#### RESEARCH ARTICLE



# PET imaging with copper-64 as a tool for real-time *in vivo* investigations of the necessity for cross-linking of polymeric micelles in nanomedicine

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#### **Funding information**

Technical University of Denmark (DTU); The Danish Council for Independent Research, Grant/Award Number: TB; 1333-00235A; The Rigshospitalet Research Council; Danish Cancer Society, Grant/ Award Number: TB; R71-A4285-13-S9 Polymeric micelles in nanomedicine are often cross-linked to prevent disintegration in vivo. This typically requires clinically problematic chemicals or laborious procedures. In addition, cross-linking may interfere with advanced release strategies. Despite this, it is often not investigated whether cross-linking is necessary for efficient drug delivery. We used positron emission tomography (PET) imaging with <sup>64</sup>Cu to demonstrate general methodology for real-time in vivo investigations of micelle stability. Triblock copolymers with 4-methylcoumarin cores of ABCtype (PEG-PHEMA-PCMA) were functionalized in the handle region (PHEMA) with CB-TE2A chelators. Polymeric micelles were formed by dialysis and one half was core cross-linked (CL) by UV light and the other half was not (nonCL). Both CL and nonCL were radiolabeled with 64Cu and compared in vivo in tumor-bearing mice, with free <sup>64</sup>Cu as control. Accumulation in relevant organs was quantified by region of interest analysis on PET images and ex vivo counting. It was observed that CL and nonCL showed limited differences in biodistribution from each other, whereas both differed markedly from control (free 64Cu). This demonstrated that 4-methylcoumarin core micelles may form micelles that are stable in circulation even without cross-linking. The methodology presented here where individual unimers are radiolabeled is applicable to a wide range of polymeric micelle types.

#### **KEYWORDS**

CB-TE2A, copper-64, crosslinking, nanomedicine, PET, polymeric micelles

#### 1 | INTRODUCTION

Polymeric micelles (PMs) are nanoparticles composed of linear, synthetic monomers that contain several chemically distinct domains known as blocks. Usually, diblock or triblock micelles are prepared, where the triblock variety may contain (1) a hydrophobic domain making up the core, (2) a handle domain that can be chemically functionalized,

and (3) a hydrophilic domain that faces the surrounding aqueous medium (Figure 1). Such monomers can self-assemble into nanostructures that can be engineered to exhibit a wide range of sizes (usually 5-100 nm) and to be highly synthetically versatile. Polymeric micelles can accumulate in tumors through the enhanced permeation and retention effect<sup>2</sup> and have potential as drug delivery systems, in particular by covalently binding drug molecules

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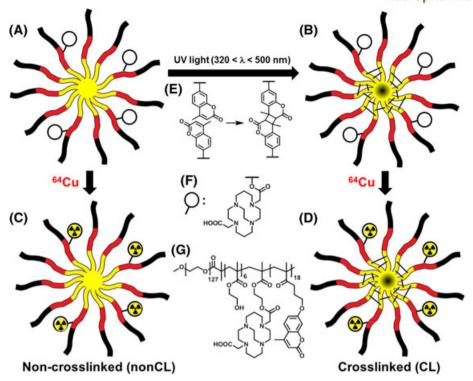


FIGURE 1 Concept drawing of cross-linking and composition of polymeric micelles. The triblock PEG-PHEMA-PCMA micelle unimers are shown in 3 colors, with yellow representing the hydrophobic core (PCMA), red the handle domain with CB-TE2A attached (PHEMA), and black the outer hydrophilic PEG domain. A, Noncross-linked, nonradiolabeled micelle. B, Cross-linked, nonradiolabeled micelle. C, Noncross-linked micelle, radiolabeled with <sup>64</sup>Cu (nonCL). D, Cross-linked micelle, radiolabeled with <sup>64</sup>Cu (CL). E, Photo-induced cross-linking reaction between two 4-methylcoumarin moieties. F, Structure of the CB-TE2A chelator. G, Structure of the PEG-PHEMA-PCMA unimer, consisting of 18 coumarin repeats, 7 functionalizable alcohol repeats with one conjugated CB-TE2A, and 127 PEG repeats. CB-TE2A, 2,2'-(1,4,8,11-tetraazabicyclo[6.6.2] hexadecane-4,11-diyl)diacetic acid; CL, cross-linked; nonCL, noncross-linked; PEG-PHEMA-PCMA, polyethylene glycol-polyhydroxyethyl methacrylate-polymethacryloyloxyethoxy-4-methylcoumarin

