

MATH 110 Lecture 4.1

Areas and Distances

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Tuesday, March 24, 2026

Department of Indigenous Knowledge and Science
First Nations University of Canada

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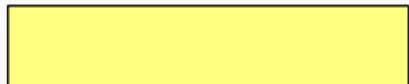
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- Both were solved using similar methods, a limiting process that we called *differentiation*.
- Now we are going to study two other problems, the *area* and *distance* problems.
- The area problem is a problem in geometry. The distance problem is a problem in physics.
- We are going to solve them now, which will lead to a useful new limiting process called *integration*.

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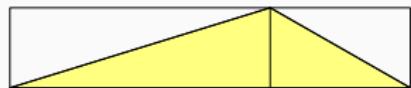
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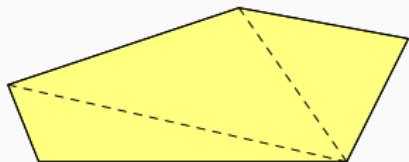
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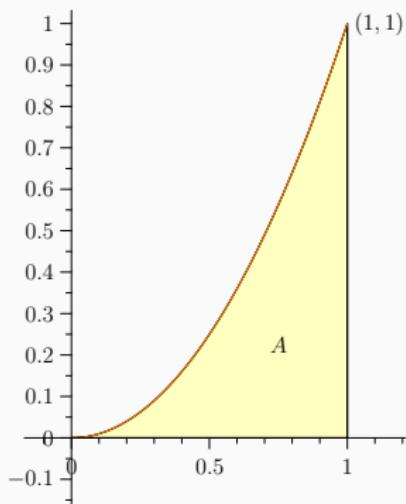
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- Now we can figure out the areas of polygons.
- We just subdivide a polygonal region into triangles.



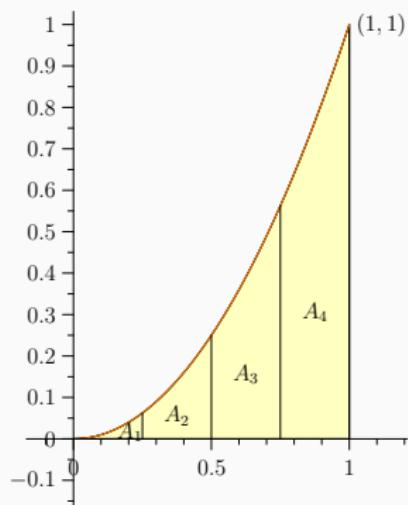
Estimating Areas of Curved Regions

- However, we need new ideas to find the area under a parabola.



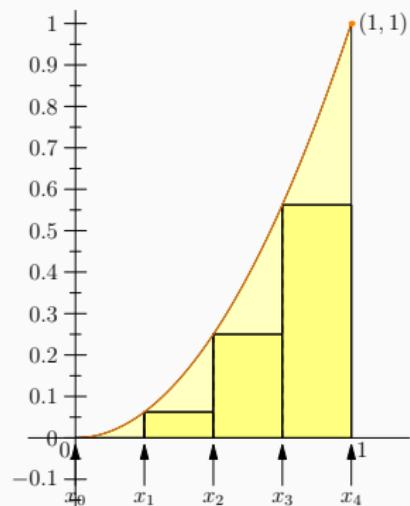
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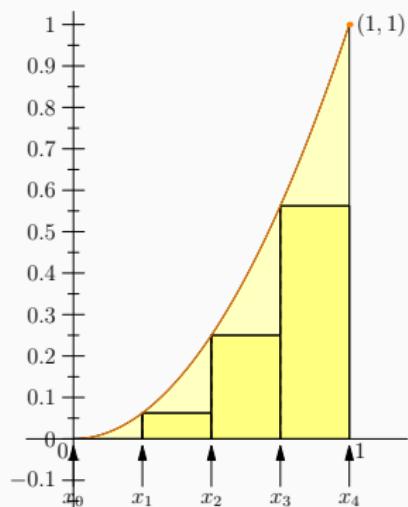
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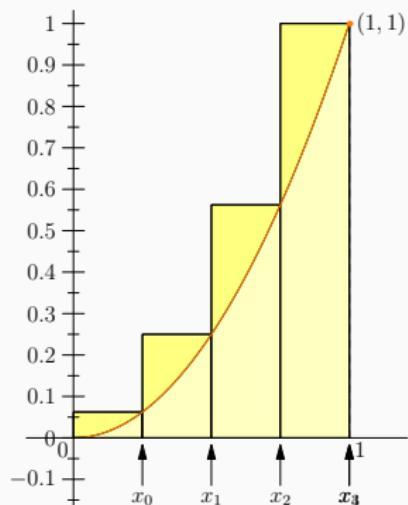
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- We obtain an under-estimate of the area.



