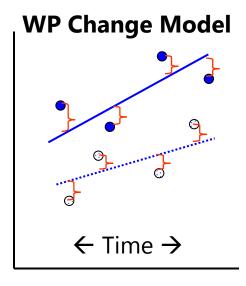
# Time-Varying Predictors in Models of Within-Person Fluctuation

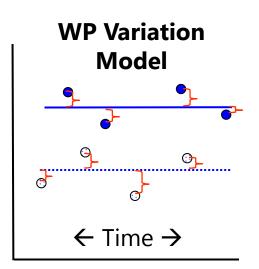
- Today's Class:
  - Effects of Time-Varying Predictors
  - Person-Mean-Centering (PMC)
  - Grand-Mean-Centering (GMC)
  - Model Extensions under PMC vs. GMC

# The Joy of Time-Varying Predictors

TV predictors predict leftover WP (residual) variation:



If model for time works, then residuals should look like this ->



- Modeling time-varying predictors is complicated because they represent an aggregated effect:
  - $\succ$  Effect of the *between-person* variation in the predictor  $x_{ti}$  on Y
  - $\triangleright$  Effect of the within-person variation in the predictor  $x_{ti}$  on Y
  - $\rightarrow$  Here we are assuming the predictor  $x_{ti}$  only **fluctuates** over time...
    - We will need a different model if  $x_{ti}$  changes systematically over time...

## The JOY of Time-Varying Predictors

- Time-varying (TV) predictors usually carry 2 kinds of effects because they are really 2 predictor variables, not 1
- Example: Stress measured daily
  - > Some days are worse than others:
    - WP variation in stress (represented as deviation from own mean)
  - > Some people just have more stress than others all the time:
    - BP variation in stress (represented as person mean predictor over time)
- Can quantify each source of variation with an ICC
  - > ICC = (BP variance) / (BP variance + WP variance)
  - > ICC > 0? TV predictor has BP variation (so it *could* have a BP effect)
  - > ICC < 1? TV predictor has WP variation (so it *could* have a WP effect)

### Between-Person vs. Within-Person Effects

- Between-person and within-person effects in <u>SAME</u> direction
  - > Stress → Health?
    - BP: People with more chronic stress than other people may have worse general health than people with less chronic stress
    - WP: People may feel worse than usual when they are currently under more stress than usual (regardless of what "usual" is)
- Between-person and within-person effects in <u>OPPOSITE</u> directions
  - ➤ Exercise → Blood pressure?
    - BP: People who exercise more often generally have <u>lower</u> blood pressure than people who are more sedentary
    - WP: During exercise, blood pressure is <u>higher</u> than during rest
- Variables have different meanings at different levels!
- Variables have different scales at different levels

## 3 Kinds of Effects for TV Predictors

#### Is the Between-Person (BP) effect significant?

Are people with higher predictor values than other people (on average over time) also higher on Y than other people (on average over time), such that the person mean of the TV predictor accounts for level-2 random intercept variance ( $\tau_{U_0}^2$ )?

#### Is the Within-Person (WP) effect significant?

If you have higher predictor values than usual (at this occasion), do you also have higher outcomes values than usual (at this occasion), such that the within-person deviation of the TV predictor accounts for level-1 residual variance ( $\sigma_e^2$ )?

#### Are the BP and WP effects different sizes: Is there a contextual effect?

- After controlling for the absolute value of TV predictor value at each occasion, is there still an incremental contribution from having a higher person mean of the TV predictor (i.e., does one's general tendency predict  $\tau_{U_0}^2$  above and beyond)?
- > If there is no contextual effect, then the BP and WP effects of the TV predictor show *convergence*, such that their effects are of equivalent magnitude

# Modeling TV Predictors (labeled as $x_{ti}$ )

#### • Level-2 effect of $x_{ti}$ :

- > The level-2 effect of  $x_{ti}$  is usually represented by the person's mean of time-varying  $x_{ti}$  across time (labeled as  $PMx_i$  or  $\overline{X}_i$ )
- > PMx<sub>i</sub> should be centered at a <u>CONSTANT</u> (grand mean or other) so that 0 is meaningful, just like any other time-invariant predictor

#### • Level-1 effect of $x_{ti}$ can be included two different ways:

- → "Group-mean-centering" → "person-mean-centering" in longitudinal, in which level-1 predictors are centered using a level-2 VARIABLE
- ➤ "Grand-mean-centering" → level-1 predictors are centered using a CONSTANT (not necessarily the grand mean; it's just called that)
- $\triangleright$  Note that these 2 choices do NOT apply to the level-2 effect of  $x_{ti}!$ 
  - But the interpretation of the level-2 effect of  $x_{ti}$  WILL DIFFER based on which centering method you choose for the level-1 effect of  $x_{ti}$ !

# Person-Mean-Centering (P-MC)

- In P-MC, we decompose the TV predictor  $x_{ti}$  into 2 variables that directly represent its BP (level-2) and WP (level-1) sources of variation, and include those variables as the predictors instead:
- Level-2, PM predictor = person mean of  $x_{ti}$ 
  - $> PMx_i = \overline{X}_i C$
  - $\rightarrow$  PMx<sub>i</sub> is centered at a constant C, chosen so 0 is meaningful
  - $\rightarrow$  PMx<sub>i</sub> is positive? Above sample mean  $\rightarrow$  "more than other people"
  - $\rightarrow$  PMx<sub>i</sub> is negative? Below sample mean  $\rightarrow$  "less than other people"
- Level-1, WP predictor = deviation from person mean of  $\mathbf{x}_{ti}$ 
  - $ightharpoonup \mathbf{WPx_{ti}} = \mathbf{x_{ti}} \overline{\mathbf{X}_i}$  (note: uncentered person mean  $\overline{X}_i$  is used to center  $x_{ti}$ )
  - > WPx<sub>ti</sub> is NOT centered at a constant; is centered at a VARIABLE
  - $\rightarrow$  WPx<sub>ti</sub> is positive? Above your own mean  $\rightarrow$  "more than usual"
  - $\rightarrow$  WPx<sub>ti</sub> is negative? Below your own mean  $\rightarrow$  "less than usual"