through labile bonds that can break at the desired site of action.<sup>3,4</sup>

The stability of PMs is in part determined by the critical micelle concentration. This number denotes the maximum concentration at thermodynamic equilibrium at which single monomers can exist freely in aqueous solution and hence at which point they will start to form micelles. In circulation, PMs may disintegrate because of dilution below the critical micelle concentration, as well as by interactions with bloodborne proteins that shift the equilibrium towards the unimer state. This causes possible release of drug molecules and the abrogation of the desirable nanoparticulate properties of the micelles. To circumvent this, the monomers of PMs have been cross-linked by a multitude of methods, to create an integral nanoparticle. These have included amide formation,<sup>5</sup> polymerization reactions, 6,7 UV-induced initiator-mediated photocross-linking, 8,9 as well as more exotic methods. 10,11 Reversible cross-linking strategies have been devised as a manner in which to control the release of cargo drug molecules, once accumulation at target sites has been achieved. This has been achieved using disulfide bonds, 12 cleavable imine linkages, 13 and direct dimerization of core coumarin

moieties through irradiation with UV light. 14 This latter strategy is known as photo core cross-linking and has the immediate advantage that no addition of reactive chemicals, initiators, or purification steps are necessary. Coumarin undergoes 2 + 2 photodimerization to a cyclobutane ring when exposed to UV light of  $\lambda > 310$  nm. If irradiated at  $\lambda$  < 260 nm, the ring is cleaved, refurnishing the 2 coumarin moieties as separate molecules. The chemical properties of coumarin as a reversibly dimerizable compound were excellently reviewed by Trenor et al<sup>15</sup> and its applications by He et al. 16 As the cross-linkable carbon-carbon double bond of coumarin absorbs light around 320 nm, the degree of cross-linking can be assessed by measuring the drop in absorbance at this wavelength. As coumarin with a methyl group in the 4-position exhibits faster dimerization rates than other coumarin derivates, 17 4-methyl coumarin is often used in micelle cross-linking. 14,18

When investigating cross-linking strategies, it is important to evaluate the stability of the resulting PMs against their noncross-linked counterparts. As noncross-linked PMs may have certain advantages, such as easier renal excretion and easier preparation, there is a rationale in not cross-linking unless the benefits are well documented. A useful technique for investigating such key in vivo properties of nanoparticles is labeling with positron-emitting radionuclides and imaging by positron emission tomography (PET). Positron emission tomography is based on the coincidence detection of positrons from positron-electron annihilation and is a truly quantitative technique that offers excellent sensitivity and spatial resolution. When imaging nanoparticles in murine models, an especially useful radionuclide is copper-64 (<sup>64</sup>Cu,  $T_{1/2} = 12.7$  hours), which offers an imaging window of up to 48 to 72 hours and thereby adequately covers the distribution phase of long-circulating PMs. Association of <sup>64</sup>Cu to nanoparticles is typically achieved by complexation in a covalently bound chelator molecule. The cross-bridged, macrocyclic chelator 2,2'-(1,4,8,11-tetraazabicyclo[6.6.2] hexadecane-4,11-diyl)diacetic acid (CB-TE2A) has been reported on several occasions to exhibit excellent serum and blood stream stability and is generally considered to be a highly reliable chelator for <sup>64</sup>Cu. <sup>19-21</sup>

In the study at hand, we used *in vivo* PET imaging to investigate the difference in biodistribution between a crosslinked and a noncross-linked version of 2 identical triblock coumarin-core PMs radiolabeled with <sup>64</sup>Cu through CB-TE2A. The CB-TE2A was conjugated to the middle block, where it would be shielded from interaction with *in vivo* components by the outermost polyethylene glycol (PEG) layer, limiting the effects the chelate may have on the biodistribution of the micelles.

