```java
public class DefaultFactory extends AbstractStrategyFactory
{
  private DefaultFactory()
  {
    ;
  }

  static DefaultFactory instance;

  public static AbstractStrategyFactory getInstance()
  {
    if (instance == null)
      instance = new DefaultFactory();
    return instance;
  }

  public MessageStrategy createStrategy(final MessageBody mb)
  {
    return new MessageStrategy()
    {
      MessageBody body = mb;

      public void sendMessage()
      {
        Object obj = body.getPayload();
        System.out.println((String) obj);
      }
    };
  }
}
```