# Within-Person Fluctuation Model with Person-Mean-Centered Level-1 $x_{ti}$

→ WP and BP Effects directly through <u>separate</u> parameters

 $x_{ti}$  is person-mean-centered into WPx<sub>ti</sub>, with PMx<sub>i</sub> at L2:

Level 1: 
$$y_{ti} = \beta_{0i} + \beta_{1i}(WPx_{ti}) + e_{ti}$$

Level 2: 
$$\beta_{0i} = \gamma_{00} + \gamma_{01}(PMx_i) + U_{0i}$$
  

$$\beta_{1i} = \gamma_{10}$$

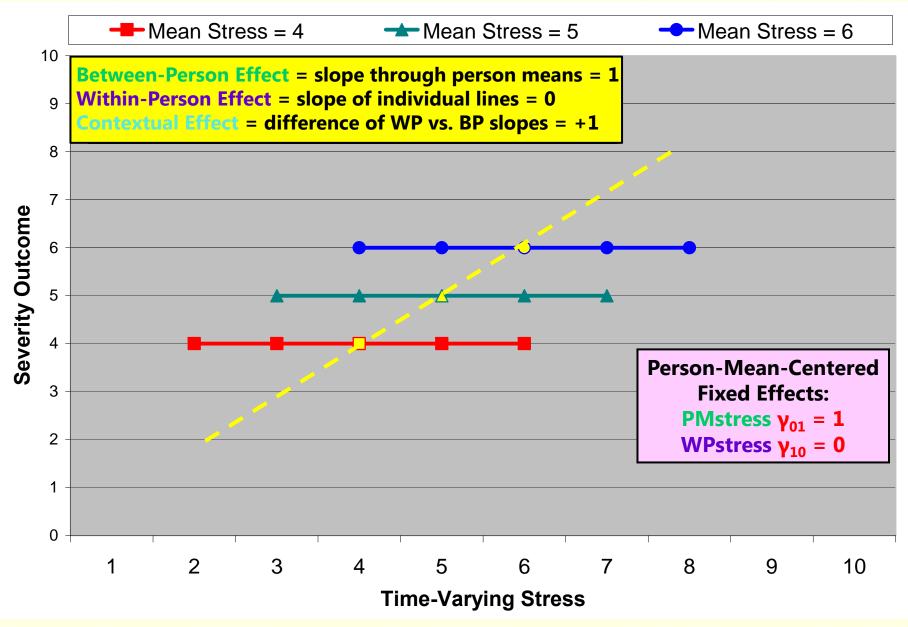
 $PMx_i = \overline{X}_i - C \Rightarrow$  it has only Level-2 BP variation

 $\gamma_{10}$  = WP main effect of having more  $x_{ti}$  than usual

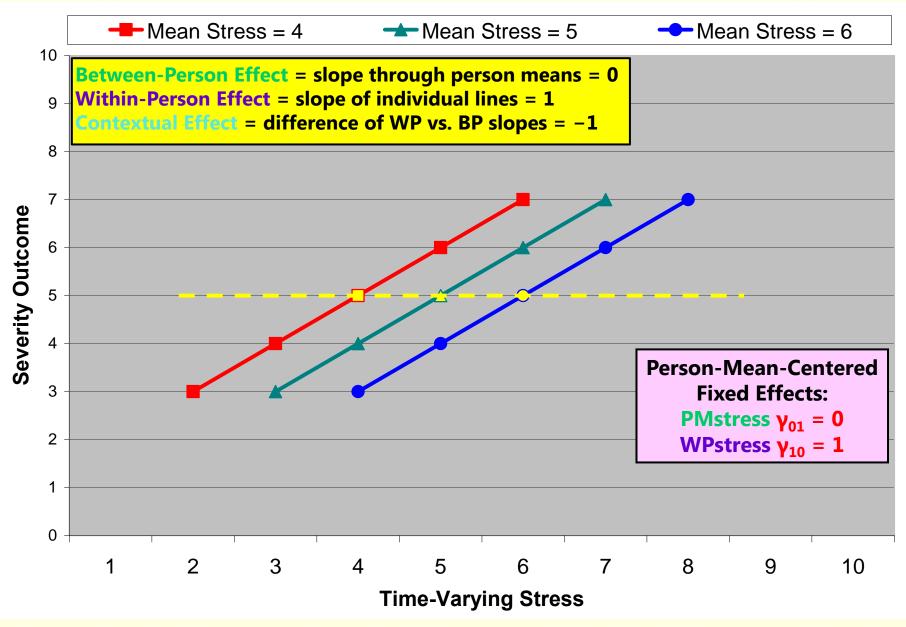
 $\gamma_{01}$  = BP main effect of having more  $\overline{X}_i$  than other people

Because WPx<sub>ti</sub> and PMx<sub>i</sub> are uncorrelated, each gets the <u>total</u> effect for its level (WP=L1, BP=L2)

