"HELPING HANDS FOR ECHS" YOU TUBE CHANNEL

LIST OF YOU TUBE VIDEOS DEVELOPED & LAUNCHED

<u>By</u> <u>Commander V K Santhanam (Retd)</u>

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VIDEO # 100 - My Deepest Gratitude to Every One of You

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"HELPING HANDS FOR ECHS" YOU TUBE CHANNEL LIST OF YOU TUBE VIDEOS DEVELOPED & LAUNCHED

By Commander V K Santhanam (Retd) @ Bengaluru

V (S) # means - You Tube SHORTS Video of less than 1 min duration V # - Videos more than 1 min duration

I) Videos on -- INTRODUCTION TO HELPING HANDS FOR ECHS

VIDEO #	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
V 1	LAUNCHING OF MY YOU TUBE CHANNEL -	https://youtu.be/uOVZpU-DHic
	HELPING HANDS FOR ECHS ON 10 MAY 2022	
V(S) 16	MANY THANKS FOR YOUR SUPPORT &	https://youtube.com/shorts/d5GRJHwYgoE
	FEEDBACK	
V 36	YOUR FEEDBACK REQUESTED ON VIDEOS	https://youtube.com/shorts/7adqVirRNG8
V 50	ACRONYMS & ABBREVIATIONS USED IN ECHS	https://youtu.be/RcP50SlizTc
V 59	HOW TO USE HELPING HANDS FOR ECHS	https://youtu.be/02IZbmYSfLk
	FACILITIES & BENEFIT	
V 72	SUB TITLES FOR YOU TUBE VIDEO – STEP BY	https://youtu.be/vasoub6QIZg
	STEP GUIDE	
V 75	Q & A YOU TUBE LIVE SESSION # 2 – 24 SEP	https://youtube.com/shorts/CW0JR zkB1c
	2023	
V 111	V 111 - YOUR QUERIES & ANSWERS IN	https://youtu.be/S2tqV5k8Dh4
	YOUTUBE VIDEOS	

II) Videos on -- ECHS CARD

VIDEO #	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
V 5	64 kB CARD - HOW TO APPLY – REGISTRATION TO RECEIPT OF CARD?	https://youtu.be/bZF3vdlLygY
V 6	64 kB CARD - ONLINE FACILITIES AVAILABLE FOR BENEFICIARIES?	https://youtu.be/hvzaOFFjOzk
V(S) 18	HOW TO IDENTIFY THE ECHS CARD YOU ARE HAVING? 16, 32 AND 64 kB Card	https://youtube.com/shorts/P4akZYrcNVo
V (S) 19	HOW TO ACTIVATE 64 KB CARD ON RECEIVING IT ?	https://youtube.com/shorts/WJGNN3fUuog
V (S) 20	WHAT ACTION TO TAKE WHEN YOUR 64 kB CARD IS NOT WORKING?	https://youtube.com/shorts/IQhKZEThEP4
V 25	HOW TO GET YOUR 64 kB CARD TRANSFERRED TO YOUR NEW RESIDENCE LOCATION / CITY?	https://youtu.be/9YV3R1TdRRc
V 27	HOW TO COMPLETE EMERGENCY APPLICATION FOR 64 kB CARD USING GUEST USER FACILITY?	https://youtu.be/mzWVauCkBCI
V 28	WHAT ACTION YOU CAN TAKE WHEN YOU FORGOT PASSWORD FOR echs.sourceinfosys.com SITE	https://youtu.be/kRP7kfLCwFs

