

MATH 110 Lecture 4.1

Areas and Distances

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Tuesday, March 24, 2026

Department of Indigenous Knowledge and Science
First Nations University of Canada

Areas and Distances

The Area Problem

Riemann Sums and the Definition of Area

The Distance Problem

Examples and Exercises

Areas and Distances

Integral Calculus

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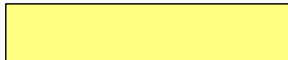
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- Both were solved using similar methods, a limiting process that we called *differentiation*.
- Now we are going to study two other problems, the *area* and *distance* problems.
- The area problem is a problem in geometry. The distance problem is a problem in physics.
- We are going to solve them now, which will lead to a useful new limiting process called *integration*.

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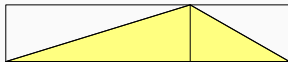
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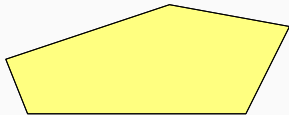
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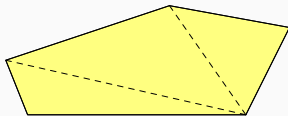
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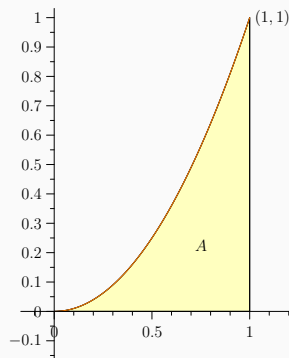
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- We just subdivide a polygonal region into triangles.



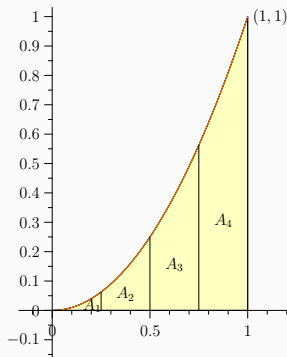
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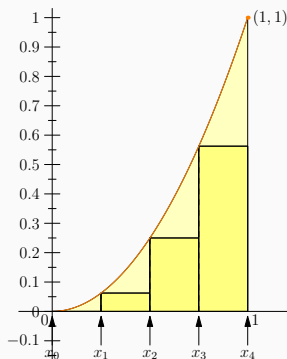
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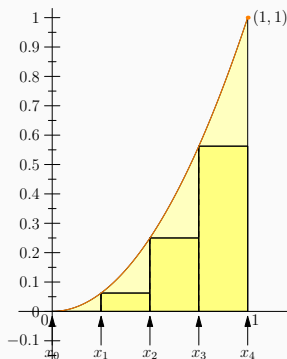
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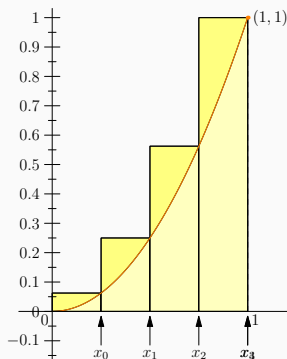
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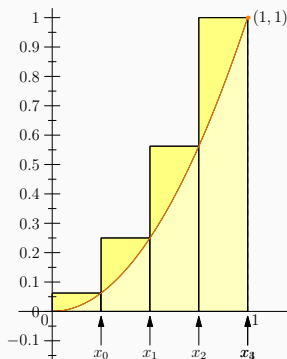
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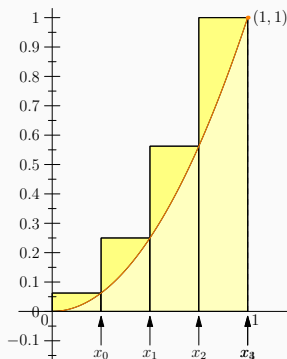
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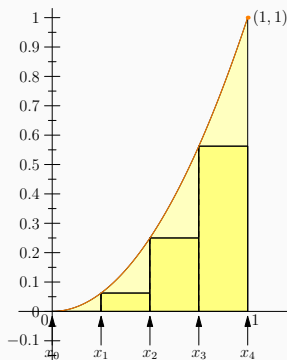
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- The under- and over-estimates give us an estimate.



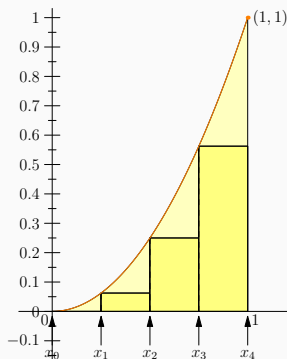
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- We can work out a formula for the under-estimate.