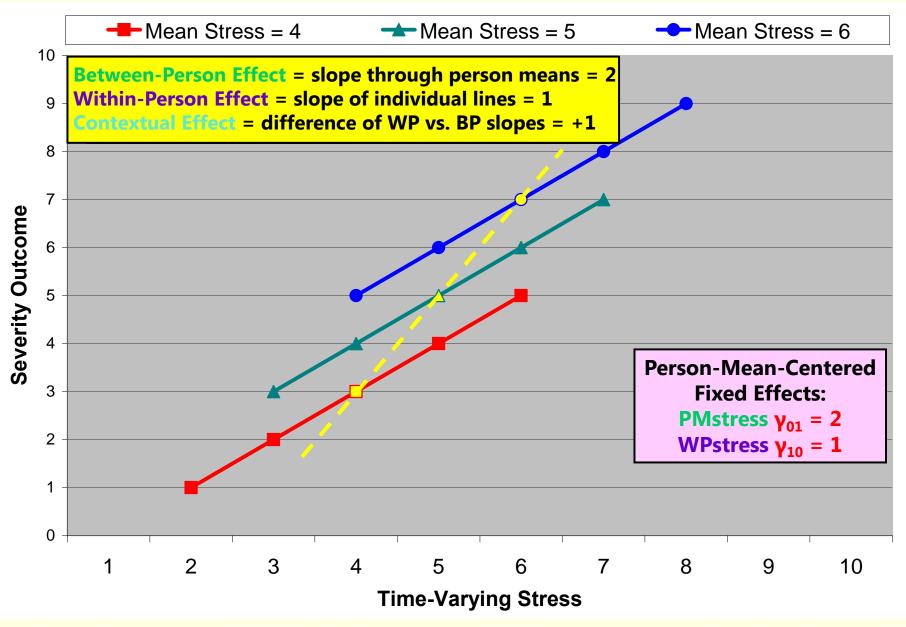
### ALL Between-Person Effect, NO Within-Person Effect



### NO Between-Person Effect, ALL Within-Person Effect



#### Between-Person Effect > Within-Person Effect



# Within-Person Fluctuation Model with Person-Mean-Centered Level-1 $x_{ti}$

→ WP and BP Effects directly through <u>separate</u> parameters

 $x_{ti}$  is person-mean-centered into WPx<sub>ti</sub>, with PMx<sub>i</sub> at L2:

Level 1: 
$$y_{ti} = \beta_{0i} + \beta_{1i}(\mathbf{WPx_{ti}}) + \mathbf{e_{ti}}$$

 $WPx_{ti} = x_{ti} - \overline{X}_i \rightarrow it has$  only Level-1 WP variation

Level 2: 
$$\beta_{0i} = \gamma_{00} + \gamma_{01}(PMx_i) + U_{0i}$$
  
 $\beta_{1i} = \gamma_{10} + \gamma_{11}(PMx_i) + U_{1i}$ 

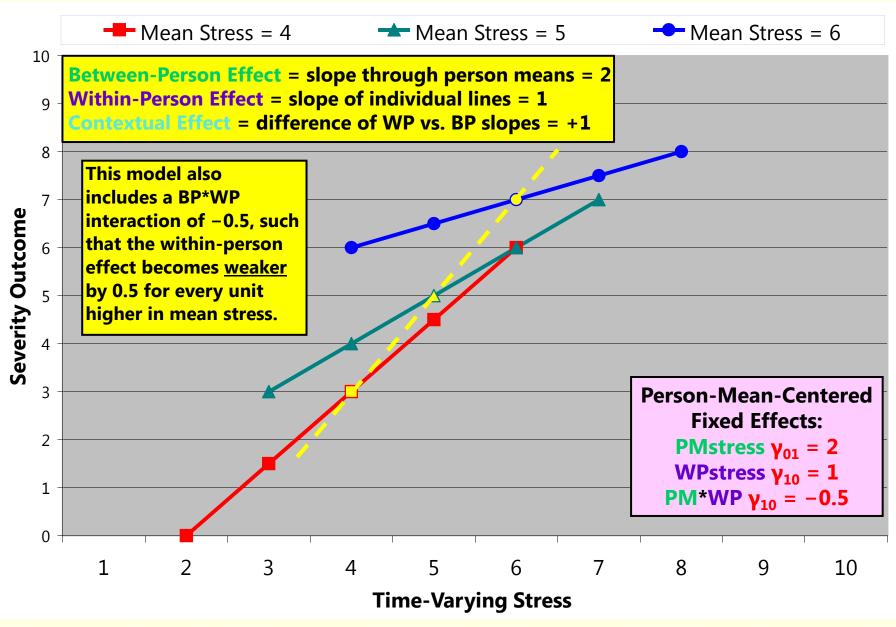
 $PMx_i = \overline{X}_i - C \Rightarrow$  it has only Level-2 BP variation

 $U_{1i}$  is a random slope for the WP effect of  $x_{ti}$ 

 $\gamma_{10}$  = WP simple main effect of having more  $x_{ti}$  than usual for  $PMx_i = 0$   $\gamma_{01}$  = BP simple main effect of having more  $\overline{X}_i$ than other people for people at their own mean ( $\overline{WPx}_{ti} = x_{ti} - \overline{X}_i \rightarrow 0$ )  $\gamma_{11}$  = BP\*WP interaction: how the effect of having more  $x_{ti}$  than usual differs by how much  $\overline{X}_i$  you have

Note: this model should also test  $\gamma_{02}$  for  $PMx_i * PMx_i$  (stay tuned)

#### Between-Person x Within-Person Interaction



## 3 Kinds of Effects for TV Predictors

#### What Person-Mean-Centering tells us <u>directly</u>:

#### • Is the Between-Person (BP) effect significant?

- Are people with higher predictor values <u>than other people</u> (on average over time) also higher on Y <u>than other people</u> (on average over time), such that the person mean of the TV predictor accounts for level-2 random intercept variance  $(\tau_{U_0}^2)$ ?
- > This would be indicated by a significant fixed effect of PMx<sub>i</sub>
- $\triangleright$  Note: this is NOT controlling for the absolute value of  $x_{ti}$  at each occasion

#### Is the Within-Person (WP) effect significant?

- If you have higher predictor values <u>than usual</u> (at this occasion), do you also have higher outcomes values <u>than usual</u> (at this occasion), such that the within-person deviation of the TV predictor accounts for level-1 residual variance ( $\sigma_e^2$ )?
- > This would be indicated by a significant fixed effect of WPx<sub>ti</sub>
- $\rightarrow$  Note: this is represented by the <u>relative</u> value of  $x_{ti}$ , NOT the <u>absolute</u> value of  $x_{ti}$

