

“HELPING HANDS FOR ECHS” YOU TUBE CHANNEL
LIST OF YOU TUBE VIDEOS DEVELOPED & LAUNCHED

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V (S) # means - You Tube SHORTS Video of less than 1 min duration

V # - Videos more than 1 min duration

I) Videos on -- INTRODUCTION TO HELPING HANDS FOR ECHS

| VIDEO # | WHAT THE VIDEO EXPLAINS | YOU TUBE LINK |
|----------------|--------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| V 1 | LAUNCHING OF MY YOU TUBE CHANNEL - HELPING HANDS FOR ECHS ON 10 MAY 2022 | https://youtu.be/uOVZpU-DHic |
| V(S) 16 | MANY THANKS FOR YOUR SUPPORT & FEEDBACK | https://youtube.com/shorts/d5GRJHwYgoE |
| V 36 | YOUR FEEDBACK REQUESTED ON VIDEOS | https://youtube.com/shorts/7adqVirRNG8 |

II) Videos on -- ECHS CARD

| VIDEO # | WHAT THE VIDEO EXPLAINS | YOU TUBE LINK |
|----------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| V 5 | 64 kB CARD - HOW TO APPLY – REGISTRATION TO RECEIPT OF CARD? | https://youtu.be/bZF3vdILyqY |
| V 6 | 64 kB CARD - ONLINE FACILITIES AVAILABLE FOR BENEFICIARIES? | https://youtu.be/hvzaOFFjOzk |
| V(S) 18 | HOW TO IDENTIFY THE ECHS CARD YOU ARE HAVING? 16 , 32 AND 64 kB Card | https://youtube.com/shorts/P4akZYrcNV0 |
| V (S) 19 | HOW TO ACTIVATE 64 KB CARD ON RECEIVING IT ? | https://youtube.com/shorts/WJGNN3fUuog |
| V (S) 20 | WHAT ACTION TO TAKE WHEN YOUR 64 kB CARD IS NOT WORKING? | https://youtube.com/shorts/lQhKZETHEP4 |
| V 25 | HOW TO GET YOUR 64 kB CARD TRANSFERRED TO YOUR NEW RESIDENCE LOCATION / CITY? | https://youtu.be/9YV3R1TdRRc |
| V 27 | HOW TO COMPLETE EMERGENCY APPLICATION FOR 64 kB CARD USING GUEST USER FACILITY? | https://youtu.be/mzWVauCkBCI |
| V 28 | WHAT ACTION YOU CAN TAKE WHEN YOU FORGOT PASSWORD FOR echs.sourceinfosys.com SITE | https://youtu.be/kRP7kfLCwFs |
| V (S) 29 | HOW TO IDENTIFY 16 KB & 32 KB CARDS (BOTH CARDS NOT USABLE WEF 1 DEC 22) ? | https://youtube.com/shorts/qRkqv-2SmyM |
| V (S) 34 | WHAT ACTION DO YOU TAKE IN CASE OF DEMISE OF ECHS BENEFICIARY? | https://youtube.com/shorts/Cmkh-1fJGE |

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| V(S) 38 | HOW TO CORRECT DATA PRINTED ON YOUR 64 kB CARD? | https://youtube.com/shorts/t5aaOI68eGo |
| V 39 | HOW TO SET NEW PASSWORD FOR 64 KB CARD SITE – WHEN YOU FORGOT LOGIN PASSWORD & ANS ANSWERS TO 2 SECURITY QUESTIONS? | https://youtu.be/kMjNFj01zjA |
| V(S) 44 | DID YOU KNOW? 09 USEFUL FEATURES WITH 64 kB CARD | https://youtube.com/shorts/PhMAi7PP3X0 |

III) Videos on - MEDICAL TREATMENT AT EMPANELLED HOSPITAL

| VIDEO # | WHAT THE VIDEO EXPLAINS | YOU TUBE LINK |
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| V 2 | HOW TO GET TREATMENT IN EMPANELLED HOSPITAL IN A MEDICAL EMERGENCY? | https://youtu.be/eHrFSMWSUF0 |
| V 4 | WHAT IS ECHS REFERRAL SYSTEM ? START TO FINISH | https://youtu.be/gpbmgR3jiLA |
| V 12 | FACILITIES FOR 75 YEARS & ABOVE - DIRECT OPD AT EMPANELLED HOSPITALS | https://youtube.com/shorts/9cB66xWIo9Y |
| V 13 | HOW TO GET CASHLESS TREATMENT AT EMPANELLED HOSPITAL? | https://youtube.com/shorts/IXKzr1mMFmg |
| V (S)14 | MEDICAL EMERGENCY - WHAT SHOULD YOU DO? | https://youtube.com/shorts/OpqxcJ1u6kQ |
| V (S) 15 | HOW TO GET EXTENSION OF STAY WHEN ADMITTED IN AN EMPANELLED HOSPITAL | https://youtube.com/shorts/7zTDKrWSK_I |
| V (S) 17 | WHAT ACTIONS YOU NEED TO TAKE ON DISCHARGE FROM AN EMPANELLED HOSPITAL | https://youtube.com/shorts/2DU5r1mMRDs |
| V (S) 31 | WHEN A REFERRAL IS NOT REQUIRED FOR OPD? | https://youtube.com/shorts/LFjIZKS9ghI |
| V 35 | HOW TO FIND EMPANELLED HOSPITALS ANY CITY – ANYWHERE – ANYTIME? | https://youtu.be/Ru_A2wRMG2A |
| V 41 | SYMPTOMATIC EMERGENCY MEDICAL CONDITION – HOW TO GET DAY CARE TREATMENT IN EH? | https://youtu.be/AudByROr86k |
| V(S) 43 | DO NOT RUN AROUND FOR UNLISTED PROCEDURE & EXTN OF STAY APPROVAL AT EMPANELLED HOSPITAL | https://youtube.com/shorts/RveelgXbdXw |
| V 51 | WHEN CAN A BENEFICIARY GET A REFERRAL VALID FOR 06 MONTHS ? | https://youtu.be/8lARyH7tYis |

