"HELPING HANDS FOR ECHS" YOU TUBE CHANNEL

LIST OF YOU TUBE VIDEOS DEVELOPED & LAUNCHED

<u>By</u> Commander V K Santhanam (Retd)

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By Commander V K Santhanam (Retd) @ Bengaluru

V (S) # means - You Tube SHORTS Video of less than 1 min duration V # - Videos more than 1 min duration

I) Videos on -- INTRODUCTION TO HELPING HANDS FOR ECHS

VIDEO #	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
V 1	LAUNCHING OF MY YOU TUBE CHANNEL - HELPING HANDS FOR ECHS ON 10 MAY 2022	https://youtu.be/uOVZpU-DHic
V(S) 16	MANY THANKS FOR YOUR SUPPORT & FEEDBACK	https://youtube.com/shorts/d5GRJHwYgoE
V 36	YOUR FEEDBACK REQUESTED ON VIDEOS	https://youtube.com/shorts/7adqVirRNG8
V 50	ACRONYMS & ABBREVIATIONS USED IN ECHS	https://youtu.be/RcP50SlizTc
V 59	HOW TO USE HELPING HANDS FOR ECHS FACILITIES & BENEFIT	https://youtu.be/02IZbmYSfLk
V 72	SUB TITLES FOR YOU TUBE VIDEO – STEP BY STEP GUIDE	https://youtu.be/vasoub6QIZg
V 75	Q & A YOU TUBE LIVE SESSION # 2 – 24 SEP 2023	https://youtube.com/shorts/CW0JR_zkB1c

II) Videos on -- ECHS CARD

VIDEO #	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
V 5	64 kB CARD - HOW TO APPLY – REGISTRATION TO RECEIPT OF CARD?	https://youtu.be/bZF3vdILygY
V 6	64 kB CARD - ONLINE FACILITIES AVAILABLE FOR BENEFICIARIES?	https://youtu.be/hvzaOFFjOzk
V(S) 18	HOW TO IDENTIFY THE ECHS CARD YOU ARE HAVING? 16, 32 AND 64 kB Card	https://youtube.com/shorts/P4akZYrcNVo
V (S) 19	HOW TO ACTIVATE 64 KB CARD ON RECEIVING IT ?	https://youtube.com/shorts/WJGNN3fUuog
V (S) 20	WHAT ACTION TO TAKE WHEN YOUR 64 kB CARD IS NOT WORKING?	https://youtube.com/shorts/IQhKZEThEP4
V 25	HOW TO GET YOUR 64 kB CARD TRANSFERRED TO YOUR NEW RESIDENCE LOCATION / CITY?	https://youtu.be/9YV3R1TdRRc
V 27	HOW TO COMPLETE EMERGENCY APPLICATION FOR 64 kB CARD USING GUEST USER FACILITY?	https://youtu.be/mzWVauCkBCI
V 28	WHAT ACTION YOU CAN TAKE WHEN YOU FORGOT PASSWORD FOR echs.sourceinfosys.com SITE	https://youtu.be/kRP7kfLCwFs
V (S) 29	HOW TO IDENTIFY 16 KB & 32 KB CARDS (BOTH CARDS NOT USABLE WEF 1 DEC 22)?	https://youtube.com/shorts/qRkjv-2SmyM

V (S) 34	WHAT ACTION DO YOU TAKE IN CASE OF DEMISE OF ECHS BENEFICIARY?	https://youtube.com/shorts/Cmkh1fJGE
V(S) 38	HOW TO CORRECT DATA PRINTED ON YOUR 64 kB CARD?	https://youtube.com/shorts/t5aaOl68eGo
V 39	HOW TO SET NEW PASSWORD FOR 64 KB CARD SITE – WHEN YOU FORGOT LOGIN PASSWORD & ANS ANSWERS TO 2 SECURITY QUESTIONS?	https://youtu.be/kMjNFj01zjA
V(S) 44	DID YOU KNOW? 09 USEFUL FEATURES WITH 64 kB CARD	https://youtube.com/shorts/PhMAi7PP3X0
V 52	USE OF ON LINE TY SLIP TO GET ECHS SERVICES	https://youtu.be/euKiJJoTbl4'
V 61	HOW TO CHANGE MOBILE NUMBER LINKED TO ECHS 64 KB CARD	https://youtu.be/3Ky3OsmJcVA
V (S) 62	ECHS CARD TY SLIP & LIMITED FEATURES	https://youtube.com/shorts/uVcwHMtfKQA
V 63	ELIGIBILITY FOR ECHS MEMBERSHIP	https://youtu.be/h2v0mFXolxA
V 71	LOST 64 KB ECHS CARD. DON'T WORRY – SEE THIS VIDEO	https://youtu.be/ruYLIRRx0Ag
V 74	ECHS MEMBERSHIP – SSCO – ECO – PMR & WW II VETERANS & NON PENSIONERS	https://youtu.be/7OQL9L7X_8E
V (S) 78	NO ANNUAL VALIDATION FOR WHITE CARD HOLDERS	https://youtube.com/shorts/nLDRpgrVM7w
V 87	V 87 - HOW TO CHANGE DATA ON 64 KB CARD UNDER USE	https://youtu.be/oIEdnMldyWc
V 88	ECHS CARD – ACTIONS ON DEMISE & INELIGIBILITY	https://youtu.be/EHniOlCTlyQ
V (S) 101	SIMPLER STEPS TO CHANGE MOBILE NUMBER OF ESM & SPOUSE	https://youtube.com/shorts/4cjklAPyF1k

