

**Lauren N. Benoist, M.A., NCC**  
Ph.D. Student Counselor Education

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Department of Educational  
Psychology, Counseling,  
& Special Education  
College of Education  
The Pennsylvania State University  
University Park, PA 18602

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Education

Ph.D. Counselor Education and Supervision  
The Pennsylvania State University  
Department of Educational Psychology, Counseling, and Special Education  
(Projected graduation date: Spring 2016)

M.A. Clinical Mental Health Counseling (CACREP)  
Roosevelt University-Chicago, Illinois  
Department of Counseling and Human Services (2013)

B.S. Psychology – Human Services emphasis  
Appalachian State University-Boone, North Carolina (2009)

*Research Areas: multicultural counseling, LGBT issues, identity development, postmodern theories*

Professional Graduate Work Experience

CEDAR Clinic Supervisor: The Pennsylvania State University, Department of Educational Psychology,  
Counseling & Special Education (2013-Present)  
*Oversees operations of clinic, including: receptionist staff, incoming referrals, counselor documentation, and supervises all clinic training facilities. Responsible for training new staff and incoming counselors and supervisors.*

Program Recruitment and Retention Specialist: Roosevelt University, Department of Counseling & Human  
Services (2011-2012)  
*Organized program information sessions, represented program at school fairs, acted as departmental liaison to interested applicants, developed and maintained manifest of regional feeder programs.*

Graduate Assistant to CACREP Renewal Process: Roosevelt University, Department of Counseling and  
Human Services (2010-2011)  
*Assisted in updating faculty syllabi and mapping 2009 CACREP standards into program materials. Became well-versed in accreditation procedure and standard requirements.*

Research and Teaching Assistant: Department of Economics, Roosevelt University (2010-2011)  
*Assisted Dr. Ozgur Oranghazi in research literature reviews, created digital archive of research, assisted in preparing tenure dossier, prepared classroom materials and graded assignments.*

### Professional Work Experience

Pre-school Teacher - American Kidz Academy: *Upheld state standards for teaching, created lesson plans and student evaluations in preparation for grade school.*

### Teaching Experience

#### Client Assessment in Rehabilitation and Human Services (Guest Lecturer)

Pennsylvania State University, Department of Educational Psychology, Counseling, and Special Education  
*Provided guest lecture on DSM-V as an assessment tool.*

#### Adolescent Counseling

Pennsylvania State University, Department of Educational Psychology, Counseling, and Special Education  
*Experiential learning course on theoretical approaches to counseling adolescents. Facilitated collaborative work with acting students to provide mock counseling scenarios.*

#### Interventions to Youth Violence (Co-taught)

Roosevelt University, Department of Social Justice  
*Transformational service learning course-Facilitated mentorship experience for students and teenagers living residential behavioral housing facilities.*

### Supervised Clinical Experience

#### Doctoral Career Counseling Practicum

Bank of America Career Center, The Pennsylvania State University, University Park, Pennsylvania (2014)  
*Provided individual career counseling to undergraduate and graduate students*

#### Doctoral Clinical Counseling Practicum

The Cedar Clinic, The Pennsylvania State University, University Park, Pennsylvania (2013)  
*Provided individual counseling to undergraduate students*

#### Counseling Internship

Saints Mary and Elizabeth Outpatient Community Behavioral Health Clinic, Chicago, Illinois (2012-2013)  
*Provided individual, group counseling, and case management services*

##### *Groups Facilitated:*

*Busy Buddies (ADHD/Behavioral group for 3-6 year olds)*

*ADHD/Behavioral group for 8-10 year olds*

*Adult Rehabilitation Day Program*

### Non-Refereed Publications

Benoist, L. N. (2012). Facts vs. Fears: Examining Counselor Attitudes Towards Utilizing Technology. *Counseling Today*. May 2012.

Benoist, L. N. (2011). Counseling Non-Violent Drug Offenders: Innovative Approaches to Therapy. *Roosevelt University Counseling Association Newsletter*. March 2011.

Benoist, L. N. (2008). Keeping Punishment Just: Examining Alternatives to Corrections for Drug-Addicted Offenders. *Carolina Correctional Association Newsletter*. August 2008

### Refereed Presentations

#### **International**

Benoist, L. N. (2014). *Intersections in Identity: Counseling practices that address the postmodern shift in identity development* –Breakout Session  
Canadian Counselling Association Annual Research Conference, Moncton, NB

#### **National**

Benoist, L. N. (2014). *Intersectionality: Models of Identity Development and Implications for Practice, Curriculum, and Instruction* - Roundtable Discussion  
Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling National Conference, New Orleans, Louisiana

Benoist, L. N. (2008). *Dare to Keep Punishment Just: Alternatives to Corrections for Drug Addicted Offenders* – Poster Presentation  
American Correctional Association Annual Conference, New Orleans, LA

#### **State**

Benoist, L.N. (2014). *Intersectionality, Identity, and Culturally-Critical Counseling* – Breakout Session  
Chi Sigma Iota Pennsylvania Conference, University Park, PA

Benoist, L. N. (2012). *Counseling LGBTQ People of Color: New Models in Identity Formation* – Poster Presentation  
Illinois Counseling Association Annual Conference, Springfield, IL

Benoist, L. N. (2012). *Queers of Color: Identity Development Models and Implications for Counselors* – Poster Presentation  
Illinois Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling, Inaugural Conference, Chicago, Illinois.

### Non-Refereed Presentations

Benoist, L. N. (2013). Invited Speaker for Northside Literacy Coalition meeting: *Advocating and communicating with/for clients with disabilities*. Chicago, Illinois.

Benoist, L. N. (2012). *Substance Dependence and Abuse Among the Elderly: Prevalence and current models of treatment* – Poster Presentation

Substance Abuse Conference, Roosevelt University, Chicago, Illinois

#### Current Professional Memberships

Illinois Counseling Association (ICA)

Association for Lesbian, Gay, Bisexual, and Transgender issues in Counseling (IALGBTIC)

Chi Sigma Iota (CSI)

#### Service to Profession

President/Founding member of Chi Sigma Iota – Rho Chi Alpha Chapter (2011-2012)

CACREP Renewal Assistant – (2011-2012)

Roosevelt Counseling Association Newsletter Editor – (2010-2012)

President of Roosevelt Counseling Association – (2010-2011)

#### Certifications

National Certified Counselor (NCC) – National Board of Certified Counselors

#### Awards

2013-2014 Graham Endowed Fellowship: \$1400.

2012 American Counseling Association Foundation:

Gerald and Marianne Corey Graduate Student Essay Scholarship. \$150.

2008 American Correctional Association:

1<sup>st</sup> Place National Poster Presentation Competition. \$200.

2008 Research at the Capitol meeting:

Awarded with invitation to represent affiliated university for research: *Alternatives to Corrections for Drug Addicted Offenders*.