

# Enhanced metrology at the critical point of a many-body Rydberg atomic system

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Dong-Sheng Ding<sup>1,2,3,7</sup>✉, Zong-Kai Liu<sup>1,2,3,7</sup>, Bao-Sen Shi<sup>1,2,3</sup>✉, Guang-Can Guo<sup>1,2,3</sup>, Klaus Mølmer<sup>4,5</sup>✉ and Charles S. Adams<sup>6</sup>✉

Interacting many-body systems display enhanced sensitivity close to critical transition points due to diverging quantum fluctuations. This criticality-based enhancement has been suggested as a potential resource for applications in precision metrology. Here we demonstrate many-body critical enhanced metrology for the sensing of external microwave electric fields in a non-equilibrium Rydberg atomic gas. We show that small variations in external driving lead to a large variation in the population of Rydberg states around criticality and to a notable change in the optical transmission signal. For continuous optical transmission at the critical point, we quantify the enhanced sensitivity extracting the Fisher information, which shows a three orders of magnitude increase due to many-body effects compared with single-particle systems. These results demonstrate that critical properties of many-body systems are promising resources for sensing and metrology applications.

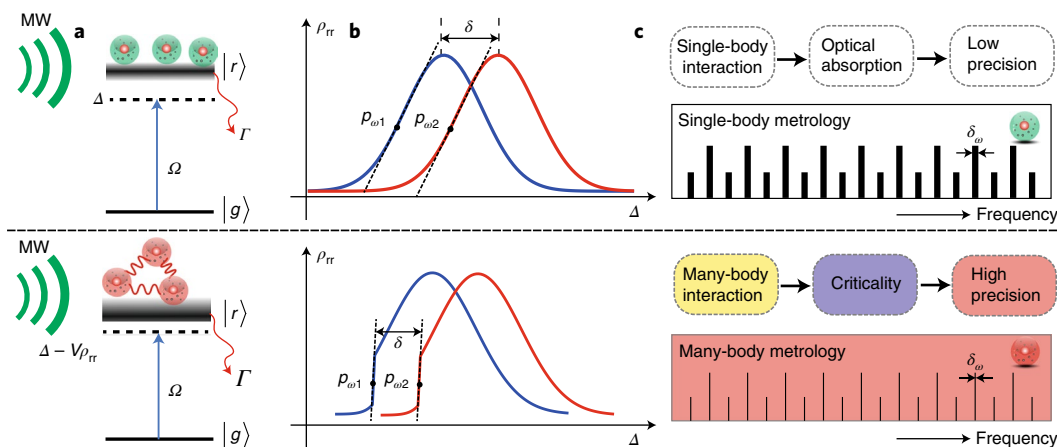
Ensembles of well-controlled neutral atoms are ideal systems to explore many-body physics<sup>1–4</sup>. In particular, the controllable interactions among highly excited Rydberg atoms hold promise for studies of quantum information and many-body physics<sup>5–7</sup>. Benefiting from the large interaction volume of Rydberg atoms, a small change in the Rydberg state population can induce a global macroscopic phase transition between non-interacting and interacting phases<sup>8</sup>. Laser-induced density-dependent energy shifts of Rydberg states offer a convenient platform to directly observe non-equilibrium phase transitions and bistability<sup>9–12</sup>, and to study dynamical analogues of forest fire<sup>8</sup> and epidemic spread<sup>13,14</sup>. In contrast to other optically bistable systems<sup>15–19</sup>, Rydberg ensemble experiments can be performed without the need of optical cavity feedback and cryogenic temperatures.

Exploring the non-equilibrium dynamics of the Rydberg system under external fields is intriguing. The emergent thermodynamic and spectroscopic properties of a many-body system of interacting Rydberg atoms present open questions both in theory<sup>11,20–23</sup> and

experiments<sup>7,8</sup>. Due to the large dipole moment, the Rydberg atoms are highly sensitive to system noise and external electric fields<sup>24–29</sup>. Most dramatically, the macroscopic change in optical response near a critical point<sup>8,12</sup> presents a resource for increased metrological sensitivity<sup>30–40</sup>. Accompanying the divergent susceptibility near the critical point, optical probing of the system is highly sensitive to small variations in physical parameters. Critical systems may, thus, display sensing errors with a generic scaling of  $-1/\sqrt{N\gamma t}$ , where  $\gamma, \lambda > 1$  (refs. <sup>37,41,42</sup>),  $N$  is the number of atoms and  $t$  is the measurement time.

In this Article, we demonstrate how Rydberg criticality provides a method for the high-sensitivity probing of external parameters. We exploit the extreme sensitivity of optical transmission at the critical point to probe external microwave (MW) fields. Due to the critical slowing down near phase transitions, we need to take into account how the system dynamics do not adiabatically follow the stationary state, but rather smooths the system response. This leads to a non-integer power dependence of the Fisher information (FI) on the duration of the detuning scans. The behaviour around criticality is observed to

<sup>1</sup>CAS Key Laboratory of Quantum Information, University of Science and Technology of China, Hefei, China. <sup>2</sup>CAS Center for Excellence in Quantum Information and Quantum Physics, University of Science and Technology of China, Hefei, China. <sup>3</sup>Hefei National Laboratory, University of Science and Technology of China, Hefei, China. <sup>4</sup>Aarhus Institute of Advanced Studies, Aarhus University, Aarhus C, Denmark. <sup>5</sup>Center for Complex Quantum Systems, Department of Physics and Astronomy, Aarhus University, Aarhus C, Denmark. <sup>6</sup>Department of Physics, Durham University, Durham, UK. <sup>7</sup>These authors contributed equally: Dong-Sheng Ding, Zong-Kai Liu. ✉e-mail: [dds@ustc.edu.cn](mailto:dds@ustc.edu.cn); [drshi@ustc.edu.cn](mailto:drshi@ustc.edu.cn); [moelmer@phys.au.dk](mailto:moelmer@phys.au.dk); [c.s.adams@durham.ac.uk](mailto:c.s.adams@durham.ac.uk)