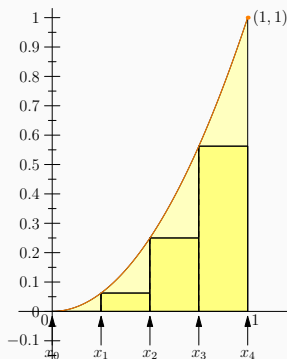
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- Label the points at which we subdivide the interval x_0, \dots, x_4 .



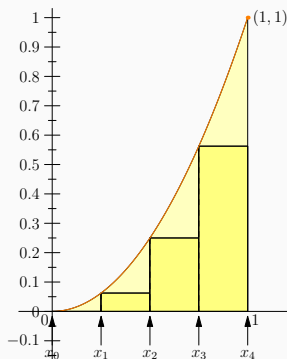
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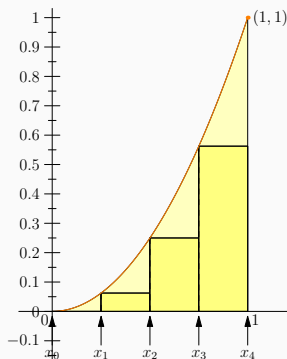
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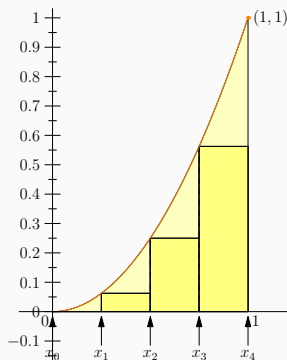
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- The width of rectangle i is the width of the region divided by the number of rectangles, in this case $1/4$.
- The area of rectangle i is $f(x_{i-1}) \cdot 1/4$.



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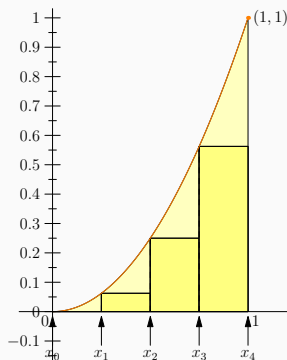
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- Adding the areas of the four rectangles, the underestimate for the total area is

$$f(x_0) \cdot \frac{1}{4} + f(x_1) \cdot \frac{1}{4} + f(x_2) \cdot \frac{1}{4} + f(x_3) \cdot \frac{1}{4}$$



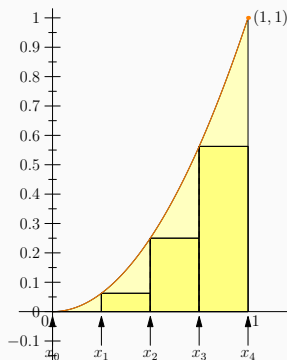
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- Since we know $f(x) = x^2$, and $x_0 = 0/4$, $x_1 = 1/4$, $x_2 = 2/4$, $x_3 = 3/4$ we have $A >$

$$\left(\frac{0}{4}\right)^2 \frac{1}{4} + \left(\frac{1}{4}\right)^2 \frac{1}{4} + \left(\frac{2}{4}\right)^2 \frac{1}{4} + \left(\frac{3}{4}\right)^2 \frac{1}{4}$$



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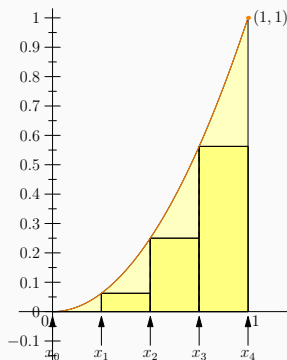
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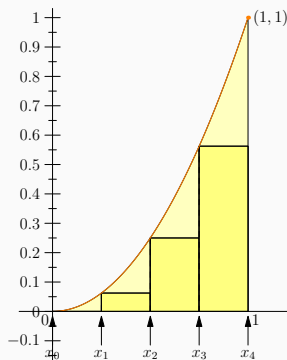
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- Numerically, that gives $0.21875 < A$.