III) Videos on -- MEDICAL TREATMENT AT EMPANELLED HOSPITAL

VIDEO #	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
V 2	HOW TO GET TREATMENT IN EMPANELLED HOSPITAL IN A MEDICAL EMERGENCY?	https://youtu.be/eHrFSMWSUF0
V 4	WHAT IS ECHS REFERRAL SYSTEM ? START TO FINISH	https://youtu.be/gpbmgR3jiLA
V 12	FACILITIES FOR 75 YEARS & ABOVE - DIRECT OPD AT EMPANELLED HOSPITALS	https://youtube.com/shorts/9cB66xWlo9Y
V 13	HOW TO GET CASHLESS TREATMENT AT EMPANELLED HOSPITAL?	https://youtube.com/shorts/IXKzr1mMFmg
V (S)14	MEDICAL EMERGENCY - WHAT SHOULD YOU DO?	https://youtube.com/shorts/OpgxcJ1u6kQ

V (S) 15	HOW TO GET EXTENSION OF STAY WHEN	https://youtube.com/shorts/7zTDKrWSK_I
	ADMITTED IN AN EMPANELLED HOSPITAL	
V (S) 17	WHAT ACTIONS YOU NEED TO TAKE ON	https://youtube.com/shorts/2DU5r1mMRDs
	DISCHARGE FROM AN EMPANELLED	
	HOSPITAL	
V (S) 31	WHEN A REFERRAL IS NOT REQUIRED FOR	https://youtube.com/shorts/LFjIZKS9ghI
	OPD?	
V 35	HOW TO FIND EMPANELLED HOSPITALS ANY	https://youtu.be/Ru_A2wRMG2A
	CITY – ANYWHERE – ANYTIME?	
V 41	SYMPTOMATIC EMERGENCY MEDICAL	https://youtu.be/AudByROr86k
	CONDITION – HOW TO GET DAY CARE	
	TREATMENT IN EH?	
V(S) 43	DO NOT RUN AROUND FOR UNLISTED	https://youtube.com/shorts/RveelgXbdXw
	PROCEDURE & EXTN OF STAY APPROVAL AT	
	EMPANELLED HOSPITAL	
V 51	WHEN CAN A BENEFICIARY GET A REFERRAL	https://youtu.be/8IARyH7tYis
	VALID FOR 06 MONTHS ?	
V (S) 53	No Need to submit Dependent Certificate for	https://youtube.com/shorts/SbuoCIT-wU0
	Treatment in emp Hospital	
V – 56	EMPANELLED HOSPITAL UNABLE TO ACCEPT	https://youtu.be/WPcpZw9unrM
	REFERRAL	
V – 57	APPX A WHEN NEEDED & NOT NEEDED TO BE	https://youtu.be/BiNtqqx496Q
	INITIATED BY EMPANELLED HOSPITAL	
V (S) 64	PAY & GET TREATED AT EMPANELLED	https://youtube.com/shorts/CTCcRno-gAo
	HOSPITAL. PAYMENT NOT REIMBURSABLE	
V(S) 65	OIC POLYCLINIC CAN ISSUE REFERRAL IN THE	https://youtube.com/shorts/VaPdR93F-jk
	ABSENCE OF MEDICAL OFFICER AT	
	POLYCLINIC	
V 77	TREATMENT @ OUTSTATION MILITARY &	https://youtu.be/BgvH-jweiBk
	EMPANELLED HOSPITAL	

IV) Videos on -- MEDICAL TREATMENT AT SERVICE HOSPITAL (AFMS)

