



Eddie Vasy @EddieVasy · 37s

Hey guys, did you know that fasting can reduce your levels of blood pressure, body fat and inflammation? Ain't that insane?



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Eddie Vasy @Eddie Vasy · Now

Hey guys, did you know that fasting can reduce your levels of blood pressure, body fat and inflammation? Ain't that insane? reff.co/g2zX5r

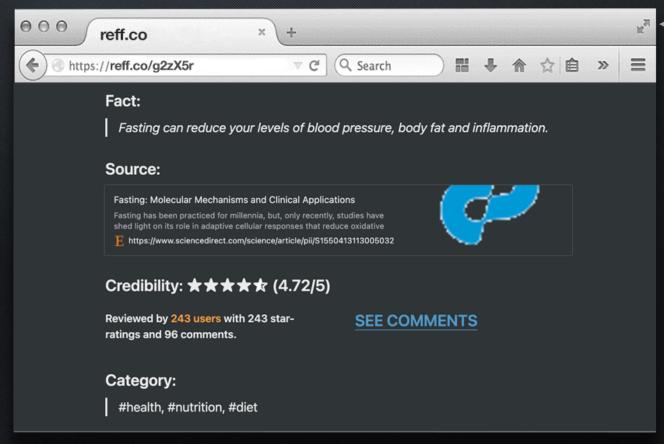




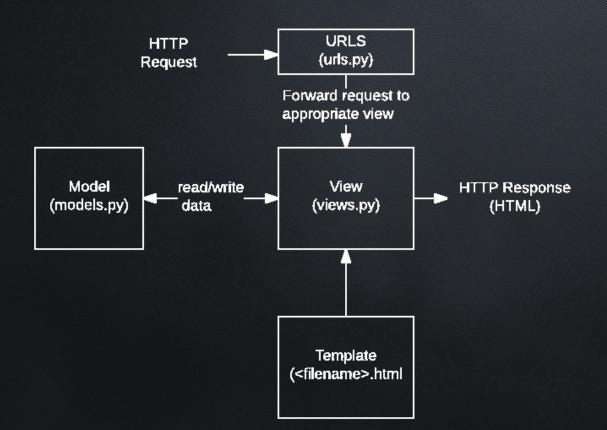








python django



Complete: "batteries included"

Versatile: wikis, social-networks, news sites

Secure: password hash vs password

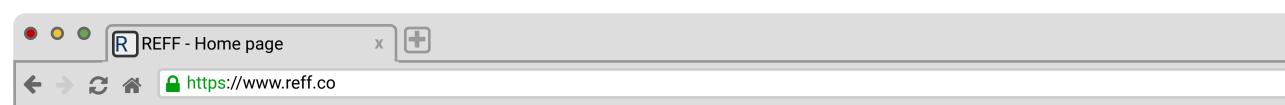
Scalable: "shared-nothing" architecture

Maintainable: "Don't Repeat Yourself"

Portable: well-supported by many

Evaluation

- User interface and best practices
- User interface and usability
- Unit testing
- Security: information hiding and abstracting



