# Ultrasound in Medicine - MPHYG900 Coursework 2

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November 2017

2

The Taylor series expansions for  $f(x + \Delta x)$  and  $f(x - \Delta x)$  are shown below (up to and including second order terms):

$$f(x + \Delta x) = f(x) + \Delta x \frac{\partial f(x)}{\partial x} + \frac{\Delta x^2}{2} \frac{\partial^2 f(x)}{\partial x^2} + \dots$$
 (1)

$$f(x - \Delta x) = f(x) - \Delta x \frac{\partial f(x)}{\partial x} + \frac{\Delta x^2}{2} \frac{\partial^2 f(x)}{\partial x^2} - \dots$$
 (2)

Adding equations 1 and 2 together and rearranging the result gives:

$$\frac{\partial^2 f(x)}{\partial x^2} = \frac{f(x - \Delta x) - 2f(x) + f(x + \Delta x)}{\Delta x^2} + O(\Delta x^2)$$
 (3)

Where  $O(\Delta x^2)$  is the truncation error associated with a second order accurate expression in x.

Next, the solution to the wave equation in 3D is:

$$\frac{\partial^2 p}{\partial t^2} = c_0^2 \nabla^2 p \tag{4}$$

Ignoring the z component of the Laplace operator on the right hand side for a 2D solution:

$$\frac{\partial^2 p}{\partial t^2} = c_0^2 \left( \frac{\partial^2 p}{\partial x^2} + \frac{\partial^2 p}{\partial y^2} \right) \tag{5}$$

Using the notation  $p_{i,j}^n$  (which is the pressure at time index n and spatial indices i and j), allows the time and spatial derivatives in equation 5 to be replaced with the finite difference relationship in equation 3 (omitting truncation error):

$$\frac{p_{i,j}^{n+1} - 2p_{i,j}^n + p_{i,j}^{n-1}}{\Delta t^2} \approx c_0^2 \left( \frac{p_{i+1,j}^n - 2p_{i,j}^n + p_{i-1,j}^n}{\Delta x^2} + \frac{p_{i,j+1}^n - 2p_{i,j}^n + p_{i,j-1}^n}{\Delta y^2} \right)$$
(6)

Rearranging equation 6 gives:

$$p_{i,j}^{n+1} \approx 2p_{i,j}^{n} - p_{i,j}^{n-1} + \Delta t^{2} c_{0}^{2} \left( \frac{p_{i+1,j}^{n} - 2p_{i,j}^{n} + p_{i-1,j}^{n}}{\Delta x^{2}} + \frac{p_{i,j+1}^{n} - 2p_{i,j}^{n} + p_{i,j-1}^{n}}{\Delta y^{2}} \right)$$

$$(7)$$

Equation 7 is therefore the updated expression for acoustic pressure in 2D using a second-order accurate central difference scheme.

3

Equation 7 was implemented in a MATLAB script in a vectorised fashion (included in an appendix). The time step was set to the upper bound of the stability limit in 2D for the central difference scheme used in this simulation:

$$\Delta t = \frac{\Delta x}{c_0 \sqrt{2}} \tag{8}$$

Where  $\Delta x = \Delta y$ . The following actions were implemented to allow the decay in intensity of the pressure wave to be visualised:

- The maximum and minimum pressure values were obtained after the simulation to allow use of appropriate z-axis limits.
- A 3D surface plot was produced.
- The plot had an accompanying colourbar to show how the pressure field in the plot maps to the colourbar.

100 grid points were used in both x and y directions, with a grid spacing of 1mm, and sound speed of 1,500 m/s.

Snapshots of the pressure field after 10, 50 and 100 time steps are shown below.

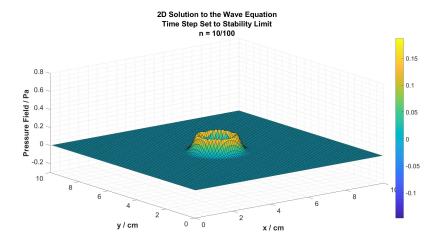


Figure 1: Snapshot of pressure field after 10 time steps.