V (S) 29	HOW TO IDENTIFY 16 KB & 32 KB CARDS (BOTH CARDS NOT USABLE WEF 1 DEC 22)?	https://youtube.com/shorts/qRkjv-2SmyM
V (S) 34	WHAT ACTION DO YOU TAKE IN CASE OF DEMISE OF ECHS BENEFICIARY?	https://youtube.com/shorts/Cmkh1fJGE
V(S) 38	HOW TO CORRECT DATA PRINTED ON YOUR 64 kB CARD?	https://youtube.com/shorts/t5aaOl68eGo
V 39	HOW TO SET NEW PASSWORD FOR 64 KB CARD SITE – WHEN YOU FORGOT LOGIN PASSWORD & ANS ANSWERS TO 2 SECURITY QUESTIONS?	https://youtu.be/kMjNFj01zjA
V(S) 44	DID YOU KNOW? 09 USEFUL FEATURES WITH 64 kB CARD	https://youtube.com/shorts/PhMAi7PP3X0
V 52	USE OF ON LINE TY SLIP TO GET ECHS SERVICES	https://youtu.be/euKiJJoTbl4'
V 61	HOW TO CHANGE MOBILE NUMBER LINKED TO ECHS 64 KB CARD	https://youtu.be/3Ky3OsmJcVA
V (S) 62	ECHS CARD TY SLIP & LIMITED FEATURES	https://youtube.com/shorts/uVcwHMtfKQA
V 63	ELIGIBILITY FOR ECHS MEMBERSHIP	https://youtu.be/h2v0mFXolxA
V 71	LOST 64 KB ECHS CARD. DON'T WORRY – SEE THIS VIDEO	https://youtu.be/ruYLIRRx0Ag
V 74	ECHS MEMBERSHIP – SSCO – ECO – PMR & WW II VETERANS & NON PENSIONERS	https://youtu.be/7OQL9L7X_8E
V (S) 78	NO ANNUAL VALIDATION FOR WHITE CARD HOLDERS	https://youtube.com/shorts/nLDRpgrVM7w
V 87	V 87 - HOW TO CHANGE DATA ON 64 KB CARD UNDER USE	https://youtu.be/oIEdnMldyWc
V 88	ECHS CARD – ACTIONS ON DEMISE & INELIGIBILITY	https://youtu.be/EHniOlCTlyQ
V (S) 101	SIMPLER STEPS TO CHANGE MOBILE NUMBER OF ESM & SPOUSE	https://youtube.com/shorts/4cjklAPyF1k

