



Maximizing Aerobic Exercise

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60,000
Individuals
diagnosed with
stroke each year

70%

Develop poor
Cardiovascular
Fitness

**Most stroke survivors
have difficulty
engaging and
sustaining aerobic
exercise**





WHAT

Help stroke survivors exercise effectively on their own

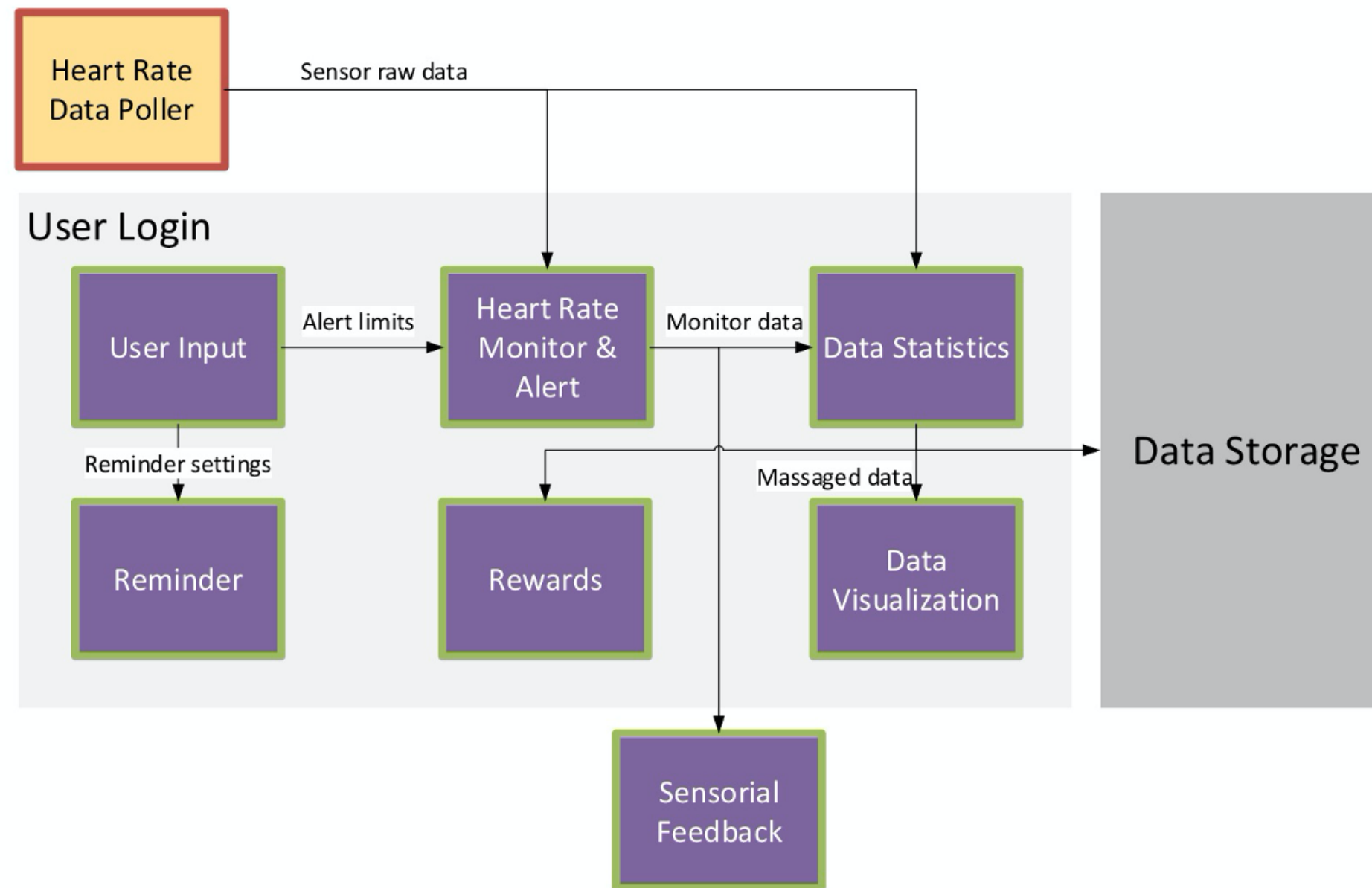
HOW

Provide personalized feedback and motivation to maximize benefits from aerobic exercise

DEMO



MAX Software Structure



Future Work



Key Learnings



Thank you.

Questions?