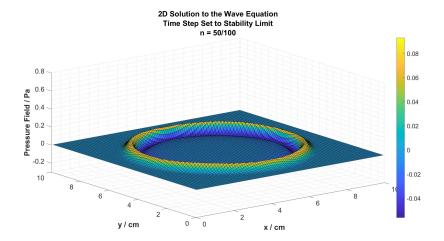


Figure 2: Snapshot of pressure field after 50 time steps.

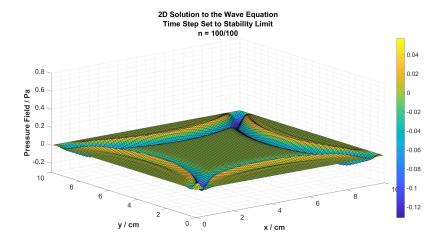


Figure 3: Snapshot of pressure field after 100 time steps.

#### 4

The wave is both completely reflected and inverted when it reaches the boundary. To explain this the following assumption within the implementation of the finite difference scheme needs to be characterised.

The new pressure value at each grid point depends on the previous two values in time at that same location, and the previous four values either side of that location in space (in two dimensions). Therefore the finite difference stencil

cannot update edge values, and these values at the very edge of the pressure field are left equal to zero by default. These values are *used*, but they are never *updated*.

This results in what is known as a pressure release boundary condition. The boundary effectively has an extremely low impedance  $(Z_2)$ , compared to the interior impedance  $(Z_1)$  within the pressure field. This effectively gives a reflection coefficient of R = -1, and a transmission coefficient of T = 0. All of this results in the wave being both completely reflected and inverted when it reaches the boundary (this is equivalent to a pressure wave travelling from water into air).

#### 5

The time step was increased to 2% above the stability limit, by multiplying the right hand side of equation 8 by a factor of 1.02:

$$\Delta t = 1.02 \times \left(\frac{\Delta x}{c_0 \sqrt{2}}\right) \tag{9}$$

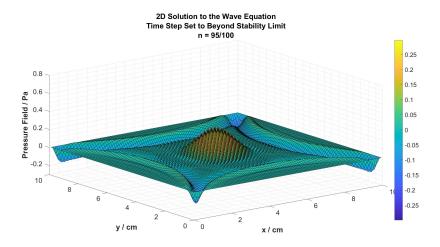


Figure 4: Snapshot of pressure field as instability is beginning.

As can be seen in the above plot, this caused instability to develop in the centre of the propagating pressure field (shown by the central jagged region) as the simulation progressed. This occurred because the time step was set to above the 2D stability limit, and the numerical model became unstable. This means that the errors in the numerical solution grow without bound as the simulation progresses (whereas in a stable numerical model the errors in the numerical solution remain bounded). Eventually the unstable numerical model blows up

and produces nonsense values (infinity (Inf) and not a number (NaN) values), with the error continuing to grow and the solution being completely corrupted.

#### 6

Using a time step set to the stability limit (as described in equation 8), the value of the pressure field at grid position (40,40) was recorded for each time step throughout the simulation. The resulting pressure vector is plotted against time below.

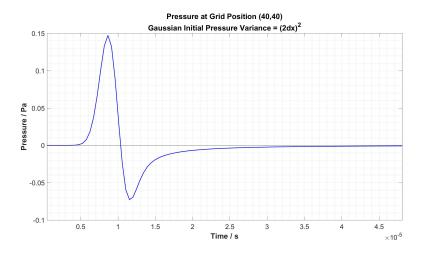


Figure 5: Plot of pressure at grid position (40,40) versus time.

The pressure signal shown above is fairly smooth throughout the whole simulation, with no signs of distortion.

### 7

The variance of the Gaussian initial pressure was then decreased from  $(2dx)^2$  to  $(dx)^2$ , and, as for question 6, the pressure at grid position (40,40) was recorded for each time step throughout the simulation. The resulting pressure vector is plotted against time overleaf.

