$$(x,y) = (-1,-3)$$

$$y = \pm \sqrt{x^2 + C_4}$$

$$-3 = \pm \sqrt{(-1)^2 + C_4}$$

$$-3 = -\sqrt{1 + C_4}$$

$$3 = \sqrt{1 + C_4}$$

$$3^{2} = 1 + C_{4}$$

$$C_{4} = 3^{2} - 1 = 8$$

$$y = -\sqrt{x^{2} + 8}$$