# "HELPING HANDS FOR ECHS" YOU TUBE CHANNEL LIST OF YOU TUBE VIDEOS DEVELOPED & LAUNCHED

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V (S) # means - You Tube SHORTS Video of less than 1 min duration V # - Videos more than 1 min duration

#### I) Videos on -- INTRODUCTION TO HELPING HANDS FOR ECHS

| VIDEO   | WHAT THE VIDEO EXPLAINS               | YOU TUBE LINK                          |
|---------|---------------------------------------|--|
| #       |                                       |  |
| V 1     | LAUNCHING OF MY YOU TUBE CHANNEL -    | https://youtu.be/uOVZpU-DHic           |
|         | HELPING HANDS FOR ECHS ON 10 MAY 2022 |  |
| V(S) 16 | MANY THANKS FOR YOUR SUPPORT &        |  |
|         | FEEDBACK                              | https://youtube.com/shorts/d5GRJHwYgoE |
|         |                                       |  |
| V 36    | YOUR FEEDBACK REQUESTED ON VIDEOS     | https://youtube.com/shorts/7adqVirRNG8 |
|         |                                       |  |

#### II) Videos on -- ECHS CARD

| VIDEO    | WHAT THE VIDEO EXPLAINS                  | YOU TUBE LINK                          |
|----------|--|--|
| WIDEO #  | WHAT THE VIDEO EXPLAINS                  | TOU TOBE LINK                          |
| V 5      | 64 kB CARD - HOW TO APPLY –              | https://youtu.be/bZF3vdILygY           |
|          | REGISTRATION TO RECEIPT OF CARD?         |  |
| V 6      | 64 kB CARD - ONLINE FACILITIES AVAILABLE | https://youtu.be/hvzaOFFjOzk           |
|          | FOR BENEFICIARIES?                       |  |
| V(S) 18  | HOW TO IDENTIFY THE ECHS CARD YOU ARE    | https://youtube.com/shorts/P4akZYrcNVo |
|          | HAVING? 16 , 32 AND 64 kB Card           |  |
| V (S) 19 | HOW TO ACTIVATE 64 KB CARD ON            | https://youtube.com/shorts/WJGNN3fUuog |
|          | RECEIVING IT ?                           |  |
| V (S) 20 | WHAT CATION TO TAKE WHEN YOUR 64 kB      | https://youtube.com/shorts/IQhKZEThEP4 |
|          | CARD IS NOT WORKING?                     |  |
| V 25     | HOW TO GET YOUR 64 kB CARD               | https://youtu.be/9YV3R1TdRRc           |
|          | TRANSFERRED TO YOUR NEW RESIDENCE        |  |
|          | LOCATION / CITY?                         |  |
| V 27     | HOW TO COMPLETE EMERGENCY                | https://youtu.be/mzWVauCkBCI           |
|          | APPLICATION FOR 64 kB CARD USING GUEST   |  |
|          | USER FACILITY?                           |  |
| V 28     | WHAT ACTION YOU CAN TAKE WHEN YOU        | https://youtu.be/kRP7kfLCwFs           |
|          | FORGOT PASSWORD FOR                      |  |
|          | echs.sourceinfosys.com SITE              |  |
| V (S) 29 | HOW TO IDENTIFY 16 KB & 32 KB CARDS      | https://youtube.com/shorts/qRkjv-2SmyM |
|          | (BOTH CARDS NOT USABLE WEF 1 DEC 22)?    |  |
| V (S) 34 | WHAT ACTION DO YOU TAKE IN CASE OF       | https://youtube.com/shorts/Cmkh1fJGE   |
|          | DEMISE OF ECHS BENEFICIARY?              |  |

| V(S) 38 | HOW TO CORRECT DATA PRINTED ON YOUR 64 kB CARD?   | https://youtube.com/shorts/t5aaOl68eGo |
|---------|---|--|
| V 39    | HOW TO SET NEW PASSWORD FOR 64 KB CARD SITE – WHEN YOU FORGOT LOGIN PASSWORD & ANS ANSWERS TO 2 SECURITY QUESTIONS? | https://youtu.be/kMjNFj01zjA           |
| V(S) 44 | DID YOU KNOW? 09 USEFUL FEATURES WITH<br>64 kB CARD   | https://youtube.com/shorts/PhMAi7PP3X0 |
| V 52    | USE OF ON LINE TY SLIP TO GET ECHS<br>SERVICES  | https://youtu.be/euKiJJoTbl4'          |