VIDEO #	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
V37	HOW TO BOOK AFMS SPECIALISTS APPOINTMENT USING ORS?	https://youtu.be/e2H5GrICtq8
V42	WHO IS ELIGIBLE TO GET TREATMENT AT AFMS HOSPITAL?	https://youtu.be/4B6rRqp-sVI
V 48	TREATMENT AT AFMS HOSPITAL % 100 % REIMBURSEMENT	https://youtu.be/G6rslaBvth4
V (S) 58	75 YEARS PLUS – NO REFERRAL REQD FOR OPD & INVESTIGATIONS	https://youtube.com/shorts/mhqBhhmnpsg
V 69	COMPOSITE REFERRAL FROM POLYCLINIC – ADVISORY FROM CO ECHS	https://youtu.be/SvY5fO1Zdi4

V) Videos on - MEDICAL TREATMENT AT NON-EMPANELLED & GOVT HOSPITAL

VIDEO #	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
V 3	HOW TO GET TREATMENT IN NON- EMPANELLED HOSPITAL IN A MEDICAL	https://youtu.be/wCbVxrf6-7U
	EMERGENCY?	
V (S) 32	WHAT ACTION TO TAKE IN NON-EMERGENCY	https://youtube.com/shorts/qEzybhGrIZU
	TO GET TREATMENT IN NON-EMPANELLED	
	HOSPITAL?	
V 46	HOW TO GET TREATMENT AT GOVT HOSPITAL	https://youtu.be/QkmBmc0nGL0

VI) Videos on – MEDICAL TREATMENT AT POLYCLINIC & OBTAINING MEDICINES

1//050	WILLIAM THE VIDEO EVEL AIMO	VOLLTUDE LINUX
VIDEO	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
#		
V 7	MEDICAL TREATMENT OPTIONS AVAILABLE &	https://youtu.be/T3SEngHBqAw
	HOW TO GET AT ECHS?	
V 9	HOW TO GET DOMICILIARY (HOME AID)	https://youtu.be/hQKchbkzOuY
	EQUIPMENT FROM ECHS?	
V11	HOW TO ECHS CONTACTS USING A	https://youtu.be/rzOwU6gjV8g
	COMPUTER FROM ANYWHERE?	
V (S) 30	WHAT ARE THE WORKING HOURS OF	https://youtube.com/shorts/diQeXsxQI6Y
	POLYCLINICS FOR OPD & GET REFERRAL?	
V (S) 33	HOW DO YOU GET 90 DAYS MEDICINES	https://youtube.com/shorts/QYAYMzjeH0o
	FROM POLYCLINIC?	
V 45	HOW TO REGISTER COMPLAINT AT ECHS?	https://youtu.be/Hw89EbCSaj4
V 49	WHAT CERTIFICATES YOU CAN OBTAIN FROM	https://youtu.be/37ZLb8SUSoc
	POLYCLINICS	
V – 55	MEDICINES FROM ECHS	https://youtu.be/MILTd3t-arA
V (S) 67	DID YOU KNOW? A REPRESENTATIVE CAN	https://youtube.com/shorts/1SbRK4u_2F4
	COLLECT YOUR CT MEDICINES	
V (S) 68	MONTHLY MEETINGS AT YOUR POLYCLINIC	https://youtube.com/shorts/SXOj95Pk9YI
	BY OIC	
V 73	DEMYSTIFYING MEDICAL ABBREVIATIONS IN	https://youtu.be/bCZ5psgczD0
	YOUR PRESCRIPTION	
V (S) 89	COLLECT DOMICILIARY EQUIPMENT	https://youtube.com/shorts/jKFpe3tWVLg
	AUTHORISED WITHIN 60 DAYS	

VII) Videos on – ANNUAL VALIDATION OF ECHS MEMBERSHIP

VIDEO #	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
V 21	ANNUAL VALIDATION ECHS MEMBERSHIP PART 1	https://youtu.be/Qh35fz0Yjmg
V 22	ANNUAL VALIDATION WITH ACTUAL SCREENS PART 2	https://youtu.be/XHpO5gR27i4

