RAIM Smart Phone App Survey Registration

Becoming a participant in the RAIM Smart Phone App Survey is simple, just follow the instructions below.

First of all make sure that you have read the **Information Sheet** which describes the purpose and background to this study.

The app used in the smartphone survey is called Sesamo. You can download the app onto your smartphone using one of the three methods below:

- For an Android Device use this link https://play.google.com/store/apps/details?id=nl.mobidot.sesa mo
- For an Apple Device use this link https://itunes.apple.com/nl/app/sesamo/id937675335
- Go to your App Store and search for the Mobidot Sesamo App. Download and install the app on your smartphone. Once the Sesamo app has been installed, open it and:
- Select the study name RAIM
- Ignore the username and password fields and instead click on the "Sign Up" button, enter the activation code RAIM23, choose a unique user name for yourself and select a memorable password.



To be contacted about the £25 e-voucher and to enter the prize draw we will ask for your email address as part of the app registration process. If you do not provide your email address we will be unable to contact you. Please provide an email address if you would like to receive any eligible compensation for participating in the study.

Review the general terms and indicate your agreement to these before clicking on the **"Sign Up**" button.



You will now be asked a survey specific consent question indicating that you understand the purpose of the RAIM Smart Phone App survey and that you agree to take part in it. You may see the details of the consent you are giving by clicking on the links from this page.

You will now be asked a series of general questions about yourself: your gender, age, ethnicity, etc. These questions are optional and you can choose not to answer them.

When answering the general questions about yourself please be careful to ensure that your response is correct before pressing the 'Confirm Answer' button as once you've answered a question you can't change your response.

Once you have completed answering the general questions the Sesamo app is now running on your mobile device and will begin to collect data about the trips you take. Thanks to the smart technologies built into the app the power consumption is minimal. The app will remain in the background, it is not necessary to activate the Sesamo app again and again. It is very important that you give permission to the app for **automatic sensing** to be **turned on**. This allows the Sesamo app to continue to collect data about your activity even when the app isn't visible on the screen of the device. When the app is being installed ensure that the 'always' option is selected for access to the device's location. To check that automatic sensing is enabled once the app has been installed, go to the app settings page and ensure that the automatic sensing switch is turned on.

Important things to know

For the app to work as well as possible, it is important that the **following settings are turned ON**:

- GPS (location) without saving mode/ battery mode
- Wi-Fi
- Mobile data
- Sensing in the app

Finally, a number of points to keep in mind when using the app:

- The account name you created (as part of the registration process) can only be used on one smartphone at a time.
- The Sesamo app uses the sensors of your smartphone to record your movements. Follow the instructions in the app to set up your smartphone correctly. You must also keep the GPS and Wi-Fi sensors of the smartphone on to enable proper measurements.
- You do not need to switch Sesamo on or off after the first login. The app works for you in the background. Your trips appear automatically. This can take some time in some cases.
- Your mobile device needs to be connected to a wireless network for some part of the day or you need a data subscription. The consumption of Sesamo is typically quite small at less than 50 KB per day.
- The Sesamo app is made in such a way that it can record all your movements including your used means of transport and the purpose of your trip.
- The Sesamo app balances measurement accuracy with battery consumption. Sesamo is designed in such a way that you can basically have a full day without needing to recharge your battery. However, Sesamo does have an undeniable impact on battery consumption and we recommend that you recharge your smartphone overnight.

- The Sesamo app does not work indoors or underground, and it can become more inaccurate on short trips.
- The Sesamo system learns from your travel patterns and it works best if you can review and correct any errors on each trip and then approve or reject the trip.
- You can pause the measurement of your travel behaviour at any time for privacy reasons by opening the main menu in the Sesamo app and clicking on the "Pause sensing" option at the bottom of the screen. Your travel behaviour will then not be measured. Sensing is resumed after a period of time or by following the same process again.

For more information about the Sesamo app and the settings on your device, please see the **app FAQs**. This information can also be found in the Sesamo app with the **Support Menu > Frequently asked questions**.

For a full list of the App registration screens displayed by the Sesamo App click **here**.