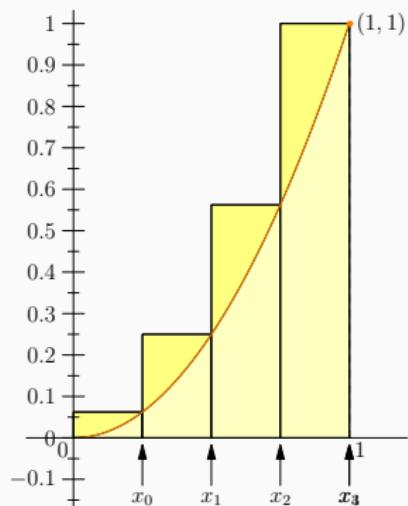
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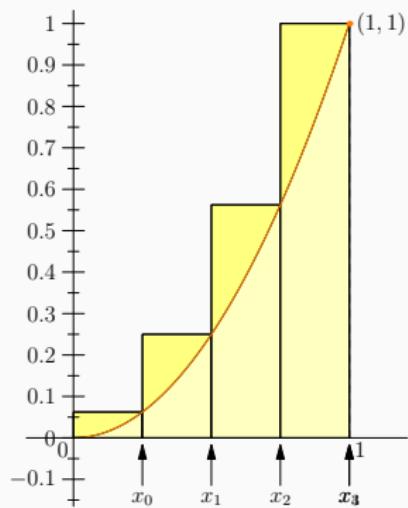
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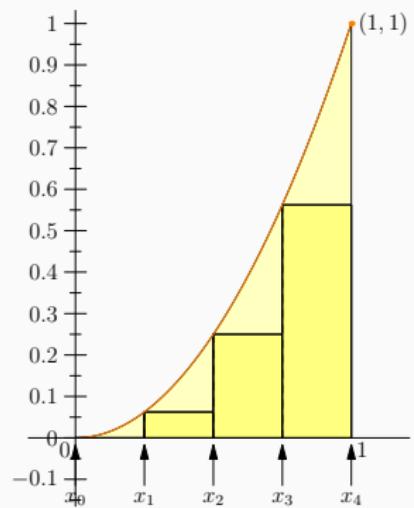
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- We obtain an over-estimate of the area.
- The under- and over-estimates give us an estimate.



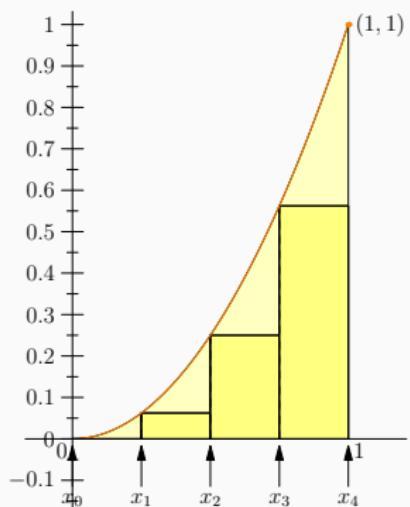
Under-estimate for the Area Under a Parabola

- We can work out a formula for the under-estimate.



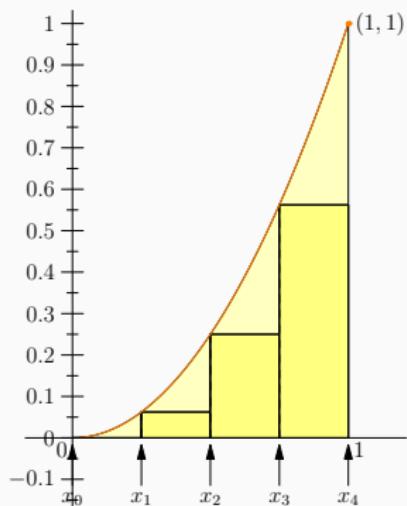
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- Label the points at which we subdivide the interval x_0, \dots, x_4 .



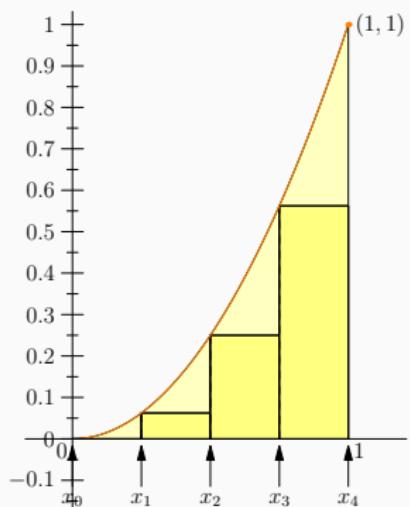
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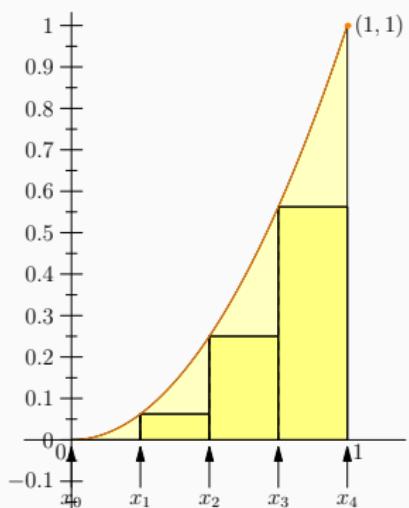
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- The width of rectangle i is the width of the region divided by the number of rectangles, in this case $1/4$.