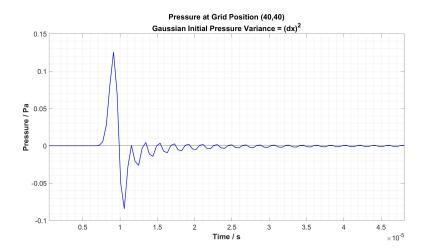


Figure 6: Plot of pressure at grid position (40,40) versus time for reduced variance of the Gaussian initial pressure.

As the simulation progresses, the signal has become distorted due to numerical dispersion. To understand this, the following explanation needs to be characterised. A Gaussian distribution does not contain a single frequency, but rather it is a sum of a range of waves which have a range of frequencies.

In the exact solution to the *finite difference approximation* that this simulation is solving (equation 7), an unwanted numerical error is introduced, and as such, wave velocity depends on frequency in this solution. (This is in contrast to the exact solution to the *2D wave equation*, in which all waves travel at the same speed, regardless of frequency.) Therefore, as a Gaussian wave is composed of a range of frequencies, different components of the wave will travel at different speeds in the solution to this numerical model. The further the wave travels, the more distorted it will become and it will begin to break up. This is known as numerical dispersion.

By decreasing the variance of the initial Gaussian pressure distribution and making it steeper, it will contain more higher frequency components. This will increase the range of velocities which the different components of the wave travel at in this solution. Accordingly, the wave will become more susceptible to numerical dispersion, and this results in a distorted signal (as is seen in Figure 6), especially as the simulation progresses. The effect of this could be reduced by using a higher order finite difference formula to solve the wave equation, or by reducing the size of the grid spacing and time step used in the simulation.

Another factor to consider in interpreting this change is that the recorded signal in Figure 6 has diverged away from its convergent solution. To make sense of this

the following needs to be characterised. By decreasing the variance of the initial Gaussian pressure distribution and making it steeper, its wavelength has been decreased, but the grid spacing used for sampling  $(\Delta x)$  has remained constant. This has the result of decreasing the amount of grid points per wavelength, which has the effect of increasing the size of  $\Delta x$  (relative to the wavelength of the pressure distribution).

This decreased spatial sampling resolution causes the numerical solution to diverge away from the result toward which it would converge if the spatial sampling resolution was increased (i.e. if  $\Delta x$  was made smaller).

Making  $\Delta x$  smaller and smaller in an iterative fashion is known as a convergence analysis, as the numerical result will eventually converge on an exact solution and stop changing, even if  $\Delta x$  is made smaller. At this point the right-hand side of equation 7 is a good approximation to the left-hand side of the same equation. This occurs because equation 7 is *consistent* (i.e. it is correct in the limit that  $\Delta x$ ,  $\Delta y$  and  $\Delta t$  reduce to zero) and the numerical model used is *stable*. Lax's equivalence theorem states that a numerical scheme will be *convergent* if it is also consistent and stable.

