

Peeling Citrus Swaths: Vertical

Job Aid

Instructions for Mixology garnish.

- 1. Double wash hands. Be careful when using a Y peeler.
- 2. Hold the fruit between your thumb and middle finger towards the equator.
- 3. Bring your index finger up around the Y of the peeler, anchoring your thumb at the base of the fruit.
- 4. When holding the fruit with both hands, it should look like this (see image of step #4).
- 5. Adjust your hold on the fruit with your left hand and move your anchor (thumb) as you work your way down the swath.
- 6. As you come to the end of the swath, rotate your left hand so as to pinch the front end of the swath down.
- 7. Turn your right hand and swipe the blade away from you to square off and cut the swath from the fruit.



Step 2



Step 3



Step 4



Step 5



Step 6



Step 7