



## READING PASSAGE 1

### The National Parks of America

America's national parks are one of the country's most remarkable and influential initiatives. The concept of the national park originated in America, though it was quickly replicated by similar parks in Canada, Finland, New Zealand, Australia and elsewhere. **1** The first American national park was Yellowstone, created in 1872. Yellowstone comprises some 3,500 square miles of wilderness and today attracts more than four million visitors a year. **2** Since 1872, nearly 60 additional national parks have been established in the USA, incorporating almost every type of natural environment, from mountains to deserts, lakes, rivers and coastlines. They are administered by the National Parks Service (NPS), which also manages significant monuments and historic structures such as the Statue of Liberty, the Gettysburg Museum and Ford's Theatre, where President Lincoln was assassinated. **3**

The creation of the national parks came in response to a growing attachment to the natural world that was developing in American society. In 1832, the painter George Catlin dreamed of creating 'a nation's park' to preserve the grasslands in the state of South Dakota. Catlin failed to see such a park established in his lifetime, but his vision lived on. Four years later the writer Ralph Waldo Emerson published an important essay entitled 'Nature' in which he argued that natural landscapes should be protected rather than exploited for agriculture and commerce. **5** The campaigner Frederick Olmsted went further, claiming that every American, not only the wealthy and powerful, had the right to access places of natural beauty. The creation of a public park in the Yosemite Valley was directly the result of his work. **6**

The development of the national parks was a process that continued through the late 19th century and the early 20th century. The establishment of the first park at Yellowstone in 1872 was perhaps the defining moment in this process. The Yellowstone national park not only preserved the headwaters of the Mississippi, Colorado and Snake rivers, but also provided a sanctuary for countless endangered species by imposing a ban on hunting in all its forms. **7** Today such an initiative would be commonplace but in these earliest days of the conservation movement, many Americans still regarded it as their right to shoot or trap wild animals.

Yellowstone was followed by Sequoia (1890), Mount Rainier (1899), Crater Lake (1902) and Wind Cave (1903), among many other parks. But while the creation of additional parks enjoyed wide popular support, there were frequent disagreements about their purpose. For some, the primary goal was the protection of the natural world, while for others the parks were about providing public access to nature. These two goals were at times contradictory and led to a variety of competing voices and factions. In recognition of the difficulties of running these vast wilderness areas, their management was for many years placed in the hands of the military, rather than the federal or state government. **8**

The late 19th century was also a time when railroads were being constructed across America. Increasingly, these ran through even the most remote areas, where many parks were located, making tourism possible in these locations for the very first time. **9** While this was welcomed by many park supporters, others were concerned that visitors should appreciate the parks in particular ways. Nathaniel Langford was instrumental in setting up Yellowstone and saw the park as an ideal opportunity for the education of ordinary citizens in all aspects of the natural world and environmental conservation, which was his number one priority. **10**

In the early 20th century, the first really significant development was the setting up of the NPS in 1916. Now for the first time a single body was charged with administering the network and



managing the numerous groups and interests that had a stake in it. Stephen Mather was appointed as the first Superintendent of Parks and under his leadership seven new parks were established, including Grand Canyon, Hawaii and Mount McKinley. However, arguably even more important was Mather's transformation of the hitherto poorly managed finances of the parks. 11

The NPS generally saw the primary role of the parks as being environmental protection. For this reason, most human activities were regulated – farming and forestry were certainly not allowed. However, the controversial decision to permit the construction of dams in national parks was made on the basis that the resulting supplies of water and hydroelectric power would be in the public interest. 12 Certainly, visitor numbers were unaffected as park admissions increased every year. Then in the 1930s the number of visitors expanded dramatically, largely because mass-produced automobiles became affordable, 13 allowing ever more city-dwellers to reach the park network. With this, the national parks assumed a pre-eminent position in the social fabric of America, a legacy that continues to the present day.

## Questions 1 – 6

Choose **TRUE** if the statement agrees with the information given in the text,

Choose **FALSE** if the statement contradicts the information, or

Choose **NOT GIVEN** if there is no information on this.

- 1 America copied the idea of national parks from other countries. **FALSE**
- 2 Yellowstone is the most frequently visited national park in the USA. **NOT GIVEN**
- 3 The NPS is responsible for certain buildings as well as natural landscapes. **TRUE**
- 4 Catlin was criticised by some people for proposing 'a nation's park'. **NOT GIVEN**
- 5 Emerson believed that farms and businesses should be allowed to use land freely. **FALSE**
- 6 Olmsted helped establish a park in the Yosemite Valley **TRUE**

## Questions 7 – 13

Complete the notes. Write **ONE WORD ONLY** from the text in each gap.

### Development of the National Parks

#### Late 19th Century

- in Yellowstone Park, every type of 7 hunting was prohibited
- Yellowstone and other parks were administered by the 8 military
- the development of a railroad system encouraged new kinds of 9 tourism
- Langford believed that public 10 education was the most important role of the parks

#### Early 20th Century

- Mather greatly improved the 11 finances of the parks



- the NPS allowed some 12 dams to be built in national parks
- in the 1930s, the popularity of the parks increased with the availability of 13 automobiles

Words in the questions	Synonyms in the passage
1 copied the idea	(con) originated ; concept
3 certain buildings	Monuments
Natural landscapes	Deserts, lakes, rivers, coastlines
5 farms and businesses	Agriculture and commerce
6 establish a park	The creation of a public park
7 every kind of hunting was prohibited	Hunt in its all forms; put a ban
8 administered by military	In the hands of military
10 public education	Education of ordinary citizens
11 improve finances	Transformation of finances
12 dams to be built	Construction of dams
13 availability of automobiles	Automobiles became affordable

## READING PASSAGE 2

### Achieving a Work-life Balance

*Research suggests that working fewer hours may be beneficial*

A Anthropologists calculate that in the Stone Age, approximately one to two million years ago, the ancestors of modern humans worked on average two or three hours a day hunting and gathering food. 15 This amount of labour was all that was necessary for survival. Today, it's not uncommon to work 50–60 hours a week, and sometimes more. At the same time, there is a substantial body of international research showing that levels of work-related stress have never been higher. However, psychologist Dr Gina McDowell argues that the problem of stress caused by working too many hours still doesn't receive sufficient recognition and ought to be addressed with greater commitment by executives, employees and academics. 21 Dr McDowell is one of many calling for a better work-life balance: spending an appropriate amount of time at work, but leaving sufficient hours in the day to enjoy family, friends and recreations.

B Perhaps leading the search for work-life balance are technology companies, who frequently allow employees greater flexibility in everything from working hours and dress code to office design. Global tech giant MEdia operates what it calls the '20% scheme': its engineers are free to use 20% of their working week (one full day) in any way they want. Ryan Schmidt, the director of human resources at MEdia, says that 'Productivity in the economy generally has increased significantly over the last 50 years but there's a common perception in the workforce that standards of living have not kept pace. Our company intends to turn that around.' 17 Business analyst Carla Deng has made a study of MEdia's 20% scheme and says the results are overwhelmingly positive. Says Deng, 'Our research found that when employees have greater individual choice and responsibility for their work time, they still devote some of those "free" hours to fulfilling their normal working roles. And they also feel a lot happier.' 20

C An alternative approach taken by some other American companies is the four-day week. Ordinarily, Americans work eight hours a day, five days a week, making 40 hours in total. In a four-day week, they work four 10-hour days instead, still completing 40 hours in total but having three days off. In general, several studies have shown benefits, including reduced stress, increased productivity and more fulfilled employees. However, there may also be downsides,