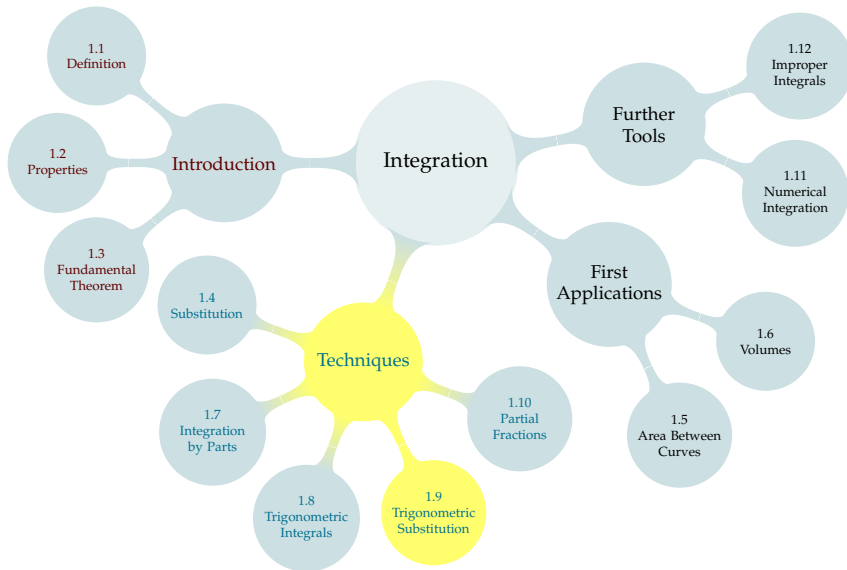


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WARMUP

Evaluate $\int_3^7 \frac{1}{\sqrt{x^2 + 2x + 1}} dx$.

$$\begin{aligned}\int_3^7 \frac{1}{\sqrt{x^2 + 2x + 1}} dx &= \int_3^7 \frac{1}{\sqrt{(x+1)^2}} dx \\ &= \int_3^7 \frac{1}{|x+1|} dx\end{aligned}$$

When $3 \leq x \leq 7$, we have $|x+1| = x+1$.

$$\begin{aligned}&= \int_3^7 \frac{1}{x+1} dx \\ &= [\log |x+1|]_3^7 \\ &= \log 8 - \log 4 = \log 2\end{aligned}$$

Idea: $\sqrt{(\text{something})^2} = |\text{something}|$. We cancelled off the square root.

Evaluate $\int \frac{1}{\sqrt{x^2 + 1}} dx$.

We still want to cancel off the square root, but $x^2 + 1$ is not obviously of the form (something)².

Let $x = \tan \theta$, $dx = \sec^2 \theta d\theta$.

$$\begin{aligned} \int \frac{1}{\sqrt{x^2 + 1}} dx &= \int \frac{1}{\sqrt{\tan^2 \theta + 1}} \sec^2 \theta d\theta = \int \frac{\sec^2 \theta}{\sqrt{\sec^2 \theta}} d\theta \\ &= \int \frac{\sec^2 \theta}{\sec \theta} d\theta = \int \sec \theta d\theta = \log |\sec \theta + \tan \theta| + C \end{aligned}$$

We need to get these back in terms of x . From our substitution, we know $\tan \theta = x$. From simplifying our denominator, we also know $\sec \theta = \sqrt{x^2 + 1}$.

$$= \log \left| \sqrt{x^2 + 1} + x \right| + C$$

Same idea: $\sqrt{(\text{something})^2} = |\text{something}|$; cancel off the square root.

CHECK OUR WORK

Let's verify that $\int \frac{1}{\sqrt{x^2 + 1}} =$

Seems improbable, right?

$$\begin{aligned} \frac{d}{dx} \left[\log \left| \sqrt{x^2 + 1} + x \right| + C \right] &= \frac{1}{\sqrt{x^2 + 1} + x} \cdot \left(\frac{2x}{2\sqrt{x^2 + 1}} + 1 \right) \\ &= \frac{x + \sqrt{x^2 + 1}}{(\sqrt{x^2 + 1} + x)\sqrt{x^2 + 1}} = \frac{1}{\sqrt{x^2 + 1}} \end{aligned}$$

So, our answer works!

