leads to

$$ey^* = \rho^* + \gamma g^* - g_d^* - L_{MR}^*$$

- ▶ **Theoretical implications for change in r^* on ey^* are the same as before**
 - ▶ Only **pure discounting** shocks pass through directly
 - ▶ As long as $\text{Corr}(g^*, g_d^*) > 0$, weaker pass-through from growth shocks
 - ▶ Pure g_d^* shocks are entirely separate from r^* dynamics. Defining $\pi^* \equiv g_d^* - \lambda g^*$:

$$ey^* = \rho^* + (\gamma - \lambda)g^* - \pi^* - L_{MR}^*$$

Robustness: Time-Varying Profit Shares in the Data

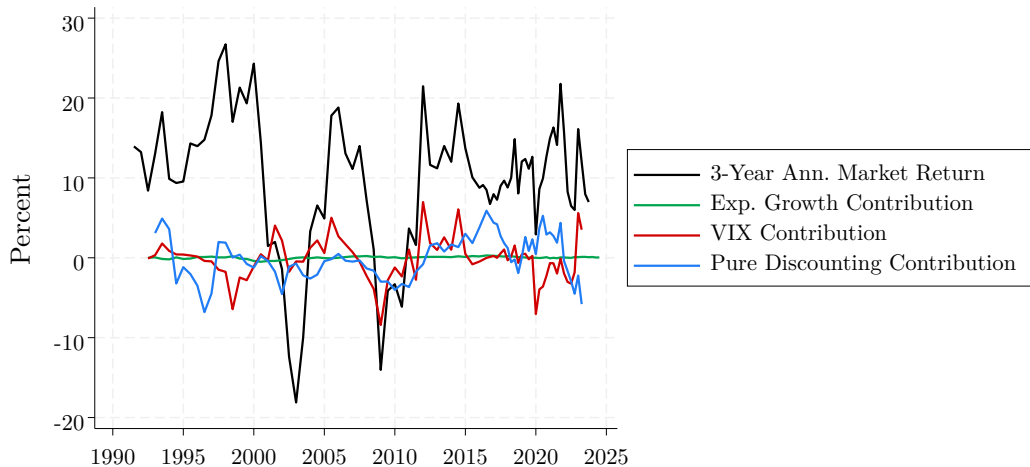
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$$ey^* = \rho^* + \gamma g^* - g_d^* - L_{MR}^*$$

- ▶ **Empirically:** Two proxies for g_d^* in U.S. data
 1. Agg. earnings growth forecast (LTG) [Nagel–Xu 2022]: for full sample, $\Delta g_d^* = -0.60, \Delta g^* = -0.70$
 2. Expected profit growth via Consensus: for avail. sample (since '98), $\Delta g_d^* = -1.26, \Delta g^* = -0.50$
- ▶ So in U.S., Δ profit shares don't appear to affect results (nor for high-freq., or w/ alt. vol. meas.)

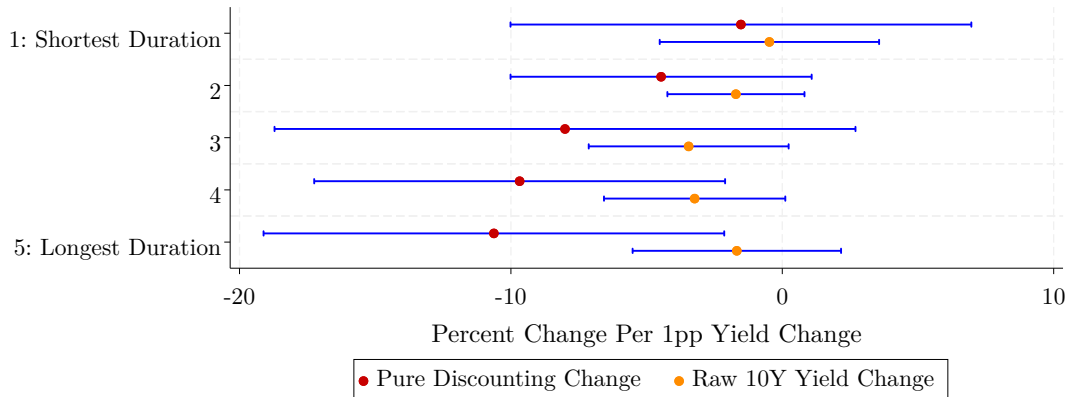
Higher-Frequency Equity Return Accounting

Decomposition of U.S. Value-Weighted Equity Returns



Duration-Sorted Portfolios in Global Sample

Portfolio Exposure to Pure Discount Rates and Yields: Global Stocks



- ▶ Long-dur. portfolios are **substantially more exposed** to ρ^* shocks (*despite their negative CAPM alphas*)
- ▶ Implies a significant spread between lowest- and highest-duration stocks
- ▶ **Also apparent for global stocks** (and similarly for raw yield exposures)

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Discount-Rate Shocks and Value Returns

- ▶ Declining value premium? Value stocks have underperformed growth stocks since ~2006
- ▶ How much is due to interest rates?