#### 2 | EXPERIMENTAL

#### 2.1 | Materials

CB-TE2A·2H<sub>2</sub>O was purchased from Macrocyclics. All further chemicals and solvents were from Sigma-Aldrich. For anhydrous syntheses, dimethylformamide (DMF) was dried over 4 Å molecular sieves and all glassware was oven dried overnight or heatgun dried prior to use. Reactions were performed under a nitrogen atmosphere, and polymers and micelles containing coumarin moieties were shielded from light whenever possible. Cellulose membrane dialysis tubing (12.4-kDa cutoff) was from Sigma-Aldrich. Size-exclusion chromatography was performed on custom-built automated equipment, using Sephadex G25 Fine (GE Healthcare, fractionation range: 1000-5000 Da) as stationary phase and 10mM piperazine-N,N'-bis(2-ethanesulfonic acid) (PIPES) buffer (pH 7.0, 150mM NaCl) as eluent, flow rate of 0.5 mL/min, room temperature and column dimensions of  $20 \times 1.5$  cm. Photo cross-linking by UV irradiation was done on an OmniCure Series 1000 (Lumen Dynamics). UV-Visible spectra were recorded on a Unicam Helios Uni 4923 spectrophotometer. Size and zeta potential were measured on a Brookhaven ZetaPALS. 64Cu was produced on a GE PETtrace Cyclotron. Radio thin-layer chromatography (TLC) was analyzed on a Raytest MiniGita Star and eluted with 5% (*w/v*) NH<sub>4</sub>OAc in H<sub>2</sub>O-MeOH (1:1), Rf of <sup>64</sup>Cu-EDTA: 0.7 (EDTA: ethylenediaminetetraacetic acid), Rf of <sup>64</sup>Cu-CB-TE2A: 0.3.

### 2.2 | Preparation of CB-TE2A-conjugated PMs

The synthesis and micellization of CB-TE2A-conjugated polyethylene glycol-polyhydroxyethyl methacrylatepolymethacryloyloxyethoxy-4-methylcoumarin (PEG-PHEMA-PCMA) unimers were performed as previously reported by isolated macroinitiator atomic transfer radical polymerization<sup>22</sup> (Figure 1). In brief, the PEG-PHEMA-Cl block copolymer was synthesized according to a literature procedure<sup>23</sup> and it was used as macroinitiator for the synthesis of the 4-methylcoumarin block. The resulting triblock copolymer PEG-PHEMA-PCMA was precipitated from methanol and dried under vacuum. Copper residues and residual impurities were removed by dialysis (molecular weight cutoff = 12 kDa). CB-TE2A was conjugated by ester bonds to the primary alcohols of the PHEMA block through 4-dimethylaminopyridine-catalyzed 1-ethyl-3-(3dimethylaminopropyl)carbodiimide coupling in DMF. The micelles were subsequently formed by dialysis with water.

#### 2.3 | Cross-linking of micelles

Micelle dispersions (1100  $\mu$ L) were transferred to a 4-mL glass vial, which was placed in a water-ice bath kept at 5° C to 7°C. Under vigorous magnetic stirring, the dispersions were irradiated with UV light for 2 × 15 minutes at an intensity of 2 W/cm² and a wavelength of 320 <  $\lambda$  < 500 nm. The UV probe was placed above the water surface at a distance of about a centimeter. The degree of cross-linking (%CL) was determined by measuring the drop in absorbance (A) at 320 nm and calculating: ([A<sub>before</sub> - A<sub>after</sub>]/[A<sub>before</sub> - A<sub>0</sub>]) × 100% = %CL, where A<sub>0</sub> was set to zero.<sup>24</sup>