METHOD (ONE STANDARD CASE)

- ▶ An integrand has the form: $\sqrt{\text{quadratic}}$, and we'd like to cancel off the square root.
- ▶ So, we need to write our quadratic expression as a perfect square. Choose a helpful substitution:
 - ▶ $x = \sin \theta$, $1 - \sin^2 \theta = \cos^2 \theta$ changes $\sqrt{1 - x^2}$ into
 - ▶ $x = \tan \theta$, $1 + \tan^2 \theta = \sec^2 \theta$ changes $\sqrt{1 + x^2}$ into
 - ▶ $x = \sec \theta$, $\sec^2 \theta - 1 = \tan^2 \theta$ changes $\sqrt{x^2 - 1}$ into
- ▶ After integrating, convert back to the original variable (possibly using a triangle—more details later)

FOCUS ON THE ALGEBRA

$$1 - \sin^2 \theta = \cos^2 \theta$$

$$1 + \tan^2 \theta = \sec^2 \theta$$

$$\sec^2 \theta - 1 = \tan^2 \theta$$

Choose a trigonometric substitution that will allow the square root to cancel out of the following expressions:

► $\sqrt{x^2 - 1}$

Let $x = \sec \theta$, so $\sqrt{x^2 - 1}$ becomes $\sqrt{\sec^2 \theta - 1} = \sqrt{\tan^2 \theta} = |\tan \theta|$

► $\sqrt{x^2 + 1}$

Let $x = \tan \theta$, so $\sqrt{x^2 + 1}$ becomes $\sqrt{\tan^2 \theta + 1} = \sqrt{\sec^2 \theta} = |\sec \theta|$

► $\sqrt{1 - x^2}$

Let $x = \sin \theta$ so $\sqrt{1 - x^2}$ becomes $\sqrt{1 - \sin^2 \theta} = \sqrt{\cos^2 \theta} = |\cos \theta|$
(Alternately, $x = \cos \theta$ works as well)

FOCUS ON THE ALGEBRA

$$1 - \sin^2 \theta = \cos^2 \theta$$

$$1 + \tan^2 \theta = \sec^2 \theta$$

$$\sec^2 \theta - 1 = \tan^2 \theta$$

Choose a trigonometric substitution that will allow the square root to cancel out of the following expressions:

► $\sqrt{x^2 + 7}$

Adjust a given identity by multiplying both sides by 7:

$7 \tan^2 \theta + 7 = 7 \sec^2 \theta$. Now we see we want $x^2 = 7 \tan^2 \theta$. That is,

$x = \sqrt{7} \tan \theta$:

$$\sqrt{x^2 + 7} = \sqrt{7 \tan^2 \theta + 7} = \sqrt{7(\sec^2 \theta)} = \sqrt{7} |\sec \theta|$$

► $\sqrt{3 - 2x^2}$

Adjust a given identity by multiplying both sides by 3:

$3 - 3 \sin^2 \theta = 3 \cos^2 \theta$. Now we see we want $2x^2 = 3 \sin^2 \theta$, so

$x = \sqrt{\frac{3}{2}} \sin \theta$:

$$\sqrt{3 - 2x^2} = \sqrt{3 - 2 \left(\frac{3}{2} \sin^2 \theta \right)} = \sqrt{3 - 3 \sin^2 \theta} = \sqrt{3 \cos^2 \theta} = \sqrt{3} |\cos \theta|$$

CLOSER LOOK AT ABSOLUTE VALUES

▶ SKIP CLOSER LOOK

Consider the substitution $x = \sin \theta$, $dx = \cos \theta \, d\theta$ for the integral:

$$\int_0^1 \sqrt{1-x^2} \, dx$$

When $x = 0$ (lower limit of integration), what is θ ?

When $x = 1$ (upper limit of integration), what is θ ?