**Fig. 1 | Principle of single-body (top) (many-body (bottom)) Rydberg metrology.** **a**, Energy diagram for a two-level atom model, showing the ground state  $|g\rangle$  and Rydberg state  $|r\rangle$  with spontaneous radiation rate  $\Gamma$ . The atoms are driven from the ground state to the Rydberg state by a laser with Rabi frequency  $\Omega$  and detuning  $\Delta$ . They are also exposed to an MW field with electric-field component  $E_{mw}$ . In the many-body case, the Rydberg resonance is modified by the many-body interaction strength, namely,  $V = C_6/r^6$  (where  $C_6$  is the van der Waals coefficient and  $r$  is the distance between Rydberg atoms), as well as

the population of the Rydberg atoms  $\rho_{rr}$  (Methods). **b**, The blue and red curves represent the spectrum with and without the external MW field, which induces a shift  $\delta$ . The measurement sensitivity is the highest when the derivative  $d\rho_{rr}/d\Delta$  is the maximum, as indicated by points  $p_{\omega 1}$  and  $p_{\omega 2}$ . The steeper slope near the critical point in the many-body case (bottom) results in enhanced measurement sensitivity. **c**, Many-body advantage corresponds to a metrological ruler with thinner tick marks  $\delta\omega$  than in the single-body case. The transmission spectra are shifted by an external electrical field forming a ruler with unfixed ticks.

enhance the FI by a factor of up to more than  $10^3$  compared with a non-interacting ensemble.

## Results

### Many-body metrology model

We consider a model of  $N$  interacting two-level atoms with a ground state  $|g\rangle$  and Rydberg state  $|r\rangle$  (with decay rate  $\Gamma$ ) (Fig. 1a). A laser couples these atoms with Rabi frequency  $\Omega$  and detuning  $\Delta$ . We derive the Rydberg population  $\rho_{rr}$  via mean-field approximation (that is,  $\Delta \rightarrow \Delta - V\rho_{rr}$ , where  $V$  is the average many-body interaction strength from dipole interaction or ion collisions) and  $\delta$  is the external-field-induced frequency shift on Rydberg state  $|r\rangle$  (Methods):

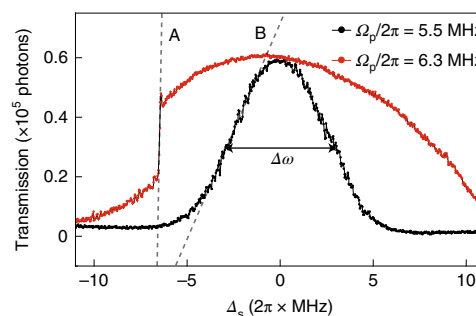
$$\rho_{rr} = \frac{\Omega^2}{4(\Delta - V\rho_{rr})^2 + 2\Omega^2 + \Gamma^2}. \quad (1)$$

Due to the interaction, the spectrum has a population-dependent shift  $V\rho_{rr}$ , thus inducing a steep edge of  $\rho_{rr}$  with a maximum derivative

$$\left. \frac{d\rho_{rr}}{d\Delta} \right|_{\Delta=\Delta_c} = \frac{1}{V + \sqrt{(\Gamma^2 + 2\Omega^2)/3\rho_{rr}^2}}, \quad (2)$$

where  $\Delta_c$  corresponds to the detuning at which the derivative gets its maximum. We note that  $d\rho_{rr}/d\Delta$  increases due to the interaction strength  $V$  (here  $V < 0$ ) (Methods). The derivative  $d\rho_{rr}/d\Delta$  diverges at the system's critical point<sup>8</sup>, exhibiting a method of high-precision measurement<sup>30–36</sup>. A measurement is realized by detecting the transmission of an optical probe field. When applying external fields (such as the electric component of external MW fields), the measurement precision is limited by the maximum slope of the Rydberg resonance. This is indicated by the points  $p_{\omega 1}$  ( $p_{\omega 2}$ ) (Fig. 1b). Compared with the non-interacting case (Fig. 1b, top), the slope in the vicinity of the critical point (Fig. 1b, bottom) is notably enhanced. For metrology applications, the sensitivity of the many-body case is enhanced by the ratio

$$\beta = \left. \frac{d\rho_{rr}}{d\Delta} \right|_{V \neq 0} / \left. \frac{d\rho_{rr}}{d\Delta} \right|_{V=0}. \quad (3)$$