#### 2.4 | Radiolabeling

To a vial containing dried <sup>64</sup>CuCl<sub>2</sub> was added aqueous NH<sub>4</sub>OAc (100 μL, 0.1M, pH 5.5), followed by magnetic stirring at room temperature for 10 minutes. Then was added cross-linked (CL) or noncross-linked (nonCL) PM dispersions (400 μL, approximately 4 mg/mL), and the mixtures were stirred for 3 hours at 80°C. After radiolabeling, nonincorporated <sup>64</sup>Cu was scavenged by immediate addition of aqueous EDTA (50 μL, 1mM) followed by stirring for 20 minutes. The radiolabeled PMs were then separated from <sup>64</sup>Cu-EDTA by automated size-exclusion chromatography using Sephadex 25 as stationary phase and isotonic PIPES

buffer (10mM PIPES, 150mM NaCl, pH 7.0) as eluent. From the fractions making up the large-molecule peak (containing the PMs), a total volume of 1 mL that contained the highest concentration of radioactivity was collected and used for *in vivo* studies.

#### 2.5 | Characterization of micelles

Micelles were characterized by dynamic light scattering, providing hydrodynamic diameter, polydispersity index (PDI), and zeta potential. Size was measured 3 times on the same sample, unless otherwise stated, and were reported as nr. weighted medians based on normal distributions. Zeta potentials were measured by running 20 runs of 10 scans on one sample, unless otherwise specified. The concentration of micelle material in dispersion was determined by measuring absorption of UV light at 320 nm in nonCL dispersions. This value was compared to the absorption of dispersions that had been subsequently lyophilized to determine the amount of micelle material.

## **2.6** | Formulation of <sup>64</sup>CuCl<sub>2</sub> for control experiment

To a vial containing dried  $^{64}$ CuCl<sub>2</sub> was added a solution of NH<sub>4</sub>OAc in saline (2.3 mL, NH<sub>4</sub>OAc: 10mM, NaCl: 150mM, pH = 6.4). The mixture was magnetically stirred for 30 minutes at 55°C and used for injection after cooling to room temperature.

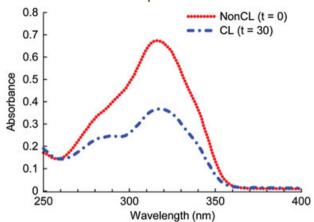
#### 2.7 | In vivo PET/CT studies

All animal experiments were approved by the Danish Animal Welfare Council, Ministry of Environment & Food. Sevenweek-old female Naval Medical Research Institute (NMRI) nude mice purchased from Tarconic (Borup, Denmark) were inoculated in the right and left flank with  $5 \times 10^6$  U87MG cells (LGC standards, Boras, Sweden) in a 1:1 mixture with matrixgel (BD Biosciences, Albertslund, Denmark). Tumors were allowed to grow for 2 weeks giving tumor sizes of  $133 \pm 79.9 \text{ mm}^3$  (mean  $\pm$  SD). The mice were divided into 3 groups: CL (n = 6), nonCL (n = 5), and free  $^{64}$ Cu (n = 5). The CL group has previously been published.<sup>22</sup> Either of the 3 solutions was intravenously injected in a lateral tail vein of anesthetized mice at an average dose of  $7.8 \pm 0.46$  MBq (mean  $\pm$  SD) for the CL micelles,  $\pm$  0.35 MBq for the nonCL micelles,  $10.5 \pm 0.91$  MBq for the free  $^{64}$ Cu at a volume of 200  $\mu$ L. The PET/computed tomography (CT) scans were acquired on dedicated small animal systems (all PET acquisitions on the MicroPET Focus 120 and CT acquisitions on either the MicroCAT II or the Inveon PET/CT system, Siemens Medical Solutions, Malvern, Pennsylvania) at 1-, 22-, and 46-hour postinjection with PET acquisition times of 10, 15, and 30 minutes, respectively. Positron emission tomography data were reconstructed with the 2-dimensional ordered-subset expectation maximization reconstruction algorithm. Positron emission tomography and CT images were analyzed as fused images using the Inveon software (Siemens) where regions of interest were drawn around the liver, kidney, spleen, muscle, tumors, and the left ventricle. Uptake in the left ventricle of the heart was taken as a measure of the blood concentration. Computed tomography settings were a tube voltage of 64 kVp, a tube current of 500 μA, 360 rotation steps, an exposure time of 440 ms and a voxel size of 0.092 mm on the MicroCAT II system, and a tube voltage of 65 kVp, a tube current of 500 µA, 181 rotation steps, an exposure time of 400 ms, and a voxel size of 0.105 mm on the Inveon PET/ CT system. Immediately following the last PET scan, mice were euthanized and the blood as well as organs of interest collected and counted in a gamma counter (Perkin Elmer Life Sciences). The statistics were calculated using Excel 2010. Differences between groups were analyzed using an unpaired, 2-tailed t test. A P value <.05 was considered significant. Error bars on tracer accumulation (%ID/g) are presented as standard deviations (SD).

