

Lauren N. Benoist, M.A., NCC, LPC (IL)
Ph.D. Candidate Counselor Education

College of Education
Department of Educational
Psychology, Counseling,
& Special Education

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Education

Ph.D. Counselor Education and Supervision: The Pennsylvania State University
Department of Educational Psychology, Counseling, and Special Education
(Projected graduation date: Spring 2016)

M.A. Clinical Mental Health Counseling (CACREP): Roosevelt University
Department of Counseling and Human Services, 2013.

B.S. Psychology: Appalachian State University
College of Arts and Sciences, 2009.

Research Areas: clinical training, multicultural counseling, intercultural conflict, counselor education, intersectionality, qualitative research

Graduate Work Experience

CEDAR Clinic Supervisor: The Pennsylvania State University (2013-Present)
Oversees all operations of training clinic, including: receptionist staff, incoming referrals, counselor documentation, and supervises all clinic training facilities. Responsible for training new staff, incoming counselors and faculty supervisors.

Program Recruitment and Retention: Roosevelt University (2011-2012)
Organized program information sessions, represented program at school fairs, acted as program liaison to interested applicants, developed and maintained manifest of regional feeder programs.

Assistant to CACREP Renewal Process: Roosevelt University (2010-2011)
Assisted in updating faculty syllabi and mapping 2009 CACREP standards into program materials. Became well-versed in accreditation procedure and standard requirements.

Research and Teaching Assistant: Roosevelt University (2010-2011)
Assisted Dr. Ozgur Oranighazi in research literature reviews, created digital archive of research, assisted in preparing tenure dossier, prepared classroom materials and graded assignments.

Professional Work Experience

Pre-school Teacher - American Kidz Academy: *Upheld state standards for teaching, created lesson plans and student evaluations in preparation for grade school.*

Teaching Experience

Clinical Mental Health in Schools and Communities

Pennsylvania State University, Department of Educational Psychology, Counseling, and Special Education
Introduction course to clinical mental health counseling emphasis area

Elementary School Counseling Internship & Seminar (Guest Lecturer)

Pennsylvania State University, Department of Educational Psychology, Counseling, and Special Education
Provided guest lecture on strategies on collaborating with school boards

Client Assessment in Rehabilitation and Human Services (Guest Lecturer)

Pennsylvania State University, Department of Educational Psychology, Counseling, and Special Education
Provided guest lecture on DSM-V as an assessment tool.

Interventions to Youth Violence (Co-taught)

Roosevelt University, Department of Social Justice
Transformational service learning course-Facilitated mentorship experience between undergraduate students and teenagers living residential behavioral housing facilities.

Clinical Experience

Doctoral Clinical Supervisor: The Pennsylvania State University (2014-Present)

Provides master's level practicum counselors with weekly individual clinical and administrative supervision for a caseload of 10 clients. Reviews session tapes and clinical documentation.

Doctoral Clinical Internship

The Cedar Clinic, The Pennsylvania State University, University Park, Pennsylvania (2014-present)

Provided individual and group counseling to undergraduate population, facilitated outreach services for Centre County Youth Services Bureau

Doctoral Career Counseling Practicum

Bank of America Career Center, The Pennsylvania State University, University Park, Pennsylvania (2014)

Provided individual career counseling to undergraduate and graduate students

Doctoral Clinical Counseling Practicum

The Cedar Clinic, The Pennsylvania State University, University Park, Pennsylvania (2013)

Provided individual counseling to undergraduate students

Counseling Internship

Saints Mary and Elizabeth Outpatient Community Behavioral Health Clinic, Chicago, Illinois (2012-2013)

Provided individual, group counseling, and case management services

Groups Facilitated: Busy Buddies (ADHD/Behavioral group for 3-6 year olds)

Adult Rehabilitation Day Program

Manuscripts Currently Under Review

Benoist, L. N. (2015). A Critical Engagement: Mainstreaming Intersectionality in Multicultural Counseling. Submitted to: *Journal of Multicultural Counseling and Development*.

Non-Refereed Publications

Benoist, L. N. (2014). Blurred lines: Indigenous Canadians and Globalization of Counseling. *Chi Sigma Iota RAM Report*. Fall 2014.