Cliff's Perspective

Is Value Just an Interest Rate Bet?

Spoiler Alert: Not Even Close

August 11, 2022

Discount-Rate Shocks and Value Returns

- ▶ Declining value premium? Value stocks have underperformed growth stocks since ~2006
- ▶ How much is due to interest rates? We'll mostly agree

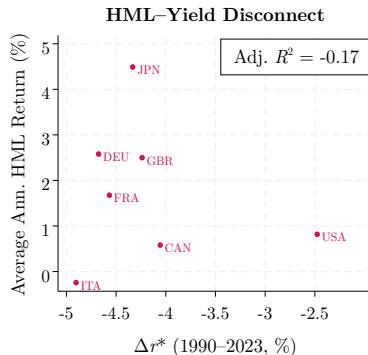


Cliff's Perspective

Is Value Just an Interest Rate Bet?

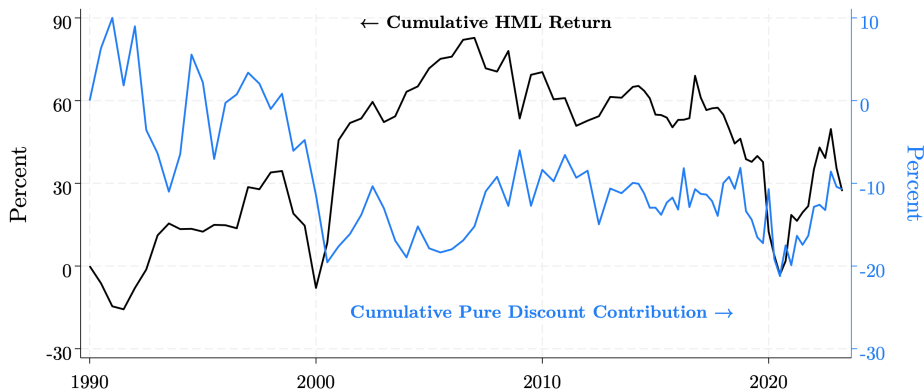
Spoiler Alert: Not Even Close

August 11, 2022

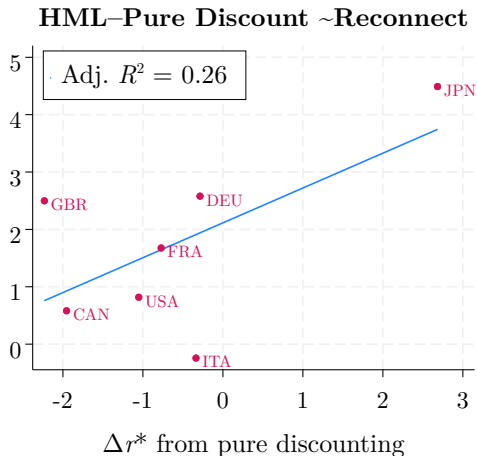
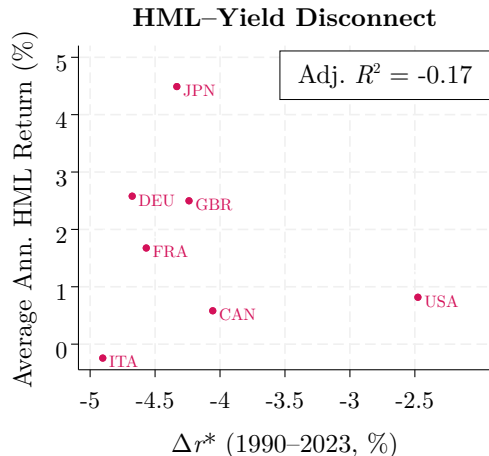


Discount-Rate Shocks and Value Returns

- ▶ Declining value premium? Value stocks have underperformed growth stocks since ~2006
- ▶ How much is due to interest rates? We'll mostly agree...but not fully. HML is short-duration, exposed to recent discounting shocks.
- ▶ While pure discount contribution is often important, clearly not the full story (*note scale*)



Discount-Rate Shocks and Value Returns: Global Evidence



- Pure discounting changes important, but not the full story (*& other long-duration portfolios have done well*)

What Is a Monetary Policy Surprise?

