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Family and Children with Disabilities

Introduction

**In this article experiences, dilemmas,
and challenges
of parents who have children with
disabilities during birth,
growth, and socialization of
their children will be dealt
with.**

**The purpose of this study
is to explore analyze dilemmas and
experiences of
parents and other members of their
families**

Figure 1.



Materials and

Methods

Study included 30 families of children with disabilities, who followed and treated in national psycho-social center in Tirana.

Interviews were conducted on the premises of the center, over a period of three months.

Total of 30 interviews were conducted with parents and siblings of children with disabilities.

These parents, brothers and sisters of children with disabilities are also observed in relation to each other, with children, other family members, staff of center, during therapy sessions that children develop or obtain other needed services for them.

The survey instrument was semi-structured interviews. Is obtained through a questionnaire necessary information to situations experienced by parents in moments when you are confronted with birth and existence of a child with disabilities, for feedback and ways of coping with this problem over the years, relationship and functioning of their lives the couple, reports and their relationship with children and other family members, social-economic situation of family, educational status and employment of

Resul

ts

Results of this study show that the birth and growth of a child with disabilities for parents can be described as a process of loss and sorrow too great.

Their families often suffer from severe economic crisis, social, and emotional problems.

Having a child with disabilities often increases stress on parents.

Side effects after birth are many health problems that are both physical and mental. In these circumstances, parents find it difficult to pay attention to their other children, family members and relatives.

These families, in most cases, have highlighted the economic problems due to the financial cost of health services for their children with disabilities.

Despite all the obstacles, dilemmas and doubtful feelings that these parents have, they remain committed and faithful to the process of raising and caring for their children with disabilities.

Conclusion

- **Parents should take their responsibilities associated with growth, socialization, education and integration of their child with disabilities, avoiding stress and emotional burdens.**
- **Other children should be clear that their brother or sister have specific needs that require more commitment and attention from parents and other family members.**
- **Parents should prepare their child's integration first within the family environment, being aware of other children's needs and treatment of children with disabilities, but also respecting privacy, desires and lives of other children.**
- **Society should support and encourage parents of children with disabilities being more receptive more**



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Thank you for your attention