# "HELPING HANDS FOR ECHS" YOU TUBE CHANNEL LIST OF YOU TUBE VIDEOS DEVELOPED & LAUNCHED

### By Commander V K Santhanam (Retd) @ Bengaluru

V (S) # means - You Tube SHORTS Video of less than 1 min duration V # - Videos more than 1 min duration

#### I) Videos on -- INTRODUCTION TO HELPING HANDS FOR ECHS

VIDEO	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
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V 1	LAUNCHING OF MY YOU TUBE CHANNEL -	https://youtu.be/uOVZpU-DHic
	HELPING HANDS FOR ECHS ON 10 MAY 2022	
V(S) 16	MANY THANKS FOR YOUR SUPPORT &	
	FEEDBACK	https://youtube.com/shorts/d5GRJHwYgoE
V 36	YOUR FEEDBACK REQUESTED ON VIDEOS	https://youtube.com/shorts/7adqVirRNG8

#### II) Videos on -- ECHS CARD

VIDEO	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
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V 5	64 kB CARD - HOW TO APPLY –	https://youtu.be/bZF3vdlLygY
	REGISTRATION TO RECEIPT OF CARD?	
V 6	64 kB CARD - ONLINE FACILITIES AVAILABLE	https://youtu.be/hvzaOFFjOzk
	FOR BENEFICIARIES?	
V(S) 18	HOW TO IDENTIFY THE ECHS CARD YOU ARE	https://youtube.com/shorts/P4akZYrcNVo
1(0) 10	HAVING? 16, 32 AND 64 kB Card	nttpo://youtube:oom/onorto/1 -an2/1011/0
	HAVING: 10,32 AND 64 KB CUIU	
V (S) 19	HOW TO ACTIVATE 64 KB CARD ON	https://youtube.com/shorts/WJGNN3fUuog
' '	RECEIVING IT ?	
V (S) 20	WHAT CATION TO TAKE WHEN YOUR 64 kB	https://youtube.com/shorts/IQhKZEThEP4
	CARD IS NOT WORKING?	
V 25	HOW TO GET YOUR 64 kB CARD	https://youtu.be/9YV3R1TdRRc
	TRANSFERRED TO YOUR NEW RESIDENCE	indicatory y cultures of a restriction
	LOCATION / CITY?	
V 27	HOW TO COMPLETE EMERGENCY	https://youtu.be/mzWVauCkBCl
V 27		mttps://youtu.be/mzwvauckbci
	APPLICATION FOR 64 kB CARD USING GUEST	
	USER FACILITY?	
V 28	WHAT ACTION YOU CAN TAKE WHEN YOU	https://youtu.be/kRP7kfLCwFs
	FORGOT PASSWORD FOR	
	echs.sourceinfosys.com SITE	
V (S) 29	HOW TO IDENTIFY 16 KB & 32 KB CARDS	https://youtube.com/shorts/qRkjv-2SmyM
	(BOTH CARDS NOT USABLE WEF 1 DEC 22)?	
V/C) 24	WILLIAM ACTION DO VOLLTAVE IN CASE OF	https://woutube.com/abouts/Cm/ch 45 ICT
V (S) 34	WHAT ACTION DO YOU TAKE IN CASE OF	https://youtube.com/shorts/Cmkh1fJGE
	DEMISE OF ECHS BENEFICIARY?	
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V(S) 38	HOW TO CORRECT DATA PRINTED ON YOUR 64 kB CARD?	https://youtube.com/shorts/t5aaOl68eGo
V 39	HOW TO SET NEW PASSWORD FOR 64 KB CARD SITE – WHEN YOU FORGOT LOGIN PASSWORD & ANS ANSWERS TO 2 SECURITY QUESTIONS?	https://youtu.be/kMjNFj01zjA
V(S) 44	DID YOU KNOW? 09 USEFUL FEATURES WITH 64 kB CARD	https://youtube.com/shorts/PhMAi7PP3X0
V 52	USE OF ON LINE TY SLIP TO GET ECHS SERVICES	https://youtu.be/euKiJJoTbl4'

