# Rebecca **Guerrera**

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# **Professional Summary\_**

Compassionate and detail-oriented Registered Nurse with over 7 years of experience in labour and delivery at Southlake Regional Hospital. Highly skilled in patient education, emotional support, and coordinating care for women and families. Adept at working within an interdisciplinary team to provide patient-centered care, support ethical decision-making, and deliver high-quality outcomes. Strong background in phlebotomy, IV insertion, procedural assistance, and patient counseling. Seeking to leverage expertise in women's health and reproductive care in a fertility nursing role.

## Professional Experience \_\_\_\_\_

#### Southlake Regional Health Centre

Newmarket, ON

Jan 2018 - Current

Registered Nurse (Birthing Unit)

- · Assumed charge nurse duties, coordinating patient assignments and supervising clinical operations.
- Educated patients on labour and delivery processes, postpartum care, and breastfeeding techniques.
- · Assisted in Caesarean sections (C-Sections) and high-risk deliveries, ensuring patient safety and adherence to protocols.
- · Completed thorough physical assessments and implement individualized care plans based on ongoing evaluations.
- · Fostered therapeutic relationships with patients and families regarding birth plans, pregnancy complications, postpartum recovery, etc.
- · Provided emotional support for families experiencing complications, loss, or unexpected outcomes.
- · Assisted physicians with various procedures, including epidurals, fetal monitoring, and emergency interventions.
- · Performed IV insertions, phlebotomy, and medication administration as part of routine patient care.
- Ensured compliance with infection-control policies, patient safety protocols and more.
- · Worked closely with obstetricians, midwives, and allied health professionals to coordinate seamless patient care.
- · Served as a mentor and preceptor for new nurses and students, supporting skill development and best practices.
- Active participation in quality improvement and patient safety initiatives.
- · Supported diverse patient populations, ensuring a safe and inclusive environment.

#### **Welcome Centre Immigrant Services**

Richmond Hill, ON

Toronto, ON

Student Nurse

Jan 2017 - April 2017

 Developed strong relationships with new immigrant families, deepening my understanding of diverse cultural experiences while enhancing cross-cultural communication skills.

Mackenzie Health Richmond Hill, ON

Student Nurse

Sept 2015 - Dec 2015, Jan 2016 - April 2016, Sept 2017 - Dec 2017

• Enhanced practical skills in patient care, medical-surgical nursing, and teamwork across various clinical units.

Sunnybrook Hospital

Student Nurse Sept 2016 - Dec 2016

• Developed clinical competencies in patient assessment and management within a dynamic hospital setting.

# **Certificates**

FHS Fetal Health Surveillance

**BCLS** Basic Cardiac Life Support

NRP Neonatal Resuscitation Program

**CNO** College of Nurses of Ontario

#### Clinical & Professional Skills

**Patient Care** Patient education, delivery support, postpartum care, high-risk deliveries, and emergency intervention assistance.

Patient Support Emotional support, birth plan consultation, and patient counseling.

**Clinical Procedures** Skilled in IV insertions, phlebotomy, med administration, and assisting with epidurals and fetal monitoring. **Leadership** Preceptor for new nurses and students; charge nurse responsibilities; interdisciplinary team coordination.

**Quality & Safety** Active participation in quality improvement projects, strict adherence to infection control & safety protocols.

**Technical** Electronic health records (EHR), Microsoft Office Suite, and medical equipment operation.

### Languages.

**English** Native/Professional Proficiency

**Italian** Basic

## **Education**

York University Toronto, ON

Bachelor of Science in Nursing (BScN) Degree

Sept 2014 - April 2018

# Graduated with Honours and Cum Laude recognition. Extracurricular Activities

#### Southlake Regional Health Centre

Toronto, ON

Perinatal Bereavement Committee Member

Jan 2025 - Current

· Providing the highest level of compassionate and respectful care to families experiencing loss during the childbearing years.

Rebecca Guerrera Curriculum vitae