

# Ethan Bernich

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## EDUCATION

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### **Rochester Institute of Technology**

*College of Liberal Arts*

Bachelor of Science in Economics

**GPA:** 3.7/4.0

**Honors:** Dean's List

**Rochester, New York**

2024-2025

## EXPERIENCE

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### **State of New Hampshire**, Hampton Beach, New Hampshire

*Ocean Rescue Lifeguard, NH State Beach Patrol*

May 2025 – Present (Seasonal)

- Ensured the safety of over 100,000 patrons on all five New Hampshire State Beaches in the summers, including first aid and CPR/AED as needed
- Performed multiple rescues on struggling swimmers in hazardous ocean conditions
- Worked in conjunction with other local, state, and federal public safety agencies in enforcing park regulations
- Maintain a high level of preparedness through daily in-service training consisting of running, swimming, and paddling

### **Houlagans Lacrosse**, Epping, N.H.

*Head Goalie Coach/Club Head Coach*

March 2022 – January 2025

- Directed goalie development across the entire Houlagans Lacrosse program, designing and leading specialized clinics to improve technical skills and game awareness
- Individually coached and managed a middle school boys' travel team of 20+ athletes, overseeing practices, player development, and competitive travel tournament play
- Created structured practice plans, implemented team systems, and fostered teamwork, discipline, and leadership among players

### **The Orchard Grille at Applecrest Farm**, Hampton Falls, New Hampshire

*Restaurant Team Member*

July 2023 – July 2024

- Trained new team members in kitchen procedures
- Directed back of house operations
- Managed the kitchen preparation area

## SKILLS, ACTIVITIES & INTERESTS

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**Technical Skills:** MS Office/Excel, Python

**Certifications & Training:** Bloomberg Market Concepts

**Activities:** Men's Lacrosse, Economics Club, Outing Club

**Interests:** Self-taught gigging guitar player, avid surfer and outdoorsman, former NCAA lacrosse athlete