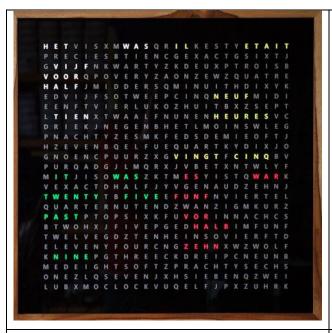
# **Arduino ESP32-Nano word clock**

A clock that displays time in words in the languages Dutch, English, French and German in a large 4-language clock or as a single language clock.

The Arduino ESP32 Nano is used to drive the clock.

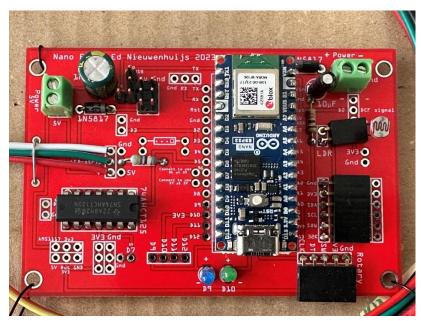
Time is synchronized with the Network Time Protocol (NTP) from the internet. Settings can be controlled with a webpage, a PC or a Bluetooth Low Energy (BLE) serial terminal app installed on a phone, PC or tablet.





4-language clock

Dutch language clock



Arduino ESP32 Nano on the PCB inside the clock.

### **Before starting**

The clock receives time from the internet if a DS3231 time module is not installed. When a DS3231 time module is attached to the circuit board an internet connection is not obliged.

To connect to the internet the name of the WIFI station and its password must be entered in the clock software to be able to connect to a WIFI router.

The name of the WIFI-station and password has to be entered once. These credentials will be stored in memory of the microprocessor.

To make life easy it is preferred to use a phone or tablet and a Bluetooth communication app to enter the WIFI credentials into the clock.



- Download a Bluetooth UART serial terminal app on your phone, PC, or tablet.

For IOS: BLE Serial Pro or BLESerial nRF.

For Android: Serial Bluetooth Terminal.

Compilation and uploading

The settings of the ESP32C3 board is as follows.

Partition scheme is huge.

Remember to install the ESP32 boards as explained above in the chapter Materials

#### **Installations**

To connect to a WIFI network a SSID (WIFI name) and password must be entered.

There are a few methods:

Connect the MCU in the clock with a micro USB serial cable to a PC and use a serial terminal.

Use a BLE serial terminal app on a phone or tablet for connection.

For a PC the app **Termite** is fine as serial terminal.

For IOS use: BLE Serial Pro or BLESerial nRF.

For Android use: Serial Bluetooth terminal.

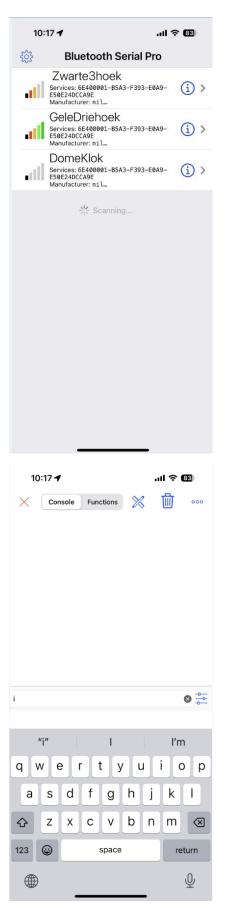
Bluetooth Low Energy (BLE) can use two types of protocol CC25nn or nRF52nn where nn is a specific number. This clock uses nRF52 from the company Nordic.

- Start the app and start a connection with the clock. Some apps automatically start with a connection window but for some a connection symbol must be pressed. You will most probably find one station to select from.
- Select the clock in the list.
- The app will display a window and a line where commands can be entered and send to the clock.
- Sending the letter I or i for information will display the menu followed with the actual settings of several preferences.

In the clock there is a LED that will have a red dot lighted when the program is running.

A green dot will turn on when there is a WIFI connection. When there is a Bluetooth connection a blue dot in the LED will light.





# In both cases send the letter I of Information and the menu shows up.

Enter the first letter of the setting you want to changes followed with a code.

Some entries just toggle On and Off. Like the W to set WIFI Off or On.

To change the SSID and password:

Send the letter **A** or **a** followed with the WIFI station name

**Amy-ssid** and send this command. Eg AFRITZ!Box01 or aFRITZ!Box01. Starting with an upper or lower case character is an identical instruction in the command string

Then the letter B followed with the password.

**Bmypassword** and send the password.

**Cbroadcastname** will change to name displayed in the Bluetooth connection list. Something like: cMyClock

If the length of the SSID and/or password is less then 5 characters the WIFI will be turned off automatically to avoid connection errors.

Use a length of minimal 8 characters for SSID and password.

Check in the menu (third row from the bottom) if WIFI and NTP are on.

Enter @ to restart the MCU. It will restart and connections will be made.

Sometimes a second or third reset must be given to get the clock connected to WIFI. If connection still fails check the SSID name and the entered password. (send the letter b, an easter egg)) If WIFI is connected the LED on the MCU will turn on a green dot.

D Date (D15012021) T Time (T132145) E Timezone (E<-02>2 or E<+01>-1)F Own colour (Hex FWWRRGGBB) I To print this Info menu J Toggle use DS3231 RTC module K LDR reads/sec toggle On/Off N Display off between Nhhhh (N2208) O Display toggle On/Off P Status LED toggle On/Off Q Display colour choice (Q0-7)Q0 Yellow Q1 hourly Q2 White Q3 All Own Q4 Own Q5 Wheel R Reset settings @ = Reset MCU --Light intensity settings (1-250)--S=Slope V=Min U=Max (S80 V5 U200) W=WIFI X=NTP& Y=BLE Z=Fast BLE Ed Nieuwenhuys Juni 2024

A SSID B Password C BLE beacon name

Display off between: 23h - 08h

Display choice: Wheel

Slope: 20 Min: 5 Max: 255

SSID: FRITZ!Box

BLE name: NanoESP32Clock IP-address: 192.168.178.34 (/update) Timezone:CET-1CEST,M3.5.0,M10.5.0/3 WIFI=On NTP=On BLE=On FastBLE=On

Language choice: NL

LED strip: WS2812 (Send % to switch)
Software: ESP32Arduino\_WordClockV026.ino

Menu displayed in serial output.

Default the clock is set to Amsterdam time. A reset with option R in the menu will restore this time zone to Amsterdam again.

To set a different time zone send the time zone string between the quotes prefixed with the character E or e.

At the bottom of this manual many time zones are printed.

For example; if you live in Australia/Sydney send the string, eAEST-10AEDT,M10.1.0,M4.1.0/3.