**Fig. 2 | Optical transmission spectra with and without phase transition.**

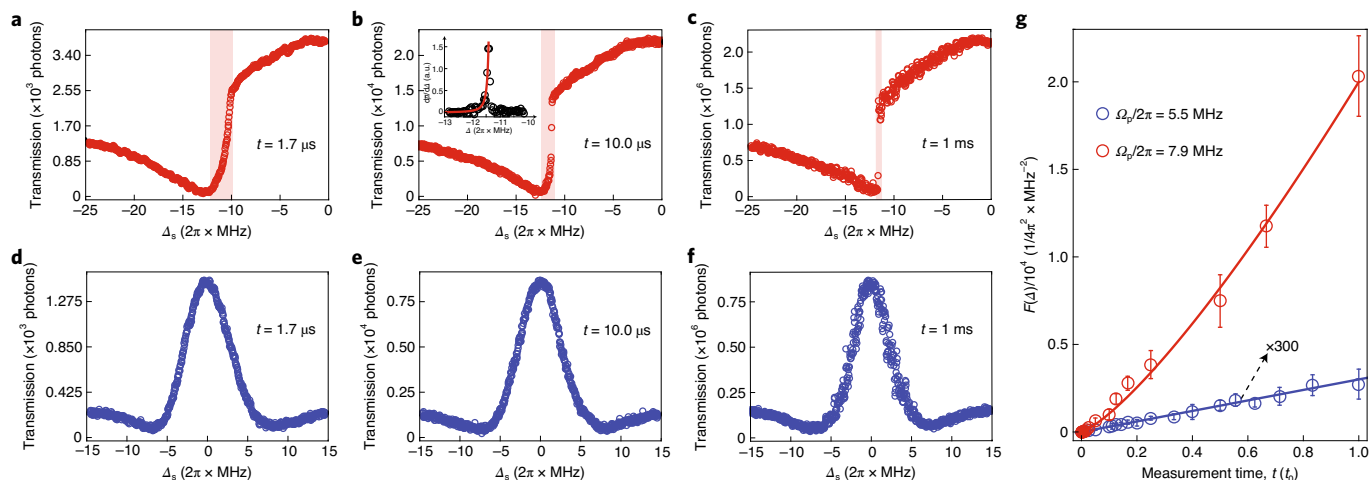
Transmission spectra with (red) and without (black) the phase transition. The dashed lines A and B show the maximum slopes near the half-transmission. Here  $\Delta\omega/2\pi \approx 6$  MHz shows the bandwidth of the transmission spectrum without interactions. The photon counts are given for a measurement time  $t = 20$   $\mu$ s for a detuning interval of  $2\pi \times 0.036$  MHz.

In Fig. 1c, we illustrate how this many-body enhancement is like having a new ruler with much finer markings.

The measurement sensitivity is determined by the variation in the transmission signal around the critical point and the photon-counting noise in the measurement record. By exploring the linear slope of transmission in a narrow interval around the critical point, the sensitivity can be expressed in terms of FI<sup>43,44</sup> as

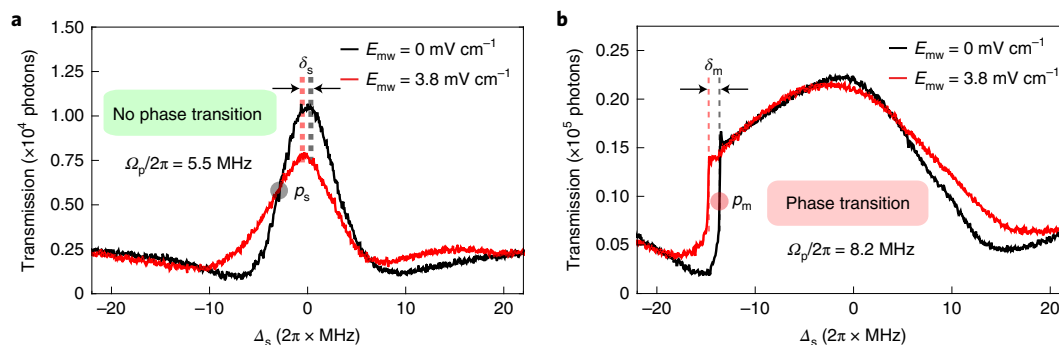
$$F(\Delta) = \frac{\bar{\mu}'(\Delta)^2}{\text{Var}(\mu)}, \quad (4)$$

where  $\Delta$  is the parameter that we want to determine and  $\bar{\mu}$  represents the mean value of the difference in photon numbers accumulated in fixed time intervals by a differential detector exposed to a reference beam and a beam passing through the atomic cloud.  $\text{Var}(\mu)$  is the variance of the differential signal, that is, the sum of the variances of the two separate and independent counting signals. Note that equation (4)



**Fig. 3 | Transmission spectra and associated FI.** **a–c**, Transmission spectra across the phase transition (shaded regions), obtained in a total measurement time of  $1.7 \mu\text{s}$  (**a**),  $10.0 \mu\text{s}$  (**b**) and  $1 \text{ ms}$  (**c**). The inset in **b** shows the corresponding derivative  $d\mu/d\Delta_s$ . **d–f**, Trivial spectra (without phase transition) for the same measurement times of  $1.7 \mu\text{s}$  (**d**),  $10.0 \mu\text{s}$  (**e**) and  $1 \text{ ms}$  (**f**). **g**, FI associated with the determination of the steepest point on the transmission curves for different values of  $t$  (note that the FI for the non-interacting case is manually magnified by a factor of 300). The red and blue curves are fitted by the function  $F = A(t/t_0)^\lambda$ ,

where the fit parameters are given in the main text. In this process, the red data in **g** are obtained from the maximum of  $F(\Delta)|_{\Delta_s=\Delta_c} = (d\mu/d\Delta_s)^2/\text{Var}(\mu)$ , whereas for the blue data in **g**, the FI at the critical point is obtained by considering 30 data points around  $\Delta_c$  in **d–f** to reduce the fluctuations from the instability of the laser power and cell temperature. The error bars determined in **g** are statistics from the three repeated experiments and presented as mean values  $\pm$  standard deviation.