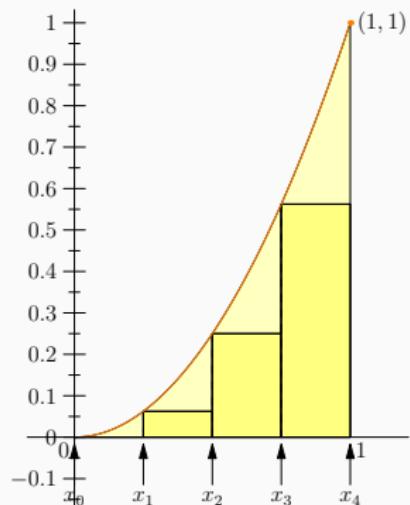
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- The width of rectangle i is the width of the region divided by the number of rectangles, in this case $1/4$.
- The area of rectangle i is $f(x_{i-1}) \cdot 1/4$.



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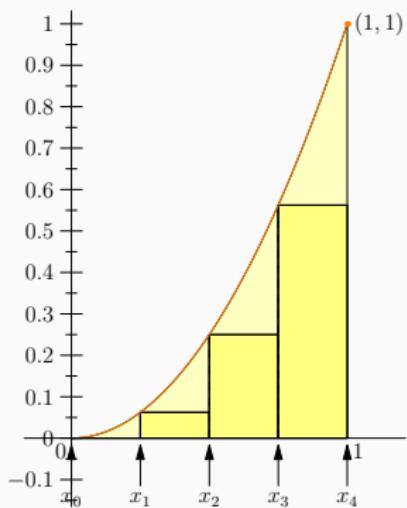
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- Rectangle i has area $f(x_{i-1}) \cdot 1/4$.
- Adding the areas of the four rectangles,
the underestimation for the total area is

$$f(x_0) \cdot \frac{1}{4} + f(x_1) \cdot \frac{1}{4} + f(x_2) \cdot \frac{1}{4} + f(x_3) \cdot \frac{1}{4}$$



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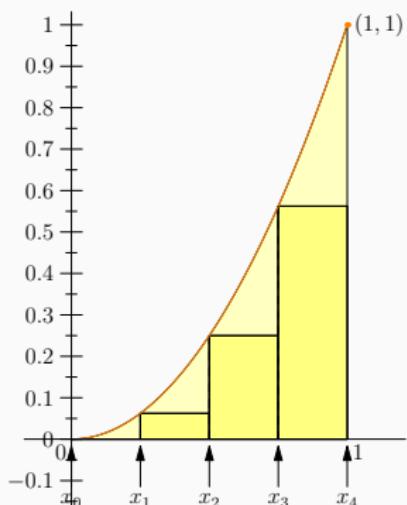
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- Since we know $f(x) = x^2$, and $x_0 = 0/4$,
 $x_1 = 1/4$, $x_2 = 2/4$, $x_3 = 3/4$ we have

$$A >$$

$$\left(\frac{0}{4}\right)^2 \frac{1}{4} + \left(\frac{1}{4}\right)^2 \frac{1}{4} + \left(\frac{2}{4}\right)^2 \frac{1}{4} + \left(\frac{3}{4}\right)^2 \frac{1}{4}$$



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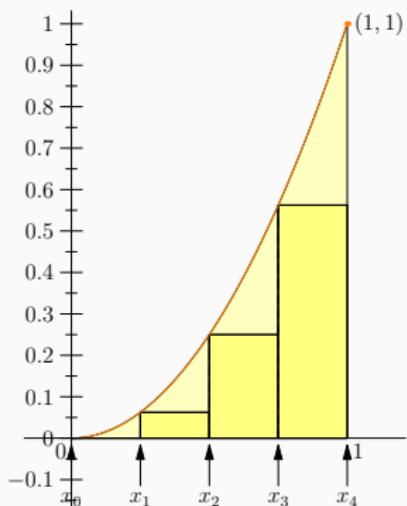
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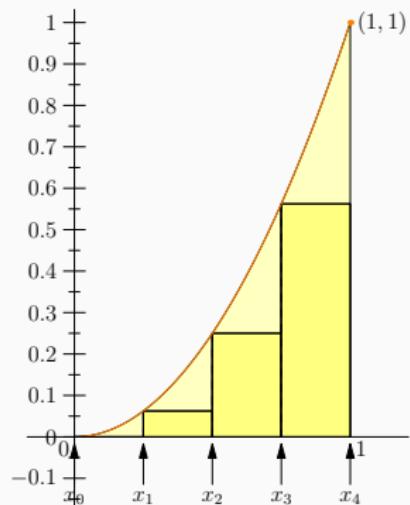
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- Numerically, that gives $0.21875 < A$.



