

**“HELPING HANDS FOR ECHS” YOU TUBE CHANNEL**  
**LIST OF YOU TUBE VIDEOS DEVELOPED & LAUNCHED**

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**V (S) # means - You Tube SHORTS Video of less than 1 min duration**

**V # - Videos more than 1 min duration**

**I) Videos on -- INTRODUCTION TO HELPING HANDS FOR ECHS**

| <b>VIDEO #</b> | <b>WHAT THE VIDEO EXPLAINS</b>                                           | <b>YOU TUBE LINK</b>                                                                        |
|----------------|--------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| V 1            | LAUNCHING OF MY YOU TUBE CHANNEL - HELPING HANDS FOR ECHS ON 10 MAY 2022 | <a href="https://youtu.be/uOVZpU-DHic">https://youtu.be/uOVZpU-DHic</a>                     |
| V(S) 16        | MANY THANKS FOR YOUR SUPPORT & FEEDBACK                                  | <a href="https://youtube.com/shorts/d5GRJHwYgoE">https://youtube.com/shorts/d5GRJHwYgoE</a> |
| V 36           | YOUR FEEDBACK REQUESTED ON VIDEOS                                        | <a href="https://youtube.com/shorts/7adqVirRNG8">https://youtube.com/shorts/7adqVirRNG8</a> |

**II) Videos on -- ECHS CARD**

| <b>VIDEO #</b> | <b>WHAT THE VIDEO EXPLAINS</b>                                                    | <b>YOU TUBE LINK</b>                                                                        |
|----------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| V 5            | 64 kB CARD - HOW TO APPLY – REGISTRATION TO RECEIPT OF CARD?                      | <a href="https://youtu.be/bZF3vdILyqY">https://youtu.be/bZF3vdILyqY</a>                     |
| V 6            | 64 kB CARD - ONLINE FACILITIES AVAILABLE FOR BENEFICIARIES?                       | <a href="https://youtu.be/hvzaOFFjOzk">https://youtu.be/hvzaOFFjOzk</a>                     |
| V(S) 18        | HOW TO IDENTIFY THE ECHS CARD YOU ARE HAVING? 16 , 32 AND 64 kB Card              | <a href="https://youtube.com/shorts/P4akZYrcNV0">https://youtube.com/shorts/P4akZYrcNV0</a> |
| V (S) 19       | HOW TO ACTIVATE 64 KB CARD ON RECEIVING IT ?                                      | <a href="https://youtube.com/shorts/WJGNN3fUuog">https://youtube.com/shorts/WJGNN3fUuog</a> |
| V (S) 20       | WHAT ACTION TO TAKE WHEN YOUR 64 kB CARD IS NOT WORKING?                          | <a href="https://youtube.com/shorts/lQhKZETHEP4">https://youtube.com/shorts/lQhKZETHEP4</a> |
| V 25           | HOW TO GET YOUR 64 kB CARD TRANSFERRED TO YOUR NEW RESIDENCE LOCATION / CITY?     | <a href="https://youtu.be/9YV3R1TdRRc">https://youtu.be/9YV3R1TdRRc</a>                     |
| V 27           | HOW TO COMPLETE EMERGENCY APPLICATION FOR 64 kB CARD USING GUEST USER FACILITY?   | <a href="https://youtu.be/mzWVauCkBCI">https://youtu.be/mzWVauCkBCI</a>                     |
| V 28           | WHAT ACTION YOU CAN TAKE WHEN YOU FORGOT PASSWORD FOR echs.sourceinfosys.com SITE | <a href="https://youtu.be/kRP7kfLCwFs">https://youtu.be/kRP7kfLCwFs</a>                     |
| V (S) 29       | HOW TO IDENTIFY 16 KB & 32 KB CARDS (BOTH CARDS NOT USABLE WEF 1 DEC 22) ?        | <a href="https://youtube.com/shorts/qRkqv-2SmyM">https://youtube.com/shorts/qRkqv-2SmyM</a> |
| V (S) 34       | WHAT ACTION DO YOU TAKE IN CASE OF DEMISE OF ECHS BENEFICIARY?                    | <a href="https://youtube.com/shorts/Cmkh-1fJGE">https://youtube.com/shorts/Cmkh-1fJGE</a>   |