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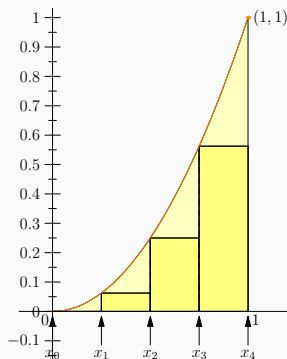
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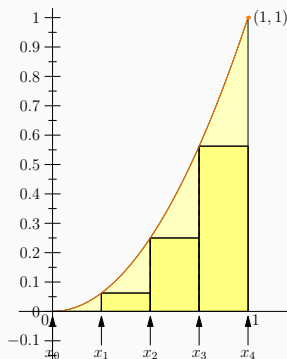
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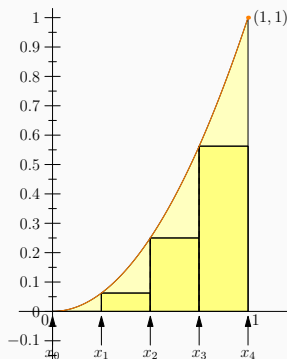
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- Numerically, that gives $A < 0.46875$.



Improving Area Estimates with More Rectangles

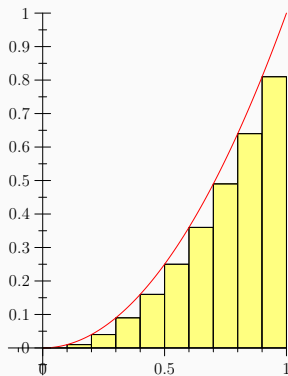
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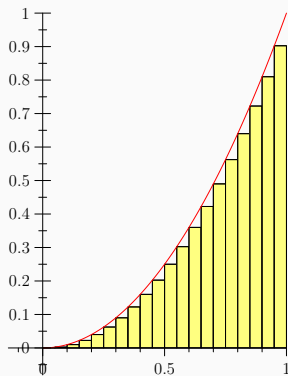
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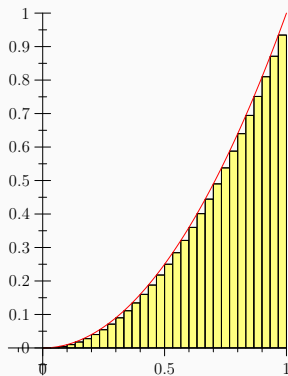
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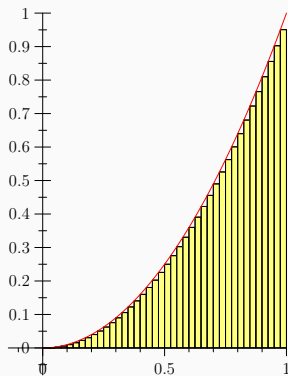
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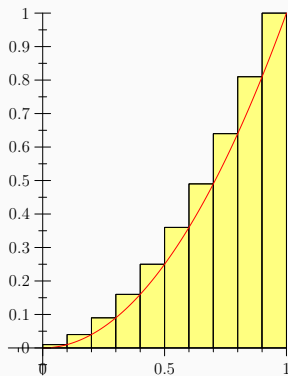


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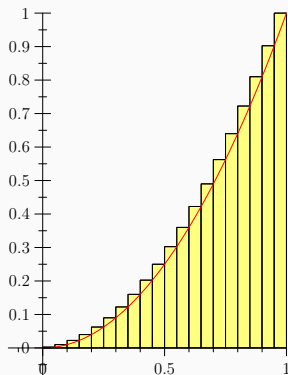
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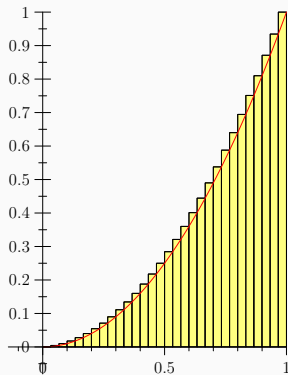
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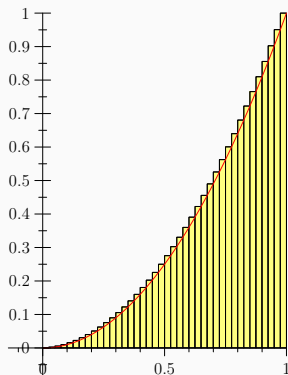
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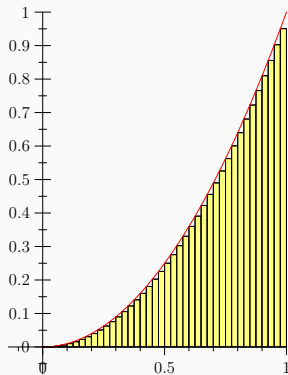
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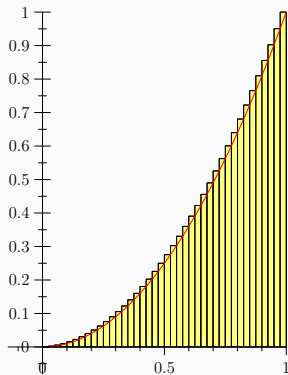
$$\begin{aligned} & f(x_0)\frac{1}{n} + f(x_1)\frac{1}{n} + \cdots + f(x_{n-1})\frac{1}{n} \\ &= \left(\frac{0}{n}\right)^2 \frac{1}{n} + \left(\frac{1}{n}\right)^2 \frac{1}{n} + \cdots + \left(\frac{n-1}{n}\right)^2 \frac{1}{n} \end{aligned}$$



