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|  | Materials:  - ten randomly selected pictures from an old yearbook (five boys and five girls)  - ten randomly selected names from a baby name book (five boy names and five girl names)  - ten randomly selected states from the USA  - scisors, glue, paper, pens and access to a photocopy machine  - twenty or more test subjects of a variety of age and sex  Procedure:  1) photocopy the pictures out of the yearbook  2) organize the pictures on a piece of paper and photocopy enough test sheets to accommodate your sample size  3) now add a name and a state of origin to each picture and photocopy enough study sheets to accommodate the sample size  4) thirty minutes before retiring to bed, review the test material with the subject for ten minutes  5) the next day, test the subject again thirty minutes after waking up  6) each name placed with the correct picture is worth one point and each state placed with the correct picture is worth one point also  7) record the total score out of twenty points  8) now, while looking at the data, average percent of missed questions and calculate how much memory was lost during sleep  This is the study sheet that we used for the memory testing. The actual test sheet looked the same, but had no writing on it. |

*This Web Site is Best viewed with 256 or more colors.*

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