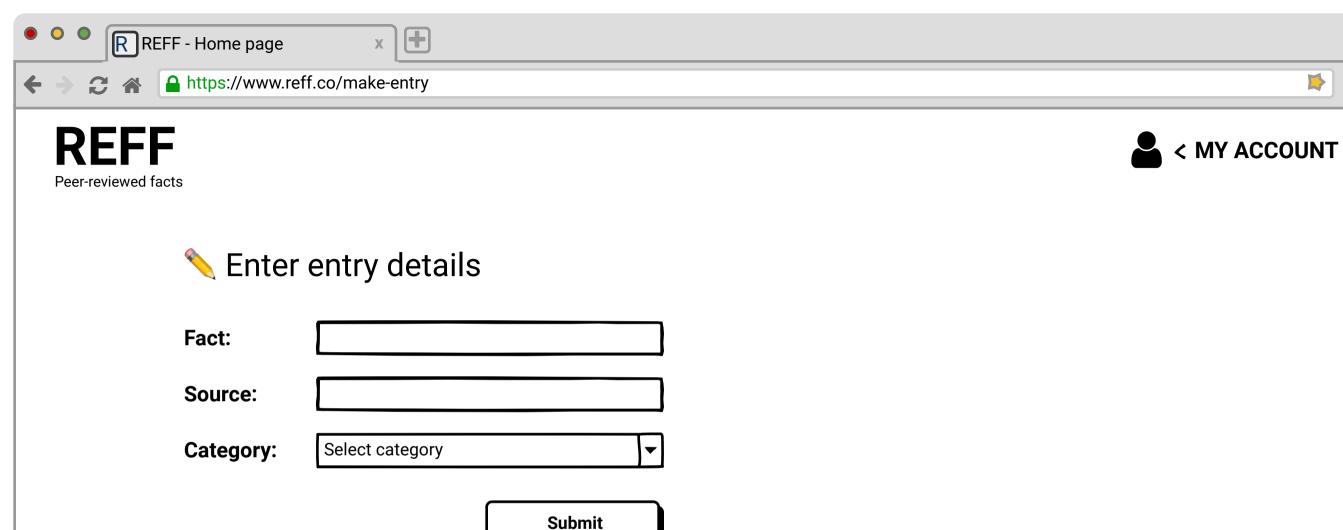




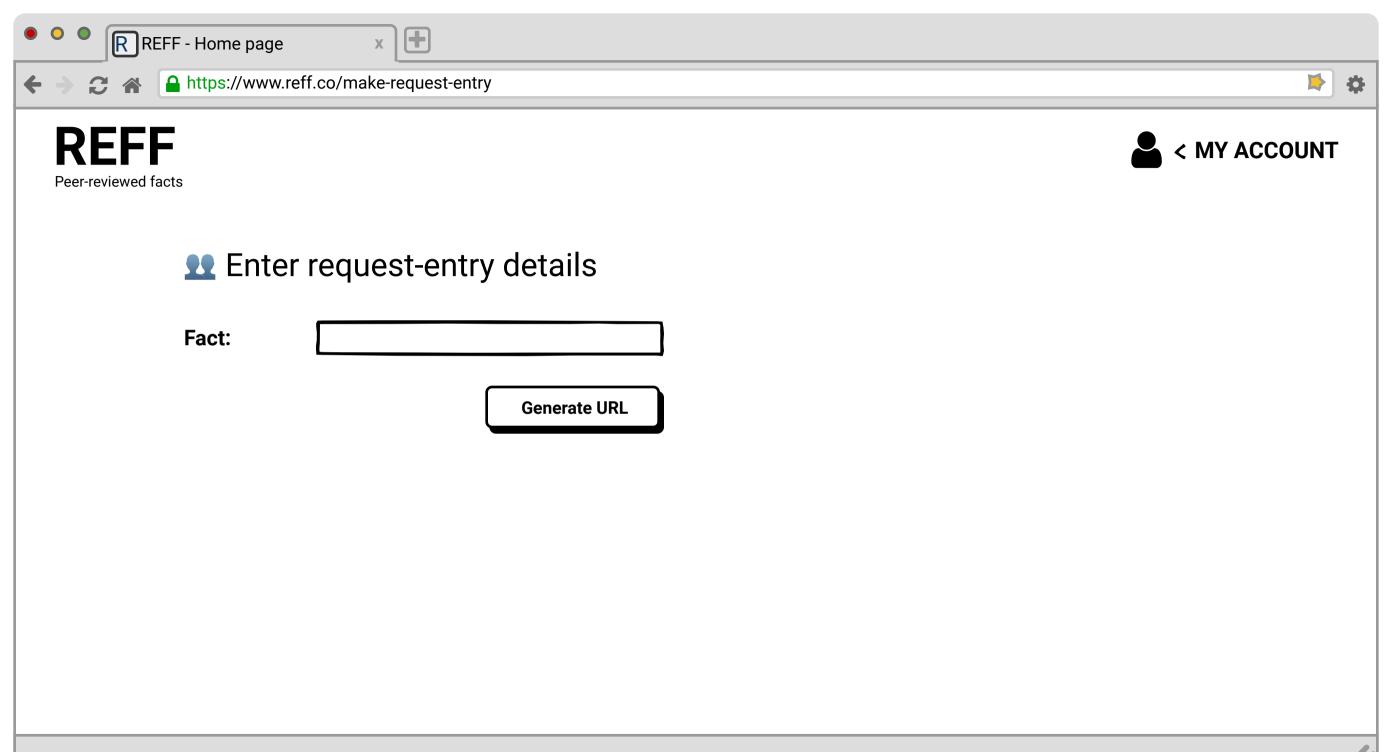
























Fact: Fasting can reduce your levels of blood pressure, body fat and inflammation.

Source: Fasting: Molecular Mechanisms and Clinical Applications

https://www.sciencedirect.com/science/article/pii/S1550413113005032

Credibility: $\star \star \star \star \star \star \star 4.1/5$

← Ratings and review comments

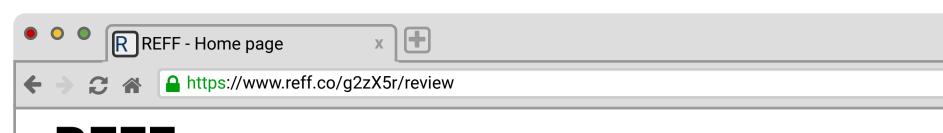
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Category: #health, #nutrition, #diet















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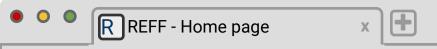
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