

The Key to Model Test Two

Part I Writing

To Do Exercise or to Die

With the pace of life speeding up, more and more people suffer from such sub-health problems as obesity, high blood pressure, insomnia and so on. As is shown in the picture, the advice that a doctor gives to a middle-aged fat man is to do exercise one hour a day, or he will pay the price. Exercise can do us good in many aspects.

It goes without saying that taking exercise can improve our physical condition and bring other benefits as well. Firstly, exercise does good to our brain because it can refresh our mind and make our body filled with vitality and flexibility. Secondly, taking exercise can prevent us from catching cold or contracting other diseases since proper exercise can build up our body and help us resist some bacteria. What's more, exercise can also help us to keep a healthy mentality to avoid such sufferings as insomnia, depression and so on.

So, from now on, everyone had better do exercise every day, which can make us healthy both physically and psychologically.

Part II Listening Comprehension

1. C) 2. C) 3. C) 4. D) 5. B) 6. B) 7. C) 8. A) 9. A) 10. C)
11. C) 12. B) 13. D) 14. D) 15. A) 16. A) 17. D) 18. C) 19. B) 20. C)
21. B) 22. D) 23. A) 24. D) 25. D)

Part III Reading Comprehension

26. B) 27. C) 28. I) 29. H) 30. E) 31. J) 32. A) 33. K) 34. O) 35. L)
36. J) 37. H) 38. B) 39. F) 40. L) 41. E) 42. C) 43. I) 44. G) 45. D)
46. D) 47. D) 48. B) 49. C) 50. C) 51. B) 52. A) 53. A) 54. B) 55. C)

Part IV

Translation

China is still an important driving force behind the world economic recovery. Chinese economy will not make a hard landing, and China has the capability to keep the economy growing at a fairly rapid speed in the future. Economic development is not a sprint, but a long-distance run which requires perseverance and stamina. China has maintained a stable growth despite complicated domestic and international situations. Such performance relies mainly on reform and innovation, so China needs to reform the stimulus for economic development. In order to create an environment for fair competition in the market, the government loosens its control on market regulation and strengthens supervision, which encourages a new boom of grassroots entrepreneurship and mass innovation. The government tries to help individuals fulfill their own goals and transform the demographic dividend into the talent dividend.

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