## III) Videos on - MEDICAL TREATMENT AT EMPANELLED HOSPITAL

V 2 HOW TO GET TREATMENT IN EMPANELLED HOSPITAL IN A MEDICAL EMERGENCY?  V 4 WHAT IS ECHS REFERRAL SYSTEM? START TO FINISH  V 12 FACILITIES FOR 75 YEARS & ABOVE - DIRECT OPD AT EMPANELLED HOSPITALS  V 13 HOW TO GET CASHLESS TREATMENT AT EMPANELLED HOSPITALS  V (S) 14 MEDICAL EMERGENCY - WHAT SHOULD YOU DO?  V (S) 15 HOW TO GET EXTENSION OF STAY WHEN ADMITTED IN AN EMPANELLED HOSPITAL HOSPITAL  V (S) 17 WHAT ACTIONS YOU NEED TO TAKE ON DISCHARGE FROM AN EMPANELLED HOSPITAL HOSPITAL  V (S) 31 WHEN A REFERRAL IS NOT REQUIRED FOR OPD?  V 35 HOW TO FIND EMPANELLED HOSPITALS ANY CITY - ANYWHERE - ANYTIME?  V 41 SYMPTOMATIC EMERGENCY MEDICAL CONDITION - HOW TO GET DAY CARE TREATMENT IN EH?  V (S) 43 DO NOT RUN AROUND FOR UNLISTED PROCEDURE & EXTN OF STAY APPROVAL AT EMPANELLED HOSPITAL  V (S) 43 DO NOT RUN AROUND FOR UNLISTED PROCEDURE & EXTN OF STAY APPROVAL AT EMPANELLED HOSPITAL  V (S) 43 WHEN CAN A BENEFICIARY GET A REFERRAL INTEREMENTATION OF STAY APPROVAL AT EMPANELLED HOSPITAL ANY LEAST OF STAY APPROVAL AT EMPANELLED HOSPITAL AND STAY APPROVAL AT EMPANELLED HOSPITAL AND FOR DEMONTHS?  V (S) 53 NO Need to Submit Dependent Certificate for Treatment in emp Hospital  V - 56 EMPANELLED HOSPITAL UNABLE TO ACCEPT REFERRAL  V - 57 APPX A WHEN NEEDED & NOT NEEDED TO BE https://youtu.be/BiNtagax496Q	VIDEO	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
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V 51 WHEN CAN A BENEFICIARY GET A REFERRAL VALID FOR 06 MONTHS?  V (S) 53 No Need to submit Dependent Certificate for Treatment in emp Hospital  V – 56 EMPANELLED HOSPITAL UNABLE TO ACCEPT REFERRAL  V – 57 APPX A WHEN NEEDED & NOT NEEDED TO BE  https://youtu.be/8IARyH7tYis https://youtu.be/8IARyH7tYis https://youtu.be/8IARyH7tYis https://youtu.be/8IARyH7tYis https://youtu.be/8IARyH7tYis https://youtu.be/8IARyH7tYis		PROCEDURE & EXTN OF STAY APPROVAL AT	
VALID FOR 06 MONTHS?  V (S) 53 No Need to submit Dependent Certificate for Treatment in emp Hospital  V – 56 EMPANELLED HOSPITAL UNABLE TO ACCEPT REFERRAL  V – 57 APPX A WHEN NEEDED & NOT NEEDED TO BE  No Need to submit Dependent Certificate for https://youtube.com/shorts/SbuoCIT-wU0  https://youtube/WPcpZw9unrM  https://youtu.be/WPcpZw9unrM		EMPANELLED HOSPITAL	
V (S) 53     No Need to submit Dependent Certificate for Treatment in emp Hospital     https://youtube.com/shorts/SbuoCIT-wU0       V – 56     EMPANELLED HOSPITAL UNABLE TO ACCEPT REFERRAL     https://youtu.be/WPcpZw9unrM       V – 57     APPX A WHEN NEEDED & NOT NEEDED TO BE     https://youtu.be/BiNtqqx496Q	V 51	WHEN CAN A BENEFICIARY GET A REFERRAL	https://youtu.be/8IARyH7tYis
Treatment in emp Hospital  V – 56 EMPANELLED HOSPITAL UNABLE TO ACCEPT REFERRAL  V – 57 APPX A WHEN NEEDED & NOT NEEDED TO BE https://youtu.be/BiNtqqx496Q		VALID FOR 06 MONTHS ?	
V - 56     EMPANELLED HOSPITAL UNABLE TO ACCEPT     https://youtu.be/WPcpZw9unrM       REFERRAL     N-57     APPX A WHEN NEEDED & NOT NEEDED TO BE     https://youtu.be/BiNtqqx496Q	V (S) 53	No Need to submit Dependent Certificate for	https://youtube.com/shorts/SbuoCIT-wU0
V - 56     EMPANELLED HOSPITAL UNABLE TO ACCEPT     https://youtu.be/WPcpZw9unrM       REFERRAL     N-57     APPX A WHEN NEEDED & NOT NEEDED TO BE     https://youtu.be/BiNtqqx496Q	- ·		
REFERRAL       V – 57     APPX A WHEN NEEDED & NOT NEEDED TO BE     https://youtu.be/BiNtqqx496Q	V – 56		https://youtu.be/WPcpZw9unrM
		REFERRAL	
	V – 57	APPX A WHEN NEEDED & NOT NEEDED TO BE	https://youtu.be/BiNtqqx496Q
INITIATED BY EWIPANELLED MUSPITAL		INITIATED BY EMPANELLED HOSPITAL	