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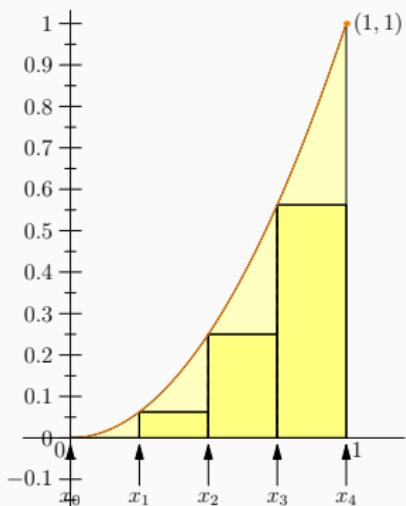
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- Rectangle i has area $f(x_i) \cdot 1/4$.
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$$f(x_1) \cdot \frac{1}{4} + f(x_2) \cdot \frac{1}{4} + f(x_3) \cdot \frac{1}{4} + f(x_4) \cdot \frac{1}{4}$$



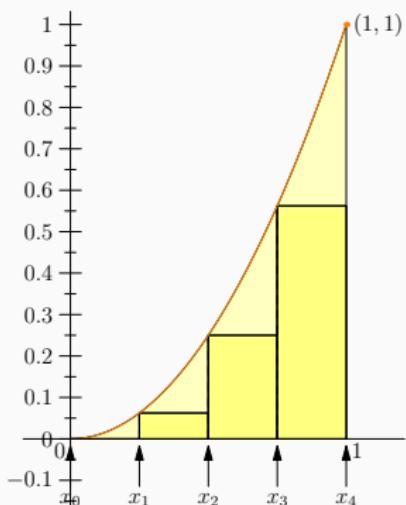
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- Since we know $f(x) = x^2$, and $x_1 = 1/4$,
 $x_2 = 2/4$, $x_3 = 3/4$, $x_4 = 4/4$ we have
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$$\left(\frac{1}{4}\right)^2 \frac{1}{4} + \left(\frac{2}{4}\right)^2 \frac{1}{4} + \left(\frac{3}{4}\right)^2 \frac{1}{4} + \left(\frac{4}{4}\right)^2 \frac{1}{4}$$



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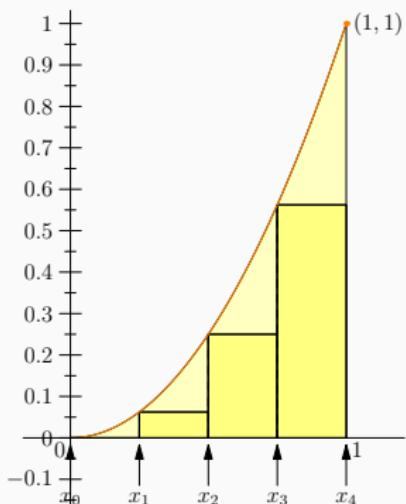
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- Numerically, that gives $A < 0.46875$.



Improving Area Estimates with More Rectangles

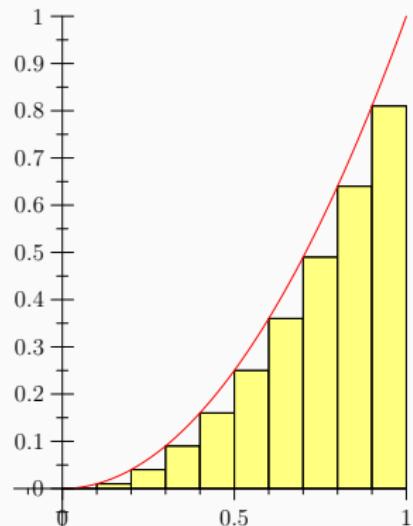
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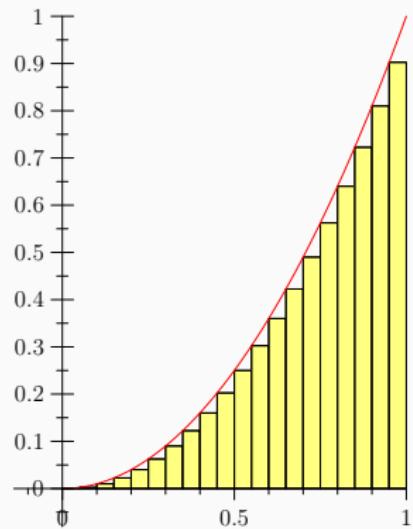
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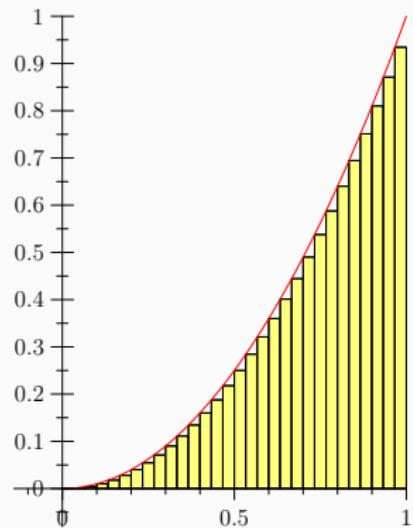
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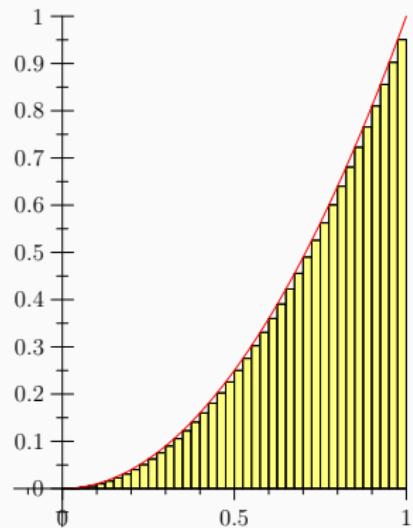
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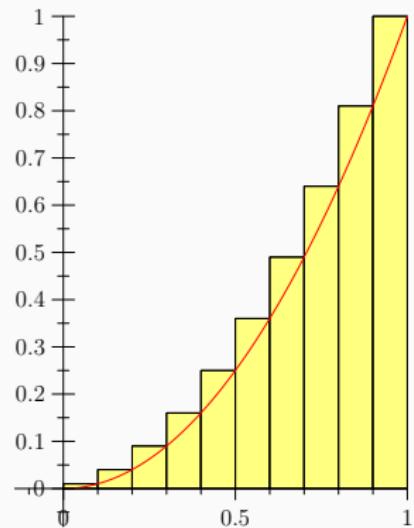