## 3 Kinds of Effects for TV Predictors

- What Person-Mean-Centering DOES NOT tell us <u>directly</u>:
- Are the BP and WP effects different sizes: Is there a contextual effect?
  - After controlling for the absolute value of the TV predictor value at each occasion, is there still an incremental contribution from having a higher person mean of the TV predictor (i.e., does one's general tendency predict  $\tau_{U_0}^2$  above and beyond just the time-specific value of the predictor)?
  - > If there is no contextual effect, then the BP and WP effects of the TV predictor show *convergence*, such that their effects are of equivalent magnitude
- To answer this question about the contextual effect for the incremental contribution of the person mean, we have two options:
  - Ask for the contextual effect via an ESTIMATE statement in SAS
     (or TEST in SPSS, or NEW in Mplus, or LINCOM in STATA): WPx<sub>ti</sub> −1 PMx<sub>i</sub> 1
  - > Use "grand-mean-centering" for time-varying  $x_{ti}$  instead:  $TVx_{ti} = x_{ti} C$   $\rightarrow$  centered at a CONSTANT, NOT A LEVEL-2 VARIABLE
    - Which constant only matters for what the reference point is; it could be the grand mean or other

# Remember Regular Old Regression?

- In this model:  $Y_i = \beta_0 + \beta_1(X_{1i}) + \beta_2(X_{2i}) + e_i$ 
  - If  $X_{1i}$  and  $X_{2i}$  **ARE NOT** correlated:
    - $\beta_1$  is **ALL the relationship** between  $X_{1i}$  and  $Y_i$
    - $\beta_2$  is **ALL the relationship** between  $X_{2i}$  and  $Y_i$
  - If  $X_{1i}$  and  $X_{2i}$  **ARE** correlated:
    - $\beta_1$  is **different than** the full relationship between  $X_{1i}$  and  $Y_i$ 
      - "Unique" effect of  $X_{1i}$  controlling for  $X_{2i}$  or holding  $X_{2i}$  constant
    - $\beta_2$  is **different than** the full relationship between  $X_{2i}$  and  $Y_i$ 
      - "Unique" effect of  $X_{2i}$  controlling for  $X_{1i}$  or holding  $X_{1i}$  constant
  - Hang onto that idea...

# Person-MC vs. Grand-MC for Time-Varying Predictors

Level 2		Original	Person-MC Level 1	Grand-MC Level 1
$\overline{\mathbf{X}}_{\mathbf{i}}$	$\mathbf{PMx_i} = \overline{\mathbf{X}_i} - 5$	X <sub>ti</sub>	$\mathbf{WPx_{ti}} = \mathbf{x_{ti}} - \ \overline{\mathbf{X}}_{\mathbf{i}}$	$TVx_{ti} = x_{ti} - 5$
3	-2	2	-1	-3
3	-2	4	1	-1
7	2	6	-1	1
7	2	8	1	3

Same PMx<sub>i</sub> goes into the model using either way of centering the level-1 variable x<sub>ti</sub> Using **Person-MC**, **WPx**<sub>ti</sub> has NO level-2 BP variation, so it is not correlated with **PMx**<sub>i</sub> Using **Grand-MC**, **TVx**<sub>ti</sub> STILL has level-2 BP variation, so it is STILL CORRELATED with **PMx**<sub>i</sub>

So the effects of  $PMx_i$  and  $TVx_{ti}$  when included together under Grand-MC will be different than their effects would be if they were by themselves...

# Within-Person Fluctuation Model with $x_{ti}$ represented at Level 1 Only:

→ WP and BP Effects are **Smushed Together** 

### $x_{ti}$ is grand-mean-centered into TVx<sub>ti</sub>, <u>WITHOUT</u> PMx<sub>i</sub> at L2:

Level 1: 
$$y_{ti} = \beta_{0i} + \beta_{1i}(TVx_{ti}) + e_{ti}$$

 $TVx_{ti} = x_{ti} - C \rightarrow it still$ has both Level-2 BP and Level-1 WP variation

Level 2: 
$$\beta_{0i} = \gamma_{00} + U_{0i}$$

$$\beta_{1i} = \gamma_{10}$$

$$\gamma_{10} = \text{*smushed*}$$
WP and BP effects

Because TVx<sub>ti</sub> still contains its original 2 different kinds of variation (BP and WP), its 1 fixed effect has to do the work of 2 predictors!

A \*smushed\* effect is also referred to as the convergence, conflated, or composite effect

# Convergence (Smushed) Effect of a Time-Varying Predictor

Convergence Effect: 
$$\gamma_{conv} \approx \frac{\frac{\gamma_{BP}}{SE_{BP}^2} + \frac{\gamma_{WP}}{SE_{WP}^2}}{\frac{1}{SE_{BP}^2} + \frac{1}{SE_{WP}^2}}$$

Adapted from Raudenbush & Bryk (2002, p. 138)

- The convergence effect will often be closer to the within-person effect (due to larger level-1 sample size and thus smaller SE)
- It is the rule, not the exception, that between and within effects differ (Snijders & Bosker, 1999, p. 52-56, and personal experience!)
- However—when grand-mean-centering a time-varying predictor,
   convergence is testable by including a contextual effect (carried by the person mean) for how the BP effect differs from the WP effect...

# Within-Person Fluctuation Model with Grand-Mean-Centered Level-1 x<sub>ti</sub>

→ Model tests difference of WP vs. BP effects (It's been fixed!)

### $x_{ti}$ is grand-mean-centered into TVx<sub>ti</sub>, WITH PMx<sub>i</sub> at L2:

Level 1: 
$$y_{ti} = \beta_{0i} + \beta_{1i}(TVx_{ti}) + e_{ti}$$

 $TVx_{ti} = x_{ti} - C \Rightarrow it still$  has both Level-2 BP and Level-1 WP variation

Level 2: 
$$\beta_{0i} = \gamma_{00} + \gamma_{01}(PMx_i) + U_{0i}$$
  
 $\beta_{1i} = \gamma_{10}$ 

 $PMx_i = \overline{X}_i - C \Rightarrow$  it has only Level-2 BP variation

 $\gamma_{10}$  becomes the WP effect  $\rightarrow$  unique level-1 effect after controlling for PM $x_i$ 

γ<sub>01</sub> becomes the contextual effect that indicates how the BP effect differs from the WP effect
 → unique level-2 effect after controlling for TVx<sub>ti</sub>
 → does usual level matter beyond current level?

