

Δ helix: Initial Research and Structural License (EN Version)

Author: Rintaro Nagai

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1. Background and Purpose

This document outlines the initial design, theoretical framework, and molecular dynamics (MD) evaluation of a newly identified peptide structure termed the **Δ helix** — a compact, self-stabilizing, triangular helical motif derived from resilin. It also defines the usage license for the structure and its derivatives.

2. Definition of Δ helix

The Δ helix is a **novel helical structure not classified as an α -helix or β -sheet**. It exhibits a unique three-sided cross-section, with a helical rotation of approximately **4.5 residues per turn**. According to AlphaFold2 predictions, the spatial arrangement of C α

atoms describes a twisted triangular form, clearly observable when viewed from above.

3. Structural Design and Characteristics

The Δ helix was first discovered through AlphaFold2 predictions after substituting the terminal glycines (G) in the resilin core peptide (GGRPSDSYGAPGGGN) with threonine (T). These terminal polar residues (T) exhibit **inward hydrogen bonding tendencies**, compressing the central flexible region (rich in G, P, and S residues). This results in a compact, three-dimensional triangular helix formed by physical interactions rather than a hydrogen bond network.

The balance between terminal structural pressure and central flexibility produces a spring-like compressive and restorative behavior.

4. Representative Δ helix Sequences

The following peptides represent confirmed Δ helix structures:

Δ 12 (wt) TTRPSDSYGTP TTGN

Δ 14 (wt) TTRPSDSYGTP TTGNA

$\Delta 30$ (doubleAS) TTRPSDSYGTPTTGNASTTRPSDSYGTPTTGN

All sequences exhibit stable Δ helix-like folding in AlphaFold2 predictions.

- Stability is further confirmed via molecular dynamics simulations.
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5. MD Simulation Results and Interpretation

$\Delta 14$ – 100 ns at Standard Conditions

- **Temperature:** 303.15 K
- **Pressure:** 1 atm
- **Water model:** TIP3P
- **Duration:** 100 ns
- **Engine:** GROMACS 2023

Summary: $\Delta 14$ remained stable throughout the simulation. The central core maintained structural integrity while termini showed flexible yet constrained movement. No collapse or misfolding was observed. Structural stabilization was not hydrogen-bond-driven.

Key Metrics:

- **RMSD:** ~0.43 nm, converged early, stable beyond 20 ns
- **Rg:** ~1.05 nm, no major unfolding
- **RMSF:** termini > 0.3 nm, core ~0.1–0.25 nm
- **SASA:** average ~13 nm², central region rolled in
- **Contact map:** mainly $i \pm 1$, no distant collapse
- **Hydrogen bonds:** minimal (~1/frame), non-persistent
- **PCA:** elastic “twisting” motion along a principal axis
- **End-to-End Distance:** ~2.45 nm, consistently held

Δ 14 – 50 ns under Extreme Conditions (350K, 3 atm)

- **Temperature:** 350.15 K
- **Pressure:** 3 atm
- **Water model:** TIP3P
- **Duration:** 50 ns
- **Engine:** GROMACS 2023

Summary: Even under high temperature and pressure, $\Delta 14$ preserved its folded state.

The core tightened slightly, and key metrics remained stable. Hydrogen bonding remained minimal, confirming non-covalent compactness as the main stabilizing force.

Key Metrics:

- **RMSD:** ~ 0.43 nm, stable throughout
- **Rg:** ~ 1.1 nm, slight compaction
- **RMSF:** termini > 0.3 nm, core ~ 0.1 – 0.25 nm
- **SASA:** ~ 13 nm² average, slight reduction over time
- **Atomic Contacts:** ~ 7500 – 8000 per frame, dense and sustained
- **Hydrogen bonds:** ~ 1.2 /frame, not contributing to stability
- **PCA:** deformation limited to elastic twisting
- **End-to-End Distance:** ~ 2.45 nm, unchanged

6. Applications and Future Outlook

The Δ helix offers a **previously unknown triangular helical motif** that is compact, hydrogen bond-independent, and self-stabilizing at just ~ 15 residues. Its properties

suggest potential in:

- **Elastic peptide materials** (e.g., nanoscale springs and sensors)
- **Structural insertion motifs** for fusion proteins (as demonstrated with $\Delta 30$ in Trx C-terminal)
- **AI structural prediction training** using $\Delta 14/\Delta 30$ as stable non-canonical folds

Future directions:

- Mutational variants of $\Delta 14$
- Higher-order $\Delta 30$ polymers
- Structural insertion into compact domains (e.g., WW, GB1)
- Wet-lab synthesis and CD-based confirmation

7. License and Usage Notice

All peptide sequences, structure designs, and theoretical definitions of the Δ helix

(including $\Delta 12$, $\Delta 14$, and $\Delta 30$) described in this document are original intellectual

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- The term “ Δ helix” and the associated structure theory were originally defined and published on July 8, 2025.

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