### Lecture 004

# Regression strikes back

Edward Rubin January 2022

# Admin

# Admin

# Today

#### **In-class**

- A roadmap (where are we going?)
- Linear regression and model selection

# Admin

## **Upcoming**

### **Readings**

- Today
  - o ISL Ch. 3 and 6.1
- Next
  - o ISL Ch. 6 and 4

#### **Problem sets**

• Next one: Soon! Possibly the next few days?

#### Where are we?

We've essentially covered the central topics in statistical learning<sup>†</sup>

- Prediction and inference
- Supervised vs. unsupervised methods
- Regression and classification problems
- The dangers of overfitting
- The bias-variance tradeoff
- Model assessment
- Holdouts, validation sets, and cross validation<sup>††</sup>
- Model training and tuning
- Simulation
- † Plus a few of the "basic" methods: OLS regression and KNN.
- tt And the bootstrap!

### Where are we going?

Next, we will cover many common machine-learning algorithms, e.g.,

- Decision trees and random forests
- SVM
- Neural nets
- Clustering
- Ensemble techniques

### Where are we going?

Next, we will cover many common machine-learning algorithms, e.g.,

- Decision trees and random forests
- SVM
- Neural nets
- Clustering
- Ensemble techniques

But first, we return to good old linear regression—in a new light...

- Linear regression
- Variable/model selection and LASSO/Ridge regression
- Plus: Logistic regression and discriminant analysis

## Why return to regression?

#### **Motivation 1**

We have new tools. It might help to first apply them in a **familiar** setting.

### Why return to regression?

#### **Motivation 1**

We have new tools. It might help to first apply them in a familiar setting.

#### **Motivation 2**

We have new tools. Maybe linear regression will be (even) **better now?** *E.g.*, did (cross) validation help you beat your old model?

### Why return to regression?

#### **Motivation 1**

We have new tools. It might help to first apply them in a familiar setting.

#### **Motivation 2**

We have new tools. Maybe linear regression will be (even) **better now?** *E.g.*, did (cross) validation help you beat your old model?

#### **Motivation 3**

many fancy statistical learning approaches can be seen as **generalizations or extensions of linear regression**.

Source: ISL, p. 59; emphasis added

## Regression regression

Recall Linear regression "fits" coefficients  $\beta_0, \ldots, \beta_p$  for a model

$$y_i = eta_0 + eta_1 x_{1,i} + eta_2 x_{2,i} + \dots + eta_p x_{p,i} + arepsilon_i$$

and is often applied in two distinct settings with fairly distinct goals:

- 1. Causal inference estimates and interprets the coefficients.
- 2. **Prediction** focuses on accurately estimating outcomes.

Regardless of the goal, the way we "fit" (estimate) the model is the same.

## Fitting the regression line

As is the case with many statistical learning methods, regression focuses on minimizing some measure of loss/error.

$$e_i = y_i - \hat{y}_i$$

## Fitting the regression line

As is the case with many statistical learning methods, regression focuses on minimizing some measure of loss/error.

$$e_i = y_i - \hat{y}_i$$

Linear regression uses the  $L_2$  loss function—also called residual sum of squares (RSS) or sum of squared errors (SSE)

$$ext{RSS} = e_1^2 + e_2^2 + \dots + e_n^2 = \sum_{i=1}^n e_i^2$$

Specifically: OLS chooses the  $\hat{\beta}_i$  that **minimize RSS**.

#### Performance

There's a large variety of ways to assess the fit<sup>†</sup> of linear-regression models.

#### **Residual standard error (RSE)**

$$ext{RSE} = \sqrt{rac{1}{n-p-1}} ext{RSS} = \sqrt{rac{1}{n-p-1} \sum_{i=1}^{n} \left(y_i - \hat{y}_i
ight)^2}$$

#### R-squared (R<sup>2</sup>)

$$R^2 = rac{ ext{TSS} - ext{RSS}}{ ext{TSS}} = 1 - rac{ ext{RSS}}{ ext{TSS}} \quad ext{where} \quad ext{TSS} = \sum_{i=1}^n \left(y_i - \overline{y}
ight)^2$$

### Performance and overfit

As we've seen throughout the course, we need to be careful **not to overfit**.

#### Performance and overfit

As we've seen throughout the course, we need to be careful **not to overfit**.

R<sup>2</sup> provides no protection against overfitting—and actually encourages it.

$$R^2 = 1 - rac{ ext{RSS}}{ ext{TSS}}$$

Add a new variable: RSS  $\downarrow$  and TSS is unchanged. Thus, R<sup>2</sup> increases.

#### Performance and overfit

As we've seen throughout the course, we need to be careful **not to overfit**.

R<sup>2</sup> provides no protection against overfitting—and actually encourages it.

$$R^2 = 1 - rac{ ext{RSS}}{ ext{TSS}}$$

Add a new variable: RSS  $\downarrow$  and TSS is unchanged. Thus, R<sup>2</sup> increases.