**Fig. 4 | Change in transmission spectra by application of MW fields.** **a**, Transmission spectra under the field amplitude  $E_{mw} = 0 \text{ mV cm}^{-1}$  (black) and  $E_{mw} = 3.8 \text{ mV cm}^{-1}$  (red) with probe Rabi frequency  $\Omega_p = 2\pi \times 5.5 \text{ MHz}$  below the critical value  $\Omega_{p,c} = 2$  for the phase transition. **b**, Transmission spectra under the field amplitude  $E_{mw} = 0 \text{ mV cm}^{-1}$  (black) and  $E_{mw} = 3.8 \text{ mV cm}^{-1}$  (red) with probe Rabi frequency  $\Omega_p = 2\pi \times 8.2 \text{ MHz}$ , above the critical value for phase transition. In

these two cases, the frequency of applied MW field is set as  $2\pi \times 16.68 \text{ GHz}$ . The big circular points  $p_s$  and  $p_m$  (grey and red in **a** and **b**, respectively) correspond to the position of the steepest slope. The direction of scanning  $\Delta_c$  is from red detuning towards the blue detuning. Here  $\Delta_s$  is swept from  $-2\pi \times 30$  to  $-2\pi \times 24 \text{ MHz}$  with sweep rate  $\nu_s = 2\pi \times 0.0055 \text{ MHz } \mu\text{s}^{-1}$ .

expresses the usual signal-to-noise ratio, and the Cramér–Rao bound, that is,

$$\delta\Delta \geq \frac{1}{\sqrt{F(\Delta)}}, \quad (5)$$

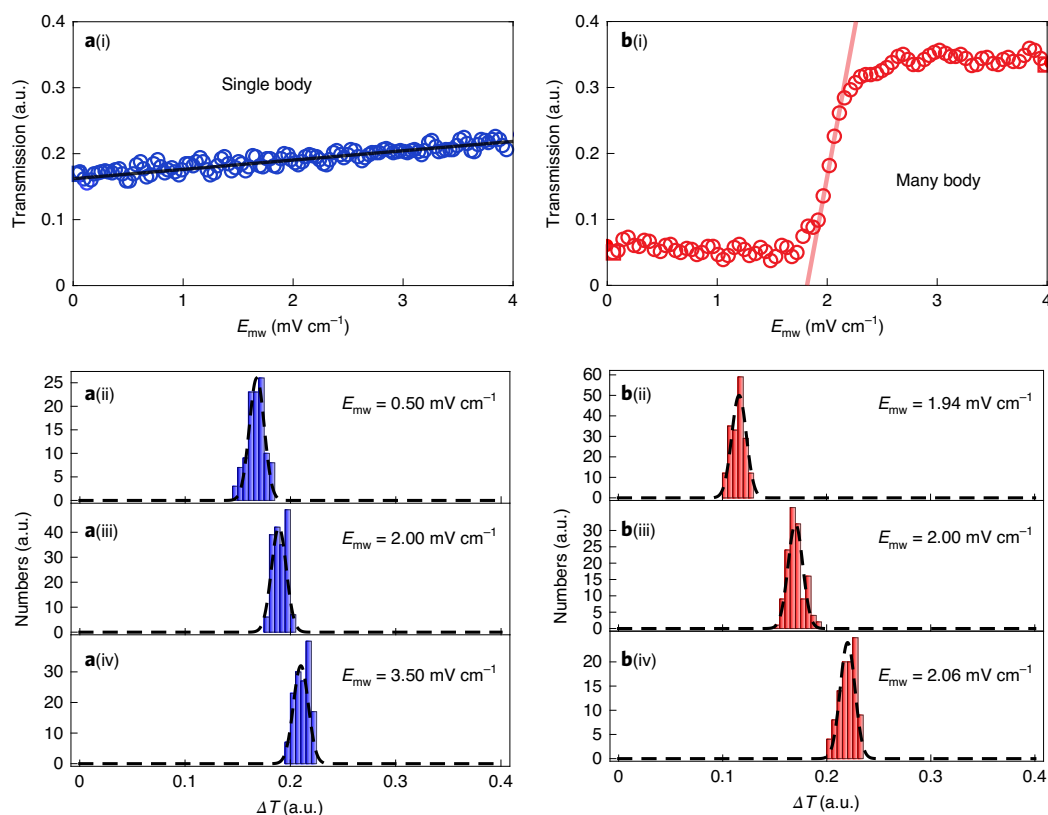
yields the usual estimation error for the counting signal.

It is important to emphasize that FI refers to the actual counting signals. Although a detector may output a photon rate in counts per second, we must independently assess or estimate the variance of the signal for the time duration of the measurement. We explore experiments with different durations and we shall, thus, present the actual counts in the given time intervals and their variance to obtain the proper assessment of metrological sensitivity. We shall also observe that during a frequency scan in finite time, the non-interacting (interacting) atomic system does (does not) attain its stationary state. This leads to a linear (nonlinear) dependence of FI on the measurement time.

### Measured derivative and FI

For the experiment, we employ two-photon excitation with a probe beam and a coupling laser beam with Rabi frequencies (detuning)  $\Omega_p$  ( $\Delta_s$ ) and  $\Omega_c$  ( $\Delta_c$ ). We measure the transmission spectra (Fig. 2a). The transmission depends on  $\Omega_p$ , and we can prepare the system with and without phase transition, that is,  $\Omega_p < \Omega_{p,c}$  and  $\Omega_p > \Omega_{p,c}$ , where  $\Omega_{p,c}/2\pi = 5.6 \text{ MHz}$  is the threshold Rabi frequency of the probe field. Our system displays a second-order dynamical phase transition between two stationary states with different excitation densities<sup>21</sup>. The two spectra display the main distinct character of the transmission of a non-interacting system (Fig. 2a, black curve) and an interacting many-body system (Fig. 2a, red curve). The derivative  $d\mu/d\Delta_s$  of the transmission is very large at the phase transition point  $\Delta_c$  of the red curve (Fig. 2a), whereas it explores a weaker, finite maximum near the half-maximum of the black curve (Fig. 2a).