IV) Videos on - MEDICAL TREATMENT AT SERVICE HOSPITAL (AFMS)

| VIDEO # | WHAT THE VIDEO EXPLAINS | YOU TUBE LINK |
|----------------|-----------------------------------------------------|-------------------------------------------------------------------------|
| V37 | HOW TO BOOK AFMS SPECIALISTS APPOINTMENT USING ORS? | https://youtu.be/e2H5GrICtq8 |
| V42 | WHO IS ELIGIBLE TO GET TREATMENT AT AFMS HOSPITAL? | https://youtu.be/4B6rRqp-sVI |
| V 48 | TREATMENT AT AFMS HOSPITAL % 100 % REIMBURSEMENT | https://youtu.be/G6rslaBvth4 |

V) Videos on - MEDICAL TREATMENT AT NON-EMPANELLED & GOVT HOSPITAL

| VIDEO # | WHAT THE VIDEO EXPLAINS | YOU TUBE LINK |
|----------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| V 3 | HOW TO GET TREATMENT IN NON-EMPANELLED HOSPITAL IN A MEDICAL EMERGENCY? | https://youtu.be/wCbVxrf6-7U |
| V (S) 32 | WHAT ACTION TO TAKE IN NON-EMERGENCY TO GET TREATMENT IN NON-EMPANELLED HOSPITAL? | https://youtube.com/shorts/qEzybhGrIZU |
| V 46 | HOW TO GET TREATMENT AT GOVT HOSPITAL | https://youtu.be/QkmBmc0nGL0 |

VI) Videos on – POLYCLINIC TREATMENT & MEDICINES

| VIDEO # | WHAT THE VIDEO EXPLAINS | YOU TUBE LINK |
|----------------|-------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| V 7 | MEDICAL TREATMENT OPTIONS AVAILABLE & HOW TO GET AT ECHS? | https://youtu.be/T3SEngHBqAw |
| V 9 | HOW TO GET DOMICILIARY (HOME AID) EQUIPMENT FROM ECHS? | https://youtu.be/hQKchbkzOuY |
| V11 | HOW TO ECHS CONTACTS USING A COMPUTER FROM ANYWHERE? | https://youtu.be/rzOwU6gjV8g |
| V (S) 30 | WHAT ARE THE WORKING HOURS OF POLYCLINICS FOR OPD & GET REFERRAL? | https://youtube.com/shorts/diQeXsxQl6Y |
| V (S) 33 | HOW DO YOU GET 90 DAYS MEDICINES FROM POLYCLINIC? | https://youtube.com/shorts/QYAYMzjeH0o |
| V 45 | HOW TO REGISTER COMPLAINT AT ECHS? | https://youtu.be/Hw89EbCSaj4 |
| V 49 | WHAT CERTIFICATES YOU CAN OBTAIN FROM POLYCLINICS | https://youtu.be/37ZLb8SUSoc |

VII) Videos on – ANNUAL VALIDATION OF ECHS MEMBERSHIP

| VIDEO # | WHAT THE VIDEO EXPLAINS | YOU TUBE LINK |
|----------------|----------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| V 21 | ANNUAL VALIDATION ECHS MEMBERSHIP -- PART 1 | https://youtu.be/Qh35fz0Yimg |
| V 22 | ANNUAL VALIDATION WITH ACTUAL SCREENS -- PART 2 | https://youtu.be/XHpO5gR27i4 |
| V (S) 23 | HOW TO COMPLETE ANNUAL VALIDATION FOR ESM & SPOUSE | https://youtube.com/shorts/pwh-dradsqA |
| V (S) 24 | HOW TO COMPLETE ANNUAL VALIDATION FOR DEPENDENTS? | https://youtube.com/shorts/aOa0ixFkGJk |
| V (S) 26 | HOW TO COMPLETE ANNUAL VALIDATION FOR FAMILY PENSIONER | https://youtube.com/shorts/YDt_t_syXbM |
| V 47 | ANNUAL VALIDATION ECHS MEMBERSHIP-DEPENDENTS, PARENTS & WHITE CARD HOLDERS | https://youtu.be/NakNMfYDGFk |

VIII) Videos on -- REIMBURSEMENT OF CHARGES INCURRED BY BENEFICIARIES

| VIDEO # | WHAT THE VIDEO EXPLAINS | YOU TUBE LINK |
|----------------|----------------------------------------------------------------------------|-------------------------------------------------------------------------|
| V 8 | REIMBURSEMENT APPROVAL USING HIGH POWER COMMITTEE (HPC)? | https://youtu.be/PptemekIV4s |
| V 10 | HOW TO APPLY FOR MEDICINE REIMBURSEMENT USING ONLINE FACILITIES FROM HOME? | https://youtu.be/qM3xan5vUys |

IX) Videos on – GENERAL INFORMATION

| VIDEO # | WHAT THE VIDEO EXPLAINS | YOU TUBE LINK |
|----------------|---------------------------------------|-------------------------------------------------------------------------|
| V 50 | ACRONYMS & ABBREVIATIONS USED IN ECHS | https://youtu.be/RcP50SlizTc |