**RSE** slightly penalizes additional variables:

$$ext{RSE} = \sqrt{rac{1}{n-p-1}} ext{RSS}$$

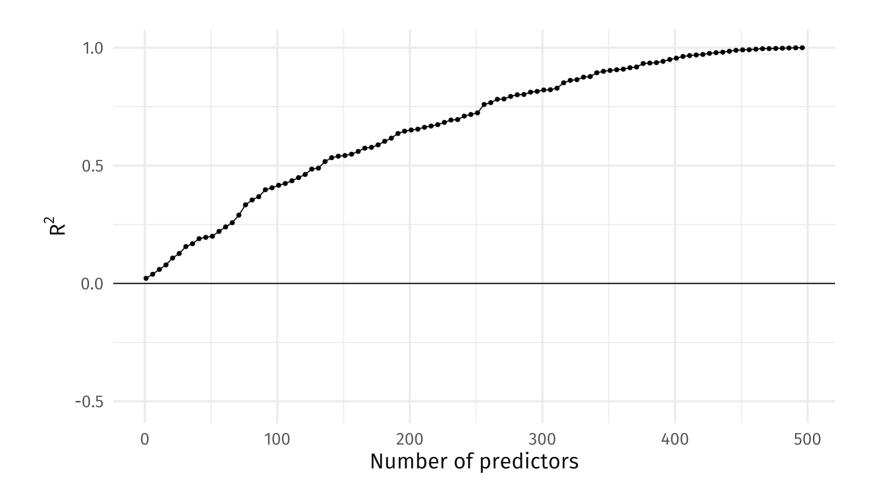
Add a new variable: RSS  $\downarrow$  but p increases. Thus, RSE's change is uncertain.

## Example

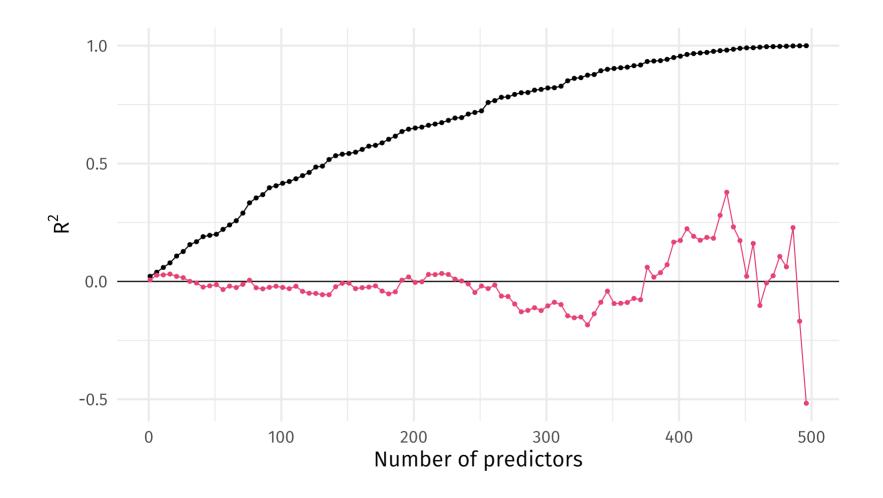
Let's see how **R<sup>2</sup>** and **RSE** perform with 500 very weak predictors.

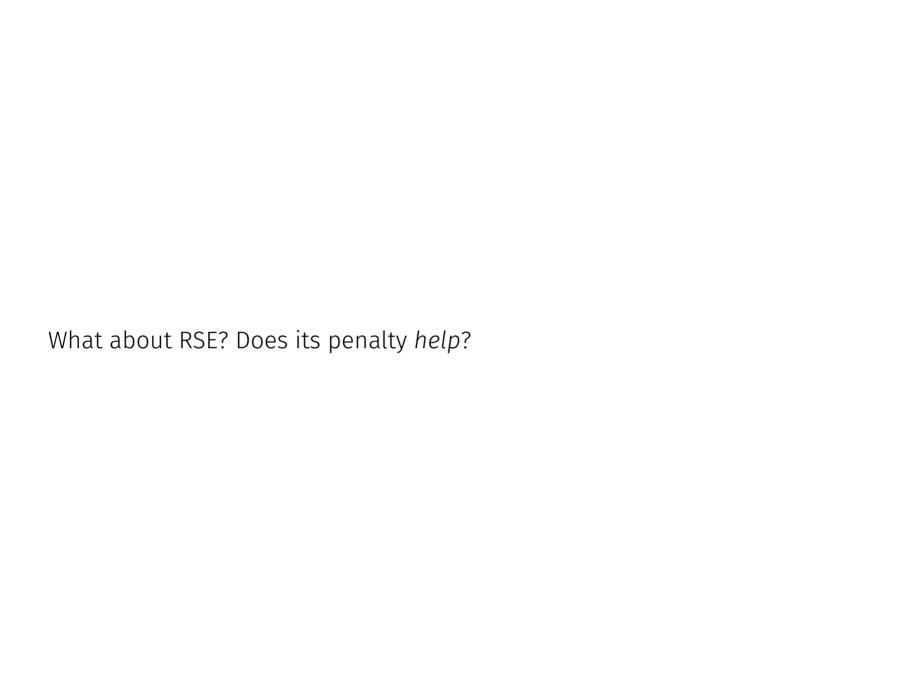
To address overfitting, we can compare **in-** vs. **out-of-sample** performance.