III) Videos on -- MEDICAL TREATMENT AT EMPANELLED HOSPITAL

VIDEO #	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
V 2	HOW TO GET TREATMENT IN EMPANELLED	https://youtu.be/eHrFSMWSUF0
V 4	HOSPITAL IN A MEDICAL EMERGENCY? WHAT IS ECHS REFERRAL SYSTEM?	https://youtu.be/gpbmgR3jiLA
V 4	START TO FINISH	mtps://youtu.be/gpb/mgK3/iEA
V 12	FACILITIES FOR 75 YEARS & ABOVE - DIRECT	https://youtube.com/shorts/9cB66xWlo9Y
	OPD AT EMPANELLED HOSPITALS	
V 13	HOW TO GET CASHLESS TREATMENT AT EMPANELLED HOSPITAL?	https://youtube.com/shorts/IXKzr1mMFmg
V (S)14	MEDICAL EMERGENCY - WHAT SHOULD YOU DO?	https://youtube.com/shorts/OpqxcJ1u6kQ
V (S) 15	HOW TO GET EXTENSION OF STAY WHEN	https://youtube.com/shorts/7zTDKrWSK_I
	ADMITTED IN AN EMPANELLED HOSPITAL	
V (S) 17	WHAT ACTIONS YOU NEED TO TAKE ON	https://youtube.com/shorts/2DU5r1mMRDs
, ,	DISCHARGE FROM AN EMPANELLED	
	HOSPITAL	
V (S) 31	WHEN A REFERRAL IS NOT REQUIRED FOR OPD?	https://youtube.com/shorts/LFjlZKS9ghl
V 35	HOW TO FIND EMPANELLED HOSPITALS ANY	https://youtu.be/Ru_A2wRMG2A
V 33	CITY – ANYWHERE – ANYTIME?	nteps://youtuiss/ita/newithou/i
V 41	SYMPTOMATIC EMERGENCY MEDICAL	https://youtu.be/AudByROr86k
	CONDITION – HOW TO GET DAY CARE	
	TREATMENT IN EH?	
V(S) 43	DO NOT RUN AROUND FOR UNLISTED	https://youtube.com/shorts/RveelgXbdXw
	PROCEDURE & EXTN OF STAY APPROVAL AT	
	EMPANELLED HOSPITAL	
V 51	WHEN CAN A BENEFICIARY GET A REFERRAL	https://youtu.be/8IARyH7tYis
	VALID FOR 06 MONTHS ?	
V (S) 53	No Need to submit Dependent Certificate for	https://youtube.com/shorts/SbuoCIT-wU0
	Treatment in emp Hospital	
V – 56	EMPANELLED HOSPITAL UNABLE TO ACCEPT	https://youtu.be/WPcpZw9unrM
	REFERRAL	
V – 57	APPX A WHEN NEEDED & NOT NEEDED TO BE	https://youtu.be/BiNtqqx496Q
1/(0) 00	INITIATED BY EMPANELLED HOSPITAL	111 11 11 11 11 11 11 11
V (S) 64	PAY & GET TREATED AT EMPANELLED	https://youtube.com/shorts/CTCcRno-gAo
1//61 65	HOSPITAL. PAYMENT NOT REIMBURSABLE	https://www.hearance/elegate/h/updp025.il-
V(S) 65	OIC POLYCLINIC CAN ISSUE REFERRAL IN THE	https://youtube.com/shorts/VaPdR93F-jk
	ABSENCE OF MEDICAL OFFICER AT	
V 77	POLYCLINIC TREATMENT @ OUTSTATION MILITARY &	https://youtu.be/BgvH-jweiBk
V //	EMPANELLED HOSPITAL	ittps://youtu.be/bgvn-jweibk
V (S)	WHO SHOULD BE CONTACTED TO HELP -	https://youtube.com/shorts/AZVqbUN6IA4
104	DIFFICULTIES FACED AT EMPANELLED	
	HOSPITAL	
V 107	GeoTagging BY EMPANELLED HOSPITAL &	https://youtu.be/6ta8RjUD_sU
	WHAT ECHS BENEFICIARY NEED TO KNOW	
V 108	REFERRAL & TREATMENT AT EMPANELLED	https://youtu.be/NCuHa5H8UBA
	HOSPITAL - REVISED BENEFICIARY FRIENDLY	
	POLICY-	

IV) Videos on -- MEDICAL TREATMENT AT SERVICE HOSPITAL (AFMS)

VIDEO	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
#		
V37	HOW TO BOOK AFMS SPECIALISTS	https://youtu.be/e2H5GrICtg8
	APPOINTMENT USING ORS?	
V42	WHO IS ELIGIBLE TO GET TREATMENT AT	https://youtu.be/4B6rRqp-sVI
	AFMS HOSPITAL?	
V 48	TREATMENT AT AFMS HOSPITAL % 100 %	https://youtu.be/G6rslaBvth4
	REIMBURSEMENT	
V (S) 58	75 YEARS PLUS – NO REFERRAL REQD FOR	https://youtube.com/shorts/mhqBhhmnpsg
	OPD & INVESTIGATIONS	
V 69	COMPOSITE REFERRAL FROM POLYCLINIC –	https://youtu.be/SvY5fO1Zdi4
	ADVISORY FROM CO ECHS	

V) Videos on - MEDICAL TREATMENT AT NON-EMPANELLED & GOVT HOSPITAL

VIDEO	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
#		
V 3	HOW TO GET TREATMENT IN NON-	https://youtu.be/wCbVxrf6-7U
	EMPANELLED HOSPITAL IN A MEDICAL	
	EMERGENCY?	
V (S) 32	WHAT ACTION TO TAKE IN NON-EMERGENCY	https://youtube.com/shorts/qEzybhGrIZU
	TO GET TREATMENT IN NON-EMPANELLED	
	HOSPITAL?	
V 46	HOW TO GET TREATMENT AT GOVT	https://youtu.be/QkmBmc0nGL0
	HOSPITAL	