Benoist, L. N. (2012). Facts vs. Fears: Examining Counselor Attitudes Towards Utilizing Technology. *Counseling Today*. May 2012.

Benoist, L. N. (2011). Counseling Non-Violent Drug Offenders: Innovative Approaches to Therapy. *Roosevelt University Counseling Association Newsletter*. March 2011.

Benoist, L. N. (2008). Keeping Punishment Just: Examining Alternatives to Corrections for Drug-Addicted Offenders. *Carolina Correctional Association Newsletter*. August 2008

Refereed Presentations

International

Benoist, L. N., Chang, H. (2014). *Intersections in Identity: Counseling practices that address the postmodern shift in identity development*
Breakout Session- Canadian Counselling Association Annual Research Conference, Moncton, NB

National

Benoist, L. N. (2014). *Intersectionality: Models of Identity Development and Implications for Practice, Curriculum, and Instruction*
Roundtable Discussion-Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling National Conference, New Orleans, Louisiana

Benoist, L. N. (2008). *Dare to Keep Punishment Just: Alternatives to Corrections for Drug Addicted Offenders*
Poster Presentation-American Correctional Association Annual Conference, New Orleans, LA

State

Benoist, L.N. (2014). *Intersectionality, Identity, and Culturally-Critical Counseling*
Breakout Session-Chi Sigma Iota Pennsylvania Conference, University Park, PA

Benoist, L. N., Mack, C. (2012). *Counseling LGBTQ People of Color: New Models in Identity Formation*
Poster Presentation-Illinois Counseling Association Annual Conference, Springfield, IL

Benoist, L. N. (2012). *Queers of Color: Identity Development Models and Implications for Counselors*
Poster Presentation-Illinois Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling, Inaugural Conference, Chicago, Illinois.

Benoist, L. N. (2008). *Alternatives to Corrections for Drug Addicted Offenders*.
Breakout-Session- Appalachian State University Undergraduate Research Symposium. Boone, NC

Presentation Submissions Under Review:

Benoist, L. N. (2015). *Creating a Collaborative Counselor Education Training Clinic: The Real World Model*. Breakout session submitted to: Association for Counselor Education and Supervision Conference (ACES) 2015.

Benoist, L. N. (2015). *A Primer On the Use of Intersectionality In Multicultural Counselor Education*. Breakout session submitted to: Association for Counselor Education and Supervision Conference (ACES) 2015.

Benoist, L. N. (2015). *Navigating Intercultural Conflict in Counsellor Education*. Breakout session submitted to: International Association for Counselling. (IAC) 2015.

Non Refereed Presentations

Benoist, L. N. (2013). Invited Speaker for Northside Literacy Coalition meeting: *Advocating and communicating with/for clients with disabilities*. Chicago, Illinois.

Benoist, L. N. (2012). *Substance Dependence and Abuse Among the Elderly: Prevalence and current models of treatment*
Poster Presentation at Roosevelt University, Chicago, Illinois

Current Professional Memberships

American Counseling Association (ACA)
International Association for Counselling (IAC)
Association for Counselor Education and Supervision (ACES)
Illinois Counseling Association (ICA)
Association for Lesbian, Gay, Bisexual, and Transgender issues in Counseling (ALGBTIC)
Chi Sigma Iota (CSI)

Service to Profession

President/Founding member: Rho Chi Alpha Chapter of Chi Sigma Iota (2011-2012)
CACREP Renewal Assistant – (2011-2012)
Editor- Roosevelt Counseling Association Newsletter – (2010-2012)
President- Roosevelt Counseling Association – (2010-2011)

Certifications

National Certified Counselor (NCC) – National Board of Certified Counselors
Licensed Professional Counselor (LPC) – Illinois

Awards

2013-2014 Graham Endowed Fellowship
2012 American Counseling Association Foundation: National Runner-up: Gerald and Marianne Corey Graduate Student Essay Scholarship.
2008 American Correctional Association: 1st Place National Poster Presentation Competition.
2008 Research at the Capitol meeting: Awarded with invitation to represent university for research