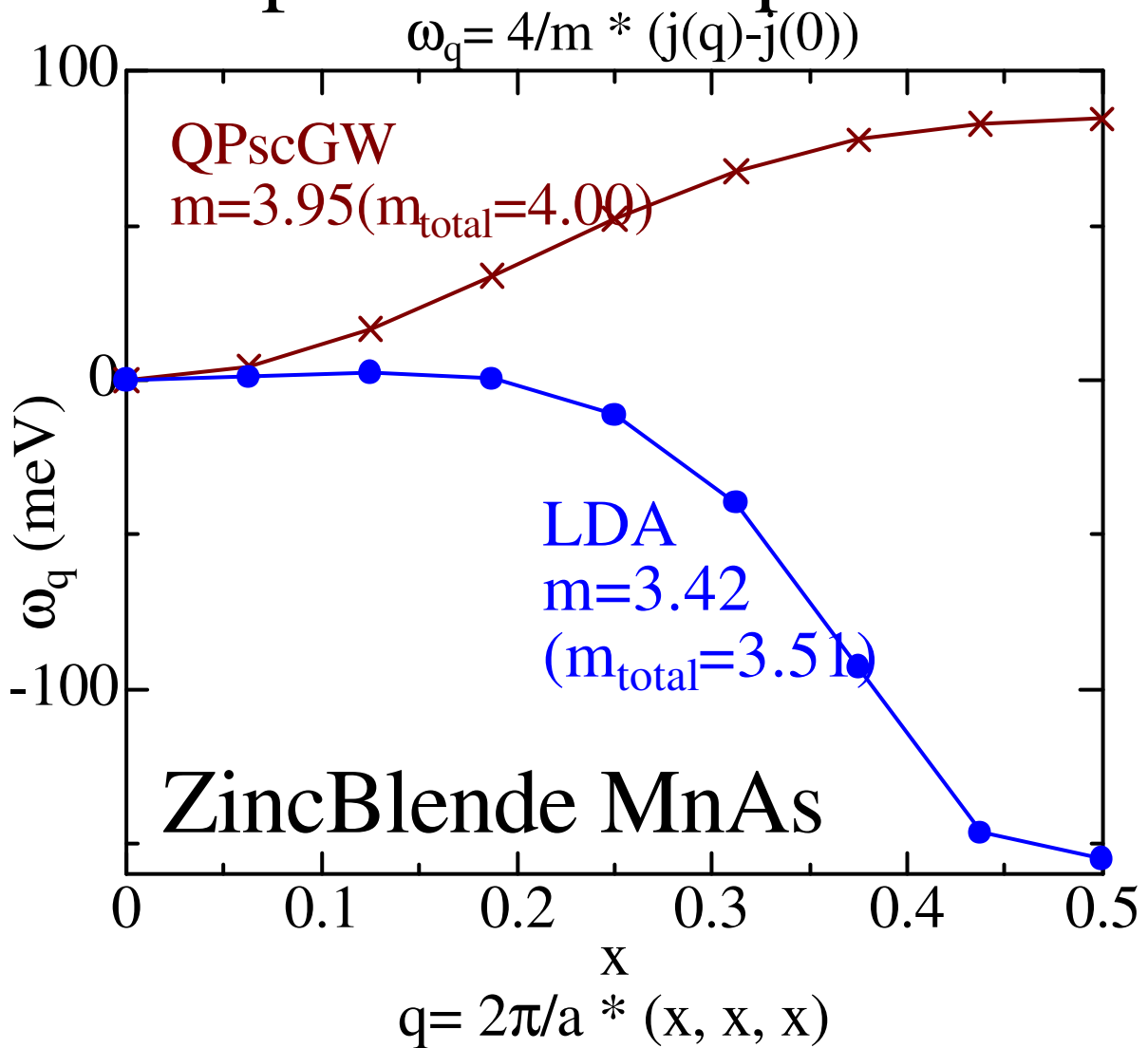


# Spin Wave Dispersion



16x16x16  
 dw omegac=0.005 0.04 (a.u.)  
 delta =-1e-8  
 emax chi0 2.0 Ry