**In-sample R<sup>2</sup>** mechanically increases as we add predictors.

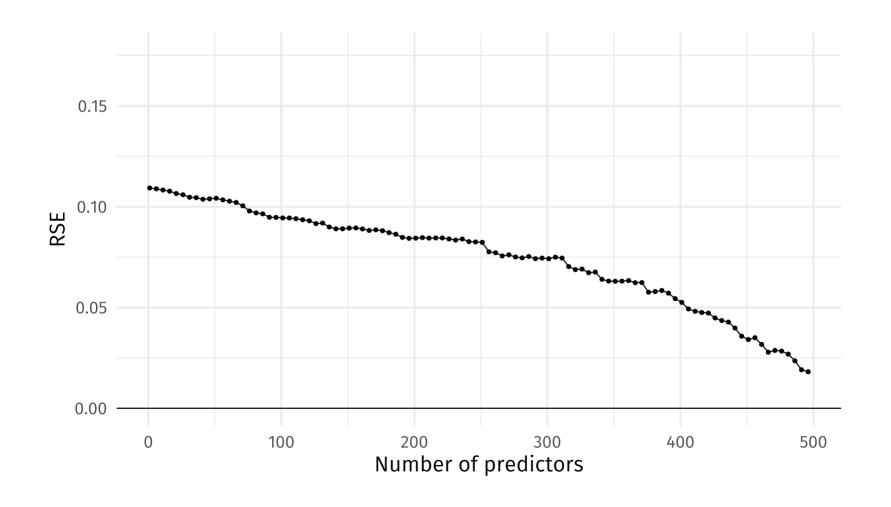


**In-sample R<sup>2</sup>** mechanically increases as we add predictors. **Out-of-sample R<sup>2</sup>** does not.

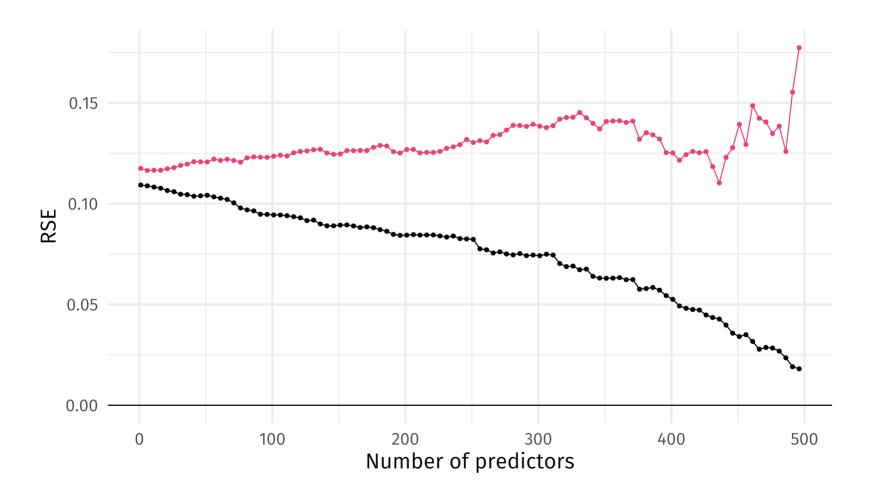




Despite its penalty for adding variables, in-sample RSE still can overfit,



Despite its penalty for adding variables, **in-sample RSE** still can overfit, as evidenced by **out-of-sample RSE**.



### Penalization

RSE is not the only way to penalization the addition of variables.

**Adjusted R<sup>2</sup>** is another *classic* solution.

Adjusted 
$$R^2 = 1 - \frac{\mathrm{RSS}/(n-p-1)}{\mathrm{TSS}/(n-1)}$$

Adj. R<sup>2</sup> attempts to "fix" R<sup>2</sup> by **adding a penalty for the number of variables**.

### Penalization

RSE is not the only way to penalization the addition of variables.

**Adjusted R<sup>2</sup>** is another *classic* solution.

Adjusted 
$$R^2=1-rac{ ext{RSS}/(n-p-1)}{ ext{TSS}/(n-1)}$$

Adj. R<sup>2</sup> attempts to "fix" R<sup>2</sup> by **adding a penalty for the number of variables**.