## 8 Appendix

The fully commented MATLAB script used to run all of the above simulations is shown below.

```
% Simple finite difference solution to the 2D wave
      equation. Gradients in
2
   % time and space are both calculated using a 2nd-order
       accurate central
   % difference scheme. Adapted from 1D solution provided
       by Dr Bradley
   % Treeby (Ultrasound in Medicine Course - MPHYx900 -
      UCL).
6
   \% clear all variables in the workspace, close all
      active figures and clear
   % command window
8
9
   clc
   close all
11
  clear all
   % -----
13
14
  % Question 3
15 | % -----
```

```
16
17
  % set the literals (hard-coded numbers used in the
     script) and initial
18 | % conditions
20 % number of grid points in x and y directions
  Nx = 100;
  Ny = 100;
22
23
24
  |% grid spacing (m) in x and y directions
  dx = 1e-3;
26 | dy = 1e-3;
27
28
  % sound speed (m/s)
29
  c0 = 1500;
30
  % number of time steps
32 \mid Nt = 100;
33
34 | % create the grid axis
35 | x = (1:Nx)*dx;
36 \mid y = (1:Ny)*dy;
38
  % set the position of the source
39
  x_{pos} = (Nx/2)*dx;
40 | y_{pos} = (Ny/2)*dy;
41
  % set the initial pressure to be a Gaussian
43 | variance = (2*dx)^2;
44 | gaussian_x = exp( -(x - x_pos).^2 / (2 * variance) );
   gaussian_y = \exp(-(y - y_pos).^2 / (2 * variance));
46
  p_n = gaussian_x' * gaussian_y;
47
48 |% set the size of the time step to its maximum within
      the stability limit,
  |% where in 2D the stability limit is given by dt <= dx
       /(sqrt(2)*c0)
50
  dt = dx/(sqrt(2)*c0);
  |\%| set pressure at (n - 1) to be equal to pressure at n
        (this implicitly sets the
  % initial particle velocity to be zero)
53
54
  p_nm1 = p_n;
56 |% preallocate the pressure at (n + 1) (this is updated
       during the time
```

```
57 % loop)
   p_np1 = zeros(size(p_n));
58
59
60
  \ \% open a new figure in a maximised window (to
      facilitate saving images)
   figure('units','normalized','outerposition',[0 0 1 1])
61
62
   %to initialise vectors containing max and min z values
63
       for each time step
64
   %(to facilitate setting appropriate z axis correctly
      later)
  min_vector=zeros(1,Nt);
  max_vector=zeros(1,Nt);
66
  1% to initialise vector containing value of pressure
      field at grid position
69
   % (40,40), which is used in Question 6
  p_out=zeros(1,Nt);
71
  |% To set line widths (for 2D plots) and font size (for
       all plots)
  LW = 1.5;
74
  fs=20;
76
  % calculate pressure in a loop through the time steps
   for n = 1:Nt
78
       % -----
79
80
       % CALCULATION
81
82
83
       % calculate the new value for the pressure,
          leaving edge values as
84
       % zero
85
       %let T = time derivative terms of 2D solution
86
87
       T = 2*p_n(2:end-1,2:end-1) - p_nm1(2:end-1,2:end
           -1);
       %let X = x derivative terms of 2D solution (noting
           Matlab has
       %(row,column) --> (Y,X) notation when addressing a
89
           matrix location)
90
       X = p_n(2:end-1,1:end-2) - 2*p_n(2:end-1,2:end-1)
          + p_n(2:end-1,3:end);
       %let Y = y derivative terms of 2D solution
91
92
       Y = p_n(1:end-2,2:end-1) - 2*p_n(2:end-1,2:end-1)
```

```
+ p_n(3:end,2:end-1);
94
        %calculate pressure at n+1 in 2D using the above
            three terms
95
        p_np1(2:end-1,2:end-1) = T + (c0^2 * dt^2 * (X/dx)
            ^2 + Y/dy^2));
96
97
        %copy the value of p at n to p at (n - 1)
        p_nm1 = p_n;
98
99
100
        % copy the pressure at (n + 1) to the pressure at
101
        p_n = p_np1;
102
        % -----
103
104
        % PLOTTING
106
107
        \% plot the pressure field (in units of cm and
            pascals)
108
        s=surf(x*100,y*100,p_np1);
109
110
        \% set the limits on the z-axis (derived from
            max_vector and min_vector
        % at end of loop)
111
112
        set(gca, 'ZLim', [-0.3, 0.8]);
113
114
