My name is Paul Borst, and this is my senior oral presentation.

I am here today to represent the members of team 2 and to demonstrate the user experience of Netic Health’s PT Portal.

Let us begin by double clicking the desktop Portal icon which will take us to PT Health dot club.

**Double click Portal icon on desktop.**

Welcome to the Landing page.

As a seasoned returning PT user who has already registered I need only log into my account.

**Click login**

UN: [test@mail.com](mailto:test@mail.com)

PW: test

Last time I was here I noticed an error in my settings. So, I’d like to fix that before reviewing my patients.

I’m going to click the three-bar menu icon and select PT Settings.

**Click three bar menu icon & select PT Settings.**

By clicking on the Edit Profile button, I can change my profile.

**Click on Edit Profile.**

I accidentally hit the “s” key when I typed my PT pseudonym, so let’s correct that now.

**Change last name to Smith.**

Now that I’ve made the correction, I’ll click the Update Profile in order to finalize the change.

**Click Update Profile.**

Let’s return to the main workspace by clicking the three-bar menu and selecting Dashboard.

**Click three bar menu icon & select Dashboard.**

Looking at my Patient List I’m going to select John Wick.

**Click on John Wick.**

John’s Patient Info pops up and from here I can see his Progress Logs & Patient Videos.

John’s most recent upload has been posted. As you can see, we can view his video by clicking on it. We can also comment on John’s progress by clicking the “add” icon next to it.

**Click on Patient Video, Press Play & click on add comment.**

I’m going to leave a comment on John’s posted video.

**Type: Excellent progress; keep up the good work.**

Wanting to document John’s latest progress I’ll add an official update to his log too.

**Click “add” comment on Progress Log.**

**Type: Second week of improvement, but patient still demonstrating pain in left leg.**

**Click Send.**

I need to update John’s stretch and exercise routine. I want John to continue his leg workout, but I also want to add a back routine to his schedule, however it doesn’t exist yet, and I need to create it first, before I can assign it to him.

By clicking on the three-bar menu icon and selecting the Exercise Library I am taken to a new workspace where I can do just that.

**Click three bar menu icon & select Exercise Library.**

On the left is my current library of videos. I can expand that library by clicking the Add Exercise button.

**Click Add Exercise button.**

But I have other priorities right now.

**Click off screen from the pop up.**

I’m going to search my library for back routines.

**Search: Back.**

I see two videos that interest me. I’ll select them by clicking on the check boxes on the right.

**Select the check boxes. (Select: 7 Upper Back Stretches & Thoracic Spine Pain Relief)**

After selecting my videos, a description box pops up for both in the Create Workout section.

I’m going to create a title for the new workout and insert a description for each.

**Type in Create Workout: Back Routine.**

**Type in Description 1: 7 Stretches, 2 mins each, 3 time(s) a day for 1 week(s).**

**Type in Description2: 6 Exercises, 3 mins each 2 times(s) a day for 1 week(s).**

To finish, click Submit.

**Click Submit Workout.**

Note that the saved workout has now appeared on the Saved Workout list.

By selectin the new workout from the list and clicking on John’s check box I can add it to his profile.

**Select new workout from list.**

**Assign workout to John Wick.**

Under Current Assignment John’s routine has been updated.

I don’t want John to miss this update, so by clicking on the Message Communication Center icon in the lower right-hand corner I can send him a quick text.

**Type in Message Center: Sent you a new back routine. Try it out and get “back” to me.**

I’ve done a lot for John and all my patients, having a basic summary of that activity is conveniently posted just above my Saved Workouts.

I can see exactly how much time I’ve spent with John or …

**Click on Show Summary Info.**

… I can see my Total Activity Summary by clicking on the Show Summary Info button.

Once I’ve finished reviewing, updating, and messaging all my patients I can log off for the day by clicking the blue icon button in the upper right-hand corner and selecting logout. Which returns us to the login page.

By essentially navigating only between two pages I am in total control via my portal hub.

Thank you.