The clock will use the Daylight saving time (DST) when connected to an NTP server but not when using the DS3231 time module





HTML page on iPhone

#### Termite Terminal from a PC

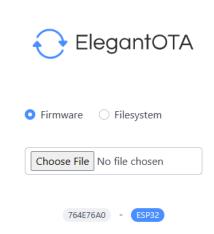
#### **Upgrading software**

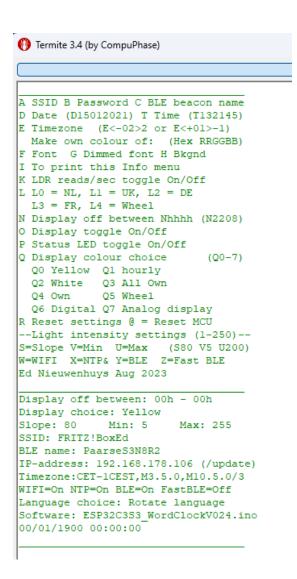
Software can be upgraded over the air (OTA) by opening a web browser and entering the IP-address of the clock followed with /update.

For example: 192.168.178.78/update.

Choose firmware and click on Choose File.

Choose the appropriate bin file.





### **Control and settings of the clock**

The clock can be controlled with the WIFI webpage or BLE UART terminal app. When the clock is connected to WIFI it has received an IP-address from the router it is connected to.

The IP-address is printed in the menu. If you can not use a terminal app the IP-address of the clock can be found in your WIFI router.

To start the menu in a web page the IP-address numbers and dots (for example: 192.168.178.77) must be entered in the web browser of your mobile or PC where you type your internet addresses (URL).

Or with a Bluetooth connection:

- Open the BLE terminal app.
- Look in the app for the clock to connect to and connect.

Every app has its own way of showing the Bluetooth device to connect to.

The iPhone/iPad/iMac BLE serial apps are made by me and work with their default settings.

With other apps settings for sending and receiving data may have to be changed. Play with the font size and the CR and LF setting until you get On a iPhone, iPad or iMac with the BLE serial app it is possible to speed up the transmission speed by selecting option 'Z Fast BLE' in the menu

Unfortunately some apps can not read strings longer than 20 characters and you will see the strings truncated or garbled.

If you see a garbled menu enter and send the character 'Z' to select the slower transmission mode.



If transmission is too garbled and it is impossible to send the character Z try the web page of the clock and send the character Z.

If all fails you have to connect the MCU inside the clock with a USB C cable to a PC and use a serial terminal app to send a Z.

# Regulating the light intensity of the display

In the menu light intensity of the display can be controlled with three parameters:

--Light intensity settings (1-250)--

S=Slope V=Min U=Max (S80 V5 U200)

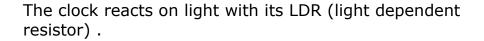
The default values are shown between the ().

S How fast the brightness reaches maximum brightness.

V How bright the display is in complete darkness.

U the maximum brightness of the display.

In the bottom half of the menu the stored values are displayed Slope: 80 Min: 5 Max: 255





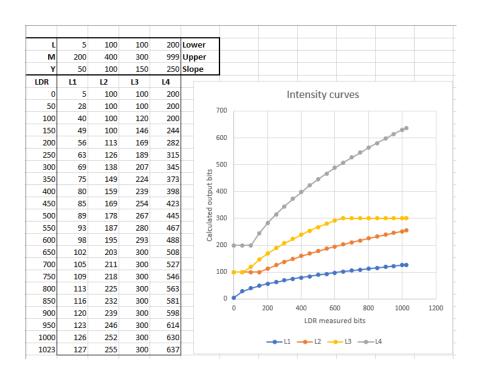
When it gets dark the display does not turn off completely but will stay dimmed at a minimum value.

With the parameter V the lowest brightness can be controlled. With a value between 0 and 255 this brightness can be set.

V5 is the default value.

The maximum brightness of the display is controlled with the parameter U. Also a value between 0 and 255.

With parameter S the slope can be controlled how fast maximum brightness is achieved.



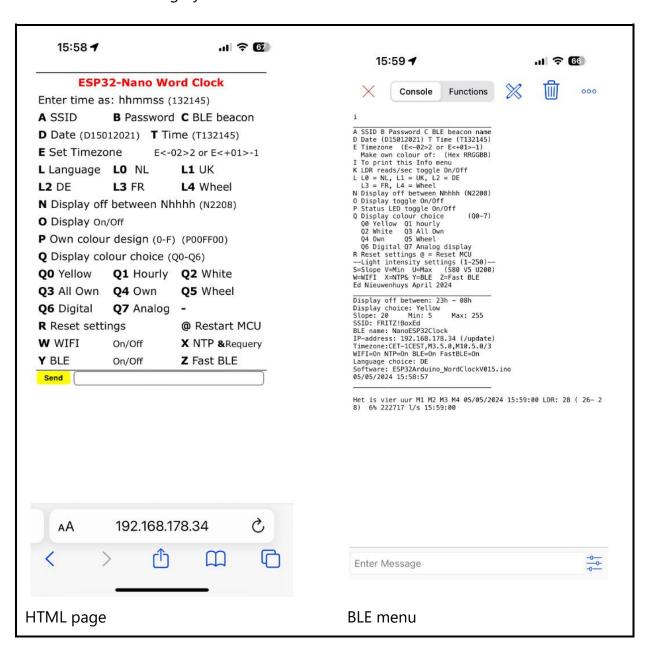
# Settings are set by entering the first character of a command following by parameters if necessary.

For example:

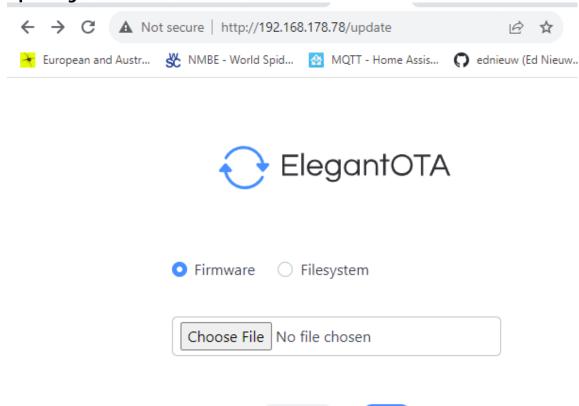
To set the colours of the words in the clock to white enter: Q2

To shown random all four languages every minute send L4. (This will not function in a single language clock)

Turn off WIFI by sending a W. Restart the clock with the letter @. Reset to default setting by send R.



# **Updating the software**

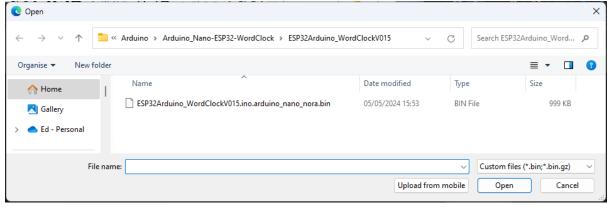


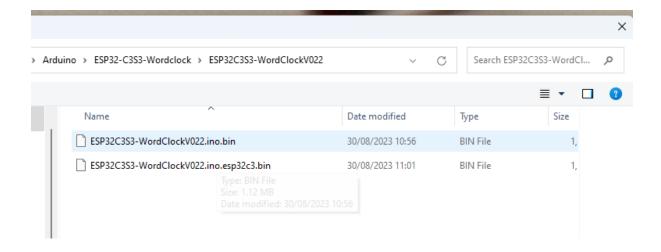
The software can be updated 'Over The Air' when the clock is connected to WIFI. You can find the IP-address in the menu or in the digital display mode menu option O6.