# Person-MC and Grand-MC Models are Equivalent Given a Fixed Level-I Main Effect Only

Person-MC: WPx<sub>ti</sub> = 
$$x_{ti}$$
 - PMx<sub>i</sub>  
Level-1:  $y_{ti} = \beta_{0i} + \beta_{1i}(x_{ti} - PMx_i) + e_{ti}$   
Level-2:  $\beta_{0i} = \gamma_{00} + \gamma_{01}(PMx_i) + U_{0i}$   
 $\beta_{1i} = \gamma_{10}$ 

#### **Composite Model:**

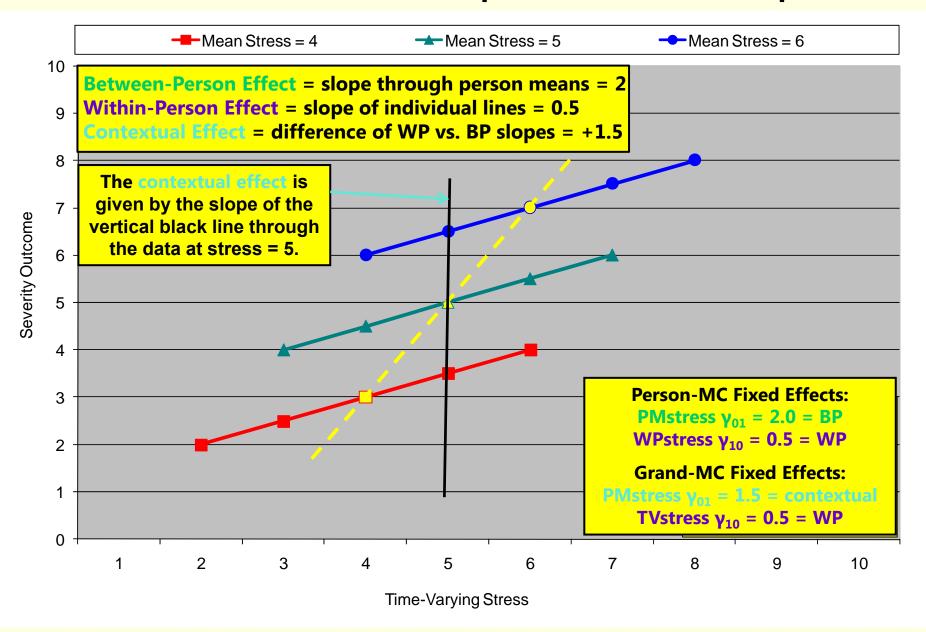
- ← In terms of P-MC
- ← In terms of G-MC

<b>Grand-MC:</b> $TVx_{ti} = x_{ti}$					
Level-1:	$y_{ti} = \beta_{0i} + \beta_{1i}(x_{ti}) + e_{ti}$				
Level-2:	$\beta_{0i} = \gamma_{00} + \gamma_{01}(PMx_i) + U_{0i}$				
	$\beta_{1i} = \gamma_{10}$				

 $\rightarrow y_{ti} = \gamma_{00} + \gamma_{01}(PMx_i) + \gamma_{10}(x_{ti}) + U_{0i} + e_{ti}$ 

Effect	P-MC	G-MC
Intercept	γ <sub>00</sub>	Υ00
WP Effect	γ <sub>10</sub>	γ <sub>10</sub>
Contextual	γ <sub>01</sub> - γ <sub>10</sub>	γ <sub>01</sub>
BP Effect	γ <sub>01</sub>	γ <sub>01</sub> + γ <sub>10</sub>

## PMC vs. GMC: Interpretation Example



# Summary: 3 Effects for TV Predictors

#### Is the Between-Person (BP) effect significant?

- Are people with higher predictor values than other people (on average over time) also higher on Y than other people (on average over time), such that the person mean of the TV predictor accounts for level-2 random intercept variance ( $\tau_{U_0}^2$ )?
- $\triangleright$  Given directly by level-2 effect of PMx<sub>i</sub> if using Person-MC for the level-1 predictor (or can be requested via ESTIMATE if using Grand-MC for the level-1 predictor)

#### Is the Within-Person (WP) effect significant?

- If you have higher predictor values than usual (at this occasion), do you also have higher outcomes values than usual (at this occasion), such that the within-person deviation of the TV predictor accounts for level-1 residual variance ( $\sigma_e^2$ )?
- Given directly by the level-1 effect of  $WPx_{ti}$  if using Person-MC OR given directly by the level-1 effect of  $TVx_{ti}$  if using Grand-MC and including  $PMx_i$  at level 2 (without  $PMx_i$ , the level-1 effect of  $TVx_{ti}$  if using Grand-MC is the smushed effect)

#### Are the BP and WP Effects different sizes: Is there a contextual effect?

- After controlling for the absolute value of TV predictor value at each occasion, is there still an incremental contribution from having a higher person mean of the TV predictor (i.e., does one's general tendency predict  $\tau_{U_0}^2$  above and beyond)?
- Given directly by level-2 effect of PMx<sub>i</sub> if using Grand-MC for the level-1 predictor (or can be requested via ESTIMATE if using Person-MC for the level-1 predictor)