#### 3 | RESULTS AND DISCUSSION

#### 3.1 | Preparation of radiolabeled micelles

As previously described, about 5% of the PEG-PHEMA-PCMA monomers were conjugated with CB-TE2A.<sup>22</sup> From these monomers, micelles were formed by dialysis. One single batch was prepared for in vivo studies, and this was split into 2 parts, where one was cross-linked by UV irradiation. For this reason, the only difference between the CL and micelles, apart from slight differences radiolabeling yield, would be the cross-linking. Successful cross-linking of the CL micelles was tested by measuring the drop in UV absorbance at 320 nm, giving a %CL of 45% (Figure 2). In addition, cross-linking was verified by mixing the dispersions with DMF in a micelle dispersion-to-DMF ratio of 1:16. Cross-linked micelles were found to be stable in DMF, exhibiting unchanged sizes (34  $\pm$  4 nm) and PDI (0.059), while nonCL micelles were undetectable after mixing with DMF, with poorly defined sizes and PDIs and very low count rates comparable to background (<10). Cross-linking was performed at low temperature (5°C-7°C) as we had observed that the elevated temperatures associated with irradiation could cause aggregation of certain micelle types. The CL and nonCL micelles were measured by dynamic light scattering, giving hydrodynamic diameters for CL of 36  $\pm$  2 nm (PDI: 0.04  $\pm$  0.01) and for nonCL of  $36 \pm 3$  nm (PDI:  $0.04 \pm 0.01$ ) and zeta potentials of  $-3.5 \pm 0.3$  mV (CL) and  $-3.8 \pm 0.4$  mV (nonCL).



**FIGURE 2** UV chromatograms of polymeric micelles before (nonCL) and after (CL) cross-linking for 30 minutes at 2 W/cm<sup>2</sup> (320-500 nm). The degree of cross-linking was measured as the drop in absorbance of the 320 nm maximum from 0.664 to 0.366 giving % CL = 45%. CL, cross-linked; nonCL, noncross-linked

Accordingly, cross-linking was not observed to have significant influence on the physicochemical properties of the PMs.

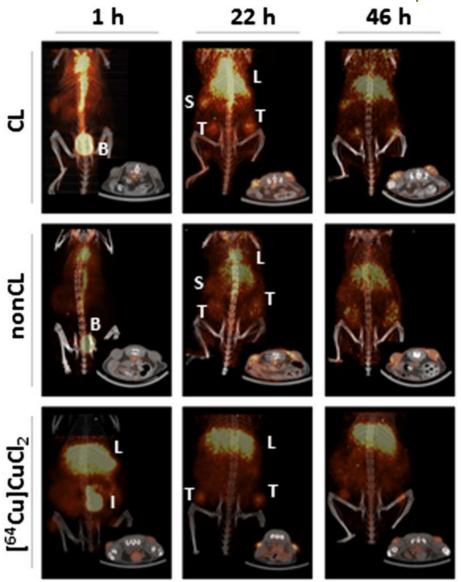
The CL and nonCL micelles were radiolabeled with <sup>64</sup>Cu under identical circumstances with heating to 80°C for 3 hours. Higher temperatures (95°C) had been observed to cause aggregation of the micelles, and since 80°C has previously been reported for <sup>64</sup>Cu labeling of CB-TE2A, this temperature was used. 19 After incubation with 64Cu, unincorporated radioactivity was scavenged by adding EDTA. EDTA (logK: 18.5) is a relatively weak chelator of Cu<sup>2+</sup> but takes it up efficiently at room temperature. Scavenging is necessary, as free <sup>64</sup>Cu is known to accumulate in both tumors and the liver, 25 which are also intrinsic properties of nanoparticles. 22,26 We had previously incubated PEG-PHEMA-PCMA monomers with no CB-TE2A with <sup>64</sup>Cu for 3 hours at 80°C and found that 17% of the radioactivity was associated with the micelles without EDTA scavenging, whereas 8% was associated after EDTA scavenging. It can be assumed that this number is lower with CB-TE2A conjugated micelles, as a large amount of the <sup>64</sup>Cu will be taken up by the chelator. After EDTA scavenging, the radiolabeling efficiencies were as follows: CL: 47% and nonCL: 40%. The micelle material concentrations upon injection were around 1.0 mg/mL for both micelle types with corresponding specific radioactivities (at injection) of 40 to 45 MBq/mg.