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| V(S) 38 | HOW TO CORRECT DATA PRINTED ON YOUR 64 KB CARD?                                                                     | <a href="https://youtube.com/shorts/t5aaOI68eGo">https://youtube.com/shorts/t5aaOI68eGo</a> |
| V 39    | HOW TO SET NEW PASSWORD FOR 64 KB CARD SITE – WHEN YOU FORGOT LOGIN PASSWORD & ANS ANSWERS TO 2 SECURITY QUESTIONS? | <a href="https://youtu.be/kMjNFj01zjA">https://youtu.be/kMjNFj01zjA</a>                     |
| V(S) 44 | DID YOU KNOW? 09 USEFUL FEATURES WITH 64 KB CARD                                                                    | <a href="https://youtube.com/shorts/PhMAi7PP3X0">https://youtube.com/shorts/PhMAi7PP3X0</a> |

### III) Videos on - MEDICAL TREATMENT AT EMPANELLED HOSPITAL

| VIDEO #  | WHAT THE VIDEO EXPLAINS                                                                 | YOU TUBE LINK                                                                               |
|----------|-----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| V 2      | HOW TO GET TREATMENT IN EMPANELLED HOSPITAL IN A MEDICAL EMERGENCY?                     | <a href="https://youtu.be/eHrFSMWSUF0">https://youtu.be/eHrFSMWSUF0</a>                     |
| V 4      | WHAT IS ECHS REFERRAL SYSTEM ? START TO FINISH                                          | <a href="https://youtu.be/gpbmgR3jiLA">https://youtu.be/gpbmgR3jiLA</a>                     |
| V 12     | FACILITIES FOR 75 YEARS & ABOVE - DIRECT OPD AT EMPANELLED HOSPITALS                    | <a href="https://youtube.com/shorts/9cB66xWIo9Y">https://youtube.com/shorts/9cB66xWIo9Y</a> |
| V 13     | HOW TO GET CASHLESS TREATMENT AT EMPANELLED HOSPITAL?                                   | <a href="https://youtube.com/shorts/IXKzr1mMFmg">https://youtube.com/shorts/IXKzr1mMFmg</a> |
| V (S)14  | MEDICAL EMERGENCY - WHAT SHOULD YOU DO?                                                 | <a href="https://youtube.com/shorts/OpqxcJ1u6kQ">https://youtube.com/shorts/OpqxcJ1u6kQ</a> |
| V (S) 15 | HOW TO GET EXTENSION OF STAY WHEN ADMITTED IN AN EMPANELLED HOSPITAL                    | <a href="https://youtube.com/shorts/7zTDKrWSK_I">https://youtube.com/shorts/7zTDKrWSK_I</a> |
| V (S) 17 | WHAT ACTIONS YOU NEED TO TAKE ON DISCHARGE FROM AN EMPANELLED HOSPITAL                  | <a href="https://youtube.com/shorts/2DU5r1mMRDs">https://youtube.com/shorts/2DU5r1mMRDs</a> |
| V (S) 31 | WHEN A REFERRAL IS NOT REQUIRED FOR OPD?                                                | <a href="https://youtube.com/shorts/LFjIZKS9ghI">https://youtube.com/shorts/LFjIZKS9ghI</a> |
| V 35     | HOW TO FIND EMPANELLED HOSPITALS ANY CITY – ANYWHERE – ANYTIME?                         | <a href="https://youtu.be/Ru_A2wRMG2A">https://youtu.be/Ru_A2wRMG2A</a>                     |
| V 41     | SYMPTOMATIC EMERGENCY MEDICAL CONDITION – HOW TO GET DAY CARE TREATMENT IN EH?          | <a href="https://youtu.be/AudByROr86k">https://youtu.be/AudByROr86k</a>                     |
| V(S) 43  | DO NOT RUN AROUND FOR UNLISTED PROCEDURE & EXTN OF STAY APPROVAL AT EMPANELLED HOSPITAL | <a href="https://youtube.com/shorts/RveelgXbdXw">https://youtube.com/shorts/RveelgXbdXw</a> |

