SeHAT

Services eHealth Assistance & Teleconsultation
A Collaborative Initiative @ HQ IDS

Follow these steps to consult doctor

1. Register — Enter required information at your own time

2. Verification — Report to SeHAT AMA/Doctor with required documents
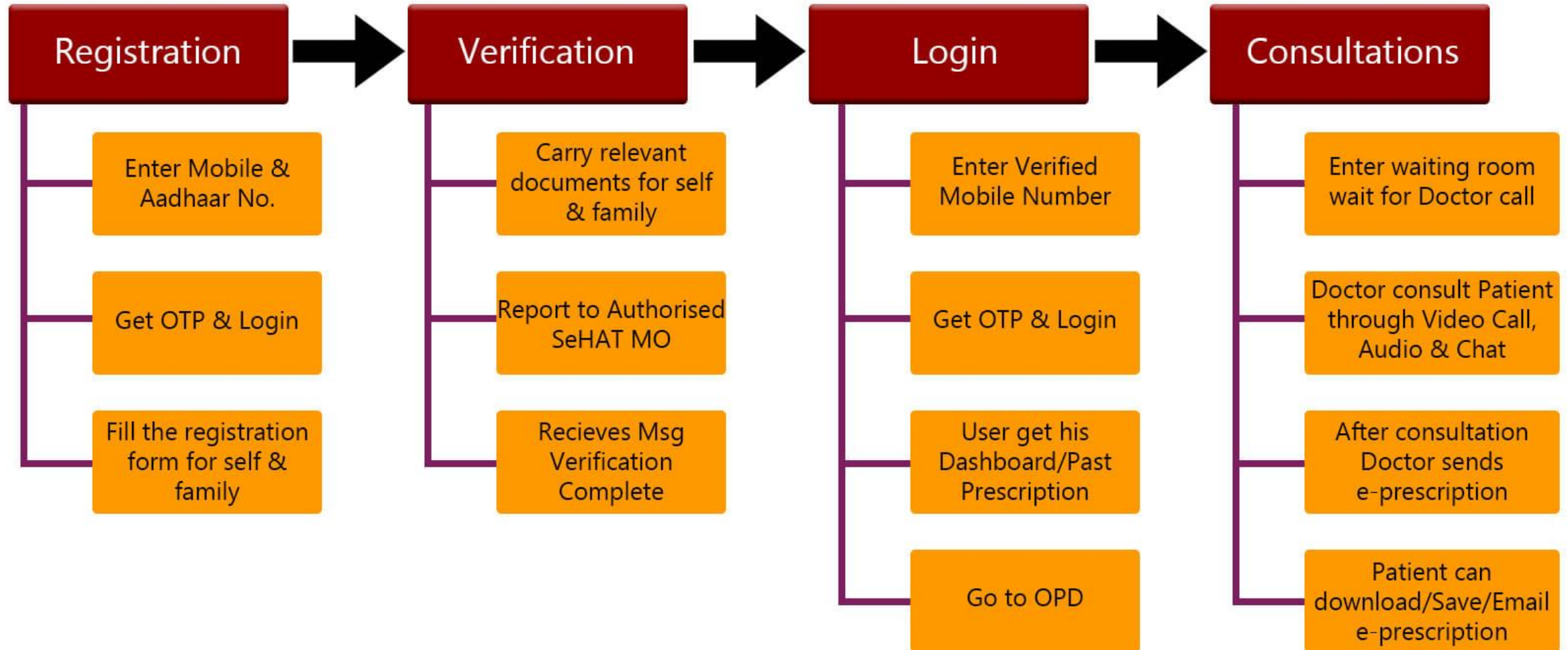
3. Login — Get OTP after verification

4. Consult — Download e Prescription after consulting

WORK FLOW

Registration → **Verification** → **Login** → **Consultations**

Registration
- Enter Mobile & Aadhaar No.
- Get OTP & Login
- Fill the registration form for self & family

Verification
- Carry relevant documents for self & family
- Report to Authorised SeHAT MO
- Recieves Msg Verification Complete

Login
- Enter Verified Mobile Number
- Get OTP & Login
- User get his Dashboard/Past Prescription
- Go to OPD

Consultations
- Enter waiting room wait for Doctor call
- Doctor consult Patient through Video Call, Audio & Chat
- After consultation Doctor sends e-prescription
- Patient can download/Save/Email e-prescription

PATIENT REGISTRATION

Step 1:

Enter your mobile number and adhaar number click the **Send OTP** button to receive an OTP via SMS.