• RSS always decreases when a new variable is added.

### Penalization

RSE is not the only way to penalization the addition of variables.

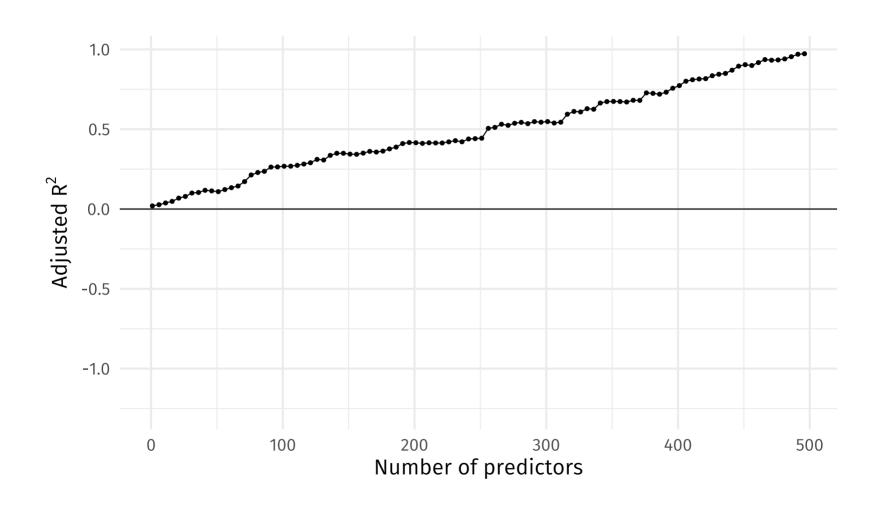
**Adjusted R<sup>2</sup>** is another *classic* solution.

Adjusted 
$$R^2=1-rac{ ext{RSS}/(n-p-1)}{ ext{TSS}/(n-1)}$$

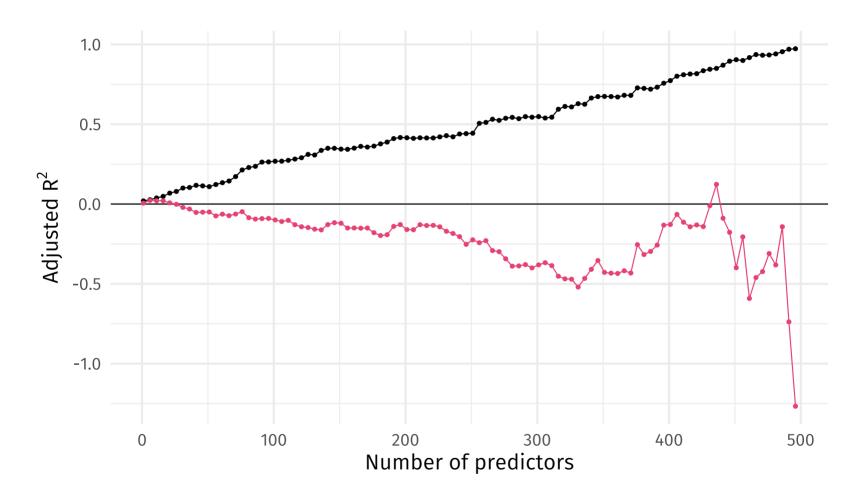
Adj. R<sup>2</sup> attempts to "fix" R<sup>2</sup> by **adding a penalty for the number of variables**.

- RSS always decreases when a new variable is added.
- RSS/(n-p-1) may increase or decrease with a new variable.

However, in-sample adjusted R<sup>2</sup> still can overfit.



However, **in-sample adjusted R<sup>2</sup>** still can overfit. Illustrated by **out-of-sample adjusted R<sup>2</sup>**.



### A better way?

R<sup>2</sup>, adjusted R<sup>2</sup>, and RSE each offer some flavor of model fit, but they appear **limited in their abilities to prevent overfitting**.

### A better way?

R<sup>2</sup>, adjusted R<sup>2</sup>, and RSE each offer some flavor of model fit, but they appear **limited in their abilities to prevent overfitting**.

We want a method to optimally select a (linear) model—balancing variance and bias and avoiding overfit.

### A better way?

R<sup>2</sup>, adjusted R<sup>2</sup>, and RSE each offer some flavor of model fit, but they appear **limited in their abilities to prevent overfitting**.

We want a method to optimally select a (linear) model—balancing variance and bias and avoiding overfit.

We'll discuss two (related) methods today:

- 1. Subset selection chooses a (sub)set of our p potential predictors
- 2. Shrinkage fits a model using all p variables but "shrinks" its coefficients

### Subset selection

In subset selection, We

- 1. whittle down the p potential predictors (using some magic/algorithm)
- 2. estimate the chosen linear model using OLS

### Subset selection

In subset selection, we

- 1. whittle down the p potential predictors (using some magic/algorithm)
- 2. estimate the chosen linear model using OLS

How do we do the whittling (selection)?