B7A1DF7C -

Enter the IP-address of the clock followed with /update Something like this: 192.168.178.78/update

'Choose File' in the menu and select the bin file to update. Something like: ESP32Arduino\_WordClockV015.ino.arduino\_nano\_nora.bin where V015 is the version number of the software.





# **Detailed description**

With the menu many preferences can be set. These preferences are stored on a SD-card or in the ESP32-S3 storage space.

Enter the first character in the menu of the item to be changed followed with the parameter.

There is no difference between upper or lower case. Both are OK.

#### A SSID B Password C BLE beacon name

Change the name of the SSID of the router to be connected to.

For example: aFRITZ!BoxEd or AFRITZ!BoxEd.

Then enter the password. For example: BSecret\_password.

Restart the clock by sending @.

Entering a single 'b' will show the used password. This 'Easter egg' can be used to check if a valid password was entered.

#### D Set Date and T Set Time

If you are not connected to WIFI you have to set time and date by hand.

For example enter: D06112022 to set the date to 6 November 2022.

Enter for example T132145 (or 132145 , or t132145) to set the time to 45 seconds and 21 minute past one o'clock.

#### **E Set Timezone E<-02>2 or E<+01>-1**

At the bottom of this page you can find the time zones used in 2022.

It is a rather complicated string and it is therefore wise to copy it.

Let's pick one if you happen to live here: Antarctica/Troll,"<+00>0<+02>-2,M3.5.0/1,M10.5.0/3"

Copy the string between the " "'s and send it with starting with an 'E' or 'e' in front. E<+00>0<+02>-2,M3.5.0/1,M10.5.0/3

#### F Own colour (Hex WWRRGGBB)

You can set the colours of the words of your choice and select them with option Q in the menu with Q3 or Q4.

The format to be entered is hexadecimal. 0123456789ABCDEF are the characters that can be used.

The command is 2 digits for Red followed with two for Green and ending with two digits for Blue.

To colour the characters intense Green enter F0000FF00 prefixed with the letter F.

## I To print this Info menu

Print the menu to Bluetooth and the serial monitor connected with an USB-cable.

# J Toggle to use the DS3231 module time

Sending 'J' will toggle the use of an optional DS3231 time module ON and OFF. If the clock does not has an internet connection time will probably drift undesirably quick. Installing a DS3231 time module will reduce the drift to a few seconds per year. Time can be entered with option T and D in the menu.

#### K Reads/sec toggle On/Off

Entering a K toggles printing of the LDR reading of the measured light intensity. It also shows how many times the processor loops through the program and checks its tasks to run the clock.

#### M Demo mode (msec) (M200)

Enter M followed with the duration of a second in milli seconds. M200 (200 milli second) will speed up the clock 5 times. Sending an M will turn off display mode

#### N Display off between Nhhhh (N2208)

With N2208 the display will be turned off between 22:00 and 8:00.

#### O Display toggle On/Off

O Toggles the display off and on.

# P Status LEDs toggle On/Off

P Toggles the status LEDs on the MCU off and on.

#### Q Display colour choice (Q0-6)

#### Q0 Yellow Q1 hourly Q2 White Q3 All Own Q4 Own Q5 Wheel Q6 Digital display

Q0 will show the time with yellow words

and will change HET from green to red via yellow in an hour. and will change IS or WAS from green to red via yellow in an minute.

Q1 will show every hour another colour.

Q2 shows all the texts white.

Q3 and Q4 uses you own defined colours.

Q5 will follow rainbow colours every minute.

Q6 is the digital display

#### R Reset settings

R will set all preferences to default settings,

It also clears the SSID and password.

Perform a reset when you upload the sketch for the first time in the Arduino Nano.

# S=Slope V=Min U=Max (S80 V5 U200)

S How fast the brightness reaches maximum brightness.

V How bright the display is in complete darkness.

U the maximum brightness of the display.

Values between 0 and 250'

#### ! = Show NTP, RTC and DS3231 time

! will display the NTP, RTC and DS3231 time as they are stored in the clock in the clock. The DS3231 time module must be installed and being used to show a realistic time.

Same as & option but this option will not get the time from the internet NTP server

#### # = Selftest

Sending a # will start the clock self test. This is convenient to check if all the words in the clock a functioning.

# % = Switch between SK6812 and WS2812 LED strip

With this option the used LED strip can be changed. The clock is equipped with on of these to types of LED strips.

A Reset of all settings by sending a R in the menu will not change the LED strip selection.

#### @ = Reset MCU

@ will restart the MCU. This is handy when the SSID, et cetera are changed and the program must be restarted. Settings will not be deleted.

# & = Get and stores NTP time in RTC and DS3231 time

& will get the NTP time immediately from the internet and stores it in the RTC clocks. This option is convenient to force the clock to get the proper NTP time. In other cases the program will check the time running in the clock and on the NTP server so now and then and update the RTC clocks.

The DS3231 time module must be installed and being used to show a realistic time.

# W=WIFI, X=NTP&, Y=BLE

Toggle WIFI, NTP on and off.

Enter the character will toggle it on or off.

At the bottom of the menu the stated is printed.

Display off: 00h - 00h
Display choice: Yellow
SSID: FRITZ!BoxEd
BLE name: ESPWordClock
IP-address: 192.168.178.78
Timezone:CET-1CEST,M3.5.0,M10.5.0/3
WIFI=On NTP=On BLE=On FastBLE=On
Language choice: Rotate language

Sending a & will start a query from the time server.

#### **Z Fast BLE**

The BLE UART protocol sends default packets 20 bytes long. Between every packet there is a delay of 50 msec.

The IOS BLEserial app, and maybe others too, is able to receive packets of 80 bytes or more before characters are missed. This makes the menu printed faster.

Option Z toggles between the long and short packages.

#### **Program explanation**

The program uses the following standard libraries.

The TAB in the IDE is the web page to display in the browser.

The #include "Webpage.h" a few lines further in the code loads the webpage. I made the web page in the free 'Microsoft Expression Web 4'. It is not maintained anymore but has more than enough functionalities for our purposes.

To copy the code from the MS-Expression:

In the bottom line of the window of MS-Expression click 'Split'.

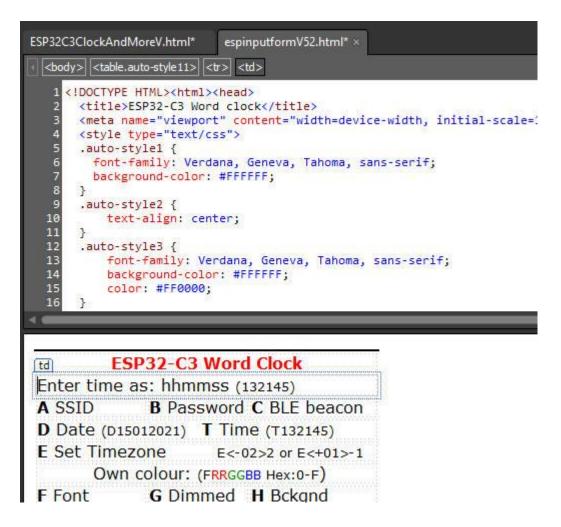
In the upper half the raw HTML Code is displayed and in the bottom half the Design window.

