

Appendix from book by Dennis N Crouse ‘Silica Water the Secret of Healthy Blue Zone Longevity in the Aluminum Age’ publication date Fall 2018

Appendix I – Bottled Silica Waters of the World

This following list of silica waters of the world was provided by Paul Watling and <http://www.finewaters.com/bottled-waters-of-the-world>. When purchasing silica water be sure to check the label as silica levels can be subject to change.

Table 34. International Silica Waters – With Greater than 49 ppm OSA			
Country of Origin	Brand	Silica ppm	OSA ppm
Australia	Aqui-Live	56	89.6
Australia	Cottonwood Springs	57	91
Austria	Gussinger	41.6	66.6
Austria	Waldquelle	41.1	65.8
China	Tang Emperor Mineral Spring Water	107.1	171.4
China	Leishan	62.2	99.5
China	Dukang	50	80
China	Sino Fillipino	45.6	72.9
China	Lugmen Shan	39.5	63.2
China	Kosnitval	39.5	63.2
China	Xiao Xi	39.5	63.2
China	Kesal	35.6	57
China	Juifeng	33.8	54.1
Croatia	Studenac	41.1	65.8
Czech Republic	Magnesia	61.1	97.8
Fiji	Fiji Water	93	148.8 (124)
Fiji	Aqua Pacific	61	97.6
Fiji	Savu	33	52.8
France	Arie	83.3	133.3
France	Le Salvetat	72.2	115.5
France	Arcens	49.9	79.8
France	Luciole	42.3	67.7
France	Puits St Georgw	36.9	59
France	Chambon / Source Montfras	36.2	57.9

France	Mont-Dore	33.7	53.9
France	Volvic	31.7	50.7 (51)
Table 34. International Silica Waters - continued			
Country of Origin	Brand	Silica ppm	OSA ppm
Germany	Vulkani Heilwasser	83.5	133.6
Germany	St Linus Heilvasser	58.9	92.2
Germany	Dunaris	54.9	87.8
Germany	Hirschquelle	53.9	86.2
Germany	Konig Otto Sprudel	50	80
Germany	Wildsber Quelle	40.9	65.4
Germany	Gerolsteiner	40.2	64.3
Germany	Teinacher	40	64
Germany	Tonissteiner	35.4	56.6
Germany	Wittenseer Quelle	33.4	53.4
Germany	Eifel Stil	33.3	53.3
Hungary	Kristalyviz	52.8	84.5
Hungary	Aqua Mathias	46.6	74.6
Hungary	383 the Kopjary Water	31	49.6
Italy	Egeria	108.5	173.6
Italy	Gaudianella	105.1	168.2
Italy	Claudia	103	164.8
Italy	Appia	101	161.6
Italy	Ninfa	99.2	158.7
Italy	H2Opera	86.6	138.6
Italy	Ferrarelle	81.1	129.8
Italy	Acqua di Nepi	80	128
Italy	Santagata	72.2	115.5
Italy	Natia	68.8	110.1
Italy	S Maria Degli Angeli	65.7	105.1
Italy	Toka	63.3	101.3
Italy	Tione	63.2	101.1
Italy	Funte Fria	48.3	77.3
Italy	Sole	40	64
Japan	Fine	81.5	130.4
Lithuania	Vytautas	38	60.8
Malaysia	Acilis	55.2	88.3

Malaysia	Spritzer	43	69
Table 34. International Silica Waters - continued			
Country of Origin	Brand	Silica ppm	OSA ppm
New Zealand	Nakd	81.5	130.4
New Zealand	Te Waihau	77.8	124.5
New Zealand	Antipodes	76	121.6
New Zealand	Kiwaii	75	120
Peru	Socosani	64	102.4
Portugal	Lombadas	74.4	119
Portugal	Pedras Salgadas	71.4	114.2
Portugal	Pedras	62	99.2
Portugal	Salus Vidago	52.4	83.8
Portugal	Carvalhelhos	39.1	62.6
Portugal	Aguas de Bem Saude	31.1	49.8
Russia	Navoterskaya Tselebraya	45.5	72.8
Slovenia	ROI 86	86	137.6
Slovenia	Rogaska	61.1	97.8
Slovakia	Santovka	46.2	73.9
Slovenia	Radenska	35	56
Spain	Pinalito	135.3	216.5
Spain	Firgas	112.1	179.4
Spain	Vichy Catalan	77.8	124.5
Spain	Malavella	77.2	123.5
Spain	San Narciso	71.9	115
Spain	Aguacassa	70	112
Spain	Agua de Sousas	61.1	97.8
Spain	Fuenteror	56.6	90.6
Spain	Fontecelta	40.7	65.1
Spain	Aigua de Vilajuija Water	40	64
Spain	Fuensanta	33.3	53.3
Spain	Fonteide	31.2	49.9
United States	Starkey Spring Water	58.9	94.2 (97)
Vietnam	Thianh Tan	54.8	87.7

Note: the ppm's in parenthesis are test results of the author using Coradin's blue assay for OSA^{29,174}

