

Questions 1-5

Complete the summary below.

*Write **NO MORE THAN TWO WORDS AND/OR A NUMBER** from the passage for each answer.*

Write your answers in boxes 1-5 on your answer sheet.

Studies at Yale University have shown that a positive attitude can lengthen someone's lifespan by approximately **1**.....Another US research team claims to have found a physical reason why this happens. As a result of an eight-year study on **2** male subjects of a certain age, they have noted differences in the **3**..... among positive and negative thinkers. This discovery has led them to conclude that positive thinking makes the body's entire **4**..... stronger, which, in turn, reduces ageing. Rosalind Wright cites some early research on **5**..... in support of this view.

Questions 6-10

*Complete each sentence with the correct ending, **A-H**, below.*

Write the correct letter, A-H, in boxes 6-10 on your answer sheet.

6 The writer's reference to Sigmund Freud illustrates the point that

7 According to Brice Pitt of Imperial College, London,

8 Researchers at the Henley Centre have shown that

9 The 1995 Adweek survey found that across the USA

10 The psychotherapist Lynn Myers suggests that

A optimists have an unrealistic view of life.

B long life is also linked to diet and exercise.

C excessive optimism may have negative consequences.

D optimism has not been considered a worthy research topic.

E a hectic lifestyle can lead to poor health.

F happiness is not linked to material wealth and comfort.

G levels of optimism can decrease with age.

H optimism can have a positive effect on pessimists.

Questions 11-13

Do the following statements agree with the claims of the writer in the Reading Passage.

YES *if the statement agrees with the claims of the writers*

NO *if statement contradicts the claims of the writers*

NOT GIVEN *if it is impossible to say what the writers thinks about this.*

11 It has been known for some time that there is a link between optimism and good health.

12 Optimists have better personal relationships with others than pessimists.

13 People who live to be over ninety-five are known to take the same amount of regular exercise.