# Rebecca **Guerrera**

☑ rtguerrera@gmail.com | 📞(+1) 647-377-3520 | 🧸 Registered Nurse | 🞓 BScN | 🛖 Vaughan, ON

## Professional Summary

Compassionate and detail-oriented Registered Nurse with over 7 years of experience in labour and delivery at Southlake Regional Hospital. Highly skilled in patient education, emotional support, and coordinating care for women and families. Adept at working within an interdisciplinary team to provide patient-centered care, support ethical decision-making, and deliver high-quality outcomes. Strong background in phlebotomy, IV insertion, procedural assistance, and patient counseling. Seeking to leverage expertise in women's health and reproductive care in a fertility nursing role.

## Professional Experience \_\_\_\_\_

#### **Southlake Regional Health Centre**

Newmarket, ON

Registered Nurse (Birthing Unit)

January 2018 - Current

- · Assumed charge nurse duties, coordinating patient assignments and supervising clinical operations.
- Educated patients on labour and delivery processes, postpartum care, and breastfeeding techniques.
- Assisted in Caesarean sections (C-Sections) and high-risk deliveries, ensuring patient safety and adherence to protocols.
- · Completed thorough physical assessments and implement individualized care plans based on ongoing evaluations.
- · Fostered therapeutic relationships with patients and families regarding birth plans, pregnancy complications, postpartum recovery, etc.
- Provided emotional support for families experiencing complications, loss, or unexpected outcomes.
- · Assisted physicians with various procedures, including epidurals, fetal monitoring, and emergency interventions.
- · Performed IV insertions, phlebotomy, and medication administration as part of routine patient care.
- Ensured compliance with infection-control policies, patient safety protocols and more.
- · Worked closely with obstetricians, midwives, and allied health professionals to coordinate seamless patient care.
- Served as a mentor and preceptor for new nurses and students, supporting skill development and best practices.
- · Active participation in quality improvement and patient safety initiatives.
- · Supported diverse patient populations, ensuring a safe and inclusive environment.

#### **Welcome Centre Immigrant Services**

Richmomnd Hill, ON

Jan 2017 - April 2017

· Developed strong relationships with new immigrant families, deepening my understanding of diverse cultural experiences while enhancing cross-cultural communication skills.

**Sunnybrook Hospital** Toronto, ON

Sept 2016 - Dec 2016 Student Nurse

Developed clinical competencies in patient assessment and management within a dynamic hospital setting.

Richmond Hill, ON Mackenzie Health

Student Nurse

Student Nurse

Sept 2017 - Dec 2017, Jan 2016 - April 2016, Sept 2015 - Dec 2015

· Enhanced practical skills in patient care, medical-surgical nursing, and teamwork across various clinical units.

### Certificates

Fetal Health Surveillance, FHS Basic Cardiac Life Support, BCLS June 2024

**Neonatal Resuscitation Program, NRP** May 2023

**Advanced Cardiac Life Support**, ACLS Pursuing

### Clinical & Professional Skills

Patient Care Patient education, delivery support, postpartum care, high-risk deliveries, and emergency intervention assistance.

Patient Support Emotional support, birth plan consultation, and patient counseling.

Clinical Procedures Skilled in IV insertions, phlebotomy, med administration, and assisting with epidurals and fetal monitoring. Preceptor for new nurses and students; charge nurse responsibilities, interdisciplinary team coordination. Quality & Safety Active participation in quality improvement projects, strict adherence to infection control & safety protocols.

**Technical** Electronic health records (EHR), Microsoft Office Suite, and medical equipment operation.

### Languages

English Native/Professional Proficiency

Italian Basic

#### **Education**

York University Toronto, ON Sept 2014 - April 2018

Bachelor of Science in Nursing (BScN) Degree

· Graduated with Honours and Cum Laude recognition.

Rebecca Guerrera Curriculum vitae