In the experiment, we sweep detuning  $\Delta_s$  and observe the transmission at each  $\Delta_s$ . As explained above, the FI is not only governed by the



**Fig. 5 | Transmission under different amplitudes of MW field. a, b,** Data for the single-body (a(i)) and many-body (b(i)) case. The amplitude  $E_{mw}$  is changed from  $E_{mw} = 0$  mV cm<sup>-1</sup> to  $E_{mw} = 4$  mV cm<sup>-1</sup> in steps of 5  $\mu$ s. The black and red solid lines are the fit linear functions  $y = 0.014(x + 11.500)$  and  $y = 0.890(x - 1.810)$ , respectively. Here a(ii)–(iv) and b(ii)–(iv) are the critical-point histograms of the

transmission distribution under different amplitudes of the MW field for the single and many-body case, respectively. The dashed lines are fitted Gaussian functions. The data are taken under equivalent experimental conditions (such as scan rate, acquisition time and averaging) in the few- and many-body cases.

number of excited and thus interacting Rydberg atoms but also depends on the measurement time  $t$  (ref. <sup>37</sup>), defined as the time the probe laser explores a small interval around each detuning  $\Delta_s$ . In Fig. 3a–c, we consider the behaviour above criticality with  $\Omega_p/2\pi = 7.9$  MHz; in Fig. 3d–f, we consider the behaviour below criticality with  $\Omega_p/2\pi = 5.5$  MHz. We observe that for  $\Omega_p/2\pi = 7.9$  MHz, the transmission profile near the critical point becomes steeper as the measurement time  $t$  is increased, whereas for  $\Omega_p/2\pi = 5.5$  MHz, the transmission spectra are almost identical. This implies that the FI is inclined to be linearly dependent on the time  $t$  for the data in Fig. 3d–f, whereas a different dependence appears for the data in Fig. 3a–c.

The values of FI for different measurement times  $t$  are shown in Fig. 3g. We find that FI is well fitted by the form  $F = A(t/t_0)^\lambda$ , where  $A = 2.0 \times 10^4$  MHz<sup>-2</sup> and  $\lambda = 1.28$  for  $\Omega_p/2\pi = 7.9$  MHz, whereas  $A = 10.0$  MHz<sup>-2</sup> and  $\lambda = 1.00$  for  $\Omega_p/2\pi = 5.5$  MHz. In our system, when  $t = 1$  ms, we achieve a large enhancement ratio of up to  $10^3$  by comparing these two cases. We conclude that one can extract more information by using an interacting many-body system than by independent systems, and that we can extract even more information by continuous measurements for long times. The non-integer power-law-dependent behaviour of the fit to the FI is caused by the critical slowing down and thus deviation of the atomic dynamics from the stationary state around the critical point<sup>45–47</sup>. This smooths the maximum slope and causes a more than linear suppression of the FI for shorter measurement times (Fig. 3a–c). We also plot the derivative  $d\bar{\mu}/d\Delta_s$  against detuning  $\Delta_s$  in the vicinity of critical detuning at  $t = 10$   $\mu$ s (Fig. 3b, inset). We find that the derivative  $d\bar{\mu}/d\Delta_s$  has a power-law dependence on detuning, namely,  $d\bar{\mu}/d\Delta_s = \chi|\Delta_s/\Delta_0 + 11.3|^{-\alpha}$ , where  $\chi = 0.02$  MHz<sup>-1</sup>,  $\Delta_0/2\pi = 1$  MHz and  $\alpha = 2.0 \pm 0.1$  is the fitted power-law exponent. This detuning-dependent

susceptibility is caused by the increased interaction near the critical point<sup>48</sup>, as the change in detuning tunes the Rydberg population  $\rho_{rr}$  and hence the interaction. For the non-interacting case, the atomic system follows the stationary state even for the fast sweeps in our experiments, and the FI is linearly dependent on time  $t$ . There is more noise in Fig. 3c,f than Fig. 3a,d, due to low-frequency noises appearing for the longer measurement times.

### Transmission spectra with and without MW fields

The advantages for metrology appear due to the critical response of the system on the variation in external perturbations. To further study this critical response, we apply an MW electric field with amplitude  $E_{mw}$  and detuning  $\Delta_{mw}$  to continuously drive the Rydberg transition  $51D_{3/2} - 52P_{1/2}$ . The main effect of the MW field here is to (1) induce a small a.c. Stark shift that moves the critical point and (2) change the population of the Rydberg atoms, but it has a negligible effect on the  $C_6$  van der Waals coefficient and resonant dipole–dipole interactions. As shown in Fig. 4a,b, this shifts the transmission spectra of the Rydberg system subject to the probe Rabi frequencies  $\Omega_p/2\pi = 5.5$  MHz and  $\Omega_p/2\pi = 8.2$  MHz, corresponding to the non-interacting and interacting many-body systems, respectively. When we apply the MW field with  $E_{mw} = 3.8$  mV cm<sup>-1</sup>, the spectra show a small redshift  $\delta_s$  (Fig. 4a) and  $\delta_m$  (Fig. 4b). For the many-body system, the high sensitivity of frequency shift allows us to sense the strength  $E_{mw}$  of an applied MW field. The FI ( $F(\Delta)|_{\Delta_s=\Delta_c}$ ) for the black data in Fig. 4a is  $F = 1.40 \times 10^{-3}$  MHz<sup>-2</sup>, and is much smaller than that for the black data in Fig. 4b ( $F = 0.27$  MHz<sup>-2</sup>). The corresponding minimum uncertainty  $\delta\Delta/2\pi \approx 0.3$  MHz corresponds to an uncertainty of the applied field  $\Delta E_{mw} = 1.9$  mV cm<sup>-1</sup> by considering the energy shift proportional to  $E_{mw}^2$  when  $E_{mw}$  is small



(here the stark shift  $\delta_m \approx E_{mw}^2$  follows a Taylor expansion, namely,  $\delta_m \approx -\Delta_{mw}/2 + \sqrt{\Delta_{mw}^2 + \Omega_{mw}^2}/2$ ) (Supplementary Fig. 3). As a result, the many-body system can directly sense the strength  $E_{mw} = 3.8 \text{ mV cm}^{-1}$  by measuring the spectrum shift ( $\delta_m = 2\pi \times 1.2(0.3) \text{ MHz}$ ). In comparison, the spectral shift  $\delta_s$  is indistinguishable for independent atoms, which are, thus, not sensitive enough to sense the same MW field by monitoring the spectral shift.