Copy in the Code window all the HTML code

Go to the Arduino IDE and paste it in the webpage.h TAB between:

R"rawliteral( ... and ... )rawliteral";

Or copy the the code from the webpage.h into MSexpression Code area and redesign the page as you like



A long list if definitions and initialisations follows.

I am not a fan of passing all the variables to and from functions and like to keep them global in one program list.

If you write a program with other people it is good practice not to use too many globals but this program is in one large listing, for the same reason to keep it simple. I grouped all the variables per application to keep track where they are used. With a simple find it is easy in this one great listing to find the back.

To print the time as text and colour with the proper LEDs or characters, the words and its position in a string of LEDs or text are defined.

The defines executes the function ColorLeds with its proper parameters.

Further in the program in the function void Dutch(void), void English(void) et cetera it becomes clear why these defines are so useful and handy.

```
#define PRECIES ColorLeds("precies", 16, 22, LetterColor);
#define MTIEN ColorLeds("tien", 25, 28, LetterColor);
#define KWART ColorLeds("kwart", 32, 36, LetterColor);
#define VOOR ColorLeds("voor", 38, 41, LetterColor);
```

This is the initialisation of the storage area to store the struct EEPROMstorage.

The Struct with all its settings is saved in one command to permanent memory or SD Preferences FLASHSTOR;

struct EEPROMstorage { // Data storage to maintain them after power loss byte DisplayChoice = 0;

```
char BLEbroadcastName[30]; // Name of the BLE beacon char Timezone[50]; int Checksum = 0; } Mem;
```

The variables are addressed with a short name Mem. For example Mem.DisplayChoice = 3;

The Struct EEPROMstorage is stored in the function StoreStructInFlashMemory and retrieved in the function GetStructFromFlashMemory

The menu displayed in the serial monitor and BLE app is defined here. String may not be longer than 40 characters what can be checked with the 'ruler' string.

```
// Menu
           2 3 4
//0
//123456789012345678901234567890
char menu[][40] = {
"A SSID B Password C BLE beacon name",
"D Date (D15012021) T Time (T132145)",
"W=WIFI, X=NTP, Y=BLE, Z=Fast BLE",
"Jun 2024" };
The Setup happens here:
// ARDUINO Setup
//-----
void setup()
Serial.begin(115200);
// Setup the serial port to 115200 baud //
pinMode(secondsPin, OUTPUT);
// turn On seconds LED-pin
. . .
msTick = millis();
```

The loop is kept almost empty and the program starts in EverySeccondCheck. Only subroutine in CheckDevices(); must be executed often.

ne following routines check if something must hannen e

The following routines check if something must happen every second, minute, hour and day.

This flow handling of the program keeps the processor for 99% free for other uses. In this program that is almost nothing but for other purposes this can be needed. In the Bluetooth and Serial communication functions some short delays are used that are essential here but the program only runs here when there is an actual communication.

(An alternative method could have been the use of an interrupt every second and an empty loop)

Writing or reading to ports consumes a lot of processor time To let the LEDs flash like a heartbeat.

With %100==0 the port is written every 100 msec.

The LEDs are very bright therefore only a maximum of 12 bits of the 255 are send to the LED.

```
// CLOCK Update routine done every second
//-----
void EverySecondCheck(void)
static bool Toggle = 1;
uint32 t msLeap = millis() - msTick;
if (msLeap >999)
                          // Every second enter the loop
 msTick = millis();
 GetTijd(0);
                          // Get the time for the seconds
 Toggle = !Toggle;
                           // Used to turn On or Off Leds
 UpdateStatusLEDs(Toggle);
SetSecondColour(); // Set the colour per second
DimLeds(TestLDR); // Every second an intensity
                          // Every second an intensity check
 if (timeinfo.tm min != lastminute) EveryMinuteUpdate();
 Loopcounter=0;
//-----
// CLOCK Update routine done every minute
//----
void EveryMinuteUpdate(void)
{
if(timeinfo.tm hour != lasthour) EveryHourUpdate();
//-----
// CLOCK Update routine done every hour
void EveryHourUpdate(void)
{
if (timeinfo.tm mday != lastday) EveryDayUpdate();
// //
// CLOCK Update routine done every day
void EveryDayUpdate(void)
{
```

Common print routines.

To keep all the print commands in one places it is easy to change these routines for other boards with a different 'slang'.

```
// Common common print routines
//----
void Tekstprint(char const tekst[])
    { if(Serial) Serial.print(tekst); SendMessageBLE(tekst); sptext[0]=0; }
void Tekstprintln(char const tekst[])
    { sprintf(sptext,"%s\n",tekst); Tekstprint(sptext); }
void TekstSprint(char const tekst[])
    { printf(tekst); sptext[0]=0;} // printing for Debugging purposes
void TekstSprintln(char const tekst[])
    { sprintf(sptext, "%s\n", tekst); TekstSprint(sptext); }
//-----
// Common Constrain a string with integers
// The value between the first and last character in a string is returned
between the low and up boundaries
//-----
int SConstrainInt(String s,byte first,byte last,int low,int up)
   {return constrain(s.substring(first, last).toInt(), low, up);}
int SConstrainInt(String s,byte first, int low,int up)
   {return constrain(s.substring(first).toInt(), low, up);}
```

The setup of storage space and control of the validity of the settings. In the checksum is invalid a reset() will restore the default settings

```
//-----
// Common Init and check contents of EEPROM
//-----
void InitStorage(void)
```

Store and retrieve the settings from SPIFFS or SD or EEPROM the several possibilities are store here. EEPROM becomes outdated but still works.

```
// COMMON Store mem.struct in FlashStorage or SD
```

```
void StoreStructInFlashMemory(void)
{
}
//------
// COMMON Get data from FlashStorage Preferences.h
//-----
void GetStructFromFlashMemory(void)
{
}
```

Get the commands from the strings entered in the serial monitor, Bluetooth or the webpage and perform the command in an action.

The menu letters are almost used but it possible to distinguish between lower and uppercase when more commands are needed.

(That is why there is no conversion to UpperCase or LowerCase).

```
//-----
// CLOCK Input from Bluetooth or Serial
//-----
void ReworkInputString(String InputString)
{
....
switch (InputString[0])
{
case 'A':
case 'a':
if (InputString.length() >5 )
...
```

Read the LDR and divide it with 16 to get the values from 0 - 4096 between 0 and 255

Not all boards has a 12 bit AD converter like.

```
//------/
// LDR reading are between 0 and 255.
// ESP32 analogue read is between 0 - 4096 -- is: 4096 / 8
//-----
int ReadLDR(void) { return analogRead(PhotoCellPin)/16;}
```

Control the colour and intensity of the LED on the boards in one command

```
//-----
// CLOCK Control the LEDs on the ESP32
// 0 Low is LED off. Therefore the value is inversed with the ! Not
//-----
void SetStatusLED(bool Red, bool Green, bool Blue)
{
```

This function reads the analog port and calculates an output intensity to a display or LED-strip. The readings are squared to get a hyperbolic curve that resembles you eye correction for dark and light better than a linear range. It works wonderfully well.

```
// LED Dim the leds measured by the LDR and print values
// LDR reading are between 0 and 255. The Brightness send to the LEDs is
between 0 and 255
//-----
void DimLeds(bool print) { ... }
```

Here we print and colour the characters in the display or light up to proper LEDs in a String of RGB(W) LEDs.