V (S) 23	HOW TO COMPLETE ANNUAL VALIDATION	https://youtube.com/shorts/pwh-dradsgA
	FOR ESM & SPOUSE	
V (S) 24	HOW TO COMPLETE ANNUAL VALIDATION	https://youtube.com/shorts/aOa0ixFkGJk
	FOR DEPENDENTS?	
V (S) 26	HOW TO COMPLETE ANNUAL VALIDATION	https://youtube.com/shorts/YDt_t_syXbM
	FOR FAMILY PENSIONER	
V 47	ANNUAL VALIDATION ECHS MEMBERSHIP-	https://youtu.be/NakNMfYDGFk
	DEPENDENTS, PARENTS & WHITE CARD	
	HOLDERS	
V (S) 78	NO ANNUAL VALIDATION FOR WHITE CARD	https://youtube.com/shorts/nLDRpgrVM7w
	HOLDERS	
V (S) 93	ONLY FORM 26 AS IS ALLOWED IF HAVING	https://youtube.com/shorts/JzV0lBkFMq8
	PAN CARD	

VIII) Videos on -- REIMBURSEMENT OF CHARGES INCURRED BY BENEFICIARIES

#	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
V 8	REIMBURSEMENT APPROVAL USING HIGH	https://youtu.be/PptemekIV4s
	POWER COMMITTEE (HPC)?	
V 10	HOW TO APPLY FOR MEDICINE	https://youtu.be/qM3xan5vUys
	REIMBURSEMENT USING ONLINE FACILITIES	
	FROM HOME?	
V(S) 54	PURCHASE & REIMBURSEMENT OF NA	https://youtube.com/shorts/Lul0rNeu-ys
	MEDICINES FROM MARKET	
V 60	HOW TO FIND REIMBURSEMENT CLAIM	https://youtu.be/WBo3Nles5ME
	STATUS & MEANING OF STATUS MESSAGES	
V (S) 66	REIMBURSEMENT CLAIMS CANNOT BE	https://youtube.com/shorts/_A2FHFov-1s
	REJECTED AT ANY LEVEL. DECISION IS WITH	
	CO ECHS	

IX) Videos on – ECHS MOBILE APP

VIDEO #	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
V (S) 76	UPDATED ECHS MOBILE APP	https://youtube.com/shorts/uoldvBtPezE
V 79	INTRODUCTION – INSTALLATION & REGISTRATION	https://youtu.be/gHxDOihavpA
V 80	FIND ECHS CONTACTS, CLAIM STATUS & 64 kB CARD STATUS	https://youtu.be/WOr5HA29Ppw
V 81	HOW TO FIND EMPANELLED HOSPITAL	https://youtu.be/TYdsA-DzP2s
V 82	HOW TO RESET LOGIN PIN WITH OTP & HOW TO LOGIN TO eCLINIC	https://youtu.be/ulTH5XNUXR4
V 83	HOW TO – SEE NOTIFICATION MESSAGES, SMART CARD HISTORY & CHANGE LOGIN PIN WITHOUT OTP	https://youtu.be/eeotkmma7kq
V 84	HOW TO – BOOK / CANCEL APPOINTMENT FOR OPD AT POLYCLINIC	https://youtu.be/5xLOvZk8NVc
V 85	HOW TO - CHANGE YOUR PARENT POLYCLINIC & VIEW REFERRAL HISTORY	https://youtu.be/sLos1V4EaaM

V 86	HOW TO – PROVIDE FEEDBACK ON	https://youtu.be/YH7N4ETj_BA
	POLYCLINIC & EMPANELLED HOSPITAL	
	SERVICES	
V 90 A	SPEEDY GUIDE – HOW TO BOOK OPD @	https://youtu.be/706xh3-3Bx4
	POLYCLINIC APPOINTMENT	

X) Videos on – UNCOVER FACTS - VIDEO SERIES

VIDEO #	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
V 91	UNCOVER FACTS ON ECHS 64 KB CARD	https://youtu.be/46HIY5mguyg
V 92	UNCOVER FACTS ON ECHS EMPANELLED HOSPITALS	https://youtu.be/RguX2qsqvTc
V 94	UNCOVER FACTS ON REFERRAL TO EMPANELLED HOSPITALS	https://youtu.be/J-pVJqm32Kc
V 95	UNCOVER FACTS TREATMENT AT MILITARY HOSPITALS	https://youtu.be/DIaX6LB6PeE
V 96	UNCOVER FACTS TREATMENT AT ECHS POLYCLINICS	https://youtu.be/oh7ttlqz3kQ
V 97	UNCOVER FACTS TREATMENT AT NON EMPANELLED HOSPITALS	https://youtu.be/WRBCWiRajy0
V 98	UNCOVER FACTS TREATMENT AT GOVT HOSPITALS & HOSPITALS OF NATIONAL REPUTE	https://youtu.be/ucu_v6uloOk
V 99	UNCOVER FACTS – ECHS MOBILE APP	https://youtu.be/cO_HnxKQjhg