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| **Introduction: Stress Responses** | **Close Window** |

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|  | |  | **Life Event** | |  |  | |
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| **Perception of Event as Positive or Negative** | | | |
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|  | | **Brain Intercepts Perception and Decides on Response** | | | |  | |
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| **Negative Stress Reaction** | | **Positive Stress Reaction** | |
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| **Negative Conditioning** | | **Positive Conditioning** | |
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| **Negative Stress Response** | | **Limited Stress Reinforced Response** | |
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| **Habitual Stress Reactions** | | **No Stress Reactions** | |
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| **Disease** | | **No Disease** | |

**Mental pathway through which life become stress responses.**

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| [**Conclusion**](http://docs.google.com/conclusion.html) **|** [**Recommendations**](http://docs.google.com/recommendations.html) **|** [**Bibliography**](http://docs.google.com/bibliography.html) **|** [**Links/Other**](http://docs.google.com/linksother.html) |