Papers often treat MP surprise as if it were a pure discount-rate shock

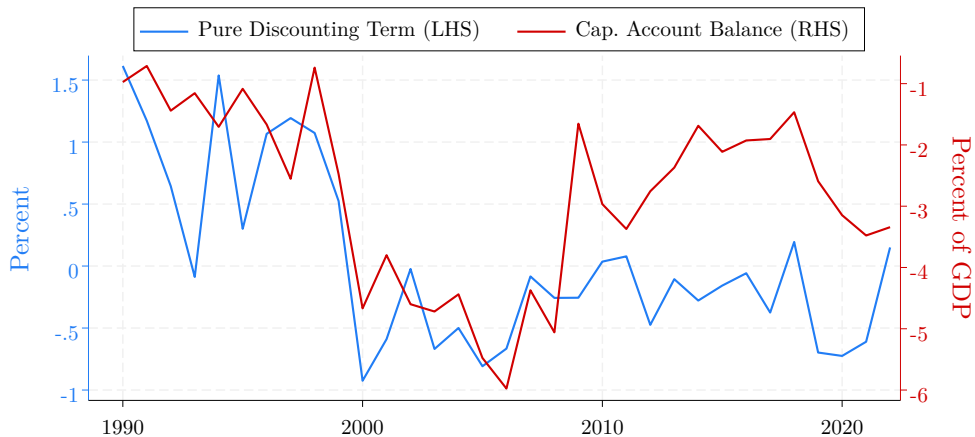
- ▶ The surprise ΔFF_t may be exogenous, but yield change $\Delta y_{\text{long-term},t}$ depends on Δ pure discount rate, expected growth rate, & uncertainty *given* surprise. . . and stock return does **not** identify duration
- ▶ If pos. MP shocks are contractionary & increase VIX, $\Delta \rho_{t,j} > \Delta y_{t,j}$. With an info. effect, ambiguous.
- ▶ Our estimates, along with Δy_t , r_t^{mkt} , and ΔVIX_t^2 given identified MP surprises, allow us to invert two equations for two unknowns, Δg_t and $\Delta \rho_t$:

$$\text{Bonds: } \Delta y_t = \Delta \rho_t + \hat{\gamma} \Delta g_t - \hat{\beta}_j \Delta \text{VIX}_t^2$$

$$\text{Stock returns: } r_t^{\text{mkt}} = \hat{\pi}_\rho \Delta \rho_t + \hat{\pi}_g \Delta g_t + \hat{\pi}_V \Delta \text{VIX}_t^2$$

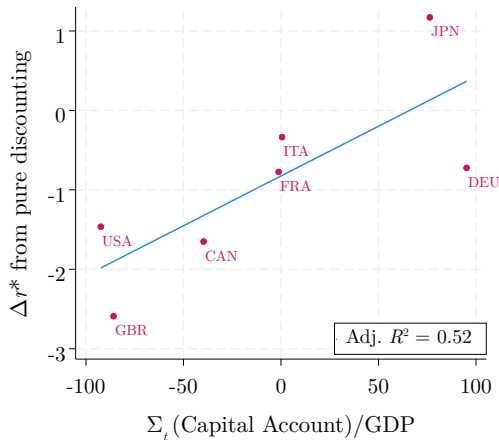
- ▶ We back out $\Delta \rho_t$ and Δg_t for each MP announcement and regress each on Bauer & Swanson (2023) orthogonalized MP shock: (1) $\beta_\rho = 0.29^{***}$ [$R^2 = 0.30$], (2) $\beta_g = 0.07^*$ [$R^2 = 0.04$]
 \implies 75% of MPS is pure discounting shock, but some info. effect on average (*can also do t-specific plots*)
- ▶ Similar conclusions to Nagel & Xu (2024), using different methods

Pure Discounting Changes and Capital Flows in the U.S.



In paper: Net capital flows can induce $\Delta \rho_{t,j}^*$ in theory (given $\Delta r_{t,j}^*$ without large Δ fundamentals)

Pure Discounting Changes and Capital Flows Across Countries



In paper: Net capital flows can induce $\Delta \rho_{t,j}^*$ in theory (given $\Delta r_{t,j}^*$ without large Δ fundamentals)