#### 3.2 | In vivo PET/CT studies

Both CL and nonCL versions of the <sup>64</sup>Cu-radiolabeled micelles were injected into the tail veins of tumor-bearing mice, followed by *in vivo* monitoring using PET/CT

(Figure 3). Organ-specific accumulation was quantified (Figure 4). Blood concentrations for both micelle types showed relatively long circulation times, with circulation half-lives on the order of 20 hours. Accordingly, the nonCL micelles were also long circulating. At the 1-hour time point (CL:  $21.7 \pm 4.2\%$ ID/g, nonCL:  $18.4 \pm 1.2\%$ ID/g), no statistically significant difference between the blood concentrations of CL and nonCL was observed (P = .116), but the tendency for lower blood concentration for nonCL became significant at 22 hours (P = .016) and 46 hours (P = .004). However, this difference was not supported by the ex vivo data measured at 48 hours after injection (Figure 5), where no significant difference was observed between the blood concentrations of CL and nonCL (CL: 4.2 ± 0.8%ID/g, nonCL:  $4.0 \pm 0.4\%$ ID/g, P = .464). That a significant difference was observed only in the PET/CT images may be a consequence of the small size of the left ventricle, where partial volume effects could have influenced the PET readings. Consequently, it is reasonable to conclude that the 2 PM types followed similar courses of elimination from the blood, with minor differences. Looking at the remaining organs, no significant differences between CL and nonCL were observed for the liver, while all 3 measurement times showed significantly higher accumulation in the spleen for CL compared with nonCL (P < .001). In the kidneys, only t = 22 hours was significantly different (P = .020), while the muscle and tumor had P values above .05 for all measuring times. A similar picture was observed in the ex vivo data, where only the tumor (P = .023) and the spleen (P = .005) showed significant difference. Accordingly, our data suggest limited differences between the biodistributions of CL and nonCL, indicating that no pronounced advantage is obtained from cross-linking this type of PM. Although the data may hint at a marginally higher renal clearance for the nonCL PMs, this seems to hold little practical relevance for circulation times and tumor accumulation. The high stability of the nonCL micelles may be related to the coumarin moieties forming glassy cores with high kinetic stability.

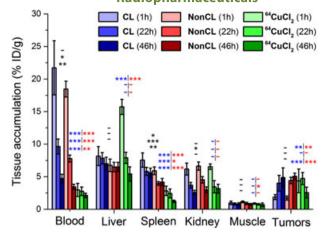
To ensure that the observed similarity between the 2 micelle types was not simply a consequence of loss of <sup>64</sup>Cu from the PMs, control experiments using 64Cu were performed. <sup>64</sup>CuCl<sub>2</sub> was injected as a nonbuffered saline solution (pH = 6.5) in which the  $^{64}$ Cu was stabilized in solution by ammonium acetate, to limit the formation of <sup>64</sup>Cu-containing nanocolloids. Pronounced differences between biodistributions of the free <sup>64</sup>Cu and the PMs were observed. From the PET data (Figure 4), a fast elimination of the <sup>64</sup>Cu from the circulation was observed (1 hour =  $3.0 \pm 1.0\%$ ID/ g), followed by a plateau concentration around 2%ID/g to 3%ID/g. This indicated that the <sup>64</sup>Cu was quickly taken up by the organs, followed by serum trafficking on copper-carrying proteins, notably albumin, and ceruloplasmin.<sup>27</sup> As mentioned above, significantly slower elimination of the PMs



