

# My work

Me

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```
Fitness <- data.frame(  
  Date = c("10.10", "10.11", "10.12", "10.13", "10.14", "10.15", "10.16",  
  "10.17"),  
  Heart_rate = c(100, 98, 105, 101, 110, 105, 95, 103))  
include=FALSE  
knitr::opts_chunk$set(echo = TRUE)
```

## Fitness

```
summary (data.frame (Fitness))
```

```
##      Date      Heart_rate  
## Length:8      Min.   : 95.0  
## Class :character 1st Qu.: 99.5  
## Mode  :character Median :102.0  
##                      Mean  :102.1  
##                      3rd Qu.:105.0  
##                      Max.   :110.0
```