### Optical response under electric fields with different amplitudes

The many-body metrological ruler has a thinner tick mark and thus better precision than the single-body ruler, because the optical response is stronger in the many-body case when subject to a small frequency shift. We can also measure the optical transmission at the position of the steepest slope  $p_{oi}$  (Fig. 1b) when the atoms are subject to an MW electric field  $E_{mw}\sin(f_0 t)$ , where  $f_0/2\pi = 16.60 \text{ GHz}$  is near resonant with the radio-frequency (RF) transition  $51D_{3/2} \leftrightarrow 52P_{1/2}$ .

We measure the transmission when increasing the amplitude of the MW with detuning  $\Delta_s$  fixed near the maximum slope under the many- and single-body conditions (Fig. 5a,b, respectively). For the single-body condition, the transmission is not sensitive to the variance in amplitude  $E_{mw}$ . For the many-body condition, the change in  $E_{mw}$  makes the system cross the critical point and the transmission signal is highly sensitive to the field around values of  $E_{mw} = 2 \text{ mV cm}^{-1}$  (this position can be tuned by coupling detuning) (Fig. 5b). To evaluate the sensitivity, we fit the data near criticality with a linear function  $y = k(x + x_0)$  ( $k = \bar{\mu}'(E_{mw})$ ), and obtain the ratio of the slopes  $k_2/k_1 = 63.57$ , where  $k_1$  and  $k_2$  represent the linear coefficients for the single- and many-body cases, respectively. Since the variance  $\text{Var}(\mu)$  is almost the same for these two cases (Fig. 5a(ii)–(iv), b(ii)–(iv)), we can obtain an enhanced ratio for the FI:  $(k_2^2/\text{Var}(\mu))/(k_1^2/\text{Var}(\mu)) > 4000$ . From the  $E_{mw}$ -dependent transmission, we can distinguish the standard deviation of the amplitude  $\delta E_{mw} = 1.4 \text{ mV cm}^{-1}$  for the non-interacting case and  $\delta E_{mw} = 22 \text{ } \mu\text{V cm}^{-1}$  for the interacting many-body case with data acquisition time of  $5 \text{ } \mu\text{s}$  per data point. By considering multiple sequential independent measurements, we estimate the equivalent sensitivity to be  $49 \text{ nV cm}^{-1} \text{ Hz}^{-1/2}$ .

### Discussion

Although previous work<sup>12</sup> clearly shows effects sensitive to the electric field, that work mainly elaborated on how the presence of ionized Rydberg atoms induce a linear shift in the critical point. In contrast, the critical behaviour of the interacting many-body system has not been previously employed for sensing. The criticality induced by the interacting Rydberg atoms depends on the Rydberg atom number  $N$  and interaction strength  $V$  (ref. 8), and the increase in population  $\rho_{rr}$  or interaction strength  $V\rho_{rr}$  enhances the nonlinearity of criticality. In our system, we have a large interacting number of atoms, and the energy splitting is far from the one of  $N$  isolated systems<sup>31–36</sup>. Specifically, the interaction-induced nonlinear FI dependence on the measurement time of a single frequency scan shows a unique advantage on sensing, which agrees with theoretical simulations (Supplementary Fig. 1).

In summary, we have demonstrated the critical behaviour of interacting Rydberg atoms and characterized its metrological consequences. The FI for the estimation of a weak MW field shows an enhancement of the order of  $10^3$  by the use of interacting many-body systems. Concerning the use of FI and Cramér–Rao bound, we note that not only the narrow detuning interval with the highest slope but the entire transmission signal contributes in an integral manner to the sensitivity of experiments (a similar analysis of spatial image processing is provided elsewhere<sup>49,50</sup>). Our analysis captures the main contribution to that integral and thus constitutes a lower limit to the FI. Passing from the measurement of frequencies, the experiments derive their improved sensitivity towards MW electric fields and show that the Rydberg non-equilibrium system can act as a versatile high-sensitivity metrological resource.

### Online content

Any methods, additional references, Nature Research reporting summaries, source data, extended data, supplementary information, acknowledgements, peer review information; details of author contributions and competing interests; and statements of data and code availability are available at <https://doi.org/10.1038/s41567-022-01777-8>.

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## Methods

### Experimental setup

We adopt a two-photon transition scheme to excite an atomic ground state to a Rydberg state, using a probe field resonantly driving the atomic transition  $5S_{1/2}, F=2 \rightarrow 5P_{1/2}, F'=3$ , and a coupling field driving the transition  $5P_{1/2}, F'=3 \rightarrow 5D_{3/2}$ . An MW electric field 1 (or 2) may be applied to drive an RF transition between two different Rydberg states  $5D_{3/2}$  and  $5D_{5/2}$  (or  $50F_{5/2}$ ). The MW electric fields used in our experiment are generated by two RF sources and two frequency horns. A 795 nm laser is split by a beam displacer into a probe beam and identical reference beam, which are both propagating in parallel through a heated Rb cell (length, 10 cm). The temperature is set as 44.6 °C, corresponding to the atomic density of  $9.0 \times 10^{10} \text{ cm}^{-3}$ . One probe beam is overlapped with a counterpropagating coupling beam to constitute the Rydberg electromagnetically induced transparency process. The two transmission signals are detected on a differencing photodetector.