### III) Videos on - MEDICAL TREATMENT AT EMPANELLED HOSPITAL

| VIDEO    | WHAT THE VIDEO EXPLAINS                     | YOU TUBE LINK                          |
|----------|---|--|
| #        |   |  |
| V 2      | HOW TO GET TREATMENT IN EMPANELLED          | https://youtu.be/eHrFSMWSUF0           |
|          | HOSPITAL IN A MEDICAL EMERGENCY?            |  |
| V 4      | WHAT IS ECHS REFERRAL SYSTEM ?              | https://youtu.be/gpbmgR3jiLA           |
|          | START TO FINISH                             |  |
| V 12     | FACILITIES FOR 75 YEARS & ABOVE - DIRECT    | https://youtube.com/shorts/9cB66xWlo9Y |
|          | OPD AT EMPANELLED HOSPITALS                 |  |
| V 13     | HOW TO GET CASHLESS TREATMENT AT            | https://youtube.com/shorts/IXKzr1mMFmg |
|          | EMPANELLED HOSPITAL?                        |  |
| V (S)14  | MEDICAL EMERGENCY - WHAT SHOULD YOU         | https://youtube.com/shorts/OpgxcJ1u6kQ |
|          | DO?   |  |
| V (S) 15 | HOW TO GET EXTENSION OF STAY WHEN           | https://youtube.com/shorts/7zTDKrWSK_I |
|          | ADMITTED IN AN EMPANELLED HOSPITAL          |  |
| V (S) 17 | WHAT ACTIONS YOU NEED TO TAKE ON            | https://youtube.com/shorts/2DU5r1mMRDs |
|          | DISCHARGE FROM AN EMPANELLED                |  |
|          | HOSPITAL                                    |  |
| V (S) 31 | WHEN A REFERRAL IS NOT REQUIRED FOR         | https://youtube.com/shorts/LFjIZKS9ghI |
|          | OPD?  |  |
| V 35     | HOW TO FIND EMPANELLED HOSPITALS ANY        | https://youtu.be/Ru_A2wRMG2A           |
|          | CITY – ANYWHERE – ANYTIME?                  |  |
| V 41     | SYMPTOMATIC EMERGENCY MEDICAL               | https://youtu.be/AudByROr86k           |
|          | CONDITION – HOW TO GET DAY CARE             |  |
|          | TREATMENT IN EH?                            |  |
| V(S) 43  | DO NOT RUN AROUND FOR UNLISTED              | https://youtube.com/shorts/RveelgXbdXw |
|          | PROCEDURE & EXTN OF STAY APPROVAL AT        |  |
|          | EMPANELLED HOSPITAL                         |  |
| V 51     | WHEN CAN A BENEFICIARY GET A REFERRAL       | https://youtu.be/8IARyH7tYis           |
|          | VALID FOR 06 MONTHS ?                       |  |
| V (S) 53 | No Need to submit Dependent Certificate for | https://youtube.com/shorts/SbuoCIT-wU0 |
|          | Treatment in emp Hospital                   |  |

### IV) Videos on - MEDICAL TREATMENT AT SERVICE HOSPITAL (AFMS)

| VIDEO | WHAT THE VIDEO EXPLAINS             | YOU TUBE LINK                |
|-------|-------------------------------------|------------------------------|
| #     |                                     |                              |
| V37   | HOW TO BOOK AFMS SPECIALISTS        | https://youtu.be/e2H5GrlCtq8 |
|       | APPOINTMENT USING ORS?              |                              |
| V42   | WHO IS ELIGIBLE TO GET TREATMENT AT | https://youtu.be/4B6rRqp-sVI |
|       | AFMS HOSPITAL?                      |                              |
| V 48  | TREATMENT AT AFMS HOSPITAL % 100 %  | https://youtu.be/G6rslaBvth4 |
|       | REIMBURSEMENT                       |                              |