The #define executes this functions with the proper parameters for every language and prints the texts in the serial connections.

#define QUARTER ColorLeds("quarter", 32, 38, LetterColor);

```
//-----/
/ LED Set colour for LED.
//-----
void ColorLeds(char const *Texkst, int FirstLed, int LastLed, uint32_t
RGBColor)
{
}
```

To convert all characters to uppercase in a character array.

```
//-----
// COMMON String upper
//----
void to upper(char* string)
```

Every display or strip uses other commands to regulate the brightness Therefore for all LED/Display commands a function

```
//-----
// LED Set brightness of backlight
//----
void SetBrightnessLeds(byte Bright)
{
   SetBackLight(Bright); // Set brightness of LEDs
```

A place to turn off all LEDs or clear the display

```
//-----
// LED Clear the character string
//-----
void LedsOff(void)
```

Here are all the colours are set for the characters are set.

The function has changed often and it's name describes it's original purpose For backward compatibility it's name is unchanged.

```
//-----
// LED Set second color
//-----
void SetSecondColour(void)
{ switch (Mem.DisplayChoice) { case DEFAULTCOLOUR: LetterColor = C_YELLOW; ...
```

SWversion() prints the menu and the settings of several preferences The function has changed often and it's name describes it's original purpose For backward compatibility it's name is unchanged. PrintLine() prints the horizontal lines in the menu.

```
//-----/
// CLOCK Version and preferences info
//------
```

```
void SWversion(void)
{
    #define FILENAAM (strrchr(__FILE__, '\\') ? strrchr(__FILE__, '\\') + 1 :
    __FILE__)
PrintLine(35);
for (uint8_t i = 0; i < sizeof(menu) / sizeof(menu[0]);
Tekstprintln(menu[i++]));
...
PrintLine(35);
}
void PrintLine(byte Lengte)
{...}</pre>
```

Displaytime() prints the time to the serial monitor as text and control wiich language is printed.

It also sends the appropriate sequence of colour and intensities to a RGB(W) LED strip.

A series of functions to get and store time.

The NTP time server puts the retrieved time in the standard C time structures.

Functions to let the clocks speak the time in four languages

There is also a lot of slang in languages.

'Half nine' sometimes means 8:30 but can also be 9:30. (-:

```
/-----
// CLOCK Dutch clock display
//----
void Dutch(void)
{
```

```
HET; // HET is always on
switch (timeinfo.tm_min)
{
  case 0: IS; PRECIES; break;
  case 1: IS; break;
  case 2:
  case 3: WAS; break;
  case 4:
  case 5:
  ...

void English(void)
void German(void)
void French(void)
```

The Bluetooth Low Energy Nordic nRF.. functions.

They are different from the Texas instrument CC2540/CC2541 that is used in other chipsets like the HM-10, HM16, JDY-08 et cetera.

<u>More here on Instructables</u> https://www.instructables.com/Communicate-Using-CC254x-or-NRF-BLE-With-Arduino-a/

Functions to start a WIFI connection and use the webpage

#### **Time zones**

Copy the text **between the quotes** and paste them after the character E and send it to the clock