VI) Videos on – MEDICAL TREATMENT AT POLYCLINIC & OBTAINING MEDICINES

VIDEO #	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
V 7	MEDICAL TREATMENT OPTIONS AVAILABLE & HOW TO GET AT ECHS?	https://youtu.be/T3SEngHBqAw
V 9	HOW TO GET DOMICILIARY (HOME AID) EQUIPMENT FROM ECHS?	https://youtu.be/hQKchbkzOuY
V11	HOW TO ECHS CONTACTS USING A COMPUTER FROM ANYWHERE?	https://youtu.be/rzOwU6giV8g
V (S) 30	WHAT ARE THE WORKING HOURS OF POLYCLINICS FOR OPD & GET REFERRAL?	https://youtube.com/shorts/diQeXsxQI6Y
V (S) 33	HOW DO YOU GET 90 DAYS MEDICINES FROM POLYCLINIC?	https://youtube.com/shorts/QYAYMzjeH0o
V 45	HOW TO REGISTER COMPLAINT AT ECHS?	https://youtu.be/Hw89EbCSaj4
V 49	WHAT CERTIFICATES YOU CAN OBTAIN FROM POLYCLINICS	https://youtu.be/37ZLb8SUSoc
V – 55	MEDICINES FROM ECHS	https://youtu.be/MILTd3t-arA
V (S) 67	DID YOU KNOW? A REPRESENTATIVE CAN COLLECT YOUR CT MEDICINES	https://youtube.com/shorts/1SbRK4u_2F4
V (S) 68	MONTHLY MEETINGS AT YOUR POLYCLINIC BY OIC	https://youtube.com/shorts/SXOj95Pk9YI
V 73	DEMYSTIFYING MEDICAL ABBREVIATIONS IN YOUR PRESCRIPTION	https://youtu.be/bCZ5psgczD0
V (S) 89	COLLECT DOMICILIARY EQUIPMENT AUTHORISED WITHIN 60 DAYS	https://youtube.com/shorts/jKFpe3tWVLg

V 102	HOW TO CHANGE PARENT POLYCLINIC FROM	https://youtu.be/O-W9179CsOY
	COMPUTER OR MOBILE PHONE	
V 105	ECDL AWARENESS VIDEO - ECHS CENTRAL	https://youtu.be/6bBqA9wefyg
	DRUG LIST	
V(S) 109	REIMBURSEMENT OF MEDICINES COST - GST	https://youtube.com/shorts/Hf4QuSjQh3c
	NUMBER NOT MANDATORY ON THE	
	PHARMACY BILL	

VII) Videos on – ANNUAL VALIDATION OF ECHS MEMBERSHIP

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VIDEO	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
#		
V 21	ANNUAL VALIDATION ECHS MEMBERSHIP	https://youtu.be/Qh35fz0Yjmg
	PART 1	
V 22	ANNUAL VALIDATION WITH ACTUAL SCREENS	https://youtu.be/XHpO5gR27i4
V 22	,,	Intps://youtu.be/XIIpoogi\Z114
	PART 2	
V (S) 23	HOW TO COMPLETE ANNUAL VALIDATION	https://youtube.com/shorts/pwh-dradsgA
	FOR ESM & SPOUSE	
V (S) 24	HOW TO COMPLETE ANNUAL VALIDATION	https://youtube.com/shorts/aOa0ixFkGJk
	FOR DEPENDENTS?	
V (S) 26	HOW TO COMPLETE ANNUAL VALIDATION	https://youtube.com/shorts/YDt_t_syXbM
, ,	FOR FAMILY PENSIONER	
V 47	ANNUAL VALIDATION ECHS MEMBERSHIP-	https://youtu.be/NakNMfYDGFk
V 47	7	neepo/youtu.bo/Nunthin 1001 K
	DEPENDENTS, PARENTS & WHITE CARD	
	HOLDERS	
V (S) 78	NO ANNUAL VALIDATION FOR WHITE CARD	https://youtube.com/shorts/nLDRpgrVM7w
	HOLDERS	
V (S) 93	ONLY FORM 26 AS IS ALLOWED IF HAVING	https://youtube.com/shorts/JzV0lBkFMq8
	PAN CARD	
14.461	NO ANNUAL VALIDATION OF CALLS CASS	hus discount has a delicated at the company
V (S)	NO ANNUAL VALIDATION OF 64 kB CARD	https://youtube.com/shorts/phfnNGZu6vs
103	NEEDED FOR DEPENDENTS 80 YEARS &	
	ABOVE	
V (S)	IMPORTANT CLARIFICATION - NO ANNUAL	https://youtube.com/shorts/1wDUiDhRE4w
106	VALIDATION OF 64 kB CARD NEEDED FOR 80	
	YEARS & ABOVE	
	I LAIG & ADOVL	