### Subset selection

In subset selection, we

- 1. whittle down the p potential predictors (using some magic/algorithm)
- 2. estimate the chosen linear model using OLS

How do we do the whittling (selection)? We've got options.

- Best subset selection fits a model for every possible subset.
- Forward stepwise selection starts with only an intercept and tries to build up to the best model (using some fit criterion).
- Backward stepwise selection starts with all p variables and tries to drop variables until it hits the best model (using some fit criterion).
- Hybrid approaches are what their name implies (i.e., hybrids).

### Best subset selection

**Best subset selection** is based upon a simple idea: Estimate a model for every possible subset of variables; then compare their performances.

### Best subset selection

**Best subset selection** is based upon a simple idea: Estimate a model for every possible subset of variables; then compare their performances.

Q So what's the problem? (Why do we need other selection methods?)

### Best subset selection

**Best subset selection** is based upon a simple idea: Estimate a model for every possible subset of variables; then compare their performances.

Q So what's the problem? (Why do we need other selection methods?)

A "a model for **every possible subset**" can mean a lot  $(2^p)$  of models.

### Best subset selection

**Best subset selection** is based upon a simple idea: Estimate a model for every possible subset of variables; then compare their performances.

Q So what's the problem? (Why do we need other selection methods?) A "a model for **every possible subset**" can mean **a lot**  $(2^p)$  of models.

E.g.,

- 10 predictors → 1,024 models to fit
- 25 predictors → >33.5 million models to fit
- 100 predictors → ~1.5 trillion models to fit

### Best subset selection

**Best subset selection** is based upon a simple idea: Estimate a model for every possible subset of variables; then compare their performances.

Q So what's the problem? (Why do we need other selection methods?) A "a model for **every possible subset**" can mean **a lot**  $(2^p)$  of models.

E.g.,

- 10 predictors → 1,024 models to fit
- 25 predictors → >33.5 million models to fit
- 100 predictors → ~1.5 trillion models to fit

Even with plentiful, cheap computational power, we can run into barriers.

### Best subset selection

Computational constraints aside, we can implement best subset selection as

- 1. Define  $\mathcal{M}_0$  as the model with no predictors.
- 2. For k in 1 to p:
  - $\circ$  Fit every possible model with k predictors.
  - $\circ$  Define  $\mathcal{M}_k$  as the "best" model with k predictors.
- 3. Select the "best" model from  $\mathcal{M}_0,\ldots,\mathcal{M}_p$ .

As we've seen, RSS declines (and  $R^2$  increases) with p, so we should use a cross-validated measure of model performance in step 3.<sup>†</sup>

<sup>†</sup> Back to our distinction between test vs. training performance.

### Example dataset: Credit

We're going to use the Credit dataset from ISL's R package ISLR.

### Example dataset: Credit

We're going to use the Credit dataset from ISL's R package ISLR.

ID 🌲	Income 🔷	Limit 🌲	Rating 🔷	Cards 🔷	Age 🔷	Education 🔷	Gender 🔷	Student 🔷	Married 🔷	Ethnicity 🔷	Balance 🔷
1	14.9	3606	283	2	34	11	Male	No	Yes	Caucasian	333
2	106.0	6645	483	3	82	15	Female	Yes	Yes	Asian	903
3	104.6	7075	514	4	71	11	Male	No	No	Asian	580
4	148.9	9504	681	3	36	11	Female	No	No	Asian	964
5	55.9	4897	357	2	68	16	Male	No	Yes	Caucasian	331
6	80.2	8047	569	4	77	10	Male	No	No	Caucasian	1151
7	21.0	3388	259	2	37	12	Female	No	No	African American	203

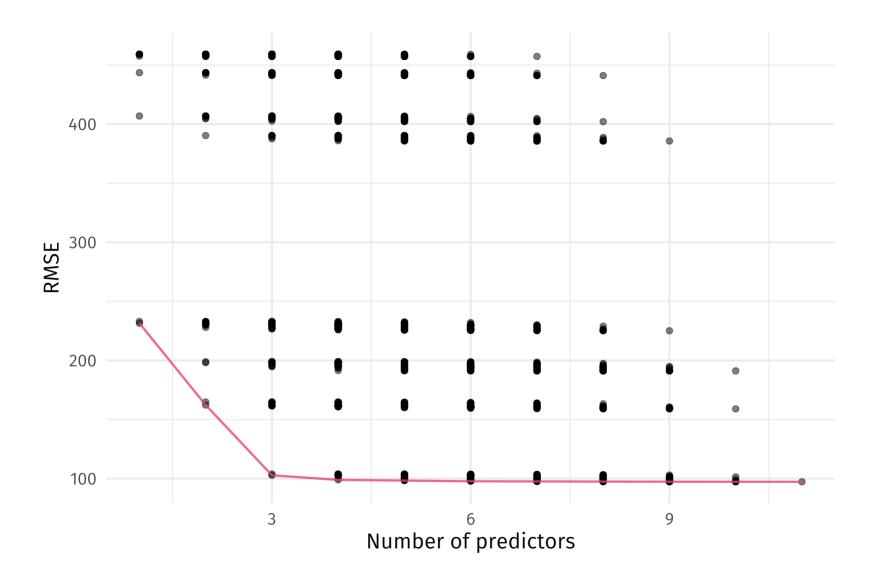
The Credit dataset has 400 observations on 12 variables.