## V) Videos on - MEDICAL TREATMENT AT NON-EMPANELLED & GOVT HOSPITAL

| VIDEO    | WHAT THE VIDEO EXPLAINS              | YOU TUBE LINK                          |
|----------|--------------------------------------|--|
| #        |                                      |  |
| V 3      | HOW TO GET TREATMENT IN NON-         | https://youtu.be/wCbVxrf6-7U           |
|          | EMPANELLED HOSPITAL IN A MEDICAL     |  |
|          | EMERGENCY?                           |  |
| V (S) 32 | WHAT ACTION TO TAKE IN NON-EMERGENCY | https://youtube.com/shorts/qEzybhGrIZU |
|          | TO GET TREATMENT IN NON-EMPANELLED   |  |
|          | HOSPITAL?                            |  |
| V 46     | HOW TO GET TREATMENT AT GOVT         | https://youtu.be/QkmBmc0nGL0           |
|          | HOSPITAL                             |  |

### VI) Videos on – POLYCLINIC TREATMENT & MEDICINES

| VIDEO<br># | WHAT THE VIDEO EXPLAINS                                   | YOU TUBE LINK                          |
|------------|---|--|
| V 7        | MEDICAL TREATMENT OPTIONS AVAILABLE & HOW TO GET AT ECHS? | https://youtu.be/T3SEngHBqAw           |
| V 9        | HOW TO GET DOMICILIARY (HOME AID)                         | https://youtu.be/hQKchbkzOuY           |
| V11        | EQUIPMENT FROM ECHS? HOW TO ECHS CONTACTS USING A         | https://youtu.be/rzOwU6gjV8g           |
| V (S) 30   | COMPUTER FROM ANYWHERE? WHAT ARE THE WORKING HOURS OF     | https://youtube.com/shorts/diQeXsxQI6Y |
|            | POLYCLINICS FOR OPD & GET REFERRAL?                       |  |
| V (S) 33   | HOW DO YOU GET 90 DAYS MEDICINES FROM POLYCLINIC?         | https://youtube.com/shorts/QYAYMzjeH0o |
| V 45       | HOW TO REGISTER COMPLAINT AT ECHS?                        | https://youtu.be/Hw89EbCSaj4           |
| V 49       | WHAT CERTIFICATES YOU CAN OBTAIN FROM                     | https://youtu.be/37ZLb8SUSoc           |
|            | POLYCLINICS   |  |

### VII) Videos on – ANNUAL VALIDATION OF ECHS MEMBERSHIP

| VIDEO<br># | WHAT THE VIDEO EXPLAINS   | YOU TUBE LINK                          |
|------------|---|--|
| V 21       | ANNUAL VALIDATION ECHS MEMBERSHIP PART 1  | https://youtu.be/Qh35fz0Yjmg           |
| V 22       | ANNUAL VALIDATION WITH ACTUAL SCREENS PART 2                                      | https://youtu.be/XHpO5gR27i4           |
| V (S) 23   | HOW TO COMPLETE ANNUAL VALIDATION FOR ESM & SPOUSE                                | https://youtube.com/shorts/pwh-dradsgA |
| V (S) 24   | HOW TO COMPLETE ANNUAL VALIDATION FOR DEPENDENTS?                                 | https://youtube.com/shorts/aOa0ixFkGJk |
| V (S) 26   | HOW TO COMPLETE ANNUAL VALIDATION FOR FAMILY PENSIONER                            | https://youtube.com/shorts/YDt_t_syXbM |
| V 47       | ANNUAL VALIDATION ECHS MEMBERSHIP-<br>DEPENDENTS, PARENTS & WHITE CARD<br>HOLDERS | https://youtu.be/NakNMfYDGFk           |

# VIII) Videos on -- REIMBURSEMENT OF CHARGES INCURRED BY BENEFICIARIES

| VIDEO<br># | WHAT THE VIDEO EXPLAINS  | YOU TUBE LINK                |
|------------|--|------------------------------|
| V 8        | REIMBURSEMENT APPROVAL USING HIGH POWER COMMITTEE (HPC)?                   | https://youtu.be/PptemekIV4s |
| V 10       | HOW TO APPLY FOR MEDICINE REIMBURSEMENT USING ONLINE FACILITIES FROM HOME? | https://youtu.be/qM3xan5vUys |

### IX) Videos on – GENERAL INFORMATION

| VIDEO | WHAT THE VIDEO EXPLAINS               | YOU TUBE LINK                |
|-------|---------------------------------------|------------------------------|
| #     |                                       |                              |
| V 50  | ACRONYMS & ABBREVIATIONS USED IN ECHS | https://youtu.be/RcP50SlizTc |
|       |                                       |                              |