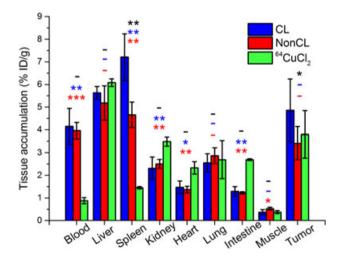
**FIGURE 3** Fused PET/CT images of the cross-linked (CL, upper panel) and noncross-linked (nonCL, middle panel) polymeric micelles. In the lower panel ( $^{64}$ CuCl<sub>2</sub>) is shown the biodistribution of free  $^{64}$ Cu, included as control experiment. The studies were conducted in mice with U87MG tumor xenografts on both flanks. Tumors (T), liver (L), spleen (S), bladder (B), and intestine (I) are marked on the images. The images revealed gradual accumulation in the liver, spleen, and tumors for the 2 micelle types, compared to rapid (1 hour) accumulation of the free  $^{64}$ Cu in the liver, followed by tumor accumulation. CT, computed tomography; PET, positron emission tomography

from the circulation was observed. The primary accumulation organ for Cu is the liver,  $^{27,28}$  which was also observed for free  $^{64}\mathrm{Cu}$  in our data, at a level that was significantly greater than for the PMs (1 hour =  $15.7 \pm 1.2\% \mathrm{ID/g}$ ). That the  $^{64}\mathrm{Cu}$  associated with the PMs was not cleared as rapidly and did not exhibit such high liver accumulation supports that the  $^{64}\mathrm{Cu}$  was bound to the micelles in both cases. The initial accumulation of the free  $^{64}\mathrm{Cu}$  was followed by redistribution/elimination from the liver resulting in a drop in liver values that was faster than for the PMs. Splenic accumulation was limited for the free  $^{64}\mathrm{Cu}$  and significantly lower than for the PMs. Since substantial splenic accumulation of nanoparticles is

routinely observed,  $^{29}$  this observation also supports that the  $^{64}$ Cu was bound to the PMs. Interestingly, free  $^{64}$ Cu showed kidney accumulation similar to the PMs.  $^{64}$ Cu has previously been observed to accumulate in kidneys.  $^{25}$  Further,  $^{64}$ Cu has also been reported to independently accumulate in tumors,  $^{25}$  possibly since Cu plays a role in tumor angiogenesis,  $^{30}$  which we also observed in this study. The tumor accumulation of free  $^{64}$ Cu was comparable to the micelles, but in contrast to the PMs which showed a steady accumulation, the  $^{64}$ Cu showed high initial accumulation (1 hour =  $4.4 \pm 1.8\%$ ID/g), followed by a slight, though statistically insignificant, drop in values.



**FIGURE 4** Mean tissue accumulation based on PET/CT imaging at 1, 22, and 46 hours after injection, given as %ID/g  $\pm$  SD. Cross-linked polymeric micelles (CL) are shown in blue, noncross-linked polymeric micelles (nonCL) is shown in red, and free  $^{64}$ Cu $^{2+}$  is shown in green. Significant difference as per Students t test is shown as P > .05 (-), .05 > P > .01 (\*), .01 > P > .001 (\*\*), and P < .001 (\*\*\*). Markings in black show P value comparison between CL and nonCL, markings in blue and red show comparison of free  $^{64}$ Cu with CL or with nonCL, respectively. n = 5 for nonCL and  $^{64}$ CuCl $_2$  (tumors, n = 10) and n = 6 for CL (tumors, n = 12). CT, computed tomography; PET, positron emission tomography



