

Lauren N. Benoist, M.A., NCC
Ph.D. Student Counselor Education

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College of Education
Department of Educational
Psychology, Counseling,
& Special Education

Pennsylvania State University
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University Park, PA 16802
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Education

Ph.D. Counselor Education and Supervision
The Pennsylvania State University
Department of Educational Psychology, Counseling, and Special Education
(Projected graduation date: Spring 2016)

M.A. Clinical Mental Health Counseling (CACREP)
Roosevelt University-Chicago, Illinois
Department of Counseling and Human Services (2013)

B.S. Psychology – Human Services emphasis
Appalachian State University-Boone, North Carolina (2009)

Research Areas: multicultural counseling, LGBT issues, identity development, postmodern theories

Professional Graduate Work Experience

CEDAR Clinic Supervisor: The Pennsylvania State University, Department of Educational Psychology,
Counseling & Special Education (2013-Present)
*Oversees operations of clinic, including: receptionist staff, incoming referrals, counselor documentation, and supervises
all clinic training facilities. Responsible for training new staff and incoming counselors and supervisors.*

Program Recruitment and Retention Specialist: Roosevelt University, Department of Counseling & Human
Services (2011-2012)
*Organized program information sessions, represented program at school fairs, acted as departmental liaison to
interested applicants, developed and maintained manifest of regional feeder programs.*

Graduate Assistant to CACREP Renewal Process: Roosevelt University, Department of Counseling and
Human Services (2010-2011)
*Assisted in updating faculty syllabi and mapping 2009 CACREP standards into program
materials. Became well-versed in accreditation procedure and standard requirements.*

Research and Teaching Assistant: Department of Economics, Roosevelt University (2010-2011)
*Assisted Dr. Ozgur Oranhazi in research literature reviews, created digital archive of research, assisted in preparing
tenure dossier, prepared classroom materials and graded assignments.*

Professional Work Experience

Pre-school Teacher - American Kidz Academy: *Upheld state standards for teaching, created lesson plans and student evaluations in preparation for grade school.*

Teaching Experience

Elementary School Counseling Internship & Seminar (Guest Lecturer)

Pennsylvania State University, Department of Educational Psychology, Counseling, and Special Education
Provided guest lecture on strategies on collaborating with school boards

Client Assessment in Rehabilitation and Human Services (Guest Lecturer)

Pennsylvania State University, Department of Educational Psychology, Counseling, and Special Education
Provided guest lecture on DSM-V as an assessment tool.

Adolescent Counseling

Pennsylvania State University, Department of Educational Psychology, Counseling, and Special Education
Experiential learning course on theoretical approaches to counseling adolescents. Facilitated collaborative work with acting students to provide mock counseling scenarios.

Interventions to Youth Violence (Co-taught)

Roosevelt University, Department of Social Justice
Transformational service learning course-Facilitated mentorship experience for students and teenagers living residential behavioral housing facilities.

Supervised Clinical Experience

Doctoral Career Counseling Practicum

Bank of America Career Center, The Pennsylvania State University, University Park, Pennsylvania (2014)
Provided individual career counseling to undergraduate and graduate students

Doctoral Clinical Counseling Practicum

The Cedar Clinic, The Pennsylvania State University, University Park, Pennsylvania (2013)
Provided individual counseling to undergraduate students

Counseling Internship

Saints Mary and Elizabeth Outpatient Community Behavioral Health Clinic, Chicago, Illinois (2012-2013)
Provided individual, group counseling, and case management services
Groups Facilitated:
Busy Buddies (ADHD/Behavioral group for 3-6 year olds)
ADHD/Behavioral group for 8-10 year olds
Adult Rehabilitation Day Program

Non-Refereed Publications

Benoist, L. N. (2012). Facts vs. Fears: Examining Counselor Attitudes Towards Utilizing Technology. *Counseling Today*. May 2012.

Benoist, L. N. (2011). Counseling Non-Violent Drug Offenders: Innovative Approaches to Therapy. *Roosevelt University Counseling Association Newsletter*. March 2011.

Benoist, L. N. (2008). Keeping Punishment Just: Examining Alternatives to Corrections for Drug-Addicted Offenders. *Carolina Correctional Association Newsletter*. August 2008

Refereed Presentations

International

Benoist, L. N. (2014). *Intersections in Identity: Counseling practices that address the postmodern shift in identity development* –Breakout Session
Canadian Counselling Association Annual Research Conference, Moncton, NB

National

Benoist, L. N. (2014). *Intersectionality: Models of Identity Development and Implications for Practice, Curriculum, and Instruction* - Roundtable Discussion
Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling National Conference, New Orleans, Louisiana

Benoist, L. N. (2008). *Dare to Keep Punishment Just: Alternatives to Corrections for Drug Addicted Offenders* – Poster Presentation
American Correctional Association Annual Conference, New Orleans, LA

State

Benoist, L.N. (2014). *Intersectionality, Identity, and Culturally-Critical Counseling* – Breakout Session
Chi Sigma Iota Pennsylvania Conference, University Park, PA

Benoist, L. N. (2012). *Counseling LGBTQ People of Color: New Models in Identity Formation* – Poster Presentation
Illinois Counseling Association Annual Conference, Springfield, IL

Benoist, L. N. (2012). *Queers of Color: Identity Development Models and Implications for Counselors* – Poster Presentation
Illinois Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling, Inaugural Conference, Chicago, Illinois.

Non-Refereed Presentations

Benoist, L. N. (2013). Invited Speaker for Northside Literacy Coalition meeting: *Advocating and communicating with/for clients with disabilities*. Chicago, Illinois.

Benoist, L. N. (2012). *Substance Dependence and Abuse Among the Elderly: Prevalence and current models of treatment* – Poster Presentation

Substance Abuse Conference, Roosevelt University, Chicago, Illinois

Current Professional Memberships

Illinois Counseling Association (ICA)

Association for Lesbian, Gay, Bisexual, and Transgender issues in Counseling (IALGBTIC)

Chi Sigma Iota (CSI)

Service to Profession

President/Founding member of Chi Sigma Iota – Rho Chi Alpha Chapter (2011-2012)

CACREP Renewal Assistant – (2011-2012)

Roosevelt Counseling Association Newsletter Editor – (2010-2012)

President of Roosevelt Counseling Association – (2010-2011)

Certifications

National Certified Counselor (NCC) – National Board of Certified Counselors

Awards

2013-2014 Graham Endowed Fellowship: \$1400.

2012 American Counseling Association Foundation:

Gerald and Marianne Corey Graduate Student Essay Scholarship. \$150.

2008 American Correctional Association:

1st Place National Poster Presentation Competition. \$200.

2008 Research at the Capitol meeting:

Awarded with invitation to represent affiliated university for research: *Alternatives to Corrections for Drug Addicted Offenders*.