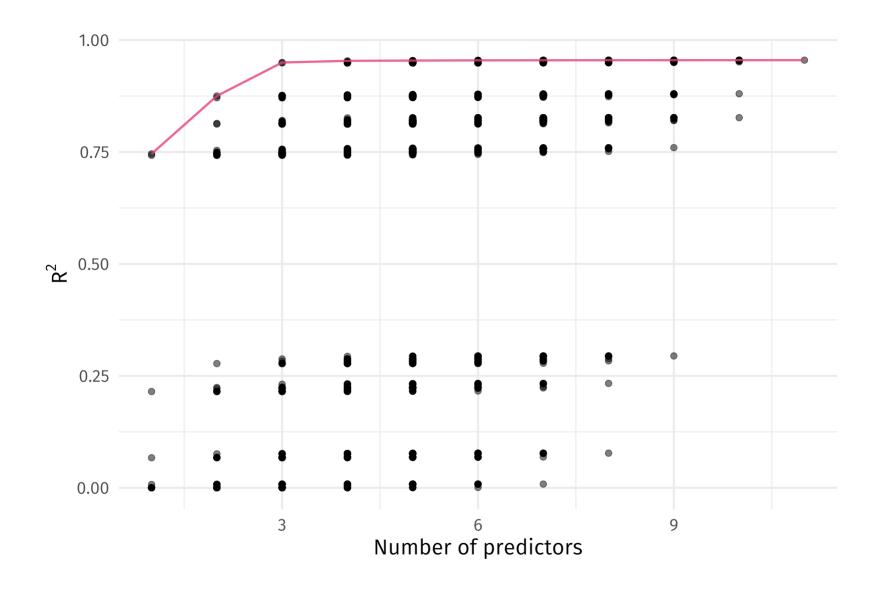
## Example dataset: Credit

We need to pre-process the dataset before we can select a model...

income 🔷	limit 🔷	rating 🔷	cards 🔷	age 🔷	education 🔷	i_female 🔷	i_student 🔷	i_married 🔷	i_asian 🔷	i_african_american 🔷	balance 🔷
14.9	3606	283	2	34	11	0	0	1	0	0	333
106.0	6645	483	3	82	15	1	1	1	1	0	903
104.6	7075	514	4	71	11	0	0	0	1	0	580
148.9	9504	681	3	36	11	1	0	0	1	0	964
55.9	4897	357	2	68	16	0	0	1	0	0	331
80.2	8047	569	4	77	10	0	0	0	0	0	1151
21.0	3388	259	2	37	12	1	0	0	0	1	203

Now the dataset on has 400 observations on 12 variables (2,048 subsets).





### Best subset selection

From here, you would

- 1. Estimate cross-validated error for each  $\mathcal{M}_k$ .
- 2. Choose the  $\mathcal{M}_k$  that minimizes the CV error.
- 3. Train the chosen model on the full dataset.

### Best subset selection

#### Warnings

- Computationally intensive
- Selected models may not be "right" (squared terms with linear terms)
- ullet You need to protect against overfitting when choosing across  $\mathcal{M}_k$
- Also should worry about overfitting when p is "big"
- Dependent upon the variables (transformations) you provide

#### **Benefits**

- Comprehensive search across provided variables
- Resulting model—when estimated with OLS—has OLS properties
- Can be applied to other (non-OLS) estimators

# Stepwise selection

**Stepwise selection** provides a less computational intensive alternative to best subset selection.

The basic idea behind stepwise selection

- 1. Start with an arbitrary model.
- 2. Try to find a "better" model by adding/removing variables.
- 3. Repeat.
- 4. Stop when you have the best model. (Or choose the best model.)

# Stepwise selection

**Stepwise selection** provides a less computational intensive alternative to best subset selection.

The basic idea behind stepwise selection

- 1. Start with an arbitrary model.
- 2. Try to find a "better" model by adding/removing variables.
- 3. Repeat.
- 4. Stop when you have the best model. (Or choose the best model.)

The two most-common varieties of stepwise selection:

- Forward starts with only intercept  $(\mathcal{M}_0)$  and adds variables
- Backward starts with all variables  $(\mathcal{M}_p)$  and removes variables

## Forward stepwise selection

The process...