# The Joy of Interactions Involving Time-Varying Predictors

- Must consider interactions with both its BP and WP parts:
- Example: Does time-varying stress  $(x_{ti})$  interact with sex  $(Sex_i)$ ?
- Person-Mean-Centering:
  - $\rightarrow$  WPx<sub>ti</sub> \* Sex<sub>i</sub>  $\rightarrow$  Does the WP stress effect differ between men and women?
  - $\rightarrow$  PMx<sub>i</sub> \* Sex<sub>i</sub>  $\rightarrow$  Does the BP stress effect differ between men and women?
    - Not controlling for current levels of stress
    - If forgotten, then Sex<sub>i</sub> moderates the stress effect only at level 1 (WP, not BP)
- Grand-Mean-Centering:
  - >  $TVx_{ti} * Sex_{i} \rightarrow$  Does the WP stress effect differ between men and women?
  - $\rightarrow$  PMx<sub>i</sub> \* Sex<sub>i</sub>  $\rightarrow$  Does the *contextual* stress effect differ b/t men and women?
    - Incremental BP stress effect after controlling for current levels of stress
    - If forgotten, then although the level-1 main effect of stress has been un-smushed via the main effect of  $PMx_i$ , the interaction of  $TVx_{ti} * Sex_i$  would still be smushed

# Interactions with Time-Varying Predictors: Example: TV Stress $(x_{ti})$ by Gender $(Sex_i)$

```
\begin{array}{ll} \underline{Person\text{-}MC:} & WPx_{ti} = x_{ti} - PMx_{i} \\ \\ Level\text{-}1: & y_{ti} = \beta_{0i} + \beta_{1i}(x_{ti} - PMx_{i}) + e_{ti} \\ \\ Level\text{-}2: & \beta_{0i} = \gamma_{00} + \gamma_{01}(PMx_{i}) + \gamma_{02}(Sex_{i}) + \gamma_{03}(Sex_{i})(PMx_{i}) + U_{0i} \\ \\ \beta_{1i} = \gamma_{10} + \gamma_{11}(Sex_{i}) \\ \\ \\ Composite: & y_{ti} = \gamma_{00} + \gamma_{01}(PMx_{i}) + \gamma_{10}(x_{ti} - PMx_{i}) + U_{0i} + e_{ti} \\ \\ & + \gamma_{02}(Sex_{i}) + \gamma_{03}(Sex_{i})(PMx_{i}) + \gamma_{11}(Sex_{i})(x_{ti} - PMx_{i}) \end{array}
```

```
\begin{array}{ll} \hline \textbf{Grand-MC:} & \textbf{TVx}_{ti} = \textbf{x}_{ti} \\ \\ \textbf{Level-1:} & \textbf{y}_{ti} = \beta_{0i} + \beta_{1i}(\textbf{x}_{ti}) + \textbf{e}_{ti} \\ \\ \textbf{Level-2:} & \beta_{0i} = \gamma_{00} + \gamma_{01}(\textbf{PMx}_i) + \gamma_{02}(\textbf{Sex}_i) + \gamma_{03}(\textbf{Sex}_i)(\textbf{PMx}_i) + \textbf{U}_{0i} \\ \\ & \beta_{1i} = \gamma_{10} + \gamma_{11}(\textbf{Sex}_i) \\ \hline \\ \textbf{Composite:} & \textbf{y}_{ti} = \gamma_{00} + \gamma_{01}(\textbf{PMx}_i) + \gamma_{10}(\textbf{x}_{ti}) + \textbf{U}_{0i} + \textbf{e}_{ti} \\ \\ & + \gamma_{02}(\textbf{Sex}_i) + \gamma_{03}(\textbf{Sex}_i)(\textbf{PMx}_i) + \gamma_{11}(\textbf{Sex}_i)(\textbf{x}_{ti}) \\ \hline \end{array}
```

# Interactions Involving Time-Varying Predictors Belong at Both Levels of the Model

### On the left below $\rightarrow$ Person-MC: WP $x_{ti} = x_{ti} - PMx_{i}$

$$\begin{aligned} y_{ti} &= \gamma_{00} + \gamma_{01}(PMx_i) + \gamma_{10}(x_{ti} - PMx_i) + U_{0i} + e_{ti} \\ &+ \gamma_{02}(Sex_i) + \gamma_{03}(Sex_i)(PMx_i) + \gamma_{11}(Sex_i)(x_{ti} - PMx_i) \end{aligned}$$

$$y_{ti} &= \gamma_{00} + (\gamma_{01} - \gamma_{10})(PMx_i) + \gamma_{10}(x_{ti}) + U_{0i} + e_{ti} \\ &+ \gamma_{02}(Sex_i) + (\gamma_{03} - \gamma_{11})(Sex_i)(PMx_i) + \gamma_{11}(Sex_i)(x_{ti}) \end{aligned}$$

← Composite model written as Person-MC

← Composite model written as Grand-MC

### On the right below $\rightarrow$ Grand-MC: $TVx_{ti} = x_{ti}$

$$y_{ti} = \gamma_{00} + \gamma_{01}(PMx_i) + \gamma_{10}(x_{ti}) + U_{0i} + e_{ti} + \gamma_{02}(Sex_i) + \gamma_{03}(Sex_i)(PMx_i) + \gamma_{11}(Sex_i)(x_{ti})$$

After adding an interaction for Sex<sub>i</sub> with stress at both levels, then the Person-MC and Grand-MC models are equivalent

Intercept:  $\gamma_{00} = \gamma_{00}$  BP Effect:  $\gamma_{01} = \gamma_{01} + \gamma_{10}$  Contextual:  $\gamma_{01} = \gamma_{01} - \gamma_{10}$ 

WP Effect:  $\gamma_{10} = \gamma_{10}$  BP\*Sex Effect:  $\gamma_{03} = \gamma_{03} + \gamma_{11}$  Contextual\*Sex:  $\gamma_{03} = \gamma_{03} - \gamma_{11}$ 

Sex Effect:  $\gamma_{20} = \gamma_{20}$  BP\*WP or Contextual\*WP is the same:  $\gamma_{11} = \gamma_{11}$ 