### IV) Videos on - MEDICAL TREATMENT AT SERVICE HOSPITAL (AFMS)

| VIDEO # | WHAT THE VIDEO EXPLAINS                             | YOU TUBE LINK                                                           |
|---------|-----------------------------------------------------|-------------------------------------------------------------------------|
| V37     | HOW TO BOOK AFMS SPECIALISTS APPOINTMENT USING ORS? | <a href="https://youtu.be/e2H5GrICtq8">https://youtu.be/e2H5GrICtq8</a> |
| V42     | WHO IS ELIGIBLE TO GET TREATMENT AT AFMS HOSPITAL?  | <a href="https://youtu.be/4B6rRqp-sVI">https://youtu.be/4B6rRqp-sVI</a> |
| V 48    | TREATMENT AT AFMS HOSPITAL % 100 % REIMBURSEMENT    | <a href="https://youtu.be/G6rslaBvth4">https://youtu.be/G6rslaBvth4</a> |

V) Videos on - MEDICAL TREATMENT AT NON-EMPANELLED & GOVT HOSPITAL

| <b>VIDEO #</b> | <b>WHAT THE VIDEO EXPLAINS</b>                                                    | <b>YOU TUBE LINK</b>                                                                        |
|----------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| V 3            | HOW TO GET TREATMENT IN NON-EMPANELLED HOSPITAL IN A MEDICAL EMERGENCY?           | <a href="https://youtu.be/wCbVxrf6-7U">https://youtu.be/wCbVxrf6-7U</a>                     |
| V (S) 32       | WHAT ACTION TO TAKE IN NON-EMERGENCY TO GET TREATMENT IN NON-EMPANELLED HOSPITAL? | <a href="https://youtube.com/shorts/qEzybhGrIZU">https://youtube.com/shorts/qEzybhGrIZU</a> |
| V 46           | HOW TO GET TREATMENT AT GOVT HOSPITAL                                             | <a href="https://youtu.be/QkmBmc0nGL0">https://youtu.be/QkmBmc0nGL0</a>                     |

VI) Videos on – POLYCLINIC TREATMENT & MEDICINES

| <b>VIDEO #</b> | <b>WHAT THE VIDEO EXPLAINS</b>                                    | <b>YOU TUBE LINK</b>                                                                        |
|----------------|-------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| V 7            | MEDICAL TREATMENT OPTIONS AVAILABLE & HOW TO GET AT ECHS?         | <a href="https://youtu.be/T3SEngHBqAw">https://youtu.be/T3SEngHBqAw</a>                     |
| V 9            | HOW TO GET DOMICILIARY (HOME AID) EQUIPMENT FROM ECHS?            | <a href="https://youtu.be/hQKchbkzOuY">https://youtu.be/hQKchbkzOuY</a>                     |
| V11            | HOW TO ECHS CONTACTS USING A COMPUTER FROM ANYWHERE?              | <a href="https://youtu.be/rzOwU6gjV8g">https://youtu.be/rzOwU6gjV8g</a>                     |
| V (S) 30       | WHAT ARE THE WORKING HOURS OF POLYCLINICS FOR OPD & GET REFERRAL? | <a href="https://youtube.com/shorts/diQeXsxQl6Y">https://youtube.com/shorts/diQeXsxQl6Y</a> |
| V (S) 33       | HOW DO YOU GET 90 DAYS MEDICINES FROM POLYCLINIC?                 | <a href="https://youtube.com/shorts/QYAYMzjeH0o">https://youtube.com/shorts/QYAYMzjeH0o</a> |
| V 45           | HOW TO REGISTER COMPLAINT AT ECHS?                                | <a href="https://youtu.be/Hw89EbCSaj4">https://youtu.be/Hw89EbCSaj4</a>                     |
| V 49           | WHAT CERTIFICATES YOU CAN OBTAIN FROM POLYCLINICS                 | <a href="https://youtu.be/37ZLb8SUSoc">https://youtu.be/37ZLb8SUSoc</a>                     |