- 1. Start with a model with only an intercept (no predictors),  $\mathcal{M}_0$ .
- 2. For k = 0, ..., p:
  - $\circ$  Estimate a model for each of the remaining p-k predictors, separately adding the predictors to model  $\mathcal{M}_k$ .
  - $\circ$  Define  $\mathcal{M}_{k+1}$  as the "best" model of the p-k models.
- 3. Select the "best" model from  $\mathcal{M}_0,\ldots,\mathcal{M}_p$ .

## Forward stepwise selection

The process...

- 1. Start with a model with only an intercept (no predictors),  $\mathcal{M}_0$ .
- 2. For k = 0, ..., p:
  - $\circ$  Estimate a model for each of the remaining p-k predictors, separately adding the predictors to model  $\mathcal{M}_k$ .
  - $\circ$  Define  $\mathcal{M}_{k+1}$  as the "best" model of the p-k models.
- 3. Select the "best" model from  $\mathcal{M}_0,\ldots,\mathcal{M}_p$ .

What do we mean by "best"?

- 2: best is often RSS or R<sup>2</sup>.
- 3: best should be a cross-validated fit criterion.

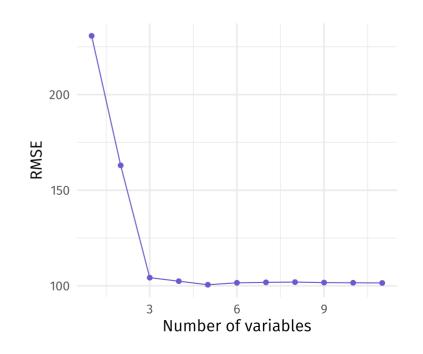
#### Forward stepwise selection with caret in R

```
train_forward = train(
    y = credit_dt[["balance"]],
    x = credit_dt %>% dplyr::select(-balance),
    trControl = trainControl(method = "cv", number = 5),
    method = "leapForward",
    tuneGrid = expand.grid(nvmax = 1:11)
)
```

#### Forward stepwise selection with caret in R

```
train_forward = train(
   y = credit_dt[["balance"]],
   x = credit_dt %>% dplyr::select(-balance),
   trControl = trainControl(method = "cv", number = 5),
   method = "leapForward",
   tuneGrid = expand.grid(nvmax = 1:11)
)
```

N vars 🖣	RMSE ♦	<b>R2</b> ♦	MAE 🌲
1	230.72	0.750	175.1
2	162.98	0.878	122.1
3	104.27	0.950	84.5
4	102.44	0.952	82.5
5	100.57	0.954	80.3
6	101.59	0.953	81.7
7	101.82	0.953	81.7
8	101.96	0.953	81.7
9	101.71	0.953	81.5
10	101.61	0.953	81.5



## Backward stepwise selection

The process for backward stepwise selection is quite similar...

### Backward stepwise selection

The process for backward stepwise selection is quite similar...

- 1. Start with a model that includes all p predictors:  $\mathcal{M}_p$ .
- 2. For  $k = p, p 1, \ldots, 1$ :
  - $\circ$  Estimate k models, where each model removes exactly one of the k predictors from  $\mathcal{M}_k$ .
  - $\circ$  Define  $\mathcal{M}_{k-1}$  as the "best" of the k models.
- 3. Select the "best" model from  $\mathcal{M}_0,\ldots,\mathcal{M}_p$ .

## Backward stepwise selection

The process for backward stepwise selection is quite similar...

- 1. Start with a model that includes all p predictors:  $\mathcal{M}_p$ .
- 2. For  $k = p, p 1, \ldots, 1$ :
  - $\circ$  Estimate k models, where each model removes exactly one of the k predictors from  $\mathcal{M}_k$ .
  - $\circ$  Define  $\mathcal{M}_{k-1}$  as the "best" of the k models.
- 3. Select the "best" model from  $\mathcal{M}_0,\ldots,\mathcal{M}_p$ .

What do we mean by "best"?

- 2: best is often RSS or R<sup>2</sup>.
- 3: best should be a cross-validated fit criterion.

