

# Sensory Gloves

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**Resources:**

Heavy duty rubber gloves containing jelly, oats, flour, pasta and peas, firmly tied with string

Risk assess – check gloves for any holes/splits and that they are still secure before use. Adult to be present at all times. Check for any skin reactions throughout and after activity.

**Activity Tips:**

Allow children to explore the gloves freely, putting them to their mouth if they choose to.  
Feel the gloves yourself naming how they feel.  
Given children the language for what the gloves feel like.  
Extend – guessing what is inside, asking child “what does it feel like?”

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**Possible Key Vocabulary:**

“Lumpy”  
“Soft”  
“Bumpy”  
“Smooth”  
“Rubbery”  
“Squeeze”

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**Links to Development Matters for Speech and Language:**

*Understand simple meanings conveyed in speech.*  
*Use single-word and two-word utterances to convey simple and more complex messages.*  
*Are intrigued by novelty and events and actions around them.*

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**Every Baby a Talker**

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