If $x = 0$, then $\sin \theta = 0$, but there are infinitely many values of θ that could make this true. To use the substitution $x = \sin \theta$, we need the function $x = \sin \theta$ to be invertible. That way, we can unambiguously convert between x and θ . With that in mind, we'll actually set $\theta = \arcsin x$. Now θ is restricted to the interval $-\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$.

$$\begin{aligned} \int_0^1 \sqrt{1-x^2} \, dx &= \int_{\arcsin 0}^{\arcsin 1} \sqrt{1-\sin^2 \theta} \cos \theta \, d\theta = \int_0^{\frac{\pi}{2}} \sqrt{\cos^2 \theta} \cdot \cos \theta \, d\theta \\ &= \int_0^{\frac{\pi}{2}} |\cos \theta| \cdot \cos \theta \, d\theta \end{aligned}$$

For $0 \leq \theta \leq \frac{\pi}{2}$, we have $\cos \theta \geq 0$, so $|\cos \theta| = \cos \theta$.

CLOSER LOOK AT ABSOLUTE VALUES

[▶ SKIP CLOSER LOOK](#)

More generally, suppose a is a positive constant and we use the substitution $x = a \sin \theta$ for the term $\sqrt{a^2 - x^2}$.

CLOSER LOOK AT ABSOLUTE VALUES

[▶ SKIP CLOSER LOOK](#)

Now, consider the substitution $x = a \tan \theta$ for $\sqrt{a^2 + x^2}$, where a is a positive constant.

CLOSER LOOK AT ABSOLUTE VALUES

[▶ SKIP CLOSER LOOK](#)

Finally, consider the substitution $x = a \sec \theta$ for $\sqrt{x^2 - a^2}$, where a is a positive constant.

ABSOLUTE VALUES

From now on, we will assume:

- ▶ With the substitution $x = a \sin \theta$ for $\sqrt{a^2 - x^2}$, $|\cos \theta| = \cos \theta$
- ▶ With the substitution $x = a \tan \theta$ for $\sqrt{a^2 + x^2}$, $|\sec \theta| = \sec \theta$

Identities

$$1 - \sin^2 \theta = \cos^2 \theta$$

$$\sin(2\theta) = 2 \sin \theta \cos \theta$$

$$1 + \tan^2 \theta = \sec^2 \theta$$

$$\sin^2 \theta = \frac{1 - \cos(2\theta)}{2}$$

$$\sec^2 \theta - 1 = \tan^2 \theta$$

$$\cos^2 \theta = \frac{1 + \cos(2\theta)}{2}$$

Evaluate $\int_0^1 (1+x^2)^{-3/2} dx$

Let $x = \tan \theta$, $dx = \sec^2 \theta d\theta$. When $x = 0$, then $\theta = \arctan 0 = 0$;
when $x = 1$, then $\theta = \arctan 1 = \frac{\pi}{4}$.

$$\begin{aligned} \int_0^1 (1+x^2)^{-3/2} dx &= \int_{\theta=0}^{\theta=\pi/4} \frac{1}{\sqrt{1+\tan^2 \theta}^3} \sec^2 \theta d\theta \\ &= \int_0^{\pi/4} \frac{\sec^2 \theta}{\sqrt{\sec^2 \theta}^3} d\theta = \int_0^{\pi/4} \frac{\sec^2 \theta}{|\sec \theta|^3} d\theta \end{aligned}$$

Identities

$$1 - \sin^2 \theta = \cos^2 \theta$$

$$\sin(2\theta) = 2 \cos \theta \sin \theta$$

$$1 + \tan^2 \theta = \sec^2 \theta$$

$$\sin^2 \theta = \frac{1 - \cos(2\theta)}{2}$$

$$\sec^2 \theta - 1 = \tan^2 \theta$$

$$\cos^2 \theta = \frac{1 + \cos(2\theta)}{2}$$

Evaluate $\int \sqrt{1 - 4x^2} \, dx$

Under the square root, we have “one minus a term with a variable,” which matches the identity $1 - \sin^2 \theta$. So, we want $4x^2$ to become $\sin^2 \theta$. That is, $x = \frac{1}{2} \sin \theta$. Then $dx = \frac{1}{2} \cos \theta \, d\theta$.

$$\begin{aligned} \int \sqrt{1 - 4x^2} \, dx &= \int \sqrt{1 - 4 \left(\frac{1}{2} \sin \theta \right)^2} \cdot \frac{1}{2} \cos \theta \, d\theta \\ &= \frac{1}{2} \int \sqrt{1 - \sin^2 \theta} \cdot \cos \theta \, d\theta = \frac{1}{2} \int \sqrt{\cos^2 \theta} \cdot \cos \theta \, d\theta \end{aligned}$$