Note: If you **do not** receive an OTP within 5 minutes, click the **Resend OTP** button to get a new OTP. The OTP is only valid for 15 minutes from issue.

PATIENT REGISTRATION

SeHAT OPD
STAY HOME OPD

सर्वे सन्तु निरामयाः

Patient Registration

Personal Details

First Name*

Aadhaar No.*
553551200309

Last Name*

Email

Gender*

Mobile*
9650101961

Select Service*

DOB (DD/MM/YYYY)*

Command*

Add Family Member

Register

Follow these steps to call doctor

1. Verify — Enter Aadhar and mobile number
2. Login — Get OTP and Login
3. Upload — Upload documents/old Prescriptions
4. Consult — Download e Prescription after consulting

o Registrants are advised to keep the AADHAR Card of Self and dependents ready at the time of his/her registration.

o Functional Mobile numbers to receive OTP

o Register your dependents by clicking on Add Family Member

VERIFICATION BY AMA

Step 2 – Approval of SeHAT Authorized Medical Attendant.

o You should get your registration approved by SeHAT approved authorized medical officer by physically getting your documents verified. The documents which should be carried by you to SeHAT AMA will be- Aadhar cards of you and your family, mobile numbers and identity cards.

o ECHS members will require to take their ECHS cards.

o It is only after approval would you be able to use SeHAT.
o You can now log in to the SeHAT OPD website

Step 3: Logging in to SeHAT OPD

Logging in to SeHAT OPD is a straightforward process.

1. Visit https://www.ids.sehatopd.in
2. Click the Patient Login button The Patient Login dialog displays
3. Enter your mobile number and Token number, then click the Login button to log in.

GENERATE TOKEN

Services eHealth Assistance & Teleconsultation (SeHAT)

रक्षा मंत्रालय
MINISTRY OF
DEFENCE
सत्यमेव जयते

SeHAT OPD
STAY HOME OPD

सर्वे सन्तु निरामयाः

- Dashboard
- Generate Token
- Past Prescriptions

Dependents' Details

Primary User

Name : Lalita Joshi
Service : AIR FORCE(AF)
Command: Western Air Command

Mobile : 9650101961
Aadhaar Number : XXXXXXXX0309

Approved Patients

Patient Name	Gender	Mobile	Aadhaar No.	DOB	Relation
Shalini Joshi	Female	8787504972	XXXXXXXX2345	02 Jun 1999	Daughter

Generate Token

TELECONSULTATION

<u>Step 4</u>: Teleconsultation

1. Once you have successfully logged in, and press 'go to OPD' button' you will be added to a queue of patients in the consultation room. Wait for your turn and let the Call Now button to get activated once a doctor is available.

1. If you have any existing health records such as a test result, x-ray reports etc, you can still attach these files in the Patient Details section using the Choose File button.

1. Once the Call Now button is activated, you must click the button within thirty seconds, otherwise, your token will be added back to the queue.

TELECONSULTATION (CONTD)

Step 4: Teleconsultation Contd

4. When you click on Call Now, a dialog will pop-up, prompting you to allow access to the camera and the microphone of the device that you are using. Click Allow/Accept.

4. Once the doctor answers your call, you will be able to see the doctor's video and interact with the doctor using the microphone on your device

4. If you wish to type any details for the doctor, you can do so using Type a message in the chat window at the bottom of your videoconferencing screen.

PAST PRESCRIPTIONS

THANK YOU