        \% add a title, subtitle, label axes, and colorbar
        title({'2D Solution to the Wave Equation'; ...
115
             'Time Step Set to Stability Limit';['n = ' ...
116
             , num2str(n),'/',num2str(Nt)]},'FontSize',fs+1,
117
                'FontWeight', 'bold')
        xlabel('x / cm', 'FontWeight', 'bold', 'FontSize', fs
118
            -1)
        ylabel('y / cm', 'FontWeight', 'bold', 'FontSize', fs
119
            -1)
        zlabel('Pressure Field / Pa', 'FontWeight', 'bold', '
            FontSize',fs-1)
121
        colorbar
122
        % formatting gridlines and axes label fontsizes
124
        grid minor
125
        ax = gca;
126
        ax.FontSize = fs-3;
127
128
        % force the plot to update
```

```
129
        drawnow;
130
        % briefly pause before continuing the loop
132
        pause (0.1)
134
        \% to update max and min pressure values for this
            time step to overall
        % max_vector and min_vector
136
        max_vector(n)=max(max(p_np1));
137
        min_vector(n)=min(min(p_np1));
138
139
        %to save plots at time steps 10, 50, 100
140
        if n == 10
141
             saveas(figure(1), 'Plot_Time_Step_10', 'jpg');
142
        elseif n==50
143
             saveas(figure(1), 'Plot_Time_Step_50', 'jpg');
144
        elseif n == 100
145
             saveas(figure(1), 'Plot_Time_Step_100', 'jpg');
146
        \verb"end"
147
        \%to save the value of the pressure field at
148
            (40,40) in vector p_out
149
        p_out(n)=p_np1(40,40);
150
151
    end
152
153
   1% to compute the overall max and min z values for all
       time steps, in order
154
    %to allow for suitable limits to be implemented on z-
    zmax=max(max_vector); % =0.7650 --> round to 0.8
156
    zmin=min(min\_vector); \% =-0.2940 --> round to -0.3
157
   % -----
158
159
   % Question 5
160
162
    %Increase the time step to 2% above the stability
       limit
   dt = 1.02 * (dx/(sqrt(2)*c0));
165 | %Reset pressure matrix values and open a new figure
   p_n = gaussian_x' * gaussian_y;
166
   p_nm1 = p_n;
167
   p_np1 = zeros(size(p_n));
168
169 | figure('units','normalized','outerposition',[0 0 1 1])
```

```
170
171
    %Repeat above calculations and plotting from Question
       3 with increased time
172
    %step value
173
174
    for n = 1:Nt
175
176
        % -----
177
        % CALCULATION
        % -----
178
179
180
        %forming terms for the expressions in the 2D
           solution
        T = 2*p_n(2:end-1,2:end-1) - p_nm1(2:end-1,2:end
181
           -1);
        X = p_n(2:end-1,1:end-2) - 2*p_n(2:end-1,2:end-1)
182
           + p_n(2:end-1,3:end);
183
        Y = p_n(1:end-2,2:end-1) - 2*p_n(2:end-1,2:end-1)
           + p_n(3:end,2:end-1);
184
185
        %calculate pressure at n+1 in 2D using the above
           three terms
        p_np1(2:end-1,2:end-1) = T + (c0^2 * dt^2 * (X/dx)
186
           ^2 + Y/dy^2));
187
188
        %update the pressure matrix values
189
        p_nm1 = p_n;
190
        p_n = p_np1;
191
        % -----
192
        % PLOTTING
194
195
196
        % plot the pressure field (in units of cm and
           pascals)
197
        surf(x*100,y*100,p_np1);
198
199
        % set the limits on the z-axis to the same as
           Question 3
200
        set(gca, 'ZLim', [-0.3, 0.8]);
201
202
        % add a title, subtitle, label axes, and colorbar
203
        title({'2D Solution to the Wave Equation'; ...
204
            'Time Step Set to Beyond Stability Limit';['n
               = 1 ...
205
            , num2str(n),'/', num2str(Nt)]},'FontSize',fs+1,
```

```
'FontWeight', 'bold')
206
        xlabel('x / cm', 'FontWeight', 'bold', 'FontSize', fs
            -1)
207
        ylabel('y / cm', 'FontWeight', 'bold', 'FontSize', fs
            -1)
208
        zlabel('Pressure Field / Pa', 'FontWeight', 'bold', '
            FontSize',fs-1)
209
        colorbar
210
211