### Generation and calibration of MW fields

The MW fields used in our experiment are generated by two RF sources and two frequency horns. The first RF source works in the range from d.c. to 40 GHz and the other, from d.c. to 20 GHz. The frequency horns are set close to the Rb cell. The RF frequency between Rydberg  $D$  and  $P/F$  states are calculated according to the algorithm mentioned elsewhere<sup>51</sup>. We use a spectrum analyser (Ceyear 4024f, -9 kHz to 32 GHz) and an antenna (~380 MHz to 20 GHz) to receive the MW fields and then to calibrate the amplitude of MW fields in the centre of the Rb cell.

### FI and Cramér–Rao bound

In parameter estimation, the Cramér–Rao bound sets a lower limit to the statistical estimation error by  $v$  independent experiments, that is,  $(\delta\theta)_{\min} = 1/\sqrt{v \times F(\theta)}$ . Here  $F(\theta)$  is the FI with value

$$F(\theta) = \sum_{\mu} \frac{1}{L(\mu, \theta)} \left( \frac{\partial L(\mu, \theta)}{\partial \theta} \right)^2, \quad (6)$$

where  $L(\mu, \theta)$  is the likelihood function for the possible measurement outcome  $\mu$ , conditioned on parameter  $\theta$  (ref. <sup>52</sup>).

In our experiment, we subtract two counting signals that may both be well described by Poisson distributions with mean values  $\bar{\mu}_1$  and  $\bar{\mu}_2$ , and the same values for their variances. Both count numbers are large; in our experiments, the observed noise is dominated by electronic noise, and hence, both distributions are well approximated by Gaussian distributions. The difference signal is, thus, described by a Gaussian distribution with mean value  $\bar{\mu} = \bar{\mu}_1 - \bar{\mu}_2$  and variance  $\sigma^2 = \bar{\mu}_1 + \bar{\mu}_2$ . For a Gaussian distribution with the likelihood<sup>53,54</sup>

$$L(\mu, \theta) = \frac{1}{\sqrt{2\pi\sigma^2}} e^{-\frac{1}{2} \left( \frac{\mu - \bar{\mu}}{\sigma} \right)^2}, \quad (7)$$

one can see that

$$\frac{\partial L(\mu, \theta)}{\partial \theta} = \left( \frac{\mu - \bar{\mu}}{\sigma^2} \right) L(\mu, \theta) \bar{\mu}'(\theta). \quad (8)$$

We, hence, obtain

$$\begin{aligned} F(\theta) &= \sum_{\mu} \frac{1}{L(\mu, \theta)} \left( \left( \frac{\mu - \bar{\mu}}{\sigma^2} \right) L(\mu, \theta) \bar{\mu}'(\theta) \right)^2 \\ &= \sum_{\mu} L(\mu, \theta) \frac{(\mu - \bar{\mu})^2}{\sigma^4} (\bar{\mu}'(\theta))^2, \\ &= \frac{\text{Var}(\mu)}{\sigma^4} (\bar{\mu}'(\theta))^2 = \frac{(\bar{\mu}'(\theta))^2}{\sigma^2} \end{aligned} \quad (9)$$

where  $\bar{\mu}'(\theta)$  denotes the derivative of mean  $\bar{\mu}(\theta)$  with respect to  $\theta$ . There is further contribution to FI due to the dependence of variance  $\sigma^2$  on  $\theta$ .

Its value is  $\frac{1}{2\sigma^4} \left( \frac{d(\sigma^2)}{d\theta} \right)^2$ ; for our system, it plays a less important role.

### Signal-to-noise ratio analysis

For a given Gaussian incident probe and reference beams with mean photon signal  $\mu_0$  in one second, the on-resonance absorption coefficient of the atoms and loss of optical path is  $1 - \zeta$  (corresponding to transmission ratio  $\zeta$ ), a differencing photodetector with efficiency  $\eta$  records a Poisson-distributed number of clicks with mean value  $\eta\mu_0$  and variance  $\eta\mu_0$  per second, which outputs a voltage signal. The difference between the two beams is much weaker and has the mean value of

$$\mu = \zeta\eta\mu_0[1 + \varepsilon(\Delta_s)]t - \zeta\eta\mu_0t = \zeta\eta\mu_0\varepsilon(\Delta_s)t, \quad (10)$$

where  $\varepsilon(\Delta_s)$  is the transmission probability induced by the Rydberg electromagnetically induced transparency effect and  $t$  is the considered time interval. As the input photon number of each beam is very large, namely,  $\mu_0 \approx 10^{14}$  photons per second for  $\Omega_p/2\pi = 7.9$  MHz, the variance of the difference in the two beams per second is the sum of the means because the difference in two Gaussian-distributed variables is also a Gaussian-distributed variable:  $\text{Var}(\mu) = 2\zeta\eta\mu_0 + \zeta\eta\mu_0\varepsilon(\Delta_s) \approx 2\zeta\eta\mu_0$ , where  $\zeta = 20.6\%$  for  $\Omega_p/2\pi = 7.9$  MHz,  $\zeta = 14.6\%$  for  $\Omega_p/2\pi = 6.5$  MHz and  $\zeta = 8.7\%$  for  $\Omega_p/2\pi = 5.5$  MHz. The output voltage signal of the differencing photodetector could be converted into the photon number by a voltage conversion ratio of  $G = 5.3 \times 10^7 \text{ V W}^{-1}$ . Half of the voltage output signal corresponds to  $-1 \times 10^{10}$  photon numbers per second. The coupling detuning  $\Delta_s$  is swept with rate  $\nu_s$  and sampling rate  $M$  (means that there are an average of  $M$  data points in the swept detuning  $\Delta_s$ ), the transmission spectrum could be measured by accumulating the photon numbers in each detuning interval. A fast scan accumulates small photon numbers for each interval, whereas a slow scan achieves large photon numbers. If we scan the detuning of coupling laser  $\Delta_s$  from red to blue detuning and vice versa, we could observe bistability<sup>7,8,55</sup>. The bistability shifted by the MW fields is provided in Supplementary Fig. 2.