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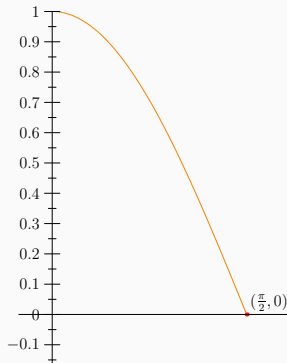


Estimating Areas for non-Increasing Functions

- For non-increasing functions, we have to be more careful about our estimates.

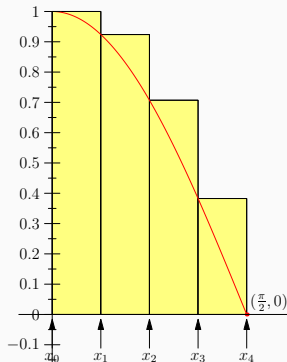
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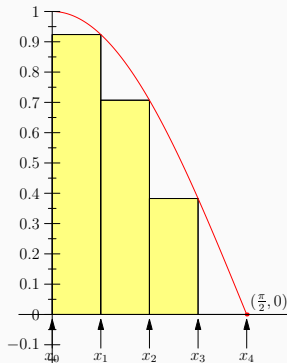
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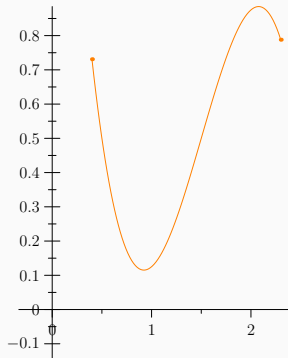
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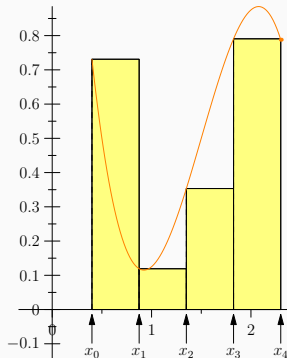
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- The height of a rectangle from the left point of its base gives an under-estimate.
- Consider a function which is neither increasing nor decreasing.



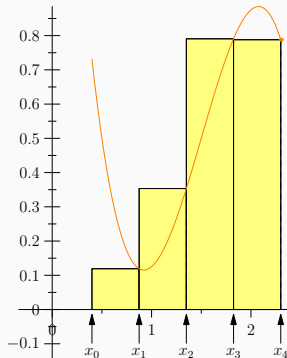
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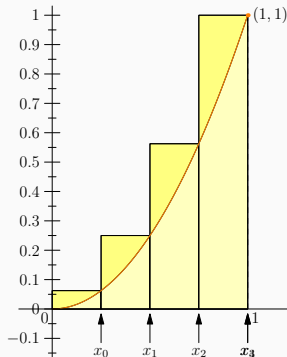