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- We can also try more rectangles for the over-estimate.

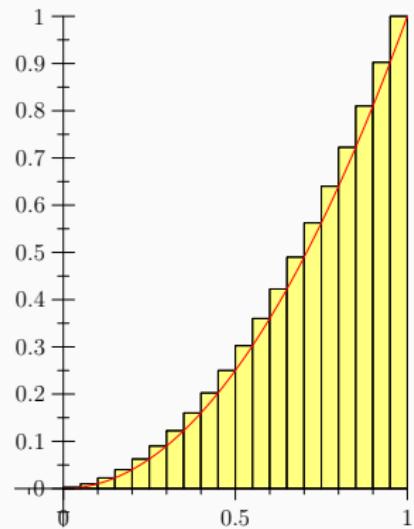
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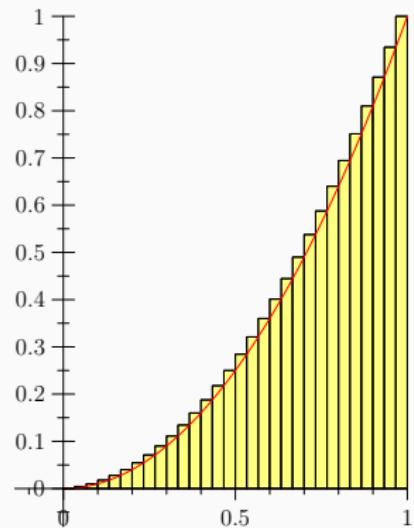
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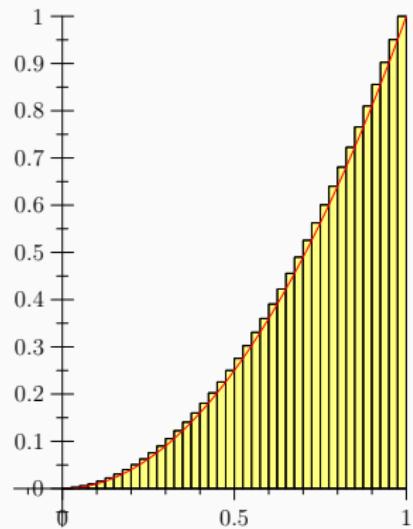
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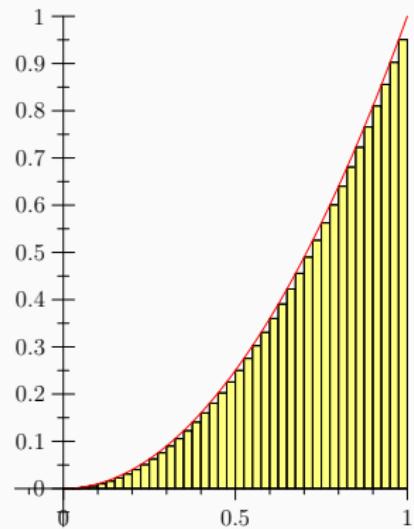
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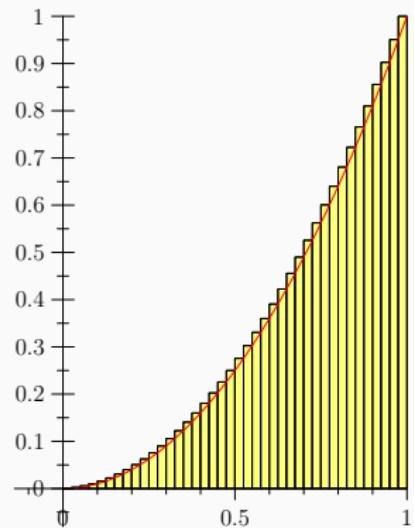
$$\begin{aligned}f(x_0) \frac{1}{n} + f(x_1) \frac{1}{n} + \cdots + f(x_{n-1}) \frac{1}{n} \\= \left(\frac{0}{n}\right)^2 \frac{1}{n} + \left(\frac{1}{n}\right)^2 \frac{1}{n} + \cdots + \left(\frac{n-1}{n}\right)^2 \frac{1}{n}\end{aligned}$$