For example EGMT0.

```
Africa/Abidjan, "GMT0"
Africa/Accra, "GMT0"
Africa/Addis Ababa, "EAT-3"
Africa/Algiers, "CET-1"
Africa/Asmara, "EAT-3"
Africa/Bamako,"GMT0"
Africa/Bangui,"WAT-1"
Africa/Banjul,"GMT0"
Africa/Bissau,"GMT0"
Africa/Blantyre,"CAT-2"
Africa/Brazzaville,"WAT-1"
Africa/Bujumbura, "CAT-2"
Africa/Cairo,"EET-2"
Africa/Casablanca,"<+01>-1"
Africa/Ceuta, "CET-1CEST, M3.5.0, M10.5.0/3"
Africa/Conakry, "GMT0"
Africa/Dakar, "GMT0"
Africa/Dar es Salaam, "EAT-3"
Africa/Djibouti, "EAT-3"
Africa/Douala, "WAT-1"
Africa/El Aaiun,"<+01>-1"
Africa/Freetown, "GMT0"
Africa/Gaborone, "CAT-2"
Africa/Harare, "CAT-2"
Africa/Johannesburg, "SAST-2"
Africa/Juba, "CAT-2"
Africa/Kampala, "EAT-3"
Africa/Khartoum,"CAT-2"
Africa/Kigali, "CAT-2"
Africa/Kinshasa,"WAT-1"
Africa/Lagos, "WAT-1"
Africa/Libreville,"WAT-1"
Africa/Lome, "GMT0"
Africa/Luanda, "WAT-1"
Africa/Lubumbashi,"CAT-2"
Africa/Lusaka, "CAT-2"
Africa/Malabo, "WAT-1"
Africa/Maputo, "CAT-2"
Africa/Maseru,"SAST-2"
Africa/Mbabane, "SAST-2"
Africa/Mogadishu, "EAT-3"
Africa/Monrovia, "GMT0"
Africa/Nairobi, "EAT-3"
Africa/Ndjamena, "WAT-1"
Africa/Niamey, "WAT-1"
Africa/Nouakchott, "GMT0"
Africa/Ouagadougou, "GMTO"
Africa/Porto-Novo, "WAT-1"
Africa/Sao Tome, "GMT0"
Africa/Tripoli, "EET-2"
Africa/Tunis,"CET-1"
Africa/Windhoek, "CAT-2"
America/Adak, "HST10HDT, M3.2.0, M11.1.0"
America/Anchorage, "AKST9AKDT, M3.2.0, M11.1.0"
America/Anguilla,"AST4"
America/Antigua, "AST4"
America/Araguaina,"<-03>3"
America/Argentina/Buenos Aires,"<-03>3"
```

```
America/Argentina/Catamarca,"<-03>3"
America/Argentina/Cordoba,"<-03>3"
America/Argentina/Jujuy, "<-03>3"
America/Argentina/La_Rioja,"<-03>3"
America/Argentina/Mendoza,"<-03>3"
America/Argentina/Rio Gallegos,"<-03>3"
America/Argentina/Salta,"<-03>3"
America/Argentina/San Juan,"<-03>3"
America/Argentina/San Luis,"<-03>3"
America/Argentina/Tucuman,"<-03>3"
America/Argentina/Ushuaia,"<-03>3"
America/Aruba, "AST4"
America/Asuncion, "<-04>4<-03>, M10.1.0/0, M3.4.0/0"
America/Atikokan, "EST5"
America/Bahia,"<-03>3"
America/Bahia Banderas, "CST6CDT, M4.1.0, M10.5.0"
America/Barbados, "AST4"
America/Belem, "<-03>3"
America/Belize, "CST6"
America/Blanc-Sablon, "AST4"
America/Boa_Vista,"<-04>4"
America/Bogota,"<-05>5"
America/Boise, "MST7MDT, M3.2.0, M11.1.0"
America/Cambridge Bay, "MST7MDT, M3.2.0, M11.1.0"
America/Campo_Grande,"<-04>4"
America/Cancun, "EST5"
America/Caracas,"<-04>4"
America/Cayenne,"<-03>3"
America/Cayman, "EST5"
America/Chicago, "CST6CDT, M3.2.0, M11.1.0"
America/Chihuahua, "MST7MDT, M4.1.0, M10.5.0"
America/Costa_Rica,"CST6"
America/Creston, "MST7"
America/Cuiaba, "<-04>4"
America/Curacao, "AST4"
America/Danmarkshavn, "GMT0"
America/Dawson, "MST7"
America/Dawson_Creek,"MST7"
America/Denver, "MST7MDT, M3.2.0, M11.1.0"
America/Detroit, "EST5EDT, M3.2.0, M11.1.0"
America/Dominica,"AST4"
America/Edmonton, "MST7MDT, M3.2.0, M11.1.0"
America/Eirunepe, "<-05>5"
America/El Salvador, "CST6"
America/Fortaleza, "<-03>3"
America/Fort Nelson, "MST7"
America/Glace_Bay, "AST4ADT, M3.2.0, M11.1.0"
America/Godthab, "<-03>3<-02>, M3.5.0/-2, M10.5.0/-1"
America/Goose Bay, "AST4ADT, M3.2.0, M11.1.0"
America/Grand Turk, "EST5EDT, M3.2.0, M11.1.0"
America/Grenada, "AST4"
America/Guadeloupe, "AST4"
America/Guatemala, "CST6"
America/Guayaquil, "<-05>5"
America/Guyana,"<-04>4"
America/Halifax, "AST4ADT, M3.2.0, M11.1.0"
America/Havana, "CST5CDT, M3.2.0/0, M11.1.0/1"
America/Hermosillo, "MST7"
America/Indiana/Indianapolis, "EST5EDT, M3.2.0, M11.1.0"
America/Indiana/Knox, "CST6CDT, M3.2.0, M11.1.0"
America/Indiana/Marengo, "EST5EDT, M3.2.0, M11.1.0"
America/Indiana/Petersburg, "EST5EDT, M3.2.0, M11.1.0"
America/Indiana/Tell City, "CST6CDT, M3.2.0, M11.1.0"
America/Indiana/Vevay, "EST5EDT, M3.2.0, M11.1.0"
America/Indiana/Vincennes, "EST5EDT, M3.2.0, M11.1.0"
America/Indiana/Winamac, "EST5EDT, M3.2.0, M11.1.0"
America/Inuvik, "MST7MDT, M3.2.0, M11.1.0"
America/Iqaluit, "EST5EDT, M3.2.0, M11.1.0"
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America/Jamaica, "EST5"
America/Juneau, "AKST9AKDT, M3.2.0, M11.1.0"
America/Kentucky/Louisville, "EST5EDT, M3.2.0, M11.1.0"
America/Kentucky/Monticello, "EST5EDT, M3.2.0, M11.1.0"
America/Kralendijk, "AST4"
America/La Paz,"<-04>4"
America/Lima,"<-05>5"
America/Los Angeles, "PST8PDT, M3.2.0, M11.1.0"
America/Lower Princes, "AST4"
