

Ethan Bernich

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EDUCATION

Rochester Institute of Technology

College of Liberal Arts

Bachelor of Science in Economics

GPA: 3.7/4.0

Honors: Dean's List

Rochester, New York

2024-2025

EXPERIENCE

State of New Hampshire, Hampton Beach, New Hampshire

Ocean Rescue Lifeguard, NH State Beach Patrol

May 2025 – Present (Seasonal)

- Ensured the safety of over 100,000 patrons on all five New Hampshire State Beaches in the summers, including first aid and CPR/AED as needed
- Performed multiple rescues on struggling swimmers in hazardous ocean conditions
- Worked in conjunction with other local, state, and federal public safety agencies in enforcing park regulations
- Maintain a high level of preparedness through daily in-service training consisting of running, swimming, and paddling

Houlagans Lacrosse, Epping, N.H.

Head Goalie Coach/Club Head Coach

March 2022 – January 2025

- Directed goalie development across the entire Houlagans Lacrosse program, designing and leading specialized clinics to improve technical skills and game awareness
- Individually coached and managed a middle school boys' travel team of 20+ athletes, overseeing practices, player development, and competitive travel tournament play
- Created structured practice plans, implemented team systems, and fostered teamwork, discipline, and leadership among players

The Orchard Grille at Applecrest Farm, Hampton Falls, New Hampshire

Restaurant Team Member

July 2023 – July 2024

- Trained new team members in kitchen procedures
- Directed back of house operations
- Managed the kitchen preparation area

SKILLS, ACTIVITIES & INTERESTS

Technical Skills: MS Office/Excel, Python

Certifications & Training: Bloomberg Market Concepts

Activities: Men's Lacrosse, Economics Club, Outing Club

Interests: Self-taught gigging guitar player, avid surfer and outdoorsman, former NCAA lacrosse athlete