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- The formula for the over-estimate is

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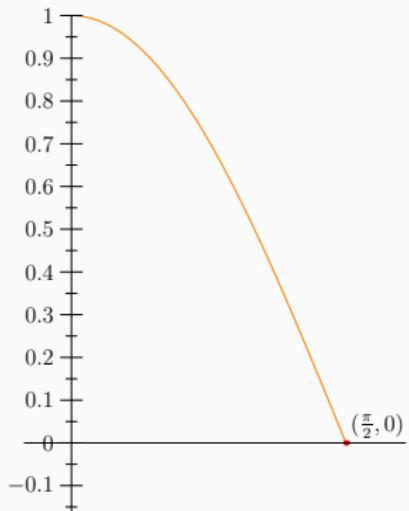


Estimating Areas for non-Increasing Functions

- For non-increasing functions, we have to be more careful about our estimates.

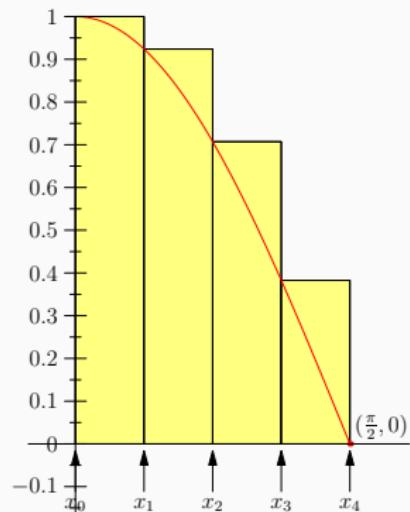
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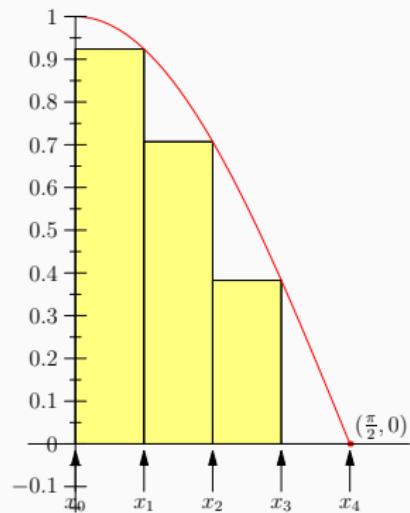
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- Consider $y = \cos x$. It is decreasing.
- The height of a rectangle from the right point of its base gives an over-estimate.



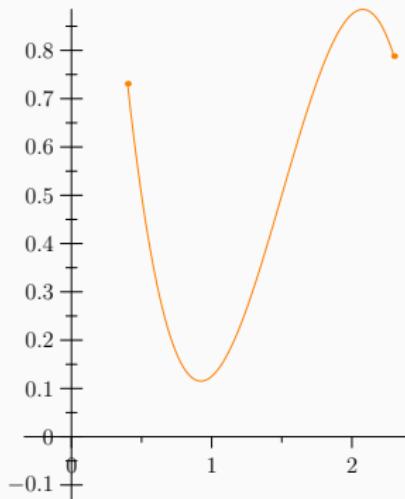
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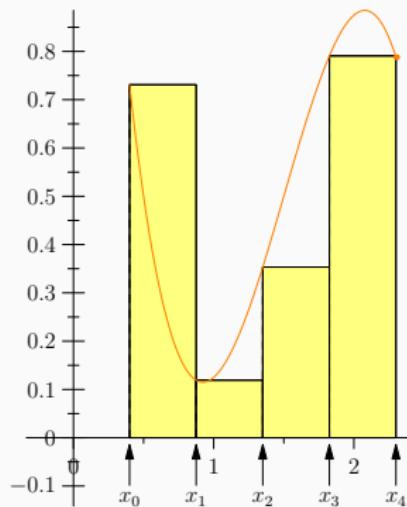
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- Consider $y = \cos x$. It is decreasing.
- The height of a rectangle from the right point of its base gives an over-estimate.
- The height of a rectangle from the left point of its base gives an under-estimate.
- Consider a function which is neither increasing nor decreasing.