CHECK OUR WORK

In the last example, we computed

$$\int \sqrt{1 - 4x^2} \, dx =$$

To check, we differentiate.

$$\begin{aligned} & \frac{d}{dx} \left\{ \frac{1}{4} \left(\arcsin(2x) + 2x\sqrt{1 - 4x^2} \right) + C \right\} \\ &= \frac{1}{4} \left(\frac{2}{\sqrt{1 - (2x)^2}} + 2x \frac{-8x}{2\sqrt{1 - 4x^2}} + 2\sqrt{1 - 4x^2} \right) \\ &= \frac{1}{4} \left(\frac{2}{\sqrt{1 - 4x^2}} - \frac{8x^2}{\sqrt{1 - 4x^2}} + \frac{2(1 - 4x^2)}{\sqrt{1 - 4x^2}} \right) \\ &= \frac{1}{4} \left(\frac{2 - 8x^2 + 2 - 8x^2}{\sqrt{1 - 4x^2}} \right) = \frac{1 - 4x^2}{\sqrt{1 - 4x^2}} = \sqrt{1 - 4x^2} \quad \checkmark \end{aligned}$$

Identities

$$1 - \sin^2 \theta = \cos^2 \theta$$

$$\sin(2\theta) = 2 \cos \theta \sin \theta$$

$$1 + \tan^2 \theta = \sec^2 \theta$$

$$\sin^2 \theta = \frac{1 - \cos(2\theta)}{2}$$

$$\sec^2 \theta - 1 = \tan^2 \theta$$

$$\cos^2 \theta = \frac{1 + \cos(2\theta)}{2}$$

Evaluate $\int \frac{1}{\sqrt{x^2 - 1}} dx$

We use the substitution $x = \sec \theta$, $dx = \sec \theta \tan \theta d\theta$.

To make the substitution work, we're actually taking $\theta = \arccos\left(\frac{1}{x}\right)$, and so $0 \leq \theta \leq \pi$.

Note that the integrand exists on the intervals $x < -1$ and $x > 1$.

- ▶ When $x > 1$, then $0 < \frac{1}{x} < 1$, so $0 < \arccos\left(\frac{1}{x}\right) < \frac{\pi}{2}$.
That is, $0 < \theta < \frac{\pi}{2}$, so $|\tan \theta| = \tan \theta$.
- ▶ When $x < -1$, then $-1 < \frac{1}{x} < 0$, so $\frac{\pi}{2} < \arccos\left(\frac{1}{x}\right) < \pi$.
That is, $\frac{\pi}{2} < \theta < \pi$, so $|\tan \theta| = -\tan \theta$.

CHECK OUR WORK

Let's check our result, $\int \frac{1}{\sqrt{x^2-1}} dx =$

$$\begin{aligned} \frac{d}{dx} \left\{ \log \left| x + \sqrt{x^2-1} \right| + C \right\} &= \frac{1 + \frac{2x}{2\sqrt{x^2-1}}}{x + \sqrt{x^2-1}} = \frac{1 + \frac{x}{\sqrt{x^2-1}}}{x + \sqrt{x^2-1}} \\ &= \frac{1 + \frac{x}{\sqrt{x^2-1}}}{x + \sqrt{x^2-1}} \left(\frac{\sqrt{x^2-1}}{\sqrt{x^2-1}} \right) = \frac{(\sqrt{x^2-1} + x)}{(x + \sqrt{x^2-1}) \sqrt{x^2-1}} \\ &= \frac{1}{\sqrt{x^2-1}} \end{aligned}$$

So, our answer works.

COMPLETING THE SQUARE

Choose a trigonometric substitution to simplify $\sqrt{3 - x^2 + 2x}$.

