

# Sensory Bottles

## **Resources:**

Clear bottles containing water/glitter/food colouring/items to make different noises/visual stimulation

Risk assess: check bottle lids are securely fastened onto bottles before each use

## **Activity Tips:**

For younger babies hold the bottle close and tip it up and down talking about what you are doing, what can be seen or what can be heard.

For toddlers allow them to explore the bottles, joining in their play.

Extend – To compare the sounds between bottles, e.g. bottle containing cotton wool “oh, it doesn’t make a noise!” compared with bottle containing pasta.

## **Possible Key Vocabulary:**

“Shake”

“Sparkly”

“Noisy”

## **Links to Development Matters for Speech and Language:**

*Take pleasure in making and listening to a wide variety of sounds.*

*Use single-word and two-word utterances to convey simple and more complex messages.*

*Are intrigued by novelty and events and actions around them.*

## **Every Baby a Talker**

**Developed by Kelly Barker (0-3s Support Development Officer) 07767425958**

**[kbarker@thurrock.gov.uk](mailto:kbarker@thurrock.gov.uk)**

**Debbie Shepherd (0-3s Development Officer) 07920750949**

**[dshepherd@thurrock.gov.uk](mailto:dshepherd@thurrock.gov.uk)**

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