## Intra-variable Interactions

- Still must consider interactions with both its BP and WP parts!
- Example: Interaction of TV stress  $(x_{ti})$  with person mean stress  $(PMx_i)$
- Person-Mean-Centering:
  - $\rightarrow$  WPx<sub>ti</sub> \* PMx<sub>i</sub>  $\rightarrow$  Does the WP stress effect differ by overall stress level?
  - $\rightarrow$  PMx<sub>i</sub> \* PMx<sub>i</sub>  $\rightarrow$  Does the BP stress effect differ by overall stress level?
    - Not controlling for current levels of stress
    - If forgotten, then PMx<sub>i</sub> moderates the stress effect only at level 1 (WP, not BP)
- Grand-Mean-Centering:
  - >  $TVx_{ti} * PMx_{i} \rightarrow$  Does the WP stress effect differ by overall stress level?
  - $\rightarrow$  PMx<sub>i</sub> \* PMx<sub>i</sub>  $\rightarrow$  Does the *contextual* stress effect differ by overall stress?
    - Incremental BP stress effect after controlling for current levels of stress
    - If forgotten, then although the level-1 main effect of stress has been un-smushed via the main effect of  $PMx_i$ , the interaction of  $TVx_{ti} * PMx_i$  would still be smushed

### Intra-variable Interactions:

Example: TV Stress (x<sub>ti</sub>) by Person Mean Stress (PMx<sub>i</sub>)

```
\begin{split} & \underline{Person\text{-}MC:} \  \  \, WPx_{ti} = x_{ti} - PMx_{i} \\ & \text{Level-1:} \  \  \, y_{ti} = \beta_{0i} + \beta_{1i}(x_{ti} - PMx_{i}) + e_{ti} \\ & \text{Level-2:} \  \, \beta_{0i} = \gamma_{00} + \gamma_{01}(PMx_{i}) + \gamma_{02}(PMx_{i})(PMx_{i}) + U_{0i} \\ & \beta_{1i} = \gamma_{10} + \gamma_{11}(PMx_{i}) \end{split} & \text{Composite:} \  \, y_{ti} = \gamma_{00} + \gamma_{01}(PMx_{i}) + \gamma_{10}(x_{ti} - PMx_{i}) + U_{0i} + e_{ti} \\ & + \gamma_{02}(PMx_{i})(PMx_{i}) + \gamma_{11}(PMx_{i})(x_{ti} - PMx_{i}) \end{split}
```

```
\begin{aligned} & \textbf{Grand-MC:} \quad \textbf{TV} x_{ti} = x_{ti} \\ & \textbf{Level-1:} \quad y_{ti} = \beta_{0i} + \beta_{1i}(x_{ti}) + \textbf{e}_{ti} \\ & \textbf{Level-2:} \quad \beta_{0i} = \gamma_{00} + \gamma_{01}(PMx_i) + \gamma_{02}(PMx_i)(PMx_i) + \textbf{U}_{0i} \\ & \beta_{1i} = \gamma_{10} + \gamma_{11}(PMx_i) \end{aligned} \textbf{Composite:} \quad y_{ti} = \gamma_{00} + \gamma_{01}(PMx_i) + \gamma_{10}(x_{ti}) + \textbf{U}_{0i} + \textbf{e}_{ti} \\ & + \gamma_{02}(PMx_i)(PMx_i) + \gamma_{11}(PMx_i)(x_{ti}) \end{aligned}
```

### Intra-variable Interactions:

### Example: TV Stress (x<sub>ti</sub>) by Person Mean Stress (PMx<sub>i</sub>)

#### On the left below $\rightarrow$ Person-MC: WP $x_{ti} = x_{ti} - PMx_{i}$

$$y_{ti} = \gamma_{00} + \gamma_{01}(PMx_i) + \gamma_{10}(x_{ti} - PMx_i) + U_{0i} + e_{ti}$$

$$+ \gamma_{02}(PMx_i)(PMx_i) + \gamma_{11}(PMx_i)(x_{ti} - PMx_i)$$

$$y_{ti} = \gamma_{00} + (\gamma_{01} - \gamma_{10})(PMx_i) + \gamma_{10}(x_{ti}) + U_{0i} + e_{ti}$$

$$+ (\gamma_{02} - \gamma_{11})(PMx_i)(PMx_i) + \gamma_{11}(PMx_i)(x_{ti})$$

← Written as Person-MC

← Written as Grand-MC

### On the right below $\rightarrow$ Grand-MC: $TVx_{ti} = x_{ti}$

$$y_{ti} = \gamma_{00} + \gamma_{01}(PMx_i) + \gamma_{10}(x_{ti}) + U_{0i} + e_{ti} + \gamma_{02}(PMx_i)(PMx_i) + \gamma_{11}(PMx_i)(x_{ti})$$

After adding an interaction for PMx<sub>i</sub> with stress at both levels, then the Person-MC and Grand-MC models are equivalent

Intercept:  $\gamma_{00} = \gamma_{00}$  BP Effect:  $\gamma_{01} = \gamma_{01} + \gamma_{10}$ 

Contextual:  $\gamma_{01} = \gamma_{01} - \gamma_{10}$ 

WP Effect:  $\gamma_{10} = \gamma_{10}$  BP<sup>2</sup> Effect:  $\gamma_{02} = \gamma_{02} + \gamma_{11}$ 

Contextual<sup>2</sup>:  $\gamma_{02} = \gamma_{02} - \gamma_{11}$ 

BP\*WP or Contextual\*WP is the same:  $\gamma_{11} = \gamma_{11}$ 

# When Person-MC \neq Grand-MC: Random Effects of TV Predictors

Person-MC: WPx<sub>ti</sub> = x<sub>ti</sub> - PMx<sub>i</sub>

Level-1: 
$$y_{ti} = \beta_{0i} + \beta_{1i}(x_{ti} - PMx_i) + e_{ti}$$

Level-2:  $\beta_{0i} = \gamma_{00} + \gamma_{01}(PMx_i) + U_{0i}$ 

$$\beta_{1i} = \gamma_{10} + U_{1i}$$

$$y_{ti} = \gamma_{00} + \gamma_{01}(PMx_i) + \gamma_{10}(x_{ti} - PMx_i) + U_{0i} + U_{1i}(x_{ti} - PMx_i) + e_{ti}$$

Variance due to PMx<sub>i</sub> is removed from the random slope in Person-MC.