### IV) Videos on - MEDICAL TREATMENT AT SERVICE HOSPITAL (AFMS)

VIDEO	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
#		
V37	HOW TO BOOK AFMS SPECIALISTS	https://youtu.be/e2H5GrICtq8
	APPOINTMENT USING ORS?	
V42	WHO IS ELIGIBLE TO GET TREATMENT AT	https://youtu.be/4B6rRqp-sVI
	AFMS HOSPITAL?	
V 48	TREATMENT AT AFMS HOSPITAL % 100 %	https://youtu.be/G6rslaBvth4
	REIMBURSEMENT	

# V) Videos on - MEDICAL TREATMENT AT NON-EMPANELLED & GOVT HOSPITAL

VIDEO #	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
V 3	HOW TO GET TREATMENT IN NON-	https://youtu.be/wCbVxrf6-7U
	EMPANELLED HOSPITAL IN A MEDICAL	
	EMERGENCY?	
V (S) 32	WHAT ACTION TO TAKE IN NON-EMERGENCY	https://youtube.com/shorts/qEzybhGrIZU
	TO GET TREATMENT IN NON-EMPANELLED	
	HOSPITAL?	
V 46	HOW TO GET TREATMENT AT GOVT	https://youtu.be/QkmBmc0nGL0
	HOSPITAL	

### VI) Videos on – POLYCLINIC TREATMENT & MEDICINES

VIDEO #	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
V 7	MEDICAL TREATMENT OPTIONS AVAILABLE &	https://youtu.be/T3SEngHBqAw
	HOW TO GET AT ECHS?	
V 9	HOW TO GET DOMICILIARY (HOME AID)	https://youtu.be/hQKchbkzOuY
	EQUIPMENT FROM ECHS?	
V11	HOW TO ECHS CONTACTS USING A	https://youtu.be/rzOwU6gjV8g
	COMPUTER FROM ANYWHERE?	
V (S) 30	WHAT ARE THE WORKING HOURS OF	https://youtube.com/shorts/diQeXsxQI6Y
	POLYCLINICS FOR OPD & GET REFERRAL?	
V (S) 33	HOW DO YOU GET 90 DAYS MEDICINES	https://youtube.com/shorts/QYAYMzjeH0o
	FROM POLYCLINIC?	
V 45	HOW TO REGISTER COMPLAINT AT ECHS?	https://youtu.be/Hw89EbCSaj4
V 49	WHAT CERTIFICATES YOU CAN OBTAIN FROM	https://youtu.be/37ZLb8SUSoc
	POLYCLINICS	
V – 55	MEDICINES FROM ECHS	https://youtu.be/MILTd3t-arA

### VII) Videos on – ANNUAL VALIDATION OF ECHS MEMBERSHIP

VIDEO #	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
V 21	ANNUAL VALIDATION ECHS MEMBERSHIP PART 1	https://youtu.be/Qh35fz0Yjmg
V 22	ANNUAL VALIDATION WITH ACTUAL SCREENS PART 2	https://youtu.be/XHpO5gR27i4
V (S) 23	HOW TO COMPLETE ANNUAL VALIDATION FOR ESM & SPOUSE	https://youtube.com/shorts/pwh-dradsgA
V (S) 24	HOW TO COMPLETE ANNUAL VALIDATION FOR DEPENDENTS?	https://youtube.com/shorts/aOa0ixFkGJk
V (S) 26	HOW TO COMPLETE ANNUAL VALIDATION FOR FAMILY PENSIONER	https://youtube.com/shorts/YDt_t_syXbM
V 47	ANNUAL VALIDATION ECHS MEMBERSHIP- DEPENDENTS, PARENTS & WHITE CARD HOLDERS	https://youtu.be/NakNMfYDGFk

# VIII) Videos on -- REIMBURSEMENT OF CHARGES INCURRED BY BENEFICIARIES

VIDEO	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
#		
V 8	REIMBURSEMENT APPROVAL USING HIGH	https://youtu.be/PptemekIV4s
	POWER COMMITTEE (HPC)?	
V 10	HOW TO APPLY FOR MEDICINE	https://youtu.be/gM3xan5vUys
	REIMBURSEMENT USING ONLINE FACILITIES	
	FROM HOME?	
V(S) 54	PURCHASE & REIMBURSEMENT OF NA	https://youtube.com/shorts/Lul0rNeu-ys
	MEDICINES FROM MARKET	

### IX) Videos on – GENERAL INFORMATION

VIDEO	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
#		
V 50	ACRONYMS & ABBREVIATIONS USED IN ECHS	https://youtu.be/RcP50SlizTc