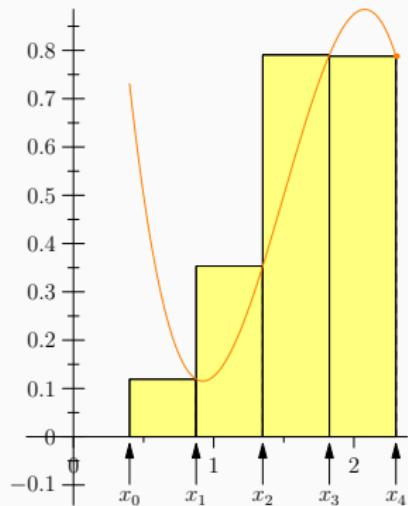
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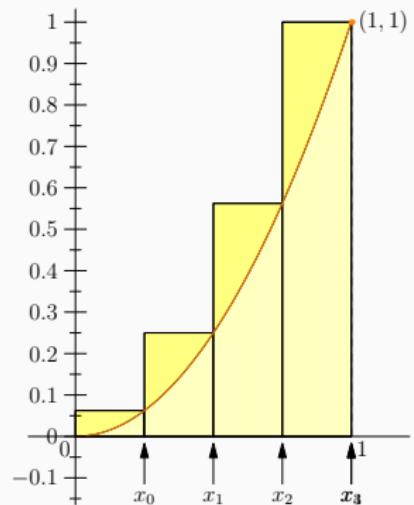


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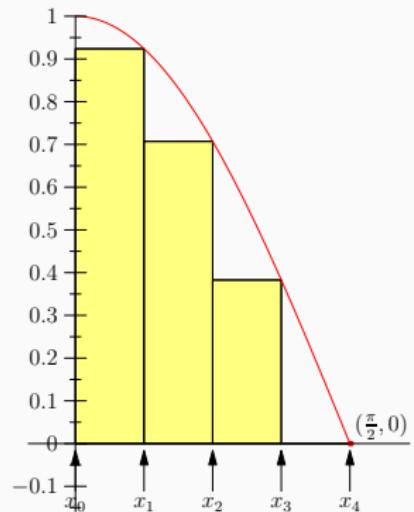
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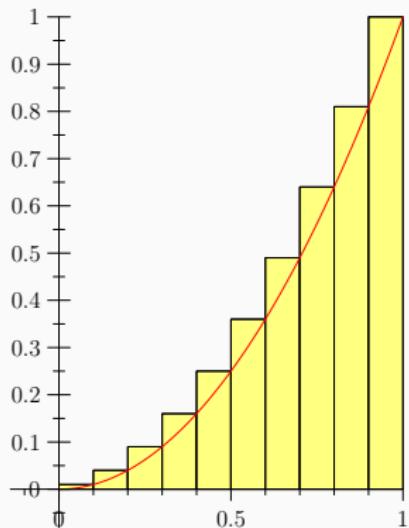
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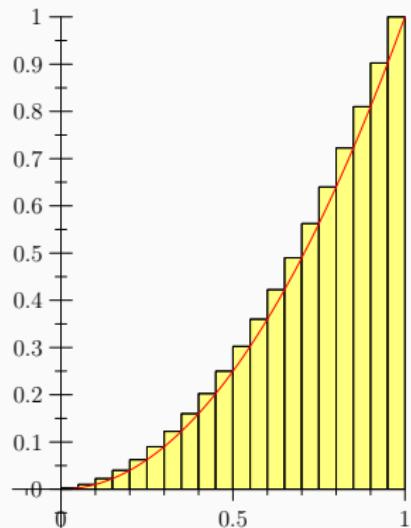
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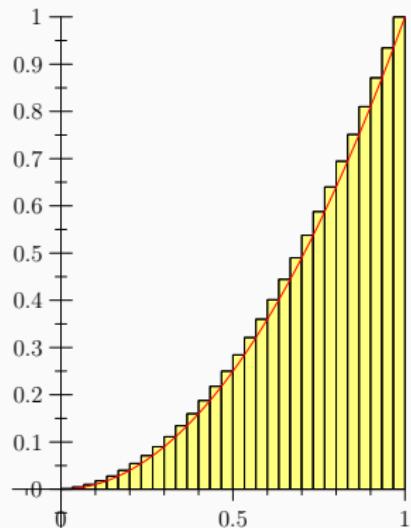
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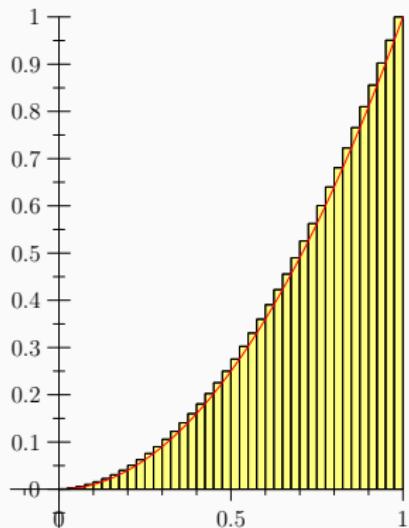
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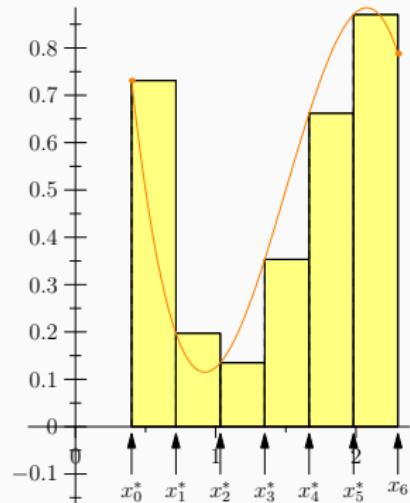
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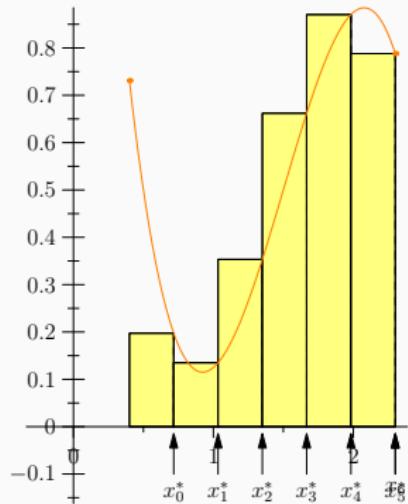
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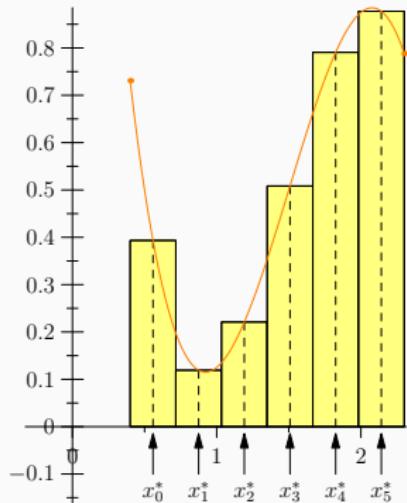
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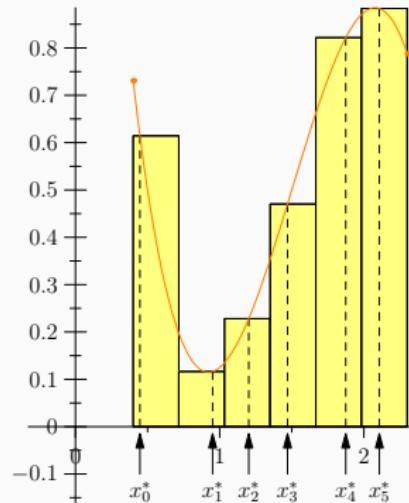
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- It is possible to prove that the above limit always exists for continuous functions.
- It is also possible to prove that