**FIGURE 5** Mean tissue accumulation based on excised organs at 48 hours after injection, given as  $%ID/g \pm SD$ . Cross-linked polymeric micelles (CL) are shown in blue, noncross-linked polymeric micelles (nonCL) are shown in red, and free  $^{64}Cu^{2+}$  is shown in green. Significant difference as per Students t test is shown as P > .05 (-), .05 > P > .01 (\*), .01 > P > .001 (\*\*\*), P < .001 (\*\*\*). Markings in black show P value comparison between CL and nonCL, markings in blue and red show comparison of free  $^{64}Cu$  with CL or with nonCL, respectively. n = 5 for nonCL and  $^{64}CuCl_2$  (tumors, n = 10) and n = 4 for CL (tumors, n = 8)

In summary, it appears that the nonCL micelles exhibit excellent stability in circulation, in spite of the lack of cross-linking, resulting in circulation times that are on par with the cross-linked variant. It is often assumed that crosslinking improves the pharmacokinetic profile of PMs by making them longer circulating and thereby enhancing tumor accumulation by the enhanced permeation and retention effect. In this study, we showed that this is not always the case in an in vivo setting, at least for 4-methylcoumarinbased systems. It should be noted that the unimers used here only contained 18 repeats of the 4-methylcoumarin unit and the stabilizing lipid domain was thus relatively short. We also demonstrated the usefulness of PET imaging when investigating the in vivo effect of modifications to PMs, such as cross-linking. The results presented here are interesting since the presence of single unimers without cross-linking is often preferable to CL micelles, provided that the micelles exhibit sufficient kinetic stability in circulation. As the threshold for renal clearance is <10 nm,<sup>31</sup> single unimers are more easily cleared than CL micelles, requiring only disintegration, rather than chemical degradation. Although coumarincontaining micelles can be decross-linked by light exposure, UV light cannot reach deep tissues and is therefore generally not useful for micelle decross-linking after organ accumulation in the clinical setting.<sup>32</sup> Slow clearance of therapeutically administered CL PMs can potentially result in accumulation of nanoparticulate material with so far poorly understood consequences. In addition, much recent methodology is based on disintegration of micelles as a response to pH changes. 33 Such methods can only be used if the unimers are held together by relatively weak hydrophobic interactions and the breaking of chemicals bonds from cross-linking is not required. Finally, we observed that the cross-linking step can confer some instability to the PMs if not carefully controlled, making it preferable to totally omit this step, especially when scaling up the manufacturing process.

#### 4 | CONCLUSIONS

In this study we compared the in vivo biodistribution of nonCL PMs containing a core consisting of 18 repeats of 4-methylcoumarin with their cross-linked counterparts. The biodistributions of the 2 micelle types showed limited differences that can be considered negligible in a nanomedicine context. This was demonstrated against control injections of free <sup>64</sup>Cu, which showed substantial tumor accumulation but differed markedly from the micelles in the key organs, notably the liver and spleen, as well as bloodstream concentrations. These findings are significant in that omitting crosslinking is often preferable in drug delivery due to easier clearance, less cumbersome preparation, and more freedom in release strategies. Further, the demonstrated methodology showcases a general nuclear imaging technique that can be used for in vivo investigation of micelle stability for a range of PM types.

#### **ACKNOWLEDGEMENTS**

This work was supported by the Technical University of Denmark (DTU) and The Danish Council for Independent Research (TB; 1333-00235A) and The Rigshospitalet Research Council (TB) and The Danish Cancer Society (TB; R71-A4285-13-S9).

#### CONFLICT OF INTEREST

The authors declare no conflicts of interest.

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**How to cite this article:** Jensen AI, Binderup T, Ek PK, et al. PET imaging with copper-64 as a tool for real-time *in vivo* investigations of the necessity for cross-linking of polymeric micelles in nanomedicine. *J Label Compd Radiopharm.* 2017;60:366–374. <a href="https://doi.org/10.1002/jlcr.3510">https://doi.org/10.1002/jlcr.3510</a>