**Quiz #1**

This “quiz” is a self-assessment of your anticipated statistics anxiety. Only your instructors will see your responses.

This is the first checkpoint for you to dial into the “optimal anxiety level” for this class. We’ll revisit these questions throughout the quarter.

For each of the following items, please indicate how much anxiety you think you’d experience from 1 (no anxiety) to 5 (strong anxiety)

|  |  |
| --- | --- |
| Item | Rating |
| Studying for an examination in a statistics course |  |
| Trying to understand the statistical analyses described in the abstract of a journal article |  |
| Asking one of your instructors for help in understanding an assignment |  |
| Taking an exam in this course |  |
| Making an objective decision based on empirical data |  |
| Going to ask my statistics teacher for individual help with material I am having diﬀiculty understanding |  |

For each of the following items, please indicate your level of agreement from 1 (strongly agree) to 5 (strongly disagree)

|  |  |
| --- | --- |
| Item | Rating |
| I am never going to use statistics so why should I have to take it? |  |
| Statistics instructors speak a different language |  |
| My brain just doesn't get statistics |  |
| Statistics takes more time than it is worth |  |
| Statistics instructors are too abstract to understand |  |
| I haven't done math in a long time, I know I will struggle with stats |  |