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using any points $x_i^* \in [x_{i-1}, x_i]$ as sample points.

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- Next, $(b-a)/n = (1-0)/n = 1/n$. (We usually call that Δx .)

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- Given the instantaneous velocity of a particle at all times, we would like to calculate the distance it has travelled (i.e., the displacement).
- Just as the velocity problem is directly analogous to the tangent problem in geometry, the distance problem is directly analogous to the area problem in geometry.

The Distance Problem Example

- Suppose the odometer on our car is broken, but we want to determine the distance travelled over a 30 second interval. We take speedometer readings every 5 seconds and convert them to ft/s as in the following table:

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- Altogether the distance over 30 seconds is approximately
 $d \approx 25 \times 5 + 31 \times 5 + 35 \times 5 + 43 \times 5 + 47 \times 5 + 45 \times 5 = 1130$ ft.

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- However the two approximations are close so the answer is near the two approximations.
- If we want to improve the approximations, we could take velocity readings every 2 seconds, every 1 second, every 0.5 seconds, and so on.

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- Those expressions appear so often (in area and distance calculations, but also in work calculations in physics, cardiac output in physiology, and so on) that they have a special name: Riemann sums.

Examples and Exercises

Examples

1. Find an expression for the area under $f(x) = \sqrt[4]{x}$, $1 \leq x \leq 16$.
2.
 - 2.1 Evaluate the Riemann sum for $x^2 + x$, $0 \leq x \leq 2$ with $n = 4$, taking the sample points to be right endpoints.
 - 2.2 Use the definition of area to calculate the area under the curve $f(x) = x^2 + x$, $0 \leq x \leq 2$.
3.
 - 3.1 Find an expression for the area under the curve $y = x^3$ from 0 to 1 as a limit.
 - 3.2 Use the formula

$$1^3 + 2^3 + \dots + n^3 = \left[\frac{n(n+1)}{2} \right]^2$$

to evaluate the limit.

Exercises

Now you should work on Problem Set 4.1. After you have finished it, you should try the following additional exercises from Section 4.1:

4.1 C-level: 1–8, 13–20, 21–23, 24–25;

B-level: 7–8, 20–21;

A-level: 27–28, 32