



Questions 1-5

Complete the summary below.

Write **NO MORE THAN TWO WORDS AND/OR A NUMBER** from the passage for each answer.

Write your answers in boxes 1-5 on your answer sheet.

Studies at Yale University have shown that a positive attitude can lengthen someone's lifespan by approximately 1..... Another US research team claims to have found a physical reason why this happens. As a result of an eight-year study on 2 male subjects of a certain age, they have noted differences in the 3..... among positive and negative thinkers. This discovery has led them to conclude that positive thinking makes the body's entire 4..... stronger, which, in turn, reduces ageing. Rosalind Wright cites some early research on 5..... in support of this view.

Questions 6-10

Complete each sentence with the correct ending, **A-H**, below.

Write the correct letter, **A-H**, in boxes 6-10 on your answer sheet.

- 6 The writer's reference to Sigmund Freud illustrates the point that
- 7 According to Brice Pitt of Imperial College, London,
- 8 Researchers at the Henley Centre have shown that
- 9 The 1995 Adweek survey found that across the USA
- 10 The psychotherapist Lynn Myers suggests that

- A** optimists have an unrealistic view of life.
- B** long life is also linked to diet and exercise.
- C** excessive optimism may have negative consequences.
- D** optimism has not been considered a worthy research topic.
- E** a hectic lifestyle can lead to poor health.
- F** happiness is not linked to material wealth and comfort.
- G** levels of optimism can decrease with age.
- H** optimism can have a positive effect on pessimists.

Questions 11-13

Do the following statements agree with the claims of the writer in the Reading Passage.

YES *if the statement agrees with the claims of the writers*

NO *if statement contradicts the claims of the writers*

NOT GIVEN *if it is impossible to say what the writers thinks about this.*

11 It has been known for some time that there is a link between optimism and good health.

12 Optimists have better personal relationships with others than pessimists.

13 People who live to be over ninety-five are known to take the same amount of regular exercise.