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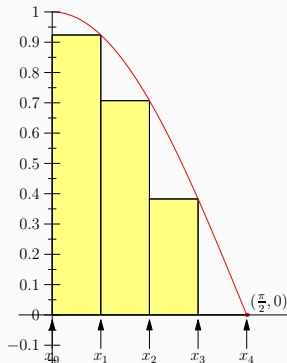
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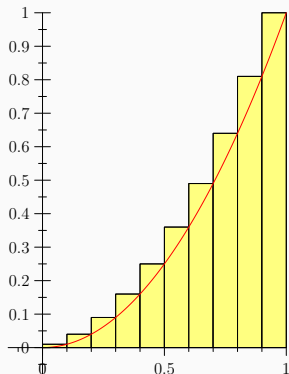
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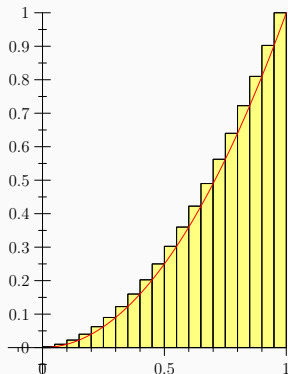
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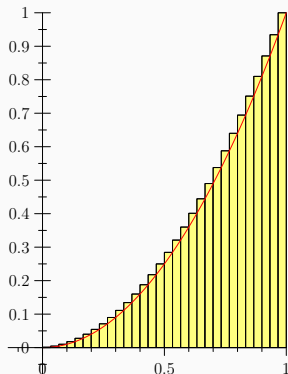
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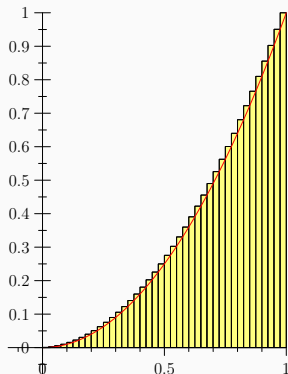
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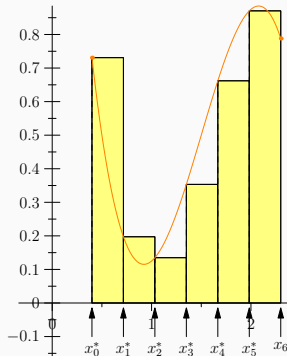
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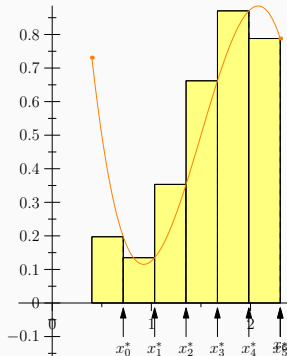
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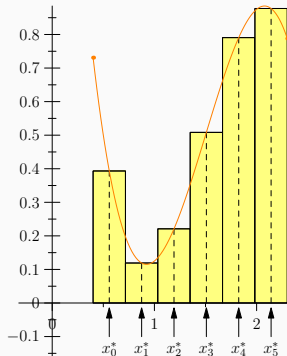
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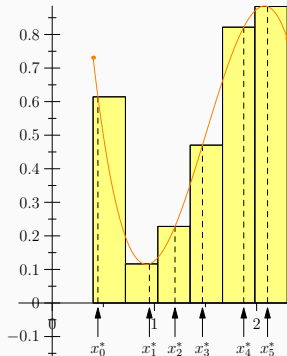
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- It is possible to prove that the above limit always exists for continuous functions.
- It is also possible to prove that

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using any points $x_i^* \in [x_{i-1}, x_i]$ as sample points.

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- Next, $(b-a)/n = (1-0)/n = 1/n$. (We usually call that Δx .)

Example: Area from First Principles, continued

- Substituting everything we know into the above expression for A we have

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- Given the instantaneous velocity of a particle at all times, we would like to calculate the distance it has travelled (i.e., the displacement).
- Just as the velocity problem is directly analogous to the tangent problem in geometry, the distance problem is directly analogous to the area problem in geometry.

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- Suppose the odometer on our car is broken, but we want to determine the distance travelled over a 30 second interval. We take speedometer readings every 5 seconds and convert them to ft/s as in the following table:

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 $d \approx 25 \times 5 = 125$ ft.
- Altogether the distance over 30 seconds is approximately
 $d \approx 25 \times 5 + 31 \times 5 + 35 \times 5 + 43 \times 5 + 47 \times 5 + 45 \times 5 = 1130$ ft.

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- However the two approximations are close so the answer is near the two approximations.
- If we want to improve the approximations, we could take velocity readings every 2 seconds, every 1 second, every 0.5 seconds, and so on.

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- Those expressions appear so often (in area and distance calculations, but also in work calculations in physics, cardiac output in physiology, and so on) that they have a special name: Riemann sums.

Examples and Exercises

Examples

1. Find an expression for the area under $f(x) = \sqrt[4]{x}$, $1 \leq x \leq 16$.
2. 2.1 Evaluate the Riemann sum for $x^2 + x$, $0 \leq x \leq 2$ with $n = 4$, taking the sample points to be right endpoints.
2.2 Use the definition of area to calculate the area under the curve $f(x) = x^2 + x$, $0 \leq x \leq 2$.
3. 3.1 Find an expression for the area under the curve $y = x^3$ from 0 to 1 as a limit.
3.2 Use the formula

$$1^3 + 2^3 + \cdots + n^3 = \left[\frac{n(n+1)}{2} \right]^2$$

to evaluate the limit.

Now you should work on Problem Set 4.1. After you have finished it, you should try the following additional exercises from Section 4.1:

4.1 C-level: 1–8, 13–20, 21–23, 24–25;

B-level: 7–8, 20–21;

A-level: 27–28, 32