Grand-MC: 
$$TVx_{ti} = x_{ti}$$

Level-1:  $y_{ti} = \beta_{0i} + \beta_{1i}(x_{ti}) + e_{ti}$ 

Level-2:  $\beta_{0i} = \gamma_{00} + \gamma_{01}(PMx_i) + U_{0i}$ 

$$\beta_{1i} = \gamma_{10} + U_{1i}$$

$$\Rightarrow y_{ti} = \gamma_{00} + \gamma_{01}(PMx_i) + \gamma_{10}(x_{ti}) + U_{0i} + U_{1i}(x_{ti}) + e_{ti}$$

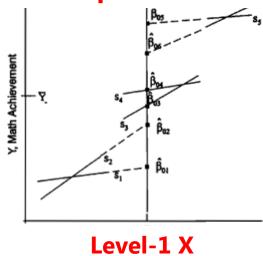
Variance due to  $PMx_i$  is still part of the random slope in Grand-MC. So these models cannot be made equivalent.

## Random Effects of TV Predictors

- Random intercepts mean different things under each model:
  - $\rightarrow$  Person-MC  $\rightarrow$  Individual differences at WP $x_{ti}$  =0 (that everyone has)
  - $\rightarrow$  Grand-MC  $\rightarrow$  Individual differences at TV $x_{ti}$ =0 (that not everyone has)
- **Differential shrinkage of the random intercepts** results from differential reliability of the intercept data across models:
  - ▶ Person-MC → Won't affect shrinkage of slopes unless highly correlated
  - ➤ Grand-MC → Will affect shrinkage of slopes due to forced extrapolation
- As a result, the random slope variance may be too small when using Grand-MC rather than Person-MC
  - Problem worsens with greater ICC of TV Predictor (more extrapolation)
  - Anecdotal example using clustered data was presented in Raudenbush & Bryk (2002; chapter 6)

# Bias in Random Slope Variance

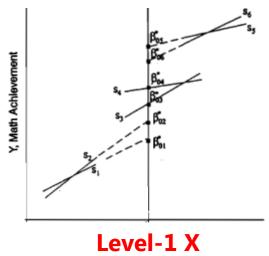
#### **OLS Per-Group Estimates**



<u>Top right</u>: Intercepts and slopes are homogenized in Grand-MC because of intercept extrapolation

<u>Bottom</u>: Downwardly-biased random slope variance in Grand-MC relative to Person-MC

#### **EB Shrunken Estimates**



Unconditional Results

Conditional Results

#### **Person-MC**

$$\hat{\mathbf{T}} = \begin{bmatrix} 8.68 & 0.05 \\ 0.05 & 0.68 \end{bmatrix}$$
  
 $\hat{\sigma}^2 = 36.70$ 

$$\hat{\mathbf{T}} = \begin{bmatrix} 2.38 & 0.19 \\ 0.19 & 0.15 \end{bmatrix}$$

#### **Grand-MC**

$$\widehat{\mathbf{T}} = \begin{bmatrix} 4.83 & -0.15 \\ -0.15 & 0.42 \end{bmatrix}$$

$$\widehat{\boldsymbol{x}}^2 = 36.83$$

$$\widehat{\mathbf{T}} = \begin{bmatrix} 2.41 & 0.19 \\ 0.19 & 0.06 \end{bmatrix}$$

$$\widehat{\sigma}^2 = 36.74$$

# Modeling Time-Varying Categorical Predictors

- Person-MC and Grand-MC really only apply to continuous TV predictors, but the need to consider BP and WP effects applies to categorical TV predictors too
- Binary level-1 predictors do not lend themselves to Person-MC
  - $\rightarrow$  e.g.,  $x_{ti}$  = 0 or 1 per occasion, person mean = .50 across occasions  $\rightarrow$  impossible values
  - $\rightarrow$  If  $x_{ti} = 0$ , then WP $x_{ti} = 0 .50 = -0.50$ ; If  $x_{ti} = 1$ , then WP $x_{ti} = 1 .50 = 0.50$
  - $\rightarrow$  Better: Leave  $x_{ti}$  uncentered and include person mean as level-2 predictor (results ~ Grand-MC)
- For >2 categories, person means of multiple dummy codes starts to break down, but we can think about types of people, and code BP effects accordingly
- Example: Dementia present/not at each time point?
  - ▶ BP effects → Ever diagnosed with dementia (no, yes)?
    - People who will eventually be diagnosed may differ prior to diagnosis (a BP effect)
  - ➤ TV effect → Diagnosed with dementia at each time point (no, yes)?
    - Acute differences of before/after diagnosis logically can only exist in the "ever" people
- Other examples: Mentor status, father absence, type of shift work (AM/PM)

# Wrapping Up: Person-MC vs. Grand-MC

- Time-varying predictors carry at least two potential effects:
  - $\rightarrow$  Some people are higher/lower than other people  $\rightarrow$  BP, level-2 effect
  - $\rightarrow$  Some occasions are higher/lower than usual  $\rightarrow$  WP, level-1 effect
- BP and WP effects almost always need to be represented by two or more model parameters, using either:
  - > Person-mean-centering (WPx<sub>ti</sub> and PMx<sub>i</sub>): WP  $\neq$  0?, BP  $\neq$  0?
  - *Grand-mean-centering* (TV $x_{ti}$  and PM $x_i$ ): WP ≠ 0?, BP ≠ WP?
  - Both yield equivalent models if the level-1 WP effect is fixed, but not if the level-1 WP effect is random
    - Grand MC  $\rightarrow$  absolute effect of  $x_{ti}$  varies randomly over people
    - Person MC  $\rightarrow$  relative effect of  $x_{ti}$  varies randomly over people
    - Use prior theory and empirical data (ML AIC, BIC) to decide