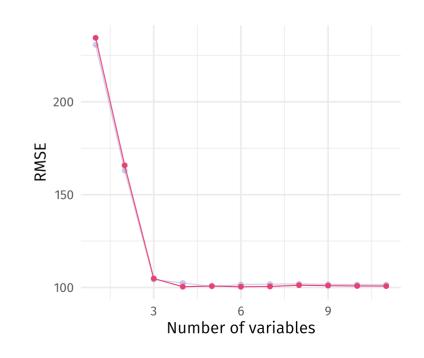
#### Backward stepwise selection with caret in R

```
train_backward = train(
  y = credit_dt[["balance"]],
  x = credit_dt %>% dplyr::select(-balance),
  trControl = trainControl(method = "cv", number = 5),
  method = "leapBackward",
  tuneGrid = expand.grid(nvmax = 1:11)
)
```

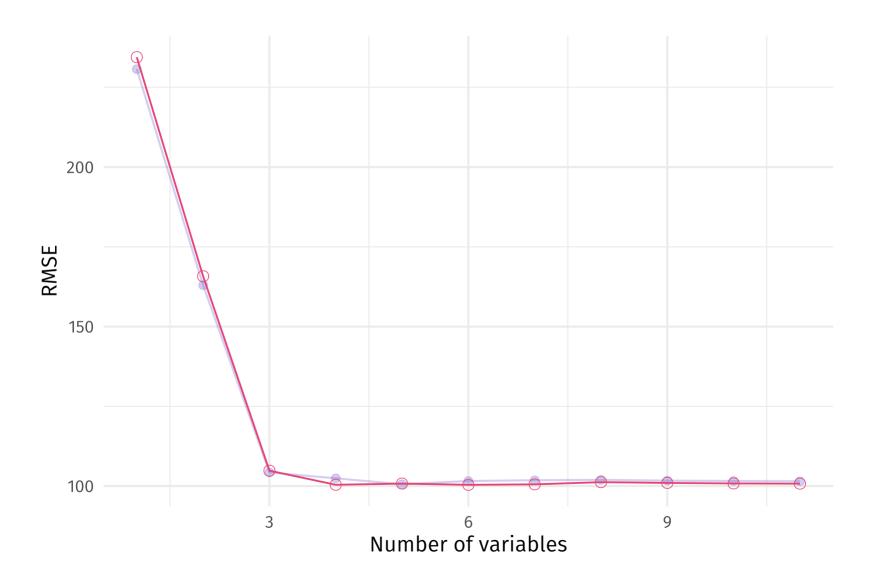
#### Backward stepwise selection with caret in R

```
train_backward = train(
   y = credit_dt[["balance"]],
   x = credit_dt %>% dplyr::select(-balance),
   trControl = trainControl(method = "cv", number = 5),
   method = "leapBackward",
   tuneGrid = expand.grid(nvmax = 1:11)
)
```

N vars 🛊	RMSE ♦	<b>R2</b> ♦	MAE <b>♦</b>
1	234.47	0.746	179.0
2	165.79	0.869	125.2
3	104.83	0.950	84.2
4	100.41	0.954	80.1
5	100.79	0.954	80.6
6	100.39	0.954	80.2
7	100.55	0.954	80.1
8	101.23	0.954	80.6
9	100.99	0.954	80.4
10	100.83	0.954	80.3



Note: forward and backward step. selection can choose different models.



# Stepwise selection

Notes on stepwise selection

- Less computationally intensive (relative to best subset selection)
  - $\circ$  With p=20, BSS fits 1,048,576 models.
  - $\circ$  With p=20, foward/backward selection fits 211 models.
- There is **no guarantee** that stepwise selection finds the best model.
- Best is defined by your fit criterion (as always).
- Again, **cross validation is key** to avoiding overfitting.

### Criteria

Which model you choose is a function of how you define "best".

### Criteria

Which model you choose is a function of how you define "best".

And we have many options...

### Criteria

Which model you choose is a function of how you define "best".

And we have many options... We've seen RSS, (R)MSE, RSE, MA, R<sup>2</sup>, Adj. R<sup>2</sup>.

### Criteria

Which model you choose is a function of **how you define "best"**.

And we have many options... We've seen RSS, (R)MSE, RSE, MA, R<sup>2</sup>, Adj. R<sup>2</sup>.

Of course, there's more. Each **penalizes** the d predictors differently.

$$C_p = rac{1}{n} \Big( ext{RSS} + 2 d \hat{\sigma}^2 \Big)$$
 $ext{AIC} = rac{1}{n \hat{\sigma}^2} \Big( ext{RSS} + 2 d \hat{\sigma}^2 \Big)$ 
 $ext{BIC} = rac{1}{n \hat{\sigma}^2} \Big( ext{RSS} + \log(n) d \hat{\sigma}^2 \Big)$ 

### Criteria

 $C_p$ , AIC, and BIC all have rigorous theoretical justifications... the adjusted  $R^2$  is not as well motivated in statistical theory

ISL, p. 213

In general, we will stick with cross-validated criteria, but you still need to choose a selection criterion.

# Sources

#### These notes draw upon

• An Introduction to Statistical Learning (ISL) James, Witten, Hastie, and Tibshirani

# Table of contents

#### Admin

- Today
- Upcoming
- Roadmap

#### Linear regression

- Regression regression
- Performance
- Overfit

#### Model selection

- A better way?
- Subset selection
  - Best subset selection
  - Stepwise selection
  - Forward
  - Backward
  - Notes
- Criteria

#### Other

• Sources/references