### Nonlinearity of interacting atoms

To elucidate the sensitivity of Rydberg atoms to frequency for different interaction strengths, we consider a two-level atom model with ground state  $|g\rangle$  and Rydberg state  $|r\rangle$  (with spontaneous radiation rate  $\Gamma$ ), which are coupled by a laser with Rabi frequency  $\Omega$  and detuning from resonance  $\Delta$ . After mean-field approximation (that is,  $\Delta \rightarrow \Delta - V\rho_{rr}$ , where  $V$  is the many-body interaction term from dipole interaction or ion collisions and  $\rho_{rr}$  is the population of Rydberg state), the steady-state solution for a two-level optical Bloch equation is<sup>20</sup>

$$\begin{aligned} \dot{\rho}_{gr} &= i\frac{\Omega}{2}(\rho_{rr} - \rho_{gg}) + i\Delta_{\text{eff}}\rho_{gr} - \frac{\Gamma}{2}\rho_{gr}, \\ \dot{\rho}_{rr} &= -i\Omega(\rho_{gr} - \rho_{rg}) - \Gamma\rho_{rr} \end{aligned} \quad (11)$$

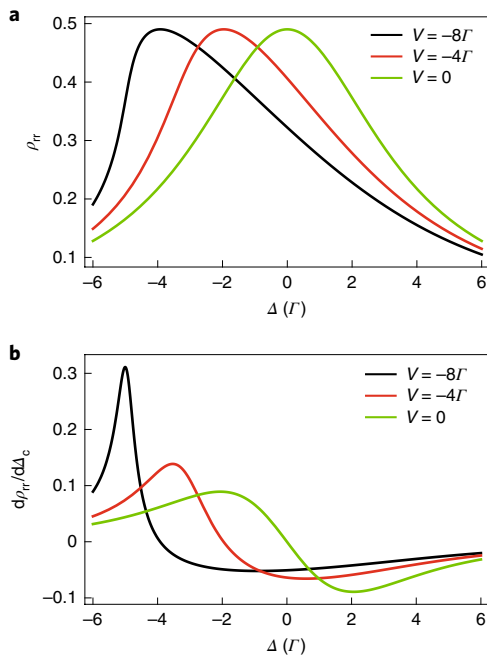
where  $\Delta_{\text{eff}}$  is the effective detuning  $\Delta_{\text{eff}} = \Delta - V\rho_{rr}$  by considering an interaction strength  $V$ . We obtain an equation about  $\rho_{rr}$  for bistability as follows:

$$V^2\rho_{rr}^3 - 2V\Delta\rho_{rr}^2 + (\Delta^2 + \Omega^2/2 + \Gamma^2/4)\rho_{rr} - \Omega^2/4 = 0. \quad (12)$$

By taking the derivative of both sides, we finally get the relationship between the slope of the steep edge of the hysteresis loop  $\max(d\rho_{rr}/d\Delta)$  and the interaction of Rydberg atoms  $V$ .

$$\frac{d\rho_{rr}}{d\Delta} = -\frac{8(\Delta\rho_{rr} - \rho_{rr}^2V)}{\Gamma^2 + 4\Delta^2 + 12\rho_{rr}^2V^2 - 16\Delta\rho_{rr}V + 2\Omega^2} \quad (13)$$

The critical point is defined when this derivative reaches infinity, that is,  $d\rho_{rr}/d\Delta \Rightarrow \infty$ , from which the threshold of the Rydberg population



**Fig. 6 | Theoretical simulations of interacting two-level atoms. a,** Rydberg state population  $\rho_{rr}$  as a function of laser detuning  $\Delta$  for different interaction strengths  $V$ . **b,** Derivative of Rydberg population with respect to  $\Delta$ .

is obtained, that is,

$$\rho_{th} = \frac{\sqrt{-3\Gamma^2 V^2 + 4\Delta^2 V^2 - 6V^2 \Omega^2} + 4\Delta V}{6V^2}. \quad (14)$$

The relation between  $\rho_{rr}$ ,  $d\rho_{rr}/d\Delta$  and  $\Delta$  is demonstrated in Fig. 6. By letting the derivative equal to 0, that is,  $d\rho_{rr}/d\Delta = 0$ , we obtain the analytical expression of the maximum derivative  $d\rho_{rr}/d\Delta|_{\Delta=\Delta_c}$  and the corresponding detuning  $\Delta_c$  as follows:

$$\Delta_c = \frac{1}{6} (6\rho_{rr} V - \sqrt{3}\sqrt{\Gamma^2 + 2\Omega^2}), \quad (15)$$

$$\frac{d\rho_{rr}}{d\Delta}(\Delta_c) = \frac{1}{V + \sqrt{(\Gamma^2 + 2\Omega^2)/3\rho_{rr}^2}}. \quad (16)$$

## Data availability

The data that support this study are available via GitHub<sup>56</sup> at <https://github.com/ZongkaiLiu/many-body-enhanced-metrology>. Source data are provided with this paper.

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## Author contributions

D.-S.D. conceived the idea and implemented the physical experiments with Z.-K.L. Z.-K.L., D.-S.D. and K.M. employed the FI. D.-S.D., Z.-K.L. and K.M. derived the equations, plotted the figures and wrote the manuscript. All the authors contributed to the discussions regarding the results and analysis contained in the manuscript. D.-S.D., B.-S.S., G.-C.G. and C.-S.A. sponsor this project.

## Competing interests

The authors declare no competing interests.

## Additional information

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**Correspondence and requests for materials** should be addressed to Dong-Sheng Ding, Bao-Sen Shi, Klaus Mølmer or Charles S. Adams.

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