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|  | **RECOMMENDATIONS FOR FUTURE ALZHEIMER�S SENSORY RESEARCH**  \* verbal communication with words  � approach the person from the front when possible  � speak to the person slowly in a gentle, reassuring voice  � state your name and the person you are addressing; don�t assume the person will remember who you are  � use �yes/no� questions; try not to overload the person with too many choices  � keep sentences short and to the point  \* non-verbal communication  � approach the person from the front when possible  � touch...the person with AD may respond positively to gentle and loving touch  � sensory stimulation...through art, music, animals, nature  � body language...while a person with AD may not respond to verbal cues, he/she is able to sense your emotions and intent through your body language  \* make the most of your visits with the Alzheimer�s patients  � plan something to do or talk about each time  � focus on their abilities, not limitations  � be regular with your visits and be as specific as you can about when you�ll be coming; different days of the week and time of day do make a difference  � keep your visits as pleasurable as possible  **IDEAS FOR FURTHER TREATMENT WITH ALZHEIMERS PATIENTS**  1. read to them from magazines  2. look at picture books  3. play simple games, like checkers or cards  4. listen to polka music  5. sort objects such as beads by shape or color  6. sing christmas colors  7. string cheerios to hang outside for the birds  8. have an afternoon tree  9. color a picture of a flag  10. fold towels  11. play pictionary  12. dance  13. help them write a letter to a friend  14. give a manicure  15. finish famous sayings  16. feed the birds  17. mold with play dough  18. sand wood  19. rub on pleasent scented hand lotion  20. be creative, try something new! |

*This Web Site is Best viewed with 256 or more colors.*

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