



BODIES

Physical appearance

Adult and child discuss each others physical appearance i.e. eye colour, hair colour. texture and length.

Parts of the body.

Adult and child talk about different parts of their body, size and shape, how joints bend, what the body parts are for. Now ask your child if they can name different parts of their body.

Riddles

Ask riddles about different parts of the body. Can your child guess from your clues?
For Example "I help you to smell." or "I have five of these."

Take turns to give instructions:

"Close your eyes; open your eyes; stand up etc.

Play O'Grady

O'Grady says

-Put your feet together (child does it if you say O'Grady says but not when you just say touch your nose.

What can I do now?

Talk about different skills and discuss what child has mastered or needs practice with

For example

- Button and unbutton
- Blow my nose
- Brush my teeth
- Put my things away

Likes and dislikes

Adults helps to keep conversations going by asking open questions that cannot be answered by just yes and no.

Who is your friend?

Which friend is kind to you?

Which friend makes you laugh?

What is your favourite TV programme? etc

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