VIII) Videos on -- REIMBURSEMENT OF CHARGES INCURRED BY BENEFICIARIES

VIDEO #	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
V 8	REIMBURSEMENT APPROVAL USING HIGH POWER COMMITTEE (HPC)?	https://youtu.be/PptemekIV4s
V 10	HOW TO APPLY FOR MEDICINE REIMBURSEMENT USING ONLINE FACILITIES FROM HOME?	https://youtu.be/qM3xan5vUys
V(S) 54	PURCHASE & REIMBURSEMENT OF NA MEDICINES FROM MARKET	https://youtube.com/shorts/Lul0rNeu-ys
V 60	HOW TO FIND REIMBURSEMENT CLAIM STATUS & MEANING OF STATUS MESSAGES	https://youtu.be/WBo3Nles5ME
V (S) 66	REIMBURSEMENT CLAIMS CANNOT BE REJECTED AT ANY LEVEL. DECISION IS WITH CO ECHS	https://youtube.com/shorts/_A2FHFov-1s

IX) Videos on – ECHS MOBILE APP (UPGRADED ECHS MOBILE APP)

VIDEO #	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
V 112	INTRODUCTION - INSTALLATION & REGISTRATION	https://youtu.be/m_RK4GmARLw
V 113	HOW TO FIND EMPANELLED HOSPITAL & CONTACT DETAILS	https://youtu.be/bUAFvItvwNA
V 114	HOW TO FIND REIMBURSEMENT CLAIM STATUS & 64 KB CARD APPLICATION STATUS	https://youtu.be/yfgtE-mQ27Y
V 115	HOW TO LOGIN LOGOUT, CHANGE & RESET PIN	https://youtu.be/1P7ce-0yUAg
V 116	HOW TO BOOK OR CANCEL OPD APPT TO MEET DOCTOR	https://youtu.be/mRpKf9I8sMk
V 117	HOW TO CHANGE POLYCLINIC, BLOCK CARD, CHECK REFERRAL STATUS	https://youtu.be/IP5pZqDhZms

X) Videos on – UNCOVER FACTS - VIDEO SERIES

	-	
VIDEO #	WHAT THE VIDEO EXPLAINS	YOU TUBE LINK
V 91	UNCOVER FACTS ON ECHS 64 KB CARD	https://youtu.be/46HIY5mguyg
V 92	UNCOVER FACTS ON ECHS EMPANELLED HOSPITALS	https://youtu.be/RguX2qsqvTc
V 94	UNCOVER FACTS ON REFERRAL TO EMPANELLED HOSPITALS	https://youtu.be/J-pVJqm32Kc
V 95	UNCOVER FACTS TREATMENT AT MILITARY HOSPITALS	https://youtu.be/DIaX6LB6PeE
V 96	UNCOVER FACTS TREATMENT AT ECHS POLYCLINICS	https://youtu.be/oh7ttlqz3kQ
V 97	UNCOVER FACTS TREATMENT AT NON EMPANELLED HOSPITALS	https://youtu.be/WRBCWiRajy0
V 98	UNCOVER FACTS TREATMENT AT GOVT HOSPITALS & HOSPITALS OF NATIONAL REPUTE	https://youtu.be/ucu_v6uloOk
V 99	UNCOVER FACTS – ECHS MOBILE APP	https://youtu.be/cO_HnxKQjhg
V 110	V 110 - LIVER, LUNG & HEART TRANSPLANT - HOW TO OBTAIN APPROVAL FOR REIMBURSEMENT	https://youtu.be/PVdvBwz3Jj0