

## **A Contribution from Volunteers**

**FROM HELPING HANDS FOR ECHS - Updated on 15 May 2021**

**PRINT THIS TO REFER QUICKLY WHEN REQUIRED**

### **A) MEDICAL HELPLINES FOR ECHS BENEFICIARIES AT BANGALORE**

**1. HQ K & K Sub Area**

**24x7 Duty Medical Officer (DMO) at HQ K & K Sub Area Bangalore –  
Mobile # 86602 12373**

**2. SOA, Training Command , IAF Bangalore area:-**

- **Wg Cdr KS Naveen, Adjt, AFIDS- Mobile # 9910633151**
- **MWO Mahaveer Singh, Mobile # 8618689746**

**3. Command Hospital, Air Force Bangalore (CHAFB)**

**24 x 7 Duty Medical Officer (DMO) at CHAFB**

**Mobile# 9008829595. Landlines - 080-25369020 & 080 -25366377**

**4. TO ENQUIRE ABOUT MEDICAL CONDITION OF A COVID PATIENT  
ADMITTED AT CHAFB COVID WARD**

**Mobile # - 86183 31628 or 63602 28447**

**5. ECHS Polyclinic (Urban)**

**24 x 7 Duty Medical Officer (DMO), PC (Urban)**

**Contact Number will be published Weekly in Helping Hands for ECHS  
WhatsApp group**

**Nodal Officer COVID – Gp Capt (Dr) K K Pooniwala ( Retd), Mobile #  
7002513995.**

### **B) NON-MEDICAL HELPLINES**

**1. Flag Officer, Karnataka Area , I.N.**

- **NRSO - Landline 08382-231221 or Mobile # 8088192618**
- **Navdet Bengaluru Mobile # 9650693985**
- **Headquarters Karnataka Naval Area Mobile # 7625081654**

**2. 24 x 7 HELPLINE AT REGIONAL CENTRE (RC), BANGALORE**

**Mobile # 82770 82111, Land Lines 080 2839 2178 & 2179**

**3. Administrators of Helping Hands for ECHS – WhatsApp Messages**

**JAI HIND**