        % formatting gridlines and axes label fontsizes
212
        grid minor
213
        ax = gca;
214
        ax.FontSize = fs-3;
215
216
        % force the plot to update
217
        drawnow;
218
219
        % briefly pause before continuing the loop
220
        pause (0.1)
221
222
        %to save plot when instability begins (at roughly
            time step 95 by
223
        %inspection)
224
        if n == 95
225
             saveas(figure(2), 'Plot_Time_Step_95_Unstable',
                 'jpg');
226
        end
227
228
    end
229
230
   % -----
231
    % Question 6
232
   | % -----
233
234
   |%To plot vector p_out against time (p_out = pressure
       at grid position
235
    %(40,40))
   time = dt*(1:Nt); %first form a time vector in seconds
236
    figure('units', 'normalized', 'outerposition', [0 0 1 1])
    plot(time,p_out,'color','b','linewidth',LW)
238
239
    title({'Pressure at Grid Position (40,40)'; ...
240
             'Gaussian Initial Pressure Variance = (2dx)
                ^{2}'}, ...
241
             'FontSize',fs+1,'FontWeight','bold')
242 | xlabel('Time / s', 'FontWeight', 'bold', 'FontSize', fs-1)
243 | ylabel('Pressure / Pa', 'FontWeight', 'bold', 'FontSize',
```

```
fs-1)
244
245 | %plot formatting
246 | grid minor
247
   ax = gca;
248 \mid ax.FontSize = fs-3;
   xlim([min(time) max(time)]) %tight x-axis fit
250
   line(xlim,[0 0],'color','k'); % plot x-axis
251
252
   |%to save plot
253
   saveas(figure(3),
       Pressure_Field_40_40_Original_Variance','jpg');
254
255
   | % -----
256 | % Question 7
257
   % -----
258
259
   | "Repeat analysis with reduced variance of Gaussian"
       initial pressure
260
   variance = dx^2;
261
   gaussian_x = exp( -(x - x_pos).^2 / (2 * variance));
262 \mid gaussian_y = exp(-(y - y_pos).^2 / (2 * variance));
263 | %Reset time step value to stability limit
264 | dt = (dx/(sqrt(2)*c0));
265
   %reset pressure matrix values
   p_n = gaussian_x' * gaussian_y;
267
   p_nm1 = p_n;
   |p_np1 = zeros(size(p_n));
268
269
270
   %to initialise a vector containing value of pressure
       field at grid position
271
   % (40,40) for reduced variance
272
   p_out_reduced_var=zeros(1,Nt);
273
274
   %Rerun the simulation
275
   for n = 1:Nt
276
277
        % -----
278
        % CALCULATION
        % -----
279
280
281
        % forming terms for the expressions in the 2D
           solution
282
        T = 2*p_n(2:end-1,2:end-1) - p_nm1(2:end-1,2:end
283
        X = p_n(2:end-1,1:end-2) - 2*p_n(2:end-1,2:end-1)
```

```
+ p_n(2:end-1,3:end);
284
        Y = p_n(1:end-2,2:end-1) - 2*p_n(2:end-1,2:end-1)
            + p_n(3:end,2:end-1);
285
286
        %calculate pressure at n+1 in 2D using the above
            three terms
        p_np1(2:end-1,2:end-1) = T + (c0^2 * dt^2 * (X/dx)
287
            ^2 + Y/dy^2);
288
289
        %update the pressure matrix values
290
        p_nm1 = p_n;
291
        p_n = p_np1;
292
293
        %to save the value of the pressure field at in
           vector p_out_reduced_var
294
        p_out_reduced_var(n)=p_np1(40,40);
295
296
    end
297
298
    %To plot p_out_reduced_var against time
299
    figure('units', 'normalized', 'outerposition', [0 0 1 1])
300
    plot(time,p_out_reduced_var,'color','b','linewidth',LW
301
    title({'Pressure at Grid Position (40,40)'; ...
302
             'Gaussian Initial Pressure Variance = (dx)^{2}
                '},'FontSize',fs+1 ...
             ,'FontWeight','bold')
    xlabel('Time / s','FontWeight','bold','FontSize',fs-1)
304
305
    ylabel('Pressure / Pa', 'FontWeight', 'bold', 'FontSize',
       fs-1)
    %plot formatting
306
307
    grid minor
308
   ax = gca;
   ax.FontSize = fs-3;
    xlim([min(time) max(time)]) %tight x-axis fit
311
    line(xlim,[0 0],'color','k'); % plot x-axis
312
    %to save plot
    saveas(figure(4),'
313
       Pressure_Field_40_40_Reduced_Variance','jpg');
314
315
   %close all open figures
316
   close all
```