America/Maceio, "<-03>3"
America/Managua, "CST6"
America/Manaus,"<-04>4"
America/Marigot, "AST4"
America/Martinique, "AST4"
America/Matamoros, "CST6CDT, M3.2.0, M11.1.0"
America/Mazatlan, "MST7MDT, M4.1.0, M10.5.0"
America/Menominee, "CST6CDT, M3.2.0, M11.1.0"
America/Merida, "CST6CDT, M4.1.0, M10.5.0"
America/Metlakatla, "AKST9AKDT, M3.2.0, M11.1.0"
America/Mexico_City, "CST6CDT, M4.1.0, M10.5.0"
America/Miquelon, "<-03>3<-02>, M3.2.0, M11.1.0"
America/Moncton, "AST4ADT, M3.2.0, M11.1.0"
America/Monterrey, "CST6CDT, M4.1.0, M10.5.0"
America/Montevideo,"<-03>3"
America/Montreal, "EST5EDT, M3.2.0, M11.1.0"
America/Montserrat, "AST4"
America/Nassau, "EST5EDT, M3.2.0, M11.1.0"
America/New York, "EST5EDT, M3.2.0, M11.1.0"
America/Nipigon, "EST5EDT, M3.2.0, M11.1.0"
America/Nome, "AKST9AKDT, M3.2.0, M11.1.0"
America/Noronha,"<-02>2"
America/North Dakota/Beulah, "CST6CDT, M3.2.0, M11.1.0"
America/North Dakota/Center, "CST6CDT, M3.2.0, M11.1.0"
America/North Dakota/New Salem, "CST6CDT, M3.2.0, M11.1.0"
America/Nuuk, "<-03>3<-02>, M3.5.0/-2, M10.5.0/-1"
America/Ojinaga, "MST7MDT, M3.2.0, M11.1.0"
America/Panama, "EST5"
America/Pangnirtung, "EST5EDT, M3.2.0, M11.1.0"
America/Paramaribo, "<-03>3"
America/Phoenix, "MST7"
America/Port-au-Prince, "EST5EDT, M3.2.0, M11.1.0"
America/Port of Spain, "AST4"
America/Porto_Velho,"<-04>4"
America/Puerto Rico, "AST4"
America/Punta_Arenas,"<-03>3"
America/Rainy_River, "CST6CDT, M3.2.0, M11.1.0"
America/Rankin_Inlet, "CST6CDT, M3.2.0, M11.1.0"
America/Recife,"<-03>3"
America/Regina,"CST6"
America/Resolute, "CST6CDT, M3.2.0, M11.1.0"
America/Rio Branco, "<-05>5"
America/Santarem,"<-03>3"
America/Santiago, "<-04>4<-03>, M9.1.6/24, M4.1.6/24"
America/Santo Domingo, "AST4"
America/Sao Paulo,"<-03>3"
America/Scoresbysund, "<-01>1<+00>, M3.5.0/0, M10.5.0/1"
America/Sitka,"AKST9AKDT,M3.2.0,M11.1.0"
America/St_Barthelemy, "AST4"
America/St Johns, "NST3:30NDT, M3.2.0, M11.1.0"
America/St Kitts,"AST4"
America/St Lucia, "AST4"
America/St Thomas, "AST4"
America/St Vincent, "AST4"
America/Swift Current, "CST6"
America/Tegucigalpa, "CST6"
America/Thule, "AST4ADT, M3.2.0, M11.1.0"
America/Thunder Bay, "EST5EDT, M3.2.0, M11.1.0"
America/Tijuana, "PST8PDT, M3.2.0, M11.1.0"
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America/Toronto, "EST5EDT, M3.2.0, M11.1.0"
America/Tortola, "AST4"
America/Vancouver, "PST8PDT, M3.2.0, M11.1.0"
America/Whitehorse, "MST7"
America/Winnipeg, "CST6CDT, M3.2.0, M11.1.0"
America/Yakutat, "AKST9AKDT, M3.2.0, M11.1.0"
America/Yellowknife, "MST7MDT, M3.2.0, M11.1.0"
Antarctica/Casey, "<+11>-11"
Antarctica/Davis, "<+07>-7"
Antarctica/DumontDUrville,"<+10>-10"
Antarctica/Macquarie, "AEST-10AEDT, M10.1.0, M4.1.0/3"
Antarctica/Mawson, "<+05>-5"
Antarctica/McMurdo, "NZST-12NZDT, M9.5.0, M4.1.0/3"
Antarctica/Palmer, "<-03>3"
Antarctica/Rothera, "<-03>3"
Antarctica/Syowa,"<+03>-3"
Antarctica/Troll, "<+00>0<+02>-2, M3.5.0/1, M10.5.0/3"
Antarctica/Vostok,"<+06>-6"
Arctic/Longyearbyen, "CET-1CEST, M3.5.0, M10.5.0/3"
Asia/Aden,"<+03>-3"
Asia/Almaty,"<+06>-6"
Asia/Amman, "EET-2EEST, M2.5.4/24, M10.5.5/1"
Asia/Anadyr,"<+12>-12"
Asia/Aqtau,"<+05>-5"
Asia/Aqtobe, "<+05>-5"
Asia/Ashgabat,"<+05>-5"
Asia/Atyrau,"<+05>-5"
Asia/Baghdad, "<+03>-3"
Asia/Bahrain,"<+03>-3"
Asia/Baku,"<+04>-4"
Asia/Bangkok,"<+07>-7"
Asia/Barnaul,"<+07>-7"
Asia/Beirut, "EET-2EEST, M3.5.0/0, M10.5.0/0"
Asia/Bishkek,"<+06>-6"
Asia/Brunei,"<+08>-8"
Asia/Chita,"<+09>-9"
Asia/Choibalsan, "<+08>-8"
Asia/Colombo, "<+0530>-5:30"
Asia/Damascus, "EET-2EEST, M3.5.5/0, M10.5.5/0"
Asia/Dhaka,"<+06>-6"
Asia/Dili,"<+09>-9"
Asia/Dubai, "<+04>-4"
Asia/Dushanbe,"<+05>-5"
Asia/Famagusta, "EET-2EEST, M3.5.0/3, M10.5.0/4"
Asia/Gaza, "EET-2EEST, M3.4.4/48, M10.5.5/1"
Asia/Hebron, "EET-2EEST, M3.4.4/48, M10.5.5/1"
Asia/Ho_Chi_Minh,"<+07>-7"
Asia/Hong_Kong,"HKT-8"
Asia/Hovd,"<+07>-7"
Asia/Irkutsk,"<+08>-8"
Asia/Jakarta,"WIB-7"
Asia/Jayapura, "WIT-9"
Asia/Jerusalem, "IST-2IDT, M3.4.4/26, M10.5.0"
Asia/Kabul, "<+0430>-4:30"
Asia/Kamchatka,"<+12>-12"
Asia/Karachi, "PKT-5"
Asia/Kathmandu, "<+0545>-5:45"
Asia/Khandyga,"<+09>-9"
Asia/Kolkata, "IST-5:30"
Asia/Krasnoyarsk,"<+07>-7"
Asia/Kuala Lumpur, "<+08>-8"
Asia/Kuching, "<+08>-8"
Asia/Kuwait,"<+03>-3"
Asia/Macau, "CST-8"
Asia/Magadan, "<+11>-11"
Asia/Makassar, "WITA-8"
Asia/Manila, "PST-8"
Asia/Muscat, "<+04>-4"
```