VII) Videos on – ANNUAL VALIDATION OF ECHS MEMBERSHIP

| <b>VIDEO #</b> | <b>WHAT THE VIDEO EXPLAINS</b>                         | <b>YOU TUBE LINK</b>                                                                        |
|----------------|--------------------------------------------------------|---------------------------------------------------------------------------------------------|
| V 21           | ANNUAL VALIDATION ECHS MEMBERSHIP -- PART 1            | <a href="https://youtu.be/Qh35fz0Yjmg">https://youtu.be/Qh35fz0Yjmg</a>                     |
| V 22           | ANNUAL VALIDATION WITH ACTUAL SCREENS -- PART 2        | <a href="https://youtu.be/XHpO5gR27i4">https://youtu.be/XHpO5gR27i4</a>                     |
| V (S) 23       | HOW TO COMPLETE ANNUAL VALIDATION FOR ESM & SPOUSE     | <a href="https://youtube.com/shorts/pwh-dradsqA">https://youtube.com/shorts/pwh-dradsqA</a> |
| V (S) 24       | HOW TO COMPLETE ANNUAL VALIDATION FOR DEPENDENTS?      | <a href="https://youtube.com/shorts/aOa0ixFkGJk">https://youtube.com/shorts/aOa0ixFkGJk</a> |
| V (S) 26       | HOW TO COMPLETE ANNUAL VALIDATION FOR FAMILY PENSIONER | <a href="https://youtube.com/shorts/YDt t syXbM">https://youtube.com/shorts/YDt t syXbM</a> |

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| <b>V 47</b> | <b>ANNUAL VALIDATION ECHS MEMBERSHIP-DEPENDENTS, PARENTS &amp; WHITE CARD HOLDERS</b> | <a href="https://youtu.be/NakNMfYDGFk">https://youtu.be/NakNMfYDGFk</a> |
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**VIII) Videos on -- REIMBURSEMENT OF CHARGES INCURRED BY BENEFICIARIES**

| <b>VIDEO #</b> | <b>WHAT THE VIDEO EXPLAINS</b>                                                    | <b>YOU TUBE LINK</b>                                                    |
|----------------|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------|
| <b>V 8</b>     | <b>REIMBURSEMENT APPROVAL USING HIGH POWER COMMITTEE (HPC)?</b>                   | <a href="https://youtu.be/PptemekIV4s">https://youtu.be/PptemekIV4s</a> |
| <b>V 10</b>    | <b>HOW TO APPLY FOR MEDICINE REIMBURSEMENT USING ONLINE FACILITIES FROM HOME?</b> | <a href="https://youtu.be/qM3xan5vUys">https://youtu.be/qM3xan5vUys</a> |

**IX) Videos on – GENERAL INFORMATION**

| <b>VIDEO #</b> | <b>WHAT THE VIDEO EXPLAINS</b>                   | <b>YOU TUBE LINK</b>                                                    |
|----------------|--------------------------------------------------|-------------------------------------------------------------------------|
| <b>V 50</b>    | <b>ACRONYMS &amp; ABBREVIATIONS USED IN ECHS</b> | <a href="https://youtu.be/RcP50SlizTc">https://youtu.be/RcP50SlizTc</a> |