Identities have two “parts” that turn into one part:

$$\blacktriangleright 1 - \sin^2 \theta = \cos^2 \theta \qquad 4 - 4 \sin^2 \theta = 4 \cos^2 \theta$$

$$\blacktriangleright 1 + \tan^2 \theta = \sec^2 \theta$$

$$\blacktriangleright \sec^2 \theta - 1 = \tan^2 \theta$$

But our quadratic expression has *three* parts.

$$\text{Fact: } 3 - x^2 + 2x = 4 - (x - 1)^2$$

$$\sqrt{3 - x^2 + 2x} = \sqrt{4 - (x - 1)^2}$$

We want $(x - 1)^2 = 4 \sin^2 \theta$, so let $(x - 1) = 2 \sin \theta$

$$= \sqrt{4 - 4 \sin^2 \theta} = \sqrt{4 \cos^2 \theta} = 2 \cos \theta$$

COMPLETING THE SQUARE

$$(x + b)^2 = x^2 + 2bx + b^2$$

$$c - (x + b)^2 = (c - b^2) - x^2 - 2bx$$

Write $3 - x^2 + 2x$ in the form $c - (x + b)^2$ for constants b, c .

1. Find b :
2. Solve for c :
3. All together:

Evaluate $\int \frac{x^2 - 6x + 9}{\sqrt{6x - x^2}} dx$.

Identities have two “parts” that turn into one part:

- ▶ $1 - \sin^2 \theta = \cos^2 \theta$
- ▶ $1 + \tan^2 \theta = \sec^2 \theta$
- ▶ $\sec^2 \theta - 1 = \tan^2 \theta$

One of those parts is a constant, and one is squared.

Write $6x - x^2$ as $c - (x + b)^2$.

$$c - (x + b)^2 = (c - b^2) - x^2 - 2bx$$

$$6x = -2bx \implies b = -3$$

$$0 = c - b^2 = c - 9 \implies c = 9$$

$$6x - x^2 = 9 - (x - 3)^2$$

Evaluate $\int \frac{x^2 - 6x + 9}{\sqrt{6x - x^2}} dx = \int \frac{(x-3)^2}{\sqrt{9 - (x-3)^2}} dx.$

We use the identity $9 - 9\sin^2 \theta = 9\cos^2 \theta.$

We want $(x-3)^2 = 9\sin^2 \theta$, so take $(x-3) = 3\sin \theta$, $dx = 3\cos \theta d\theta.$

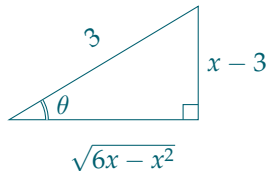
$$\int \frac{(x-3)^2}{\sqrt{9 - (x-3)^2}} dx = \int \frac{9\sin^2 \theta}{\sqrt{9 - 9\sin^2 \theta}} 3\cos \theta d\theta$$

$$= \int \frac{9\sin^2 \theta}{\sqrt{9\cos^2 \theta}} 3\cos \theta d\theta = \int 9\sin^2 \theta d\theta$$

$$= \frac{9}{2} \int (1 - \cos 2\theta) d\theta = \frac{9}{2} \left(\theta - \frac{1}{2} \sin 2\theta \right) + C$$

$$= \frac{9}{2} (\theta - \sin \theta \cos \theta) + C$$

$$= \frac{9}{2} \left(\arcsin \left(\frac{x-3}{3} \right) - \frac{x-3}{3} \cdot \frac{\sqrt{6x-x^2}}{3} \right) + C$$



CHECK OUR WORK

Let's verify that

$$\int \frac{x^2 - 6x + 9}{\sqrt{6x - x^2}} =$$

$$\begin{aligned} & \frac{d}{dx} \left\{ \frac{9}{2} \left(\arcsin \left(\frac{x-3}{3} \right) - \frac{x-3}{3} \cdot \frac{\sqrt{6x-x^2}}{3} \right) + C \right\} \\ &= \frac{9}{2} \left(\frac{1/3}{\sqrt{1 - \left(\frac{x-3}{3}\right)^2}} - \frac{x-3}{3} \cdot \frac{3-x}{3\sqrt{6x-x^2}} - \frac{1}{9} \sqrt{6x-x^2} \right) \\ &= \frac{9}{2} \left(\frac{9}{9\sqrt{6x-x^2}} - \frac{6x-x^2-9}{9\sqrt{6x-x^2}} - \frac{6x-x^2}{9\sqrt{6x-x^2}} \right) \\ &= \frac{9-6x+x^2}{\sqrt{6x-x^2}} \end{aligned}$$

So, our answer works.