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Asia/Nicosia, "EET-2EEST, M3.5.0/3, M10.5.0/4"
Asia/Novokuznetsk,"<+07>-7"
Asia/Novosibirsk,"<+07>-7"
Asia/Omsk,"<+06>-6"
Asia/Oral,"<+05>-5"
Asia/Phnom Penh,"<+07>-7"
Asia/Pontianak,"WIB-7"
Asia/Pyongyang, "KST-9"
Asia/Qatar,"<+03>-3"
Asia/Qyzylorda,"<+05>-5"
Asia/Riyadh, "<+03>-3"
Asia/Sakhalin,"<+11>-11"
Asia/Samarkand, "<+05>-5"
Asia/Seoul, "KST-9"
Asia/Shanghai, "CST-8"
Asia/Singapore,"<+08>-8"
Asia/Srednekolymsk,"<+11>-11"
Asia/Taipei, "CST-8"
Asia/Tashkent,"<+05>-5"
Asia/Tbilisi,"<+04>-4"
Asia/Tehran, "<+0330>-3:30<+0430>, J79/24, J263/24"
Asia/Thimphu,"<+06>-6"
Asia/Tokyo,"JST-9"
Asia/Tomsk,"<+07>-7"
Asia/Ulaanbaatar,"<+08>-8"
Asia/Urumqi,"<+06>-6"
Asia/Ust-Nera,"<+10>-10"
Asia/Vientiane,"<+07>-7"
Asia/Vladivostok,"<+10>-10"
Asia/Yakutsk,"<+09>-9"
Asia/Yangon,"<+0630>-6:30"
Asia/Yekaterinburg, "<+05>-5"
Asia/Yerevan,"<+04>-4"
Atlantic/Azores, "<-01>1<+00>, M3.5.0/0, M10.5.0/1"
Atlantic/Bermuda, "AST4ADT, M3.2.0, M11.1.0"
Atlantic/Canary, "WETOWEST, M3.5.0/1, M10.5.0"
Atlantic/Cape Verde, "<-01>1"
Atlantic/Faroe, "WETOWEST, M3.5.0/1, M10.5.0"
Atlantic/Madeira, "WETOWEST, M3.5.0/1, M10.5.0"
Atlantic/Reykjavik, "GMT0"
Atlantic/South Georgia, "<-02>2"
Atlantic/Stanley, "<-03>3"
Atlantic/St Helena, "GMT0"
Australia/Adelaide, "ACST-9:30ACDT, M10.1.0, M4.1.0/3"
Australia/Brisbane, "AEST-10"
Australia/Broken Hill, "ACST-9:30ACDT, M10.1.0, M4.1.0/3"
Australia/Currie, "AEST-10AEDT, M10.1.0, M4.1.0/3"
Australia/Darwin,"ACST-9:30"
Australia/Eucla, "<+0845>-8:45"
Australia/Hobart, "AEST-10AEDT, M10.1.0, M4.1.0/3"
Australia/Lindeman, "AEST-10"
Australia/Lord Howe, "<+1030>-10:30<+11>-11, M10.1.0, M4.1.0"
Australia/Melbourne, "AEST-10AEDT, M10.1.0, M4.1.0/3"
Australia/Perth, "AWST-8"
Australia/Sydney, "AEST-10AEDT, M10.1.0, M4.1.0/3"
Europe/Amsterdam, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Andorra, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Astrakhan,"<+04>-4"
Europe/Athens, "EET-2EEST, M3.5.0/3, M10.5.0/4"
Europe/Belgrade, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Berlin, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Bratislava, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Brussels, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Bucharest, "EET-2EEST, M3.5.0/3, M10.5.0/4"
Europe/Budapest, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Busingen, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Chisinau, "EET-2EEST, M3.5.0, M10.5.0/3"
Europe/Copenhagen, "CET-1CEST, M3.5.0, M10.5.0/3"
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Europe/Dublin, "IST-1GMT0, M10.5.0, M3.5.0/1"
Europe/Gibraltar, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Guernsey, "GMT0BST, M3.5.0/1, M10.5.0"
Europe/Helsinki, "EET-2EEST, M3.5.0/3, M10.5.0/4"
Europe/Isle of Man, "GMT0BST, M3.5.0/1, M10.5.0"
Europe/Istanbul,"<+03>-3"
Europe/Jersey, "GMT0BST, M3.5.0/1, M10.5.0"
Europe/Kaliningrad, "EET-2"
Europe/Kiev, "EET-2EEST, M3.5.0/3, M10.5.0/4"
Europe/Kirov, "<+03>-3"
Europe/Lisbon, "WETOWEST, M3.5.0/1, M10.5.0"
Europe/Ljubljana, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/London, "GMT0BST, M3.5.0/1, M10.5.0"
Europe/Luxembourg, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Madrid, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Malta, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Mariehamn, "EET-2EEST, M3.5.0/3, M10.5.0/4"
Europe/Minsk,"<+03>-3"
Europe/Monaco, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Moscow,"MSK-3"
Europe/Oslo, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Paris,"CET-1CEST,M3.5.0,M10.5.0/3"
Europe/Podgorica, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Prague, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Riga, "EET-2EEST, M3.5.0/3, M10.5.0/4"
Europe/Rome, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Samara,"<+04>-4"
Europe/San Marino, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Sarajevo, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Saratov,"<+04>-4"
Europe/Simferopol,"MSK-3"
Europe/Skopje,"CET-1CEST,M3.5.0,M10.5.0/3"
Europe/Sofia,"EET-2EEST,M3.5.0/3,M10.5.0/4"
Europe/Stockholm, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Tallinn, "EET-2EEST, M3.5.0/3, M10.5.0/4"
Europe/Tirane, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Ulyanovsk, "<+04>-4"
Europe/Uzhgorod, "EET-2EEST, M3.5.0/3, M10.5.0/4"
Europe/Vaduz, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Vatican, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Vienna, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Vilnius, "EET-2EEST, M3.5.0/3, M10.5.0/4"
Europe/Volgograd, "<+03>-3"
Europe/Warsaw, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Zagreb, "CET-1CEST, M3.5.0, M10.5.0/3"
Europe/Zaporozhye, "EET-2EEST, M3.5.0/3, M10.5.0/4"
Europe/Zurich, "CET-1CEST, M3.5.0, M10.5.0/3"
Indian/Antananarivo, "EAT-3"
Indian/Chagos,"<+06>-6"
Indian/Christmas,"<+07>-7"
Indian/Cocos, "<+0630>-6:30"
Indian/Comoro, "EAT-3"
Indian/Kerguelen,"<+05>-5"
Indian/Mahe,"<+04>-4"
Indian/Maldives,"<+05>-5"
Indian/Mauritius,"<+04>-4"
Indian/Mayotte, "EAT-3"
Indian/Reunion,"<+04>-4"
Pacific/Apia,"<+13>-13"
Pacific/Auckland, "NZST-12NZDT, M9.5.0, M4.1.0/3"
Pacific/Bougainville, "<+11>-11"
Pacific/Chatham, "<+1245>-12:45<+1345>, M9.5.0/2:45, M4.1.0/3:45"
Pacific/Chuuk, "<+10>-10"
Pacific/Easter, "<-06>6<-05>, M9.1.6/22, M4.1.6/22"
Pacific/Efate,"<+11>-11"
Pacific/Enderbury, "<+13>-13"
Pacific/Fakaofo,"<+13>-13"
Pacific/Fiji, "<+12>-12<+13>, M11.2.0, M1.2.3/99"
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Pacific/Funafuti,"<+12>-12"
Pacific/Galapagos, "<-06>6"
Pacific/Gambier,"<-09>9"
Pacific/Guadalcanal, "<+11>-11"
Pacific/Guam, "ChST-10"
Pacific/Honolulu, "HST10"
Pacific/Kiritimati,"<+14>-14"
Pacific/Kosrae, "<+11>-11"
Pacific/Kwajalein, "<+12>-12"
Pacific/Majuro,"<+12>-12"
Pacific/Marquesas, "<-0930>9:30"
Pacific/Midway, "SST11"
Pacific/Nauru, "<+12>-12"
Pacific/Niue, "<-11>11"
Pacific/Norfolk, "<+11>-11<+12>, M10.1.0, M4.1.0/3"
Pacific/Noumea,"<+11>-11"
Pacific/Pago Pago, "SST11"
Pacific/Palau,"<+09>-9"
Pacific/Pitcairn,"<-08>8"
Pacific/Pohnpei,"<+11>-11"
Pacific/Port Moresby, "<+10>-10"
Pacific/Rarotonga,"<-10>10"
Pacific/Saipan, "ChST-10"
Pacific/Tahiti,"<-10>10"
Pacific/Tarawa,"<+12>-12"
Pacific/Tongatapu,"<+13>-13"
Pacific/Wake,"<+12>-12"
Pacific/Wallis,"<+12>-12"
Etc/GMT, "GMT0"
Etc/GMT-0,"GMT0"
Etc/GMT-1,"<+01>-1"
Etc/GMT-2,"<+02>-2"
Etc/GMT-3,"<+03>-3"
Etc/GMT-4,"<+04>-4"
Etc/GMT-5,"<+05>-5"
Etc/GMT-6,"<+06>-6"
Etc/GMT-7,"<+07>-7"
Etc/GMT-8,"<+08>-8"
Etc/GMT-9,"<+09>-9"
Etc/GMT-10,"<+10>-10"
Etc/GMT-11,"<+11>-11"
Etc/GMT-12,"<+12>-12"
Etc/GMT-13,"<+13>-13"
Etc/GMT-14,"<+14>-14"
Etc/GMT0, "GMT0"
Etc/GMT+0,"GMT0"
Etc/GMT+1,"<-01>1"
Etc/GMT+2,"<-02>2"
Etc/GMT+3,"<-03>3"
Etc/GMT+4,"<-04>4"
Etc/GMT+5,"<-05>5"
Etc/GMT+6,"<-06>6"
Etc/GMT+7,"<-07>7"
Etc/GMT+8,"<-08>8"
Etc/GMT+9,"<-09>9"
Etc/GMT+10,"<-10>10"
Etc/GMT+11,"<-11>11"
Etc/GMT+12,"<-12>12"
Etc/UCT,"UTC0"
Etc/UTC,"UTC0"
Etc/Greenwich,"GMT0"
Etc/Universal,"UTC0"
Etc/Zulu,"UTC0"
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